

Australia

Australian Government - [General health](#) and [mental health](#) information

Brazil

Anjos da Noite - [Food and other supplies for the homeless](#)

Brazilian Red Cross - [Help for the homeless, refugees, and others in vulnerable situations](#)

Canada

Food Banks Canada - [Hunger-related resources](#)

The Salvation Army - [Hunger & shelter resources](#)

City of Toronto - [Housing & shelter services and support](#)

France

Secours populaire - [Food, clothing, & housing resources](#)

Société parisienne d'aide à la santé mentale (SPASM) - [Mental health assistance](#)

Hong Kong

Hong Kong Red Cross - [Psychological support](#)

Hong Kong Government - [COVID-19 information](#)

Italy

Federazione Italiana Organismi per le Persone Senza Dimora - [Homelessness information](#)

Progetto Arca - [Assistance for the homeless](#)

Banco Alimentare - [Hunger-related resources](#)

Opera San Francesco - [Free assistance for the poor](#)

Japan

Second Harvest Japan - [Food support](#)

Portugal

National Health Service - [COVID-19 information](#)

United Kingdom

FareShare - [Hunger-related resources](#)

Homeless Link - [Housing and other services for the homeless](#)

Worldwide

World Health Organization - [Chat via WhatsApp available in various languages](#)

Thank you to all who contributed to this resource list. If you know of other helpful resources to add, please email AASP Communications Manager Emily Schoenbaechler at emily@hollandparlette.com.