2016 Conference Schedule-At-A-Glance
## FULL CONFERENCE SCHEDULE

### AREAS OF INTEREST

New in 2016, the Conference Planning Committee has identified several “Areas of Interest” in efforts to assist members in choosing conference sessions that may meet their needs. Though clearly not an exhaustive list of all topic areas of interest, the “areas” identified for the 2016 conference are:

1. Students,
2. Innovations in Sport Psychology,
3. Teaching and
4. Exercise/Fitness/Health.

### WEDNESDAY, SEPTEMBER 28

#### 9:00 am - 12:00 pm

**CE Workshop: Designing, Implementing, and Evaluating Applied Sport Psychology Programs in Secondary, Collegiate, and Professional Sports Organizations**

Charlie Maher*, PsyD, Cleveland Indians

Pre-Registration Required

### 1:00 pm - 2:00 pm

**AASP CONFERENCE BEGINS**

#### Ironwood

**LEC-01: Clinical Issues**

**LEC-01A: Turning the corner: A comparison of female collegiate athletes and non-athletes who achieved eating disorder recovery.**

Jessyca Arthur-Cameselle*, Western Washington University, USA

**LEC-01B: Does Sport Participation and Gender Matter? Examining Binge Eating Symptoms in Male and Female Undergraduate Athletes and Non-Athletes**

Jacey Keeney*, Rosalind Franklin University of Medicine and Science, USA; Leila Azarbad, North Central College, USA

**LEC-01C: Student-Athlete and Student Non-Athletes' Attitudes Toward Seeking Online and Face-to-Face Counseling**

Matthew Bird*, Florida State University, USA; Gily Meir, Florida State University, USA; Jaison Freeman, Florida State University, USA; Graig Chow, Florida State University, USA

* Denotes Presenters

#### Eucalyptus

**PAN-01: Social Identity Theory and Double Consciousness: Implications for Effectively Working with Clients of Diverse Backgrounds**

Angel Brutus*, Synergistic Solutions, LLC, USA; Aaron Goodson*, West Virginia University, USA; Jerry Holt*, Texas A&M University, USA

#### Foxtail

**SYM-01: Making it work: Differing models of delivering sport psychology services within collegiate athletics**

Melinda Houston*, Occidental College, USA; Ashley Samson*, California State University, Northridge, USA; Angela Fifer*, United States Military Academy, USA; Vanessa Shannon*, IMG Academy, USA

#### Sierra 1

**SYM-02: Apply, Adapt, and Achieve: Tips for a Successful Transition from Graduation to the Job Market**

Itay Basevitch*, Anglia Ruskin University, UK; Edson Filho*, University of Central Lancashire, UK; Amber Shiperd*, Eastern Illinois University, USA; Claire Rossato*, Middlesex University, London Sports Institute, UK; Oscar Gutierrez*, Florida State University, USA

#### Goldwater

**WKSP-01: “Going up?” How to develop an impactful elevator speech**

Duncan Simpson*, Barry University, USA; Angus Mugford*, Toronto Blue Jays, USA; Justin Su’a*, Boston Red Sox, USA

#### Juniper

**WKSP-02: Transferring mental skills to the competitive environment through experiential learning**

Lindsey Hamilton*, IMG Academy, USA; DJ Anderoli, IMG Academy, USA; Ryan Ingalls*, IMG Academy, USA; Taryn Morgan*, IMG Academy, USA; David da Silva, IMG Academy, USA; Michael Lewis, IMG Academy, USA; Christian Smith, IMG Academy, USA; Taylor Stutzman, IMG Academy, USA; Andrea Wieland, IMG Academy, USA; David Hesse, IMG Academy, USA; James Leath, IMG Academy, USA
<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session Title</th>
<th>Presenters</th>
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<tbody>
<tr>
<td>1:00 pm - 2:00 pm</td>
<td>Sierra 2/3</td>
<td>WKSP-03: Eyes Do Not Ensure That I Can See: The Practice of Observation as a Gateway to Effective Mental Skills Training Development and Implementation</td>
<td>Shannon Baird*, CSF2-TC/SAIC, USA</td>
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<tr>
<td>2:15 pm - 3:30 pm</td>
<td>Ironwood</td>
<td>LEC-02: Like Skills/Learning Strategies</td>
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<td>LEC-02A: Training Coaches in Botswana in LifeMatters – a Program Combining Games and Mental Skills</td>
<td>Stephanie Hanrahan*, The University of Queensland, Australia; Tshepang Tshube, University of Botswana, Botswana</td>
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<td>LEC-02B: Youth perceptions of the transfer of life skills in a sport based youth development program</td>
<td>Jenn Jacobs*, Northern Illinois University, USA</td>
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<td>LEC-02C: Developing a Life Skills Intervention Program for Professional Cricketers</td>
<td>Adam Miles*, University of Otago, New Zealand; Ken Hodge, University of Otago, New Zealand</td>
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<td>LEC-02D: Giving learners task-relevant or task-irrelevant choices enhances motor skill learning</td>
<td>Takehiro (Hiro) Iwatsuki*, University of Nevada, Las Vegas, USA; Gabriele Wulf, University of Nevada, Las Vegas, USA</td>
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<td>2:15 pm - 3:30 pm</td>
<td>Juniper</td>
<td>LEC-03: Motivation and Self-Perceptions</td>
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<td>LEC-03A: An Examination of 2x2 Achievement Goals and Perceived Resilient Qualities in Collegiate Athletes</td>
<td>Stephen Gonzalez*, The College at Brockport, State University of New York, USA; Maria Newton, University of Utah, USA</td>
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<td>LEC-03B: Malleable Mindsets: Implicit Theories of Mental Skills Abilities in Collegiate Athletes</td>
<td>Cory Shaffer*, Lowdergroup/Clemson University, USA; Gershon Tenenbaum, Florida State University, USA; Robert Eklund, University of Stirling, UK</td>
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<td>LEC-03C: Female Adolescent Soccer Players’ Perceived Motivational Climate, Goal Orientations, and Mindful Engagement</td>
<td>Susumu Iwasaki*, University of Kansas, USA; Mary Fry, University of Kansas, USA</td>
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<td>2:15 pm - 3:30 pm</td>
<td>Eucalyptus</td>
<td>PAN-02: A Coach’s Dilemma: Making Selection Decisions with Incomplete and Imperfect Information</td>
<td>Lindsay Thornton*, USOC, USA; Cam Kiosoglous*, US Rowing, USA; Jon Court*, University of Arizona Gymnastics, USA</td>
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<tr>
<td>2:15 pm - 3:30 pm</td>
<td>Goldwater</td>
<td>SYM-03: The Teaching Comes From the Practice: Mindfulness Applications for Performance Excellence</td>
<td>Mark Aoyagi*, University of Denver, USA; Amy Baltzeli*, Boston University, USA; Peter Haberl*, USOC, USA</td>
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<td>Discussant: Anne Marte Pensgaard</td>
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<td>2:15 pm - 3:30 pm</td>
<td>Sierra 2/3</td>
<td>WKSP-04: Taboo Talks in Sport Psychology: Managing Ethically Challenging Conversations in Teaching, Research, and Practice</td>
<td>Brandonn Harris*, Georgia Southern University, USA; Jack Watson II*, West Virginia University, USA; Ed Etzel*, West Virginia University, USA</td>
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<td>2:15 pm - 3:30 pm</td>
<td>Sierra 1</td>
<td>WKSP-05: Regret Aversion in Sport Psychology Practice</td>
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<td>Leilani Madrigal*, University of Nebraska, USA; Jamie Robbins*, Methodist University, USA; Christopher Stanley*, Florida Gulf Coast University, USA; Adam Tharkur*, Florida State University, USA; Ye Wang*, Florida State University, USA</td>
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<td>3:45 pm - 5:00 pm</td>
<td>Sierra 2/3</td>
<td>AASP and NATA: Lessons Learned from Interdisciplinary Collaboration in Sport Psychology and Athletic Training</td>
<td>Scott Sailor, CSU Fresno, USA; Andrew Pipkin, Cleveland Indians, USA; Dustin Williams, University of Arizona, USA; Traci Statler, Cal State Fullerton, USA (moderator)</td>
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3:45 pm - 5:00 pm  Juniper

LEC-04: Consulting/Private Practice

LEC-04A: Going for Gold: Reflections on Career Transition and First-Time Consultation at an International Multi-Sport Event
Lauren Tashman*, Barry University / Inspire Performance Consulting, USA

LEC-04B: “They don’t care how much you know until they know how much you care”: Developing effective consulting relationships with kids
Emily Lauer*, University of Tennessee, USA; Rebecca Zakraksek, University of Tennessee, USA; Stewart Waters, University of Tennessee, USA; Emily Heird, University of Tennessee, USA; Cheyanne Humphrey, University of Tennessee, USA; Michael Lozano, University of Tennessee, USA; Leslee Fisher, University of Tennessee, USA

LEC-04C: Revisiting Gaining Entry with Athletic Personnel for Season-long Consulting
Thomas Fritze*, University of Denver, USA; Mark Laird, Regent University, USA; Mark Aoyagi, University of Denver, USA; Artur Poczwardowski, University of Denver, USA

LEC-04D: Methods of observation used by experienced sport psychology practitioners
Tim Holder*, University of Central Lancashire, UK; Stacy Winter, St. Marys University, England

3:45 pm - 5:00 pm  Eucalyptus

PAN-03: Getting In the Door and Staying In: Lessons Learned from Early Career Consultants Working in Applied Sport Psychology
Brian Zuleger*, Adams State University, USA; Scotta Morton*, University of Missouri, USA; Ian Connole*, K-State Athletics, USA; Jesse Michel*, Comprehensive Soldier and Family Fitness (CSF2), USA; Ralph Vernacchia*, Western Washington University, USA

3:45 pm - 5:00 pm  Sierra 1

SYM-04: Sport Psychology in Australia: Still on the Winning Edge?
Kristen Peterson*, Australian Institute of Sport, Australia; Renee Appaneal*, Australian Institute of Sport, Australia; John Baranoff*, Australian Institute of Sport, Australia

Discussant: Charlie Brown

3:45 pm - 5:00 pm  Foxtail

SYM-05: Dual Career in Sport and Education: Context-Driven Research in North America and Europe
Natalia Stambulova*, Halmstad University, Sweden; Robert Schinke*, Laurentian University, Canada; Judy Van Raalte*, Springfield College, USA; Tatiana Ryba*, University of Jyväskylä, Department of Psychology, Finland; Britton Brewer, Springfield College, USA; Albert Petitpas, Springfield College, USA; Amy Blodgett, Laurentian University, Canada; Kaisa Aunola, University of Jyväskylä, Finland; Jaana Viljaranta, University of Jyväskylä, Finland; Harri Selänne, Mehiläinen Sports Medical Clinic, Finland; Lukas Linnér, Halmstad University, Sweden; Johan Ekengren, Halmstad University, Sweden

Discussant: Rob Schinke

3:45 pm - 5:00 pm  Goldwater

WKSP-06: Implementing the Mindfulness-Acceptance-Commitment (MAC) Approach in Sport and Performance Psychology Practice
Frank Gardner*, Touro College, USA; Zella Moore*, Manhattan College, USA

3:45 pm - 5:00 pm  Ironwood

WKSP-07: Trauma in Sports – Raising Awareness & Empowering Change
Amanda Leibovitz*, University of North Texas, USA; Mitch Abrams*, Learned Excellence for Athletes, USA

4:15 pm – 4:45 pm  Noble

Student Volunteer Training

4:30 pm – 5:15 pm  Mesquite

New Member Meet & Greet

5:30 pm – 7:00 pm  Sonoran Sky Ballroom

Opening Keynote Session

Are We Sitting on our Theories? Searching for the Bigger Picture in Active Living
Stuart JH Biddle, Victoria University, Melbourne, Australia

7:00 pm – 9:00 pm  Oasis Waterpark

Opening Reception
## THURSDAY, SEPTEMBER 29

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<tr>
<th>Time</th>
<th>Location</th>
<th>Title</th>
<th>Panelists</th>
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<tbody>
<tr>
<td>7:00 am – 8:15 am</td>
<td>Goldwater</td>
<td>CC-AASP Breakfast (by invitation only)</td>
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<tr>
<td>8:15 am - 9:30 am</td>
<td>Goldwater</td>
<td><strong>PAN-04: Time's Up! Handling Acute Competition Distraction and Distress: A Discussion with Four Experts</strong>&lt;br&gt;Amy Baltzell*, Boston University, USA; Kate F. Hays*, The Performing Edge, Canada; Artur Poczwardowski*, University of Denver, USA; Graig Chow*, Florida State University, USA</td>
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<td>8:15 am - 9:30 am</td>
<td>Sierra 2</td>
<td><strong>PAN-05: Piloting The Optimum Performance Program in Circus: Exploration into an Important Domain of Performance Psychology</strong>&lt;br&gt;Brad Donohue*, UNLV, USA; Yulia Gavrilova*, UNLV, USA; Marina Galante*, Miami University, USA; Corey Phillips*, UNLV, USA; Bryan Burnstein*, Cirque du Soleil, USA</td>
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<td>8:15 am - 9:30 am</td>
<td>Sierra 3</td>
<td><strong>SYM-06: Theory/Science to practice for excellence in Olympic performance: Multi-national and organizational perspectives</strong>&lt;br&gt;Elizabeth Shoenfelt*, Western Kentucky University, USA; Sebastian Brueckner*, Saarbruecken Olympic Training Center, Germany; Göran Kenttä*, The Swedish School of Sport and Health Science, Sweden; Tadhg MacIntyre*, University of Limerick, Ireland&lt;br&gt;Discussant: Aidan Moran</td>
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<td>8:15 am - 9:30 am</td>
<td>Ironwood</td>
<td><strong>LEC-05: Motivation and Self-Perceptions II</strong>&lt;br&gt;<strong>LEC-05A: An Investigation of Body Image in Athletes with Physical Disabilities</strong>&lt;br&gt;Nick Galli*, University of Utah/Headstrong Consulting, USA; Justine Reel, University of North Carolina Wilmington, USA; Hester Henderson, University of Utah, USA; Nicole Detling, University of Utah/Headstrong Consulting, USA&lt;br&gt;<strong>LEC-05B: Development of the Running Identity Scale</strong>&lt;br&gt;Matthew Bejar*, University of Tennessee, USA; Leslee Fisher, University of Tennessee, USA; Jennifer Ann Morrow, University of Tennessee, USA&lt;br&gt;<strong>LEC-05C: Body Shame and Social Physique Anxiety: Could Nurturing Self-Compassion Help More than Diminishing Self-objectification?</strong>&lt;br&gt;Brian Souza*, Oregon State University, USA; Vicki Ebbeck, Oregon State University, USA&lt;br&gt;<strong>LEC-05D: Physiological and Psychological Stress Responses to a Motivational Climate Intervention</strong>&lt;br&gt;Candace Hogue*, University of Kansas, USA; Mary Fry, University of Kansas, USA; Andrew Fry, University of Kansas, USA</td>
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<td>8:15 am - 9:30 am</td>
<td>Eucalyptus</td>
<td><strong>SMY-07: Domestic Violence in Sport: What is the Role for Sport and Exercise Psychology</strong>&lt;br&gt;Marc Strickland*, Multisport Psychological Consultants, LLC, USA; Kristen Dieffenbach*, WVU - Athletic Coaching Ed, USA; Holly Salisbury*, Forensic Psychologist and Owner of Matri Psychological Services, USA&lt;br&gt;Discussant: Gloria Balague</td>
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<td>8:15 am - 9:30 am</td>
<td>Grand Ballroom Foyer</td>
<td><strong>WKSP-08: Better Together: A Case Study Workshop for Students</strong>&lt;br&gt;Chelsea Wooding*, Expression Dance Studio, USA; Ashley Coker-Cranney*, West Virginia University, USA; Sarah Castillo*, National University, USA; Jack Watson II*, West Virginia University, USA; Eric Bean*, Strong Mind, USA</td>
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**Exhibits Open**
**LEC-06C: Collegiate head coaches' perceptions of autonomy support: Development and validation of the Autonomy Support Beliefs Scale**  
Johannes Raabe*, University of Tennessee, USA; Rebecca Zakrajsek, University of Tennessee, USA; John Orme, University of Tennessee, USA

11:30 am - 12:30 pm  
**Sierra 2**

**LEC-07: Challenging Situations in Sport**

**LEC-07A: Male and Female Cross Country Runners' Experiences of Street Harassment**  
Emiliy Roper*, Sam Houston State University, USA; Katherine Polasek, SUNY Cortland, USA

**LEC-07B: Creating and Validating the Shame in Sport Questionnaire**  
Mario Fontana, Northern State University, USA; Mary Fry, University of Kansas, USA

**LEC-07C: Managing Hostile Aggression: An Investigation of Moral Disengagement, Coaching Efficacy, and Responses to Athlete Aggression Among High School Coaches**  
Carra Johnson*, CSU Long Beach, USA

11:30 am - 12:30 pm  
**Goldwater**

**SYM-08: Stress in High-Performance Coaches: Situations May Be Similar but the Experience Can Be Different**  
Stiliana ‘Ani’ Chroni*, Hedmark University College, Norway; Frank Abrahamsen*, Norwegian School of Sport Sciences, Norway; Göran Kenttä*, The Swedish School of Sport and Health Science, Sweden; Faye Didymus*, Leeds Beckett University, UK; Marte Bentzen*, Norwegian School of Sport Sciences, Norway; Richard Gordin*, Utah State University, USA; Liv Hemmestad, Olympic Training Center, Norway; Jørgen Holmemo, Norwegian School of Sport Sciences, Norway; Pierre-Nicolas Lemyre, Norwegian School of Sport Sciences, Norway

11:30 am - 12:30 pm  
**Foxtail**

**WKSP-09: The Science and Art of Live Coaching**  
Christian Smith*, IMG Academy, USA; Taryn Morgan*, IMG Academy, USA; Lindsey Hamilton*, IMG Academy, USA; David da Silva, IMG Academy, USA; Michael Lewis, IMG Academy, USA; Taylor Stutzman, IMG Academy, USA; Andrea Wieland, IMG Academy, USA; DJ Andreoli, IMG Academy, USA; David Hesse, IMG Academy, USA; Ryan Ingalls, IMG Academy, USA; James Leath, IMG Academy, USA

11:30 am - 12:30 pm  
**Sierra 1**

**Publishing in the Journal of Applied Sport Psychology (JASP), Journal of Applied Sport Psychology in Action (JSPA), and Case Studies in Sport and Exercise Psychology (CSSEP)**  
Stewart Cotterill*, University of Winchester, UK; Ian Maynard*, Sheffield Hallam University, UK; Stephen Mellalieu*, Cardiff Metropolitan University, UK

11:30 am - 12:30 pm  
**Eucalyptus**

**LEC-06: Coaching/Leadership**

**LEC-06A: The Road to World Cup Victory in Soccer: Profile of Successful Coaches and Teams**  
Jean Rettig, Florida State University, USA; Edson Filho*, University of Central Lancashire, Italy

**LEC-06B: NCAA Student-Athletes' Self-Efficacy: Parent Communication and Efficacy Enhancing Techniques**  
Sara M. Erdner*, University of Tennessee, USA; Courtney N. Wright, University of Tennessee, USA; Rebecca A. Zakrajsek, University of Tennessee, USA

11:30 am - 12:30 pm  
**Sonoran Sky**

**KEYNOTE SESSION**

**Awards & Recognition**

Distinguished Professional Practice Award:  
*Kate F. Hays, The Performing Edge*

Student Diversity Award:  
*Sae-Mi Lee, West Virginia University*

Outgoing Board recognition:  
*Sarah Carson Sackett, Alex Cohen, Dolores Christensen*

**Never, Ever Give Up**  
Diana Nyad, Distance Swimmer/Endurance Athlete

**Post-Presentation Panel:**  
Mustafa Sarkar, Nottingham Trent University, UK  
Sam Zizzi, West Virginia University, USA;  
Jennifer Schumacher, California State University-Fullerton, USA;  
Brent Walker, Columbia University, USA (moderator)

11:30 am - 12:30 pm  
**Sonoran Sky**

**Five Slides in Five Minutes:**  
**Best Practices In Consulting**  
Eric Bean, HigherEchelon, Inc., USA (Moderator); Shannon Baird, CSF2-TC/SAIC, USA; Alex Cohen, USOC, USA; Angela Fifer, United States Military Academy, USA; Cassandra Pasquariello, University of Washington, USA; Graig Chow, Florida State University, USA; Stephen Gonzalez, State University of New York, USA

11:30 am - 12:30 pm  
**Sierra 1**

**EKLYPTUS**

**LEC-06: Coaching/Leadership**

**LEC-06A: The Road to World Cup Victory in Soccer: Profile of Successful Coaches and Teams**  
Jean Rettig, Florida State University, USA; Edson Filho*, University of Central Lancashire, Italy

**LEC-06B: NCAA Student-Athletes' Self-Efficacy: Parent Communication and Efficacy Enhancing Techniques**  
Sara M. Erdner*, University of Tennessee, USA; Courtney N. Wright, University of Tennessee, USA; Rebecca A. Zakrajsek, University of Tennessee, USA
### LEC-08C: A Three-Domain Personality Analysis of a Mentally Tough Athlete
Tristan Coulter*, The University Of Queensland, Australia; Cliff Mallett, The University Of Queensland, Australia; Jefferson Singer, Connecticut College, USA

### LEC-08D: The role of passion and affect in enhancing the understanding of coach burnout
Marte Bentzen*, Norwegian School of Sport Sciences, Norway; Frode Moen, Norwegian University of Science and Technology, Norway; Kenneth Myrhe, Norwegian University of Science and Technology, Norway

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<tr>
<th>Time</th>
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<th>Title</th>
<th>Authors</th>
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<tr>
<td>2:30 pm - 3:45 pm</td>
<td>Goldwater</td>
<td>PAN-06: Addressing the Mental and Emotional Needs of Professional Athletes: Challenges in Coordinating Programs and Services</td>
<td>Charles Maher*, Cleveland Indians, USA; Angus Mugford*, Toronto Blue Jays, USA; Chris Carr*, St. Vincent Sports Performance, USA; Jack J. Lesyk*, Ohio Center for Sport Psychology, USA; Mark Aoyagi*, University of Denver, USA</td>
</tr>
<tr>
<td>2:30 pm - 3:45 pm</td>
<td>Eucalyptus</td>
<td>SYM-09: Examining the Role of the Sport Psychology Consultant in Coaches' Intra and Interpersonal Knowledge Development</td>
<td>Kristen Dieffenbach*, West Virginia University, USA; Tammy Sheehy*, West Virginia University, USA; Göran Kenttä*, The Swedish School of Sport and Health Science, Sweden; Meghan Halbrook*, West Virginia University, USA; Stephen Harvey, West Virginia University, USA; Roch King, West Virginia University, USA; Clayton Kuklick, West Virginia University, USA</td>
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<tr>
<td>2:30 pm - 3:45 pm</td>
<td>Sierra 1</td>
<td>SYM-10: 70 Years In: Anabolic Steroid Use and the Athlete – What Consultants Need to Know</td>
<td>Tracy Olrich*, Central Michigan University, USA; Mary Ruty, Central Michigan University, USA; Mario Vassallo*, Wayne State University, USA; Mitch Abrams*, Learned Excellence for Athletes, USA; Kelvin Byrd, Central Michigan University, USA; Kristine Miller, Central Michigan University, USA</td>
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**Discussant:** Tracy Olrich
LEC-09B: Self-compassion Facilitates Internalized Motivation for Physical Activity
Brian Souza*, Oregon State University, USA; Vicki Ebbeck, Oregon State University, USA

LEC-09C: Promoting Motivational Outcomes in University Physical Education: Type of Activity Matters
Tsz Lun (Alan) Chu*, University of North Texas, USA

LEC-09D: Development and Validation of the Intuitive Exercise Scale
Nick Galli*, University of Utah/Headstrong Consulting, USA; Dana Voelker, West Virginia University, USA; Justine Reel, University of North Carolina Wilmington, USA; Maya Miyairi, Utah State University, USA; Christy Greenleaf, University of Wisconsin at Milwaukee, USA

LEC-10: Youth Sport

LEC-10A: Character Development in Youth Sport: Can a Character-Based Curriculum Promote Athletes’ Beliefs and Behaviors About Respect?
Andrea Ettekal, Tufts University, USA; Kristina Moore*, Boston College / Lasell College / Univ. of New Hampshire, USA; Patricia Gansert, Tufts University, USA; Kaitlyn Ferris, Tufts University, USA; Tina Syer, Positive Coaching Alliance, USA

LEC-10B: Developing and Testing an Observational Measure to Assess Program Quality in Youth Sport
Corliss Bean*, University of Ottawa, Canada; Tanya Fomeris, University of Ottawa, Canada

LEC-10C: Examining Youth Football Coaches and Their Knowledge of, and Attitudes Towards, Sport Concussions
Sean Kerr*, California State University Long Beach, USA; Tiffanye Vargas, California State University Long Beach, USA; Jim Becker, California State University Long Beach, USA; Mimi Nakajima, California State University Long Beach, USA

LEC-10D: Youth Athletes’ Perspectives on The Effects of Punishment Use in Sport
Anthony Battaglia*, University of Toronto, Canada; Gretchen Kerr, University of Toronto, Canada

FRIDAY, SEPTEMBER 30

7:00 am – 8:00 am
Committee Meetings
See page 21 for schedule and room assignments.

7:15 am – 8:15 am
5K Fun Run & Walk
Meet in parking lot near fitness center

8:15 am - 9:30 am
LEC-09: Motivation and Self-Perceptions III

LEC-09A: Home advantage from a social-cognitive perspective
Bernd Strauss*, University of Muenster, Germany; Kathrin Staufenbiel, University of Muenster, Germany
8:15 am - 9:30 am  Goldwater

LEC-11: Mental Training/Interventions

LEC-11A: The Development and Execution of a Multi-faceted Sport Psychology Community Outreach Initiative: Process Reflections and Lessons Learned
Ashley Samson*, California State University, Northridge, USA;
Stephen Gonzalez, The College at Brockport, State University of New York, USA;
Duncan Simpson, Barry University, USA;
Kristina Moore, Boston College / Lasell College / Univ. of New Hampshire, USA;
E. Whitney Moore, University of North Texas, USA;
Stephany Coakley, Maximum Mental Training Associates (MMTA), USA;
Jennifer Thome, Illinois State University, USA

LEC-11B: Intentional Culture Building at a NCAA Division 1 Institution: Experiences and Recommendations
Jack Brown*, The University of Missouri, USA;
Joanna Foss, University of Missouri, USA;
Katherine McLean, University of Missouri, USA

LEC-11C: The Denali Project: A Mental Skills Training Program for Military Veteran Injury Support
Jared Hines*, Fresno State University, USA;
Dawn Lewis, California State University, Fresno, USA;
David Kinnunen, California State University, Fresno, USA;
Michael Coles, California State University, Fresno, USA

LEC-11D: The transtheoretical model of behavior change: Evidence-based translation of theory to practice with NCAA student-athletes
Stacy Gnacinski*, University of Wisconsin-Milwaukee, USA;
William Massey, Concordia University Wisconsin, USA;
Courtney Fisher-Hess, University of Wisconsin-Milwaukee, USA;
Barbara Meyer, University of Wisconsin-Milwaukee, USA

8:15 am - 9:30 am  Juniper

SYM-11: Sport-Related Concussions: Considerations for the Sport Psychology Professional
Jeff Caron*, McGill University, Canada;
Gordon Bloom*, McGill University, Canada;
Marc Cormier*, University of Kentucky, USA

8:15 am - 9:30 am  Sierra 2/3

SYM-12: Teaching SIG Symposium: High Impact Teaching Practices in Sport, Exercise, and Performance Psychology to Promote Engagement
Amber Shipherd*, Texas A&M University Kingsville/ Next Level Mind Consulting, USA;
John Coumbe-Lilley*, University of Illinois at Chicago, USA;
Melissa Thompson*, The University of Southern Mississippi, USA;
Sarah Castillo*, National University, USA;
Tanya Prewitt-White*, Adler University, USA

8:15 am - 9:30 am  Ironwood

WKSP-13: Performance Readiness Planning
Alexander Cohen*, United States Olympic Committee, USA

9:30 am – 3:00 pm  Grand Ballroom Foyer

Exhibits Open

9:45 am – 11:00 am  Sonoran Sky

KEYNOTE SESSION

Awards & Recognition
Dorothy Harris Memorial Award: Monna Arvinen-Barrow, University of Wisconsin - Milwaukee
Distinguished Doctoral Student Practice Award: Eric Martin, Michigan State University
Distinguished Master’s Student Practice Award: Brendan Danker, Miami University (Ohio)
Student Travel Awards & Young Researcher Awards

Exploring Cognitive Processes in Sport: Old Problems and New Directions
Aidan Moran, University College, Dublin, Ireland

11:30 am - 12:30 pm  Eucalyptus

Five Slides in Five Minutes: Mindfulness
Sarah Castillo, National University, USA (Moderator);
Renee Appaneal, Australian Institute of Sport, Australia;
Amy Baltzell, Boston University, USA;
Frank Gardner, Touro College, USA; Peter Haberl, USOC, USA; Joe Mannion, Pepperdine University, USA; Zella Moore, Manhattan College, USA
11:30 am - 12:30 pm  
**Juniper**

**AASP Certification: Exam Development and Future Directions**
Jack Watson II*, West Virginia University, USA, Robert Harmison*, James Madison University, USA

11:30 am - 12:30 pm  
**Sierra 1**

**Moran Keynote Discussion**
Aidan Moran, University College-Dublin, Ireland

11:30 am - 12:30 pm  
**Goldwater**

**LEC-12: Exercise & Play**

**LEC-12A: Superwoman: Exploring Stress, Coping, and Physical Activity Among African American Women**
Leeja Carter*, Long Island University - Brooklyn, USA; Amerigo Rossi, Long Island University - Brooklyn, USA

**LEC-12B: Quadrant Analyses of the FUN MAPS: Identifying Go-Zones for Planning and Intervention**
Amanda Visek*, The George Washington University, USA; Heather Mannix, The George Washington University, USA; Avinash Chandran, The George Washington University, USA; Ciera Jones, The George Washington University, USA; Karen McDonnell, The George Washington University, USA; Sara Achrati, Boston University, USA; Loretta DiPietro, The George Washington University, USA

**LEC-12C: The Fitbit Phenomenon: Perceived Usefulness and Best Practices**
Selen Razon*, Ball State University, USA; Alex Wallace, Ball State University, USA; Jorge Ballesteros, Ball State University, USA; Nicole Koontz, Ball State University, USA; Alex Montoye, Ball State University, USA

11:30 am - 12:30 pm  
**Sonoran Sky**

**PAN-08: Understanding the World of Sport: The Key Ingredient in the Practice of Applied Sport Psychology**
Gloria Balague*, SportPsych Consulting, USA; Cristina Fink*, High Performance Sports, Philadelphia Union, USA; Richard Gordin*, Utah State University, USA; Kenneth Ravizza*, California State University, Fullerton, USA; Ralph Vernacchia*, Western Washington University, USA

11:30 am - 12:30 pm  
**Sierra 2/3**

**SYM-13: Beyond the textbook: The role of mentorship for students in applied sport psychology**
Angela Fifer*, United States Military Academy, USA; Megan Rinderer*, University of Denver, USA; Brendan Oneil*, Springfield College, USA

11:30 am - 12:30 pm  
**Foxtail**

**WKSP-14: Autogenic training: Sport psychology and clinical applications**
Frances Price*, Independent Practice, USA; Mark Andersen, Halmstad University, Sweden; Charles Johnson*, University of Wyoming, USA

11:30 am - 12:30 pm  
**Ironwood**

**WKSP-15: Making Learning Fun (Again): Creative Activities for Those Potentially Dry Topics within Sport and Exercise Performance Consulting**
Sydney Masters*, Ithaca College, USA; Cathlyn Pistolas*, Ithaca College, USA; Brian McDevitt**, Ithaca College, USA; Margaret McConnell, Ithaca College, USA; Megan Walker, Ithaca College, USA; Justine Vosloo, Ithaca College, USA

12:30 pm – 1:30 pm  
**Mesquite**

**Committee Meetings**
See page 21 for schedule and room assignments.

12:30 pm – 1:30 pm  
**Eucalyptus**

**Meet the Professionals Luncheon**
Ticket required. Event sold out.

1:45 pm - 2:45 pm  
**Juniper**

**LEC-13: eSport & Exergaming**

**LEC-13A: An Exploration of Mental Skills Among Competitive Gamers**
Daniel Himmelstein*, USA; Yitong Liu, University of Denver, USA; Jamie Shapiro, University of Denver, USA
<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Title</th>
<th>Presenters</th>
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<tbody>
<tr>
<td>3:00 pm – 3:30 pm</td>
<td>Sonoran Sky</td>
<td>COLEMAN GRIFFITH LECTURE</td>
<td>Gershon Tenenbaum, Florida State University</td>
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<tr>
<td>3:30 pm – 4:00 pm</td>
<td>Sonoran Sky</td>
<td>PRESIDENTIAL ADDRESS</td>
<td>Angus Mugford, Toronto Blue Jays</td>
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<tr>
<td>8:15 am - 9:30 am</td>
<td>Eucalyptus</td>
<td>Five Slides in Five Minutes: Gizmos &amp; Gadgets</td>
<td>Cindra Kamphoff*, Private Practice &amp; Minnesota State University*, USA; Justin Su’a*, Boston Red Sox, USA; Carrie Cheadle*, <a href="http://www.carriecheadle.com">www.carriecheadle.com</a>, USA; Bernie Holliday*, Pittsburgh Pirates, USA; Erika Carlson*, Mental Training Inc., USA; Jim Taylor*, Private Practice</td>
</tr>
<tr>
<td>8:15 am - 9:30 am</td>
<td>Sierra 2/3</td>
<td>LEC-14A: ‘Pouring Everything that You Are’: Musicians’ Experiences of Optimal Performances</td>
<td>Jessica Ford*, University of Wisconsin-Milwaukee, USA; Justine Vosloo, Ithaca College, USA; Monna Arvinen-Barrow, University of Wisconsin-Milwaukee, USA; Miranda Kaye, Pennsylvania State University, USA</td>
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<tr>
<td>1:45 pm - 2:45 pm</td>
<td>Ironwood</td>
<td>WKSP-16: Using Transactional Analysis as a framework to resolve intra-team conflicts</td>
<td>Megan Byrd*, West Virginia University, USA; Stefane Van Horn*, West Virginia University, USA</td>
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<tr>
<td>1:45 pm - 2:45 pm</td>
<td>Sierra 2/3</td>
<td>WKSP-17: Don’t Look Back at Me, Pass It On: Mentoring Aspiring Females in the Field</td>
<td>Tanya Prewitt-White*, Adler University, USA; Leeya Carter*, Long Island University - Brooklyn, USA</td>
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<td>Time</td>
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| 8:15 am - 9:30 am | Juniper           | **WKSP-19: Cultivating Team Culture: Best Practices and Applications**  
Jeni Shannon*, UNC Chapel Hill; Carolina Strategies, PLCC, USA; Kelli Moran-Miller*, Stanford Athletics, USA  |
| 9:30 – 11:30 am   | Grand Ballroom Foyer | **Exhibits Open**                                                     |
| 9:45 am – 11:00 am| Sonoran Sky       | **KEYNOTE SESSION**                                                  |
|                   |                   | **Awards & Recognition**                                              |
|                   |                   | **Dissertation Award:**                                               |
|                   |                   | Mustafa Sarkar, Loughborough University                                |
|                   |                   | **Masters Thesis Award:**                                             |
|                   |                   | Anthony Battaglia, University of Toronto                               |
|                   |                   | **Student Diversity Conference Travel Grant Recipients**              |
| 11:30 am - 12:30 pm| Eucalyptus        | **Student Professional Development Workshop - Imagery**               |
|                   |                   | Duncan Simpson*, Barry University, USA; Phillip Post*, New Mexico State University |
| 11:30 am - 12:30 pm| Sierra 2/3        | **Youth Sport Interventions – European Perspectives (FEPSAC invited symposium)** |
|                   |                   | Maurizio Bertolino*, G. d’Annunzio University of Chieti-Pescara, Italy; Tatiana Ryba*, University of Jyväskylä, Finland; Chris Harwood*, Loughborough University, UK; Natalia Stambulova*, Halmstad University, Sweden |
| 11:30 am - 12:30 pm| Ironwood          | **LEC-15: Coaching/Leadership II**                                    |
|                   |                   | **LEC-15A: Coaches, Climates, “Field” Goals, and Efficacy: A “De-Construction” of the Mastery-Approach to Coaching and Examination of Relationships to Psychosocial Outcomes in a Youth Football Player Development Program** |
|                   |                   | Jay Goldstein*, University of Maryland, USA                          |

**LEC-14C: “Skill, Professionalism, and Teamwork”: Understanding the selection process of the Canadian Air Force Snowbird Demonstration Team**  
Luc Martin*, Queen’s University, Canada; Mark Eys, Wilfrid Laurier University, Canada

**LEC-14D: “Drive On: The Relationship between psychological variables and effective squad leadership**  
Todd Gilson*, Northern Illinois University, USA; Melissa Dix, Northern Illinois University, USA; Marc Lochbaum, Texas Tech University, USA

**PAN-11: Teach me and I may remember, involve me and I learn: Peer mentoring in graduate education**  
Andrew Bass*, University of Tennessee, USA; Johannes Raabe*, University of Tennessee, USA; Emily Lauer*, University of Tennessee, USA; Sara Erdner*, University of Tennessee, USA; Matthew Bejar*, University of Tennessee, USA; Rebecca Zakrajsek*, University of Tennessee, USA

**SYM-15: Theory-driven practices – Demonstrations of the scientists-practitioner Model**  
Gershon Tenenbaum*, Florida State University, USA; Maurizio Bertolino*, University “G. D'Annunzio”, Chieti, Italy; Robert Schinke*, Laurentian University, Canada

**SYM-16: Transfer: Examining the Complex Process of How Sport Skills Become Life Skills**  
Scott Pierce*, Illinois State University, USA; Martin Camire*, University of Ottawa, Canada; Daniel Gould*, Michigan State University, USA; Kelsey Kendellen*, University of Ottawa, Canada

**WKSP-18: Navigating Multicultural Challenges in Sport Psychology Consulting**  
Alexander Yu*, University of North Texas, USA; Shelly Sheinbein*, UNT Center for Sport Psychology and Performance Excellence, USA; Elena Estanol*, Synapse Counseling LLC, USA; Amanda Alexander*, Texas Tech University, USA; Sheriece Sadberry*, Optimal Moments, LLC, USA; Michelle Montero*, University of Illinois-Chicago Counseling Center, USA; Trent Petrie, University of North Texas, USA
**LEC-15B: The Care-Performance Relationship: What U.S. NCAA DI Male Assistant Coaches Tell Us about Caring For Student-Athletes**  
Leslee Fisher*, University of Tennessee, USA; Matthew Bejar, University of Tennessee, USA; Teri Shigeno, University of Tennessee, USA; Leslie Larsen, University of Tennessee, USA

**LEC-15C: The Care-Performance Relationship: What U.S. NCAA DI Female Assistant Coaches Tell Us about Caring For Student-Athletes**  
Leslee Fisher*, University of Tennessee, USA; Teri Shigeno, University of Tennessee, USA; Matthew Bejar, University of Tennessee, USA; Leslie Larsen, University of Tennessee, USA

**11:30 am - 12:30 pm**  
**Foxtail**

**PAN-12: Sleep, Health, and Performance: Lessons Learned from Consultations with Olympic, Professional, and Collegiate Athletes and Elite Military Teams**  
Lindsay Thornton*, USOC, USA; Michael Grandner, University of Arizona, USA; Amy Athey*, University of Arizona Athletics, USA; Mark Stephenson*, Naval Special Warfare, USA; Jessica Mohler*, United States Naval Academy, USA

**11:30 am - 12:30 pm**  
**Goldwater**

**WKSP-20: Going the distance: Perspectives from supervisor and supervisee on technology-based supervision**  
Lennie Waite*, Self-Employed, USA; Jennifer Gapin Farrell*, Shattuck-St.Mary’s, USA

**11:30 am - 12:30 pm**  
**Juniper**

**WKSP-21: A 360-Degree Learning Approach to Teaching Dweck’s Growth Mindset in Sport and Exercise Psychology and Coaching Education Classrooms**  
Sarah Carson Sackett*, James Madison University, USA; Greg Young*, James Madison University, USA

**11:30 am - 12:30 pm**  
**Sierra 1**

**WKSP-22: Peeling the Onion of Intersectionality: Addressing the Multi-Layered Needs of Performers**  
Angel Brutus*, Synergistic Solutions, LLC, USA; Amanda Leibovitz*, University of North Texas, USA; Hannah Bennett*, Augusta University, USA

**1:45 pm - 2:45 pm**  
**Sierra 2/3**

**Five Slides in Five Minutes: Special Interest Groups (SIG)**  
Lani Lawrence*, University of Southern California, USA (Moderator); Asia Madey*, FLOW Foundation, Poland; Hannah Bennett*, Augusta University, USA; Michele Kerulis*, Northwestern University, USA; John McCarthy*, Boston University, USA; Angel Brutus*, Synergistic Solutions, LLC, USA; Brad Baumgardner*, CSF2 / The Mental Component, USA

**1:45 pm - 2:45 pm**  
**Juniper**

**LEC-16: Mental Training/Interventions II**

**LEC-16A: Short & Sweet: The Impact of a Very Brief Mindfulness Training on Performance**  
Laryssa Schepel, Bates College, USA; Su Langdon*, Bates College, USA

**LEC-16B: Ironic or overcompensating error in golf putting: An exploration on moderators.**  
Sicong Liu*, Florida State University, USA; Gil Meir, Florida State University, USA; Nataniel Bologin, Florida State University, USA; Kimberly Cologgi, Florida State University, USA; Jean-Charles Lebeau, Florida State University, USA; Itay Basevitch, Anglia Ruskin University, UK; Gershon Tenenbaum, Florida State University, USA

**LEC-16C: Assessing female collegiate golfer’s emotional states and use of mental skills during qualifying and competition**  
Leilani Madrigal*, University of Nebraska-Lincoln, USA; Jamie Robbins, Methodist University, USA

**11:30 am - 12:30 pm**  
**Goldwater**

**WKSP-20: Going the distance: Perspectives from supervisor and supervisee on technology-based supervision**  
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Angel Brutus*, Synergistic Solutions, LLC, USA; Amanda Leibovitz*, University of North Texas, USA; Hannah Bennett*, Augusta University, USA

**1:45 pm - 2:45 pm**  
**Eucalyptus**

**PAN-13: Developing the Human Sensor: Advanced Military Applications**  
Brittany Loney*, SAIC/Florida State University, USA; Christine Sanchez*, QuarterLine Consulting, USA; Maryrose Blank*, Digital Consulting Services, USA; Frederick Dietrich*, DCS - SOCEP, USA; Aaron Ross, SAIC, USA

**1:45 pm - 2:45 pm**  
**Foxtail**

**SYM-17: The Internationalization of Training in Sport and Exercise Psychology**  
Jack Watson II*, West Virginia University, USA; Natalia Stambulova*, Halmstad University, Sweden; Damien Clement*, West Virginia University, USA; Urban Johnson*, Halmstad University, Sweden; Lukas LinnEr*, Halmstad University, Sweden; Johan Ekengren*, Halmstad University, Sweden
<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session Title</th>
<th>Presenters</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00 pm - 4:15 pm</td>
<td>Ironwood</td>
<td>LEC-18: Elite Performance</td>
<td>Lyndsie Coleman*, University of Northern Colorado, USA; Bob Brustad, University of Northern Colorado, USA; Megan Babkes Stelino, University of Northern Colorado, USA; Abdullah Akbar, University of Northern Colorado, USA; Amanda Lalonde, University of Northern Colorado, USA; Marshall Milbrath, University of Northern Colorado, USA</td>
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<tr>
<td>1:45 pm - 2:45 pm</td>
<td>Goldwater</td>
<td>LEC-19: Health &amp; Injury Issues</td>
<td>Leslie Larsen*, University of Tennessee, USA; Leslee Fisher, University of Tennessee, USA; Sharon Couch-Fikes, University of Tennessee, USA</td>
</tr>
<tr>
<td>1:45 pm - 2:45 pm</td>
<td>Ironwood</td>
<td>LEC-18A: Executive Function as a Predictor of Success among Collegiate Baseball Players</td>
<td>Lyndsie Coleman*, University of Northern Colorado, USA; Bob Brustad, University of Northern Colorado, USA; Megan Babkes Stelino, University of Northern Colorado, USA; Abdullah Akbar, University of Northern Colorado, USA; Amanda Lalonde, University of Northern Colorado, USA; Marshall Milbrath, University of Northern Colorado, USA</td>
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<tr>
<td>1:45 pm - 2:45 pm</td>
<td>Sierra 1</td>
<td>LEC-18B: The Lived Experiences of an Elite Athlete Performance Management Team through Injury Rehabilitation</td>
<td>Courtney Fisher-Hess*, University of Wisconsin-Milwaukee, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA; Monna Arvinen-Barrow, University of Wisconsin-Milwaukee, USA; Stephen Pack, University of Hertfordshire, UK</td>
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<td>1:45 pm - 2:45 pm</td>
<td>Sierra 1</td>
<td>WKSP-24: It IS our Problem: How to Advocate for Social Change in Applied Sport Psychology</td>
<td>Sae-Mi Lee*, West Virginia University, USA; Matthew Bejar*, University of Tennessee, USA; Aaron Goodson*, West Virginia University, USA</td>
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<td>1:45 pm - 2:45 pm</td>
<td>Goldwater</td>
<td>LEC-18C: Psychological Characteristics of a Two-Time World Champion: Richie McCaw -- All Blacks' Rugby Captain</td>
<td>Ken Hodge*, University of Otago, New Zealand</td>
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<tr>
<td>1:45 pm - 2:45 pm</td>
<td>Goldwater</td>
<td>LEC-18D: Building the Foundation for Executive Athletes: Keys to a High Performing Brain</td>
<td>Brittnay Loney*, SAIC/Florida State University, USA; Maryrose Blank, Digital Consulting Services, USA; Aaron Ross, SAIC, USA; Tyler Masters, CEPP, USA</td>
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<tr>
<td>3:00 pm - 4:15 pm</td>
<td>Juniper</td>
<td>LEC-19: Health &amp; Injury Issues</td>
<td>Leslie Podlog*, University of Utah, USA; John Heill, Zen Zone Digital, USA; Tom Iriye, University of Utah, USA; Sean Bergeson, University of Utah, USA; Morgan Hall, University of Utah, USA</td>
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<td>3:00 pm - 4:15 pm</td>
<td>Juniper</td>
<td>LEC-19A: A Self-Determination Psychological Intervention for Injured Collegiate Athletes</td>
<td>Leslie Podlog*, University of Utah, USA; John Heill, Zen Zone Digital, USA; Tom Iriye, University of Utah, USA; Sean Bergeson, University of Utah, USA; Morgan Hall, University of Utah, USA</td>
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<td>3:00 pm - 4:15 pm</td>
<td>Juniper</td>
<td>LEC-19B: An Exploration into the Motivation for Physical Activity in Individuals with Multiple Sclerosis</td>
<td>Kimberly Fascewski*, University of NC at Greensboro, USA; Diane Gill, University of NC at Greensboro, USA</td>
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<tr>
<td>3:00 pm - 4:15 pm</td>
<td>Juniper</td>
<td>LEC-19C: An Interdisciplinary Approach to the Management of Vocal Cord Dysfunction in an Elite Female Swimmer: A Case Study</td>
<td>Claire-Marie Roberts*, University of Worcester, UK; Andrea Faull, University of Worcester, UK</td>
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</table>
LEC-19D: Acute Cognitive and Vestibular/Ocular-Motor Outcomes Predict Protracted Recovery from Sport Concussion
Anthony Kontos*, University of Pittsburgh, USA; Alicia Sufrinko, University of Pittsburgh, USA; Paul Cohen, University of Pittsburgh, USA; Greg Marchetti, Duquesne University, USA; Jonathan French, University of Pittsburgh, USA; RJ Elbin, University of Arkansas, USA; Michael Collins, University of Pittsburgh, USA

3:00 pm - 4:15 pm  Sierra 1

SYM-18: From Prevalence to Prevention: Understanding Eating Disorders and Body Image Concerns among Athletes
Trent Petrie*, University of North Texas, USA; Dana Voelker*, West Virginia University, USA; Nick Galli*, University of Utah/Headstrong Consulting, USA
Discussant: Riley Nickols

3:00 pm - 4:15 pm  Eucalyptus

WKSP-26: Through the Looking Glass: How to raise youth sports parents’ awareness of their counterproductive actions and develop their positive behavior.
Michael Zito*, Montclair State University, USA; William Russell*, Missouri Western State University, USA; David Udelf*, Becker, Udelf, and Associates, USA

3:00 pm - 4:15 pm  Foxtail

WKSP-27: Developing effective sport teams using the Optimal Team Functioning (OTF) Model
Jamie Collins*, University of Ottawa, Canada; Natalie Durand-Bush*, University of Ottawa, Canada

3:00 pm - 4:15 pm  Sierra 2/3

WKSP-28: Going from Good to Great: 5 Steps to Level Up Your Consulting Business
Carrie Cheadle*, www.carriecheadle.com, USA; Cindra Kamphoff*, Cindra Kamphoff, LLC & Minnesota State University, USA

4:30 pm – 5:30 pm  Sierra 2/3

Student Challenge Quiz Show

6:00 pm – 8:00 pm  The Vista

Closing Reception

SPECIAL INTEREST GROUP (SIG) MEETINGS

Thursday, September 29, 1:30 pm – 2:15 pm

Attendees are welcome to attend any SIG meeting; pre-registration is not required.

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<thead>
<tr>
<th>Achievement Motivation</th>
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<tr>
<td>Adaptive Sport and</td>
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<td>Physical Activity</td>
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<td>Anger &amp; Violence in</td>
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<td>Sport Psychology</td>
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<td>Business Ownership in</td>
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<td>College/University</td>
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<td>Counseling Center</td>
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<td>Disability Sport and</td>
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<td>Exercise</td>
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<td>Eating Disorders</td>
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<td>and Wellness</td>
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<td>Fencing</td>
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<td>Gay, Lesbian, Bisexual,</td>
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<td>Transgender, and Intersex</td>
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<td>International Olympic</td>
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<td>Military Performance</td>
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<td>Performance Consulting in Collegiate Sport</td>
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<td>Performance Excellence</td>
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<td>Performance Psychophysiology and Biofeedback</td>
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<td>Positive Psychology for Sport and Exercise</td>
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<td>Positive Youth Development through Physical Activity</td>
<td>Ironwood</td>
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<tr>
<td>Psychology of Sport Injury</td>
<td>Sierra 1</td>
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<tr>
<td>Race &amp; Ethnicity in Sport</td>
<td>Sierra 1</td>
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<td>Soccer</td>
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<tr>
<td>Teaching Sport and Exercise Psychology</td>
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<td>Women in Sports</td>
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<td>Youth Sport</td>
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## WEDNESDAY, SEPTEMBER 28, 2016

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<tr>
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<td>9:00 am - 12:00 noon</td>
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<td>Pre-Registration Required</td>
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<td>1:00 pm - 2:00 pm</td>
<td>PAN 01: Social Identity Theory and Double Consciousness: Implications for Effectively Working with Clients of Diverse Backgrounds (Brutus, Goodson, Holt)</td>
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<td>SYM-01: Making It Work: Differing Models of Delivering Sport Psychology Services within Collegiate Athletics (Houston, Samson, Fifer, Shannon)</td>
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<td>2:15 pm - 3:30 pm</td>
<td>PAN 02: A Coach’s Dilemma: Making Selection Decisions with Incomplete and Imperfect Information (Thornton, Kosoglo, Court)</td>
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<td>3:45 pm - 5:00 pm</td>
<td>PAN 03: Getting In the Door and Staying In: Lessons Learned from Early Career Consultants Working in Applied Sport Psychology (Zuleger, Morton, Connoise, Michel, Vernacchia)</td>
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<td>SYM-05: Dual Career in Sport and Education: Context-Driven Research in North America and Europe (Stambulova, Schinke, Van Raalte, Ryba)</td>
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<td>5:30 pm - 7:00 pm</td>
<td>OPENING KEYNOTE: Are We Sitting on our Theories? Searching for the Bigger Picture in Active Living (Biddle)</td>
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<td>7:00 pm - 9:00 pm</td>
<td>Opening Reception</td>
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## THURSDAY, SEPTEMBER 29, 2016

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<tr>
<td>7:00 am - 9:00 am</td>
<td>Poster Setup</td>
<td>PALM 2AB</td>
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<td>9:00 am - 7:00 pm</td>
<td>Poster Viewing</td>
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<td>8:15 am - 9:30 am</td>
<td>Biddle Keynote Discussion</td>
<td>WKSP-08: Better Together: A Case Study Workshop for Students (Wooding, Coker-Cranney, Castillo, Watson II, Bean)</td>
<td>PAN-04: Time’s Up! Handling Acute Competition Distraction and Distress: A Discussion with Four Experts (Baltzell, Hays, Poczwardowski, Chow)</td>
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<td>9:45 am - 11:00 am</td>
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<td>LEC-06: Coaching/Leadership 06-A: Filho 06-B: Erdner 06-C: Rabe</td>
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<td>11:30 am - 12:30 pm</td>
<td>Five Slides in Five Minutes: Best Practices (Bean, Baird, Cohen, Fifer, Pasquariello, Chow, Gonzalez)</td>
<td>LEC-06: Coaching/Leadership</td>
<td>WKSP-09: The Science and Art of Live Coaching (Smith, Morgan, Hamilton)</td>
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<td>12:30 pm - 1:30 pm</td>
<td>Committee Meetings</td>
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<td>1:30 pm - 2:15 pm</td>
<td>Special Interest Group Meetings</td>
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<tr>
<td>2:30 pm - 3:45 pm</td>
<td>SYM-09: Examining the Role of the Sport Psychology Consultant in Coaches’ Intra and Interpersonal Knowledge Development (Dieffenbach, Sheehy, Kenttä, Halbrook)</td>
<td>DIVERSITY LECTURE: Home Court Advantage: Promoting Pro-Level Diversity (Shaw)</td>
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<tr>
<td>4:00 pm - 5:30 pm</td>
<td>Graduate Program &amp; Information Fair</td>
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<td>5:30 pm - 7:00 pm</td>
<td>Authors Present at Posters</td>
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<td>6:00 pm - 7:30 pm</td>
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<td>Fellows Meeting</td>
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<tr>
<td>8:00 pm - 10:00 pm</td>
<td>Student Social at Aunt Chiada’s (Mexican Restaurant on Resort Property)</td>
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| **WKSP-01:** “Going up?” How to Develop an Impactful Elevator Speech (Simpson, Mugford, Su'a) | **LEC-01:** Clinical Issues  
01-A: Arthur-Cameselle  
01-B: Keeney  
01-C: Bird | **WKSP-02:** Transferring Mental Skills to the Competitive Environment through Experiential Learning (Hamilton, Morgan, da Silva) | **SYM-02:** Apply, Adapt, and Achieve: Tips for a Successful Transition from Graduation to the Job Market (Basevitch, Filho, Shiperd, Rossato, Gutierrez) | **WKSP-03:** Eyes Do Not Ensure That I Can See: The Practice of Observation as a Gateway to Effective Mental Skills Training Development and Implementation (Raird) |
| **SYM-03:** The Teaching Comes From the Practice: Mindfulness Applications for Performance Excellence (Aoyagi, Baltzell, Haberli) | **LEC-02:** Life Skills/Learning Strategies  
02-A: Hanrahan  
02-B: Jacobs  
02-C: Miles  
02-D: Iwatsuki | **LEC-03:** Motivation and Self-Perceptions  
03-A: Gonzalez  
03-B: Shaffer  
03-C: Iwatsuki  
03-D: Jensen | **WKSP-05:** Regret Aversion in Sport Psychology Practice (Madrigal, Robbins, Stanley, Tharkur, Wang) | **WKSP-04:** Taboo Talks in Sport Psychology: Managing Ethically Challenging Conversations in Teaching, Research, and Practice (Harris, Watson II, Etzel) |
| **WKSP-06:** Implementing the Mindfulness-Acceptance-Commitment (MAC) Approach in Sport and Performance Psychology Practice (Gardner, Moore) | **WKSP-07:** Trauma in Sports – Raising Awareness & Empowering Change (Leibovitz, Abrams) | **LEC-04:** Consulting/Private Practice  
04-A: Tashman  
04-B: Laufer  
04-C: Fritzke  
04-D: Holder | **SYM-04:** Sport Psychology in Australia: Still on the Winning Edge? (Peterson, Appanala, Baranoff) | **AASP and NATA:** Lessons Learned from Interdisciplinary Collaboration in Sport Psychology and Athletic Training (Sailor, Pipkin, Williams, Statler) |

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<th>GOLDWATER</th>
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<th>SIERRA 1</th>
<th>SIERRA 2</th>
<th>SIERRA 3</th>
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</table>
| **7:00 am CC-AASP Breakfast, followed by Case Studies for CC-AASP** (Bean, Butcher-Poffley) | **LEC-05:** Motivation and Self-Perceptions II  
05-A: Galli  
05-B: Bejar  
05-C: Souza  
05-D: Hogue | **SYM-07:** Domestic Violence in Sport: What is the Role for Sport and Exercise Psychology (Strickland, Diefenbach, Salisbury) | **PAN-05:** Piloting The Optimum Performance Program in Circus: Exploration into an Important Domain of Performance Psychology (Donohue, Gavriola, Galante, Phillips, Burnstein) | **SYM-06:** Theory/Science to Practice for Excellence in Olympic Performance: Multi-national and Organizational Perspectives (Shoenfelt, Brueckner, Kenttä, Machintyre) |
| **SYM-08:** Stress in High-Performance Coaches: Situations May Be Similar but the Experience Can Be Different (Chroni, Abrahamsen, Kenttä, Didymus, Bentzen, Gordin) | **WKSP-10:** From Mentor to Mentee: Transitioning Through the Various Stages of the Supervision Process (Brandon, Schumacher) | **Publishing in the Journal of Applied Sport Psychology (JASP), Journal of Applied Sport Psychology in Action (JSPA), and Case Studies in Sport and Exercise Psychology (CSSPE)** (Cotterill, Maynard, Mellalieu) | **LEC-07:** Challenging Situations in Sport  
07-A: Rooper  
07-B: Fontana  
07-C: Johnson | **WKSP-11:** Health Coaching and Sport and Exercise Psychology: What You Need to Know (Ingels, Zizzi) |

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<tr>
<th>Committee Meetings</th>
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| **PAN-06:** Addressing the Mental and Emotional Needs of Professional Athletes: Challenges in Coordinating Programs and Services (Maher, Mugford, Carr, Lesyk, Aoyagi) | **Student Professional Development Workshop - Job Preparation** (Statler, Morgan, Martin) | **SYM-10:** 70 Years In: Anabolic Steroid Use and the Athlete – What Consultants Need to Know (Uhich, Vassallo, Abrams) | **WKSP-12:** We Are Adaptive: Mental Skills for Paralympic Athletes (Saylor, Sohn, Biyk, Coakley, Hassinger, Pacheco) | **LEC-08:** Personality & Coping  
08-A: Samson  
08-B: Vaartstra  
08-C: Couter  
08-D: Bentzen |

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<tr>
<th>CE Workshop: Eating Disorders (pre-registration required)</th>
<th>CE Workshop: Best Practices (pre-registration required)</th>
<th>CE Workshop: Disability Sport (pre-registration required)</th>
<th>CE Workshop: Eating Disorders (pre-registration required)</th>
<th>CE Workshop: Best Practices (pre-registration required)</th>
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### FRIDAY, SEPTEMBER 30, 2016

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<tr>
<th>TIME</th>
<th>GRAND A-D</th>
<th>SONORAN SKY</th>
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<tr>
<td>7:00 am - 8:00 am</td>
<td>Poster Setup (until 9 am)</td>
<td>Committee Meetings</td>
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<tr>
<td>8:15 am - 9:30 am</td>
<td>Poster Viewing</td>
<td>LEC-09: Motivation and Self-Perceptions III 09-A: Strauss 09-B: Soura 09-C: Chu 09-D: Galli</td>
<td>LEC-10: Youth Sport 10-A: Moore 10-B: Bean 10-C: Kerr 10-D: Battaglia</td>
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<td>9:45 am - 11:00 am</td>
<td>KEYNOTE SESSION: Exploring Cognitive Processes in Sport: Old Problems and New Directions (Moran)</td>
<td>ECT: Five Slides in Five Minutes: Mindfulness (Castillo, Appaneal, Baltzell, Gardner, Haberl, Mannion, Moore)</td>
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<td>11:30 am - 12:30 pm</td>
<td>PAN-08: Understanding the World of Sport: The Key Ingredient in the Practice of Applied Sport Psychology (Balague, Fink, Gordin, Ravizza, Vernacchia)</td>
<td>Five Slides in Five Minutes: Mindfulness (Castillo, Appaneal, Baltzell, Gardner, Haberl, Mannion, Moore)</td>
<td>WKSP-14: Autogenic Training: Sport Psychology and Clinical Applications (Price, Johnson)</td>
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<td>12:30 pm - 1:30 pm</td>
<td>Committee Meetings</td>
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<td>PAN-08: From the Ground Up: Building a Profitable Private Practice in Today’s Business Climate (Carlson, McCabe, Riggs, Suzor, Sime)</td>
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<td>1:45 pm - 2:45 pm</td>
<td>Nuts &amp; Bolts of Becoming a CC-AASP (Scherzer, Morgan)</td>
<td>Committee Meetings</td>
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<td>3:00 pm - 3:30 pm</td>
<td>COLEMAN GRIFFITH LECTURE: The Scientist-Practitioner Model in Sport Psychology: A Guide for AASP Performance Enhancement Consultant Practices (Tenenbaum)</td>
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<tr>
<td>3:30 pm - 4:00 pm</td>
<td>PRESIDENTIAL ADDRESS: Change is Inevitable, Growth is Optional: Opportunities Ahead for AASP (Mugford)</td>
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<tr>
<td>4:15 pm - 5:15 pm</td>
<td>Business Meeting</td>
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<td>5:30 pm - 7:00 pm</td>
<td>Authors Present at Posters</td>
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### SATURDAY, OCTOBER 1, 2016

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<tr>
<td>8:15 am - 9:30 am</td>
<td>Five Slides in Five Minutes: Gizmos and Gadgets (Kamphoff, Su’a, Cheadle, Holliday, Carlson, Taylor)</td>
<td>SYM-15: Theory-driven Practices – Demonstrations of the Scientists-Practitioner Model (Tenenbaum, Bertollo, Schinke)</td>
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<tr>
<td>9:45 am - 11:00 am</td>
<td>KEYNOTE PANEL: Sport Psych Service Provision for the Rio Olympic and Paralympic Games (Appaneal, Haberl, Kentța, Statler)</td>
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<td>11:30 am - 12:30 pm</td>
<td>Student Professional Development Workshop - Imagery (Simpson, Post)</td>
<td>PAN-12: Sleep, Health, and Performance: Lessons Learned from Consultations with Olympic, Professional, and Collegiate Athletes and Elite Military Teams (Thornton, Athey, Stephenson, Mohler)</td>
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<td>1:45 pm - 2:45 pm</td>
<td>PAN-13: Developing the Human Sensor: Advanced Military Applications (Loney, Sanchez, Blank, Dietrich)</td>
<td>SYM-17: The Internationalization of Training in Sport and Exercise Psychology (Wilton II, Stambulova, Clement, Johnson, Linner, Ekengren)</td>
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<td>3:00 pm - 4:15 pm</td>
<td>WKSP-26: Through the Looking Glass: How to raise youth sports parents’ awareness of their counterproductive actions and develop their positive behavior (Zito, Russell, Udelf)</td>
<td>WKSP-27: Developing effective sport teams using the Optimal Team Functioning (OTF) Model (Collins, Durand-Bush)</td>
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<td>6:00 pm - 8:00 pm</td>
<td>Closing Reception</td>
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**LEC-11: Mental Training/Interventions**  
11-A: Sarnson  
11-B: Brown  
11-C: Hines  
11-D: Gnaicinski

**WKSP-13:** Performance Readiness Planning  
(Cohen)

**SYM-11:** Sport-related Concussions: Considerations for the Sport Psychology Professional  
(Caron, Bloom, Cormier)

**PAN-07:** Challenge Assumptions: Exploring the Sport Psychology Practice and Experiences of Black Athletes  
(Merrill, Carter, Ottley, Bennett, Osholsha, Raphael)

**SYM-12:** Teaching SIG Symposium: High Impact Teaching Practices in Sport, Exercise, and Performance Psychology to Promote Engagement  
(Shipered, Coumbe-Lilley, Thompson, Castillo, Previtt-White)

**LEC-12: Exercise & Play**  
12-A: Carter  
12-B: Visek  
12-C: Razon

**WKSP-15:** Making Learning Fun (Again): Creative Activities for Those Potentially Dry Topics within Sport and Exercise Performance Consulting  
(Masters, Pistaslas, McDevitt)

**AASP Certification:**  
**Exam Development and Future Directions**  
(Watson II, Harmison)

**Moran Keynote Discussion**

**SYM-13:** Beyond the Textbook: The Role of Mentorship for Students in Applied Sport Psychology  
(Fifer, Rinderer, Oneill)

**PAN-10:** Failing Forward: Epic Falls in Sport Psychology Consulting and Lessons Learned the Hard Way  
(Schumacher, Holliday, Clark)

**WKSP-16:** Using Transactional Analysis as a Framework to Resolve Intra-team Conflicts  
(Byrd, Van Horn)

**LEC-13:** eSport & Exergaming  
13-A: Himmelstein  
13-B: Wood  
13-C: Razon

**SYM-14:** Talent on the Soccer Pitch: Psychological Qualities and Obstacles on the Way to the Top in Switzerland  
(Birrer, Horvath, Morgan)

**WKSP-17:** Don’t Look Back at Me, Pass It On: Mentoring Aspiring Females in the Field  
(Previtt-White, Carter)

**SYM-16:** Transfer: Examining the Complex Process of How Sport Skills Become Life Skills  
(Pierce, Camire, Gould, Kendellen)

**WKSP-18:** Navigating Multicultural Challenges in Sport Psychology Consulting  
(Xu, Sheinbein, Estanol, Alexander, Sadberry, Montero)

**WKSP-19:** Cultivating Team Culture: Best Practices and Applications  
(Shannon, Moran-Miller)

**PAN-11:** Teach Me and I May Remember, Involve Me and I Learn: Peer Mentoring in Graduate Education  
(Bass, Raabe, Lauer, Erdner, Bejar, Zakrjaske)

**LEC-14:** Novel Applications  
14-A: Ford  
14-B: Filho  
14-C: Martin  
14-D: Gilson

**WKSP-20:** Going the Distance: Perspectives from Supervisor and Supervisor on Technology-based Supervision  
(Walke, Farrell)

**LEC-15:** Coaching/Leadership II  
15-A: Goldstein  
15-B: Fisher  
15-C: Fisher

**WKSP-21:** A 360-Degree Learning Approach to Teaching Dweck’s Growth Mindset in Sport and Exercise Psychology and Coaching Education Classrooms  
(Carson Sackett, Young)

**WKSP-22:** Peeling the Onion of Intersectionality: Addressing the Multi-Layered Needs of Performers  
(Reuter, Leibovitz, Bennett)

**WKSP-23:** Teaming up with the Assistant Coach: A Model for Service Delivery in Collegiate Sports  
(Cheadle, Curry)

**WKSP-24:** It IS our Problem: How to Advocate for Social Change in Applied Sport Psychology  
(Lee, Bejar, Goodson)

**LEC-16:** Mental Training/Interventions II  
16-A: Langdon  
16-B: Liu  
16-C: Madrigal

**WKSP-25:** Minding the Gap: Building Effective Relationships in Context of Ability  
(Clark, Leibovitz)

**Five Slides in Five Minutes:**  
Special Interest Groups (SIG)  
(Lawrence, Maday, Bennett, Kerulis, McCarthy, Brutus, Baumgardner)

**LEC-17:** Social & Cultural Diversity  
17-A: Larsen  
17-B: Merrill  
17-C: Heath  
17-D: Busanich

**LEC-18:** Elite Performance  
18-A: Coleman  
18-B: Fisher-Hess  
18-C: Hodge  
18-D: Loney

**LEC-19:** Health & Injury Issues  
19-A: Podlog  
19-B: Fascewski  
19-C: Roberts  
19-D: Kontos

**SYM-18:** From Prevalence to Prevention: Understanding Eating Disorders and Body Image Concerns among Athletes  
(Petri, Voelker, Galli)

**WKSP-28:** Going from Good to Great: 5 Steps to Level Up Your Consulting Business  
(Cheadle, Kaufmanoff)

**Student Challenge**
2016 Conference Floor Plan

Grand Event Center
October 1 – March 31

Grand Event Center
April 1 – September 30

Map Legend

- 1st Level
- 2nd Level
- 3rd Level
- Patios
- Las Palmas
COMMITTEE & EDITORIAL BOARD MEETINGS

Wednesday, September 28

9:00 AM – 12:00 PM
Certification Review Committee  Camelback C

Thursday, September 29

11:30 AM - 12:30 PM
Past Presidents Council Meeting  Palm 2AB
TSP Editorial Board  Camelback D

12:30 PM - 1:30 PM
Development Committee  Sierra 1
Distinguished Student Practice Review Committee  Sierra 2
Graduate Program Committee  Eucalyptus
Hospitality Committee  Foxtail
SIG Coordinators  Noble
Research Development Committee  Sierra 3

Friday, September 30

7:00 AM - 8:00 AM
CSSEP Editorial Board  Camelback D
Diversity Committee  Eucalyptus
Ethics Committee  Goldwater
Fellow Review Committee  Ironwood
Finance Committee  Sierra 1
International Relations Committee  Juniper
Web Presence Committee  Sierra 2/3

7:30 AM - 8:00 AM
Distinguished Professional Practice Review Committee  Foxtail

11:30 AM - 12:30 PM
JCSP Editorial Board  Camelback D

12:30 PM - 1:30 PM
Community Outreach Committee  Sierra 1
Continuing Education Committee  Sierra 2/3
Foundation Committee  Foxtail
Newsletter Committee  Goldwater
Student Development Committee  Ironwood
JASP Editorial Board  Noble

Saturday, October 1

7:00 AM - 8:00 AM
JSPA Editorial Board  Noble
Sport Psychology Council  Mesquite
Burnout and Transition Out of Sport

9: Perceived organizational support of collegiate student-athletes transitioning out of sport and the influence on life satisfaction
Paul Knackstedt, The University of Notre Dame, USA

10: Exploring Deselection and Adjustment in Ex-Professional Soccer Players
Max Avory, Sheffield Hallam University, UK
James Rumbold, Sheffield Hallam University, UK

11: Associations among Optimism, Affect, Life Satisfaction and Burnout in Collegiate Athletes
Lindsay Smith, UNC-Chapel Hill, USA
J.D. DeFreese, UNC-Chapel Hill, USA
Melissa Fraser, UNC-Chapel Hill, USA
Jason P. Mihalik, UNC-Chapel Hill, USA
Kristen Kucera, UNC-Chapel Hill, USA

Clinical Issues

12: Triggers and Risk Factors of Substance Use Among College Student Athletes
Blake Riddell, Pacific University School of Professional Psychology, USA

13: NCAA CHOICES Grants: Promising Initiatives for Sport Psychology Professionals
Nile Brandt, Ball State University, USA
Nathan McGee, Ball State University, USA
Selen Razon, Ball State University, USA

14: Participation on university sport teams, binge drinking, and social support among first-year college students
Chelsey Bowman, Boston University, USA
Jennifer Green, Boston University, USA
Melissa Holt, Boston University, USA

Coaching/Leadership

15: An exploration of the role of the captain in field hockey: The coach’s perspective.
Stewart Cotterill, University of Winchester, UK
James Grant, University of Winchester, UK

16: The Relationship between Perceived Autonomy-Supportive Coaching Behavior on Motivation Among High School Athletes
Chelsea Burrell, UNCG, USA
Diane Gill, UNCG, USA
Erin Reifsteck, UNCG, USA

17: Leaders Among Leaders
Ira Martin, United States Coast Guard Academy, USA
Adam Naylor, Boston University/Telos SPC, USA

18: “Sportspersonship” and Positive Coaching Behavior
Vincenzo Aiello, Rider University, USA
Gary Brosvic, Rider University, USA
19: Coaching Competency and Trust in Coach in Sport Teams  
San-Fu Kao, West Virginia University, USA

20: The Relationship between Servant Leader Coach Behaviors and Achievement Goals in Collegiate Tennis Players: The Mediating Role of Perceived Motivational Climate  
Leah Parton, Eastern Washington University, USA  
Jon Hammermeister, Eastern Washington University, USA

Consulting/Private Practice

21: Going to Work: Examining a First-Year Experience of Developing a Sport and Performance Psychology Consulting Business  
Katherine Wurst, First15 Sport Performance LLC, USA

22: A case of psychological support through counseling: Following the struggles of a female Olympic athlete  
Masashi Suzuki, Gifu University, Japan

23: Sport psychological support of Paralympic athletes: An Overview of current science and application  
Bernd Strauss, University of Muenster, Germany  
Sydney Querfurth, University of Muenster, Germany  
Kathrin Staufenbiel, University of Muenster, Germany

Developmental/Lifespan Perspectives

24: Parent Motivational Climate and Goal Orientations of Female College Athletes  
Tobie Langsam, Springfield College, USA

25: Understanding Sport Expertise Development & Maintenance Through a Developmental, Motivational, and Cultural Perspective  
Elmer Castillo, Florida State University, USA  
Jean-Charles Lebeau, Florida State University, USA  
Seongkwan Cho, Texas A&M International University, USA  
Camilo Sáenz, Florida State University, USA  
Graig Chow, Florida State University, USA

Kacey Neely, University of Alberta, Canada  
Kassi Boyd, University of Alberta, Canada  
Nicholas Holt, University of Alberta, Canada

27: Dual Career Balance in Student-Athletes’ University Transition  
Lukas Linnér, Halmstad University, Sweden  
Natalia Stambulova, Halmstad University, Sweden  
James Parker, Halmstad University, Sweden  
Johan Ekengren, Halmstad University, Sweden

Elite Performance

28: Still Playing in Traffic: Examining use of psychological skills by today’s pit crew athletes  
Stephanie Stadden, Lenoir-Rhyne University, USA

29: The Relationship between Resilience and NCAA Swimming Times: Does it Contribute to Peak Performance?  
Igor Kowal, California State University, Fresno  
Jeneille Gilbert, California State University, Fresno  
Stephanie Moore-Reed, California State University, Fresno  
Wade Gilbert, California State University, Fresno

30: Implementing an In-Season PST Program with Elite Cyclists  
Paul Wright, Lindenwood University, USA  
Christopher Curran, Pedal Hard, USA

31: An examination of the association between grit and the Big Five personality traits in NCAA student athletes.  
Melanie Nai, University of Wisconsin-Milwaukee, USA  
Barbara Meyer, University of Wisconsin-Milwaukee, USA  
Stacy Gnacinski, University of Wisconsin-Milwaukee, USA  
Monna Arvinen-Barrow, University of Wisconsin-Milwaukee, USA

32: Female Olympic and Paralympic weightlifters’ experiences of preparing for major competition.  
Peter Olusoga, Sheffield Hallam University, UK  
Hugh Gilmore, English Institute of Sport, UK  
Dave Hembrough, Sheffield Hallam University, UK

33: What predicts Mental Toughness in an Athlete’s mind?  
Wonbae Kim, Myongji College, Korea

34: Coaching from the “inside out”: Understanding the role of emotional abilities in elite sports coaching  
Laura Hodgson, Sheffield Hallam University, UK  
Joanne Butt, Sheffield Hallam University, UK  
Ian Maynard, Sheffield Hallam University, UK

35: Exploring relationships among self-talk and balance beam performance in gymnastics  
Erika Van Dyke, Springfield College, USA  
Judy Van Raalte, Springfield College, USA  
Elizabeth Mulrin, Springfield College, USA  
Britton Brewer, Springfield College, USA

36: An investigation into role of personality in collegiate athletes’ readiness to engage in psychological skills training  
Gina Emmer, University of Wisconsin-Milwaukee, USA  
Stacy Gnacinski, University of Wisconsin-Milwaukee, USA  
Jennifer Earl-Boehm, University of Wisconsin-Milwaukee, USA  
Monna Arvinen-Barrow, University of Wisconsin-Milwaukee, USA

Exercise and Health Behaviors

37: Senior Golfers: An Exploratory Study of Aerobic Fitness, Exercise Enjoyment, and Mood Alteration  
Bonnie Berger, Bowling Green State University, USA  
Lynn A. Darby, Bowling Green State University, USA  
David R. Owen, Brooklyn College of the City University of New York, USA
38: Psycho-Physio Therapy And Its Inherent Benefits Among Higher Institution Staff In Lagos State, Nigeria
Celina Adewunmi, University of Lagos - Akoka, Nigeria

Jessica Smosky, USA
Duncan Simpson, Barry University, USA
Kathy Ludwig, USA
David Feldman, USA

40: Assessing Student Knowledge and Incorporation of Smart Technology into Daily Physical Activity
Nicole Martin, Pacific Lutheran University, USA

41: The development, implementation, and evaluation of an exercise psychology workshop for personal fitness trainers: A mixed-methods approach
Adam Wright, Arete Fitness & Performance Training Inc., USA

42: Empowering health behavior change through fan allegiance in European football: Using contemporary motivation theories to promote health behavior change in the European Fans in Training (EuroFIT) project.
Glyn Roberts, Norwegian University of Sport Science, Norway

43: “I Never Considered Not Doing It”: Women’s Experiences of CrossFit During Pregnancy
Tanya Prewitt-White, Adler University, USA
Alexandra Bladek, Evolve Performance Consulting, USA
Sarah Forsythe, Adler University, USA
Logan Hamel, Adler University, USA
Mary McChesney, Adler University, USA

44: Does Engagement with Challenge Explain Enjoyment and Boredom in Group Fitness Classes?
Maria Newton, University of Utah, USA
E. Whitney Moore, University of North Texas, USA
Elyse D’Astous, University of Utah, USA

45: Body and mind in yoga: Experiences of yoga teachers
Ineke Vergeer, Victoria University, Institute of Sport, Exercise and Active Living (ISEAL), Australia
Grant O’Sullivan, Victoria University, Institute of Sport, Exercise and Active Living (ISEAL), Australia

46: The Relationship between Undergraduate Students’ Effort, Satisfaction, and Attitudes towards Fitness Testing
Daniel Marshall, University of North Texas, USA
Mitch Barton, University of North Texas, USA
Gene Farren, University of North Texas, USA
Paul Yeatts, University of North Texas, USA
Tsz Lun (Alan) Chu, University of North Texas, USA
E. Whitney Moore, University of North Texas, USA
Scott Martin, University of North Texas, USA

47: Results from a Six-Month Pedometer-Based Walking Program for Rural Older Adults: Effects on Self-Efficacy, Affect, and Well-Being
Samuel Forlenza, Shippensburg University, USA
Sally Paulson, Shippensburg University, USA
Dara Bourassa, Shippensburg University, USA
Benjamin Meyer, Shippensburg University, USA
Joohee Sanders, Shippensburg University, USA

48: The relationship between young adults’ resilience and physical fitness performance
William Travis, University of North Texas, USA
Paul Yeatts, University of North Texas, USA
Mitch Barton, University of North Texas, USA
Gene Farren, University of North Texas, USA
Tsz Lun (Alan) Chu, University of North Texas, USA
Nicole Hegberg, University of North Texas, USA
Scott Martin, University of North Texas, USA
E. Whitney Moore, Wayne State University, USA

49: Passion, satisfaction, and intra-team conflict in sport
Kyle Paradis, University of Western Ontario, Canada
Luc Martin, Queen’s University, Canada

50: Visual Anthropology: A Unit of Brotherhood in Gaelic Football
Lindsey Miossi, University of Illinois at Chicago, USA
John Coumbe-Lilley, University of Illinois at Chicago, USA

51: Psycho-Emotional Profile of Athletes Who Continue to Participate with Sport Injury
Fanchon Ohlrogge, Ohio State University, USA
Dawn Lewis, California State University, Fresno, USA

52: From Theory to Practice: The Application of Self-Efficacy Theory to People with Disabilities.
Jon Macri, John E. Macri, Ph.D., LLC, USA

53: Preliminary investigation into previously injured athletes’ views and experiences of a multidisciplinary approach to sport injury rehabilitation
Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA
Damien Clement, West Virginia University, USA

54: A Preliminary Investigation of Re-injury Anxiety in Club Sport Athletes
Stefanee Van Horn, West Virginia University, USA
Damien Clement, West Virginia University, USA

55: Sport Psychology in Pediatric Orthopedic Sports Medicine
Erica Force, Texas Scottish Rite Hospital & Force Sport Psychology & Counseling, USA
Meagan Sabatino, Texas Scottish Rite Hospital for Children, USA
Amanda Fletcher, Texas Scottish Rite Hospital for Children, USA
John Ellis, Texas Scottish Rite Hospital for Children, USA
Phillip Wilson, Texas Scottish Rite Hospital for Children, USA
56: Understanding Posttraumatic Growth of Para Sport Athletes with Acquired Disability
Chris Hammer, University of Utah, USA
Leslie Podlog, University of Utah, USA
Nick Gall, University of Utah, USA
Ross Wadley, St. Mary’s University, USA
Anjali J. Forber-Pratt, Vanderbilt University, USA
Maria Newton, University of Utah, USA
Lindsey Greviskes, University of Utah, USA
Morgan Hall, University of Utah, USA

57: Insight into the dominant personality traits and preferred coping methods of a female basketball player undergoing knee rehabilitation
Madison Silver, CSULB, USA

Life Skills/Learning Strategies (Includes Coping)

Laura Hayden, University of Massachusetts Boston, USA
Courtney Hess, University of Massachusetts Boston, USA

59: Applying Sport Psychology as a coach: sharing strategies using soccer to promote positive development in young refugees.
Lucas Silvestre Capalbo, Michigan State University, USA

60: The Leadership Academy: A Three-Tiered Approach for Developing Leadership in High School Athletes
Matt Powless, Indiana University, USA
Jesse Steinfeldt, Indiana University, USA

61: Effects of self-efficacy and sense of belonging of individuals with Spinal Cord Injury participating in sports for all on life satisfaction: Verifying mediating effects of disability acceptance
Sungho Kwon, Seoul National University, Korea
Hyunsoo Jeon, Seoul National University, Korea
Yunsik Shim, SoonChunHyang University, Korea
Hyoyeon Ahn, Seoul National University, Korea

Mental Training/Interventions

62: The Effect of Mastery- and Ego-Oriented Feedback on Sport Performance Among Male Adolescent Soccer Players
Troy Moles, University of Missouri-Columbia, USA
Trent Petrie, University of North Texas, USA
Ed Watkins, Jr., University of North Texas, USA

63: Virtual Reality Training for Psychological Skill Development: Use with a NCAA Division I Baseball Team during the Fall Season
Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA
Jeff Price, Southern Illinois University Edwardsville, USA
Daniel Jackson, Southern Illinois University Edwardsville, USA
Christopher Hawkins, Southern Illinois University Edwardsville, USA
Alexa Knuth, Southern Illinois University Edwardsville, USA
Corinne Brent, Southern Illinois University Edwardsville, USA

64: Development and Evaluation of a Manualized Treatment Intervention for Adolescent Athletes
Lelani Madrigal, University of Nebraska-Lincoln, USA
Brett Haskell, University of Nebraska Athletics, USA

65: A Program Evaluation of ZGiRLS: Psychological Skills Enhance Protective Factors in Adolescent Girls
Julie Vieselmeyer, USA
Lauren Hammond, Seattle Pacific University, USA
Amalia Perez, Seattle Pacific University, USA
Amy Mezulis, Seattle Pacific University, USA

Philipp Röhlin, Federal Institute of Sport, Switzerland
Daniel Birrer, Swiss Federal Institute of Sports Magglingen, Switzerland
Gareth Morgan, Swiss Federal Institute of Sports Magglingen, Switzerland
Stephan Horvath, Swiss Federal Institute of Sports Magglingen, Switzerland

67: Longitudinal associations between the use of mental performance strategies, performance satisfaction, and performance
Jan Blecharz, The University of Physical Education in Krakow, Poland
Magdalena Kruk, University of Social Sciences and Humanities, Poland
Aleksandra Luszczynska, University of Social Sciences and Humanities, Poland

68: Improving Self-Efficacy and Imagery Ability Using a Poly-Sensory Video and MG-M Imagery Intervention Among Division I Female Soccer Players
Ashleigh Carpentier, USA
Brandonn Harris, Georgia Southern University, USA
Jody Langdon, Georgia Southern University, USA
Daniel Czech, Georgia Southern University, USA

69: Effectiveness of athletes' coping strategies in maintaining high heart rate variability: Examination of the physiological recovery of collegiate soccer players
Joanne Perry, Saint Louis University, USA
Michael Ross, Saint Louis University, USA
Taylor Montgomery, Saint Louis University, USA
Ashley Hansen, Saint Louis University, USA
Jeremiah Weinstock, Saint Louis University, USA

70: Mental Toughness of Student Athletes at an Historically Black Institution
Rennae Stowe, Johnson C. Smith University, USA
Alishia Mosley, Johnson C. Smith University, USA
Robert Lindsey, Johnson C. Smith University, USA

71: Using Biofeedback In The Classroom: Pedagogical Approaches
Chris Schoen, Salem State University, USA

72: What’s MST got to do with College Student Success?
Courtney Flynn, Eastern Washington University, USA
Lynn Briggs, Eastern Washington University, USA
Jon Hammermeister, Eastern Washington University, USA
Motivation and Self-Perceptions

73: Division I Athletes’ Perceptions of Their Team Climate, Mental Skills, and Mindfulness
Mary Fry, University of Kansas, USA
Gloria Solomon, Texas Christian University, USA
Susumu Iwasaki, University of Kansas, USA
Melissa Madeson, Hardin Simmons University, USA
Hannah Vanorsby, University of Kansas, USA
River Meisinger, University of Kansas, USA
Jordan Haberer, University of Kansas, USA

74: The Relationship of Adult Swimmers’ Goal Orientations to Their Physical and Psychology Well-Being
Lauren Easton, University of Kansas, USA
Mary Fry, University of Kansas, USA
Susumu Iwasaki, University of Kansas, USA
Michael Breske, University of Kansas, USA

75: Exploration of self-objectification among NCAA Division II student-athletes over time
Urska Dobersek, University of Indianapolis, USA
Mindy Hartman Mayol, University of Indianapolis, USA
Lee Everett, University of Indianapolis, USA
Ryan Colliver, University of Indianapolis, USA

76: Six-pack abs, yoga poses, and shameless gym selfies: An exploration into how social media users define #fitspiration on Instagram
Caitlyn Pecinovsky, University of Wisconsin-Milwaukee, USA

77: The Relation of Perceived Motivational Climate, Implicit Theory, and Achievement Goal Orientation to Grit in Male High School Soccer Players
Erin Albert, University of North Texas, USA
Trent Petrie, University of North Texas, USA
Troy Moles, University of Missouri-Columbia, USA
Alex Auerbach, University of North Texas, USA

78: Interactive effects of coach-created empowering and disempowering climate dimensions on athletes’ health and functioning
Paul Appleton, University of Birmingham, UK
Joan Duda, University of Birmingham, UK

79: Sources of Sport Confidence among NCAA Division 1 Collegiate Student-Athletes
Ashley Hansen, Saint Louis University, USA
Joanne Perry, Saint Louis University, USA
Michael Ross, Saint Louis University, USA
Taylor Montgomery, Saint Louis University, USA

80: What matters more for performance motivation: Team-athlete cohesion or coach-athlete cohesion?
Lindsey Schrier, University of Memphis, USA
Suzanne Lease, University of Memphis, USA

81: Changes in Self-Efficacy, Outcome Expectancy, and Perceived Competence related to a Strength-Training Technique Course
Joanna Morrissey, CSU-Monterey Bay, USA
Ryan Luke, CSU-Monterey Bay, USA
Shelby Francis, The University of Iowa, USA
Kathrine Hadley, CSU-Monterey Bay, USA
Casey Gahan, CSU-Monterey Bay, USA
Alyssa Alonso, CSU-Monterey Bay, USA
Heather Mogul, CSU-Monterey Bay, USA
Theresa Martin, CSU-Monterey Bay, USA
Jessia Luke, CSU-Monterey Bay, USA

82: Exploring the Sources of Self-efficacy for Physical Education in Korean Middle School Students
Sung Min Cheon, Inha University, Korea
Byoung-Jun Kim, Inha University, Korea
Yoonhee Kim, Soonchunhyang University, Korea
Hyeok-Ju Kwon, Korea

83: WITHDRAWN

84: State self-esteem and sport motivation in NCAA Division II athletes
Mindy Hartman Mayol, University of Indianapolis, USA
Urska Dobersek, University of Indianapolis, USA
Lee Everett, University of Indianapolis, USA
Ryan Colliver, University of Indianapolis, USA

85: Influence of Self-Talk and Imagery Technique on Emotional Climate of Amateur Athletes in Nigeria
Olufemi Adegbesan, University of Ibadan, Nigeria
Celina Adewunmi, University of Lagos, Nigeria

86: Mindfulness, Meditation, & Heart-Rate Variability (HRV) Training for Tactical Autonomic Readiness
Maryrose Blank, Digital Consulting Services, USA
Brittany Loney, SAIC/Florida State University, USA
Tyler Masters, CEPP, USA
Aaron Ross, SAIC, USA

87: Determinants of vitality during a training cycle in a cohort of special forces operators.
Magnhild Skare, The Norwegian Defence University College, Norway

88: WITHDRAWN

89: Firefighters’ Interpersonal Relaxation Education (FIRE): A Stress Management Program
Kelsey DeGrave, Midwestern University, USA
Angela Breitmeyer, Midwestern University, USA

90: Examining relationships between burnout, fitness and performance among pararescuemen
AnnaBelle Bryan, National Center for Veterans Studies, University of Utah, USA
Maria Newton, University of Utah, USA

Novel Applications (Music, Dance, Military)

86: Mindfulness, Meditation, & Heart-Rate Variability (HRV) Training for Tactical Autonomic Readiness
Maryrose Blank, Digital Consulting Services, USA
Brittany Loney, SAIC/Florida State University, USA
Tyler Masters, CEPP, USA
Aaron Ross, SAIC, USA

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Kelsey DeGrave, Midwestern University, USA
Angela Breitmeyer, Midwestern University, USA

90: Examining relationships between burnout, fitness and performance among pararescuemen
AnnaBelle Bryan, National Center for Veterans Studies, University of Utah, USA
Maria Newton, University of Utah, USA
Professional Development and Mentoring

91: “Athlete to Coach to Mental Skills Trainer; A Long and Winding Road” (Practice-based Evidence to Evidence-based Practice to Practice-based Evidence)
Theodore Monnich, University of North Carolina at Greensboro, USA

92: Trainee Development in Sport and Performance Psychology via Modeling of an Expert Supervisor
Robert Diehl, Boston University, USA
Chonlada Jarukitisakul, Boston University, USA
Trevor Cote, Boston University, USA
Chelsey Bowman, Boston University, USA

93: Practicing What We Preach: Investigating the role of Social Support in Sport Psychologists’ Well-Being
Hannah McCormack, University of Limerick, Ireland
Tadhg MacIntyre, University of Limerick, Ireland
Deirdre O’Shea, University of Limerick, Ireland
Mark Campbell, University of Limerick, Ireland
Eric Igou, University of Limerick, Ireland

Professional Issues and Ethics (AASP-Related)

94: Supervision of Applied Sport Psychology in Graduate Programs in the
Gily Meir, Florida State University, USA
Graig Chow, Florida State University, USA
Camilo Sáenz-Moncaleano, Florida State University, USA

95: A mixed method exploration of cultural competences in sport psychology professionals (1): Quantitative Results
Alessandro Quartiroli, University of Wisconsin - La Crosse, USA
Justine Vosloo, Ithaca College, USA
Leslie Fisher, University of Tennessee, USA
Robert Schinke, Laurentian University, Canada
Lia Gorden, Ithaca College, USA

Research Design (Methodology, Analyses)

96: Electroencephalography (EEG) Differences in Task Complexity and Perspective During Imagery Performance
Duncan Simpson, Barry University, USA
Gualberto Cremades, Barry University, USA
Samantha Engel, Barry University, USA
Jessica Smosky, Barry University, USA

Social and Cultural Diversity

97: The Experiences of Fully Disclosed Collegiate Student-Athletes Who Identify as Lesbian, Gay, Bisexual, or Transgender: A Qualitative Investigation
Hannah Bennett, Augusta University, USA

Leeja Carter, Long Island University - Brooklyn, USA
Niteesa Brooks, PEAK Center, USA
Jardana Silburn, Long Island University-Brooklyn, PEAK Center, USA
Chloe Amaradio, Long Island University-Brooklyn, PEAK Center, USA
Rechelle Abalos, Long Island University-Brooklyn, PEAK Center, USA

99: How Do Black Female Athletes Perceive, Negotiate, and Reconcile the Social Expectations of Femininity?
Amanda Manu, Temple University, USA
Michael Sachs, Temple University, USA

Teaching Sport and Exercise Psychology

101: The effect of a freshman athlete sport psychology course on athletes psychological skill development
Barbie Gutwein, Technical Source Computer Relocation Company,
Lindsay Ross-Stewart, Southern Illinois University Edwardsville,
Alexa Knut, Southern Illinois University Edwardsville,
Corinne Brent, Southern Illinois University Edwardsville,

102: Coubertin’s Corner: The sport arena as classroom: Teaching psychological skills through experiential learning
Todd Wilkinson, University of Wisconsin - River Falls, USA

103: The Effectiveness of Teaching Undergraduate Sport Psychology: A Course Portfolio Project
Emily Heller, Aurora University, USA
Todd Gilson, Northern Illinois University, USA

104: What Do Coaches Want? Exploring Sport Psychology Education for Coaches
Riley Fitzgerald, Boston University, USA
Adam Naylor, Boston University/Telos SPC, USA

105: Coubertin’s Corner: Tips for Research and Applied Work at a Teaching Institution
Linda Sterling, Northwest Missouri State University, USA
Heather Van Mullem, Lewis-Clark State College, USA
106: Integrating life skills within two national youth golf curricula: Insights into a successful research to practice partnership
Kelsey Kendellen, University of Ottawa, Canada
Martin Camire, University of Ottawa, Canada
Corliss Bean, University of Ottawa, Canada
Tanya Forneris, University of Ottawa, Canada
Jeff Thompson, Golf Canada, Canada

107: Strong Hand Soft Touch: Coaching in the Inner City
Renee Brown, West Virginia University, USA
Ryan Flett, West Virginia University, USA

108: An applied behavior analysis approach to reducing poor sportsmanship and injury rates in youth football
Andrew White, University of Minnesota, USA
Diane Wiese-Bjornstal, University of Minnesota, USA
POSTER SESSION II

FRIDAY, SEPTEMBER 30

5:30 pm - 7:00 pm
GRAND BALLROOM A—D

Aggression, Violence, and Moral Behavior

109: Morality, Dysfunction, and Identification: An Examination of Collegiate Football Fan Culture
Tammy Sheehy, West Virginia University, USA
Stefanee Van Horn, West Virginia University, USA
Tzu-Chen Hsu, West Virginia University, USA
Leigh Bryant, West Virginia University, USA
Michael Berrebi, West Virginia University, USA

110: Moral Identity and Moral Self-Regulation in Collegiate Contact Sport Athletes
Michael Papadakis, University of Utah, USA
Maria Newton, University of Utah, USA
Morgan Hall, University of Utah, USA
Beau Bertagnolli, University of Utah, USA

Anxiety, Stress, and Emotions

111: What Happens After The Competition Season?: Exploring Student-athlete Stress In The Off-season
Kaila Vento, California State University Long Beach, USA
Amanda Brouwer, Winona State University, USA

112: Challenge and Threat: A pattern?
Claire Rossato, Middlesex University, London Sports Institute, UK
Mark Uphill, Canterbury Christ Church University, UK
Itay Basevitch, Florida State University, USA

113: Seven Arm Swings Between Victory and Defeat: How Coaches and Practitioners Can Address Superstitions with Swimmers
Joann Wakefield, USA
Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA
Matthew Lee, Munster Swim Club, USA

114: Performance Anxiety in College Athletes: A Psychoeducational Group Curriculum
Brooke Parker, University of Central Florida, USA

115: Seasonal differences in grit levels among NCAA Division II football athletes
Lee Everett, University of Indianapolis, USA
Urska Dobarsek, University of Indianapolis, USA
Mindy Hartman Mayol, University of Indianapolis, USA
Ryan Colliver, University of Indianapolis, USA

Burnout and Transition Out of Sport

116: Sources and Consequences of Athletic Burnout Among NCAA Division III Athletes
Brittany Hedderson Moses, Whittier College, USA
Ann Hickey, Whittier College, USA
Mike Voight, Central Connecticut State University, USA

117: Pilot Study of Romantic Relationship Quality and Life Satisfaction in Former American Professional Football Athletes
J.D. DeFreese, UNC-Chapel Hill, USA
Donald H. Baucum, UNC-Chapel Hill, USA
Leah Thomas, UNC-Chapel Hill, USA
Andrew Romaine, UNC-Chapel Hill, USA
Kevin M. Guskiewicz, UNC-Chapel Hill, USA

118: The Sport Transition and Athlete Resolution Model
Stephanie Hatch, Midwestern University, USA
Angela Breitmeyer, Midwestern University, USA

119: A field survey of the Japanese Olympians' athletic careers —Focusing on motivations, costs, funding sources, and decisions to retire
Miyako Oulevey, Keio University Graduate School of System Design and Management, Japan
Naohiko Kohtake, Keio University Graduate School of System Design and Management, Japan
Kaori Tsutsui, Osaka University of Heath and Sport Sciences, Japan
Tomohiko Yoshida, Sasakawa Sports Foundation, Japan

Clinical Issues

120: Selfies: Empowerment or Narcissistic?
Michele Kerulis, Northwestern University, USA

121: Eating Disorder Risk Factors in Adolescent Athletes: The Relationship to Individual Goal Orientation and Perceived Motivational Climate
Ashley Hansen, Saint Louis University, USA
Per Johnson, Lund University, Sweden
Michael Ross, Saint Louis University, USA

Coaching/Leadership

122: Differences in the Perceived Effectiveness of Autonomy-Supportive Versus Controlling Coaching Styles
Anthony Amorose, Illinois State University, USA
Bryanna Bruger, Illinois State University and McLean County Center for Human Services, USA

123: Transformational Leadership Behaviour by Nigerian College Coaches and its Effects on Athletes' Satisfaction on Individual Performance
Olanrewaju Ipinmoroti, Tai Solarin University of Education, Nigeria
124: The Relationship between Optimism and Mental Toughness: A Comparison of NCAA Division I, Division II, and Division III Coaches
Gloria Solomon, Texas Christian University, USA
Melissa Brennan, Texas Christian University, USA
Christopher Nieves, Texas Christian University, USA
Andrea Becker, Texas Christian University, USA

125: i7W Model for coaches – from sport psychology theory to coaching practice.
Kamil Radomski, Foundation of Positive Sport, Poland
Tomasz Kurach, Foundation of Positive Sport, Poland
Aleksandra Krukowska, Loughborough University, UK
Małgorzata Pajączkowska, Foundation of Positive Sport, Poland
Aleksandra (Olga) Pogorzelska, School of Social Psychology in Warsaw, Poland
Ewa Serwotka, Foundation of Positive Sport, Poland
Martyna Tadzik, Technika Zwycięstwa, Poland
Aleksandra Zienowicz, Foundation of Positive Sport, Poland

126: “Best Processes” DIY Sport Leadership Development Initiatives: A Collective Case Study
Mike Voight, Central Connecticut State University, USA
Ann Hickey, Whittier College, USA

127: The Relationship Between Athletes’ Perceptions of Coaching Efficacy and Collective Efficacy in Collegiate Soccer Players
Frazer Atkinson, University of North Dakota, USA
Sandra Short, University of North Dakota, USA

Consulting/Private Practice

128: Broadening the Scope: Integration of the Brain Sciences
Brittany Loney, SAIC/Florida State University, USA
Maryrose Blank, Digital Consulting Services, USA
Aaron Ross, SAIC, USA
Tyler Masters, CEPP, USA

129: The Effects of Previous Sport Medicine or Sport Psychology Experience on Athletes’ Attitudes
Ken Idefonse, University of Wisconsin-Milwaukee, USA
Jedediah Blanton, University of Tennessee, USA
Monna Arvinen-Baro, University of Wisconsin-Milwaukee, USA
Cindra Kamphoff, Cindra Kamphoff, LLC & Minnesota State University, USA

130: “Less kidney, more heart”: (Re)Storying one consultant’s philosophy in light of cancer
Chantale Lussier, Elysian Insight, Canada
Andrew Friesen, University of Wolverhampton, UK

Developmental/Lifespan Perspectives

131: Resilience and coach social support on college student-athletes’ career expectation: The mediation of self-efficacy
Chung-Ju Huang, University of Taipei, Taiwan
Tsung-Min Hung, National Taiwan Normal University, Taiwan

132: Ex-athletes as coaches: How they perceive Facilitators and Inhibitors of sport talent development.
Małgorzata Siekanska, University of Physical Education, Poland

133: Profiles of Dual Career Competences of Swedish University Student-Athletes
Lukas Linnér, Halmstad University, Sweden
Natalia Stambulova, Halmstad University, Sweden
Johan Ekengren, Halmstad University, Sweden

134: Moving to Play Abroad: Experiences of Transnational Team Handball Players
Johan Ekengren, Halmstad University, Sweden
Natalia Stambulova, Halmstad University, Sweden
Lukas Linnér, Halmstad University, Sweden

Elite Performance

135: Insights into Captaincy in the National Hockey League
Martin Camire, University of Ottawa, Canada

136: Mental Toughness and Distraction Control in Experienced Cyclists’ Performance
Denise Ramirez, California State University, Fresno, USA
Dawn Lewis, California State University, Fresno, USA
David Kinnunen, California State University, Fresno, USA
Felicia Gomez, Pinnacle Training Systems, USA
Tim Hamel, Fresno State, USA

137: Altering Pace Control and Pace Regulation: Attentional Focus Effects during Running
Noel Brick, Ulster University, UK
Mark Campbell, University of Limerick, Ireland
Richard Metcalfe, Ulster University, UK
Jacqueline Mair, Ulster University, UK
Tadhg MacIntyre, University of Limerick, Ireland

138: Field Artillery Implementation of a Customized Mental Skills Training
Christine Rickertsen, USA
Erik Leslie, Comprehensive Soldier and Family Fitness, USA

139: Stay healthy to prepare and perform: Opportunities for sport psychology research and practice.
Renee Appaneal, Australian Institute of Sport, Australia

140: High-Performance Culture and Values of the German National Badminton Team: Interventions on the Road to Rio 2016
Sebastian Brueckner, Saarbruecken Olympic Training Center, Germany
Ulrich Kuhl, Olympic Training Center Rhein-Ruhr, Germany
Holger Hasse, German Badminton Association, Germany

141: Comparing Psychological Competitive Abilities of Japanese Winter and Summer Olympic Athletes from 2002 to 2014
Yasuhisa Tachiya, Japan Institute of Sports Sciences, Japan
142: Experiences of flow state among collegiate team-sport athletes
Zachary Merz, Saint Louis University, USA
Joanne Perry, Saint Louis University, USA
Michael Ross, Saint Louis University, USA

143: Relationship between creativity, coping skills and flow state among elite athletes
Véronique Richard, Université de Montréal, Canada
Mark Runco, University of Georgia, USA
Ahmed Abdulla, University of Georgia, USA

Exercise and Health Behaviors

144: Examining Predictors of Enjoyment and Achievement of Physical Activity Goals During an Active Fantasy Sports Exergame Intervention
Jacey Keeney, Rosalind Franklin University of Medicine and Science, USA
Kristin L. Schneider, Rosalind Franklin University of Medicine and Science, USA
Arlen C. Moller, Illinois Institute of Technology, USA

145: Implementation of the FLOW Transition Intervention into the BELT Program
Sara Rothberger, The University of North Carolina at Greensboro, USA
Diane Gill, The University of North Carolina at Greensboro, USA
Paul Davis, The University of North Carolina at Greensboro, USA
Jeaneane Wilson, Departments of Bariatrics and Wellness, Cone Health, USA

146: The Influence of a Walking Intervention on Pain and Affect for Individuals with Cerebral Palsy
Duncan Simpson, Barry University, USA
Kevin Crombie, University of Wisconsin-Madison, USA
Gualberto Cremades, Barry University, USA

147: Body Mass Index and Somatomorphic Indexing
Joshua Brosvic, Rider University, USA

148: Relation of Appearance Enhancing Drug Usage and Sexuality to Men’s Body Image, Muscularity, and Psychosocial Well-Being
Trent Petrie, University of North Texas, USA
Jessica Strubel, University of North Texas, USA

149: Obsessive Passion and Exercise Addiction: Potential Links and Practical Considerations
Alexander Bureau, Ball State University, USA
Bryan Saville, James Madison University, USA
Selen Razon, Ball State University, USA
Umit Tokac, Florida State University, USA

150: Direction of Unloading Influence on Rate of Perceived Exertion in a Positive-Pressure Treadmill
Alexander Bureau, Ball State University, USA
Brooke Thompson, Gardner-Webb University, USA
Beau Greer, Sacred Heart University, USA
Brendan Rickert, Sacred Heart University, USA
Matthew Moran, Sacred Heart University, USA

151: Attack and Fear: Perceptions about Physical Activity among Child Cancer Patients and Their Families
Kevin Figurski, Colorado State University, USA
Anna Chopp, Colorado State University, USA
Lauren Walters, Colorado State University, USA
Ian Moran, Colorado State University, USA
Stephanie Eisenberg, Colorado State University, USA
Sofia Romana, Colorado State University, USA
Brian Butki, Colorado State University, USA

152: Physical Activity and Quality of Life among Korean Immigrants: A Moderated Mediation Model
Eungwang Oh, UNCG, USA
Jungyun Jang, Jeollanamdo Office of Education, South Korea
Diane Gill, UNCG, USA

153: Master Swimmers’ Perceptions of the Climate in Their Training Facilities and Their Motivational Responses
Mary Fry, University of Kansas, USA
Susumu Iwasaki, University of Kansas, USA
Hannah Vanorsby, University of Kansas, USA
Michael Breske, University of Kansas, USA

154: The Relationship of Members’ Perceptions of the Motivational Climate to Their Psychological Well-Being at a University Medical Center Fitness Facility
Lauren Easton, University of Kansas, USA
Susumu Iwasaki, University of Kansas, USA
Mary Fry, University of Kansas, USA

155: Effects of Exercise Deprivation on Physical Self-concept in Habitual Exercisers
Hyeok Ju Kwon, Inha University, Korea
Byoung-Jun Kim, Inha University, Korea
Young-Vin Kim, Inha University, Korea
Sung-Min Cheon, Inha University, Korea
Hak-Beom Kim, Inha University, Korea
Kyung-Ae Park, Inha University, Korea

Group Dynamics

156: Perceptions of How Motorcycle Road Racing Team Relationships Affect Rider Performance
Joseph Fritz, University of Denver, USA
Artur Poczwardowski, University of Denver, USA

Injury/Trauma/Rehabilitation

157: A Phenomenological Study: Experiencing the Unexpected Death of a Teammate
Lauren Elberty, Barry University, USA
Duncan Simpson, Barry University, USA
Lauren Tashman, Barry University / Inspire Performance Consulting, USA

158: The road to recovery: Rugby players’ perceptions of social support during long-term injuries.
Rob O’Connell, Sheffield Hallam University, UK
Peter Olusoga, Sheffield Hallam University, UK
159: Physical Therapist's Perceptions of Psychological Components in Patient Recovery
Alexa Knuth, Southern Illinois University Edwardsville, USA
Corinne Brent, Southern Illinois University Edwardsville, USA
Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA
Barbie Gutwein, Southern Illinois University Edwardsville, USA

160: Motivation and injury rehabilitation: Are patients' psychological needs being met?
Morgan Hall, University of Utah, USA
Leslie Podlog, University of Utah, USA
Lindsey Greviskes, University of Utah, USA
Chris Hammer, University of Utah, USA
Nick Galli, University of Utah, USA

161: Examining the Role of Self-determination and Stress-related Growth in Injury Rehabilitation
Jill Tracey, Wilfrid Laurier University, Canada
Megan Granquist, University of La Verne, USA
Alyson Stanford, Wilfrid Laurier University, Canada

162: Stress-Related Growth and Sport Injury: A Program for Positive Rehabilitation Performance
Megan Granquist, University of La Verne, USA
Jill Tracey, Wilfrid Laurier University, Canada

163: Sport Injury Rehabilitation adherence: A review and practical applications
Robert Hilliard Jr., Ball State University, USA

164: Standard Psychological Consultation in Sport Injury Rehabilitation: Progress of a Pilot Program
Ashley O'Beirne, Springfield College, USA
Stephanie Jarosik, Springfield College, USA
Wayne Rodrigues, Springfield College, USA
Thomas Dodge, Springfield College, USA
Judy Van Raalte, Springfield College, USA
Britton Brewer, Springfield College, USA

Life Skills/Learning Strategies (Includes Coping)

165: Mental Health through Mental Skills Training - Psychophysiological Stress Recovery for Student-Athletes
Darrell Phillips, MCCKC Penn Valley, USA

166: Soccer for development programs: a review of their types and strategies to foster and transfer life skills
Lucas Silvestre Capalbo, Michigan State University, USA

167: Investigating Physical Self-Concept and Quality of Life in Student Veterans through Focus-Group Interviews
Michael Souders, Long Island University - Brooklyn, USA
Leeja Carter, Long Island University - Brooklyn, USA

Mental Training/Interventions

168: The Effects of a Psychological Skills Training Program on Maintenance of Use and Self-Efficacy in Psychological Methods
Tyler Klein, Florida State University, USA
Graig Chow, Florida State University, USA

169: Helping Ultramarathon Runners Go the Distance
Anna-Marie Jaeschke, West Virginia University, USA
Kristen Dieffenbach, West Virginia University, USA

170: The continued evaluation of a Mental Toughness Education and Training Program for English football referees: A two-season longitudinal study.
Liam Slack, PGMOL/Sheffield Hallam University, UK
Ian Maynard, Sheffield Hallam University, UK
Joanne Butt, Sheffield Hallam University, UK
Peter Olusoga, Sheffield Hallam University, UK

171: Understanding pre-performance routines in marathon runners: Focus groups on task-relevant thoughts
Lauren Billing, University of Minnesota, USA
Beth Lewis, University of Minnesota, USA
Hailee Moehnke, University of Minnesota, USA

172: The Effects of a PETTLEP Imagery Intervention on Learners' Coincident Anticipation Timing Performance
Phillip Post, New Mexico State University, USA
Duncan Simpson, Barry University, USA
Greg Young, James Madison University, USA

173: Developing a Team Mission Statement: Who are we, Where are we going, and How are we going to get there?
Eric Martin, Michigan State University, USA
Ian Cowburn, Queen's University, Canada
Andrew MacIntosh, Michigan State University, USA

174: Effects of a Mental Warmup on the Readiness of Soccer Players to Perform and Use Mental Skills
Adisa Haznadar, Springfield College, USA
Britton Brewer, Springfield College, USA
Judy Van Raalte, Springfield College, USA

175: Yoga Program on Executive Function in Children with Attention Deficit Hyperactivity Disorder
Chienchih Chou, University of Taipei, Taiwan
Tzu-Yin Chen, University of Taipei, Taiwan

176: Reflections on the Impact of an Organizational Intervention in Professional Sport: Researcher and Athlete Perspectives
James Rumbold, Sheffield Hallam University, UK

177: In the Hole or in the Pond, Now What? Controlling Reactions through Post-Performance Routines in Golf
Olivier Schmid, University of Bern, Switzerland
Jack Watson II, West Virginia University, USA
Raymond Francis Prior, RFP Sport & Performance Consulting, USA
178: Sport and Performance Psychology Consultation Outside of Home University Athletics
John Walsh, Ball State University, USA
Nile Brandt, Ball State University, USA
Brianna Leitzelar, Ball State University, USA
Alee Wade, Ball State University, USA
Lindsey Blom, Ball State University, USA

179: Utilizing Movement for Emotion Regulation During Play
Russ Flaten, Adler University, USA
Rikki Carlin, Adler University, USA
Mary McCchesney, Adler University, USA

Motivation and Self-Perceptions

180: Shifts in Adaptation: The Effects of Self-Efficacy and Task Difficulty Perception
Ryan Sides, Florida State University, USA
Gershon Tenenbaum, Florida State University, USA

181: High School Athletes’ Perceptions of the Motivational Climate in Their Off-Season Training Programs
Jacob Chamberlin, University of Kansas, USA
Mary Fry, University of Kansas, USA
Susumu Iwasaki, University of Kansas, USA

182: An Exploratory Analysis of Sports Motivation Within Men and Women Collegiate Soccer Players
Taylor Montgomery, Saint Louis University, USA
Joanne Perry, Saint Louis University, USA
Michael Ross, Saint Louis University, USA
Ashley Hansen, Saint Louis University, USA

183: How Student-Athletes’ Academic Identities Respond to the Psychological Effects of Serious Injuries
Bernadette Maher, Temple University, USA

184: Examining Multidimensional Sport-Confidence in Athletes and Non-Athlete Sport Performers
Moe Machida, Osaka University of Health and Sport Sciences, Japan
Mark Otten, California State University, Northridge, USA
Michelle Magyar, California Department of Education, USA
Robin Vealey, Miami University, USA
Rose Marie Ward, Miami University, USA

185: A Race to Fulfillment: Exploring the Journey of the Everyday Marathoner
Lennie Waite, Self-employed, USA

186: Setting the Stage for a Motivational Climate Collaboration
Joseph Claunch, University of Kansas, USA
Mary Fry, University of Kansas, USA

187: Achievement motivation among top glider pilots
Joanna Madey, FLOW Foundation, Poland
Dorota Pietrzyk-Matusik, FLOW Foundation, Poland

188: Relationship between Undergraduate Students’ Psychological Needs and Attitudes toward Fitness Testing
Christina James, University of North Texas, USA
Mitch Barton, University of North Texas, USA
Tsz Lun (Alan) Chu, University of North Texas, USA
Paul Yeatts, University of North Texas, USA
Gene L. Farren, University of North Texas, USA
E. Whitney Moore, University of North Texas, USA
Scott Martin, University of North Texas, USA

189: Males’ and Females’ Motivational Climate Perceptions, Basic Psychological Needs, and Motivation to Exercise
Veera Korjala, University of North Texas, USA
Paul Yeatts, University of North Texas, USA
Mitch Barton, University of North Texas, USA
Tsz Lun (Alan) Chu, University of North Texas, USA
Gene Farren, University of North Texas, USA
Scott Martin, University of North Texas, USA
E. Whitney Moore, University of North Texas, USA

190: Concussed and Confident: Does Sport Matter?
Nicole Harnisch, Northwest Missouri State University, USA
Linda Sterling, Northwest Missouri State University, USA

191: Male High School Athletes’ Perceptions of Their Team Climate and Mindful Engagement
Susumu Iwasaki, University of Kansas, USA
Mary Fry, University of Kansas, USA

192: Leader Observations of Participant Behaviors During A Motivational Climate Intervention – A Qualitative Investigation
Candace Hogue, University of Kansas, USA
Mary Fry, University of Kansas, USA

Novel Applications (Music, Dance, Military)

193: Building Mental Toughness in United States Army Recruiters
Chaska Gomez, US Army, USA
Craig Jenkins, US Army, USA
Geraldine Mack, US Army, USA

194: Operationalizing Confidence from Theory to Practice Within a Military Setting.
Brett Sandwick, CSF2, USA

Maximilian Pollack, Optimal Mindset Consulting, USA
Lauren Tashman, Barry University / Inspire Performance Consulting, USA
Duncan Simpson, Barry University, USA
Social and Cultural Diversity

204: The fight: minority athletes' help-seeking attitudes and behaviors
Gary Frazier, TOPPS, USA
Jerry Holt, Florida A&M University, USA

205: Investigation of the Structural Relationships between Social Support, Self-Compassion, and Subjective Well-Being in Korean Elite Student Athletes
Sungho Kwon, Seoul National University, Korea
Hyunsoo Jeon, Seoul National University, Korea
Jihoon An, Seoul National University, Korea
Yunsik Shim, SoonChunHyang University, Korea

Professional Development and Mentoring

197: Looking to the next generation of professionals: Student members’ needs, interests, and perceived value of AASP membership
Stacy Gnacinski, University of Wisconsin-Milwaukee, USA
Phillip Post, New Mexico State University, USA
Duncan Simpson, Barry University, USA
Dolores Christensen, Springfield College, USA

198: Quality supervision in sport and exercise psychology: Moving forward with better training
Janaina Lima Fogaca, West Virginia University, USA

199: Bridging the Gap: A Graduate Student's Exploration of Integrating Athletic Counseling into a Counseling Psychology Doctoral Practicum
Trevor Cote, Boston University, USA

200: Bridges to applied sport psychology: A literature review of supervision and mentoring into the field.
Chantale Lussier, Elysian Insight, Canada
Roxane Carrière, Université de Montréal, Canada

Teaching Sport and Exercise Psychology

207: Coubertin's Corner: High Impact Practices, Signature Assignments, and Authentic Assessment in a Sport Psychology Class
Tami Eggleston, McKendree University, USA

208: Coubertin's Corner: The Role of Static Photographs in the Sport and Exercise Psychology Classroom
John Coumbe-Lilley, University of Illinois at Chicago, USA
Arin Weidner, University of Illinois at Chicago, USA

209: Integrating KanJam competition into the sport psychology classroom
David Laughlin, Grand Valley State University, USA
Takahiro Sato, Western New Mexico University, USA

Professional Issues and Ethics (AASP-Related)

201: Contextual competence in collegiate athletics: Ethical issues for effective practice
William Way, West Virginia University, USA
Ed Etzel, West Virginia University, USA

202: A mixed method exploration of cultural competences in sport psychology professionals (2): Qualitative Results
Alessandro Quartirol, University of Wisconsin - La Crosse, USA
Justin Vosloo, Ithaca College, USA
Lia Gorden, Ithaca College, USA
Robert Schinke, Laurentian University, Canada
Leslee Fisher, University of Tennessee, USA

Research Design (Methodology, Analyses)

203: Development, validation and utilisation of the Adapted Vividness of Movement Imagery Questionnaire-2 (AVMIQ-2) for use with wheelchair athletes.
Andrea Faull, University of Worcester, UK
Eleri Jones, Bangor University, Wales, UK

Youth Sport

212: He (May Be) Faster Than Me (Today): Case Study of Growth Mindset Development with Youth Track and Field
Margaret Smith, University of Alabama Birmingham, yes
213: School Administrators' and Counselors' Strategies to Reduce Bullying and Promote Youth Development
Ryan Flett, West Virginia University, USA
Renee Brown, West Virginia University, USA
Stephanie McWilliams, West Virginia University, USA

214: Reducing the Fear of “Smacking:” Facilitating Adolescent Athletes’ Transitions to New, Competitive Sports
Darcy Strouse, BelieveinMe Sports, LLC, USA

Kaitlyn Ferris, Tufts University, USA
Lily Konowitz, Tufts University, USA
Nicholas Whitney, Tufts University, USA
Andrea Ettekal, Tufts University, USA