WELCOME!

Welcome to the 34th Annual Conference of the Association for Applied Sport Psychology.

We are pleased you have chosen this conference to share your knowledge and extend your network of colleagues and friends. Please join us in thanking the Conference Planning Committee and staff:

- Angie Fifer, Scientific Program Chair
- Amy Baltzell, Conference Program Chair
- Jessica Bartley, Conference Planning Committee Member
- Ceci Clark, Conference Planning Committee Member
- Courtney Hess, Student Representative, Conference Planning Committee
- Kent Lindeman, Executive Director
- Stephanie Garwood, Meeting Manager
- Emily Schoenbaechler, Certification & Communications Manager
- Susanna Beier, Membership & Registration Assistant

In addition, we want to thank the over 200 members who assisted with the review of all submitted conference abstracts. Their hard work enabled us to assemble what promises to be an outstanding program. This year’s conference features an exceptional list of invited speakers, as well as lectures, panels, posters, symposia, and workshops that AASP members will be presenting. Thank you for continuing to submit your excellent work to our annual conference.

The AASP Executive Board is very pleased to serve as your host for AASP 2019, and hopes that you enjoy the program and networking activities that are planned. If any of us can be of further assistance, or if you have suggestions for increasing the effectiveness of the AASP organization or educational program, please stop and talk to us this week.

Enjoy the conference!

Sincerely yours,

AASP Executive Board
2018-2019
AASP EXECUTIVE BOARD 2018-2019

Traci Statler, PhD, CMPC
President
Boston University

Amy Baltzell, EdD, CMPC
Past President
Private Practice

Hillary Cauthen, PhD, CMPC
Secretary-Treasurer
Northern Illinois University

Leeja Carter, PhD
Diversity & Inclusion
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James Madison University

Natalie Durand-Bush, PhD
Publications & Information
University of Ottawa – Canada

Graig Chow, PhD, CMPC
Research & Practice
Florida State University

Angie Fifer, PhD, CMPC
Scientific Program
Breakthrough Performance Consulting

Courtney Hess, MA
Student Representative
University of Massachusetts

Julia Cawthra, MA
Student Representative
Indiana University

AASP STAFF
Kent Lindeman, CMP
Executive Director

Stephanie Garwood, MTA
Meeting Manager

Emily Schoenbaechler
Certification & Communications Manager

Susanna Beier
Membership & Registration Assistant

Barbara Case
Accounting Manager

Association for Applied Sport Psychology
8365 Keystone Crossing, Suite 107
Indianapolis, IN 46240
Phone: (317) 205-9225
Fax: (317) 205-9481
Website: appliedsportpsych.org
Email: info@appliedsportpsych.org
## AASP PAST PRESIDENTS

AASP is grateful for the individuals who have helped shape the organization by serving as president.

<table>
<thead>
<tr>
<th>Name</th>
<th>Term</th>
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<td>Amy Baltzell</td>
<td>2017-2018</td>
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</tbody>
</table>

## FELLOWS

A Fellow is an AASP member who has achieved distinction through significant contributions to academic and professional practice knowledge in sport and exercise psychology.

Congratulations to the four members named to AASP’s 2019 Class of Fellows.

**Lindsey Blom**, Ball State University

**Lori Gano-Overway**, James Madison University

**Todd Gilson**, Northern Illinois University

**Tiffanye Vargas**, Long Beach State University

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<tr>
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<td>Natalia Stambulova</td>
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</table>
2019 AASP Award Winners

**Distinguished Professional Practice Award** — Awards an AASP professional member who demonstrates exceptional quality and innovation in delivering sport and exercise psychology services to the public

**Rick McGuire**, University of Missouri

**Dorothy V. Harris Memorial Award** — Recognizes an AASP member, in the early stage of his or her professional career, who has made outstanding contributions that are both theoretical and practical

**Erin Reifsteck**, University of North Carolina at Greensboro

**Distinguished Doctoral Student Practice Award** — Acknowledges outstanding and innovative service delivery in sport and exercise psychology by doctoral student member

**Joanna Foss**, University of Missouri

**Distinguished Master’s Student Practice Award** — Acknowledges outstanding and innovative service delivery in sport and exercise psychology by master’s student member

**Olivia Wyatt**, University of Denver

**Master’s Thesis Award** — Acknowledges the completion of an outstanding thesis by an AASP student member

**Zachary McCarver**, Ithaca College

**Dissertation Award** — Recognizes the completion of an outstanding dissertation by an AASP doctoral student member

**Erin Albert**, University of North Texas, “Achievement Motivation Theory as a Model for Explaining College Athletes’ Grit”

**Student Diversity Award** — Recognizes and honors the achievements of students involved in research, service or applied experiences that focus on diversity issues

**Thierry Middleton**, Laurentian University - Canada

**Performance Excellence Award** — Recognizes an individual who embodies exemplary psychological principles associated with performance excellence as demonstrated through consistent achievement, merit or leadership over the course of their career

**Karch Kiraly**, FIVB Best Player of the 20th Century, USA Volleyball Women’s National Team Head Coach

**Distinguished International Scholar Award** — Recognizes and honors the achievements of outstanding individuals from the international community whose scientific and/or applied work has significantly impacted the field of sport and exercise psychology.

**Nikos Ntoumanis**, Curtin University – Australia

**Dissertation Award** — Recognizes the completion of an outstanding dissertation by an AASP doctoral student member

**Erin Albert**, University of North Texas, “Achievement Motivation Theory as a Model for Explaining College Athletes’ Grit”

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**Nikos Ntoumanis**, Curtin University – Australia

**2019 AASP Foundation Award Winners**

**Distinguished Mentor Award** — Recognizes outstanding efforts by an AASP member as a mentor/supervisor who has had a significant impact on their mentees in the field.

**Trent Petrie**, University of North Texas

**Early Career Practitioner Award** — Recognizes sport psychology practitioners who have recently entered into the applied field post-graduation.

**Scotta Morton**, University of Missouri

**The Sport Psychologist Young Researcher Award** sponsored by Human Kinetics $1,000 USD award

**2019 The Sport Psychologist Young Researcher Award Winner:**

**Lindsey Miossi**, University of Tennessee
2019 AASP Research Grants

Elmer Castillo, Saint Francis University; Matthew Bird, University of Lincoln, “Case Conceptualization in Sport, Exercise, and Performance Psychology: Bridging Theory and Practice” Grant amount: $1,500

Katherine Fairhurst & Dana Voelker, West Virginia University, “A Phenomenological Photovoice Exploration of Female Exercisers’ Experiences of Their Body in Fitness Center Environments” Grant amount: $1,335

Paula-Marie Ferrara, Morgan Eckenrod, Rebecca Zakajsek, & Kelley Strohacker, University of Tennessee - Knoxville, “Determining Intervention Components for a Physical Activity Program Designed for Former Division I College Athletes: A Qualitative Approach” Grant amount: $1,950

Tess Palmateer & Trent Petrie, University of North Texas, “Mental Health Screening of Student-Athletes within NCAA Athletic Departments” Grant amount: $3,630

Gabrielle Salvatore, Jasmin Hutchinson, & Sam Santich, Springfield College, “The Effects of Menstrual Cycle Phase on Exercise Self-Efficacy in Premenopausal Women” Grant amount: $3,418

Lennie Waite, University of St. Thomas; Anne Shadle, Air Force Research Laboratory; Chris Stanley, Florida State University; & Brian Zuleger, Adams State University, “Evaluating the Athlete’s Needs: Preliminary Stage in Building Sport Psychology Services for USATF Athletes for the Next Olympic Cycle” Grant amount: $3,500

Expansions of Sport Psychology Employment Opportunities in North America Grant

Justine Vosloo & Sebastian Harenberg, Ithaca College; Alessandro Quartiroli, University of Wisconsin - La Crosse; Chris Wagstaff, University of Portsmouth Grant amount: $5,000

2019 AASP Community Outreach Grants

Makenna Henry, Orange Coast College; Leilani Madrigal, Long Beach State University, “Girls’ Empowerment and Leadership Through Sport and Exercise” Grant amount: $2,126

Jason Kostrma, Renatta Pavanelli, & Michael Perlett, Florida International University, “The Effects of Training Exercise Class Leaders in SDT and Hedonic Theory” Grant amount: $700

Kristin Mauldin & Ed Garrett, California Baptist University, “RUSD Coaches’ Clinic: Teaching Techniques to Increase Conditioning, Character, and Community” Grant amount: $750

Olivia Wyatt, Jessica Bartley, & Katie Pagel, University of Denver, “Integrating Mental Skills into an After-School Soccer Program for At-Risk and In-Need Youth in the Denver Community” Grant amount: $1,038

2019 AASP Oglesby-Snyder Grant for Equity and Cultural Diversity

Janelle Thalken, Oregon State University “Facilitating Physical Activity Behavior Among Adolescent Girls: A Participatory Action Approach” Grant Amount: $5,000

Bernadette Compton, Bowling Green State University “Social Justice Activism: Experiences of Sport Psychology Consultants Doing Social Justice Activism” Grant Amount: $2,500

2019 AASP Foundation Gualberto Cremades International Research Grant

Joonyoung Lee, University of North Texas, “Effects of Different Doses of Virtual Reality-based Physical Activity Intervention on Mental Health among Asian International College Students” Grant amount: $1,000

If you would like to apply for an AASP Award or Grant, please visit www.appliedsportpsych.org for deadlines and additional information.
**CMPC CREDIT**

The AASP Annual Conference counts for 12 CEUs (3 per day) toward CMPC recertification. In order to claim the credit, turn in your conference registration confirmation email with your recertification materials. You will not receive a separate certificate.

You can earn additional credit by attending the sessions below. In order to claim credit for these, you will be required to sign in, and you will receive a certificate via email after the conference.

If you attend the entire conference, including the three sessions below, you can receive a maximum of 15.5 CEUs.

- **Required CE Area: Professional Ethics**
  1.25 CEUs
- **FEA-01: Deep Shades of Gray: Everyday Ethics**
  Wednesday, October 23, 2:15 pm – 3:30 pm
  Atrium Ballroom

- **Required CE Area: Mentorship/Supervision**
  1.0 CEUs
- **PAN-13: To Mentor or Not to Mentor: The Process and Experience of Mentorship in an Applied Setting**
  Friday, October 25, 11:30 am – 12:30 pm
  Pavilion East

- **Required CE Area: Diversity**
  1.25 CEUs
- **WKSP-21: “It’s the Elephant in the Room”: Maximizing Performance through an Inclusive Team Culture**
  Saturday, October 26, 8:15 am – 9:30 am
  Pavilion West

**APA CREDITS**

APA credits are available to AASP attendees for an additional fee. To obtain APA credits, you must purchase them when you register for the conference. Please note that APA credits are not available for one- or two-day registration. By attending the entire conference, you are eligible to receive up to 18 credits. Additional APA credits are available for continuing education workshops.

To receive credits, you must sign in at the conference registration desk each day, and turn in your evaluation packet at the end of the meeting. You must fill out an evaluation for each session you attend. Certificates of Attendance with the number of credits you received will be emailed to you after the conference. Credits are awarded by the Professional Sport Psychology Group, which is approved by the American Psychological Association to offer continuing education for psychologists.

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**SPEAKER READY ROOM**

All speakers delivering computer-based presentations are required to visit the Speaker Ready Room, in Plaza Suite, to pre-load their presentations based on the schedule below. Since there are over 100 presentations that will be delivered to the Speaker Ready Room over the course of the conference, we ask that you please visit at the prescribed times indicated below so we can assist you appropriately.

Please provide your presentation on a USB drive, and if your presentation contains audio or video, make sure to have a copy of the audio or video source file on your USB.

An AV Tech will be able to assist you with putting your files on a laptop and previewing your presentation. Please note that once your presentation is uploaded in the Speaker Ready Room, you will not be permitted to revise the presentation. Please make all your last-minute changes before coming to the Speaker Ready Room. Once uploaded, your presentation will be available on a PC laptop in your session room in a folder on the desktop named with your session date and time.

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<thead>
<tr>
<th>If Your Presentation Time Is...</th>
<th>Then Your Scheduled Check-In Time Is...</th>
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<td>Wednesday, October 23</td>
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## SPECIAL INTEREST GROUP (SIG) MEETINGS

Attendees are welcome to attend any SIG meeting; pre-registration is not required.

**NEW THIS YEAR** – Special Interest Groups are meeting at two different times: 12:40 PM – 1:25 PM & 1:30 PM – 2:15 PM. Be sure to check the time your group meets!

### Thursday, October 24

**12:40 PM - 1:25 PM**
- Achievement Motivation: Broadway I/II
- Adaptive Sport & Physical Activity: Broadway I/II
- Anger & Violence in Sport: Broadway III/IV
- Business Ownership: Broadway III/IV
- Clean Sport: Galleria North
- Coaching Science: Galleria North
- College/University Counseling Center: Pavilion West
- Eating Disorders: Atrium Ballroom
- Exercise Psychology & Wellness: Pavilion West
- Fencing: Galleria South
- Gay, Lesbian, Bisexual, Transgender, & Intersex: Pavilion East
- International Olympic Sport Psychology: Atrium Ballroom
- Media in Sport: Galleria North
- Men and Masculinities: Pavilion East

**1:30 PM - 2:15 PM**
- Mental Health: Broadway I/II
- Military Performance: Broadway III/IV
- Mindfulness: Pavilion East
- Performance Consulting in Collegiate Sport: Atrium Ballroom
- Performance Excellence: Galleria South
- Performance Psychophysiology & Biofeedback: Pavilion East
- Positive Psychology for Sport & Exercise: Broadway III/IV
- Positive Youth Development Through Physical Activity: Broadway I/II
- Psychology of Sport Injury: Galleria North
- Race & Ethnicity in Sport: Galleria South
- Soccer: Galleria North
- Study & Practice of Supervision: Pavilion West
- Teaching Sport & Exercise Psychology: Atrium Ballroom
- Women in Sport: Atrium Ballroom
- Youth Sport: Pavilion West

## COMMITTEE & EDITORIAL BOARD MEETINGS

### Thursday, October 24

**7:00 AM – 8:00 AM**
- CSSEP Editorial Board: Directors

**11:30 AM - 2:00 PM**
- Past Presidents Council & Lunch: Park Room

**12:30 PM - 1:30 PM**
- Foundation Committee: Directors
- Hospitality Committee: Executive
- Web Presence Committee: Senate

### Friday, October 25

**7:00 AM - 8:00 AM**
- Ethics Committee: Cabinet

**7:00 AM - 8:00 AM**
- International Relations Committee: Executive

**7:00 AM - 8:00 AM**
- Finance Committee: Boardroom East

**12:00 PM - 1:00 PM**
- JASP Editorial Board: Directors

**12:00 PM - 1:00 PM**
- TSP Editorial Meeting: Executive

**12:30 PM - 1:30 PM**
- Community Outreach Committee: Cabinet

**12:30 PM - 1:30 PM**
- Continuing Eduation Committee: Broadway I/II

**12:30 PM - 1:30 PM**
- Newsletter Committee: Boardroom East

**12:30 PM - 1:30 PM**
- Science to Practice Committee: Broadway III/IV

**1:00 PM - 1:45 PM**
- JSPA Editorial Board: Senate
FULL CONFERENCE SCHEDULE

WEDNESDAY, OCTOBER 23

9:00 AM – 12:00 PM  Broadway I/II

CE Workshop: Ethical Media Interactions in Sport Psychology: Analyzing Ethical Decision-Making in Modern Media  
Michele Kerulis, Northwestern University, USA; Harold Shinitzky, Harold Shinitzky, PsyD, USA

Pre-registration required; additional fee
Approved for 3.0 CMPC CEUs
Required CE Area – Professional Ethics

9:00 AM – 12:00 PM  Pavilion West

CE Workshop: Psychophysiology, Biofeedback, and Mindfulness Applications in Optimal Performance  
Tim Herzog, Reaching Ahead Counseling and Mental Performance, USA; Inna Khazan, Harvard Medical School, USA; Margaret Dupee, Good to Great, Canada

Pre-registration required; additional fee
Approved for 3.0 CMPC CEUs
CMPC Knowledge Areas: K2: Sport Psychology; K3: Sport Science; K5: Helping Relationships

1:00 PM - 2:00 PM  Broadway I/II

LEC-01: Coaching

LEC-01A: Perceptions of Coach Caring Amongst Elite Women’s Rugby Sevens Athletes  
Sierra Morris, University of Tennessee, USA; Leslee Fisher, University of Tennessee, USA; Matthew Moore, University of Tennessee, USA; Jordan Schools, University of Tennessee, USA; Susannah Knust, Walter Reed Army Institute of Research, USA

LEC-01B: Application of the Motivational and Caring Climates by a Successful Collegiate Coach  
Lori Gano-Overway, Bridgewater College, USA; Sarah Carson Sackett, James Madison University, USA

1:00 PM - 2:00 PM  Pavilion West

PAN-01: Mental Health and Mental Performance: A Panel Addressing the Needs of Youth, Collegiate, Professional, and Olympic Athletes  
Duncan Simpson, IMG Academy, USA; Valerie Valle, Johns Hopkins All Children’s/IMG Academy, USA; Vanessa Shannon, University of Louisville Athletics/ Norton Sports Health, USA; Angus Mugford, Toronto Blue Jays, USA; Sean McCann, USOC, USA

1:00 PM - 2:00 PM  Broadway I/II

SYM-01: Examining the Culture and Context of High School Sport in the United States Toward the Leadership and Life Skills Development of High School Athletes  
Jedediah Blanton, University of Tennessee, USA; Scott Pierce, Illinois State University, USA; Kylee Ault, Michigan State University, USA; Karl Erickson, Michigan State University, USA; Mustafa Sarkar, Nottingham Trent University, UK

Discussants: Jill Kochanek, Both-AND Coaching, USA & Jason Mead, Waubonsie Valley High School, USA

1:00 PM - 2:00 PM  Pavilion East

WKSP-01: Quests, Badges, and Cheat Codes: Leveling up Your Sport Psychology Classroom with Gamification  
Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA
1:00 PM - 2:00 PM  Galleria North
WKSP-02: Incorporating a Multicultural Orientation Framework into Sport Psychology Consulting
Nile Brandt, University of Utah, USA; Uma Dorn, University of Utah, USA

1:00 PM - 2:00 PM  Galleria North
WKSP-03: A New Approach to Service Delivery: An Overview of Utilizing an Executive Coaching Approach to Sport Psychology Services
Taylor Montgomery, MVP Training, USA; Michael Ross, Saint Louis University, USA; Jordan Collins, Saint Louis University, USA

2:15 PM - 3:30 PM  Atrium Ballroom
FEA-01: Deep Shades of Gray: Everyday Ethics
Ceci Clark, Cleveland Indians, USA; Jessica Bartley, University of Denver, USA; Adrian Ferrara, Auburn University, USA; Laz Gutierrez, Boston Red Sox, USA
This session is eligible for 1.25 CEUs in the area of Professional Ethics for CMPCs. To claim these credits, be sure to sign in at the session. A certificate will be emailed to you after the conference.

2:15 PM - 3:30 PM  Pavilion West
FEA-02: Journal of Applied Sport Psychology: Science to Practice Symposium
Stephen Mellalieu, Cardiff Metropolitan University, UK; Nicole Gabana, Florida State University, USA; Alessandro Quaratirol, University of Wisconsin at La Crosse, USA; Christopher Wagstaff, Portsmouth University, UK

2:15 PM - 3:30 PM  Broadway III/IV
LEC-02: Social Justice, Equality, and Inclusion
LEC-02A: “Every Day Was a Constant Battle”: A Phenomenological Study of Female Athletes’ Experiences of Coaches’ Bullying
Lindsey Miossi, University of Tennessee, Knoxville, USA; Tanya Prewitt-White, University of Illinois-Chicago, USA
LEC-02B: Using Sport for Health Promotion with Youth in Africa
Adam Hansell, West Virginia University, USA; Peter Giacobbi West Virginia University, USA; Dana Voelker, West Virginia University, USA

2:15 PM - 3:30 PM  Pavilion East
PAN-03: Cultural Considerations in Sport Psychology Practice: Reflections from Global Youth Academy Perspectives
Matthew Cullen, Aspire Academy, Qatar; Duncan Simpson, IMG Academy, USA; Shameema Yousef, Empower2Perform / Brighton & Hove Albion FC, UK; Taryn Morgan, IMG Academy, USA

2:15 PM - 3:30 PM  Galleria South
PAN-04: Making Weight: Risks and Rewards
Jenny Conviser, Ascend Consultation in Health Care, USA; Sharon Chirban, Boston Children’s Hospital, USA; Michele Kerulis, Northwestern University, USA; Caitlyn Hauff, University of South Alabama, USA; Christine Selby, Husson University, USA; Riley Nickols, The Victory Program at Mccallum Place, USA

2:15 PM - 3:30 PM  Broadway III/IV
SYM-02: Personal Journeys: Reflections from Sport and Exercise Psychologists Contemplating Life Transitions
Bonnie Berger, Bowling Green State University, USA; Jack Lesyk, Ohio Center for Sport Psychology, USA; Frances Price, Independent Practice, USA; Michael Sachs, Temple University, USA
Discussant: Elizabeth Shoenfelt, Western Kentucky University, USA
<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session</th>
<th>Title</th>
<th>Presenters</th>
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<tr>
<td>2:15 PM - 3:30 PM</td>
<td>Galleria North</td>
<td>WKSP-04</td>
<td>Slow Is Smooth, Smooth Is Fast: Understanding and Utilizing the ACT Matrix in the Achievement and Maintenance of Focused, Enhanced Athletic Performance</td>
<td>David Udelf, Becker, Udelf, and Associates, USA</td>
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<td>3:45 PM - 5:00 PM</td>
<td>Pavilion West</td>
<td>LEC-03D</td>
<td>The State of Diversity in the Association for Applied Sport Psychology: Gaining Momentum or Still Swimming Upstream?</td>
<td>Matthew Bejar, Mount Mercy University, USA; Terilyn Shigeno, Adler University, USA; Leslie Larsen, California State University, Sacramento, USA; Sae-Mi Lee, California State University, Chico, USA</td>
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<td>3:45 PM - 5:00 PM</td>
<td>Galleria South</td>
<td>LEC-03A</td>
<td>Exploring the “Other”: Experiences and Self-Perceptions of Asian American Collegiate Athletes</td>
<td>Sharon Ku, John F. Kennedy University, USA; Megan Byrd, Georgia Southern University, USA; Gily Meir, John F. Kennedy University, USA</td>
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<td>3:45 PM - 5:00 PM</td>
<td>Galleria South</td>
<td>LEC-03B</td>
<td>Coaching Openly Lesbian, Gay, and Bisexual Athletes: High School Coach Perspectives</td>
<td>Meghan Halbrook, Randolph College, USA; Jack Watson II, West Virginia University, USA; Dana Voelker, West Virginia University, USA; Ed Etzel, West Virginia University, USA</td>
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<td>3:45 PM - 5:00 PM</td>
<td>Galleria South</td>
<td>LEC-03C</td>
<td>Flip the Script: Challenging the Cultural Narrative of Aging and Sports through Video Portraiture</td>
<td>Jessica Kirby, University of Northern Colorado, USA; Megan Babkes Stellino, University of Northern Colorado, USA; Maria del Mar Chavarria-Soto, University of Northern Colorado, USA</td>
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<td>3:45 PM - 5:00 PM</td>
<td>Broadway III/IV</td>
<td>LEC-04A</td>
<td>United States Elite Youth Tennis Athletes’ Use of Psychological Strategies During Competition</td>
<td>E. Earlynn Lauer, Western Illinois University, USA; Rebecca Zakrajsek, University of Tennessee, USA; Larry Lauer, USTA Player Development, USA</td>
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<td>3:45 PM - 5:00 PM</td>
<td>Broadway III/IV</td>
<td>LEC-04B</td>
<td>The Role of Passion and Athletic Identity in Reporting Sport-Related Concussions</td>
<td>Eric Martin, Boise State University, USA; Adriana Amador, Boise State University, USA; Megan Byrd, Georgia Southern University, USA</td>
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<td>3:45 PM - 5:00 PM</td>
<td>Broadway III/IV</td>
<td>LEC-04C</td>
<td>Body Image Stories: Perspectives of Middle School Girls in a Boxing Program</td>
<td>Karisa Fuerniss, Northern Illinois University, USA; Jenn Jacobs, Northern Illinois University, USA</td>
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<td>3:45 PM - 5:00 PM</td>
<td>Galleria South</td>
<td>LEC-03D</td>
<td>A Phenomenological Exploration of Mental Toughness in Adolescent Youth Sport</td>
<td>E. Earlynn Lauer, Western Illinois University, USA; Johannes Raabe, West Virginia University, USA; Matthew Bejar, Mount Mercy University, USA</td>
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<td>3:45 PM - 5:00 PM</td>
<td>Broadway III/IV</td>
<td>SYM-03</td>
<td>A Coaching Education Intervention for American Indian Youth Sport Coaches on the Zuni Reservation</td>
<td>Mary Fry, University of Kansas, USA; Joseph Claunch, Zuni Youth Enrichment Project, USA; Candace Hogue, Penn State, Harrisburg, USA; Susumu Iwasaki, Fort Lewis College, USA; Erving Peynetsa, Zuni Youth Enrichment Project, USA</td>
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2019 Conference • Wednesday, October 23 / Thursday, October 24

Dorothy V. Harris Memorial Award
Erin Reifsteck, University of North Carolina at Greensboro

Early Career Practitioner Award
Scotta Morton, University of Missouri

Distinguished Mentor Award
Trent Petrie, University of North Texas

KEYNOTE PRESENTATION
Michael Gervais, Seattle Seahawks, Compete to Create, Finding Mastery Podcast

THURSDAY, OCTOBER 24

7:00 AM – 8:15 AM Atrium Ballroom
CMPC Breakfast
Open only to current CMPCs.

8:15 AM - 9:30 AM Atrium Ballroom
FEA-04: Case Study Workshop
Chelsea Wooding, National University, USA; Greg Young, IMG Academy, USA

8:15 AM - 9:30 AM Galleria North
WKSP-05: Blue Pill, Red Pill, Purple Pill?: The Myths and Realities of Consulting with Men and Boys in Applied SEP Settings
Robert Owens, University of Western States, USA; Ryan Sappington, University of Maryland at College Park, USA; Rebecca Busanich, St. Catherine University, USA; Christopher Stanley, Florida State University, USA; Jonathan Metzler, AFSC / Magellan Federal, USA; Jorge Ballesteros, Arizona State University, USA; Matthew Moore, University of Tennessee, USA

3:45 PM - 5:00 PM Pavilion East
WKSP-06: Mental Performance Coaches’ Role in Helping Coaches Become Trauma-informed
Val Altieri, Jr., Boston University, USA; Maren Rojas, Edgework Consulting, USA; Lou Bergholz, Edgework Consulting, USA; John McCarthy, Boston University, USA

3:45 PM - 5:00 PM Galleria North
WKSP-07: Developing a Professional Philosophy to Guide Sport Psychology Service Delivery
Elmer Castillo, Saint Francis University, USA; Carly Block, Florida State University, USA; Matthew Bird, University of Lincoln, USA; Graig Chow, Florida State University, USA

4:15 PM – 4:45 PM Directors
Student Volunteer Training

4:30 PM – 5:15 PM Park Room
New Member Meet & Greet

5:30 PM – 7:00 PM Grand Ballroom
OPENING KEYNOTE SESSION
Welcome
Traci Statler, Cal State Fullerton, USA

Conference Overview
Amy Baltzell, Private Practice, USA

Awards & Recognition
Ken Ravizza Distinguished Master’s Student Practice Award
Olivia Wyatt, University of Denver

7:00 PM – 9:00 PM Exhibit Hall
Opening Reception

3:45 PM - 5:00 PM Atrium Ballroom
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7:00 PM – 9:00 PM Exhibit Hall
Opening Reception
LEC-05: Injury/Rehabilitation

LEC-05A: Can Pre-Injury Adversity Affect Post-Injury Responses? A Five-Year Prospective, Multi-Study Analysis
Ross Wadey, St Mary’s University, UK; Lynne Evans, Cardiff Met University, UK; Sheldon Hanton, Cardiff Metropolitan University, UK; Mustafa Sarkar, Nottingham Trent University, UK

LEC-05B: Optimism in mTBI Rehabilitation: How Depression in Athletes Affects fMRI Directed Concussion Treatment and Recovery
Brittany Prijatel, Armed Forces Services Corporation (AFSC), USA; Alina Fong, Cognitive FX, USA; Rachel Heinze, Cognitive FX, USA; Paige Moore, Notus Neuropsychological Imaging, USA; Mark Allen, Cognitive FX, USA

LEC-05C: Psychological Readiness to Return to Sport After Injury
Scott Donald, Wilfrid Laurier University, Canada; Jill Tracey, Wilfrid Laurier University, Canada

LEC-05D: Neuroplasticity in Corticolimbic Brain Regions in Patients after Anterior Cruciate Ligament Reconstruction
Shelby Baez, University of Kentucky, USA; Anders Andersen, University of Kentucky, USA; Richard Andreatta, University of Kentucky, USA; Marc Cormier, University of Kentucky, USA; Brian Noehren, University of Kentucky, USA; Phillip Gribble, University of Kentucky, USA; Johanna Hoch, University of Kentucky, USA

8:15 AM - 9:30 AM Grand Ballroom

LEC-06C: Coping with the Transition Out of Professional Baseball Following Release: A Self-Determination Theory Perspective
Andrew Bass, Pittsburgh Pirates, USA; Johannes Raabe, West Virginia University, USA; Lauren McHenry, University of Tennessee, USA; Rebecca Zakrjaske, University of Tennessee, USA

LEC-06D: Conceptual Model of Automaticity in Execution of Shooting in Biathlon: From Theory and Practical Insights to Context-Specific Applications
Artur Poczwardowski, University of Denver, USA

8:15 AM - 9:30 AM Pavilion East

PAN-06: Signature Practices: When Experts in the Field Experience Burnout – Lessons Learned
Stiliani “Ani” Chroni, Inland Norway University of Applied Sciences, Norway; Sebastian Brueckner, Muenster University, Germany; Goran Kentta, The Swedish School of Sport and Health Science, Sweden; Elizabeth Shoenfelt, Western Kentucky University, USA

8:15 AM - 9:30 AM Pavilion West

LKSP-08: Mindfulness and Positive Psychology in Facilitation Settings
Elizabeth Lange, William Peace University, USA; Kimberly Fassczewski, Appalachian State University, USA

8:15 AM - 9:30 AM Galleria South

WKSP-09: A Look Back at MST Periodization: The Plan vs. the Reality and Lessons Learned
Christian Smith, IMG Academy, USA; Lindsey Hamilton, IMG Academy, USA; Taylor Stutzman, IMG Academy, USA
9:00 AM – 7:00 PM  
**Exhibit Hall**

**Poster Viewing**

9:30 AM – 4:00 PM  
**Plaza Foyer**

**Exhibits Open**

9:45 AM – 11:00 AM  
**Grand Ballroom**

**KEYNOTE SESSION**

**Awards & Recognition**

**Distinguished Professional Practice Award**  
Rick McGuire, University of Missouri

**Distinguished Doctoral Student Practice Award**  
Joanna Foss, University of Missouri

**Gualberto Cremades International Research Grant**  
Joonyoung Lee, University of North Texas

**Outgoing Board Recognition**  
Bob Harmison, Natalie Durand-Bush, Courtney Hess

**KEYNOTE PRESENTATION**

Tempering Tantrums - Seeking Composure and Grit in the Uncertain Storms of Competition  
Karch Kiraly, Head Coach, US Women’s National Volleyball Team

Presentation of Performance Excellence Award

11:30 AM - 12:30 PM  
**Pavilion East**

**FEA-06: Student Workshop: Say What? Self-talk in Sport**  
Judy Van Raalte, Springfield College, USA;  
Katrina (McTeague) Steady, Springfield College, USA

11:30 AM - 12:30 PM  
**Grand Ballroom**

**PAN-07: ImPerfect Consulting: How Mistakes and Challenges Shape Your Practice**  
Kathleen Mellano, Michigan State University, USA;  
Daniel Gould, Michigan State University, USA;  
Robin Vealey, Miami University, USA;  
Justin Su’a, Rays Baseball, USA

11:30 AM - 12:30 PM  
**ATRIUM Ballroom**

**PAN-08: From 50 Minutes to 15: Effective Brief-Interventions You Won’t Learn in the Classroom**  
Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA;  
Trey McCalla, Consultant, USA;  
Bernie Holliday, Pittsburgh Pirates, USA;  
Jamie Shapiro, University of Denver, USA;  
Brandonn Harris, Georgia Southern University, USA;  
Alexander Cohen, United States Olympic Committee, USA;  
Brooke Lamphere, University of Denver, USA

11:30 AM - 12:30 PM  
**Pavilion West**

**PAN-09: Navigating Sport Psychology Research Agendas Centered on Equity, Inclusion, and Social Justice**  
William Massey, Oregon State University, USA;  
Lindsey Blom, Ball State University, USA;  
Leslee Fisher, University of Tennessee, USA;  
Sae-Mi Lee, California State University, Chico, USA;  
Ryan Sappington, University of Maryland at College Park, USA;  
Leeja Carter, Long Island University - Brooklyn, USA

11:30 AM - 12:30 PM  
**Broadway I/II**

**PAN-10: Self-Reflexive Sport Psychology Practice: Consulting Through International Lenses**  
Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA;  
Janaina Lima Fogaca, University of Wisconsin-Green Bay, USA;  
Alessandro Quartiroli, University of Wisconsin - La Crosse, USA;  
Zeljka Vidic, Western Michigan University, USA;  
Sebastian Brueckner, Muenster University, Germany

11:30 AM - 12:30 PM  
**Galleria North**

**SYM-04: International Approaches to Sport Psychology Programming and Delivery in Soccer (Football)**  
Karen Lo, Inner Edge Limited, Hong Kong;  
Sydney Querfurth, WWU Münster, Germany;  
Felix Yu, Chicago Fire Soccer Academy, USA;  
Shameema Yousuf, Empower2Perform / Brighton & Hove Albion FC, UK

11:30 AM - 12:30 PM  
**Galleria South**

**WKSP-10: Performance Optimization Through Fear: Applying Principles of Exposure Therapy**  
Bjorn Bergstrom, Pacific University, USA;  
Tamara Tasker, Pacific University, USA
11:30 AM - 12:30 PM  Broadway III/IV

WKSP-11: When Your Sport, Exercise, or Performance Client Wants to Lose Weight: How to Help Without Doing Harm
Christine Selby, Husson University, USA

12:30 PM – 1:30 PM  Park Room

Committee Meetings
See page 7 for a complete list of meetings and room assignments.

12:30 PM – 2:00 PM  Park Room

Past Presidents Luncheon (invitation only)

12:40 PM - 1:25 PM & 1:30 PM – 2:15 PM  Park Room

Special Interest Group (SIG) Meetings
See page 7 for a complete list of meetings and room assignments.
SIG meetings are open to all attendees.

2:30 PM - 3:45 PM  Atrium Ballroom

FEA-07: The Burt Giges Workshop: The Spirit and Tradition of Experiential Learning
Mark Aoyagi, University of Denver, USA; Shannon Baird, KBRwyle/1st Special Forces Group, USA; Dolores Christensen, University of Oklahoma, USA; Stephany Coakley, Maximum Mental Training Associates, USA; Courtney Hess, University of Massachusetts - Boston, USA; Al Petitpas, Springfield College, USA

2:30 PM - 3:45 PM  Broadway II/III

FEA-08: Graduate Program Spotlight: University of Western States
Conrad Woolsey, University of Western States; Wendell Otto, University of Western States; Vince Lodato, University of Western States; Robert Owens, University of Western States; Russell Flaten, University of Western States; Stephen Walker, University of Western States; Bridget Smith, University of Western States; Mathew Condie, University of Western States; Jaime Sawchuk, University of Western States; Michelle Cox, University of Western States

2:30 PM - 3:45 PM  Pavilion East

SYM-05: A Systems-Based Approach to Recovery Intervention in Elite Sport Environments
Stacy Gnacinski, Drake University, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA; Mellanie Nai, University of Wisconsin - Milwaukee, USA; Carly Wahl, University of Wisconsin Milwaukee, USA; Veronica Brenner, Olympic Performance Manager, Canadian Olympic Committee, Canada
Discussant: Traci Statler, Cal State Fullerton, USA
2019 Conference • Thursday, October 24 / Friday, October 25

6:00 PM – 9:00 PM Broadway III/IV

CE Workshop: Inclusion for All: Providing Sport Psychology Services for Athletes with Hidden Disabilities
Robyn Braun Trocchio, Texas Christian University, USA; Kara Rosenblatt, University of Texas Permian Basin, USA

Pre-registration required; additional fee
Approved for 3.0 CMPC CEUs
Required CE Area – Diversity

6:00 PM – 9:00 PM Broadway III/IV

CE Workshop: Don’t Spread Yourself Too Thin: Tips for Supervision and Meeting the New CMPC Requirements
Leilani Madrigal, Long Beach State University, USA; Tiffanye Vargas, Long Beach State University, USA

Pre-registration required; additional fee
Approved for 3.0 CMPC CEUS
Required CE Area – Mentorship/Supervision

FRIDAY, OCTOBER 25

7:00 AM – 8:00 AM

Committee Meetings
See page 7 for a complete list of meetings and room assignments.

8:15 AM - 9:30 AM Broadway III/IV

LEC-08: Research Design & Intervention

LEC-08A: Effects of Acute Psychological Stress on Athletic Performance in Elite Male Swimmers
Jacqueline Rano, Royal College of Surgeons in Ireland (RCSI, Bahrain), Canada; Cecilia Fridén, Karolinska Institutet - Division of Physiotherapy, Department of Neurobiology, Care Sciences and Society, Sweden; Frida Eek, Department of Health Sciences, Lund University, Sweden

LEC-08B: Te Taha Hinengaro: Using Talanoa to Facilitate an Interconnected Analysis of Psychosocial Development Shared by Mōri and Pasifika Young Men in Rugby League
Sierra Keung, AUT University, New Zealand; Sarah-Kate Millar, AUT University, New Zealand; Julia Ioane, AUT University, New Zealand; Lynn Kidman, AUT University, New Zealand

(Continued next page)
LEC-09D: Sport Psychology? Never Heard of It: An Analysis and Implications of Sport Psychology Courses at Minority Serving Institutions (MSIs)
Aaron Goodson, Winston-Salem State University, USA

LEC-08C: A Need Assessment of Applied Sport, Exercise, and Performance Psychology Supervisors
Michelle McAlarne, Minnesota State University, Mankato, USA; Janaina Lima Fogaca, University of Wisconsin-Green Bay, USA; Alessandro Quartiroli, University of Wisconsin - La Crosse, USA; Gily Meir, John F. Kennedy University, USA

LEC-08D: Effects of Brief Intervention Biofeedback on Mental Workload, Mood, Arousal, Movement Time, and Biofeedback Device Preference
Seth Rose, California State University, Fullerton, USA; Frances Cacho, California State University Fullerton, USA; Lenny Wiersma, California State University, Fullerton, USA; Anthony Magdaleno, California State University, Fullerton, USA; Omar Rubio, California State University, Fullerton, USA; Nicholas Anderson, California State University, Fullerton, USA; Brian Stark, California State University, Fullerton, USA; Traci Statler, Cal State Fullerton, USA

LEC-09: Teaching

LEC-09A: Empowerment through Open Education Practices in the Classroom
Rebecca Busanich, St. Catherine University, USA

LEC-09B: Practicing What You Teach: Gameful Learning as a Self-Determined Approach to the Sport Psychology Classroom
Matthew Jones, University of Tennessee, Knoxville, USA; Lindsey Miossi, University of Tennessee, Knoxville, USA; Jedediah Blanton, University of Tennessee, USA

LEC-09C: Teaching Sport Psychology in an Online Era: Effectively Creating an Online Presence and Actively Engaging Online Learners
Sharon Ku, John F. Kennedy University, USA; Alison Pope-Rhodium, John F. Kennedy University, USA; Gily Meir, John F. Kennedy University, USA

PAN-11: No English? No Problem! How Coaches Can Support Athletes Learning English
Fritz Ettl, Butler University, USA; Brooke Kandel-Cisco, Butler University, USA; John McCarthy, Boston University, USA; Val Altieri, Jr., Boston University, USA; Cristina Fink, Philadelphia Union, USA; Tanya Bialostozky, Toronto Blue Jays, USA

SYM-07: Psychology of Sport Injury: Theory to Practice and Practice to Theory
Ross Wadey, St Mary’s University, UK; Renee Appaneal, Australian Institute of Sport, Australia; Monna Arvinen-Barrow, University of Wisconsin-Milwaukee, USA; Leslie Podlog, University of Utah, USA

WKSP-14: Can We Control the Mind? Using Mindfulness and Acceptance Approaches to Help Elite Athletes Thrive and Perform
Kristoffer Henriksen, University of Southern Denmark, Denmark; Amy Baltzell, Private Practice, USA; Peter Haberl, USOC, USA; Keith Kaufman, Keith A. Kaufman, Ph.D., PLLC, USA; Sara Mitchell, United States Olympic Committee, USA; Tobias Lundgren, Department of Clinical Neuroscience, Karolinska Institute, Sweden

WKSP-15: A Functional Team Leadership Approach to Developing Leader and Team Mental Performance
Jeffrey Coleman, Coleman Performance Group, LLC, USA; Carl Ohlson, The Pennsylvania State University, USA; David Yukelson, Independent Contractor, USA
**LEC-10: Coaching & Teaching**

**LEC-10A: The Experience of Assessing and Adapting Trauma-Informed Sport Programs in a National Community Organization**
Majidullah Shaikh, University of Ottawa, Canada; Lou Bergholz, Edgework Consulting, USA; Bruce Scott, Boys and Girls Club of Kawartha Lakes, Canada; Maren Rojas, Edgework Consulting, USA; Corliss Bean, The University of British Columbia, Canada; Tanya Formeis, The University of British Columbia, Canada

**LEC-10B: Commitment in Sport: The Role of Motivational Climate and Need Satisfaction/Thwarting**
Ken Hodge, University of Otago, New Zealand; Graig Chow, Florida State University, USA; Matteo Luzzeri, Florida State University, USA; Tara Scanlan, Psychology Dept, UCLA, USA; Larry Scanlan, USA

**LEC-10C: Evidence-Based Practice in Applied Sport Psychology: A Training Model for Graduate Programs and Mentors**
Terilyn Shigeno, Adler University, USA; Teresa Fletcher, Adler University, USA

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**PAN-12: Establishing Applied Sport Psychology Into Division 1 Collegiate Athletics**
Marc Cormier, University of Kentucky, USA; Vanessa Shannon, University of Louisville Athletics/ Norton Sports Health, USA; Chelsi Day, Indiana University, USA; Ian Connote, Dartmouth College / Vision Pursue LLC, USA

**PAN-13: To Mentor or Not to Mentor: The Process and Experience of Mentorship in an Applied Setting**
Taryn Morgan, IMG Academy, USA; Christian Smith, IMG Academy, USA; Lindsey Hamilton, IMG Academy, USA; Duncan Simpson, IMG Academy, USA; Joseph Kennedy, IMG Academy, USA; Kerry Guest, IMG Academy, USA; Ryan Ingalls, IMG Academy, USA

This session is eligible for 1.25 CEUs in the area of Mentorship/Supervision for CMPCs. To claim these credits, be sure to sign in at the session. A certificate will be emailed to you after the conference.
11:30 AM - 12:30 PM  Pavilion West

PAN-14: Supporting Transgender Athletes
Mac Brown, Keene State College, USA; Amanda Alexander, Stretch Performance Psychology, LLC - Private Practice, USA; Michelle Montero, Alchemy Performance Consulting, LLC, USA; Weston Durham, LifeVesting Group, USA

11:30 AM - 12:30 PM  Broadway III/IV

SYM-08: Current Trends in Methods, “Hot Topics,” and Student Perceptions within Applied Sport and Exercise Psychology
Jordan Goffena, George Mason University, USA; Travis Scheadler, University of Kentucky, USA; Zachary McCarver, University of Northern Colorado, USA

11:30 AM - 12:30 PM  Galleria North

WKSP-17: Acting Out: Mindfulness (MSPE) Practice for the Working Actor & Performing Artist
Jacob Jensen, California State University-Northridge, USA; Ashley Samson, California State University, Northridge, USA

11:30 AM - 12:30 PM  Galleria South

WKSP-18: Helping Teams Build Their Secret Weapons: A Framework for Aiding in Developing and Implementing Team Culture
Justin Foster, AFSC/Magellan Federal, USA; Lauren Tashman, Align Performance LLC, USA

12:30 PM – 1:30 PM  Captain Gray at the Duniway

Meet the Professionals Lunch
Ticket required; event sold out

12:30 PM – 1:30 PM

Committee Meetings
See page 7 for a complete list of meetings and room assignments.

1:30 PM - 2:45 PM  Park Room

Program Director Meeting
This meeting is intended for Program Directors of graduate programs who have some oversight over supervision of students’ mental performance consultation work. Strategies for helping students meet the mentored experience requirements for CMPC will be shared and Program Recognition will be discussed.

1:45 PM - 2:45 PM  Atrium Ballroom

FEA-10: Inserting Imagery Into Practice- How Two Applied Mental Performance Coaches Conduct Imagery Sessions from Start to Finish
Brian Miles, Cleveland Indians, USA; Lindsey Hamilton, IMG Academy, USA

1:45 PM - 2:45 PM  Galleria North

FEA-11: Student Workshop - The Path to Publishing Your Work: Understanding Academic Publication Procedures
Monna Arvinen-Barrow, University of Wisconsin-Milwaukee, USA; Amanda Visek, The George Washington University, USA; Stacy Gnacinski, Drake University, USA; Travis Scheadler, University of Kentucky, USA; Carra Johnson, West Virginia University, USA; Julia Cawthra, Indiana University, USA; Courtney Hess, University of Massachusetts - Boston, USA

1:45 PM - 2:45 PM  Broadway III/IV

LEC-11: Mental Health

LEC-11A: Female Interuniversity Athletes’ Perspectives on Peer-to-Peer Bullying Prevention and Intervention
Rachel Jewett, Ryerson University, Canada; Gretchen Kerr, University of Toronto, Canada; Ellen MacPherson, University of Toronto, Canada; Ashley Stirling, University of Toronto, Canada

LEC-11B: A Case of Career Ending Depression in Elite Sport: Beyond Self-Rated Symptoms of “Mental Health Disorders”
Carolina Lundqvist, Swedish Olympic Committee & Linköping University, Sweden

LEC-11C: High School Sport Coaches’ Knowledge of Student-Athlete Mental Health and Wellness
Heidi Nordstrom, Gonzaga University, USA; Karen Rickel, Gonzaga University, USA
1:45 PM - 2:45 PM  Pavilion West
PAN-15: Author Capacity Building Panel from the Vantage of Peer Review Journal Editors
Robert Schinke, Laurentian University, Canada; Bernd Strauss, University of Muenster, Germany; Nikos Ntoumanis, Curtin University, Australia; Stephen Mellalieu, Cardiff Metropolitan University, UK

1:45 PM - 2:45 PM  Broadway I/II
PAN-16: An Athlete is Crying in My Office, Now What? Making the Case for Emotional First Aid Training for Coaches
Sarah Cook, Pacific University, USA; Megan Granquist, University of La Verne, USA; Laura Kenow, Linfield College, USA; Leslie Podlog, University of Utah, USA; Tamara Tasker, Pacific University, USA; Leah Washington, Elon University, USA

1:45 PM - 2:45 PM  Pavilion East
WKSP-19: Self-Care, Setting Limits and Preventing Burnout for Sport Psychology Practitioners in High Performing Sport Organizations
Julie Sutcliffe, Stanford University, USA; Kelli Moran-Miller, Stanford University, USA

1:45 PM - 2:45 PM  Galleria South
WKSP-20: 359 Degrees of Freedom: A Discussion on the Experience and Application of Acceptance as a Performance Psychology Intervention
Kirsten Cooper, University of Denver, USA; Jessica Bartley, University of Denver, USA; Emily Clark, University of Denver, USA

3:00 PM – 4:00 PM  Grand Ballroom
COLEMAN GRIFFITH LECTURE
Enjoying the Ride: From Jekyll Island to Portland and Beyond
Richard Gordin, Utah State University

LEC-12A: Attention Training for Senior Military Leaders: The Effects of a 15-minute Mindfulness-Based Training During a Professional Military Education Course
Aspen Ankney, Special Operations Cognitive Enhancement for Performance, USA; Ian Ankney, Special Operations Cognitive Enhancement for Performance, USA

LEC-12B: Developing the Army's Leaders: A Snapshot of the Master Resilience Trainer Program
Susannah Knust, Walter Reed Army Institute of Research, USA; Laurel Booth, TechWerks contractor at the Walter Reed Army Institute of Research, USA; Pam Kumparata, TechWerks contractor at the Walter Reed Army Institute of Research, USA; Alexis Rivera, Army Resiliency Directorate, USA; Casey Olson, Army Resiliency Directorate, USA

SATURDAY, OCTOBER 26

8:15 AM - 9:30 AM  Pavilion East
FEA-12: Taking the CMPC Exam: Preparation + Strategy = Success
Traci Statler, Cal State Fullerton, USA

8:15 AM - 9:30 AM  Broadway I/II
FEA-13: Distinguished International Scholar Presentation: The Role of Motivational Factors in Predicting Physical Activity, Weight Management, and Physical/Mental Health in Different Life Settings
Nikos Ntoumanis, Curtin University, Australia

8:15 AM - 9:30 AM  Galleria North
LEC-12: Tactical Populations

LEC-12A: Attention Training for Senior Military Leaders: The Effects of a Daily 15-minute Mindfulness-Based Training During a Professional Military Education Course
Aspen Ankney, Special Operations Cognitive Enhancement for Performance, USA; Ian Ankney, Special Operations Cognitive Enhancement for Performance, USA

LEC-12B: Developing the Army's Leaders: A Snapshot of the Master Resilience Trainer Program
Susannah Knust, Walter Reed Army Institute of Research, USA; Laurel Booth, TechWerks contractor at the Walter Reed Army Institute of Research, USA; Pam Kumparata, TechWerks contractor at the Walter Reed Army Institute of Research, USA; Alexis Rivera, Army Resiliency Directorate, USA; Casey Olson, Army Resiliency Directorate, USA

(Continued next page)
8:15 AM - 9:30 AM  Atrium Ballroom

PAN-17: It’s Complicated: Real World Challenges in the Intersecting Worlds of Performance and Mental Health  
Karen Cogan, USOC, USA;  
Alexander Cohen, United States Olympic Committee, USA;  
Sean McCann, USOC, USA;  
Sara Mitchell, United States Olympic Committee, USA;  
Lindsay Thornton, USOC, USA

8:15 AM - 9:30 AM  Galleria South

SYM-09: Reconceptualizing Punishment in Sport as Athlete Maltreatment  
Gretchen Kerr, University of Toronto, Canada;  
Ashley Stirling, University of Toronto, Canada;  
Anthony Battaglia, University of Toronto, Canada;  
Joseph Gurgis, University of Toronto, Canada;  
Erin Willson, University of Toronto, Canada

8:15 AM - 9:30 AM  Pavilion West

WKSP-21: “It’s the Elephant in the Room”: Maximizing Performance through an Inclusive Team Culture  
Mary Foston-English, Stanford University & Private Practice, USA;  
Kelli Moran-Miller, Stanford University, USA

This session is eligible for 1.25 CEUs in the area of Diversity for CMPCs. To claim these credits, be sure to sign in at the session. A certificate will be emailed to you after the conference.

9:30 AM – 11:30 AM  Plaza Foyer

Exhibits Open

9:45 AM – 11:00 AM  Grand Ballroom

KEYNOTE SESSION

Awards & Recognition

Master’s Thesis Award  
Zachary McCarver, Ithaca College

Doctoral Dissertation Award  
Erin Albert, University of North Texas

Distinguished International Scholar Award  
Nikos Ntoumanis, Curtin University, Australia
Outgoing President Recognition
Traci Statler, Cal State Fullerton, USA

Recognition of Conference Planning Committee

KEYNOTE PRESENTATION
Mindfulness+ in Sport and Performance: Luminaries in Research and Practice
Tobias Lundgren, Karolinska Institute, Sweden

Acceptance and Commitment Training in Sports
Tobias Lundgren, Karolinska Institute, Sweden

Pure Performance
George Mumford, Mindfulness & Performance Expert

11:30 AM - 12:30 PM
Pavilion West
FEA-14: Keynote Discussion with George Mumford & Tobias Lundgren
George Mumford, Mindfulness & Performance Expert, USA,
Tobias Lundgren, Karolinska Institute, Sweden

11:30 AM - 12:30 PM
Broadway III/IV
LEC-14: Exercise/Health/Fitness
LEC-14A: Exploring the Recovery Trajectories of Patients During the First Year Following Major Lower Limb Loss
Phoebe Sanders, St Mary’s University, UK;
Ross Wadey, St Mary’s University, UK;
Melissa Day, University of Chichester, UK;
Stacy Winter, St Mary’s University, Twickenham, UK
LEC-14B: The Effects of Participation in a Six-Week Exercise Program on Senior Citizens’ Well-Being and Partner Participation on Their Motivation
Takahiro Sato, Western New Mexico University, USA;
Susumu Iwasaki, Fort Lewis College, USA;
Garrett Peltonen, Western New Mexico University, USA;
Rosa María Cruz-Castruita, Universidad Autónoma de Nuevo León, Mexico
LEC-14C: The Fantastic Four: Superheroes of the Self that Provide Psychological Energy for Sustainable Physical Activity
Jay Kimiecik, Miami University, USA;
Elizabeth Sohns, Miami University, USA

11:30 AM - 12:30 PM
Grand Ballroom
PAN-18: When Mental Health Becomes the Focus in Olympic and Paralympic Sport
Karen Cogan, USOC, USA;
Karen MacNeill, Canadian Olympic Committee, Canada;
Natalie Durand-Bush, University of Ottawa, Canada;
Sara Mitchell, United States Olympic Committee, Canada

11:30 AM - 12:30 PM
Galleria South
SYM-10: Growth Following Adversity in Sport: Evidence-Based Practices and Practice-Based Evidence
Karen Howells, Cardiff Metropolitan University, UK;
Ross Wadey, St Mary’s University, UK;
Stephen Mellalieu, Cardiff Metropolitan University, UK

11:30 AM - 12:30 PM
Atrium Ballroom
Elliott Waksman, Portland Sport Psychology, USA;
Lauren Tashman, Align Performance LLC, USA

11:30 AM - 12:30 PM
Broadway III/IV
WKSP-23: How to Develop Project-based Learning in an Introductory Sport Psychology Course
Fritz Ettl, Butler University, USA;
Val Altieri, Jr., Boston University, USA

1:45 PM - 2:45 PM
Pavilion West
LEC-15: Collegiate Sport II
LEC-15A: And 1? Coupling Imagery and Free Throw Shooting with Community College Basketball Players
Alia Alvarez, Fresno State, USA;
Jenelle Gilbert, California State University, Fresno, USA;
Stephanie Moore, NATA, USA;
John Pryor, NATA, ACSM, USA;
Wade Gilbert, USA
LEC-15B: Mental Performance and Mental Health Services in NCAA DI Athletic Departments
Matthew Jones, University of Tennessee, Knoxville, USA;
Rebecca Zakrjasik, University of Tennessee, USA;
Morgan Eckenrod, University of Tennessee, USA

(Continued next page)
1:45 PM - 2:45 PM  Pavilion West

LEC-15C: NCAA Division I Student-Athletes’ Perceptions of How the Coach-Athlete Relationship Influences Student-Athlete Resilience  
Sara Erdner, USA;  
Rebecca Zakrajsek, University of Tennessee, USA

1:45 PM - 2:45 PM  Broadway III/IV

LEC-16: Youth Sport II

LEC-16A: Continued Testing of the Sport Participation Assessment of Fun: Toward Early Establishment of its Validity  
Amanda Visek, The George Washington University, USA;  
Heather Mannix, George Washington University, USA;  
Avinash Chandran, The University of North Carolina at Chapel Hill, USA;  
Sean Cleary, The George Washington University, USA;  
Brandon Harris, Georgia Southern University, USA;  
Karen McDonnell, The George Washington University, USA;  
Loretta DiPietro, The George Washington University, USA

LEC-16B: It’s All About Motivation, Is it Not? Predicting Youth Soccer Players’ Future Success Based on Psychological Characteristics in Adolescence  
Oliver Höner, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany;  
Philip Feichtinger, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany;  
Florian Schultz, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany;  
Svenja Wachsmuth, Eberhard Karls University, Germany

LEC-16C: Youth Athletes’ Experiences in the Specializing Years: A Qualitative Investigation of Motivation and Perceived Pressures  
Robin Vealey, Miami University, USA;  
Alexander Bianco, Miami University, USA;  
Jacob Chamberlin, Miami University, USA;  
Valeria Freysinger, Miami University, USA

1:45 PM - 2:45 PM  Grand Ballroom

PAN-20: The Battle for Balance: Business and Babies  
Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA;  
Angus Mugford, Toronto Blue Jays, USA;  
Jessica Bartley, University of Denver, USA;  
Eddie O’Connor, Mary Free Bed Sports Rehabilitation, USA

1:45 PM - 2:45 PM  Atrium Ballroom

PAN-21: Peer Mentoring Among Mental Performance Consultants in AASP: A Tribute in Memory of Ken Ravizza  
David Yukelson, Independent Contractor, USA;  
Rick McGuire, University of Missouri, USA;  
Richard Gordin, Utah State University, USA;  
Ralph Vernacchia, Western Washington University, USA;  
Amber Selking, Selking Performance Group, USA;  
Cristina Fink, Union Youth Development, USA

1:45 PM - 2:45 PM  Broadway I/II

PAN-22: Utilizing Research to Guide Practice in National Governing Bodies  
Lauren McHenry, University of Tennessee, USA;  
Caroline Silby, U.S. Figure Skating, USA;  
E. Earlynn Lauer, Western Illinois University, USA;  
Larry Lauer, USTA Player Development, USA;  
Rebecca Zakrajsek, University of Tennessee, USA

1:45 PM - 2:45 PM  Pavilion East

WKSP-24: Experience it for Yourself: Prepping and Performing Team Building Workshops Through Experiential Learning  
Linda Keeler, Western Washington University, USA;  
Jessyca Arthur-Cameselle, Western Washington University, USA;  
Arianna Martignetti, Manhattanville College, USA;  
Taylor Leenstra, Western Washington University, USA;  
Brook Skidmore, Regis University, USA;  
Nathan Wolch, Western Washington University, USA;  
Samantha MacDonald, Western Washington University, USA

1:45 PM - 2:45 PM  Galleria North

WKSP-25: Mitigating Stereotype Threat: Towards More Inclusive Sport Spaces  
Erica Tibbetts, Smith College, USA;  
Emma Kraus, Smith College, USA
<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00 PM - 4:15 PM</td>
<td>Galleria North</td>
<td><strong>LEC-17: Mental Health II</strong>&lt;br&gt;LEC-17A: Stigma, Attitudes, and Intentions to Seek Help in Collegiate Student-Athletes&lt;br&gt;Robert Hilliard, West Virginia University, USA; Jack Watson II, West Virginia University, USA&lt;br&gt;LEC-17B: “Maintaining Her Weight Is Part of Her Job”: Coaches’ Perspectives on Body- and Weight-Related Communication with Female Athletes in Aesthetic Sports&lt;br&gt;Katherine Fairhurst, West Virginia University, USA; Dana Voelker, West Virginia University, USA&lt;br&gt;LEC-17C: Running Toward Recovery: A Qualitative Analysis of Collegiate Runners’ Recovery from Anorexia&lt;br&gt;Jessyca Arthur-Cameselle, Western Washington University, USA</td>
</tr>
<tr>
<td>3:00 PM - 4:15 PM</td>
<td>Atrium Ballroom</td>
<td><strong>PAN-23: Seeking Mentorship and Supervision: Lessons Learned From a Legend</strong>&lt;br&gt;Wesley Sime, University of Nebraska Emeritus, USA; Douglas Chadwick, Colorado Rockies Baseball Club, USA; Eric Bean, HigherEchelon, INC, USA; Angela Fifer, Breakthrough Performance Consulting, USA</td>
</tr>
<tr>
<td>3:00 PM - 4:15 PM</td>
<td>Galleria South</td>
<td><strong>PAN-24: Win at All Costs? Perspectives on the Mental Health of High Performance Athletes</strong>&lt;br&gt;Kristoffer Henriksen, University of Southern Denmark, Denmark; Robert Schinke, Laurentian University, Canada; Natalia Stambulova, Halmstad University, Sweden; Sean McCann, USOC, USA; Natalie Durand-Bush, University of Ottawa, Canada</td>
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<tr>
<td>3:00 PM - 4:15 PM</td>
<td>Pavilion East</td>
<td><strong>WKSP-27: Consulting with Transgender Athletes: The Impact of Institutional Policy</strong>&lt;br&gt;Ryan Socolow, Springfield College, USA; Elizabeth Mullin, Springfield College, USA; Allison Grace, Springfield College, USA; Sarah Wooley, Springfield College, USA</td>
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<tr>
<td>3:00 PM - 4:15 PM</td>
<td>Pavilion West</td>
<td><strong>WKSP-28: Enter the (ACT) Matrix: Hacking the Acceptance and Commitment Therapy Process With Mental Flexibility and Valued Action</strong>&lt;br&gt;James Schwabach, Tampa Bay Rays, USA</td>
</tr>
<tr>
<td>3:00 PM - 4:15 PM</td>
<td>Broadway I/I</td>
<td><strong>WKSP-29: Managing Athletes’ and Coaches’ Emotions in Sport: A Workshop for Applied Practitioners</strong>&lt;br&gt;Andrew Friesen, Pennsylvania State University, USA</td>
</tr>
<tr>
<td>3:00 PM - 4:15 PM</td>
<td>Broadway III/IV</td>
<td><strong>WKSP-30: Utilizing Mindfulness and Self-Compassion to Increase Performance, Safety, and Well-Being in First Responders</strong>&lt;br&gt;David Schary, Winthrop University, USA; Charles Palmer, University of Montana, USA</td>
</tr>
<tr>
<td>4:30 PM – 5:45 PM</td>
<td>Grand Ballroom</td>
<td><strong>Closing Reception</strong>&lt;br&gt;Keep Portland Weird: Drinks &amp; Donuts</td>
</tr>
</tbody>
</table>
### CE Workshop:
Committee Meetings & Special Interest Group (SIG) Meetings - See page 7 for full list.

### PAN-07:
KEYNOTE SESSION:
Poster Viewing
8:15 am - 9:30 am

### PAN-05:
Fellows Meeting
5:30 pm - 7:00 pm

### Graduated Program & Career Fair International Jamboree
4:00 pm - 5:30 pm

### Authors Present at Posters
5:30 pm - 7:00 pm

### Poster Tear Down
7:00 pm - 7:30 pm
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am - 9:00 am</td>
<td>FEA-01: Keynote Speech: Donald Bejar</td>
<td>Pavilion West</td>
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<tr>
<td>9:00 am - 10:00 am</td>
<td>PAN-01: Workshops: Daylight, Culture, and Mindfulness in Education</td>
<td>Pavilion West</td>
</tr>
<tr>
<td>10:00 am - 11:00 am</td>
<td>PAN-02: Consulting on Culture: Practitioner Perspectives from Clubhouses, Boardrooms, and Battle Fields (Foster, Roberts, Miles, Tashman)</td>
<td>Pavilion West</td>
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<tr>
<td>11:00 am - 12:00 pm</td>
<td>PAN-03: Workshops: Daylight, Culture, and Mindfulness in Education</td>
<td>Pavilion West</td>
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<tr>
<td>12:00 pm - 1:00 pm</td>
<td>PAN-04: Workshops: Daylight, Culture, and Mindfulness in Education</td>
<td>Pavilion West</td>
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<tr>
<td>1:00 pm - 2:00 pm</td>
<td>FEA-02: Journal of Applied Sport Psychology: Science to Practice Symposium (Mellalieu, Gabana, Quartiroli, Wagstaff)</td>
<td>Pavilion West</td>
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<tr>
<td>2:00 pm - 3:00 pm</td>
<td>FEA-03: CMPC Certification: Eligibility Requirements for New Candidates and Retracement Procedures for Current CMPCs (Certification Council)</td>
<td>Pavilion West</td>
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<tr>
<td>3:00 pm - 4:00 pm</td>
<td>FEA-04: Case Study Workshop</td>
<td>Pavilion West</td>
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<tr>
<td>4:00 pm - 5:00 pm</td>
<td>FEA-05: From Science to Practice: Using Cutting-Edge Research to Enhance Applied Sport Psychology Work (Cohen, Gunter, Owens, Yousuf)</td>
<td>Pavilion West</td>
</tr>
<tr>
<td>5:00 pm - 6:00 pm</td>
<td>FEA-06: Developing Integrative Interventions for Migrant Athletes Through Research and Practice (Middleton, Schinke, Stambulova, Brueckner, Pink)</td>
<td>Pavilion West</td>
</tr>
<tr>
<td>6:00 pm - 7:00 pm</td>
<td>FEA-07: Self-Care: The Forgotten Performance Strategy in Coaching (Kentta, Olusoga, Dieffenbach)</td>
<td>Pavilion West</td>
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<tr>
<td>7:00 pm - 8:00 pm</td>
<td>FEA-08: Graduate Program Spotlight: University of Western States (Woolsey, Otto, Lodato, Owens, Flaten, Walker, Smith, Condie, Sawchuk, Cox)</td>
<td>Pavilion West</td>
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<tr>
<td>8:00 pm - 9:00 pm</td>
<td>FEA-09: Performance Optimization Through Fear: Applying Principles of Exposure Therapy (Chu, Fogaca, Quartiroli, Vidic, Brueckner)</td>
<td>Pavilion West</td>
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<tr>
<td>9:00 pm - 10:00 pm</td>
<td>FEA-10: Self-Reflective Sport Psychology Practice: Consulting Through International Lenses (Chu, Fogaca, Quartiroli, Vidic, Brueckner)</td>
<td>Pavilion West</td>
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<tr>
<td>10:00 pm - 11:00 pm</td>
<td>FEA-11: When Your Sport, Exercise, or Performance Client Wants to Lose Weight: How to Help Without Doing Harm (Selby)</td>
<td>Pavilion West</td>
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<tr>
<td>11:00 pm - 12:00 am</td>
<td>FEA-12: Up-Up-Down-Down-Left-Right-Left-Right-B-A: Leveling Up Your Ethics (McCalla, Gauthen)</td>
<td>Pavilion West</td>
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<tr>
<td>12:00 am - 1:00 am</td>
<td>FEA-13: Self-Care: The Forgotten Performance Strategy in Coaching (Kentta, Olusoga, Dieffenbach)</td>
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<tr>
<td>1:00 am - 2:00 am</td>
<td>FEA-14: Graduate Program Spotlight: University of Western States (Woolsey, Otto, Lodato, Owens, Flaten, Walker, Smith, Condie, Sawchuk, Cox)</td>
<td>Pavilion West</td>
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<tr>
<td>2:00 am - 3:00 am</td>
<td>FEA-15: Performance Optimization Through Fear: Applying Principles of Exposure Therapy (Chu, Fogaca, Quartiroli, Vidic, Brueckner)</td>
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<td>3:00 am - 4:00 am</td>
<td>FEA-16: Self-Reflective Sport Psychology Practice: Consulting Through International Lenses (Chu, Fogaca, Quartiroli, Vidic, Brueckner)</td>
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<tr>
<td>5:00 am - 6:00 am</td>
<td>FEA-18: Up-Up-Down-Down-Left-Right-Left-Right-B-A: Leveling Up Your Ethics (McCalla, Gauthen)</td>
<td>Pavilion West</td>
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<td>6:00 am - 7:00 am</td>
<td>FEA-19: Self-Care: The Forgotten Performance Strategy in Coaching (Kentta, Olusoga, Dieffenbach)</td>
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<td>7:00 am - 8:00 am</td>
<td>FEA-20: Graduate Program Spotlight: University of Western States (Woolsey, Otto, Lodato, Owens, Flaten, Walker, Smith, Condie, Sawchuk, Cox)</td>
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<td>8:00 am - 9:00 am</td>
<td>FEA-21: Performance Optimization Through Fear: Applying Principles of Exposure Therapy (Chu, Fogaca, Quartiroli, Vidic, Brueckner)</td>
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<tr>
<td>9:00 am - 10:00 am</td>
<td>FEA-22: Self-Reflective Sport Psychology Practice: Consulting Through International Lenses (Chu, Fogaca, Quartiroli, Vidic, Brueckner)</td>
<td>Pavilion West</td>
</tr>
<tr>
<td>10:00 am - 11:00 am</td>
<td>FEA-23: When Your Sport, Exercise, or Performance Client Wants to Lose Weight: How to Help Without Doing Harm (Selby)</td>
<td>Pavilion West</td>
</tr>
</tbody>
</table>

**New Member Meet & Greet - Park Room (Plaza Level)**

**Committee Meetings & Special Interest Group (SIG) Meetings - See page 7 for full list.**

**CE Workshop:** Inclusion for All: Providing Sport Psychology Services for Athletes with Hidden Disabilities

**CE Workshop:** Don’t Spread Yourself Too Thin: Tips for Supervision and Meeting the New CMPC Requirements
## FRIDAY, OCTOBER 25, 2019

<table>
<thead>
<tr>
<th>TIME</th>
<th>EXHIBIT HALL</th>
<th>GRAND BALLROOM</th>
<th>ATRIUM BALLROOM</th>
<th>PAVILION EAST</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am - 8:00 am</td>
<td>Poster Setup</td>
<td></td>
<td>Committee Meetings - See page 7 for full list.</td>
<td></td>
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<tr>
<td></td>
<td></td>
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<td>(until 9 am)</td>
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<tr>
<td>8:15 am - 9:30 am</td>
<td>Poster Viewing</td>
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<tr>
<td>9:45 am - 11:00 am</td>
<td>KEYNOTE SESSION:</td>
<td>Sport in the Age of Advocacy</td>
<td>Hucles</td>
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<tr>
<td>11:30 am - 12:30 pm</td>
<td>FEA-09: A Gold Medal Partnership:</td>
<td>The Roadmap to Success for USA Women’s Ice Hockey</td>
<td>Hacker, Carey</td>
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<td></td>
<td>PAN-12: Establishing Applied Sport Psychology into Division 1 Collegiate Athletics</td>
<td>Cormier, Shannon, Day, Connoise</td>
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</tr>
<tr>
<td>12:30 pm - 1:30 pm</td>
<td>COLEMAN GRIFFITH LECTURE:</td>
<td>Enjoying the Ride: From Jekyll Island to Portland and Beyond</td>
<td>Gordin</td>
<td></td>
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<tr>
<td>1:45 pm - 2:45 pm</td>
<td>KEYNOTE SESSION:</td>
<td>Mindfulness + in Sport and Performance</td>
<td>Lundgren &amp; Mumford</td>
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<td>3:00 pm - 4:00 pm</td>
<td>PRESIDENTIAL ADDRESS</td>
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<tr>
<td>4:45 pm - 5:15 pm</td>
<td>Business Meeting</td>
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<tr>
<td>5:30 pm - 7:00 pm</td>
<td>Authors Present at Posters</td>
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<tr>
<td>7:00 pm - 7:30 pm</td>
<td>Poster Tear Down</td>
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## SATURDAY, OCTOBER 26, 2019

<table>
<thead>
<tr>
<th>TIME</th>
<th>EXHIBIT HALL</th>
<th>GRAND BALLROOM</th>
<th>ATRIUM BALLROOM</th>
<th>PAVILION EAST</th>
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<tbody>
<tr>
<td>8:15 am - 9:30 am</td>
<td>Poster Setup</td>
<td></td>
<td>PAN-17: It’s Complicated: Real World Challenges in the Intersecting Worlds of Performance and Mental Health</td>
<td>FEA-12: Taking the CMPC Exam: Preparation = Strategy = Success (Statler)</td>
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<td>(Cogan, Cohen, McCann, Mitchell, Thornton)</td>
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<tr>
<td>9:45 am - 11:00 am</td>
<td>KEYNOTE SESSION:</td>
<td>Mindfulness + in Sport and Performance</td>
<td>Lundgren &amp; Mumford</td>
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<td>11:30 am - 12:30 pm</td>
<td>PAN-18: When Mental Health Becomes the Focus in Olympic and Paralympic Sport (Cogan, MacNeill, Durand-Bush, Mitchell)</td>
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<td>1:45 pm - 2:45 pm</td>
<td>PAN-20: The Battle for Balance: Business and Babies (Cauthen, Mugford, Bartley, O’Connor)</td>
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<td>3:00 pm - 4:15 pm</td>
<td>PAN-23: Seeking Mentorship and Supervision: Lessons Learned From a Legend (Sime, Chadwick, Bean, Fifer)</td>
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<tr>
<td>4:30 pm - 5:45 pm</td>
<td>Closing Event - Keep Portland Weird: Drinks &amp; Donuts</td>
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### Committee Meetings - See page 7 for full list.

<table>
<thead>
<tr>
<th>PAVILION WEST</th>
<th>GALLERIA NORTH</th>
<th>GALLERIA SOUTH</th>
<th>BROADWAY I/II</th>
<th>BROADWAY III/IV</th>
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<tbody>
<tr>
<td>WKSP-29: Managing Athletes’ and Coaches’ Emotions in Sport: A Workshop for Applied Practitioners (Friesen)</td>
<td>WKSP-30: Utilizing Mindfulness and Self-Compassion to Increase Performance, Safety, and Well-Being in First Responders (Schary, Palmer)</td>
<td>LEC-14: Exercise/Health/Fitness 14A: Sanders 14B: Sato 14C: Kimiecik</td>
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POSTER PRESENTATIONS

Each poster board is double-sided with one presentation per side. Poster numbers appear on each board, and boards are arranged in numerical order in the Exhibit Hall.

POSTER SESSION I

THURSDAY, OCTOBER 24

EXHIBIT HALL

Poster Setup - 7:30 AM - 9:00 AM
Poster Viewing - 9:00 AM - 7:00 PM
Authors Present at Posters -
5:30 PM - 6:15 PM (even numbers) &
6:15 PM - 7:00 PM (odd numbers)
Poster Tear Down - 7:00 PM - 7:30 PM

Coaching

1 Assessing the Impact of Coaching Feedback Strategies on the Motivation and Performance of Elite Athletes
   Zachary Mastrich, Virginia Polytechnic Institute and State University, USA; E. Scott Geller, Virginia Tech, USA

2 Camp Leaders’ Training: An EPIC WIN
   Karynn Glover, Wayne State University, USA; E. Whitney Moore, Wayne State University, USA

3 Examining Alpine Coaches’ and Athletes’ Perceptions of Adaptations to Stress in the Classroom and on the Slopes
   Paul Davis, University of Umeå, Sweden; Anton Halvarsson, University of Umeå, Sweden; Victor Lundström, University of Umeå, Sweden; Carolina Lundqvist, Swedish Olympic Committee & Linköping University, Sweden

4 Exploring the Gap: Differences in Perceptions of Mental Toughness Between Collegiate Athletes and Coaches
   Andrea Fallon-Korb, Aspire Performance Coaching, USA; Kendahl Shortway, Kean University, USA

5 Pilot Study to Enhance Coaches’ Ability to Teach Resilience Skills in Student-Athletes
   Jennifer Bhalla, Pacific University, USA; Tamara Tasker, Pacific University, USA

6 Qualitative Analysis to Understand Motivational Sources in Master-Disciple Relationship of a Martial Art
   Takuya Hayakawa, University of Tennessee, Knoxville, USA; Karee Dunn, University of Tennessee, Knoxville, USA

7 The Dark Side of Grit: Can Part-time Coaches Burn Out Too?
   Peter Olusoga, Sheffield Hallam University, UK; Korey Hallett-Blanch, Sheffield Hallam University, UK; James Rumbold, Sheffield Hallam University, UK

8 The Ripple Effect: How a High School Cross Country Team Build a Culture of Love Through Team Journals
   Paige Nelson, St. Catherine University, USA; Amber Montero, St. Catherine University, USA; Rebecca Busanich, St. Catherine University, USA

9 Trust in Technology and Trust in Coach – Examining Trust Transfer Effects of Digital Training Technologies in the Coach-Athlete Relationship
   Sydney Querfurth, WWU Münster, Germany; Lisa Förster, University of Muenster, Germany; Linda Schuecker, University of Muenster, Germany; Bernd Strauss, University of Muenster, Germany

10 What Does it Mean to Inspire? A Content Analysis of Inspiring Coaches from a National Competition
   Stephen Gonzalez, The College at Brockport, State University of New York, USA; John Gaddy, Kennesaw State University, USA; Joe Aratari, Next Level Strength and Conditioning, USA; Matthew Pidgeon, The College at Brockport, USA

Collegiate Sport

11 Achievement Motivation and Grit Among Collegiate Athletes
   Erin Albert, University of North Texas, USA; Trent Petrie, University of North Texas, USA; E. Whitney Moore, Wayne State University, USA

12 Anxiety and Self-Efficacy in Practice and Competition for Collegiate Swimmers
   Justine Jagga, Marshall University, USA; Elizabeth Paciolo, Marshall University, USA

13 Body Dissatisfaction, Self-Efficacy and Trait Self-Control in NCAA Athletes
   Molly Josephs, Southern Illinois University Edwardsville, USA; Megan Mottola, Southern Illinois University Edwardsville, USA; JaiLin Allen, Southern Illinois University Edwardsville, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA

14 Collegiate Student-Athletes’ Perceptions of Social Support
   Ken Idefonso, University of Wisconsin-Milwaukee, USA; Jennifer Earl-Boehm, University of Wisconsin-Milwaukee, USA; Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA

15 Comparison of Flow State Between Men’s and Women’s Division I Basketball Teams
   Jordan Collins, Saint Louis University, USA; Jeffrey Shulze, St. Louis University, USA; Ashley Hansen, Saint Louis University, USA; Taylor Montgomery, MVP Training, USA; Joanne Perry, Novant Health, USA; Michael Ross, Saint Louis University, USA
16 Does Cooperative Learning Activity Improve Self-Regulated Learning? An Intervention for Collegiate Gymnasts
Minori Mitsui, Affiliate, Japan; Toshiyuki Fujihara, Osaka University of Health & Sport Sciences, Japan; Takayuki Sugo, Osaka University of Health & Sport Sciences, Japan

17 Embedding Mental Skills Training into a Strength and Conditioning Environment
Mick Lizmore, University of Alberta, Canada

18 Examination of Student-Athletes' Developmental Transition from Youth Sport to College Sport
Coleman Childers, Illinois State University, USA; Scott Pierce, Illinois State University, USA; Anthony Amorose, Illinois State University, USA

19 Examining Recovery Experience Predictors of National Collegiate Athletic Association Athletic Trainers' Stress
Stacy Gnacinski, Drake University, USA; Mellanie Nai, University of Wisconsin - Milwaukee, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA; Megan Brady, Drake University, USA; Nathan Newman, Drake University, USA

20 Examining the Longitudinal Relationship Between Grit and Well-Being in UK Student-Athletes
James Rumbold, Sheffield Hallam University, UK; Peter Olusoga, Sheffield Hallam University, UK

21 Exploring the Use of Performance Strategies in Division 1 Athletes
Jessica Ford, University of Wisconsin-Milwaukee, USA; Rebecca Beauchemin, University of Wisconsin-Milwaukee, USA; Brianna Halama, University of Wisconsin-Milwaukee, USA; Ken Ildefonso, University of Wisconsin-Milwaukee, USA; Derek Zike, UW Milwaukee, USA; Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA

22 Impacts of Athletic Identity and Career Resources on Job Searching in College Student-Athletes: The Mediation of Employability
Chung-Ju Huang, University of Taipei, Taiwan; Tzu-Lin Wong, Department of Physical Education, National Taipei University of Education, Taiwan

23 Influences of Gender and Type of Sport on Sources of Sports Confidence
Luke Evans, Saint Louis University, USA; Lindsey Poe, Saint Louis University, USA; Jeffrey Shulze, St. Louis University, USA; Jordan Collins, Saint Louis University, USA; Taylor Montgomery, MVP Training, USA; Ashley Hansen, Saint Louis University, USA; Joanne Perry, Novant Health, USA; Michael Ross, Saint Louis University, USA

24 Mental Toughness of NCAA Division 1 Coaches
Robert Weinberg, Miami University, USA; Valeria Freysinger, Miami University, USA; Robin Vealey, Miami University, USA; Carly Block, Florida State University, USA; Amelia Alexander, Miami University, USA

25 Personality and Trait Self-Handicapping in Rugby and Volleyball College Club Athletes
David Tobar, Bowling Green State University, USA; Jordan Allen, Bowling Green State University, USA; Bonnie Berger, Bowling Green State University, USA

26 Pre-Competitive State Anxiety of Nigerian College Athletes
Olanrewaju Ipinmoroti, Tai Solarin University of Education, Nigeria

27 Predictors of Mental Health Service Use Among Division-I Student-Athletes and Implications for Practitioners
William Way, West Virginia University, USA; Jack Watson II, West Virginia University, USA

28 Relationship Between Athletic Identity and Career Decision-Making Self-Efficacy Among Korean Collegiate Student Athletes
Jong Joo Moon, Indiana State University, USA; Joshua Powers, Indiana State University, USA

29 Relationships Between Perfectionism, Anxiety, and Psychological Well-/ill-being in Collegiate Athletes
Seongkwan Cho, Texas A&M International University, USA; Yong-Jin Yoon, Yonsei University, South Korea; Hun-Hyuk Choi, Korea National University of Education, South Korea; Sibak Sung, Florida State University, USA

30 Self-Efficacy, Implicit Theories of Ability, and 2x2 Achievement Goal Orientation: A Mediation Analysis in Collegiate Athletics
Cory Cottrell, International Junior Golf Academy, USA; Brandonn Harris, Georgia Southern University, USA

31 Sport Retirement Experiences of Former NCAA Division I Athletes
Kelly Renner, Franklin University, USA; Amber Shiperd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA; Itay Basevitch, Anglia Ruskin University, UK

32 Stress, Recovery, and Burnout Changes Among Collegiate Female Swimmers: A Longitudinal Analysis During a Competitive Season
Lindsay Berg, Georgia Southern University, USA; Ally Claytor, Georgia Southern University, USA; Brandonn Harris, Georgia Southern University, USA; Loren Stroud, Georgia Southern University, USA

33 The Comorbidity of Social Physique Anxiety and Low Self-Esteem among Female Collegiate Athletes: A Matter of Sport
Eva Monsma, University of South Carolina, USA; Haynes Bennett, University of South Carolina, USA; Toni Torres-McGehee, University of South Carolina, USA

34 The Mental Game of Sport Differs By Sex: Examining Mindfulness and Sport Confidence
Hayley Perelman, Illinois Institute of Technology, USA; Joanna Buscemi, DePaul University, USA; Alissa Haedt-Matt, Illinois Institute of Technology, USA
35 The Relationship of Perceived Social Support and Athletic Identity on College Female Athletes’ Burnout
William Russell, Missouri Western State University, USA

36 “We’re Taught How to Switch on But Not How to Switch Off”: An Empirical Study and Initial Theory of the Psychology of Rest in Athletes
David Eccles, Florida State University, USA; Alexander Kazmier, Durham University, UK

Consulting & Interventions

37 A Qualitative Study of Mindfulness-Based Training for Collegiate Lacrosse Players
Thomas Minkler, Catholic University of America, USA; Megan Hut, Catholic University of America, USA; Carol Glass, The Catholic University of America, USA; Erin Wallace, The Catholic University of America, USA

38 An Independent Examination of MSPE in NCAA Athletics
Jason Kostma, Florida International University, USA; Aaron D’Addario, Florida State University, USA; Andrew Nation, Barry University, USA

39 Applying the P.A.C.E. Sport Psychology Model to Collegiate Endurance Athletes
Parker Hardcastle, Southern Illinois University Edwardsville, USA; Virginia Kjer, Southern Illinois University Edwardsville, USA; Karen Swanner, Southern Illinois University at Edwardsville, USA; Aleia Campbell, Southern Illinois University Edwardsville, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA

40 Athletic Coping Skills Pre and Post Intervention Among Volleyball Players
Sergio Olvera, California State University Long Beach, USA; Kiana Nua, Long Beach State University, USA; Anastasia Blevins, Long Beach State University, USA; Leilani Madrigal, Long Beach State University, USA

41 Collegiate Softball Umpires: Examining the Utility of Mental Performance Training on Self-Efficacy
Megan Buning, Augusta University, USA; Hannah Bennett, Augusta University, USA

42 Effects of a Single Diaphragmatic Breath on Anxiety, Gaze, and Golf-Putting Performance
Mason Nichols, Optimal Norms, USA; Jessyca Arthur-Cameselle, Western Washington University, USA; Linda Keeler, Western Washington University, USA; Todd Haskell, Western Washington University, USA

43 Gender Personalities in Japanese Female College Athletes - Basic Research for Psychological Intervention
Daisuke Takeda, Tokai University, Japan; Rino Takenaka, Student, Japan

44 Mindfulness in Sport: A Proposed Intervention for a Choking Susceptible Athlete
Jenna Hussey, Miami University, USA; Arash Assar, Miami University, USA; Robert Weinberg, Miami University, USA

45 Perceptions of the Mindfulness-Acceptance-Commitment (MAC) Approach with Wheelchair Rugby Athletes
Andrew Corbett, Corbett Performance Training, USA; Kimberly Cologgi, Barry University, USA; Andrew Friesen, Pennsylvania State University, USA; Sharon Kegeles, Barry University, USA

46 Promoting Team Cohesion in Collegiate Club Baseball Players Through Team Building Exercises
Victoria Roberts, Southern Illinois University Edwardsville, USA; Karen Swanner, Southern Illinois University at Edwardsville, USA; Aleia Campbell, Southern Illinois University Edwardsville, USA; Virginia Kjer, Southern Illinois University Edwardsville, USA; Parker Hardcastle, Southern Illinois University Edwardsville, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA

47 Reducing Regrets Through a Goal-Setting Intervention in Rowing Athletes
Juan Sigala, Long Beach State University, USA; Leilani Madrigal, Long Beach State University, USA; Jamie Robbins, Methodist University, USA; Alison Ede, Long Beach State University, USA

48 The Psychological Support Program to Collegiate Kendo Practitioners in Freshman Year: A Case Study
Yaeko Yamada, Osaka University of Health and Sport Sciences, Japan; Hironobu Tsuchiya, Osaka University of Health and Sport Sciences, Japan; Kenta Karakida, Osaka University of Health and Sport Sciences, Japan; Tomohiko Shogen, Osaka University of Health and Sport Sciences, Japan; Nijika Tanaka, Osaka University of Health and Sport Sciences, Japan

49 POSTER WITHDRAWN

Diversity & Culture

50 An Exploration of the Goal-Setting Practices of Elite Para-Athletes
Marie-Emma Gagne, Concordia University, Canada; Theresa Bianco, Concordia University, Canada

51 “Go Home and Bake Cookies”: A Case Study of a Female Officials Experience in Men’s Soccer
Karen Swanner, Southern Illinois University at Edwardsville, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA

52 #OneTeam: International Student-Athletes’ Perceptions of Belonging and Inclusion During Their First Year at an NCAA Division I Institution
Emily Tyler, Springfield College, USA; Brian Cole, The University of Kansas, USA
53 Reflections on Becoming a PhD Student: Lessons Learned
Derek Zike, UW Milwaukee, USA; Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA

54 The Effect of Socioeconomic Status and Sport Participation on Resilience of High School Students
Destinee Ganious, Southern Illinois University Edwardsville, USA; Kerry Guest, IMG Academy, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA

55 POSTER WITHDRAWN

56 I've Seen This, so I've Got This! Exploring the Use of Imagery and Self-Talk Within Action Sport Athletes
Patrick Young, Wingate University, USA; Anne Taylor, Wingate University, USA; Tyrone Fleurizard, Boston College, USA

57 Intrinsic Motivation of Elite Basketball Athletes
David Laughlin, Grand Valley State University, USA; William Affleje, U.S. Department of State, USA; Rainer Meisterjahn, Courtex Performance LLC, USA; Arya Alami, CSU Stanislaus, USA

58 Oatmeal Is Better than No Meal: Career Pathways of Ten Professional Athletes from Underserved Communities in the United States
Robert Book, University of Southern Denmark, Denmark; Natalia Stambulova, Halmstad University, Sweden; Kristoffer Henriksen, Team Denmark, Denmark

59 The Importance of Achievement Goals in Explaining the Link Between Perfectionism and Stress Appraisals of Competition
Haley Barrows, USC Performance Science Institute, USA; Glenn Fox, USC Performance Science Institute, USA; Arianna Uhalde, USC Performance Science Institute, USA; Ben Houlberg, USC Performance Science Institute, USA

60 Transitions in the Careers of Elite Swimmers: To or Out of Elite Sport?
Malgorzata Siekanska, The University of Physical Education in Krakow, Poland; Jan Blecharz, Department of Psychology, Faculty of Physical Education and Sport, University of Physical Education in Cracow, Poland

61 An Exploratory Study of Measuring Motivational and Cohesive Properties of Music in Sport
Eric Belt, Springfield College, USA; Jasmin Hutchinson, Springfield College, USA

62 Effects of Multitasking on Self-Selected Pace & Distance While Walking
Hannah Seaver, Western Kentucky University, USA; Steven Wininger, Western Kentucky University, USA

63 Exploring Perceptions of Psychological Safety and Meaningfulness in Group Exercise Classes
Briana Hubbard, California State University, Fullerton, USA; Kathleen Wilson, California State University, Fullerton, USA; Sarah Hamamoto, California State University, Fullerton, USA

64 Fit Minded: Improving Physical Activity among Adult Women through an Interactive Book Club
Sarah Carson Sackett, James Madison University, USA; Elizabeth Edwards, James Madison University, USA

65 Influence of Social Support and Fitbits on Physical Activity Following Knee Replacement
Sara Powell, Missouri State University, USA; Nicholas Mook, University of South Carolina, USA; Katherine DeVivo, University of South Carolina, USA; Christine Pellegrini, University of South Carolina, USA

66 Making Positive Changes: Growth Mindset and Exercise Motives of College Students
Lindsey Greviskes, University of Wisconsin-Whitewater, USA; Andrea Ednie, University of Wisconsin-Whitewater, USA

67 Moderating Capabilities of Health-Related Fitness Knowledge on Self-Esteem and Exercise in Female Young Adults
Jimmie Vaughn, West Texas A&M University, USA; Gene Farren, West Texas A&M University, USA; Paul Yeeatts, Texas Woman's University, USA; Michelle Bartlett, West Texas A&M University, USA; Vanessa Fiaud, West Texas A&M University, USA

68 Satisfaction with Life Is Associated with Positive Effects of Exercise
Urska Dobersek, University of Southern Indiana, USA; Gabrielle C. Wy, University of Southern Indiana, USA; McKenna Deem Blaylock, University of Southern Indiana, USA; Elizabeth Boik, University of Southern Indiana, USA; Charleen R Chase, University of Michigan, USA; Jon K. Maner, Florida State University, USA

69 The Influence of Personalized Priming on the Affective Experience of Exercise
Suzanne Pottratz, Barry University, USA

70 The Personality Profile of Extreme Sports Athletes
Andriana Vlacic, University of Belgrade, Serbia; Goran Knežević, University of Belgrade, Serbia

71 The Relationship Between Grit and Exercise Behavior and Adherence
Shaine Henert, Northern Illinois University, USA; Justy Reed, Chicago State University, USA

72 Using Asset Mapping to Guide Community-Based Physical Activity Interventions in Rural WV
Sam Zizzi, West Virginia University, USA; Karly Casanave, West Virginia University, USA; Sean Bulger, West Virginia University, USA; Eloise Elliott, West Virginia University, USA; Emily Murphy, West Virginia University, USA
Injury/Rehabilitation

73 An Investigation into Former High School Athletes' Experiences of a Multidisciplinary Approach to Sport Injury Rehabilitation
Damien Clement, West Virginia University, USA; Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA

74 Coping with Injury and Daily Stressors in University Student Athletes
Tiffany Shepherd, Nova Scotia Health Authority, Canada; Keith Hamilton, Simon Fraser University, Canada; David Cox, Simon Fraser University, Canada

75 Identity & Emotional Recovery Experiences Following Severe Sport Injury
Kelsey Ruffing, Tobin Counseling Group, USA; John Coumbe-Lilley, University of Illinois at Chicago, USA

76 Injured Athletes Expectations of Coach Provided Social Support
Stefanee Maurice, California Polytechnic State University, USA; Samantha Holder, California Polytechnic State University, USA; Jillian Zuck, California Polytechnic State University, USA

77 Living with Post-Concussion Syndrome
Moira Kelly, Southern Illinois University Edwardsville, USA; Zachary Osborne, Southern Illinois University Edwardsville, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA; Samantha Knight, Southern Illinois University Edwardsville, USA; Elizabeth Rexford, Southern Illinois University Edwardsville, USA

78 Revisiting the Prevalence of Sport-Related Traumatic Brain Injury in the Criminal Justice System
Olivia Wyatt, University of Denver, USA; Kimberly Gorgens, University of Denver, USA; Maria Novak, University of Denver, USA

79 Sports Medical Professionals' Views on Psychological Problems among Injured Athletes: A Qualitative Study Focused on Disagreements among Professionals
Tae Horiuichi, The University of Tokyo, Japan; Masahiro Nochi, The University of Tokyo, Japan

80 Using Psychoeducation to Influence Athletes' Psycho-Emotional Responses to Injury
Timothy White, White House Athletics, USA; Brandon Orr, AirForce Special Operations Command, USA

Mental Health

81 Athletic Coping Skills Can Help Predict Student-Athletes Mental Health
Janaina Lima Fogaca, University of Wisconsin-Green Bay, USA; Kaylyn Herron, Student, USA; Marc Brown, Student, USA; Levi Van Den Busch, Student, USA

82 Balancing Exercise and Mental Health in Female Collegiate Teams
Katie Califano, Ball State University, USA

83 Effects of a Peer-Assisted Physical Activity Program on Depression and Anxiety in College Students
Sheila Alicea, St. Edward's University, USA; Crystal Stroud, Humboldt State University, USA; Justus Ortega, Humboldt State University, USA; Alisha Gaskins, Humboldt State University, USA

84 Providing Athlete Transition Training and Career Counseling: A Career-based Curriculum Trial with Junior Ice Hockey Players
Jaime Sawchuk, University of Western States, USA; Conrad Woolsey, University of Western States, USA

85 Self-Compassion in the End of Sport Transition
Emily Murphy, University of Kentucky, USA; Travis Scheadler, University of Kentucky, USA; Jeff Reese, University of Kentucky, USA

86 The Effects of Mindful Biofeedback Awareness on Cognitive Function of High School Age Elite Athletes
Rose Schnabel, University of Toronto, Canada; Earl Woodruff, University of Toronto, Canada

87 The Psychosocial Correlates of Bulimic Symptomatology Among Retired Female Athletes
Stephanie Barrett, University of North Texas, USA; Trent Petrie, University of North Texas, USA; Alexandra Thompson, NC State University, USA

Non-Sport Performance Applications

88 Life on the Edge: A Qualitative Analysis of Performance Factors in Base Jumping
Thomas Beckett, AFSC/Magellan, USA; Jamie Shapiro, University of Denver, USA

Olympic Sport, International, and Global Perspectives

89 Implementing Mental Skills Training in Action Sports Athletes' Preparation for Summer Olympics 2020
Daniel Ponti, NAKOA Fitness & Physical Therapy, USA

Professional Development, Supervision, and Mentoring

90 A Counselor Educator Approach to Supervising Training Counselors Who Work with Student Athletes
Daniel Salois, University of Montana, USA

91 Evolving Peer-to-Peer Mentorship in Sport Psychology Graduate Programs
Lauren Spatenka, University of Denver, USA
92 Professional Identity in Sport and Performance Psychology: A Developmental and Globalized Perspective
Alessandro Quartiroli, University of Wisconsin - La Crosse, USA; Christopher Wagstaff, University of Portsmouth, UK

Professional Issues & Ethics

93 Sport Psychology Students’ Perceptions of Their Professors’ Sexual Attractions
Tess Palmateer, University of North Texas, USA; Nick Magera, University of North Texas, USA; John Walsh, University of North Texas, USA; Trent Petrie, University of North Texas, USA

Research Design

94 Examining the Effects of a Mindfulness-Based Biofeedback Intervention in Athletes
Frank Perry, Boston University, USA

95 Perceptions of Leadership Behaviors in Coaches: Validity of the Leadership Scale for Sports Using Exploratory Structural Equation Modeling
Sebastian Harenberg, Ithaca College, USA; Miranda Kaye, The Pennsylvania State University, USA; Shelby Anderson, UNCG, USA; Justine Vosloo, Ithaca College, USA

96 The Cost of Teamwork: Neuro-Psycho-Physiological Differences in Individual and Cooperative Video-Game Play
Ben Hoyle, University of Central Lancashire, UK; Jamie Taylor, University of Central Lancashire, UK; Edson Filho, University of Central Lancashire, UK

97 The Development and Evaluation of the Physical Activity Shame Scale (PASS)
Kim Rogers, Western Oregon University, USA; Vicki Ebbeck, Oregon State University, USA; John Geldhof, Oregon State University, USA; Chenkai Wu, Duke Kushan University, China

Social Justice, Equity, and Inclusion

98 Coaches Attitudes towards Lesbian and Gay Male Athletes by Gender and Division
Sarah Cook, Pacific University, USA; Elizabeth Mullin, Springfield College, USA

99 Performing Under Extreme Pressure: A Case Study of a Coach Leading a Sport-Based Leadership Program Inside a Medium-Security Juvenile Detention Center
Jenn Jacobs, Northern Illinois University, USA; Zachary Wahl-Alexander, Northern Illinois University, USA; Tim Mack, Northern Illinois University, USA

Tactical Populations

100 A Family Affair: Growth Within Injured Veterans and Their Support Networks
Shelby Rodden-Aubut, Wilfrid Laurier University, Canada; Jill Tracey, Wilfrid Laurier University, Canada

101 Applying the Revised Model of Applied Model of Imagery in a Military Setting: Cadets Are Similar to Athletes, Dancers and Athletic Trainers
Nader Tannir, University of South Carolina, USA; Eva Monsma, University of South Carolina, USA; Kyle Silvey, University of South Carolina, USA

102 Playing For Keeps: Mental Skills Training for Military Combat
Peter Jensen, Aptima, Inc., USA; Susannah Knust, Walter Reed Army Institute of Research, USA; Laurel Booth, Walter Reed Army Institute of Research, USA; Sam Whalen, IMG Academy, USA

103 Principles of High Fidelity Simulation and their Application to Police Deadly Force Training
John Heil, Psychological Health Roanoke, USA

104 What’s Stopping You? The Relationship Between Barriers, Self-Efficacy, and Physical Activity Levels in Incumbent Deputy Sheriffs
Maria Beitzei, California State University, Fullerton, USA; Kathleen Wilson, California State University, Fullerton, USA; Jay Dawes, Oklahoma State University, USA; Robin Orr, Bond University, Australia; Joseph Dulla, Los Angeles County Sheriff’s Department, USA; Robert Lockie, California State University, Fullerton, USA

Teaching

105 Effects of Narcissist on Team’s Social Loafing: Moderating Effects of Cooperative Learning
Mei-Yao Huang, National Taiwan Sporte University, Taiwan; Chienchih Chou, University of Taipei, Taiwan; Yi-Hsiang Chen, National Taipei University of Education, Taiwan; Chung-Ju Huang, University of Taipei, Taiwan

106 Improving Student Engagement and Outcomes Through Gamifying the Classroom
Andrew White, Hiram College, USA

107 Performing When It Counts: Applying Strategic Teaching of Psychological Skills for Active Learning
Paula Parker, Campbell University, Exercise Science, USA; Heather Deaner, California State University, Stanislaus, USA

108 Teaching Sport & Exercise Psychology: Complimenting Content in a Sport & Exercise Psychology Master’s Program
Leilani Madrigal, Long Beach State University, USA; Alison Ede, Long Beach State University, USA
109 The Mind Gym: Implementing Mental Skills Training in Inner-City Prep School
Kerry Guest, IMG Academy, USA; Sheriah Mason, Maryville University, USA

110 Using Mindfulness-Acceptance-Commitment to Learning Applied Sport Psychology: A Case Study with an Undergraduate Student-Athlete in a Senior Capstone Practicum
Zachary Soulliard, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

111 Combined Influence of Mothers and Fathers Autonomy-Supportive and Controlling Behaviors on Adolescent Athletes
Liam O’Neil, Illinois State University, USA; Anthony J Amorose, Illinois State University, USA

112 Fitness and Physical Activity As Predictors of Female Middle School Students’ Academic Performance
Karolina Wartalowicz, University of North Texas, USA; Heather Kiefer, University of North Texas, USA; Trent Petrie, University of North Texas, USA; Kaleb Cusack, University of North Texas, USA; Christy Greenleaf, UW-Milwaukee, USA; Scott Martin, University of North Texas, USA

113 How High School Captains Implemented Leadership Training: A Prospective Longitudinal Multiple Case Study
Lauren Walker, Michigan State University, USA; Daniel Gould, Michigan State University, USA

114 Motivating Morality: Coaching Through an Autonomy-Supportive Environment in Youth Sport
Zachary McCarver, University of Northern Colorado, USA; Megan Babkes Stellino, University of Northern Colorado, USA

115 The High School Blueprint: Considerations for Implementation of a Comprehensive Sport Psychology Program in High School Settings
Jeff Ruser, Indiana University, USA; Theoklitos Karipidis, Indiana University, USA; Dominique Jackson, Indiana University, USA; Jesse Steinfeldt, Indiana University, USA

116 The Role of Relatedness in Youth Athlete Burnout
Megan Wittenberg, University of Northern Colorado, USA; Brandonn Harris, Georgia Southern University, USA; Jody Langdon, Georgia Southern University, USA; Charles Wilson, Georgia Southern University, USA

117 Validating the Tenets of Flow with Academically Gifted Sport Participants
Emily Heller, Waubonsee Community College, USA; Darryl Tyndorf, American University School of International Services, USA; Todd Gilson, Northern Illinois University, USA

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POSTER SESSION II
FRIDAY, OCTOBER 25
EXHIBIT HALL

Poster Setup - 7:30 AM - 9:00 AM
Poster Viewing - 9:00 AM - 7:00 PM
Authors Present at Posters - 5:30 PM - 6:15 PM (even numbers) & 6:15 PM - 7:00 PM (odd numbers)
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Coaching

118 Coach Attitudes and Intentions to Use Sport Psychology for Their Own Benefit
Theresa Blanco, Concordia University, Canada; William Falcao, Laval University, Canada; Matthieu Boisvert, University of Windsor, Canada

119 Examining Recovery Experience Among NCAA Coaches
Mellanie Nai, University of Wisconsin - Milwaukee, USA; Stacy Gnacinski, Drake University, USA; Nate Newman, Drake University, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA

120 Person-Centered Theory: A Framework for Athlete-Centered Coaching
Lauren McHenry, University of Tennessee, USA; Rebecca Zakrajsek, University of Tennessee, USA

121 Providing Choice Enhances Motor Performance Under Psychological Pressure
Takehiro Iwatsuki, Pennsylvania State University, Altoona College, USA; Mark Otten, California State University, Northridge, USA

122 Rethinking Coaches’ Education: An Innovative Training Program for Coaches
Sarah Closek, Ball State University, USA; Miata Walker, Ball State University, USA; Dabney Skutt, Ball State University- Social Science Research Center, USA; Allison Abbe, Ball State University, USA; Jean-Charles Lebeau, Ball State University, USA

123 The Relationship between Coach’s Causal Attributions and Coaching Feedback toward Player Performance
Mark Lasota, University of New Mexico, USA; Mohammed Alshammari, UNM, USA

124 Transformational Leadership and Cohesion: Cross-level Moderating Role of Team Trust
San-Fu Kao, National Tsing Hua University, Taiwan
125 Understanding the American Scholastic Coaching Education Landscape
Kristen Dieffenbach, WVU - Athletic Coaching Ed, USA; Christina Villalon, West Virginia University, USA; Kyle Lucas, West Virginia University, USA

126 Academic and Athletic Factors of College Athletes’ Time Demands
Jay Santos, University of Florida, USA; Michael Sagas, University of Florida, USA

127 After the Final Buzzer: Evaluating the Impact of Athletic Identity and Vocational Identity on Graduating DIII Student-Athletes’ Thriving
Nicole DeFerrari, University Counseling Center at Florida State University, USA; Mary Jo Loughran, Chatham University, USA

128 Applying Self-Talk and Self-Efficacy Interventions to Improve Endurance Performance Based Off Experiences of NCAA Champions
Derek Marr, Northern Michigan University, USA

129 Athletic Trainer’s Knowledge of Traumatic Brain Injury
Courtney Duhning, St. John’s University, USA; Mark Terjesen, St. John’s University, USA

130 Changes in Identity, Motivation, and Physical Activity During the Transition Out of College Sport: A Pilot Study
Erin Reifsteck, University of North Carolina at Greensboro, USA; Jaclyn Maher, UNC Greensboro, USA; Jamian Newton, UNC-Greensboro, USA; Lenka Shriver, UNC Greensboro, USA; Laurie Wideman, UNC Greensboro, USA

131 Comparing Religiosity and Athletic Identity Among Collegiate Athletes Attending Religious and Secular Institutions
Paul Saville, Azusa Pacific University, USA; Jessica Stapleton, Missouri Baptist University, USA; Amanda Rymal, California State University - San Bernardino, USA; Cara Scammon, Azusa Pacific University, USA; Brooke Gower, Azusa Pacific University, USA

132 Competing for Playing Time: The Relationship Between Positional Competition and Social Identity in Collegiate Athletes
Justin Worley, Ithaca College, USA; Sebastian Harenberg, Ithaca College, USA; Justine Vosloo, Ithaca College, USA

133 Drawing Out the Student-Athlete Voice: Satisfaction with Mental Health Service Availability and Desired Changes
William Way, West Virginia University, USA; Jack Watson II, West Virginia University, USA

134 Establishing Effective Coach-Athlete Relationships to Develop Mental Toughness in NCAA Athletes
Shani Jones, California State University, Long Beach, USA; Madison Hunt, Long Beach State University, USA; Jake Lee, Long Beach State University, USA; Lelani Madrigal, Long Beach State University, USA

135 Examining Differences in Athletes’ Perceptions of Perceived Stress and Recovery Between NCAA Divisions
Carly Wahl, University of Wisconsin Milwaukee, USA; Stacy Gnocinski, Drake University, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA

136 Examining Relationships Between Self-Compassion, Competitive Trait Anxiety, and Athlete Burnout
Seongkwan Cho, Texas A&M International University, USA; Sibak Sung, Florida State University, USA; Yong-Jin Yoon, Yonsei University, South Korea; Hun-Hyuk Choi, Korea National University of Education, South Korea

137 Exploring How Self-Efficacy Influences Performance in Collegiate Club Rowers During a 2,000-meter Ergometer Test
Matthew Dove, Long Beach State, USA; Leilani Madrigal, Long Beach State University, USA; Joshua Cotter, Long Beach State University, USA; Tiffanye Vargas, Long Beach State University, USA

138 Factors Associated with NCAA Football Players Transitioning Out-of-Sport: An Exploratory Study
Bonnie Berger, Bowling Green State University, USA; Alyssa Mathews, Bowling Green State University, USA; Lynn A. Darby, Bowling Green State University, USA; David R. Owen, Brooklyn College of the City University of New York, USA; David A. Tobar, Bowling Green State University, USA

139 Influence of Sport Confidence on Flow State Among Track & Field and Cross Country Student-Athletes
Jeffrey Shulze, Saint Louis University, USA; Jordan Collins, Saint Louis University, USA; Zachary Souillard, Saint Louis University, USA; Joanne Perry, Novant Health, USA; Taylor Montgomery, MVP Training, USA; Ashley Hansen, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

140 Let’s Call it Excitement Not Nerves: Using Cognitive Restructuring with Collegiate Athletes
Lindsay Nathan, Nova Southeastern University, USA

141 Perceptions of Resilience Among NCAA Collegiate Athletes Reporting Higher and Lower Levels of Burnout
Megan Wittenberg, University of Northern Colorado, USA; Christopher Tomczyk, Michigan State University, USA; Daniel Czech, Georgia Southern University, USA
142 Pinning the Stigma: Implementation of Sport Psychology Consultation in Collegiate Wrestling
Jeff Ruser, Indiana University, USA

143 Preference of Coach Leader Behaviour by Nigeria College Athletes
Olanrewaju Ipimoroti, Tai Solarin University of Education, Nigeria

144 POSTER WITHDRAWN

145 Sources of Stress and Coping Influences on Coherence Scores in Collegiate Athletes
Lindsey Poe, Saint Louis University, USA; Luke Evans, Saint Louis University, USA; Jordan Collins, Saint Louis University, USA; Jeffrey Shulze, Saint Louis University, USA; Ashley Hansen, Saint Louis University, USA; Taylor Montgomery, MVP Training, USA; Joanne Perry, Novant Health, USA; Michael Ross, Saint Louis University, USA

146 State-Based Versus Trait-Based Body Appreciation Among Student-Athletes
Zachary Soulliard, Saint Louis University, USA; Hannah Fitterman-Harris, Saint Louis University, USA; Lindsey Poe, Saint Louis University, USA; Joanne Perry, Novant Health, USA; Michael Ross, Saint Louis University, USA

147 Swimsuit Choice: Collegiate Female Swimmers’ Perspective on Body Image and Training Apparel
Danielle Wong, Long Beach State University, USA; Alison Ede, Long Beach State University, USA; Leilani Madrigal, Long Beach State University, USA; Tiffanye Vargas, Long Beach State University, USA

148 The Relationship between Athlete Burnout and Grit in NCAA Division I Athletes
Kelly Renner, Franklin University, USA; Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA; Itay Basevitch, Anglia Ruskin University, UK

149 Upperclassmen versus Underclassmen: Assessing the Differences in Sources of Confidence in Division I Field Hockey Athletes
Jordan Collins, Saint Louis University, USA; Jeffrey Shulze, Saint Louis University, USA; Ashley Hansen, Saint Louis University, USA; Taylor Montgomery, MVP Training, USA; Joanne Perry, Novant Health, USA; Michael Ross, Saint Louis University, USA

150 Who Is Responding to the Call for Research? Survey Participation Rates in NCAA DI Athletics
Miranda Kaye, The Pennsylvania State University, USA

Consulting & Interventions

151 An Application of the Leadership Scale for Sport and the Authentic Existential Coaching Model in Collegiate Athletics
William Ryan, AFSC, USA

152 Applying PETTLEP-based Imagery to Improve Sport Performance
Tucker Woolsey, University of Western States, USA; Conrad Woolsey, University of Western States, USA; Stephen Walker, Director: Podium Performance Academy / Podium Sports Journal, USA; Vincent Lodato, National Sports Performance Institute, USA; Scott Strohmeyer, University of Central Missouri, USA

153 Associations Between Engagement and Outcomes in Mindfulness-based Interventions for Athletes
Megan Hut, Catholic University of America, USA; Thomas Minkler, Catholic University of America, USA; Carol Glass, The Catholic University of America, USA

154 Mindfulness Training for Athletes: Feasibility, Acceptability, and Effectiveness from Within an Athletic Department
Thomas Minkler, Catholic University of America, USA; Carol Glass, The Catholic University of America, USA

155 Beyond the Tackle: A Psychoeducational and Team Building Approach for Community College Football Teams
Makenna Henry, Orange Coast College, USA; Leilani Madrigal, Long Beach State University, USA

156 Diving into Consulting: Reflections of Two Neophyte Consultants’ Immersive Experience with a NCAA Division III Intercollegiate Diving Team
Jasmine Haas, Ithaca College, USA; Justin Worley, Ithaca College, USA; Shelby Anderson, UNCG, USA; Allie Yule, USA; Justine Vosloo, Ithaca College, USA

157 Investigating the Effectiveness of an Imagery Assisted Virtual Reality Protocol for Soccer Goal Keepers Physical and Psychological Development
Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA; Megan Mottola, Southern Illinois University Edwardsville, USA; Jeff Price, Southern Illinois University Edwardsville, USA; Hailey Grider, Southern Illinois University Edwardsville, USA

158 Experiences in Training and Utilization of Debriefing in Applied Sport Psychology
Megan Byrd, Georgia Southern University, USA; Stefanie Maurice, California Polytechnic State University, USA; Melissa Searle, California Polytechnic State University, USA; Selena Garcia, California Polytechnic State University, USA; Jo Brauer, California Polytechnic State University, USA
159 Mindfulness Skills Training for Elite Adolescent Athletes
Kallista Bell, Private Practice, Comox Valley, BC, Canada; Keith Hamilton, Simon Fraser University, Canada; David Cox, Simon Fraser University, Canada

160 Oh Snap: The Use of Technology for Brief Contact Interventions
Jen Schumacher, United States Military Academy, USA; John Plumstead, United States Military Academy, USA; Eric Biener, University of Missouri, USA

161 Pressure Training in Sport and High-Risk Occupations: A Systematic Review and Meta-Analysis
William Low, University of Essex, UK; Gavin Sandercock, University of Essex, UK; Paul Freeman, University of Essex, UK; Joanne Butt, Sheffield Hallam University, UK; Marie Winter, University of Essex, UK; Ian Maynard, University of Essex, UK

162 Putting Data into Action: Acceptance Based Approaches in Track & Field
Michael Clark, University of Wisconsin-Milwaukee, USA; Travis Love, UW-Milwaukee, USA

163 The Benefits of Sport Psychology Consulting with a Collegiate Club Dance Team
Aleia Campbell, Southern Illinois University Edwardsville, USA; Virginia Kjer, Southern Illinois University Edwardsville, USA; Parker Hardcastle, Southern Illinois University Edwardsville, USA; Victoria Roberts, Southern Illinois University Edwardsville, USA; Karen Swanner, Southern Illinois University at Edwardsville, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA

164 The Relationship between Age Difference and Mental Toughness and Coping Skills in Adolescent Club Volleyball Players
Kim Tolentino, Long Beach State University, USA; Joanny Valerio, Long Beach State University, USA; Courtney Speakman, Long Beach State University, USA; Tiffanye Vargas, Long Beach State University, USA; Leilani Madrigal, Long Beach State University, USA

165 A Phenomenological Study: Social Support Processes of Female Student Athletes After an Abortion
Sasa Vann, Ball State University, USA; Jean Marie Place, Ball State University, USA; Lindsey Blom, Ball State University, USA; Rachel Kraus, Ball State University, USA

166 Baywatch or First Responders? Diving into Trauma and Gender Inequality Experienced by Ocean Lifeguards
Danielle Watkins, Long Beach State University, USA; Leilani Madrigal, Long Beach State University, USA; Tiffanye Vargas, Long Beach State University, USA; Alison Ede, Long Beach State University, USA

167 Exploring the Experiences of Military Adaptive Athletes in Sport and Physical Activity
Amanda Leibovitz, Epic Wellness, USA; Taylor Casey, University of North Texas, USA; Scott Martin, University of North Texas, USA

168 Mind, Body, and Soul: A Foundational Model of Performance
Mark Cheney, Faith Lutheran MS & HS, USA

169 Qualitative Exploration of the Ideal Body and Appearance Role Models Among Athletes with Physical Disabilities
Alexandra Rodriguez, University of Wisconsin-Milwaukee, USA; Alison Ede, Long Beach State University, USA; Leilani Madrigal, Long Beach State University, USA; Tiffanye Vargas, Long Beach State University, USA

170 Sleep and African-American Student-Athletes: Recognizing and Addressing their Unique Problems
Chelsi Battle, Auburn University, USA; Joseph Buckhalt, Auburn University, USA

171 The Use of Autoethnography as Critical Reflective Practice in a Kinesiology Graduate Classroom: A Case Study
Gagandeep Singh, California State University, Chico, USA; Sae-Mi Lee, California State University, Chico, USA; Janaina Lima Fogaca, University of Wisconsin-Green Bay, USA

172 An Impulsive Winner: Can Self-Confidence and a Positive Social Attitude Turn a Developmental Inhibitor into a Growth Catalyst?
Malgorzata Siekanska, The University of Physical Education in Krakow, Poland; Agnieszka Wojtowicz, The University of Physical Education in Krakow, Poland

173 Efficacy and Valuation of Simulation-based Training in Professional Baseball Batting
Garrett Beatty, College of Health and Human Performance, Univ. of Florida, USA

174 How Weight-Regulation May Influence Self-Efficacy in Mixed Martial Arts Athletes
Sung jun Park, California State Univ. Long Beach, USA; Leilani Madrigal, Long Beach State University, USA; Tiffanye Vargas, Long Beach State University, USA; Michelle Alencar, Long Beach State University, USA

175 Icing the Kicker Revisited: Does it Really Work in the NFL?
Mark Otten, California State University, Northridge, USA; Isabel Lopez, California State University, Northridge, USA; Eric Miller, California State University, Northridge, USA; Kaitlyn Swinney, California State University, Northridge, USA; Luis Paz de la Vega, California State University, Northridge, USA; Ruby Mejia, California State University, Northridge, USA; Rasan Humphrey, California State University, Northridge, USA; Tess Treleven, California State University, Northridge, USA
176 Motivation Gain in National Basketball Association: Köhler Effect versus Social Compensation
Myoungjin Shin, Soonchunhyang University, South Korea; Yunsik Shim, Soonchunhyang University, South Korea; Kwang-soo Lee, Soonchunhyang University, South Korea

177 Quality of Life in Elite Sports
Carolina Lundqvist, Swedish Olympic Committee & Linköping University, Sweden; Malin Träff, The Swedish Bandy Federation, Sweden; Abbe Brady, St Mary’s University, Twickenham, London, UK

178 The Utilization of Sport Psychology Consultants in the National Football League
Bruce Klonsky, The State University of New York at Fredonia, USA; Alan Kornspan, University of Akron, USA; Joseph Carbone, Springfield College, USA; Matthew Linderman, The State University of New York at Fredonia, USA; Kyle Natwora, The State University of New York at Fredonia, USA; Ryan Richter, The State University of New York at Fredonia, USA

179 POSTER WITHDRAWN

180 Basic Psychological Needs, Exercise Intention, and Sport Commitment as Predictors of Recreational Sport Participants’ Exercise Adherence
Sungho Kwon, Seoul National University, South Korea; Sangwook Kang, Seoul National University, South Korea; Keunchul Lee, Seoul National University, South Korea; Ghangryang Um, Seoul National University, South Korea; Doin Jang, Seoul National University, South Korea; Youngho Kim, Seoul National University, South Korea

181 Exercise Self-Efficacy Ratings among College Students Enrolled in a Sport Education Fitness Class versus a Traditional Fitness Class
Shaine Henert, Northern Illinois University, USA; Adam Zurbrugg, Northern Illinois University, USA; Zachary Wahl-Alexander, Northern Illinois University, USA; Jenn Jacobs, Northern Illinois University, USA

182 Exploring Relationships among Exercisers’ Mindfulness, Stress Levels, Body Energy, and Sleep Activity: An Application of Smart Watch Use
Jenna Brown, Fort Lewis College, USA; Matt Wysocki, Fort Lewis College, USA; Susumu Iwasaki, Fort Lewis College, USA

183 I Think I Can: An Examination of Goal Content and Goal Self-Efficacy Among Adult Exercisers
Tiia Kienitz, Long Beach State University, USA; Alison Ede, Long Beach State University, USA; Ayla Donlin, Long Beach State University, USA; Asia V. Yates, Long Beach State University, USA

184 Is There a Dunning-Kruger Effect in the Motor Performance Domain?
Kenneth Nolan, Western Sydney University, Sydney, Australia; Glenn Newbery, Western Sydney University, Sydney, Australia; Kell Tremayne, Western Sydney University, Sydney, Australia; Patsy Tremayne, Western Sydney University, Australia

185 Mind Over Miles: An Integrative Community Outreach Program to Increasing Physical Activity through Running and Walking
Brian Menaker, Texas A&M University - Kingsville, USA; Robert Kowalsky, Texas A&M University - Kingsville, USA; Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA

186 Profiles of Exercise and Alcohol Use: When Might Exercise Be Protective?
Samuel Davis, Colorado State University, USA; Abby Johnson, Colorado State University, USA

187 The Intersection of Fitness Tracking with Social Media and Mental Health
David Dunham, Butler University, USA; Lisa Farley, Butler University, USA

188 The Relationship between Body Composition, Testosterone, and Jealousy
Urska Dobersek, University of Southern Indiana, USA; Skylar Kemp, University of Southern Indiana, USA; Mackenzie Henrichs, University of Southern Indiana, USA; Charleen R Chase, University of Michigan, USA; Jon K. Maner, Florida State University, USA

189 “…the Tighter the Better”: Exploring the Experiences CrossFit Women Have with Traditional and Exercise Apparel
Caitlyn Hauff, University of South Alabama, USA; Hannah Bennett, Augusta University, USA; Christina Gipson, Georgia Southern University, USA; Nancy Malcom, Georgia Southern University, USA

190 2 Seasons, 2 Minutes, 2 Injuries: My Road to Recovery
Melissa Pare, Wilfrid Laurier University, Canada; Jill Tracey, Wilfrid Laurier University, Canada

191 Basic Psychological Needs Support in Physical Therapy
Morgan Hall, SOCEP, USA; Leslie Podlog, University of Utah, USA; Maria Newton, University of Utah, USA; Nick Galli, University of Utah, USA; Lindsey Greviskes, University of Wisconsin-Whitewater, USA

192 Exploring the Relationship Between Rehabilitation Adherence and the Motivational Climate Created by Athletic Trainers Using a Mixed Methods Approach
Kaleb Cusack, University of North Texas, USA; Robert Harmison, James Madison University, USA; James Rushing, University of North Texas, USA
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JaiLin Allen, Southern Illinois University Edwardsville, USA; Paige Davis, Southern Illinois University Edwardsville, USA; Montserrat Graell-Berna, Department of Psychiatry and Psychology, Hospital Infantil Universitario Niño Jesús de Madrid, Spain; Angel Villaseñor, Department of Psychiatry and Psychology, Hospital Infantil Universitario Niño Jesús de Madrid, Spain; Eneko Larumbe-Zabala, Private Practice, Canary Islands, Spain; Margarita Perez, Universidad Europea de Madrid, Faculty of Sport Sciences, Spain; Maria Fernandez del-Valle, Southern Illinois University Edwardsville, USA

203 Performance on a PFC-reliant Task During Flow in Submaximal Exercise

Keisha Hart, California Baptist University, USA; Zachary Dembrowski, California Baptist University, USA; Kristin Mauldin, California Baptist University, USA

204 Remembering and Forgetting Emotional Sport Events

Ye Wang, Florida State University, USA; Gershon Tenenbaum, Interdisciplinary University, USA

205 Sport-Based Help-Seeking: The Need for Mental Health Support within Collegiate Athletics

Emma Kraus, Smith College, USA

206 The Negative Relationship Between Mental Toughness and Fear of Failure in Mixed Martial Arts Fighters

Carli Lucke, Long Beach State University, USA; Sarah Chaffee, Long Beach State University, USA; Sung Joon Park, California State Univ. Long Beach, USA; Leilani Madrigal, Long Beach State University, USA; Tiffanye Vargas, Long Beach State University, USA

207 The Relationships among Self-Compassion, Stigma, and Attitudes Toward Counseling in Student-Athletes

Robert Hilliard, West Virginia University, USA; Lorenzo Redmond, Kalamazoo College, USA; Jack Watson II, West Virginia University, USA

208 Collegiate Dancers’ Perceptions of the Coach-Created Motivational Climate Prior to a National Competition in Relationship to Perfectionism and Mindfulness

Laura Evans, California State University, Fullerton, USA; Andrea Becker, California State University, Sacramento, USA; Kathleen Wilson, California State University, Fullerton, USA; Lenny Wiersma, California State University, Fullerton, USA; Chelsea Wooding, National University, USA; Frances Cacho, California State University Fullerton, USA
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<td>Alessandro Quartiroli, University of Wisconsin - La Crosse, USA; Daniel Martin, University of Portsmouth, UK; Christopher Wagstaff, University of Portsmouth, UK</td>
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<td>Heather Kiefer, University of North Texas, USA; Karolina Wartalowicz, University of North Texas, USA; Megan Drew, University of North Texas, USA; Randi Jackson, University of North Texas, USA; Trent Petrie, University of North Texas, USA</td>
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<td>Do We Trust Each Other? – Dyadic Trust in Tennis Doubles Teams</td>
<td>Charlotte Raue, University of Muenster, Germany; Dennis Dreiskäper, University of Muenster, Germany; Bernd Strauss, University of Muenster, Germany</td>
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<td>Erika Van Dyke, West Virginia University, USA; Sam Zizzi, West Virginia University, USA</td>
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<td>Neural Mechanisms of Learning in a Video-Game Shooting Task</td>
<td>Tammy-Ann Husselman, University of Central Lancashire, UK; Edson Filho, University of Central Lancashire, UK</td>
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<td>Thinking Outside the Box: Unique Qualitative Methodologies &amp; Best Practices</td>
<td>Thomas Gretton, Ball State University, USA; Ali Kanan, Ball State University, USA; Anna Farello, Ball State University, USA; Lindsey Blom, Ball State University, USA</td>
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<td>Collegiate Athletes' Views on Social Support and Social Causes: Implications for Athlete Activism</td>
<td>Eric Martin, Boise State University, USA; Andrew Mac Intosh, RISE, USA; Yannick Kluch, Rowan University, USA</td>
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<td>Preventing Athlete Sexual Violence: A Review of Programming and Implications</td>
<td>Andrea Patton, West Virginia University, USA; Peter Giacobbi, West Virginia University, USA</td>
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<td>Analysis of Performers' Personal Construct of Indoctrinated Organizational Attributes in Elite Tactical Populations</td>
<td>Sydney Masters, People, Technology and Processes, LLC, USA; Daniel Sproles, People, Technology &amp; Processes LLC, USA</td>
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<td>Coach Education: Rethinking the Strategy to Improve Soldiers' Readiness and Resilience</td>
<td>Susannah Knust, Walter Reed Army Institute of Research, USA; Laurel Booth, TechWerks contractor at the Walter Reed Army Institute of Research, USA; Pam Kumparatana, TechWerks contractor at the Walter Reed Army Institute of Research, USA; Alexis Rivera, Army Resiliency Directorate, USA; Casey Olson, Army Resiliency Directorate, USA</td>
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<td>Johannes Raabe, West Virginia University, USA; Rebecca Zakrzesek, University of Tennessee, USA; Morgan Eckenrod, University of Tennessee, USA; Tara Ryan, Penn State Altoona, USA; Todd Gilson, Northern Illinois University, USA</td>
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<td>A Tale of Two Identities: How Student-Athletes Conceptualize Skills and Challenges</td>
<td>Shannon White, University of Kentucky, USA; John C. Hill, University of Kentucky, USA</td>
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<td>Don’t Just Believe What You See, Define and Measure it First! Using Observational Research Projects as a Sport Psychology Teaching Tool</td>
<td>Elizabeth Pacioles, Marshall University, USA; William Casey, Self Employed, USA</td>
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<td>Chienchih Chou, University of Taipei, Taiwan; Yi-Hsiang Chen, National Taipei University of Education, Taiwan</td>
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<td>Deploying Evidence-Based Teaching to Enhance Student Learning of Motivation</td>
<td>Todd Wilkinson, University of Wisconsin - River Falls, USA</td>
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<td>Performance Profiling: Making Goal Setting Fun</td>
<td>Heather Deaner, California State University, Stanislaus, USA; Paula Parker, Campbell University, Exercise Science, USA</td>
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<td>Spice it up! A Creative Approach to the Syllabus in the Sport Psychology Course</td>
<td>Urska Dobersek, University of Southern Indiana, USA</td>
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<td>The Effects of Attentional Focus and Skill Level on the Performance of Golf Putting</td>
<td>Chih-Chia Chen, Mississippi State University, USA; Yonjoong Ryuh, Mississippi State University, USA; John Lamberth, Mississippi State University, USA; Younghan Lee, Mississippi State University, USA; Mi-Lyang Kim, Soonchunhyang University, South Korea</td>
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<td>The Relationship Between the Desired for Messages from Physical Education Teachers on Pre-Performance and Personality and Motivation for Physical Education</td>
<td>Tadao Ishikura, Doshisha University, Japan</td>
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<td>Using Peer Instruction as a Facilitated Study Technique in a Psychosocial Aspects of Youth Sport Classroom</td>
<td>Kylee Ault, University of Tennessee - Knoxville, USA; Jedediah Blanton, University of Tennessee, USA</td>
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<td>A Comparison of Early Single-Sport Specializers and Samplers on Their High School Sport Motivations, Perceptions of Motivational Climate, and Burnout</td>
<td>William Russell, Missouri Western State University, USA; Rachel Losch, Missouri Western State University, USA</td>
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<td>Vicky Price, Abertay University, UK; Luis Calmeiro, Abertay University, UK; David Lavallee, Abertay University, UK; Chloe MacLean, Abertay University, UK</td>
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<td>Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA; Tao Zhang, University of North Texas, USA</td>
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