

## 2021 AASP Northeast Regional Conference Final Report

To Whom it May Concern:

The 2021 AASP Northeast Regional Conference hosted by Springfield College took place virtually on Friday, March 5<sup>th</sup> and Saturday, March 6<sup>th</sup>. This report provides some important information regarding the conference.

Number of Attendees: 152

Undergraduate Students: 28

Graduate Students: 68

Professionals: 53

Springfield College Alumni: 9

Number of Colleges Represented: 51

The conference program included:

- 2 Keynote Presentations
  - Dr. Duncan Simpson – *Context is everything: Being an effective mental performance consultant*
  - Dr. Robin Vealey – *Is it in you? On becoming a sport psychology professional*
- 4 Symposia (four professionals)
- 3 Round Table Sessions (one student, two professionals)
- 3 Paper Sessions (eight students and one professional)
- 8 Workshops (four students and four professionals)
- 1 Poster Session (eight student posters)
- Diversity panel (four professionals served on panel)
- Pre-conference student development panel (six professionals served on panel)
- Speed Mentoring (23 students/mentees and 12 advanced doctoral students/professionals/mentors)
- Attendee social and trivia game

According to a post-conference survey that was given to attendees, things that were most enjoyed at the conference included:

- The keynote speakers and great presentations
- Conference organization and management
- The conference materials such as the abstract booklet including embedded links to the program, speaker bios and headshots
- Conference networking opportunities

The conference grant of \$500 was used to cover the following expenses:

Keynote Speakers \$500

On behalf of the conference planning committee, we want to thank you for providing us with the funding which made it possible to hold this successful and valuable conference.

Thank you.

Sincerely,

Chen Liang, Gabrielle Salvatore, & Emily Tyler, Conference Planning Co-Chairs

# 2021 Association for Applied Sport Psychology Northeast Regional Conference Hosted by Springfield College

