

2020 COMPENSATION REPORT FOR MENTAL PERFORMANCE WORK

Self reported data from 626 survey participants
Video summary found at <https://bit.ly/3wB2E2Y>

COMPENSATION

JOB DETAILS

\$76,250

MEDIAN GROSS ANNUAL INCOME

50%

MEDIAN INCOME VIA MPC

45%

APPLIED WORK MEDIAN

3

MEDIAN YEARS IN POSITION

3

MEDIAN YEARS OF EXPERIENCE REQUIRED

DOES YOUR CURRENT POSITION FOCUS ON MENTAL PERFORMANCE CONSULTING?

27%
EXCLUSIVELY

25%
MODERATELY

18%
PARTIALLY

14%
MINIMALLY

16%
NOT AT ALL

MEDIAN COMPENSATION BY WORK SETTING

OLYMPIC COMMITTEE \$115,000

ACADEMIA \$105,000

UNIVERSITY ATHLETICS \$80,000

PROFESSIONAL/ SEMI-PRO \$80,000

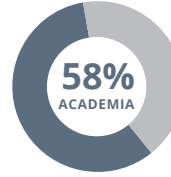
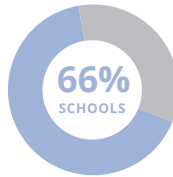
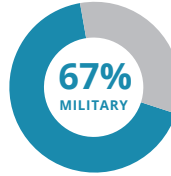
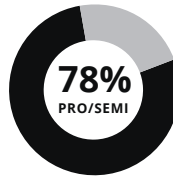
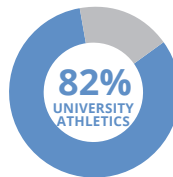
MILITARY \$66,000

PRIVATE PRACTICE \$62,500

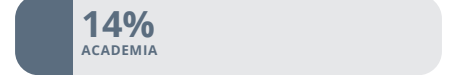
SCHOOLS \$50,000

*Those reporting 50% of their income was derived from applied sources

WHO HOLDS CREDENTIALS



TIME SPENT IN APPLIED WORK



MENTAL PERFORMANCE PRACTICE

FIELD OF WORK

29%
ACADEMIA

19%
MILITARY

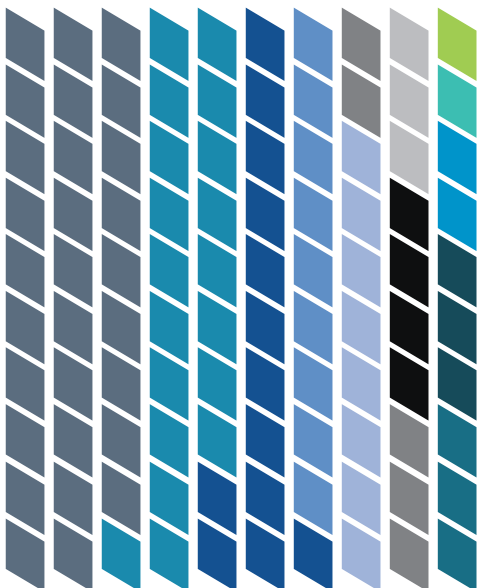
13%
PRIVATE PRACTICE

9%
UNIVERSITY ATHLETICS

8%
SCHOOLS

5%
OTHER

4%
PRO/SEMI-PRO



3%
UNIVERSITY COUNSELING

3%
CORPORATE

3%
MEDICINE

2%
SPORT CLUB

1%
OLYMPIC COMMITTEE

1%
NATIONAL BODY

AREA OF WORK



26%

HOLD LEGAL CREDENTIALS FOR CLINICAL OR COUNSELING WORK

32%

ARE ENGAGED IN CLINICAL OR COUNSELING WORK



63%

HOLD CREDENTIALS FOR MENTAL PERFORMANCE CONSULTING

88%

ARE ENGAGED IN MENTAL PERFORMANCE CONSULTING

COMPENSATION FOR CMPCs VS. NON-CMPCs

\$85,000

CMPC
MEDIAN INCOME

\$61,000

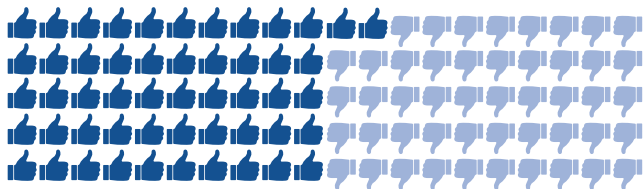
NON CMPC
MEDIAN INCOME

MPCs WITH CMPC CREDENTIALS ACROSS FIELD OF WORK

PRO/SEMI-PRO	58%	UNIVERSITY COUNSELING	37%
PRIVATE PRACTICE	54%	ACADEMIA	35%
MEDICINE	50%	CORPORATE	33%
UNIVERSITY ATHLETICS	44%	SCHOOLS	30%
OLYMPIC COMMITTEE	44%	MILITARY	28%
COMMUNITY HEALTH	40%	SPORT CLUB	13%
NATIONAL BODY	40%		

PROFESSIONAL OUTLOOK

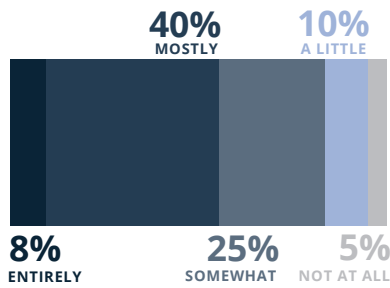
IS THIS YOUR IDEAL JOB?



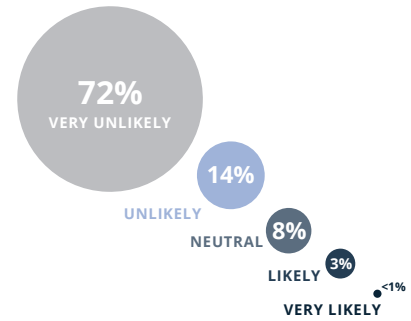
52%
YES

48%
NO

FULFILLED YOUR INITIAL CAREER GOAL?

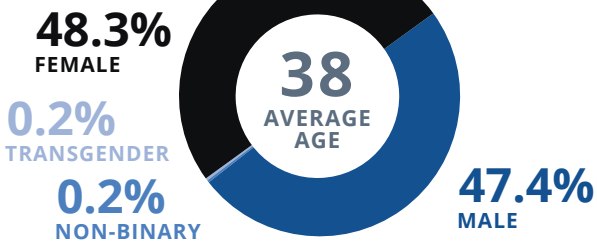


INTEND TO LEAVE THE FIELD IN THE NEXT YEAR?

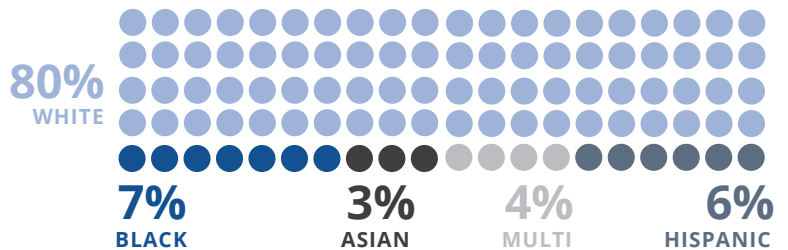


DEMOGRAPHICS

GENDER



RACE



EXPERIENCE

