



AASP Southwest Regional Student Conference Schedule - Friday, April 13th
Location: Olin Hall, Boettcher Hall

2:00pm – 3:00pm	Registration/Check-In	Olin 105
3:00pm	Welcoming Remarks	Olin 105
3:00pm – 4:00pm	Coaching Clinic Invited Speaker Tyler Dabrowski, CSCS, USAW, Strength & Conditioning Coach for USA Speedskating <i>Cultivating Culture: An Overview of Highly Effective and Successful Groups, and Ways to Evaluate and Implement Strategies to Improve Your Own Team Culture</i>	Olin 105
3:10pm – 3:30pm	Student Presentations <i>Developing a Comprehensive Mental Skills Curriculum for Youth Team Sport</i> Alexander Easby and Olivia Wyatt, University of Denver	Boettcher 102
	<i>The Shrinking Gender Gap in Ultramarathon Performances</i> Addie Bracy and Hollis Lyman, University of Denver	Boettcher 103
	<i>Sleep and Psychological Well-Being among Collegiate Athletes</i> Rudessa Bedonie, Renae Dambly, Alicia Sanchez, and Dr. Susumu Iwasaki, Fort Lewis College	Olin 205
3:35pm – 3:55pm	Student Presentations <i>Building Resiliency in Today's Youth</i> Katherine McManus and Brea Hapken, University of Denver	Boettcher 102
	<i>The Structure of Session Determines Youth Engagement</i> Rory Waldman, University of Denver	Boettcher 103
	<i>Language Matters: Use of Metaphors and Intentional Language in Applied Sport Psychology</i> Jessie Pauley, University of Denver	Olin 205
4:00pm – 5:30 pm	Special Guest Speaker & AASP CMPC Mentorship/Supervision Continuing Education Presentation Dr. Traci Statler, Associate Professor at California State University - Fullerton <i>What Now? The Past, Present, and Future of AASP Certification</i>	Olin 105
5:30pm – 7:00pm	Keynote Speaker & AASP CMPC General Continuing Education Presentation Ceci Clark, MSc, Performance Coach for Cleveland Indians <i>The Way</i>	Olin 105
7:30pm – 10:00pm	Student Social at The Pioneer	



AASP Southwest Regional Student Conference Schedule - Saturday, April 14th
Location: Daniel Felix Ritchie School of Engineering and Science

8:00am – 8:30am	Breakfast/Late Check-In	Outside Room 510
8:30am	Welcoming Remarks	Room 510
8:30am – 9:00am	Coaching Clinic Invited Speaker Dr. Brian Zuleger, Assistant Professor in Sport Psychology at Adams State University <i>Coaching the coach: How to Maintain Health and Well-Being as a Coach While Pursuing Success</i>	Room 510
8:35am – 8:55am	Student Presentations	
	<i>ICEE waters ahead: Discovering team values for use in Isolated, Confined, and Extreme Environments</i> Abenezer Beyene & Scotty Hanley University of Denver	Room 401
	<i>“Expert? Who, Me?”</i> <i>Working through Imposter Syndrome in Consulting</i> Julia Cawthra, Indiana University	Room 400
	<i>How a Strong Theory of Performance Excellence Can Be Applied to Various Different Careers</i> Erin Murray and Joey White, University of Denver	Room 301
9:00am – 10:30am	AASP CMPC Ethics Continuing Education Presentation Dr. Mark Aoyagi, Associate Professor and Director of the Sport and Performance Psychology program at the University of Denver <i>Hey, Remember Me? The Beneficent Side of Ethics</i>	Room 510
10:30am – 12:00pm	Keynote Speaker Dr. Alexander Cohen, Senior Sport Psychologist with the United States Olympic Committee <i>Sport Psychology at the Olympics</i>	Room 510
12:00pm-1:00pm	Lunch	
1:00pm-2:30pm	AASP CMPC Diversity Continuing Education Dr. Jamie Shapiro, Associate Professor and Assistant Director; Dr. Artur Poczwardowski, Professor and Field Placement Director in the Sport and Performance Psychology program at the University of Denver <i>You Don’t Need to Try Harder or Be More: The Tapestry of Reminders at the 2018 Winter Paralympic Games</i>	Room 510
2:30pm – 3:30pm	Coaches Clinic Invited Speaker Dr. Bettina Callary , Associate Professor, Community Studies & Sport & Human Kinetics at Cape Breton University <i>Seeing It For the First Time, Again: Bringing Awareness to the Unconscious Social Experiences That Shape Coaches</i>	Room 510



2:30pm – 2:50pm	Student Presentations	
	<i>Relationship Between Anxiety and Eye Fixation</i> Jake Nugent, Michael Barela, and Dr. Susumu Iwasaki Fort Lewis College	Room 401
	<i>“More Powerful than Intellect”: A look at intuition in consulting</i> Kirsten Cooper, University of Denver	Room 400
	<i>Performance Coaching with the U.S. Army: Lessons Learned and Defining Success</i> Rahul Ramesh, Lauren DiCredico, and Shrujal Joshi, Fort Bragg	Room 301
2:55pm – 3:15pm	Student Presentations	
	<i>An Exploration into the Antecedents of Perceived Stress-Related Growth Following Athletic Injury</i> Hannah King and Mason Blake, University of Denver	Room 401
	<i>Athlete Activism: What can we do about it?</i> James Coplin, University of Denver	Room 400
	<i>Lessons Learned in Developing Relationships & Partnering with Organizations</i> Stephanie Hale and Alex Beckett, University of Denver	Room 300
	<i>Fighting for the Finish: An Exploration of Student Motivation in Sport Psychology Master's Program</i> Brittany Calaluca, Barry University	Room 301
3:30pm – 4:30pm	Invited Sport and Performance Psychology Workshop Drs. Brian Gearity and Bettina Callary <i>Keeping the Winning Streak Going</i>	Room 510
4:30pm	Closing Remarks	Room 510