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Contact:

Lindsay Spivak

646.695.7048

[lindsay@rosengrouppr.com](mailto:lindsay@rosengrouppr.com)

**Association for Applied Sport Psychology  
Unveils Revamped Certification Program**

*New Title, Requirements Highlight Competency-Based Credential*

**Indianapolis (January 9, 2018)** – The [Association for Applied Sport Psychology](#) (AASP) announced revisions to its competency-based certification program, including a new “Certified Mental Performance Consultant” title.

Certification as a Certified Mental Performance Consultant (CMPC) demonstrates to clients, employers, colleagues, and the public at large that an individual has met the highest standards of professional practice. This includes completion of a combination of educational and work requirements, successfully passing a certification exam and committing to ongoing professional development. The updates were made ahead of the AASP’s national accreditation bid through the National Commission for Certifying Agencies (NCCA).

A CMPC may work with a wide variety of participants in sport and performance. Some examples include youth sport, high school, college, and elite level athletes; athletes with disabilities; recreational athletes; injured athletes; athletic trainers; non-sport performers (dancers, musicians); high-risk occupations (military, firefighters, police); and business professionals. There are CMPCs providing these services in 20 countries around the world.

“The shift to a competency-based certification program will instill confidence in consumers and make it clear that the CMPC mark signifies the highest proficiency in our field,” said AASP President Amy Baltzell. “This is a necessary step to increasing the visibility and professional presence of applied sport psychology services and we are proud to play a role in this evolving and dynamic profession.”

Specific information about the revised certification program can be found on the AASP website under the Certification tab in the [Certification Program Candidate Handbook](#).

***About Association for Applied Sport Psychology ([www.appliedsportpsych.org](http://www.appliedsportpsych.org))***

*Founded in 1986, the Association for Applied Sport Psychology (AASP) has been the preferred organization for sport psychology consultants and professionals who work with athletes, coaches, non-sport performers (dancers, musicians), business professionals, and tactical occupations (military, firefighters, police). AASP currently has over 2,400 members in 50 countries worldwide, with backgrounds in a variety of areas including sport science, social work, counseling and clinical psychology. Follow AASP on [Facebook](#), [Twitter](#), [LinkedIn](#) and [YouTube](#).*

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