

<b>3:00-4:00pm</b>	Registration and Check-in – Health Sciences Center, Main Lobby
<b>3:45-4:00pm</b>	Opening Remarks – Health Sciences Center, Room 163 <b>Dr. Judy Van Raalte, CMPC</b> (Director, Athletic Counseling), <b>Dr. Jasmin Hutchinson, CMPC</b> (Director, Sport & Exercise Psychology), <b>Gabrielle Salvatore &amp; Emily Tyler</b> (Co-Chairs, Planning Committee)
<b>4:00-5:00pm</b>	Keynote Address I – Health Science Center, Room 163 <b>Tiff Jones, PhD, CMPC</b> <i>How to Teach and Incorporate Mentality Zones into Sport Practices</i>
<b>5:00-5:10pm</b>	Break
<b>5:10-5:40pm</b>	Session 1
<u>Session 1A:</u>	Lecture – Health Sciences Center, Room 163 <b>Adam Feit, MS &amp; Jasmin Hutchinson, PhD, CMPC</b> <i>The Use of Sport Psychology in Collegiate Strength and Conditioning</i>
<u>Session 1B:</u>	Lecture – Health Sciences Center, Room 165 <b>Steve Brown, LMHC</b> <i>Development and Implementation of a Mental Skills Education Program for Middle and High School Students</i>
<b>5:40-5:50pm</b>	Break
<b>5:50-6:35pm</b>	Session 2
<u>Session 2A:</u>	Workshop – Health Sciences Center, Room 225 <b>Diana Curtis, MS, Caitlin Haworth, MS, &amp; Kira Sparks, MS</b> <i>Practicing Off the Field: The Application of Sport and Exercise Psychology in Additional Domains</i>
<u>Session 2B:</u>	Paper Session – Health Sciences Center, Room 163 <b>1 – Doug Eng, EdD, PhD</b> <i>Periodization of Mental Skills in Tennis for Advanced Players</i> <b>2 – Mallory Meyer</b> <i>Athlete Burnout: Domestic vs. International</i> <b>3 – Kara Scott &amp; Caitlin Haworth, MS</b> <i>Benefits of Investing in Quality Coach-Athlete Relationships</i>
<b>6:35-6:45pm</b>	Break
<b>6:45-7:15pm</b>	Session 3
<u>Session 3A:</u>	Workshop – Health Sciences Center, Room 225 <b>Jim Helling, LICSW, CMPC</b> <i>Moral Injury, Leadership Betrayal and College Athletic Systems of Care: Psychological and Ethical Implications</i>
<u>Session 3B:</u>	Paper Session – Health Sciences Center, Room 163 <b>1 – Matt Charest &amp; Su Langdon, EdD</b> <i>Surprise! Uniforms Are Not Uniformly Experienced</i> <b>2 – Sophia White</b> <i>The Role of Positive Emotional Expression on Sport Emotion and Collective Efficacy</i>
<b>7:30-9:30pm</b>	Attendee Social & Dinner – Cheney Dining Hall, Rooms A&B

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<b>8:15-9:00am</b>	Breakfast – Health Sciences Center, Room 225
<b>9:00-10:00am</b>	Keynote Address II – Health Sciences Center, Room 163 <b>**Diversity CEU**</b> <b>Angel Brutus, PsyD, CMPC</b> <i>Baggage Claim: Embracing Work with Clients of Diverse Backgrounds</i>
<b>10:00-10:15am</b>	Break
<b>10:15-11:00am</b>	Session 4
<u>Session 4A:</u>	Paper Session – Health Sciences Center, Room 163 <b>1 — Logan Cavanaugh, MEd</b> <i>Widening the Lens of Peak Performance: A Discussion of Relevant Skills and Practices Used with Combat Veterans</i> <b>2 – Ashlee Groover</b> <i>Physical Therapist and Client Perceptions of Psychological Support Provided During Rehabilitation Sessions</i> <b>3 – Emily Jakob</b> <i>The Psychological Effects of Taper on Nonprofessional Ironman Triathletes</i>
<u>Session 4A:</u>	Workshop – Health Sciences Center, Room 225 <b>Lois Butcher-Poffley, PhD, CMPC &amp; Don Milham, PhD</b> <i>The Athlete Evolution Model: A (W)holistic Approach to Athlete Success</i>
<b>11:00-11:10am</b>	Break
<b>11:10-11:40am</b>	Session 5
<u>Session 5A:</u>	Lecture – Health Sciences Center, Room 165 <b>Robert Mendoza, MS</b> <i>Two! Student Practitioner Approach and Experience to Conducting Psychological Skills Training with a College Wrestling Team</i>
<u>Session 5B:</u>	Lecture – Health Sciences Center, Room 225 <b>Latisha Forster Scott, PhD</b> <i>Factors Impacting Student-Athlete Sport Dropouts and the Role of the Sport Psychology Consultant</i>
<b>11:40-1:00pm</b>	Lunch – Health Sciences Center, Room 163
<b>1:00-2:00pm</b>	Keynote Address III – Health Sciences Center, Room 163 <b>Nate Zinsser, PhD</b> <i>Delivering Applied Sport Psychology Services in Collegiate, Military and Professional Settings</i>
<b>2:00-2:10pm</b>	Break
<b>2:10-2:55pm</b>	Session 6
<u>Session 6A:</u>	Workshop – Health Sciences Center, Room 163 <b>Ashlee Groover, Matthew Rieger, Joseph Carbone, Kathryn Colby, Rachael Cormier, Erika Monsalve, Emily Seaman, Monica Tews, Judy Van Raalte, PhD, CMPC &amp; Britton Brewer, PhD, CMPC</b> <i>Applied Sport Psychology in Multidisciplinary Sport Injury Rehabilitation Settings</i>
<u>Session 6B:</u>	Paper Session – Health Sciences Center, Room 225 <b>1 — Josh Burger, MS</b> <i>NCAA Division I Tennis Coach Perceptions and Strategies of Mental Toughness Development</i> <b>2 – Emily Tyler, MS</b> <i>International Student-Athletes' Perceptions of Belonging and Inclusion at a Division I Institution</i> <b>3 – Zack Bryant, MA</b> <i>A Guide to Navigating the Potential Negative Consequences of Retiring from Sport</i>
<b>2:55-3:05pm</b>	Break
<b>3:05-3:30pm</b>	AASP Student Information, Closing Remarks & Evaluation – Health Sciences Center, Room 165

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