

# CALIFORNIA BAPTIST UNIVERSITY AASP VIRTUAL REGIONAL CONFERENCE 2021



March 19th, 2021  
9:00AM-4:30PM PST

March 20th, 2021  
9:00AM-3:30PM PST

## CBU

Sport and Performance  
Psychology

LOCATION: ZOOM LINK WILL BE  
PROVIDED

# FRIDAY MARCH 19TH



**9:00AM-10:25AM WORKSHOP PANEL:  
LAUREN HESS M.A., CMPC, MARIO SOTO M.S., & VEOLA VAZQUEZ PhD**

Hosted by: Marquis Kidd M.S.  
Embracing Your Diversity

**10:30AM-10:55AM**

**ORAL PRESENTER: DR. GYASMINE GEORGE-WILLIAMS**

Introducing the Black Athlete Activists Leadership Model: A Framework For Support

**11:00AM-11:25AM**

**ORAL PRESENTER: DEMIANA AGAIBY**

What Does It Mean to be a Dancer? Deconstructing the Essence of Dance Identity  
Co-author: Dr. Alison Ede

**11:30AM-11:55AM**

**ORAL PRESENTER: MATT LESLIE**

A Guided Imagery Script and Pre-Performance Routine for Onsite Climbing Competitions

**12:00PM-1:00PM LUNCH BREAK**

**1:00PM-1:25PM**

**ORAL PRESENTER: BRIAN ALEXANDER M.A., CMPC**

Delivering a Sport Psychology Training Program Via Technology: The WellU Mental Training App  
Co-Author: Ami Strutin-Belinoff

**1:30PM-1:55PM**

**ORAL PRESENTERS: ROY SORBEL, JAIMEE STUTZ M.S., ALEXANDRA HOTETZ, &  
LAIYATU MANYA**

The Lived Experience of NCAA Athletes with One or More Concussions  
Authors: Jocelyn Schwegler M.S.

Co-Authors: Kamonie Davis, Josh Gernes M.S., Melanie Estrada, & Kerri Anderson M.S.

**2:00PM-3:00PM**

**KEYNOTE SPEAKER: Eric Bean PhD, CMPC**

**3:00PM-4:30PM SPP NETWORKING SOCIAL**



Sport and Performance  
Psychology



College of Behavioral  
and Social Sciences  
California Baptist University

**9:00AM-10:25AM WORKSHOP PANEL:**

**ARTT BREY, KEISHA HART M.S., ED GARRETT PhD, CMPC & MARIO SOTO M.S.**

Hosted by: Chelsey Neve M.S.

Starting & Running a Business After Graduation

**10:30AM-10:55AM**

**ORAL PRESENTER: KATIE (MCKEE) LOVALLO M.A., CMPC**

Mental Skills Training with Youth

**11:00AM-11:25AM**

**ORAL PRESENTER: ERIC BAKER**

Effect of Virtual Reality Assisted Imagery on Motorneuron Activation & Self-Efficacy in Track & Field Sprinters

**11:30AM-11:55PM**

**ORAL PRESENTERS: SHANE SAENZ PsyD, CMPC, DANIELLE KOZLOWSKI M.A., JAVAN JEAN-NOEL PsyD, CMPC, PAM WRONA PsyD, TEGAN ADAMS PsyD CMPC, & TYLER RICCI PhD**

Pandemic Parallel Process: The Experience of Supporting Sport Psychology Pre and Post-Doctoral Trainees During Covid-19

**12:00PM-1:00PM LUNCH BREAK**

**1:00PM-1:25PM**

**ORAL PRESENTER: JASON VON STIETZ PhD**

Providing Team Building and Mental Skills Training for a Women's Premiere Soccer League Team

**1:30PM-1:55PM**

**ORAL PRESENTER: SHELBY WALDRON M.S.**

Learning on the Job: My Experience Working with a College Baseball Team & Implementing Goal Setting Strategies

**2:00PM-2:25PM**

**ORAL PRESENTER: ALICE HUNTER**

The Mediating Role of Introspective Feedback on Self-Regulation Through Yoga in High-Stress Populations

**2:30PM-3:30PM**

**KEYNOTE SPEAKER: JEN SCHUMACHER M.S., CMPC**