

Thank you!

We appreciate your attendance at the 2022 AASP South Central Regional Conference! This conference is designed to give students and professionals in sport and exercise psychology and related fields the opportunity to network and present current research. The conference also serves as an opportunity to strengthen communication in the region and to build a strong South Central community of Sport Psychology professionals.

This conference is hosted by the UNT Center for Sport Psychology and Athlete Mental Health and co-sponsored by the UNT Departments of Psychology and Kinesiology, Health Promotion, and Recreation.

Contact Us

If you have any questions or comments about the conference, please feel free to contact us at:

sportpsycheunt.edu

Additionally, if you would like a copy of the presentation abstracts, please contact us at the above email and we can provide an electronic copy



University of North Texas Center for Sport Psychology and Athlete Mental Health
<http://sportpsych.unt.edu>
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2022 AASP SOUTH CENTRAL REGIONAL CONFERENCE



APRIL 1ST & 2ND, 2022

HOSTED BY THE UNIVERSITY OF NORTH TEXAS CENTER
FOR SPORT PSYCHOLOGY AND ATHLETE MENTAL
HEALTH

DEPARTMENTS OF PSYCHOLOGY AND
KINESIOLOGY, HEALTH PROMOTION & RECREATION

2022 AASP SOUTH CENTRAL REGIONAL CONFERENCE

SCHEDULE

FRIDAY, APRIL 1st

5:00 PM	Check-In & On-Site Registration
6:00 PM	Welcome by Center Director
6:15 PM	Keynote Address <i>Dr. Kensa Gunter, PsyD, CMPC</i>
7:30 PM	Conference Social

SOCIAL AT OAK ST. DRAFTHOUSE & COCKTAIL PARLOR!

We will be hosting a social immediately following the conclusion of the Friday conference events. This is an opportunity to grab some dinner, connect with other conference attendees, and experience a little piece of Denton, TX!

We have reserved a patio area at Oak St. for our social. All conference attendees are welcome to attend, and while the focus is on creating a space for attendees to connect, you are welcome to bring a guest, if desired!

308 E Oak Street
Denton, TX 76201



SATURDAY, APRIL 2nd

8:00 AM	Check-In, On-Site Registration & Light Breakfast
8:30 AM	Welcome & Student Presentations <i>Mental Skills Training for E-Sports Performance</i> <i>Christian Ulrey & Michelle Bartlett</i> <i>Impact of Online Guided Meditation and on Attentional Processes</i> <i>Praveen A. Pasupathii, Andrew C. Parks, Jordan A. Blazo & Jane Jacob</i>
9:45 AM	Break
10:00 AM	Panel Discussion <i>Athlete Mental Health: Stakeholder Perspectives</i> <i>Trent A Petrie, PhD, Ray Walls, Brittany Roth & Kayla Mokwuah</i>
11:15 AM	Break
11:30 AM	Student Presentations <i>The Third Team of Performers: A Qualitative Exploration of the Performance Challenges of Referees</i> <i>DeJon Purnell & Cheyenne Godby</i>
12:00 PM	Team Building Activity <i>UNT Sport Psychology Doctoral Students</i>
12:30 PM	Lunch
1:30 PM	Keynote Address <i>Dr. Bailey Tackett, PhD, LP</i>
2:45 PM	Break
3:00 PM	Student Presentations <i>Body Image Perceptions Through Smartphone-Based Artificial Intelligence</i> <i>Ashley Ray et al.</i> <i>The Effects of Wearable Fitness Devices on a Collegiate Athletes</i> <i>Psychological Rest</i> <i>Jessica Renteria & Robyn Trocchio, PhD, CMPC</i>
4:15 PM	Closing