WELCOME!

Welcome to the 33rd Annual Conference of the Association for Applied Sport Psychology.

We are pleased you have chosen this conference to share your knowledge and extend your network of colleagues and friends. Please join us in thanking the Conference Planning Committee and staff:

- Angie Fifer, Scientific Program Chair
- Angus Mugford, Conference Program Chair
- Joanna Foss, Student Representative, Conference Planning Committee
- Brendan Carr, Conference Planning Committee Member
- Ceci Clark, Conference Planning Committee Member
- Kent Lindeman, Executive Director
- Stephanie Garwood, Meeting Manager
- Susanna Beier, Membership & Registration Assistant

In addition, we want to thank the over 200 members who assisted with the review of all submitted conference abstracts. Their hard work enabled us to assemble what promises to be an outstanding program. This year’s conference features an exceptional list of invited speakers, as well as lectures, panels, posters, symposia, and workshops that AASP members will be presenting. Thank you for continuing to submit your excellent work to our annual conference.

The AASP Executive Board is very pleased to serve as your host for AASP 2018, and hopes that you enjoy the program and networking activities that are planned. If any of us can be of further assistance, or if you have suggestions for increasing the effectiveness of the AASP organization or educational program, please stop and talk to us this week.

Enjoy the conference!

Sincerely yours,

AASP Executive Board
2017-2018
AASP EXECUTIVE BOARD 2017-2018

Amy Baltzell, EdD, CMPC  
President  
Boston University

Traci Statler, PhD, CMPC  
President-Elect  
Cal State Fullerton

Angus Mugford, PhD, CMPC  
Past-President  
Toronto Blue Jays

Todd Gilson, PhD  
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Student Representative  
University of North Carolina at Chapel Hill

Courtney Hess, MA  
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University of Massachusetts

AASP STAFF
Kent Lindeman, CMP  
Executive Director
Stephanie Garwood, MTA  
Meeting Manager
Susanna Beier  
Membership & Registration Assistant
Barbara Case  
Accounting Manager

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Indianapolis, IN 46240
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Fax: (317) 205-9481
Website: appliedsportpsych.org
Email: info@appliedsportpsych.org
AASP PAST PRESIDENTS

AASP is grateful for the individuals who have helped shape the organization by serving as president.

John Silva, 1985-1987
Ronald Smith, 1987-1988
Robert Weinberg, 1988-1989
Lawrence Brawley, 1990-1991
Charles Hardy, 1992-1993
Jean Williams, 1993-1994
Tara Scanlan, 1994-1995
Penny McCullagh, 1995-1996
Maureen Weiss, 1996-1997
Leonard Zaichkowsky, 1997-1998
Robin Vealey, 1998-1999
Andrew Meyers, 1999-2000
Joan Duda, 2000-2001
David Yukelson, 2001-2002

FELLOWS

Congratulations to the eight members named to AASP’s 2018 Class of Fellows. A Fellow is an AASP member who has achieved distinction through significant contributions to academic and professional practice knowledge in sport and exercise psychology.

Becky Clark, 2018
Private Practice

Alexander Cohen, 2018
United States Olympic Committee

Natalie Durand-Bush, 2018
University of Ottawa

Tadhg MacIntyre, 2018
University of Limerick

Mark Aoyagi, 2016
Amy Baltzell, 2017
Heather Barber, 2005
Bonnie Berger, 1987
Britton Brewer, 2004
Charles Brown, 2010
Damon Burton, 2003
Sarah Castillo, 2016
Melissa Chase, 2009
Karen Cogan, 2004
Gualberto Cremades, 2015
Steven Danish, 1991
Kristen Diefenbach, 2016
Joan Duda, 1988
Vicki Ebbeck, 2004
Ed Etzel, 2007
Martha Ewing, 2010
Leslee Fisher, 2011
David Fletcher, 2014
Mary Fry, 2009
Burton Giges, 2006
Diane Gill, 1987
Scott Goldman, 2016
Daniel Gould, 1987
Joy Griffin, 2002
Douglas Hankes, 2015
Stephanie Hanrahan, 2010
Robert Hamison, 2015
Chris Harwood, 2007
Kate F. Hays, 2000
John Heil, 1998
Ken Hodge, 2012
Jasmin Hutchinson, 2017
Anthony Kontos, 2017
Bart Lerner, 2016
Jack Lesyk, 2011
Charles Maher, 2017
Jeffrey Martin, 2004
Scott Martin, 2004
Ian Maynard, 2007
Sean McCann, 2009
Penny McCullagh, 1992
Rick McGuire, 2010
Jonathan Metzler, 2013
Angus Mugford, 2016
Maria Newton, 2012
Eddie O’Connor, 2010
Carole Oglesby, 1987

Linda Petlichkoff, 2002-2003
Damon Burton, 2003-2004
Craig Wrisberg, 2005-2006
Vikki Krane, 2006-2007
Burton Giges, 2007-2008
Sean McCann, 2008-2009
Glyn Roberts, 2009-2010
Bonnie Berger, 2010-2011
Jack Lesyk, 2011-2012
Jack Watson II, 2012-2013
Jonathan Metzler, 2013-2014
Brent Walker, 2015-2016
Angus Mugford, 2016-2017

Elizabeth Mullin, 2018
Springfield College

Margaret Ottley, 2018
West Chester University

Alison Pope-Rhodius, 2018
JFK University

Melissa Thompson, 2018
The University of Southern Mississippi

Kirsten Peterson, 2013
Al Petitpas, 1993
Linda Petlichkoff, 1995
Trent Petrie, 2000
Artur Poczwardowski, 2015
Thomas Raedeke, 2015
Kenneth Ravizza, 1988
Glyn Roberts, 1987
Tatiana Ryba, 2013
Michael Sachs, 1987
Tara Scanlan, 1998
Robert Schinke, 2014
Elizabeth Shoenfelt, 2016
Wesley Sime, 1987
Rob Smith, 1995
Gloria Solomon, 2001
Natalia Stambulova, 2014
Traci Statler, 2015
Jim Taylor, 2004
Gershon Tenenbaum, 2006
Judy Van Raalte, 2002
Robin Vealey, 1989
Ralph Vernacchia, 2001
Brent Walker, 2015

Jack Watson II, 2012
Robert Weinberg, 1987
Diane Whaley, 2013
Diane Wiese-Bjornstal, 2002
Jean Williams, 1987
Craig Wrisberg, 1998
David Yukelson, 1987
Leonard Zaichkowsky, 1988
Sam Zizzi, 2012
2018 AASP Award Winners

Distinguished Professional Practice Award – Awards an AASP professional member who demonstrates exceptional quality and innovation in delivering sport and exercise psychology services to the public
Burt Giges, Springfield College

Dorothy V. Harris Memorial Award – Recognizes an AASP member, in the early stage of her or his professional career, who has made outstanding contributions that are both theoretical and practical
Dana Voelker, West Virginia University

Distinguished Doctoral Student Practice Award – Acknowledges outstanding and innovative service delivery in sport and exercise psychology by doctoral student member
Zenzi Huysmans, West Virginia University

Distinguished Master’s Student Practice Award – Acknowledges outstanding and innovative service delivery in sport and exercise psychology by master’s student member
Mason Blake, University of Denver

Master’s Thesis Award – Acknowledges the completion of an outstanding thesis by an AASP student member
Emily Wright, Michigan State University

Dissertation Award — Recognizes the completion of an outstanding dissertation by an AASP doctoral student member
Daniel Brown, University of Portsmouth, “Human Thriving: A Conceptualization, Understanding, and Application to Sport”

Student Diversity Award — Recognizes and honors the achievements of students involved in research, service or applied experiences that focus on diversity issues
Ryan Sappington, University of Maryland

Performance Excellence Award — Recognizes an individual who embodies exemplary psychological principles associated with performance excellence as demonstrated through consistent achievement, merit or leadership over the course of their career
Eric Lindros, Hockey Hall of Famer

2018 AASP Foundation Award Winners

Distinguished Applied Contribution Award – Recognizes a book/video/webinar/other route in the past year by an AASP member, which made a potentially significant contribution to education and/or practice in an area within our field
Ian Connole, Vision Pursue

Distinguished Mentor Award – Recognizes outstanding efforts by an AASP member as a mentor/supervisor who has had a significant impact on their mentees in the field.
Kate F. Hays, The Performing Edge

Early Career Practitioner Award
Jessica Bartley, University of Denver

Sharing Knowledge Award
Hayley Perleman, Illinois Institute of Technology

Student Award for Excellence in Science Practitioner Endeavors
Gillian Cook, Loughborough University

Student/Early Career Professional Award for Science and Practice in Public Health Endeavors
Nicole Gabana, Florida State University

The Sport Psychologist Young Researcher Award
sponsored by Human Kinetics
$1,000 USD award
Ellen MacPherson, University of Toronto - Canada

AASP 2018 Conference Student Travel Awards
sponsored by Routledge/Taylor & Francis
$750 USD award

2018 Conference Student Travel Award Winners:
Erin Albert, University of North Texas
Julia Cawthra, Indiana University
Morgan Eckenrod, University of Tennessee
Karisa Fuerniss, Northern Illinois University
Joe Mannion, Pepperdine University
Thierry Middleton, Laurentian University - Canada
Veli-Matti Perttula, University of Jyväskylä - Finland
Erika Van Dyke, West Virginia University

2018 AASP Foundation Award Winners
2018 AASP Research Grants

Chih-Chia (JJ) Chen, Mississippi State University, “The Impact of Focus of Attention on Psychophysiological index in Golf Putting Skill: The Moderation Role of Different Skill Levels”
Grant amount: $2,490

Karynn Glover & Whitney Moore, Wayne State University, “EPIC WIN for KC: The Impact of Team Leader Training on Campers’ Sport Participation Behaviors”
Grant amount: $2,970

Candace M. Hogue, Penn State - Harrisburg, “The Impact of a Mental Skills Training Intervention on Psychophysiological Responses to Performance Stress Elicited by an Ego-Involving Climate”
Grant amount: $4,997

Grant amount: $2,468

Johannes Raabe, Penn State Altoona; Tucker Readdy, University of Wyoming; Daniel Leyhr, University of Tübingen, “A Person-Oriented Investigation of Cross-Contextual Motivation: A Mixed-Methods Study with Collegiate Student-Athletes” Grant amount: $3,100

Matthew Viermaa, Utah State University; Stewart Vella, University of Wollongong; M. Blair Evans, Pennsylvania State University “Helping hands: Exploring the Mental Health Landscape in US Youth Sport” Grant amount: $1,975

If you would like to apply for an AASP Award or Grant, please visit the appropriate pages in the Resources tab on our website for deadlines and additional information.

2018 AASP Community Outreach Grant

Erin Haugen, Assessment and Therapy Associates of Grand Forks, PLLC; Alison Kelly, University of North Dakota and Group UP Adventures, “Embracing Adventure: Girls’ Adventure Running Camp Within a Community Non-Profit”
Grant amount: $1,352.25

Amber Shipherd, Texas A&M University - Kingsville, “Mind Over Miles: An Integrative Community Outreach Program to Increasing Physical Activity through Running and Walking in Kingsville, TX”
Grant amount: $2561.39

2018 AASP Oglesby-Snyder Grant for Equity and Cultural Diversity

Matthew Bejar, Mount Mercy University, The State of Diversity in the Association for Applied Sport Psychology: Gaining Momentum or Still Swimming Upstream?
Grant Amount: $4,986

2018 AASP Foundation Gualberto Cremades International Research Grant

Zenzi Huysmans & Damien Clement, West Virginia University, “Coaching Life Skills Through Youth Sport: An Application of the TPSR Model in Swaziland”
Grant amount: $748.30
KEN RAVIZZA, PHD

On July 9, 2018, many of us were shocked and saddened to hear about the sudden passing of one of the greatest practitioners and true pioneers in the field of applied sport psychology, Ken Ravizza. One of the enduring qualities about Ken is he had a unique comforting interpersonal quality that would immediately connect and put people at ease. Didn’t matter where you were: conference, athletic venue, he was always the same Ken. We all remember that voice, that greeting that would bellow from the diaphragm “Yuuuuke, how’s it going” that would resonate warmth, positivity, and trust. He had that special “it” factor that was welcoming and empowering. No matter what your educational background or level of talent, Ken was generous with his time and interested in what you had to say. One memory that speaks to this issue was almost 30 years ago, a group of applied sport psychologists including Ken met in Utopia, Texas to brainstorm ideas and chart directions for applied interventions. I remember Ken holding court, floating down the Utopia River slowly in an innertube as Ken held court pontificating about the merits of a new model that ultimately became the foundation for one of his signature interventions: “The R’s”. From that weekend came many laughs, robust camaraderie, and an amazing peer network that can always be counted on to provide strong emotional/social support when needed.

I feel so fortunate to have forged a close personal and professional relationship with Ken the past 40 years; he was the most compassionate, warm, sincere, heartfelt caring person I have ever known. A great listener who understood the importance of context in consulting, Ken was simply the best at bringing out the best in others. I fondly referred to Ken as my “Yoda”: wise, insightful, innovative, creative, skilled at making the complex simple (a term he and Chicago Cubs Manager Joe Maddon coined was the word “Simplexity”). Some examples of Ken’s “Ravizzaisms” that reflect keeping things simple include: “Breathe”; “Get Comfortable being Uncomfortable”; “The Zone is Overrated, rather, Compensate and Adjust”. He also introduced techniques to heighten self-awareness and increase self-control such as the “R’s”; “Routines and Focal Points”; the “Signal Light” metaphor; the miniature toilet in the dugout to symbolize “Flush it”, get to the next pitch. Two other reflections that come to mind include the gestalt technique he demonstrated one year at AASP role playing being the “Monkey on your back” to symbolize that person is thinking too much under pressure and in particular, the wrong thoughts; and the story he shared at AASP about going to the store the morning of the College World Series Championship Baseball game, buying a key chain with a small ball on it to symbolize how small the ball is going to look to the hitters if they don’t manage the moment properly.

A lifelong teacher and educator at heart, Ken had a special gift of reaching out and connecting with people on a genuine, authentic, interpersonal level. Whether you were a student at a conference or a professional colleague, Ken intrinsically took interest in you as a person and wanted to learn as much as he could about your unique journey/story. He genuinely cared about what you were doing and offered insight and perspective based on his years of experience. In talking with colleagues about what made Ken so special, his authenticity, transparency, even keel temperament, and comfort being himself in any given situation was empowering and transformational. One of the greatest attributes about “Ken being Ken” is he inspired people to find their own path and be comfortable and confident being their true authentic self.

Ken had a very distinguished professional career both as a professor and consultant. A Physical Education major throughout his educational career, Ken received his Bachelor of Science Degree in 1970 from Springfield College, his Masters of Science Degree (1972) and PhD (1974) from USC. Upon graduating from USC, he spent four years as an Assistant Professor at the State University College of New York in Brockport before moving to Cal State Fullerton in 1977 where he became a full professor teaching classes and mentored graduate students for 40 years, developing one of the best hands on applied sport psychology programs in the country. Former graduate student and current AASP
Executive Board member Angie Fifer had this to say about Ken:

“He was an educator always teaching. I served as Ken’s TA for three semesters, and even though it was the same class, I learned something new every day. Ken pushed us to ask thoughtful questions and deepen our knowledge from his years of experience. My favorite was walking with Ken to his classes. He got stopped so many times along the way and took a moment to connect with and remind the student to keep “Working it”. We were always late to class because of just how many students wanted to say hello”.

As a consultant, Ken worked with a variety of intercollegiate athletic departments, professional sport organizations, and Olympic Teams including Cal State Fullerton, UCLA, Nebraska, the Chicago Cubs, Tampa Bay Rays, Los Angeles Angels, New York Jets, USA Volleyball, Baseball, Softball, Field Hockey, Water Polo to name a few. providing individual and team consultations in the areas of motivation and stress management, mental skills training and coping strategies for managing performance effectiveness in sport, as well as working very closely with coaches offering perspective when asked and strategies for enhancing team culture. Ken was one of the most sought-after consultants in our field and his seminal 1987 TSP article about Gaining Entry and Developing Trust is a classic everyone in our field should read, along with Heads Up Baseball 2.0 he wrote in collaboration with long-time friend Tom Hanson. From a mental training perspective, Ken inspired students, athletes, coaches and teams to believe in themselves, take responsibility and ownership for their mental game, and be committed to the process of being the best competitor they can be in the present moment right here, right now.

In writing this memorial to Ken, I couldn’t do it alone, what follows are some reflective comments from AASP colleagues who were close with Ken over the years (affectionately known as the Utopia Group):

**Rich Gordon** - Ken was absolutely the best in our field at being innovative with coaches and athletes. He could give just enough without overstating the message. He was a true pioneer in our field. He came in on the ground floor of applied sport psychology. For 40 years, he was my friend and friends with many. His influence will never fade ... when he was with you, he only cared about you, and you felt it!

**Gloria Balague** - The world is a bit darker without Ken. His kindness, his wisdom, his sense of humor and his honesty were an amazing combination. Ken was probably the original mindfulness practitioner (in the 60’s and 70’s Ken was into Yoga, stress management and relaxation activities brought to athletics) the whole concept of BREATHE was part of his daily orientation with athletes and teams (BE HERE, BE PRESENT, FOLLOW YOUR BREATHE).

**Rick McGuire** - Maybe the best applied practitioner that ever lived and his training was not even in counseling or psychology (philosophy and physical education), he is using the same stuff he learned in the late 60’s and early 70’s - his persona and foundational beliefs resonates with today’s coaches and athletes. He is an educator at heart, truly a coach’s coach!

On a personal note, more than three weeks after his death, words cannot truly convey the hurt I continue to feel (and yes Ken, I know I have to feel the pain to truly understand). But beyond the pain and grief, I am so grateful for Ken’s love, friendship, insight, and inspiration that he provided me. Your spirit and teachings will continue to resonate with me and others for years to come.

Respectfully,
Dave Yukelson, PhD, CMPC
APA CREDITS

APA credits are available to AASP attendees for an additional fee. To obtain APA credits, you must purchase them when you register for the conference. Please note that APA credits are not available for one- or two-day registration. By attending the entire conference, you are eligible to receive up to 18 credits. Additional APA credits are available for continuing education workshops.

To receive credits, you must sign in at the conference registration desk each day, and turn in your evaluation packet at the end of the meeting. You must fill out an evaluation for each session you attend. Certificates of Attendance with the number of credits you received will be emailed to you after the conference. Credits are awarded by the Professional Sport Psychology Group, which is approved by the American Psychological Association to offer continuing education for psychologists.

CMPC CREDIT

The AASP Annual Conference counts for 12 CEUs (3 per day) toward CMPC recertification. In order to claim the credit, turn in your conference registration confirmation email with your recertification materials. You will not receive a separate certificate.

You can earn additional credit by attending the sessions below. In order to claim credit for these, you will be required to sign in, and you will receive a certificate via email after the conference.

If you attend the entire conference, including the three sessions below, you can receive a maximum of 15.5 CEUs.

Required CE Area: Diversity
1.25 CEUs

FEA-03: Diversity and Inclusion within Canadian Sporting Contexts: Contemporary Perspectives
Thursday, October 4, 8:15 am – 9:30 am, Harbour B

Required CE Area: Mentorship/Supervision
1.0 CEUs

WKSP-09: Supervision of Sport Psychology Trainees for a different Era: New Ethical Concerns, Exploring Bias, and Transition from Online to Real World
Thursday, October 4, 11:30 am – 12:30 pm, Harbour C

Required CE Area: Professional Ethics
1.25 CEUs

SYM-14: Maltreatment in Sport: Implications for the Field of Sport Psychology
Saturday, October 6, 8:15 am – 9:30 am, Pier 4

SPEAKER READY ROOM

All speakers delivering computer-based presentations are required to visit the Speaker Ready Room, in Pier 7, to pre-load their presentations based on the schedule below. Since there are over 100 presentations that will be delivered to the Speaker Ready Room over the course of the conference, we ask that you please visit at the prescribed times indicated below so we can assist you appropriately.

Please provide your presentation on a USB drive, and if your presentation contains audio or video, make sure to have a copy of the audio or video source file on your USB.

An AV Tech and/or AASP staff member will be able to assist you with putting you files on a laptop and previewing your presentation. Please note that once your presentation is uploaded in the Speaker Ready Room, you will not be permitted to revise the presentation. Please make all your last-minute changes before coming to the Speaker Ready Room. Once uploaded, your presentation will be available on a PC laptop in your session room in a folder on the desktop named with your session date and time.

If Your Presentation Time Is... Then Your Scheduled Check-In Time Is...

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<th>Wednesday, October 3</th>
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### SPECIAL INTEREST GROUP (SIG) MEETINGS

**Thursday, October 4, 1:30 pm – 2:15 pm**

<table>
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<tr>
<th>Topic</th>
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<tbody>
<tr>
<td>Attendees are welcome to attend any SIG meeting; pre-registration is not required.</td>
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<tr>
<td>Achievement Motivation</td>
<td>Pier 9</td>
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<tr>
<td>Anger &amp; Violence in Sport</td>
<td>Harbour B</td>
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<td>Business Ownership in Sport Psychology</td>
<td>Pier 5</td>
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<td>Clean Sport</td>
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<td>Coaching Science</td>
<td>Wellington</td>
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<td>College/University Counseling Center</td>
<td>Richmond</td>
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<td>Eating Disorders</td>
<td>Pier 8</td>
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<td>Exercise Psychology &amp; Wellness</td>
<td>Harbour A</td>
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<td>Fencing</td>
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<td>Gay, Lesbian, Bisexual, Transgender, and Intersex</td>
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<td>International Olympic Sport Psychology</td>
<td>Regatta</td>
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<td>Media in Sport</td>
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<td>Mental Health</td>
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<td>Military Performance</td>
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<td>Mindfulness</td>
<td>Regatta</td>
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<td>Performance Consulting in Collegiate Sport</td>
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<td>Performance Excellence</td>
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<td>Performance Psychophysiology and Biofeedback</td>
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<td>Positive Psychology for Sport and Exercise</td>
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<td>Positive Youth Development through Physical Activity</td>
<td>Regatta</td>
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<td>Psychology of Sport Injury</td>
<td>Queen’s Quay</td>
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<td>Race &amp; Ethnicity in Sport</td>
<td>Queen’s Quay</td>
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<td>Soccer</td>
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<td>Study and Practice of Supervision</td>
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<td>Teaching Sport &amp; Exercise Psychology</td>
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<td>Youth Sport</td>
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### COMMITTEE & EDITORIAL BOARD MEETINGS

**Thursday, October 4**

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Location</th>
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<tbody>
<tr>
<td>7:00 AM – 8:00 AM</td>
<td>CSSEP Editorial Board</td>
<td>Pier 9</td>
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<tr>
<td>11:30 AM – 12:30 PM</td>
<td>Past Presidents Council</td>
<td>Marine</td>
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<td>TSP Editorial Board</td>
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<td>12:30 PM – 1:00 PM</td>
<td>SIG Coordinators</td>
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<td>12:30 PM – 1:30 PM</td>
<td>Graduate Program Committee</td>
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<td>Leadership Development Committee</td>
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**Friday, October 5**

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<tbody>
<tr>
<td>7:00 AM - 8:00 AM</td>
<td>Diversity Committee</td>
<td>Queen’s Quay 1</td>
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<td>Ethics Committee</td>
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<td>Sport Psychology Council</td>
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<td>11:30 AM – 12:30 PM</td>
<td>JCSP Editorial Board</td>
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<td>JASP Editorial Board</td>
<td>Queen’s Quay 1</td>
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<td>12:30 PM – 1:30 PM</td>
<td>Community Outreach Committee</td>
<td>Wellington</td>
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<td>Continuing Education Committee</td>
<td>Pier 8</td>
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<td>Foundation Committee</td>
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<td>Newsletter Committee</td>
<td>Richmond</td>
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<td>Science to Practice</td>
<td>Pier 5</td>
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<td>Student Development Committee</td>
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<td>1:00 PM – 1:45 PM</td>
<td>JSPA Editorial Board</td>
<td>Queen’s Quay 2</td>
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### FULL CONFERENCE SCHEDULE

#### WEDNESDAY, OCTOBER 3

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<tr>
<th>Time</th>
<th>Location</th>
<th>Session Description</th>
<th>Speakers</th>
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<tr>
<td>9:00 AM – 12:00 PM</td>
<td>Pier 4</td>
<td><strong>CE Workshop: A Diversity Committee Sponsored Panel on Critical and Cultural Sport Psychology Consulting Practices</strong>&lt;br&gt;Rebecca Busanich, St. Catherine University, USA; Tanya Prewitt-White, University of Illinois-Chicago, USA; Robert Schinke, Laurentian University, Canada; Shannon Baird, Performance Center/AFSC, USA</td>
<td>Pre-registration required; additional fee Approved for 3.0 CMPC CEUs</td>
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<tr>
<td>9:00 AM – 12:00 PM</td>
<td>Pier 5</td>
<td><strong>CE Workshop: Mentorship and Supervision in Applied Sport Psychology Training: Strategies to Promote Student Competence</strong>&lt;br&gt;Sarah Castillo, National University, USA; Doug Barba, National University, USA; Traci Statler, Cal State Fullerton, USA; Kristen Diefenbach, West Virginia University, USA</td>
<td>Pre-registration required; additional fee Approved for 3.0 CMPC CEUs</td>
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<td>1:00 PM – 2:00 PM</td>
<td>Harbour A</td>
<td><strong>PAN-01: Collaboration, Mentoring and Professional Development for Olympic Sport Psychology Consultants</strong>&lt;br&gt;Karen Cogan, USOC, USA; Alexander Cohen, United States Olympic Committee, USA; Carlin Anderson, Premier Sport Psychology, PLLC, USA; Christopher Bader, University of Colorado-Boulder, USA; Sara Mitchell, United States Olympic Committee, USA; Jamie Shapiro, University of Denver, USA</td>
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<td>1:00 PM – 2:00 PM</td>
<td>Harbour B</td>
<td><strong>PAN-02: Integrating Sport Psychology into Military Competition Team Training</strong>&lt;br&gt;Justin Foster, The Excelling Edge, USA; Brett Sandwick, Elite Mentality, USA; Steven Cohen, Comprehensive Soldier and Family Fitness (CSF2), USA; Adam Skoranski, DCS, USA; Brad Baumgardner, AFSC, USA</td>
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<td>1:00 PM – 2:00 PM</td>
<td>Harbour C</td>
<td><strong>PAN-03: Technology for Assessing and or Training Perceptual-Cognitive Abilities in Athletes</strong>&lt;br&gt;Leonard Zaichkowsky, Private Practice, USA; Scott Goldman, University of Michigan, USA; Melissa Hunfalvy, RightEye, LLC, USA; Vincent Lodato, National Sports Performance Institute, USA</td>
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<td>1:00 PM – 2:00 PM</td>
<td>Pier 2/3</td>
<td><strong>WKSP-01: Coaching the Coaches: An Approach for Sport Psychology Practitioners to Help Coaches Move from Leadership Identification to Leadership Development</strong>&lt;br&gt;Jason Mead, Waubonsie Valley High School, USA; Scott Pierce, Illinois State University, USA; Jedediah Blanton, University of Tennessee, USA; Todd Gilson, Northern Illinois University, USA; Kylee Ault, University of Tennessee, USA</td>
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<td>1:00 PM – 2:00 PM</td>
<td>Pier 4</td>
<td><strong>LEC-01: Consulting &amp; Interventions</strong>&lt;br&gt;<strong>LEC-01A: The CARE-Project: Empowering Athletes to Form Better Relationships with Their Coaches</strong>&lt;br&gt;Sophia Jowett, Loughborough University, UK; Svenja Wachsmuth, Eberhard Karls University, UK; Chris Harwood, Loughborough University, UK; Xinmiao Zhong, Loughborough University, UK</td>
<td><strong>LEC-01B: Neurofeedback Training Enhances Ice-Hockey Shooting Performance</strong>&lt;br&gt;Sommer Christie, University of Calgary, Canada; Maurizio Bertollo, G.d’Annunzio University of Chieti-Pescara, Italy; Penny Werthner, University of Calgary, Canada</td>
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<td>1:00 PM – 2:00 PM</td>
<td>Pier 5</td>
<td><strong>WKSP-02: Brief Interventions to Manage the Mind Chatter: A Practitioner’s Acceptance-based Approach to Managing Doubts in Competition</strong>&lt;br&gt;Mitchell Greene, USA</td>
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1:00 PM – 2:00 PM  Regatta

LEC-02: Mental Health

LEC-02A: Mental Health First Aid (MHFA) for the UK Armed Forces
Diane Crone, University of Gloucestershire, UK; Mustafa Sarkar, Nottingham Trent University, UK; Elizabeth Loughren, University of Gloucestershire, UK; Thomas Curran, University of Bath, UK; Colin Baker, University of Gloucestershire, UK; Denise Hill, Swansea University, UK; Tabitha Dickson, University of Gloucestershire, UK; Andrew Parker, University of Gloucestershire, UK

LEC-02B: Crossing the Boundary Line: Understanding Identity and Overconformity in Collegiate Volleyball Players
Ashley Coker-Cranney, West Virginia University / MindRight Performance Consulting, LLC, USA; Jack Watson II, West Virginia University, USA

LEC-02C: A Longitudinal Examination of Mental Health and Well-Being of Individuals Working in Performance Sport
Brendan Cropley, University of South Wales, UK; Paul Sellars, Cardiff Metropolitan University, UK; Stephen Mellalieu, Cardiff Metropolitan University, UK; Rich Neil, Cardiff Metropolitan University, UK; Christopher Wagstaff, University of Portsmouth, UK; Ross Wadey, St. Mary’s University, Twickenham, UK

2:15 PM – 3:30 PM  Harbour C

SYM-01: Know Before You Go: Assessment in Sport Psych Consulting
Erin Haugen, Assessment and Therapy Associates of Grand Forks, PLLC, USA; Tim Herzig, Reaching Ahead Counseling and Mental Performance, USA; Graig Chow, Florida State University, USA; Brandon Orr, University of Missouri, USA

SYM-02: Teaching Personal and Social Responsibility: A Framework That Can Be Used Across a Variety of Sport and Physical Activity Contexts
John McCarthy, Boston University, USA; Val Altieri, Jr., Boston University, USA; Meredith Whitley, Adelphi University, USA; Laura Hayden, University of Massachusetts Boston, USA; Courtney Hess, University of Massachusetts Boston, USA; Cristina Fink, High Performance Sports, Philadelphia Union, USA; Fritz Ettl, Butler University, USA

2:15 PM – 3:30 PM  Pier 2/3

WKSP-03: Uncomfortable Silence: An Open Discussion About Microaggressions in Sport and the Tools Necessary to Address Them
Leeja Carter, Long Island University - Brooklyn, USA; Carlos Davila, Long Island University-Brooklyn, USA

2:15 PM – 3:30 PM  Harbour B

PAN-04: From the Ponds to the NHL: Consultant Experiences of Working with Hockey Players from Elite Junior to Professional Levels in the United States and Canada
Stephen Gonzalez, The College at Brockport, State University of New York, USA; Aimee Kimball, KPEX Consulting, USA; Ashwin Patel, Humber College, Canada; Adam Naylor, Boston University/Telos SPC, USA; John Stevenson, Zone Performance Psychology, Canada

2:15 PM – 3:30 PM  Pier 4

WKSP-04: Trauma Informed Care: A Framework For Understanding and Addressing Trauma and Its Impact on Athletes
Liz Holthaus, James Madison University, USA; Christian Hasse, James Madison University, USA; Anne Stewart, James Madison University, USA

2:15 PM – 3:30 PM  Pier 5

WKSP-05: From Resistance to Resilience: Helping Athletes Make Positive Change
Fred Hanna, Adler University, USA; Russ Flaten, SAIC, USA
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<tr>
<th>Time</th>
<th>Location</th>
<th>Session Name</th>
<th>Presenters</th>
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<tr>
<td>3:45 PM – 5:00 PM</td>
<td>Harbour A</td>
<td>LEC-04: Professional Issues &amp; Ethics</td>
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<td>LEC-04A: Ignoring the Elephant in the Room:</td>
<td>Jessica Woods, SAIC/ARMY, USA</td>
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<td>The “Me Too” Movement of Sexual Abuse in Sport</td>
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<td>LEC-04B: “I Never Wanted to Ask, But Congrats</td>
<td>Lee-Ann Sharp, University of Ulster, UK</td>
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<td>on the Bump;&quot; Applied Sport Psychology</td>
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<td>Practice Whilst Pregnant</td>
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<td>LEC-04C: The Pursuit of Clean Sport</td>
<td>Lennie Waite, Waite Performance Strategies LLC, USA;</td>
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<td>Kelsey Erickson, Leeds Beckett University, UK</td>
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<td>LEC-04D: “The Making of the Secrets”:</td>
<td>Jenny Conviser, Ascend Consultation in Health Care, USA</td>
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<td>Understanding Patterns of Disclosure and Non-</td>
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<td>Dislosure of Abuse and Harassment Among Athletes</td>
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<td>3:45 PM – 5:00 PM</td>
<td>Harbour B</td>
<td>PAN-05: Smocks and Jocks: Incorporating the</td>
<td>Erin Reifsteck, University of North Carolina at Greensboro, USA;</td>
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<td>Scientist-Practitioner Model in Applied Sport</td>
<td>Mustafa Sarkar, Nottingham Trent University, UK;</td>
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<td>Psychology Research and Practice</td>
<td>Kimberly Fasczewski, Appalachian State University, USA;</td>
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<td>Peter Olusoga, Sheffield Hallam University, UK;</td>
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<td>Nick Galli, University of Utah, USA;</td>
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<td>Moe Machida-Kosuga, Osaka University of Health and Sport Sciences, Japan;</td>
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<td>Diane Gill, UNCG, USA</td>
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<td>3:45 PM – 5:00 PM</td>
<td>Harbour C</td>
<td>PAN-06: Serving the Spirit in Applied Sport and</td>
<td>Robert Owens, University of Western States, USA;</td>
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<td>Exercise Psychology Settings - Beyond the</td>
<td>Christopher Stanley, Florida State University, USA;</td>
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<td>‘Performance or Care’ Debate: An Interdisciplinary</td>
<td>Kenssa Gunter, Gunter Psychological Services, LLC, USA;</td>
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<td>Panel of Sport Psychology and Sport Chaplain</td>
<td>Leslee Fisher, University of Tennessee, USA;</td>
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<td>Practitioners</td>
<td>David Wells, Director of Sports Chaplaincy Canada;</td>
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<td>Sarah Bonikowsky-Chaudhery, VHA Rehab Solutions – former Olympian, Canada;</td>
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<td>Greg Bailey, Retired Military Chaplain, Canada;</td>
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<td>Imam Imran Ally, Police Chaplain, Peel Police, Canada</td>
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<td>Lennie Waite, Waite Performance Strategies LLC, USA;</td>
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<td>Diane Gill, UNCG, USA</td>
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<td>3:45 PM – 5:00 PM</td>
<td>Pier 2/3</td>
<td>SYM-03: One Case, Four Approaches: Exploring</td>
<td>Dolores Christensen, University of Oklahoma, USA;</td>
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<td>Diverse Styles in Applied Sport Psychology</td>
<td>Rachel Walker, University of Delaware, USA;</td>
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<td>Consulting</td>
<td>Adrian Ferrera, University of Washington, USA;</td>
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<td>Erica Beachy, Becker College, USA;</td>
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<td>Ryan Sappington, University of Maryland at College Park, USA</td>
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<td>3:45 PM – 5:00 PM</td>
<td>Pier 4</td>
<td>FEA-01: 5 Slides in 5 Minutes: Engaging</td>
<td>Amber Shipherd, Texas A&amp;M University - Kingsville / Next Level Mind</td>
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<td>Education in Sport &amp; Exercise Psychology</td>
<td>Consulting, USA;</td>
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<td>Noah Gentner, Humber College, Canada;</td>
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<td>Peter Kadoshin, Western State Colorado University, USA;</td>
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<td>Tanya Prewitt-White, University of Illinois-Chicago, USA;</td>
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<td>Sarah Carson Sacket, James Madison University, USA;</td>
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<td>Brandonn Harris, Georgia Southern University, USA;</td>
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<td>3:45 PM – 5:00 PM</td>
<td>Pier 5</td>
<td>WKSP-06: Dialectical Behavior Therapy for</td>
<td>Miriam Rowan, Amplify Wellness + Performance, USA;</td>
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<td>Athletes</td>
<td>Catherine Drury, The Actors Fund, USA</td>
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<td>3:45 PM – 5:00 PM</td>
<td>Regatta</td>
<td>LEC-05: Coaching</td>
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<td>LEC-05A: “It Was Not a Matter of Acceptance”:</td>
<td>Lauren McHenry, University of Tennessee, USA;</td>
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<td>A Qualitative Exploration of Unconditional</td>
<td>Jeff Cochran, University of Tennessee, USA;</td>
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<td>Positive Regard and its Opposite Constructs in</td>
<td>Rebecca Zakrjaske, University of Tennessee, USA;</td>
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<td>Coach-Athlete Relationships</td>
<td>Leslee Fisher, University of Tennessee, USA;</td>
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<td>LEC-05B: A Systematic Review of the Psychosocial</td>
<td>Gillian Cook, Loughborough University, UK;</td>
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<td>Aspects of Olympic Coaching</td>
<td>David Fletcher, Loughborough University, UK;</td>
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<td>Christopher Carroll, University of Sheffield, UK</td>
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KEYNOTE PRESENTATION
Overpromise & Under Deliver: The Story of Organized Sport
John Amaechi OBE, Organisational Psychologist, Chartered Scientist, and New York Times Best-Selling Author, UK

7:00 PM – 9:00 PM Frontenac
Opening Reception

THURSDAY, OCTOBER 4

7:00 AM – 8:15 AM Frontenac
CMPC Breakfast
Open only to current CMPCs.

8:15 AM – 9:30 AM Frontenac
FEA-02: Case Studies for Certified Mental Performance Consultants (CMPC)
Phillip Post, New Mexico State University, USA; Greg Young, James Madison University, USA

8:15 AM – 9:30 AM Harbour A
PAN-07: Set Fees with Ease: Exploring the Process
Tim Herzog, Reaching Ahead Counseling and Mental Performance, USA; Jim Taylor, Dr. Jim Taylor, USA; Kaimare Laird, The Performance Pursuit, USA

8:15 AM – 9:30 AM Harbour B
FEA-03: Diversity and Inclusion within Canadian Sporting Contexts: Contemporary Perspectives
Robert Schinke, Laurentian University, Canada; Janelle Joseph, University of Toronto, Canada; Caroline Fusco, University of Toronto, Canada

This session is eligible for 1.25 CEUs in the area of Diversity for CMPCs. To claim these credits, be sure to sign in at the session. A certificate will be emailed to you after the conference.
**LEC-06D: Gaining Entry and Creating a Lasting Positive Youth Sport Experience in an Elite Adolescent Gymnastics Club: First Experiences of a Consultant Working Alongside an Established Professional**

Rebecca Lawler, Lawler Sport and Performance Consulting LLC, USA; James Winges, Titan Sport Performance, USA

8:15 AM – 9:30 AM

**SYM-04: Signature Practices for Performance Excellence: Four Experts and Four Key Practices 2018**

Elizabeth Shoenfelt, Western Kentucky University, USA; Sebastian Brueckner, Muenster University, Germany; Goran Kentta, The Swedish School of Sport and Health Science, Sweden; Stiliani “Ani” Chroni, Inland Norway School of Sport Sciences, Norway

8:15 AM – 9:30 AM

**LEC-06: Youth Sport**

**LEC-06A: Life Skills Transfer in Sport and Physical Activity Research: A Systematic Review**

Élise Marsollier, Département d’éducation physique, Université Laval Québec, Canada; Christiane Trottier, Université Laval, Canada; Audet Olivier, Département de kinésiologie, Faculté de médecine, Université Laval, Canada; Marie-Denise Lavoie, Université Laval, Canada; Stéphanie Gagnon, Département d’éducation physique Université Laval, Canada; Camille Sabourin, Département d’éducation physique Université Laval, Canada; Roxane Carrière, Département d’éducation physique Université Laval, Canada; Marie-Christine Chartier, Département d’éducation physique Université Laval, Canada; Martin Camiré, University of Ottawa, Canada; Claude Goulet, Département d’éducation physique Université Laval, Canada

8:15 AM – 9:30 AM

**LEC-06B: Challenges and Strategies for Working with Generation Z Athletes**

Jennifer Nalepa, Michigan State University, USA; Daniel Gould, Michigan State University, USA; Michael Mignano, Michigan State University, USA; Nicholas Henry, Michigan State University, USA

8:15 AM – 9:30 AM

**LEC-06C: Use and Reinforcement of Strategies within a Youth Psychological Skills Training Program**

E. Earlyn Lauer, Western Illinois University, USA; Rebecca Zakrjasz, University of Tennessee, USA; Larry Lauer, USTA Player Development, USA

8:15 AM – 9:30 AM

**WKSP-07: Athlete Intakes and Sports Concussion: From A to Zinger**

Joe Mannion, Pepperdine University, USA

8:15 AM – 9:30 AM

**SYM-05: Non-Conscious Influences During Exercise: An Examination of Priming Effects**

Jasmin Hutchinson, Springfield College, USA; Adam Feit, Springfield College, USA; Suzanne Pottratz, East Central University, USA; Elizabeth Mullin, Springfield College, USA; Sam Santich, Springfield College, USA; Zack Zenko, Duke University, USA; Paul Dalton, Springfield College, USA; Robert Mendoza, Springfield College, USA; Kenneth Andoll, Springfield College, USA

8:15 AM – 9:30 AM

**PAN-08: Immersive Teambuilding: From Activities to Action**

Shawn Zeplin, Auburn University, USA; Cody Commander, University of Oklahoma Athletics Dept, USA; Brett Haskell, University of Nebraska Athletics, USA

9:00 AM – 7:00 PM

Poster Viewing

9:30 AM – 4:00 PM

Exhibits Open
KEYNOTE SESSION

Awards & Recognition
Distinguished Professional Practice Award
Burt Giges, Springfield College, USA

Student Diversity Award
Ryan Sappington, University of Maryland, USA

Student Diversity Conference Travel Grants

Outgoing Board Recognition
Todd Gilson, Kristen Dieffenbach, Joanna Foss

KEYNOTE PRESENTATION

The Culture Shift: Developing a High-Performing Team within a Complex Environment
Mark Shapiro, Toronto Blue Jays President & CEO

11:30 AM – 12:30 PM Harbour A

WKSP-08: Making the Most of Our Time: Applied Considerations and Brief Contact Interventions in Time-Limited Sport Contexts
Christopher Stanley, Florida State University, USA;
Nohelani Lawrence, University of Southern California, USA;
Lennie Waite, Waite Performance Strategies LLC, USA;
Stacey Alvarez-Alvarado, Florida State University, USA

11:30 AM – 12:30 PM Harbour B

SYM-06: Intersectionality of Sociocultural Identities in the Context of Sport: The Practitioner’s Model for Values-Based Perspectives to Enhance Provider-Client Alliance
Angel Brutus, Synergistic Solutions, LLC, USA;
Leeja Carter, Long Island University - Brooklyn, USA;
Hannah Bennett, Augusta University, USA;
Mustafa Sarkar, Nottingham Trent University, UK;
Shameema Yousuf, Empower2Perform, UK

11:30 AM – 12:30 PM Harbour C

WKSP-09: Supervision of Sport Psychology Trainees for a Different Era: New Ethical Concerns, Exploring Bias, and Transition from Online to Real World
Michelle Bartlett, West Texas A & M University, USA;
Megan Byrd, John F Kennedy University, USA;
Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA

This session is eligible for 1.0 CEUs in the area of Mentoring/Supervision for CMPCs. To claim these credits, be sure to sign in at the session. A certificate will be emailed to you after the conference.
11:30 AM – 12:30 PM  Pier 4

**LEC-08: Female Athletes**

**LEC-08A: Exploring Coaches’ Views of Body Ideal Expectations for Female Athletes in Aesthetic Sports**
Katherine Fairhurst, West Virginia University, USA; Dana Voelker, West Virginia University, USA

**LEC-08B: “My Body Loves Me, So I Should Love It Back” – Female Collegiate Athletes’ Qualitative Evaluation of the Bodies in Motion Program**
Dana Voelker, West Virginia University, USA; Trent Petrie, University of North Texas, USA

**LEC-08C: She Hits Hard: Exploring the Impact of a Female Boxing Program on Body Empowerment**
Jenn Jacobs, Northern Illinois University, USA; Karisa Fueniss, Northern Illinois University, USA

11:30 AM – 12:30 PM  Pier 5

**FEA-04: Getting Published in the Journal of Applied Sport Psychology (JASP), Journal of Sport Psychology in Action (USPA), and Case Studies in Sport and Exercise Psychology (CSSEP)**
Stephen Mellalieu, Cardiff Metropolitan University, UK; Ian Maynard, University of Essex, UK; Stewart Cotterill, AECC University College, UK

11:30 AM – 12:30 PM  Regatta

**WKSP-10: Developing a Personal Meditation Practice That Enhances Your Mindfulness Teaching Practices for Clients**
Adam ONeil, Pinnacle Performance Psychology, USA; Jessica Bartley, University of Denver, USA; Nicole Davis, Compete to Create, USA; Robert Diehl, Boston University, USA; Trevor Cote, Boston University, USA

11:30 AM – 12:30 PM  Queens Quay

**WKSP-24: Preparing for Transition: Implementing the Student-Athlete Retirement Program (SARP) within a Collegiate Athletic Department**
Joanne Perry, UNC Charlotte, USA; Ashley Hansen, Saint Louis University, USA; Taylor Montgomery, Saint Louis University, USA; Michael Ross, Saint Louis University, USA; Jeffrey Shulze, Saint Louis University, USA

12:30 PM – 1:30 PM  Pier 4

**LEC-03: Collegiate Sport**

**LEC-03A: Are Smartphones Making Varsity Athletes Smarter When it Comes to Optimizing Their Learning, Performance, and Well-Being?**
Poppy DesClouds, University of Ottawa, Canada; Natalie Durand-Bush, University of Ottawa, Canada

**LEC-03B: Academics vs. Athletics: Examining Differences in Domain-Specific Perfectionism between “Excelling” Student-Athletes and Their Teammates**
Zachary McCarver, Ithaca College, USA; Sebastian Harenberg, Ithaca College, USA; Justine Vosloo, Ithaca College, USA

**LEC-03C: Mindful Sport Performance Enhancement (MSPE) with Collegiate Sports Teams: Assessing the FAME Profile**
Timothy Pineau, Marymount University, USA; Carol Glass, The Catholic University of America, USA; Keith Kaufman, Keith A. Kaufman, Ph.D., PLLC, USA

**LEC-03D: Examining Psychological Stress and Coping Perceptions as Predictors of Athlete Engagement**
J.D. DeFreese, University of North Carolina, USA; Nikki Barczak, University of North Carolina at Chapel Hill, USA; Johna Register-Mihalik, University of North Carolina at Chapel Hill, USA; Emily Kroshus, University of Washington, USA

12:30 PM – 2:00 PM  Marine

**Past Presidents Luncheon (invitation only)**

1:30 PM – 2:15 PM  Pier 4

**Special Interest Group (SIG) Meetings**
See page 9 for complete list of groups and room assignments.

SIG meetings are open to all attendees.

2:30 PM – 3:45 PM  Queens Quay

**LEC-03A: Are Smartphones Making Varsity Athletes Smarter When it Comes to Optimizing Their Learning, Performance, and Well-Being?**
Poppy DesClouds, University of Ottawa, Canada; Natalie Durand-Bush, University of Ottawa, Canada

**LEC-03B: Academics vs. Athletics: Examining Differences in Domain-Specific Perfectionism between “Excelling” Student-Athletes and Their Teammates**
Zachary McCarver, Ithaca College, USA; Sebastian Harenberg, Ithaca College, USA; Justine Vosloo, Ithaca College, USA

**LEC-03C: Mindful Sport Performance Enhancement (MSPE) with Collegiate Sports Teams: Assessing the FAME Profile**
Timothy Pineau, Marymount University, USA; Carol Glass, The Catholic University of America, USA; Keith Kaufman, Keith A. Kaufman, Ph.D., PLLC, USA

**LEC-03D: Examining Psychological Stress and Coping Perceptions as Predictors of Athlete Engagement**
J.D. DeFreese, University of North Carolina, USA; Nikki Barczak, University of North Carolina at Chapel Hill, USA; Johna Register-Mihalik, University of North Carolina at Chapel Hill, USA; Emily Kroshus, University of Washington, USA
2:30 PM – 3:45 PM  Harbour B

FEA-06: Student Workshop: Beginning Stages of Starting an Applied Consulting Business
Cindra Kamphoff, Private Practice & Minnesota State University, USA;
Tim Herzog, Reaching Ahead Counseling and Mental Performance, USA

2:30 PM – 3:45 PM  Harbour C

SYM-07: Specialized Mental Health Care Service Provision for Canadian Athletes and Coaches
Natalie Durand-Bush, University of Ottawa, Canada;
Kylie McNeill, University of Ottawa, Canada;
Pierre-Nicolas Lemyre, Norwegian School of Sport Sciences, Norway;
Carla Edwards, McMaster University/ Synergy Sport + Mental Health, Canada;
Krista Van Slingerland, University of Ottawa, Canada

2:30 PM – 3:45 PM  Pier 2/3

WKSP-11: Application of Physiological Monitoring to Guide Sport Psychology Consulting with Elite Tactical Populations
Sam Whalen, IMG Academy, USA;
Seth Haselhuhn, Booz Allen Hamilton, USA

2:30 PM – 3:45 PM  Pier 4

WKSP-12: How to Effectively Intervene with Cyber-Bullying in Youth Team Sports
Charlotte Raue, University of Muenster, Germany;
Sydney Querfurth, WWU Münster, Germany;
Sebastian Brueckner, Muenster University, Germany;
Michael Zito, Morristown Clinical and Sport Psychology, USA

2:30 PM – 3:45 PM  Pier 5

LEC-09: Elite/Pro Sport

LEC-09A: “If-Then” Plans: A Simple Tool for Improving Anticipation Performance in Team Handball Goalkeeping?
Oliver Höner, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany;
Alexander Schurr, University of Tübingen, Germany;
Florian Schultz, University of Tübingen, Germany

LEC-09B: Sport Psychology Consultants’ Role in Helping Professional Athletes Cope with Experiences of Public Shaming on Social Media
Ellen MacPherson, University of Toronto, Canada;
Gretchen Kerr, University of Toronto, Canada

LEC-09C: An Exploration into the Cognitive Component of Elite High Jumpers’ Pre-Performance Routines
Thomas Gretton, Ball State University, USA;
Ali S. Kanan, Ball State University, USA;
Lindsey Blom, Ball State University, USA

LEC-09D: Supporting Leadership Strategies During Briefing: Evidence from Elite Team Sports
Anne-Claire Macquet, INSEP, France;
Marie Le Menn, Paris-Descartes University, INSEP, France;
Neville Stanton, University of Southampton, UK

(LContinued next page)
FRIDAY, OCTOBER 5

<table>
<thead>
<tr>
<th>7:00 AM – 8:00 AM</th>
<th>Committee Meetings</th>
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<td>See page 9 for complete committee listing with room assignments.</td>
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<tr>
<th>8:15 AM – 9:30 AM</th>
<th>Harbour A</th>
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<tbody>
<tr>
<td>SYM-08: Getting Your Head Back in the Game: From Evaluation to Psychological Readiness following Sport-related Concussion</td>
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<tr>
<td>Anthony Kontos, University of Pittsburgh/Dept of Orthop, USA; Jeff Caron, Yale University, USA; Les Podlog, University of Utah, USA; Gordon Bloom, McGill University, Canada</td>
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<tr>
<th>8:15 AM – 9:30 AM</th>
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<tr>
<td>SYM-09: Optimizing Organizational Functioning in High-Performance Sport: Research and Practitioner Recommendations from Five National Perspectives</td>
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<tr>
<td>James Rumbold, Sheffield Hallam University, UK; Mark Eys, Wilfrid Laurier University, Canada; Frank Abrahamsen, Norwegian School of Sport Sciences, a Specialized University, Norway; Goran Kentta, The Swedish School of Sport and Health Science, Sweden; Joanne Butt, Sheffield Hallam University, UK; Shelby Carr, Sheffield Hallam University, UK; Peter Olusoga, Sheffield Hallam University, UK; Mark Surya, Wilfrid Laurier University, Canada; Karen Cogan, USOC, USA; Kristen Dieffenbach, WVU - Athletic Coaching Ed, USA</td>
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<th>2:30 PM – 3:45 PM</th>
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<tr>
<td>LEC-10: Collegiate Sport II (Continued from page 17)</td>
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<tr>
<td>LEC-10C: Through the Eyes of a Coach: A Qualitative Investigation of NCAA Coaches and their Perspectives on Adversities, Resilient Characteristics, and Strategies to Build Resilience In Athletes</td>
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<td>Stephen Gonzalez, The College at Brockport, State University of New York, USA; Nick Galli, University of Utah, USA</td>
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<tr>
<td>LEC-10D: Gender Differences in NCAA Sport Coaching: An exploration of Passion, Perfectionism, and Leadership Behaviors.</td>
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<td>Shelby Anderson, Ithaca College, USA; Justine Vosloo, Ithaca College, USA; Sebastian Harenberg, Ithaca College, USA</td>
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<th>4:00 PM – 5:30 PM</th>
<th>Metropolitan Centre</th>
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<td>Graduate Program &amp; Career Fair</td>
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<th>5:30 PM – 7:00 PM</th>
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<tr>
<td>Poster Session I</td>
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<th>6:00 PM – 7:30 PM</th>
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<td>Fellows Meeting</td>
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<th>6:00 PM – 9:00 PM</th>
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<tr>
<td>CE Workshop: Managing Decision-Making Dilemmas: Navigating Your Ethical Expeditions</td>
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<tr>
<td>Dolores Christensen, University of Oklahoma, USA; Erica Beachy, Becker College, USA; Rachel Walker, University of Delaware, USA</td>
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<td>Pre-registration required; additional fee Approved for 3.0 CMPC CEUs</td>
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<td>CE Workshop: Upping Our Game: Enhancing Supervision and Mentoring in Sport Psychology</td>
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<tr>
<td>Jana Fogaca, University of Wisconsin – Green Bay, USA; Gily Meir, USA; Lauren Tashman, Align Performance, LLC, USA</td>
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<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session Description</th>
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| 8:15 AM – 9:30 AM | Pier 2/3 | **WKSP-13: In the Trenches: Building and Implementing a Mental Skills Training Program for ROTC Cadets**
Morgan Eckenrod, University of Tennessee, USA; Matthew Jones, University of Tennessee, Knoxville, USA; Danielle DeLisio, University of Tennessee, USA; Jared Crain, University of Tennessee, USA; Rebecca Zakrajsek, University of Tennessee, USA |
| 8:15 AM – 9:30 AM | Pier 4   | **PAN-10: Integrating Applied Sport Psychology into Collegiate Athletics: Lessons Learned and Future Directions**
Brian Zuleger, Adams State University, USA; Scotta Morton, University of Missouri, USA; Jeff Coleman, West Point, USA; Vanessa Shannon, University of Louisville Athletics/ Norton Sports Health, USA; Katherine McLean, University of Notre Dame, USA; Nathaniel Zinsser, United States Military, USA Academy |
| 8:15 AM – 9:30 AM | Pier 5   | **WKSP-14: Psychological Skills Training in Youth Soccer: A Station-Based Approach**
Teresa Fletcher, Adler University, USA; Felix Yu, Adler University, USA; Carol Melso, Adler University, USA; Alan Masline, Adler University, USA; Alex Wulbecker, Adler University, USA; Jarrod Juskiewicz, Adler University, USA |
| 8:15 AM – 9:30 AM | Regatta  | **WKSP-15: Coaching Athletes From Their Seat to Their Feet: Implications of Constraints-Based Coaching for Mental Performance Consultants**
Zach Brandon, IMG Academy, USA; Christian Smith, IMG Academy, USA; Lindsey Hamilton, IMG Academy, USA |
| 9:00 AM – 7:00 PM | Metropolitan East | **Poster Viewing** |
| 9:00 AM – 3:00 PM | Harbour Foyer | **Exhibits Open** |
| 9:45 AM – 11:00 am | Metropolitan Centre | **KEYNOTE SESSION**
**Awards & Recognition**
**Distinguished Doctoral Student Practice**
Zenzi Huysmans, West Virginia University, USA
**Distinguished Master's Student Practice Award**
Mason Blake, University of Denver
**Distinguished Mentor Award**
Kate F. Hays, The Performing Edge
**Conference Student Travel Awards & Young Researcher Award**
**Sharing Knowledge Award**
Hayley Perleman, Illinois Institute of Technology
**KEYNOTE PRESENTATION**
**Interview with Eric Lindros, Hockey Hall of Famer**
Moderated by Katy Tran Turner, Buffalo Sabres/ Buffalo Bills, USA
**Presentation of Performance Excellence Award**
**PAN-11: What Grad School Couldn’t Teach Me – Making the Transition from Student to an Early Career Professional**
Mark Aoyagi, University of Denver, USA; Jessica Bartley, University of Denver, USA; Nicholas Bartley, IMG Academy - USASOC, USA; Nohelani Lawrence, University of Southern California, USA; Shawn Zeplin, Auburn University, USA |
| 11:30 AM – 12:30 PM | Harbour A  | **WKSP-16: Let's Talk About Suicide: Knowing the Signs, Risk Factors, and Best Practices for Addressing Athlete Well-Being**
Angel Brutus, Synergistic Solutions, LLC, USA; Rachelle Scott, Research Foundation CUNY, USA; Mitchell Abrams, Learned Excellence for Athletes, USA |
| 11:30 AM – 12:30 PM | Harbour B  | **WKSP-17: Incorporating Game-Based Student Response Systems – Like Kahoot, Socrative and Quizlet – to Enhance Sport and Exercise Psychology Learning in the Classroom**
Ashwin Patel, Humber College, Canada; Greg Young, James Madison University, USA; Noah Gentner, Humber College, Canada |
11:30 AM – 12:30 PM  Metropolitan Centre

**FEA-07: Developing Personal and Team Resilience in Elite Sport: Research to Practice**
Mustafa Sarkar, Nottingham Trent University, UK;
Peter Habert, USOC, USA;
Duncan Simpson, IMG Academy, USA;
Cindra Kamphoff, Private Practice & Minnesota State University, USA;
Göran Kentta, The Swedish School of Sport and Health Science, Sweden

11:30 AM – 12:30 PM  Pier 2/3

**SYM-11: Sociocultural Aspects of Sport Injury and Recovery**
Diane Wiese-Bjornstal, University of Minnesota, USA;
Francesca Principe, University of Minnesota, USA;
Kristin Wood, University of Minnesota, Minneapolis, USA

11:30 AM – 12:30 PM  Pier 4

**PAN-12: Addressing Stigma in Sport for the College Athlete: A Multicultural Lens**
Michele Mahr, California State University-Sacramento, USA;
Lindsey Greviskes, University of Wisconsin-Whitewater, USA;
Alina Cisneros, Piece of Mind: Peak Performance Consulting Sport, USA

11:30 AM – 12:30 PM  Pier 5

**LEC-11: Youth Sport II**

**LEC-11A: Positive Peace Indicators in Liberia: Youth: Effectiveness of Sport for Development Programming**
Lindsey Blom, Ball State University;
Mariah Sullivan, Ball State University;
Anna Farello, Ball State University;
Jorge Ballesteros, Arizona State University

**LEC-11B: Making Evidence-Informed Decisions to Promote Life Skills Development: The Case of Golf Canada**
Sara Kramers, University of Ottawa, Canada;
Adam Hunter, Golf Canada, Canada;
Corliss Bean, the University of British Columbia, Canada;
Martin Camiré, University of Ottawa, Canada

11:30 AM – 12:30 PM  Regatta

**SYM-12: Insights from Case Study Examples on Successful Stimulation of Knowledge Implementation: Helping Canadian High Performance Athletes Through Evidence-Based Research**
Sharleen Hoar, Canadian Sport Institute-Pacific, Canada;
Bradley Young, University of Ottawa, Canada;
Joe Baker, York University, Canada;
Mike Frogley, Wheelchair Basketball Canada;
Rafael Tedesqui, University of Ottawa, Canada;
Lindsay McCardle, University of Ottawa, Canada

12:30 PM – 1:30 PM  Marine

**Meet the Professionals Luncheon**
Ticket required; event sold out.

12:30 PM – 1:30 PM  Committee Meetings
See page 9 for complete committee listing with room assignments.

1:45 PM – 2:45 PM  Harbour A

**SYM-13: Enhancing Practitioner Effectiveness: Strategies for Developing, Implementing, and Evaluating Sport Psychology Interventions**
Graig Chow, Florida State University, USA;
Duncan Simpson, IMG Academy, USA;
Eric Bean, HigherEchelon, INC, USA

1:45 PM – 2:45 PM  Harbour B

**WKSP-18: Don’t Throw Gas on the Fire: Emotional Control for Coaches**
John McCarthy, Boston University, USA;
Val Altieri, Jr., Boston University, USA;
Robert DiBernardo, Boston University, USA;
Robert Diehl, Boston University, USA;
Fritz Ettl, Butler University, USA;
Frank Perry, Boston University, USA
1:45 PM – 2:45 PM  Harbour C

**FEA-08: Becoming a Certified Mental Performance Consultant (CMPC): Information for Students and New Applicants**
Vicki Tomlinson, John F. Kennedy University, USA; Jack J. Lesyk, Ohio Center for Sport Psychology, USA; Robert Harmison, James Madison University, USA; Nick Galli, University of Utah, USA; Damien Clement, West Virginia University, USA

1:45 PM – 2:45 PM  Pier 2/3

**LEC-12: Elite/Pro Sport II**

**LEC-12A: Making the Podium: Examining the Factors Behind Olympic Resilience**
Ashley Simon, University of Denver, USA; Cory Helfer, University of Denver, USA; Scott Anderson, Springfield College, USA; Jamie Shapiro, University of Denver, USA; Peter Haberi, USOC, USA

**LEC-12B: Psychological Resilience in Olympic Medal Winning Coaches: A Longitudinal Qualitative Study**
Nathan Hilton, Nottingham Trent University, UK; Mustafa Sarkar, Nottingham Trent University, UK

**LEC-12C: Perceived Outcomes of a Biofeedback and Neurofeedback Training Intervention for Optimal Performance: Learning to Enhance Self-Awareness and Self-Regulation with Olympic Athletes**
Margaret Dupee, Good To Great, Canada; Tanya Forneris, University of British Columbia, Canada; Penny Werthner, University of Calgary, Canada

1:45 PM – 2:45 PM  Pier 4

**PAN-13: Inclusivity for LGBTQ+ Athletes: The Importance and Impact of Direct Equity Initiatives in Sport Contexts**
Caroline Fusco, University of Toronto, Canada; Ali Greey, University of Toronto, Canada; Meghan Halbrook, Randolph College, USA; Leslie Larsen, California State University-Sacramento, USA; Christopher Stanley, Florida State University, USA

1:45 PM – 2:45 PM  Pier 5

**LEC-13: Special Populations**

**LEC-13A: Developing Cognitive and Motor Creativity in Children Through an Exercise Program Using Nonlinear Pedagogy Principles**
Veronique Richard, National School of Circus/Cirque du Soleil, Canada; Jean-Charles Lebeau, Ball State University, USA; Fabian Becker, Florida State University, USA; Nataniel Boiangin, Florida State University Ice Hockey, USA; Gershon Tenenbaum, Florida State University, USA

**LEC-13B: Performance Psychology in a Film Setting – The Grounded Theory of Effective Film Production Collaboration (EFPC Model)**
Ola Krukowska-Burke, Bucks New University, UK; Ewa Serwotka, Fundacja Sportu Pozytywnego, Poland; Aleksandra Zienowicz-Wielebska, Fundacja Sportu Pozytywnego, Poland; Pola Weiner, Fundacja Sportu Pozytywnego, Poland

**LEC-13C: The ART – Applied, Relevant & Timely – of Integrated Mental Skills Training (MST) within a Special Operations Forces (SOF) Unit with Promising Outcomes**
Nicholas Bartley, IMG Academy - USASOC, USA; Jay Dawes, University of Colorado Colorado Springs, USA; Paul Goldberg, USASOC, USA; David Bricker, USASOC, USA; Kelsey Werth, USASOC, USA; Logan Brodine, USASOC, USA; Tony Federico, USASOC, USA; Casey Clark, USASOC, USA; Robert Rodriguez, USASOC, USA

1:45 PM – 2:45 PM  Regatta

**WKSP-19: Sport Psychology and Personal Finance: Mixing Oil and Water**
Todd Gilson, Northern Illinois University, USA

3:00 PM – 4:00 PM  Metropolitan Centre

**COLEMAN GRIFFITH LECTURE**

Taking the Pulse and Looking to the Future
Penny Werthner, University of Calgary, Canada

**PRESIDENTIAL ADDRESS**

“Ravizza-isms” and AASP: From Iconic Mottos to Organizational Insights
Traci Statler, Cal State Fullerton, USA
SATURDAY, OCTOBER 6

8:15 AM – 9:30 AM  
Harbour A

**WKSP-20: Utilizing a Standardized Intervention Protocol for the Implementation of the Revised Performance Profile Technique**  
Elmer Castillo, Florida State University, USA;  
Matteo Luzzeri, Florida State University, USA;  
Matthew Bird, Florida State University, USA;  
Graig Chow, Florida State University, USA

8:15 AM – 9:30 AM  
Harbour B

**FEA-09: Canadian Panel on Current Trends and Hot Topics in Mental Health and Performance in High Performance Sport**  
Natalie Durand-Bush, University of Ottawa, Canada;  
Shaunna Taylor, University of British Columbia, Canada;  
Sommer Christie, University of Calgary, Canada;  
Frank van den Berg, Canadian Sport Institute Calgary, Canada

8:15 AM – 9:30 AM  
Harbour C

**WKSP-21: Still Learning Together: A Case Study Workshop for Non-Certified Students and Professionals**  
Chelsea Wooding, National University, USA;  
Ashley Coker-Cranney, West Virginia University / MindRight Performance Consulting, LLC, USA;  
Eddie O’Connor, Mary Free Bed Sports Rehabilitation, USA;  
Ashley Samson, California State University Northridge, USA

8:15 AM – 9:30 AM  
Pier 2/3

**WKSP-22: The Athlete Gratitude Group (TAGG): A Positive Psychology Intervention for Athletes and Teams**  
Nicole Gabana, Florida State University, USA

8:15 AM – 9:30 AM  
Pier 4

**SYM-14: Maltreatment in Sport: Implications for the Field of Sport Psychology**  
Gretchen Kerr, University of Toronto, Canada;  
Ashley Stirling, University of Toronto, Canada;  
Erin Willson, University of Toronto, Canada;  
Alexia Tam, University of Toronto, Canada

This session is eligible for 1.25 CEUs in the area of Professional Ethics for CMPCs. To claim these credits, be sure to sign in at the session. A certificate will be emailed to you after the conference.
8:15 AM – 9:30 AM
LEC-15: Injury/Rehabilitation

LEC-15A: Examining the Extent to Which Constructs from the Integrated Behavioral Model Are Associated with College Student-athlete Intentions to Report Symptoms of a Concussion
Jeffrey Milroy, University of North Carolina at Greensboro, USA; David Wyrick, University of North Carolina at Greensboro, USA; Kelly Rulison, University of North Carolina at Greensboro, USA; Brandon Mendenhall, University of North Carolina at Greensboro, USA; Erin Reifsteck, University of North Carolina at Greensboro, USA; Lindsey Sanders, University of North Carolina at Greensboro, USA; Samantha Kelly, University of North Carolina at Greensboro, USA

LEC-15B: Sex Differences in Concussion Knowledge and Reporting Behaviors Among Collegiate Athletes
Jamie McAllister-Deitrick, Coastal Carolina University, USA; Erica Beidler, Duquesne University, USA; Jessica Wallace, Youngstown State University, USA; Morgan Anderson, Michigan State University, USA

LEC-15C: The Effects of Psycho-social Factors on Patient Recovery and Functional Outcome Following Anterior Cruciate Ligament Surgery
Tomos Williams, Cardiff Metropolitan University, UK; Lynne Evans, Cardiff Met University, UK; Angus Robertson, Cardiff Sports Orthopaedics, UK; Lew Hardy, Bangor University, UK; Stuart Roy, Cardiff Sports Orthopaedics, UK; Daniel Lewis, Cardiff Sports Orthopaedics, UK; Freya Glendinning, Bangor University, UK

LEC-15D: The Co-developmental Dynamic of Sport and School Burnout among Student-Athletes: The Role of Achievement Goals
Matilda Sorkkila, University of Jyväskylä, Finland; Kaisa Aunola, University of Jyväskylä, Finland; Katarina Salmela-Aro, University of Jyväskylä, Finland; Asko Tolvanen, University of Jyväskylä, Finland; Tatiana Ryba, University of Jyvaskyla, Department of Psychology, Finland

9:30 AM – 11:30 PM
Harbour Foyer
Exhibits Open

9:45 AM – 11:00 AM
Metropolitan Centre
KEYNOTE SESSION
Awards & Recognition
Master’s Thesis Award
Emily Wright, Michigan State University, USA
Doctoral Dissertation Award
Daniel Brown, University of Portsmouth, UK
Student Award for Excellence in Science Practitioner Endeavors
Gillian Cook, Loughborough University
Student/Early Career Professional Award for Science and Practice in Public Health Endeavors
Nicole Gabana, Florida State University
Outgoing President Recognition
Amy Baltzell, Boston University, USA
Recognition of Conference Planning Committee

KEYNOTE PANEL
Lessons Learned during the PyeongChang Olympics: An International Practitioner Perspective
Alexander Cohen, United States Olympic Committee, USA
Carolina Lundqvist, The Swedish Olympic Committee, Linkoping University, Sweden
Karen MacNeil, MacNeil Performance Consulting, Canada
Jean François Ménard, Kambio Performance Inc., Canada
Moderator: Lindsay Thornton, United States Olympic Committee, USA

11:30 AM – 12:30 PM
Harbour A
FEA-10: Student Workshop: Using Mindfulness to Enhance Sport Performance
Sarah Castillo, National University, USA; David da Silva, IMG Academy, USA

11:30 AM – 12:30 PM
Harbour B
WKSP-23: What We REALLY Tell Our Clients: Approaches and Methods that We Don’t Learn in Textbooks
Jean François Ménard, Kambio Performance Inc., Canada
24
1:45 PM – 2:45 PM  Pier 5
SYM-16: Into the Great Wide Open: Employment Experiences of Early Career Sport and Exercise Psychology Professionals
Sean Fitzpatrick, Marian University, USA;
Chelsea Wooding, National University, USA;
Samantha Monda, Robert Morris University/KPEX Consulting, USA;
Perri Ford, Bell Lap Mental Performance Coaching, Canada

3:00 PM – 4:15 PM  Harbour A
PAN-18: Interdisciplinary Model for Sport Performance Optimization
Brett Woods, University of Nebraska Athletics, USA;
Brett Haskell, University of Nebraska Athletics, USA;
Todd Stull, International Society for Sport Psychiatry, USA;
Chris Bach, American College of Sports Medicine, USA

3:00 PM – 4:15 PM  Harbour B
WKSP-28: It Starts With The Coach: Evidence-Based Strategies for Improving Coach-Athlete Relationships and Communication in Training and Competition Environments
Lucy la Cour, University of Missouri, USA;
Brandon Orr, University of Missouri, USA

3:00 PM – 4:15 PM  Harbour C
LEC-17: Professional Development, Supervision, and Mentoring
LEC-17A: Applied Sport Psychology Supervision: A Survey of Students and Professionals
Alessandro Quartiroli, University of Wisconsin - La Crosse, USA;
Sae-Mi Lee, California State University, Chico, USA;
Jack Watson II, West Virginia University, USA;
Brandon Harris, Georgia Southern University, USA;
Ed Etzel, West Virginia University, USA;
Robert Schinke, Laurentian University, Canada
LEC-17B: Navigating the Swampy Lowlands of the Supervision of Neophyte Practitioners: Collaborative Approaches to the Supervisory Process
Brendan Cropley, University of South Wales, UK;
Rich Neil, Cardiff Metropolitan University, UK;
Sheldon Hanton, Cardiff Metropolitan University, UK
LEC-17C: All the World’s a Stage: A Neophyte Sport Psychology Consultant as Performer
Sarah Hudak, City Year, USA;
Brian Garity, University of Denver, USA

LEC-17D: Current and Future Trends in the Development of Competent Sport Psychology Professionals
Janaina Lima Fogaca, University of Wisconsin-Green Bay, USA;
Sam Zizzi, West Virginia University, USA;
Jack Watson II, West Virginia University, USA

3:00 PM – 4:15 PM  Metropolitan Centre
PAN-17: Mental Health and Professional Athletes: Perspectives, Programs, and Practices
Charles Maher, Cleveland Indians, USA;
Chris Carr, St. Vincent Sports Performance, USA;
Scott Goldman, University of Michigan, USA;
Kensa Gunter, Gunter Psychological Services, LLC, USA;
Dwight Hollier, National Football League, USA;
Wendy Borlabi, Chicago Bulls, USA

3:00 PM – 4:15 PM  Pier 2/3
WKSP-29: Inclusive Language Strategies for Working with Transgender Athletes
Elizabeth Mullin, Springfield College, USA;
Ryan Socolow, Springfield College, USA

3:00 PM – 4:15 PM  Pier 4
PAN-19: A Grounded Theory Approach to Applied Sport Psychology Consultation: The Case Conceptualization of a National Collegiate Athletics Association Women’s Division I Volleyball Team
Ken Ildefonso, University of Wisconsin-Milwaukee, USA;
Joana Bielefeld, University of Wisconsin-Milwaukee, USA;
Jeremy Gorgas, University of Wisconsin-Milwaukee, USA;
Monna Arvinen-Barrow, University of Wisconsin-Milwaukee, USA;
Barbara Meyer, University of Wisconsin-Milwaukee, USA

3:00 PM – 4:15 PM  Pier 5
WKSP-30: Teaching Positive Psychology Topics in Sport Psychology Classes
Lisa Miller, American Military University, USA

7:00 PM – 9:00 PM  The Rec Room
Closing Reception
All attendees are invited to The Rec Room, located at 255 Bremner Blvd., near the Rogers Centre. Enjoy food, fun, and games with your AASP friends and colleagues.
### Wednesday, October 3, 2018

<table>
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<tr>
<th>TIME</th>
<th>FRONTENAC</th>
<th>METROPOLITAN CENTRE</th>
<th>HARBOUR A</th>
<th>HARBOUR B</th>
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<tr>
<td>1:00 pm - 2:00 pm</td>
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<td>2:15 pm - 3:30 pm</td>
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<td>3:45 pm - 5:00 pm</td>
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<td>5:30 pm - 7:00 pm</td>
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<td>OPENING KEYNOTE:</td>
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<td></td>
<td></td>
<td>Overpromise &amp; Under Deliver: The Story of Organized Sport (Amaechi)</td>
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<tr>
<td>7:00 pm - 9:00 pm</td>
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<td>Opening Reception</td>
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### Thursday, October 4, 2018

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<tr>
<th>TIME</th>
<th>METROPOLITAN EAST</th>
<th>METROPOLITAN CENTRE</th>
<th>FRONTENAC</th>
<th>HARBOUR A</th>
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<tbody>
<tr>
<td>7:00 am - 8:00 am</td>
<td>Poster Setup</td>
<td></td>
<td></td>
<td>CMPC Breakfast</td>
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<tr>
<td>9:00 am - 7:00 pm</td>
<td>Poster Viewing</td>
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<tr>
<td>8:15 am - 9:30 am</td>
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<td></td>
<td>FEA-02: Case Studies for Certified Mental Performance Consultants (Post, Young)</td>
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<tr>
<td>9:45 am - 11:00 am</td>
<td>KEYNOTE SESSION: Developing a High-Performing Team within a Complex Environment (Shapiro)</td>
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<td>PAN-07: Set Fees with Ease: Exploring the Process (Herzog, Taylor, Laird)</td>
<td>FEA-03: Diversity and Inclusion within Canadian Sporting Contexts: Contemporary Perspectives (Schinke, Joseph, Fusco)</td>
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<tr>
<td>11:30 am - 12:30 pm</td>
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<td></td>
<td>FEA-02: Case Studies for Certified Mental Performance Consultants (Post, Young)</td>
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<td>12:30 pm - 1:30 pm</td>
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<td>2:30 pm - 3:45 pm</td>
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<td>LEC-03: Collegiate Sport 03A: DesClouds 03B: McCarver 03C: Pineau 03D: DeFreese</td>
<td>FEA-05: Certification Information for Current CMPCs: Recertification Procedures, Mentoring, and Graduate Curricula (Vealey, Maher, Shoenfelt, Harris)</td>
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<td>4:00 pm - 5:30 pm</td>
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<td>6:00 pm - 9:00 pm</td>
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<td></td>
<td>Fellows Meeting (6:00 pm - 7:30 pm)</td>
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<td>7:00 pm - 8:00 pm</td>
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<td>Poster Tear Down</td>
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<tr>
<td>11:30 am - 12:30 pm</td>
<td>PAN-03: Technology for Assessing and or Training Perceptual-Cognitive Abilities in Athletes (Zaichikowsky, Goldman, Huntfalvy, Lodato)</td>
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<tr>
<td>1:30 pm - 2:15 pm</td>
<td>WKSP-01: Coaching the Coaches: An Approach for Sport Psychology Practitioners to Help Coaches Move from Leadership Identification to Leadership Development (Mean, Pierce, Blanton, Gilson, Ault)</td>
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<td>2:15 pm - 3:30 pm</td>
<td>LEC-01: Consulting &amp; Interventions 01A: Jowett 01B: Christie 01C: Sullivan</td>
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<td>3:45 pm - 5:00 pm</td>
<td>WKSP-02: Brief Interventions to Manage the Mind Chatter: A Practitioner’s Acceptance-based Approach to Managing Doubts in Competition (Greene)</td>
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<td>5:30 pm - 7:00 pm</td>
<td>LEC-02: Mental Health 02A: Crone 02B: Coker-Cranney 02C: Copley</td>
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<td>7:00 pm - 8:00 pm</td>
<td>SYM-01: Know Before You Go: Assessment in Sport Psychology (Haugen, Taylor, Herzog, Chow, Orv)</td>
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<td>8:15 am - 9:30 am</td>
<td>SYM-02: Teaching Personal and Social Responsibility: A Framework That Can Be Used Across a Variety of Sport and Physical Activity Contexts (McCarthy, Allier, Jr., Whitley, Hayden, Hess, Fink, Etl)</td>
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<td>9:00 am - 7:00 pm</td>
<td>WKSP-04: Trauma Informed Care: A Framework For Understanding and Addressing Trauma and Its Impact on Athletes (Holthaus, Hasse, Stewart)</td>
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<td>9:00 am - 7:00 pm</td>
<td>WKSP-05: From Resistance to Resilience: Helping Athletes Make Positive Change (Hanna, Flaten)</td>
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<td>5:00 pm - 9:00 pm</td>
<td>PAN-05: Serving the Spirit in Applied Sport and Exercise Psychology Settings - Beyond the ‘Performance or Care’ Debate: An Interdisciplinary Panel of Sport Psychology and Sport Chaplain Practitioners (Owens, Stanley, Gunter, Fisher, Wells, Bonikowsky-Chaudhery, Bailey, Ally)</td>
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<td>8:15 am - 9:30 am</td>
<td>SYM-03: One Case, Four Approaches: Exploring Diverse Styles in Applied Sport Psychology Consulting (Christensen, Walker, Ferrera, Beachy, Sappington)</td>
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<td>9:00 am - 7:00 pm</td>
<td>FEA-01: 5 Slides in 5 Minutes: Engaging Education in Sport &amp; Exercise Psychology (Shipherd, Gentner, Kadushin, Prewitt-White, Carson Sackett, Harris)</td>
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<td>9:00 am - 7:00 pm</td>
<td>WKSP-06: Dialectical Behavior Therapy for Athletes (Rowan, Drury)</td>
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<td>6:00 pm - 9:00 pm</td>
<td>LEC-05: Coaching 05A: McHenry 05B: Cook 05C: Raabe 05D: Sheehy</td>
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<td>7:00 pm - 8:00 pm</td>
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<td>8:15 am - 9:30 am</td>
<td>SYM-04: Signature Practices for Performance Excellence: Four Experts and Four Key Practices 2018 (Shoenfett, Brueckner, Kenttta, Chroni)</td>
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<td>9:00 am - 7:00 pm</td>
<td>LEC-06: Youth Sport 06A: Marsollier 06B: Nalepa 06C: Lauer 06D: Lawler</td>
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<td>9:00 am - 7:00 pm</td>
<td>WKSP-07: Athlete Intakes and Sports Concussion: From A to Zinger (Mannion)</td>
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<td>9:00 am - 7:00 pm</td>
<td>SYM-05: Non-Conscious Influences During Exercise: An Examination of Priming Effects (Hutchinson, Felt, Pottratz, Mullin, Santich, Zenko, Dalton, Mendoza, Andooli)</td>
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<td>9:00 am - 7:00 pm</td>
<td>PAN-08: Immersive Teambuilding: From Activities to Action (Zeplin, Commander, Haskell)</td>
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<td>9:00 am - 7:00 pm</td>
<td>WKSP-09: Supervision of Sport Psychology Trainees for a Different Era: New Ethical Concerns, Exploring Bias, and Transition from Online to Real World (Bartlett, Byrd, Cauthen)</td>
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<td>9:00 am - 7:00 pm</td>
<td>LEC-07: Exercise/Health/Fitness 07A: Easton 07B: Zizzi 07C: Olusoga</td>
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<td>9:00 am - 7:00 pm</td>
<td>LEC-08: Female Athletes 08A: Fairhurst 08B: Voelker 08C: Jacobs</td>
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<td>9:00 am - 7:00 pm</td>
<td>FEA-04: Getting Published in the Journal of Applied Sport Psychology (JASP), Journal of Sport Psychology in Action (JSPA), and Case Studies in Sport and Exercise Psychology (CSSEP) (Mellaliou, Maynard, Cotterill)</td>
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<td>9:00 am - 7:00 pm</td>
<td>WKSP-10: Developing a Personal Meditation Practice That Enhances Your Mindfulness Teaching Practices for Clients (Owens, Bartlett, Davis, Diehl, Cote)</td>
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<td>11:30 am - 12:30 pm</td>
<td>PAN-07: Specialized Mental Health Care Service Provision for Canadian Athletes and Coaches (Durand-Bush, McNeill, Lemire, Edwards, Van Slingerland)</td>
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<td>1:30 pm - 2:15 pm</td>
<td>WKSP-11: Application of Physiological Monitoring to Guide Sport Psychology Consulting with Elite Tactical Populations (Whalen, Haseluhn)</td>
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<td>2:15 pm - 3:30 pm</td>
<td>WKSP-12: How to Effectively Intervene with Cyber-Bullying in Youth Team Sports (Raue, Quefurth, Brueckner, Zito)</td>
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<td>3:45 pm - 5:00 pm</td>
<td>LEC-09: Elite/Pro Sport 09A: Honer 09B: MacPherson 09C: Grotton 09D: Macquet</td>
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<td>5:30 pm - 7:00 pm</td>
<td>LEC-10: Collegiate Sport II 10A: Jones 10B: Ruser 10C: Gonzalez 10D: Anderson</td>
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Committee Meetings - See page 9 for full list.

Special Interest Group (SIG) Meetings - See page 9 for full list.
### Friday, October 5, 2018

<table>
<thead>
<tr>
<th>TIME</th>
<th>METROPOLITAN EAST</th>
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<tr>
<td>7:00 am - 8:00 am</td>
<td>Poster Setup (until 9 am)</td>
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<tr>
<td>9:00 am - 7:00 pm</td>
<td>Poster Viewing</td>
<td>SYM-08: Getting Your Head Back in the Game: From Evaluation to Psychological Readiness following Sport-related Concussion (Kontos, Caron, Podlog, Bloom)</td>
<td>SYM-09: Optimizing Organizational Functioning in High-Performance Sport: Research and Practitioner Recommendations from Five National Perspectives (Rumbold, Eys, Abrahamsen, Kentta, Butt, Carr, Olusoga, Surya, Cogan, Dieffenbach)</td>
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<tr>
<td>8:15 am - 9:30 am</td>
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<td>KEYNOTE SESSION: Interview with Eric Lindros &amp; Performance Excellence Presentation</td>
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<tr>
<td>9:45 am - 11:00 am</td>
<td>KEYNOTE SESSION: Interview with Eric Lindros &amp; Performance Excellence Presentation</td>
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<tr>
<td>11:30 am - 12:30 pm</td>
<td>FEA-07: Developing Personal and Team Resilience in Elite Sport: Research to Practice (Sarkar, Haberl, Simpson, Kamphoff, Kentta)</td>
<td>PAN-11: What Grad School Couldn’t Teach Me – Making the Transition from Student to an Early Career Professional (Aoyagi, J. Bartley, N. Bartley, Lawrence, Zeplin)</td>
<td>WKSP-16: Let’s Talk About Suicide: Knowing the Signs, Risk Factors, and Best Practices for Addressing Athlete Well-Being (Brutus, Scott, Abrams)</td>
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<td>12:30 pm - 1:30 pm</td>
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<td>SYM-13: Enhancing Practitioner Effectiveness: Strategies for Developing, Implementing, and Evaluating Sport Psychology Interventions (Chow, Simpson, Bean)</td>
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<td>1:45 pm - 2:45 pm</td>
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<td>3:00 pm - 3:30 pm</td>
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<td>COLEMAN GRIFFITH LECTURE: Taking the Pulse and Looking to the Future (Werthner)</td>
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<td>3:30 pm - 4:00 pm</td>
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<td>PRESIDENTIAL ADDRESS: “Ravizzisms” and AASP: From Iconic Mottos to Organizational Insights (Staller)</td>
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<td>4:15 pm - 5:15 pm</td>
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<td>5:30 pm - 7:00 pm</td>
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<td>Authors Present at Posters</td>
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<td>7:00 pm - 7:30 pm</td>
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<td>Poster Tear Down</td>
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### Saturday, October 6, 2018

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<th>TIME</th>
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<th>HARBOUR A</th>
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<tbody>
<tr>
<td>8:15 am - 9:30 am</td>
<td></td>
<td>WKSP-20: Utilizing a Standardized Intervention Protocol for the Implementation of the Revised Performance Profile Technique (Castillo, Luzzeri, Bird, Chow)</td>
<td>FEA-09: Canadian Panel on Current Trends and Hot Topics in Mental Health and Performance in High Performance Sport (Durand-Bush, Taylor, Christie, van den Berg)</td>
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<tr>
<td>9:45 am - 11:00 am</td>
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<td>FEA-10: Student Workshop: Using Mindfulness to Enhance Sport Performance (Castillo, da Silva)</td>
<td>WKSP-23: What We REALLY Tell Our Clients: Approaches and Methods that We Don’t Learn in Textbooks (Menard)</td>
</tr>
<tr>
<td>11:30 am - 12:30 pm</td>
<td>PAN-14: Sport Psychology Services at the Paralympic Games in Pyeongchang, South Korea (Shapiro, Chung, Dun, Heiss, Mitchell)</td>
<td>WKSP-26: Market Like a Pro: Level Up Your Consulting Practice Within the Next Year (Cheadle, Kamphoff)</td>
<td>PAN-15: Metacognition as an Internal Mechanism of Athletes’ Growth Following Adversities: Four Case Studies (Siekanska, Poczwardowski, Gordin, Blecharz, Kack)</td>
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<tr>
<td>1:45 pm - 2:45 pm</td>
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<td>WKSP-26: Market Like a Pro: Level Up Your Consulting Practice Within the Next Year (Cheadle, Kamphoff)</td>
<td>PAN-15: Metacognition as an Internal Mechanism of Athletes’ Growth Following Adversities: Four Case Studies (Siekanska, Poczwardowski, Gordin, Blecharz, Kack)</td>
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<tr>
<td>3:00 pm - 4:15 pm</td>
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<td>PAN-17: Mental Health and Professional Athletes: Perspectives, Programs, and Practices (Maher, Carr, Goldman, Gunter, Hollier, Borlabi)</td>
<td>PAN-18: Interdisciplinary Model for Sport Performance Optimization (Woods, Haskell, Stull, Bach)</td>
</tr>
<tr>
<td>7:00 pm - 9:00 pm</td>
<td>Closing Reception at The Rec Room, 255 Bremner Blvd.</td>
<td>WKSP-28: It Starts With The Coach: Evidence-Based Strategies for Improving Coach-Athlete Relationships and Communication in Training and Competition Environments (la Cour, Orr)</td>
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<tr>
<td>Time</td>
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<tr>
<td>11:30 am - 12:30 pm</td>
<td>PIER 2/3</td>
<td><strong>SYM-10:</strong> College Student-Athlete Mental Health: From Screening to Prevention to Treatment (Albert, Clevinger, Tomalski, Petrie, Albimino, Bader)</td>
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<tr>
<td>7:00 pm - 7:30 pm</td>
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<td><strong>WKSP-13:</strong> In the Trenches: Building and Implementing a Mental Skills Training Program for ROTC Cadets (Eckernrod, Jones, DeLizio, Crain, Zakraksej)</td>
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<td>4:15 pm - 5:15 pm</td>
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<td><strong>PAN-10:</strong> Integrating Applied Sport Psychology into Collegiate Athletics: Lessons Learned and Future Directions (Zuleger, Morton, Coleman, Shannon, McLean, Zinser)</td>
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<td>8:15 am - 9:30 am</td>
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<td><strong>WKSP-14:</strong> Psychological Skills Training in Youth Soccer: A Station-Based Approach (Fletcher, Yu, Melso, Masline, Wulbecker, Juskiewicz)</td>
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<td>1:45 pm - 2:45 pm</td>
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<td><strong>WKSP-15:</strong> Coaching Athletes From Their Seat to Their Feet: Implications of Constraints-Based Coaching for Mental Performance Consultants (Brandon, Smith, Hamilton)</td>
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**Committee Meetings - See page 9 for full list.**

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<tr>
<th>Time</th>
<th>Location</th>
<th>Session Title</th>
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<tbody>
<tr>
<td>11:30 am - 12:30 pm</td>
<td>PIER 2/3</td>
<td><strong>SYM-11:</strong> Sociocultural Aspects of Sport Injury and Recovery (Wiese-Bjornstad, Prinipe, Wood)</td>
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<td>9:45 am - 11:00 am</td>
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<td><strong>FKP-12:</strong> Addressing Stigma in Sport for the College Athlete: A Multicultural Lens (Mahr, Grevies, Cisneros)</td>
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<td>3:30 pm - 4:00 pm</td>
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<td><strong>LEC-11:</strong> Youth Sport II</td>
<td>11A: Blom</td>
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<td><strong>LEC-12:</strong> Elite/Pro Sport II</td>
<td>12A: Simon</td>
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<td>1:45 pm - 2:45 pm</td>
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<td><strong>LEC-13:</strong> Special Populations</td>
<td>13A: Richard</td>
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<td><strong>LEC-14:</strong> Diversity &amp; Culture</td>
<td>14A: Couch-Fikes</td>
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<td>1:45 pm - 2:45 pm</td>
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<td><strong>LEC-15:</strong> Injury/Rehabilitation</td>
<td>15A: Sorkkila</td>
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<td><strong>LEC-16:</strong> Research Design</td>
<td>16A: Ely</td>
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<td>3:00 pm - 3:30 pm</td>
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<td><strong>LEC-17:</strong> Professional Development, Supervision, and Mentoring</td>
<td>16B: Carr</td>
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<td><strong>LEC-18:</strong> Taking the CMPC Exam</td>
<td>16C: Glass</td>
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<td>3:30 pm - 4:00 pm</td>
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<td><strong>LEC-19:</strong> Applications of a Novel Mental Skills Curriculum in Surgery: A Review of Its Effectiveness and Lessons Learned (Anton, Bean, Stefland)</td>
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<td>3:00 pm - 3:30 pm</td>
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<td><strong>LEC-20:</strong> Linking Fun to Physical Literacy and the 3Ps: A Logic Model Approach to Transforming Youth Sport Climates (Visek, Mannix, Arvinn-Barrow)</td>
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<td>1:45 pm - 2:45 pm</td>
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<td><strong>LEC-21:</strong> Training Police for Deadly Force Encounters: A Role for Sport Psychology (Hell)</td>
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<td><strong>LEC-22:</strong> The Athlete Gratitude Group (TAGG): A Positive Psychology Intervention for Athletes and Teams (Gabana)</td>
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<td>3:00 pm - 3:30 pm</td>
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<td><strong>LEC-23:</strong> Involving Community in the Process of Moving from a Program to a System (Wagner, DeBartolo, Hirshey, Mays, Ostrander)</td>
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<td>1:45 pm - 2:45 pm</td>
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<td><strong>LEC-24:</strong> Taking the Pulse and Looking to the Future: Learning from the Leaders of the National Alliance on Mental Illness (Levant, Nolen-Hoeksema, Zautra)</td>
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<td>3:30 pm - 4:00 pm</td>
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<td><strong>LEC-25:</strong> Assessing the Impact of the CMPC Exam: An Evidence-Based Approach to Enhancing Coaching Effectiveness (Manning, Wulbecker, Suczynski, Hein)</td>
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<td>3:00 pm - 3:30 pm</td>
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<td><strong>LEC-26:</strong> Teaching Positive Psychology Topics in Sport Psychology Classes (Miller)</td>
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<td>1:45 pm - 2:45 pm</td>
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<td><strong>LEC-27:</strong> Teaching Positive Psychology Topics in Sport Psychology Classes (Miller)</td>
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POSTER PRESENTATIONS

Each poster board is double-sided with one presentation per side. Poster numbers appear on each board, and boards are arranged in numerical order in Metropolitan East.

POSTER SESSION I

THURSDAY, OCTOBER 4
METROPOLITAN EAST

Poster Setup: 7:00 AM – 9:00 AM
Poster Viewing: 9:00 AM – 7:00 PM
Authors Present: 5:30 PM – 7:00 PM
Poster Tear Down: 7:00 PM – 7:30 PM

Coaching

1 How Coaches Influence Athletic Performance: The Impact of Feedback Strategies on Athletic Performance, Athlete Satisfaction, and Proactive Sport Behavior
Zachary Mastrich, Virginia Polytechnic Institute and State University, USA; Trevin Glasgow, Virginia Polytechnic Institute and State University, USA; E. Scott Geller, Virginia Polytechnic Institute and State University, USA

2 Identifying How Mental Toughness Is Developed and Fostered on Athletic Teams: Perspectives from High School Coaches
Leilani Madrigal, Long Beach State University, USA; Madison Hunt, Long Beach State University, USA; Courtney Novak, Long Beach State University, USA; Kiana Nua, Long Beach State University, USA; Casee Weber, Long Beach State University, USA; Tiffany Vargas, California State University, Long Beach, USA

3 Influence of Perceived Support on Male and Female High School Head Coaches’ Coaching Efficacy
Taylor Casey, University of North Texas, USA; Christina Villalon, University of North Texas, USA; Scott Martin, University of North Texas, USA

4 Post-Masters’ Studies in Positive Sport Psychology as a Way of Advancing Positive Sport
Ewa Serwotka, Fundacja Sportu Pozytywnego, Poland; Aleksandra Pogorzelska, Foundation of Positive Sport, Poland; Artur Poczwardowski, University of Denver, USA; Natalia Pawelska, Foundation of Positive Sport, Poland

5 Prediction of Tennis Serve Direction: Expert Tennis Players’ Visual Attention and Microsaccades
Masanori Takahashi, Nihon University, Japan; Hirohisa Isogai, Professor, Japan; Fumio Mizuochi, Professor, Japan; Takehiro Iwatsuki, University of Nevada, Las Vegas, USA; Judy Van Raalte, Springfield College, USA

6 Psychological Well-Being among Sports Coaches
Alexandra Potts, Leeds Beckett University, UK; Faye Didymus, Leeds Beckett University, UK; Mariana Kaiseler, Leeds Beckett University, UK

7 Sport Psychological Injury Management
Kathrin Staufenbiel, University of Cologne, Germany; Christian Heiss, Performance Entwicklung, Germany

8 The Impact of Leadership Training on the Display of Athlete Leadership Behaviors
Katherine Hirsch, University of Windsor, Canada; Todd Loughead, University of Windsor, Canada

9 “You Don’t Have Problems with the Coach, Unless…”: Dual Career Athletes’ Perceptions of (Dis)empowering Motivational Climate
Milla Saarinen, University of Jyväskylä, Finland; Tatiana Ryba, University of Jyväskylä, Department of Psychology, Finland; Noora Ronkainen, Liverpool University of John Moores, UK; Harri Rintala, University of Jyväskylä, Finland; Kaisa Aunola, University of Jyväskylä, Finland

Collegiate Sport

10 Differences in Ways of Coping Between College Athletes and Non-Athletes
Zachary Soulliard, Saint Louis University, USA; Janet Oberle, Saint Louis University, USA; Joanne Perry, UNC Charlotte, USA; Michael Ross, Saint Louis University, USA; Mark Pousson, Saint Louis University, USA; Ashley Hansen, Saint Louis University, USA; Taylor Montgomery, Saint Louis University, USA

11 Educational and Training Needs of Coaches to Improve Alcohol Literacy
Stinne Soendergaard, Florida State University, USA; Graig Chow, Florida State University, USA; Matthew Bird, Florida State University, USA

12 Examining the Experiences of Stress in NCAA Male and Female Coaches: “I’m Not Going to Fail and that Drives Me Every Day”
Kathryn Ambrose, Synergy Performance, USA

Chung-Ju Huang, University of Taipei, Taiwan; Tzu-Lin Wong, National Taipei University of Education, Taiwan

14 Gap Analysis of Division I Coaches and Athletes’ Preference on Time Demand Concepts: Implications for Sport Psychology Practice
Jay Santos, University of Florida, USA; Michael Sagas, University of Florida, USA

15 Grit and Competitive Trait Anxiety Profiles of College Athletes
Matthew Symonds, Northwest Missouri State University, USA; Timothy Wall, Northwest Missouri State University, USA; Tyler Tapps, Northwest Missouri State University, USA
16 Intrinsic Motivation of Collegiate and Club Rugby Athletes
David Laughlin, Grand Valley State University, USA;
Christian Hoban, Grand Valley State University, USA;
Arya Alami, California State University, Stanislaus, USA;
Stephanie Armstrong, Grand Valley State University, USA;
Hannah Mead, Grand Valley State University, USA

17 Life After Collegiate Sport: From Athlete to Exerciser
Madeline Barlow, Temple University, USA;
Michael Sachs, Temple University, USA;
Stacy Warner, East Carolina University, USA

18 Linking Grit with Well-Being in UK Student-Athletes: The Mediating Roles of Engagement and Emotional Exhaustion
James Rumbold, Sheffield Hallam University, UK;
Peter Olusoga, Sheffield Hallam University, UK;
Joanne Butt, Sheffield Hallam University, UK

19 Meta-Perceptions, Clothing-Based Body Image Dissatisfaction and Social Physique Anxiety among Male and Female Collegiate Athletes
Eva Monsma, University of South Carolina, Mental Training Inc., USA;
Toni Torres-McGehee, University of South Carolina, USA;
Samantha Weber, University of South Carolina, USA

20 Perceived Influence of Self-Talk and Imagery Techniques on Emotion Regulation of Children Athletes in Nigeria
Olufemi Adegbesan, University of Ibadan, Nigeria;
Babajide Ige, University of Ibadan, Nigeria; Mohammed Sanusi, Nigeria Football Federation, Nigeria; Mary Pindr, University of Maiduguri, Nigeria; Sunday Odior, National Institute of Sport, Lagos, Nigeria; John Vurho, University of Maiduguri, Nigeria; Steve Hamayelto, University of Maiduguri, Nigeria; Nashon Likki, University of Maiduguri, Nigeria

21 Self-Esteem between High and Low Performers among NCAA Division II Student-Athletes
Urska Dobersak, University of Southern Indiana, USA;
Abbey Huffine, University of Southern Indiana, USA;
Mindyr Mayol, University of Indianapolis, USA;
Kenneth Everett, University of Indianapolis, USA

22 The Role of Facilitative Interpretation of Anxiety in a Golf Putting Task
Jeffrey Shulze, USA; Ashley Hansen, Saint Louis University, USA; Taylor Montgomery, Saint Louis University, USA; Michael Ross, Saint Louis University, USA; Mark Otten, California State University, Northridge, USA; Ashley Samson, California State University, Northridge, USA; Gary Katz, California State University, Northridge, USA

23 The Utilization of Self-Talk in Successful NCAA Division II Distance Runners
Zachary Holloway, Adams State University, USA

24 Understanding Sources of Social Support in Collegiate Athletes
Mariah Sullivan, Ball State University, USA;
Anna Farello, Ball State University, USA;
Lindsey Blom, Ball State University, USA;
Matt Moore, Ball State University, USA

25 Applying the Visual Occlusion Paradigm to Improve Tactical Decision-Making in High School Quarterbacks
Matt Powless, Indiana University, USA; Jesse Steinfeldt, Indiana University, USA; Shelbi Fisher, Indiana University, USA; Patrick McFadden, Indiana University, USA; Kyle Kennedy, Indiana University, USA

26 Assessment and the Use of Questionnaires in Sport Psychology Consulting: A Comparison of Attitudes and Practices from 2002 to 2017
Robin Vealey, Miami University, USA; Carly Block, Miami University, USA; Robin Cooley, Miami University, USA; Emma Nilsson, Miami University, USA

27 Brain Wave Activity Differences in Task Complexity and Perspective During Imagery
Phillip Post, New Mexico State University, USA; Duncan Simpson, IMG Academy, USA; Robert Vangen, Barry University, USA

28 Control? Control? Who has the Control? The VMCCR Model of the Consultant-Client Relationship in Sport and Performance Psychology
Whit Ryan, University of Denver, USA; Artur Poczwardowski, University of Denver, USA

29 Craving Flow? Mindfulness, Flow, and Tanha
Mark Aoyagi, University of Denver, USA

30 Developing and Assessing the Impact of a Mental Training Intervention Targeting Athletes’ Perfectionistic Concerns in Sport
Michael Lizmore, University of Alberta, Canada; John G. H. Dunn, University of Alberta, Canada; Erin R. Brennan, University of Alberta, Canada

31 Development of a Checklist of Mental Skills and Behavior Characteristics in Climbing
Miguel Santolaya, CPAD-UAM, Spain; Victor Rubio, Universidad Autonoma Madrid, Spain; Roberto Ruiz-Barquin, Universidad Autonoma Madrid, Spain

32 Effects of a Mental Warmup on the Workout Readiness and Stress of College Students
Judy Van Raalte, Springfield College, USA; Britton Brewer, Springfield College, USA; Christyan Gudjenov, Springfield College, USA; Mary Keeler, Springfield College, USA; Julie Reiner, Springfield College, USA; Alexis Stiefel, Springfield College, USA; Allen Cornelius, Fielding Graduate University, USA

33 Incorporating Yoga into a D1 Athletics Sport Psychology Program
Ashley Samson, California State University, Northridge, USA

34 Mindful Coaching: Learning Mindfulness to Implement with Athletes and Teams
Thomas Minkler, Catholic University of America, USA
35 Peer Support Teams for Athletic Therapists/Trainers
Frances Flint, York University, Canada

36 “Should I Be Able to Do That?” A Mindfulness Intervention Case Study in Adapted Sport
Margaret Smith, University of Alabama, USA

37 The Effects of Instructional Self-Talk on Quiet Eye Duration and Golf Putting Performance
Yonatan Sarig, Florida State University, USA; Montze Ruiz, University of Jyvaskyla, Finland; Antonis Hatziigeorgiadis, University of Thessaly, Greece; Gershon Tenenbaum, Florida State University, USA

38 The Effects of PETTLEP Imagery on Barbell Bench Press Performance
Morgan Eckenrod, University of Tennessee, USA; Robin Vealey, Miami University, USA; Rose Marie Ward, Miami University, USA; Robert Weinberg, Miami University, USA

39 The Global Approach of Psychological Training and Counseling (GAPTAC): A New Evidence-Based Sport Psychology Framework for Optimal Performance
Serge Lacoste, Self-employed, USA

40 The Use of Reflective Practice with Under 16s Field Hockey Players
Francesca Gwynne, Southampton Solent University, UK; Matt Johnson, Southampton Solent University, UK

41 Using Exposure and Response Prevention (ERP) Interventions to Enhance Athletic Performance: Three Case-Examples
Bjorn Bergstrom, Pacific University, USA; Anastasia Jones, Pacific University, USA; Tamara Tasker, Pacific University, USA

42 Well-Being Therapy: An Approach to Increase Athlete Well-Being and Performance
David Schary, Winthrop University, USA; Brian Souza, Framingham State University, USA

43 What Psychological Skills to Include in a PST Program for Athletes with a Disability
Kieran Hawksley, University of Windsor, Canada; Krista Chandler, University of Windsor, Canada; Todd Loughead, University of Windsor, Canada

44 Muslim, a Christian, and a Jew Walk into a Mental Training Session: Best Practices for Athlete Well-Being
Megan Granquist, University of La Verne, USA; Zandra Wagoner, University of La Verne, USA; Rayna Harrison, University of La Verne, USA

45 Moving the Chains: Athletes Using their Platform to Create Social Change
Stephany Coakley, Maximum Mental Training Associates (MMTA), USA; Andrew Mac Intosh, RISE, USA; Eric Martin, Boise State University, USA

46 Rethinking Diversity and Inclusion in the AASP Membership: Results from the 2017 Demographic Survey
Amanda Perkins-Ball, Rice University, USA; Robert Owens, University of Western States, USA; Leeja Carter, Long Island University - Brooklyn, USA; Elizabeth Lange, William Peace University, USA

47 The Precarious Balance of Addressing Microaggressions in Sport
Alexander Yu, University of California, Davis, USA

Elite/Pro Sport

48 2018 FEI World Equestrian Games: A Canadian Perspective on Mental Skills Training in High Performance Equine Sports
Chantale Lussier, Elysian Insight, Canada

49 Applying the Social Identity Theoretical Approach to Sport Psychology Support of the Scotland Rowing Team
Vista Beasley, Georgia Southern University, USA

50 Bull Durham in Real Life: Graduate Student Reflections from Working in Minor League Baseball
Robert Hilliard, West Virginia University, USA

51 Exploring the Intersection of Organizational Structure and Social Support in Olympic Sport
Zoe Poucher, University of Toronto, Canada; Katherine Tamminen, University of Toronto, Canada

52 Finding a Balance: How Canadian Olympic and Paralympic Athletes Prepared for Life During and After PyeongChang
Nicole Dubuc-Charbonneau, Laurentian University, Canada; Rolf Wagschal, Canadian Sport Institute Ontario, Canada

53 Major League Baseball Pitchers’ Performance against Previous Teams
Andrew Friesen, Barry University, USA

54 Provision of Sport Psychology Services in Professional Baseball
Han-Ni Peng, National Taiwan Sport University, Taiwan; Likang Chi, National Taiwan Normal University, Taiwan; Chia-Hui Liu, Chia Nan University of Pharmacy and Science, Taiwan; Yao- Chung Huang, National Taipei University of Technology, Taiwan; Chiung-Huang Li, Ming Chuan University, Taiwan

55 Sport Psychology Consultation for the 2017 University Olympiad Games (Universiade) Gold Medal Soccer Team
Yoichi Kozuma, Tokai University, Japan; Junichi Miyazaki, Japan
56  **POSTER WITHDRAWN**

57  **The Utility of Cognitive Assessment in the National Football League**
    Scott Goldman, University of Michigan, USA;
    Alex Auerbach, University of North Texas, USA;
    James Bowman, Great Neck Public Schools, USA;
    R. Thomas Boone, University of Massachusetts, Dartmouth, USA

58  **Influence of Sex, Race and Generation on College Students' Exercise Motivation Levels: A Generation Z Analysis**
    Megan Wittenberg, Georgia Southern University, USA;
    Daniel Czech, Georgia Southern University, USA;
    Bridget Melton, Georgia Southern University, USA;
    David Biber, Virginia Commonwealth University, USA

59  **A School-Based Intervention Program in Promoting Moderate-to-Vigorous Physical Activity**
    Khai Leng Chua, National Institute of Education, Nanyang Technological University, Singapore; Masato Kawabata, Nanyang Technological University, Singapore; Nikos Chatzisarantis, Curtin University of Technology, Australia

60  **Motivational Climate, Enjoyment, and Intent to Continue in Group Exercise**
    Erika Van Dyke, West Virginia University, USA;
    Katherine Fairhurst, West Virginia University, USA

61  **Personality and Exercise as Predictors of Perceived Stress**
    Rena Courtney, Gallaudet University, USA;
    Patrick Brice, Gallaudet University, USA;
    Bruce H. Friedman, Virginia Tech, USA

62  **Predicting Fitness in Young Adults: The Role of Perceived Competence, Motor Skill Proficiency, Physical Activity, and Gender**
    Sarah Carson Sackett, James Madison University, USA;
    Elizabeth Edwards, James Madison University, USA

63  **Personality and Mindset of the Marathon Maniac**
    Kristin Mauldin, California Baptist University, USA;
    Keisha Hart, California Baptist University, USA;
    Berenice Cleyet-Merle, Student Research Assistant, USA

64  **Imagery Use in Individuals with Chronic Obstructive Pulmonary Disease (COPD) for the Promotion of Physical Activity**
    Maria-christina Kosteli, Edge Hill University, UK;
    Peymane Adab, University of Birmingham, UK;
    Nicola Heneghan, University of Birmingham, UK;
    Jennifer Cumming, University of Birmingham, UK;
    Sarah Williams, University of Birmingham, UK;
    Carolyn Roskell, University of Birmingham, UK

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    Jennifer Cumming, University of Birmingham, UK;
    Sarah Williams, University of Birmingham, UK;
    Carolyn Roskell, University of Birmingham, UK

70  **Improve Exercise-Related Effects: Join a Boot Camp Program!**
    Selon Razon, West Chester University of PA, USA;
    Katie M. Cooper, West Chester University, USA;
    Paul K. Stickle, West Chester University, USA;
    Jared James, West Chester University, USA;
    Anna K. Schade, West Chester University, USA;
    Alexis N. Trumbetti, West Chester University, USA;
    Antonia L. Battaglino, West Chester University, USA;
    Jamie L. Blose, West Chester University, USA;
    Umit Tokac, University of Missouri, USA;
    Melissa A. Reed, West Chester University, USA;
    Melissa A. Whidden, West Chester University, USA

71  **The Effects of Participation in a Six-Week Exercise Program on Senior Citizens’ Well-Being: Quantitative and Qualitative Analyses**
    Takahiro Sato, Western New Mexico University, USA;
    Susumu Iwasaki, Fort Lewis College, USA;
    Sachiko Gomi, Western New Mexico University, USA

72  **Comparing Adolescents with Non-Sport and Sport-Related Concussions on Symptomatology and Cognitive Performance after Injury**
    John Lace, Saint Louis University, USA;
    Andrew McGrath, Saint Louis University, USA;
    Jill Dorflinger, AMITA Health, USA;
    Michael Ross, Saint Louis University, USA;
    Jeffrey Geile, Saint Louis University, USA
63 Mental Health Screening and Follow-Ups Among NCAA Division I Student-Athletes

e Tess Palmateer, University of North Texas, USA; James Rushton, University of North Texas, USA; Trent Petrie, University of North Texas, USA

64 The Contributions of Psychological Skills and Mindfulness to NCAA Student-Athlete Well-Being

Brian Foster, Lock Haven University, USA; Graig Chow, Florida State University, USA

65 The MOODment Program: An Exercise-Based Mental Health Intervention for Post-Secondary Students

Lindsey Forbes, Private Practice, Canada; Erin Shumlich, Western University, Canada; Sarah Ouellette, Western University, Canada

66 Under the Face Mask: Racial Ethnic Minority Student-Athletes and Mental Health Use

Jorge Ballesteros, Arizona State University, USA; Alicia Tran, Arizona State University, USA

67 University Sport Retirement and Athlete Mental Health: A Narrative Analysis

Rachel Jewett, Ryerson University, Canada; Gretchen Kerr, University of Toronto, Canada; Katherine Tamminen, University of Toronto, Canada

Non-Sport Performance Applications

68 An Application of Resilience and Performance Psychology on a Military Arctic Survival Course in Alaska

Jack Parker, AFSC, USA; William Ryan, AFSC, USA

69 Collegiate Dancers' Perceptions of the Coach-Created Motivational Climate, Perfectionism, and Team Cohesion

Frances Cacho, California State University Fullerton, USA; Andrea Becker, California State University, Sacramento, USA; Kathleen Wilson, California State University, Fullerton, USA; Risto Marttinen, California State University, Fullerton, USA; Chelsea Wooding, National University, USA; Laura Evans, California State University, Fullerton, USA

70 Exploring the Impact of a Brief Mental Skills Training Program on Dancers’ Coping Skills and Injuries

Leigh Skvarla, Chatham University, USA; Damien Clement, West Virginia University, USA

Mental Health

80 An Interpretative Phenomenological Analysis of 2013 Boston Marathoners’ Experience of Running a Subsequent Boston Marathon

Allison Grace, San Jose State University, USA; Ted Butryn, San Jose State University, USA

81 Do More Creative People Adapt Better? An Investigation into the Association Between Creativity and Adaptation

Veronique Richard, National School of Circus/Cirque du Soleil, Canada; Jean-Charles Lebeau, Ball State University, USA; Fabian Becker, Florida State University, USA; Richard Inglis, Florida State University, USA; Gershon Tenenbaum, Florida State University, USA
91 The Relationship between Motivational Climate and Self-efficacy and Enjoyment in High-Performing Musicians
Todd Wilkinson, University of Wisconsin - River Falls, USA; Hai Nguyen, Carleton College, USA

92 Navigating The Process of Incorporating Technology Into Private Practice
Devin Markle, Sports Academy, USA

93 A Case for Evidence Informed and Evidence Based Sport Psychology - Recommendations for Training, Research, and Practice
Alex Yarnell, Ithaca College, USA; Justine Vosloo, Ithaca College, USA; Sebastian Harenberg, Ithaca College, USA

94 An Academic to Professional Transition in Sport Psychology: Working with Soldiers, Their Families and US Army Special Operations Forces
Sydney Masters, People, Technology and Processes, LLC, USA; Lila Gorden, Ithaca College, USA; Justine Vosloo, Ithaca College, USA; Sebastian Harenberg, Ithaca College, USA

95 The Future of Continuing Education in Sport and Exercise Psychology: A Delphi Study
Alessandro Quartiroli, University of Wisconsin - La Crosse, USA; Christopher Wagstaff, University of Portsmouth, UK; Kemmel Cassandra, UW - La Crosse, USA; Hermis Maggie, UW - La Crosse, USA

96 Wittgenstein, Language-Games, and Conceptual Confusions in Sport Psychology
Tim Pitt, English Institute of Sport, UK; Owen Thomas, Cardiff Metropolitan University, UK; Sheldon Hanton, Cardiff Metropolitan University, UK; Pete Lindsay, Mindflick, UK; Mark Bawden, Mindflick, UK

97 A Novel Measure for Assessment of Recovery in Athletes: An Exploratory Factor Analysis (EFA)
Courtney Hess, University of Massachusetts - Boston, USA; Stacy Gnacinski, Drake University, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA

98 Development and Preliminary Validation of a New Recovery Measure: Coach Input
Melanie Nai, University of Wisconsin - Milwaukee, USA; Stacy Gnacinski, Drake University, USA; Carly Wahl, University of Wisconsin Milwaukee, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA

99 Evaluating Item Performance in a Novel Measure of Perceived Recovery: Applications of Item Response Theory
Stacy Gnacinski, Drake University, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA

100 Keep Calm and Play On: The Effects Mindfulness and Goal Orientation on Sport Performance
Alex Auerbach, University of North Texas, USA; Trent Petrie, University of North Texas, USA; Troy Moles, Premier Sport Psychology, USA

101 The Effects of Team Win: Loss Ratio on Individual Motivation and Performance
Stephanie Bailey, Dept. Psychology & SUNY Neuroscience Research, USA

102 A Case Study of Habit Formation on Attention and Prioritization of Mental Skills Among Military Intelligence Students
Russ Flaten, SAIC, USA; Jessica Woods, SAIC/ARMY, USA

103 Knowing Your Partner Is as Important as Knowing Yourself: Developing Awareness and Regulation Strategies for Yourself and Your Teammate
Brad Baumgardner, AFSC, USA; Brett Sandwick, Elite Mentality, USA

104 Sociogenic Influences of Authentic Leadership on Psychological Resilience in United States Army Soldiers
John Gaddy, Armed Forces Services Corporation, USA; Stephen Gonzalez, The College at Brockport, State University of New York, USA

105 Bring It On: Exciting Activities for Teaching Sport Psychology Face-to-Face and Online
Mark Stanbrough, Emporia State University, USA

106 Coubertin's Corner - Increasing Group Functioning in the Classroom: Four Perspectives from the Field
Eric Martin, Boise State University, USA; Megan Byrd, John F Kennedy University, USA; Alison Ede, California State University, Long Beach, USA; Stefanie Maurice, California Polytechnic State University, USA

107 @sportpsychclass: The Use of Instagram as a Teaching Strategy with an Online Introductory Sport Psychology Class
Lindsay Berg, West Virginia University, USA; Carra Johnson, West Virginia University, USA

108 Teaching Sport and Exercise Psychology for the First Time: Reflections and Lessons Learned
Jessica Ford, University of Wisconsin-Milwaukee, USA
109 The Final Countdown: Teaching Fun, Active Learning, and Engaging Final Assessments for the Sport Psychology Classroom
Emily Heller, Waubonsee Community College, USA; Christina Johnson, Cornell College, USA

118 Self-talk of Junior Elite Tennis Players and their Parents in Competition
Véronique Boudreault, Laval University, Canada; Christiane Trottier, Université Laval, Canada; Martin. D. Provencher, Université Laval, Canada

119 Sharing the Dinner Table with Your Opponent: Sibling Rivalry in Sport
Keyana Spivey, Long Island University- Brooklyn, USA

120 Strategies to Improve Self-Efficacy in High School Athletes
Madison Hunt, Long Beach State University, USA; Matthew Dove, Long Beach State University, USA; Sungjun Park, Long Beach State University, USA; Autumn Fox, Long Beach State University, USA; Madeline Hayford, Chevron, USA; Sara Reed, Long Beach State University, USA; Nicole Blumer, Long Beach State University, USA; Tiffany Vargas, California State University, Long Beach, USA; Leilani Madrigal, Long Beach State University, USA

121 The Coach-Parent Relationship in Competitive Figure Skating: An Interpretive Description
Jessie Wall, Student, Canada; Kesha Pradhan, Student, Canada; Leah Baugh, Student, Canada; Mark Beauchamp, Professor, Canada; Sheila Marshall, Professor, Canada; Richard Young, Professor, Canada

122 The Road to Success: Utilizing NFL Players’ Attributions to Success to Support Youth Development
Tara Hegg, USA; Jessica Bartley, University of Denver, USA

123 Using Evidence-Based Psychological Diagnostics for Talent Development: An Application Example in an Elite German Youth Soccer Academy
Oliver Höner, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany; Thorsten Leber, VfB Stuttgart / University of Tübingen, Germany; Philip Feichtinger, University of Tübingen, Germany
POSTER SESSION II
FRIDAY, OCTOBER 5
METROPOLITAN EAST

Poster Setup: 7:00 AM – 9:00 AM
Poster Viewing: 9:00 AM – 7:00 PM
Authors Present: 5:30 PM – 7:00 PM
Poster Tear Down: 7:00 PM – 7:30 PM

Coaching

124 A Systematic Observation of the In-Game Behaviors of a Highly Successful Collegiate Volleyball Coach During a National Championship Season
Andrea Becker, California State University, Sacramento, USA

125 Acquisition of Knowledge Among Youth Disability Sport Coaches
Pierre Lepage, McGill University, Canada; Gordon Bloom, McGill University, Canada

126 “Coach as Youth Worker”: A Pilot Study Examining Intern Coaches’ Experiences in a Novel Competency-Based Training
Fritz Ettl, Butler University, USA; John McCarthy, Boston University, USA; Val Altieri, Jr., Boston University, USA

127 Coaching Above the Physical: Developing the Holistic Athlete by Intentionally Coaching Mental Skills and Character
William Stinson, Emporia State University, USA; Mark Stanbrough, Emporia State University, USA

128 Exploring the Roles of Commitment, Resilience, and Grit in Coach Burnout
Peter Olusoga, Sheffield Hallam University, UK; Korey Hallett-Blanch, Sheffield Hallam University, UK; Jack Heroi, Sheffield Hallam University, UK; Dom Smith, Sheffield Hallam University, UK; James Rumbold, Sheffield Hallam University, UK

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