



AASP Southwest Regional Student Conference Schedule
Location: Sturm Hall

Friday April 8th, 2016

1:00pm – 2:00pm	Registration/Check-in	Outside Room 251
2:00pm – 3:00 pm	Applied Workshop <i>To MI or not MI? That is the question</i> Dr. John Coumbe-Lilley	Room 253
3:00pm – 4:00pm	Applied Workshop: <i>Repurposing Group Activities to Teach Multiple Mental Skills</i> Taylor Stutzman, MA, IMG Academy	Room 254
4:00pm – 4:15pm	Welcoming Remarks	Room 251
4:15pm – 6:00pm	Keynote Address Dr. Charlie Brown	Room 251
7:00pm – 10:00pm	Student Social at the Pioneer 2401 S. University Blvd Denver, CO 80210	

Saturday April 9th, 2016

8:30am – 9:00am	Breakfast/Late check-in	Outside Room 251
9:00am – 10:30am	Keynote Address Dr. Renee Appaneal	Room 251
10:40am – 11:00am	Student Presentations	
	<i>The Experience of Parenting an Elite Youth Athlete</i> Zachary Vidic, Barry University	Room 253
	<i>Exploring the Mental Strengths and Challenges of Performing Artists</i> Rahul Ramesh, Jordyn McDonald, Zachary Taber, University of Denver	Room 254
11:10am – 11:30pm	Student Presentations	
	<i>Revisiting The Model: Developing Student-Consultant Competency with High Risk Occupations</i> Seth Swary, Rahul Ramesh, Kevin O'Connor, MA, University of Denver Ryan Marshall, MA, CSF2	Room 253
	<i>Perceptions of How Motorcycle Road Racing Team Relationships Affect Rider Performance</i> Joey Fritz, University of Denver	Room 254

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11:40am – 12:00pm Student Presentations

A Cross-Cultural Study on Determinants of Dropout in Competitive Female Swimmers Room 253
Allison Elber, Jimena Gonzalez, Alena Anderson, University of Denver

Mental Toughness and Physical Activity on the Psychological Well-Being of Adolescents Room 254
Christine Garrido, Barry University

12:00pm – 1:00pm Lunch On own

1:00pm – 2:00pm Professional Panel I Room 251
Topic: Eating Disorders and Addictions in College Athletic Departments
Members: Dr. Latisha Bader, Dr. Jessica Bartley, Dr. Melissa Streno, and Ian J. Palombo, MA

2:10pm – 2:30pm Student Presentations

Unpacking Your Invisible Knapsack: Room 253
The Importance of Multicultural Awareness for Sport and Performance Consultants
Sarah Hudak and Ashley Simon, University of Denver

Consulting in Professional Sport: An Interpretive Analysis of Experiences from the Field Room 254
Lorna Stergios and Lauren DiCredico, University of Denver

2:40pm – 3:00pm Student Presentations

The Effect of Imagery Direction on Golf Putting Performance Room 253
Tavia Rutherford, University of Denver

A Comparative Discussion of the Contextual Differences in Gymnastics Programs with Recommendations for Coaches and Consultants Room 254
Emily Peterman Cabano, University of Denver

3:10pm – 3:30pm Student Presentations

Consulting in Adaptive Sport: Reflections and Considerations from Applied Experiences of Graduate Students Room 253
Lorna Stergios and Maggie Jasper, University of Denver

Theory of Performance Excellence: To The Top of The Performance Excellence Ladder Room 254
Danielle Wahl, University of Denver
Theory of Performance Excellence: Evolving Personal Theory of Sport and Performance Psychology
Sarah Beacham, University of Denver



3:40pm – 4:00pm Student Presentations

Students' Perspective: The Integration of Performance Psychology and Clinical Psychology Room 253
Lindsey Colbert, MA, and Kirsten Allen, MA, University of Denver

Changing How We View Psychological Pressure Room 254
Haily Humphrey, Mads Heglund, and Jay Thooft, University of Denver

4:10pm – 4:30pm Student Presentations

The Role of Peer-to-Peer Mentorships in Applied Work at the Graduate Level Room 253
Megan Rinderer, Katie Best, Tara Hegg, Rahul Ramesh, and Alena Anderson, University of Denver

NeuroSlam: The Cognitive Connection Room 254
Gabi Whitmer and Lauren Ruhl, University of Denver

4:45pm – 5:45 pm Professional Panel II Room 251

Topic: Future Directions of Sport and Performance Psychology: Training Generation 2020

Members: *Dr. Renee Appaneal, Dr. Charlie Brown, and Dr. Mark Aoyagi*

5:45pm – 6:00pm Closing Remarks Room 251