

Online Resources

- [Center for Civil & Human Rights](#)
- [Center for Policing Equity](#)
- [Critical Resistance](#)
- [Equal Justice Initiative](#)
- [Institutionalized Racism: Understanding George Floyd's Death in Context from JSTOR](#)
- [National Museum of African American History & Culture](#)
- [Mental Health America](#)
- [Return On Inclusion for Coaches and Athletic Administrators](#)
- [Showing Up for Racial Justice Resources](#)
- [Ted Talks to help you understand racism](#)
- [The Players' Tribune](#)
- [The 1619 Project](#)
- [Transform Harm](#)
- [7 Examples of how to be an Ally in the Workplace](#)
- [31 Children's books to support conversations on race, racism, and resistance](#)
- [The Story of Africa \(BBC Series told by Africans\)](#)

Virtual Mental Health Resources Support for People of Color

- [Black Men Heal](#)
- [Black Mental Health Alliance](#)
- [Dive in Well](#)
- [HenryHealth](#)
- [HealHaus](#)
- [Inclusive Therapists](#)
- [Latinx Therapy](#)
- [National Queer & Trans Therapists of Color Network](#)
- [Sista Afya](#)
- [South Asians Mental Health Initiative & Network](#)
- [Therapy for Black Girls](#)
- [Zencare](#)

Documentaries/Movies

- 12 Years a Slave (Netflix)

- 13th (Netflix)
- American Son (Netflix)
- Boyz in the Hood (Prime Video)
- Breaking the Huddle: The Integration of College Football (HBO)
- Crime + Punishment (Hulu)
- Dark Girls (Prime Video)
- Dear White People (Netflix)
- Do the Right Thing (Prime Video)
- Eyes on the Prize (Prime Video)
- Freedom Riders (PBS)
- Fruitvale Station (Prime Video)
- Hidden Figures (Prime Video)
- High Flying Bird (Netflix)
- Higher Learning (Prime Video)
- I Am Not Your Negro (Prime Video)
- Is Britain Racist? (BBC)
- Just Mercy (Rakuten)
- King in the Wilderness (HBO)
- The African Americans: Many Rivers to Cross (PBS)
- The Central Park Five (Netflix)
- The Hate You Give (Prime Video)
- The House I Live In (Prime Video)
- The Misadventures of Romesh Ranganathan Series 2:1. Zimbabwe (BBC)
- The Shop (HBO)
- Time: The Kalief Browder Story (Netflix)
- Rest in Power: The Trayvon Martin Story (Netflix)
- Rosewood (Hulu)
- Selma (Prime Video)
- Slavery by Another Name (PBS)
- When They See Us (Netflix)

Podcasts

- [1619 \(New York Times\)](#)
- [About Race](#)
- [All My Relations](#)
- [Burn It All Down](#)
- [Code Switch \(NPR\)](#)
- [Dual Pandemics: Coronavirus and Racism feat. Dr. Kensa Gunter](#)
- [Good Ancestor](#)
- [Intersectionality Matters! with Kimberlé Crenshaw](#)

- [Momentum: A Race Forward Podcast](#)
- [Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)
- [Pod Save the People \(Crooked Media\)](#)
- [Radical Imagination with Angela Glover Blackwell](#)
- [Seeing White](#)
- [Solidarity Is This](#)
- [The Stakes \(New York Public Radio\)](#)
- [The Stoop](#)
- [The United States of Anxiety \(New York Public Radio\)](#)
- [Undocumented Black Girl](#)

Instagram Accounts to Follow

- Antiracism Center ([@antiracismctr](#))
- Antiracist Classroom ([@antiracistclassroom](#))
- Austin Channing Brown ([@austinchanning](#))
- Black Lives Matter ([@blkivesmatter](#))
- Black Visions Collective ([@blackvisionscollective](#))
- Black Women's Blueprint ([@blackwomensblueprint](#))
- Black Youth Project 100 ([@blackyouthproject](#))
- Brown Girl Therapy ([@browngirltherapy](#))
- Check Your Privilege ([@ckyourprivilege](#))
- Color Lines ([@colorlinesnews](#))
- Danielle Coke ([@ohhappydani](#))
- Dr. Yusef Salaam ([@dr.yusefsalaam](#))
- Ethel's Club ([@ethelsclub](#))
- Femestella ([@femestella](#))
- I Hart Ericka ([@ihartericka](#))
- Ijeoma Oluo ([@ijeomaoluo](#))
- Indigenous People's Movement ([@indigenouspeoplesmovement](#))
- JenFryTalks ([@jenfrytalks](#))
- Jesse Hagopian ([@jessehagopian](#))
- Layla Saad ([@laylasaad](#))
- Melina Abdulla ([@docmellymel](#))
- No White Saviors ([@nowhitesaviors](#))
- Rachel Cargle ([@rachel.cargle](#))
- Shaun King ([@shaunking](#))
- Shifting the Culture ([@shiftingtheculture](#))
- The Conscious Kid ([@consciouskid](#))
- The Nap Ministry ([@thenapministry](#))

- Unapologetic Street Series ([@theunapologeticallybrownseries](#))
- United We Dream ([@unitedwedream](#))

Books/Book Chapters

- Alexander, M. (2010). *The new Jim Crow: Mass incarceration in the age of colorblindness*. New Press.
- Anderson, C. (2016). *White rage: The unspoken truth of our racial divide*. Bloomsbury.
- Baldwin, J. (1998). *James Baldwin: Collected essays*. The Library of America.
- Bell, D. (1992). *Faces at the bottom of the well: The permanence of racism*. HarperCollins Publishers.
- Bonilla-Silva, E. (2017). *Racism without racists: Color-blind racism and the persistence of racial inequality in America (5th edition)*. Rowman & Littlefield.
- Bradbury, S., Lusted, J., & van Sterkenburg, J. (Eds.) (2020). *'Race,' ethnicity and racism in sports coaching*. Routledge.
- Bryant, H. (2018). *The heritage: Black athletes, a divided America, and the politics of patriotism*. Beacon Press.
- Butryn, T. M. (2016). Whiteness in sport psychology. In R. J. Schinke, K. R. McGannon, & B. Smith (Eds.), *Routledge international handbook of sport psychology* (pp. 228-237). Routledge.
- Carrington, B. (2010). *Race, sport, and politics: The sporting black diaspora*. Sage.
- Carter, L. (Ed.) (2020). *Feminist applied sport psychology: From theory to practice*. Routledge.
- Carter-Francique, A. R., & Flowers, C. L. (2013). Intersections of race, ethnicity, and gender in sport. In E. Roper (Ed.), *Gender relations in sport* (pp. 73-93). Sense Publishers.
- Channing Brown, A. (2018). *I'm still here: Black dignity in a world made for whiteness*. Convergent.
- Coates, T. (2015). *Between the world and me*. The Text Publishing Company.
- Diangelo, R. (2018). *White fragility: Why it's so hard for white people to talk about racism*. Beacon Press.
- Dyson, M. E. (2017). *Tears we cannot stop: A sermon to white America*. St. Martin's Press.
- Dyson, M. E. (2018). *What truth sounds like: RFK, James Baldwin, and our unfinished conversation about race in America*. St. Martin's Press.
- Edwards, H. (1969/2017). *The revolt of the black athlete*. The Free Press/University of Illinois Press.
- Fanon, F. (2008). *Black skin, white masks*. Grove Press.
- Feagin, J. R. (2013) *The white racial frame: Centuries of racial framing and counter-framing*. Routledge.

- Hawkins, B., Carter-Francique, A. R., & Cooper J. N. (2016). *Critical race theory: Black athletic sporting experiences in the United States*. Palgrave Macmillan.
- Hawkins, B., Cooper, J., Carter-Francique, A., & Cavil, J. K. (Eds.). (2015). *The athletic experience at Historically Black Colleges and Universities: Past, present, and persistence*. Rowman & Littlefield.
- Helms, J. (1992). *A race is a nice thing to have: A guide to being a white person or understanding the white persons in your life*. Content Communications.
- Hill Collins, P. (1998). *Fighting words: Black women and the search for justice*. University of Minnesota Press.
- Hill Collins, P. (2005). *Black feminist thought: Knowledge, consciousness, and the politics of empowerment*. Routledge.
- Hooks, B. (1998). Representing whiteness in the black imagination. In D. Roediger (Ed.), *Black on white: Black writers on what it means to be white* (pp. 38-53). Schocken Books.
- James, C. E. (2005). *Race in play: Understanding the socio-cultural worlds of student athletes*. Canadian Scholars Press.
- Kendi, I. X. (2017). *Stamped from the beginning*. Bold Type Books.
- Kendi, I. X. (2019). *How to be an antiracist*. One World.
- Leonard, D. J. (2017). *Playing while white: Privilege and power on and off the field*. University of Washington Press.
- Lorde, A. (2007). *Sister outsider: Essays and speeches by Audre Lorde*. Cross Press.
- Love, B. L. (2019). *We want to do more than survive: Abolitionist teaching and the pursuit of educational freedom*. Beacon Press.
- McDonald, M. G., & Shelby, R. (2018) Feminism, intersectionality, and the problem of whiteness in leisure and sport practices and scholarship. In L. Mansfield, J. Caudwell, B. Wheaton, & B. Watson (Eds.), *The Palgrave handbook of feminism and sport, leisure, and physical education* (pp. 497-514). Palgrave Macmillan.
- Metz, J. M. (2019). *Dying of whiteness: How the politics of racial resentment is killing America's heartland*. Hachette Book Group.
- Moore, L. (2017). *We will win the day: The Civil Rights movement, the Black athlete, and the quest for equality*. Praeger Press.
- Oluo, I. (2018) *So you want to talk about race*. Seal Press.
- Parham, W. D. (2005). Raising the bar: Developing an understanding of athletes from racially, culturally, and ethnically diverse backgrounds. In M. Andersen (Ed.), *Sport psychology in practice* (pp. 201-216). Human Kinetics.
- Parham, W. D. (2019). Hiding in plain sight: Discovering the promises of multicultural sport psychology. In M. H. Anshel, T. A. Petrie, & J. A. Steinfeldt (Eds.), *APA handbooks in psychology series. APA handbook of sport and*

exercise psychology, Vol. 1. Sport psychology (p. 489–508). American Psychological Association.

- Rhoden, W. (2006). *\$40 million dollar slaves: The rise, fall, and redemption of the black athlete*. Three Rivers Press.
- Saad, L. F. (2020). *Me and white supremacy: Combat racism, change the world, and become a good ancestor*. Sourcebooks.
- Sue, D. W. (2003). *Overcoming our racism: The journey to liberation*. Jossey-Bass.
- Sue, D. W. (2010). Recognizing microaggressions and the messages they send. In D. W. Sue (Ed.), *Microaggressions in everyday life: Race, gender, and sexual orientation*. Wiley & Sons.
- Tatum, B. D. (1997). *"Why are all the Black kids sitting together in the cafeteria?" and other conversations about race*. Basic Books.
- Weems, A. J., & Singer J. N. (2017). Racial barriers in eurocentric sport(ing) institutions countering the white racial frame. In Thompson-Miller, R. & Ducey, K. (Eds.), *Systemic racism* (pp. 285-306). Palgrave Macmillan.
- X, M., & Haley, A. (1965). *The autobiography of Malcolm X*. Grove Press.
- Yoshina, K. (2007). *Covering: The hidden assault on our civil rights*. Random House.

Refereed Journal Articles

- Burden, J. W., Harrison, L., & Hodge, S. R. (2005). Perceptions of African American faculty in kinesiology-based programs at predominately White American institutions of higher education. *Research Quarterly for Exercise and Sport*, 76(2), 224-237. <https://doi.org/10.1080/02701367.2005.10599283>
- Butryn, T. M. (2009). (Re)examining whiteness in sport psychology through autonarrative excavation. *International Journal of Sport and Exercise Psychology*, 7(3), 323-341. <https://doi.org/10.1080/1612197X.2009.9671913>
- Carter, L., & Davila, C. (2017). Is it because I'm Black? Microaggressive experiences against Black professionals in sport and exercise psychology. *Professional Psychology: Research and Practice*. 48(5), 287–293. <https://doi.org/10.1037/pro0000145>
- Cooper, J. N., Macaulay, C., & Rodriguez, S. H. (2019). Race and resistance: A typology of African American sport activism. *International Review for the Sociology of Sport*, 54(2), 151-181. <https://doi.org/10.1177/1012690217718170>
- Crenshaw, K. (1989). Demarginalizing the intersection of race and sex: A Black feminist critique of antidiscrimination doctrine, feminist theory and antiracist politics. *University of Chicago Legal Forum*, 1, 139-167. <https://chicagounbound.uchicago.edu/uclf/vol1989/iss1/8>
- Cunningham, G. B., Dixon, M. A., Singer, J. N., Oshiro, K. F., Ahn, N. Y., & Weems, A. (2019). A site to resist and persist: Diversity, social justice, and the

unique nature of sport. *Journal of Global Sport Management*.

<https://doi.org/10.1080/24704067.2019.1578623>

- Devos, T., & Banaji, M. R. (2005). American = White? *Journal of Personality and Social Psychology*, 88(3), 447-466. <https://doi.org/10.1037/0022-3514.88.3.447>
- Helms, J. E. (2017). The challenge of making whiteness visible: Reactions to four whiteness articles. *The Counseling Psychologist*, 45(5), 717-726. <https://doi.org/10.1177/0011000017718943>
- Hextrum, K. (2019). Segregation, innocence, and protection: The institutional conditions that maintain whiteness in college sports. *Journal of Diversity in Higher Education*. Advance online publication. <https://doi.org/10.1037/dhe0000140>
- Hylton, K. (2010). How a turn to critical race theory can contribute to our understanding of 'race', racism and anti-racism in sport. *International Review for the Sociology of Sport*, 45(3), 335-354. <https://doi.org/10.1177/1012690210371045>
- Kontos, A. P., & Breland-Noble, A. M. (2002). Racial/ethnic diversity in applied sport psychology: A multicultural introduction to working with athletes of color. *The Sport Psychologist*, 16(3), 296-315. <https://doi.org/10.1123/tsp.16.3.296>
- Lawrence, S. M. (2005). African American athletes' experiences of race in sport. *International Review for the Sociology of Sport*, 40(1), 99-110. <https://doi.org/10.1177/1012690205052171>
- Lee, W., & Cunningham, G. B. (2019). Moving toward understanding social justice in sport organizations: A study of engagement in social justice advocacy in sport organizations. *Journal of Sport and Social Issues*, 43(3), 245-263. <https://doi.org/10.1177/0193723519832469>
- Love, A., Deeb, A., & Waller, S. N. (2019). Social justice, sport and racism: A position statement. *Quest*, 71(2), 227-238. <https://doi.org/10.1080/00336297.2019.1608268>
- Parham, T. A. (1989). Cycles of psychological Nigrescence. *The Counseling Psychologist*, 17(2), 187-226. <https://doi.org/10.1177/0011000089172001>
- Rowe, J. (2010). Voices from the inside: African American women's perspectives on healthy lifestyles. *Health Education & Behavior*, 37(6), 789-800. <https://doi.org/10.1177/1090198110365992>
- Schinke, R. J., Middleton, T., Petersen, B., Kao, S., Lefebvre, D., & Habra, B. (2019). Social justice in sport and exercise psychology: A position statement. *Quest*, 71(2), 163-174. <https://doi.org/10.1080/00336297.2018.1544572>
- Stadulis, R. E., Neal-Barnett, A., MacCracken, M. J., & Fender-Scarr, L. (2014). Social physique anxiety in early adolescent black females. *Comprehensive Psychology*, 3(12), 1-8. <https://doi.org/10.2466/07.13.CP.3.12>

- Sue, D. W. (2004). Whiteness and ethnocentric monoculturalism: Making the "invisible" visible. *American Psychologist*, 59(8), 761-769.
<https://doi.org/10.1037/0003-066X.59.8.761>
- Sue, D. W. (2005). Racism and the conspiracy of silence: Presidential address. *The Counseling Psychologist*, 33(1), 100-114. <https://doi.org/10.1177/0011000004270686>
- Withycombe, J. L. (2011). Intersecting selves: African American female athletes' experiences of sport. *Sociology of Sport Journal*, 28(4), 478-493.
<https://doi.org/10.1123/ssj.28.4.478>