

AASP

39th ANNUAL CONFERENCE
LAS VEGAS, NV OCTOBER 23-26

2024

CONFERENCE PROGRAM





ph planet hollywood™
Meeting Facilities Map

LAND ACKNOWLEDGEMENT

The Association for Applied Sport Psychology (AASP) recognizes that Las Vegas, the site of our 2024 Annual Conference, inhabits spaces that are the ancestral home stewarded by the Nuwu (noo-woo), Southern Paiute (pai-oot) People. AASP also recognizes that virtual attendees worldwide will live, work, and attend from stolen indigenous land. Furthermore, the discipline of sport psychology is intertwined with colonialism that historically forced and continues to force Indigenous peoples from their homes and land. In recognizing this, we commit to an asserted effort to uplift Indigenous sovereignty and histories meaningfully. Indigenous peoples historically have, and still do, play an integral role in our nation's history and sport's origins. We recognize that Indigenous athletes and performers have a particular place as heroes and heroines in the sport and military historical milestones of the United States of America. AASP would also like to celebrate the indigenous people and tribes represented in our membership, who continue to suffer at the hands of white supremacy and systemic racism. We assert that sport has played a role in reinforcing violence and stereotypes against Indigenous individuals through harmful forms of imagery and symbolism, land occupation, and a refusal to learn and understand the experiences of all indigenous folks and tribes. As members of AASP, we aim to correct further wrongdoing through awareness and acknowledgment in addition to purposeful learning and action. We encourage members of AASP to make personal and professional efforts to learn more about how you can better support Indigenous peoples in their daily lives. More resources can be found at:

- [Nativegov.org](https://www.nativegov.org)
- [Native-land.ca](https://www.native-land.ca)
- [semtribe.com/stof/home/](https://www.semtribe.com/stof/home/)



WELCOME!

Welcome to the 39th Annual Conference of the Association for Applied Sport Psychology.

We are pleased you have chosen this conference to share your knowledge and extend your network of colleagues and friends. Please join us in thanking the Conference Planning Committee and staff:

- Chelsea Wooding, Scientific Program Chair
- Bob Harmison, Conference Program Chair
- Hannah Bennett, Diversity Committee Representative
- Dolores Christensen, Conference Planning Committee Member
- Christopher Stanley, Conference Planning Committee Member
- Emily Murphy, Student Representative, Conference Planning Committee
- Kent Lindeman, Executive Director
- Stephanie Garwood, Meeting Manager
- Emily Schoenbaechler, Certification & Communications Manager
- Emily Stark, Membership & Registration Manager

In addition, we want to thank the over 200 members who assisted with the review of all submitted conference abstracts. Their hard work enabled us to assemble what promises to be an outstanding program. This year's conference features an exceptional list of invited speakers, as well as lectures, panels, posters, symposia, and workshops that AASP members will be presenting. Thank you for continuing to submit your excellent work to our annual conference.

The AASP Executive Board is very pleased to serve as your host for AASP 2024, and hopes that you enjoy the program and networking activities that are planned. If any of us can be of further assistance, or if you have suggestions for increasing the effectiveness of the AASP organization or educational program, please stop and talk to us this week.

Enjoy the conference!



AASP Executive Board
2023-2024

AASP EXECUTIVE BOARD 2023-2024



Betsy Shoenfelt, PhD, CMPC
President
Western Kentucky University



Brandonn Harris, PhD, CMPC
President-Elect
Georgia Southern University



Bob Harmison, PhD, CMPC
Past President
James Madison University



Ashwin Patel, PhD, CMPC
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Belonging & Justice (DEIBJ)
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Shameema Yousuf, MBACP, HCPC
Publications & Information
*University of South Carolina /
Empower2Perform*



Rob Owens, EdD, CMPC
Research & Practice
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Chelsea Wooding, PhD, CMPC
Scientific Program
University of Wisconsin-Green Bay



Emily Murphy, MS
Student Representative
University of Kentucky



Deyanira Enriquez, CMPC
Student Representative
*Boston University/
Flatiron Mental Performance*

AASP STAFF

Kent Lindeman, CMP
Executive Director

Stephanie Garwood, MTA
Meeting Manager

Emily Schoenbaechler
Certification & Communications Manager

Emily Stark
Membership & Registration Manager

Brittany Linville
Accounting Manager

Association for Applied Sport Psychology

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AASP PAST PRESIDENTS

AASP is grateful for the individuals who have helped shape the organization by serving as president.

John Silva , 1985-1987	Andrew Meyers , 1999-2000	Jack Watson II , 2012-2013
Ronald Smith , 1987-1988	Joan Duda , 2000-2001	Jonathan Metzler , 2013-2014
Robert Weinberg , 1988-1989	David Yukelson , 2001-2002	Robert Schinke , 2014-2015
Daniel Gould , 1989-1990	Linda Petlichkoff , 2002-2003	Brent Walker , 2015-2016
Lawrence Brawley , 1990-1991	Damon Burton , 2003-2004	Angus Mugford , 2016-2017
Michael Sachs , 1991-1992	Martha Ewing , 2004-2005 & 2007-2008	Amy Baltzell , 2017-2018
Charles Hardy , 1992-1993	Craig Wisberg , 2005-2006	Traci Statler , 2018-2019
Jean Williams , 1993-1994	Vikki Krane , 2006-2007	Natalie Durand-Bush , 2019-2020
Tara Scanlan , 1994-1995	Burton Giges , 2007-2008	Kensa Gunter , 2020-2021
Penny McCullagh , 1995-1996	Sean McCann , 2008-2009	Lindsey Blom , 2021-2022
Maureen Weiss , 1996-1997	Glyn Roberts , 2009-2010	Bob Harmison , 2022-2023
Leonard Zaichkowsky , 1997-1998	Bonnie Berger , 2010-2011	
Robin Vealey , 1998-1999	Jack Lesyk , 2011-2012	

FELLOWS

A Fellow is an AASP member who has achieved distinction through significant contributions to academic and professional practice knowledge in sport and exercise psychology.

Congratulations to the 14 members named to AASP's 2024 Class of Fellows.

Mitch Abrams , Learned Excellence for Athletes	Sharleen Hoar , Canadian Sport Institute-Pacific
Michelle Bartlett , West Texas A & M University	William Massey , Oregon State University
Eric Bean , HigherEchelon, Inc	Amanda Perkins-Ball , Rice University
Sebastian Brueckner , Private Practice	Christine Selby , Springfield College
Stiliani Chroni , Inland Norway University of Applied Sciences	Amber Shipherd , Texas A&M University - Kingsville / Next Level Mind Consulting
Marc Cormier , University of Kentucky	Christopher Stanley , University of Western States
Jen Farrell , University of North Carolina Greensboro/ MindBody Endurance	Angela Winter , HigherEchelon
Active Fellows:	
Mark Aoyagi (2016)	Elizabeth Mullin (2018)
Renee Appaneal (2021)	Maria Newton (2012)
Monna Arvinen-Barrow (2020)	Eddie O'Connor (2010)
Amy Athey (2023)	Carole Oglesby (1987)
Shannon Baird (2023)	Margaret Ottley (2018)
Bonnie Berger (1987)	Robert Owens (2023)
Lindsey Blom (2019)	Kirsten Peterson (2013)
Gordon Bloom (2021)	Al Petitpas (1993)
Angel Brutus (2023)	Linda Petlichkoff (1995)
Damon Burton (2003)	Trent Petrie (2000)
Leeja Carter (2021)	Artur Poczwardowski (2015)
Sarah Castillo (2016)	Alison Pope-Rhodus (2018)
Graig Chow (2022)	Phillip Post (2023)
Dr. Becky Clark (2018)	Alessandro Quartiroli (2021)
Damien Clement (2020)	Erin Reifsteck (2023)
Stephany Coakley (2023)	Glyn Roberts (1987)
Karen Cogan (2004)	Michael Sachs (1987)
Alexander Cohen (2018)	Mustafa Sarkar (2023)
Steven Danish (1991)	Tara Scanlan (1998)
Kristen Dieffenbach (2016)	Carrie Scherzer (2022)
Natalie Durand-Bush (2018)	Robert Schinke (2014)
Vicki Ebbeck (2004)	Jamie Shapiro (2021)
Ed Etzel (2007)	Elizabeth Shoenfelt (2016)
Martha Ewing (2010)	Wesley Sime (1987)
Leslee Fisher (2011)	Duncan Simpson (2021)
David Fletcher (2014)	Rob Smith (1995)
Mary Fry (2009)	Natalia Stambulova (2014)
Nick Galli (2021)	Traci Statler (2015)
Lori Gano-Overway (2019)	Joan Steidinger (2021)
Burton Giges (2006)	Lauren Tashman (2023)
	Jim Taylor (2004)
Diane Gill (1987)	Gershon Tenenbaum (2006)
Todd Gilson (2019)	Melissa Thompson (2018)
Daniel Gould (1987)	Jill Tracey (2023)
Joy Griffin (2002)	Tiffany Vargas (2019)
Kensa Gunter (2020)	Robin Vealey (1989)
Douglas Hanks (2015)	Amanda Visek (2020)
Stephanie Hanrahan (2010)	Chris Wagstaff (2022)
Robert Harmison (2015)	Brent Walker (2015)
Brandonn Harris (2022)	Jack Watson II (2012)
Chris Harwood (2007)	Robert Weinberg (1987)
John Heil (1998)	Meredith Whitley (2022)
Tim Herzog (2020)	Diane Wiese-Bjornstal (2002)
Jasmin Hutchinson (2017)	Greg Young (2023)
Cindra Kamphoff (2021)	David Yukelson (1987)
Linda Keeler (2022)	Leonard Zaichkowsky (1988)
Michele Kerulis (2021)	Rebecca Zakrajsek (2023)
Anthony Kontos (2017)	Michael Zito (2020)
Larry Lauer (2023)	Sam Zizzi (2012)
Nohelani Lawrence (2022)	
Bart Lerner (2016)	Fellow Emeritus
Jack Lesyk (2011)	Kevin Burke
Charles Maher (2017)	Bert Carron*
Scott Martin (2004)	Charlie Hardy
Ian Maynard (2007)	Kate Hays*
Sean McCann (2009)	Dan Kirschenbaum
Penny McCullagh (1992)	Ken Ravizza*
Richard McGuire (2010)	John Silva
Christopher Mesagno (2023)	Ronald Smith
Jonathan Metzler (2013)	Bill Straub*
Taryn Morgan (2021)	Jean Williams
Angus Mugford (2016)	
	*Deceased

CERTIFIED MENTAL PERFORMANCE CONSULTANT® (CMPC) RECOGNITION

Certification as a CMPC demonstrates to clients, employers, colleagues, and the public at large that an individual has met the highest standards of professional practice, including completing a combination of educational and work requirements, successfully passing a certification exam, agreeing to adhere to ethical principles and standards, and committing to ongoing professional development.



Join us in recognizing those who have been certified for 30+ years:

Karen Cogan
Jenny Conviser
Judy Goss
Joy Griffin
Linda Petlichkoff
Michael Sachs
Rob Smith
Judy Van Raalte
Robin Vealey

Celebrating 20 Years of Certification

Renee Appaneal
Lindsey Blom
Diane Finley
Melissa Hunfalvay
Matt Johnson
Artur Poczwardowski
Carrie Scherzer
Tiffanye Vargas

Celebrating 10 Years of Certification

Sheila Alicea
Aspen Ankney
Harlan Austin
Scott Barnicle
Michelle Bartlett
Elizabeth Boyer
Tod Chaszewski
Amanda Ferranti
Russ Flaten
Sarah Frey
Joseph Galus
Emily Galvin
Jennifer Gildner
Jasmin Hutchinson
Peter Jensen
Daniel Kadish
Abby Keenan
Nathan Lagacy
Kai Laird
Domagoj Lausic

Nohelani Lawrence
Michelle McAlarnen
Lyn McDonald
Samantha Monda
Christine Pretti
Ashley Samson
Kathryn Scardino
Cory Shaffer
Jesse Steinfeldt
Melissa Streno
Katy Tran Turner
Raphael Wald
Ricki Walker
Katie Wurst
Shameema Yousuf

2024 AASP COMMITTEES AND CHAIRS

THANK YOU!

AASP recognizes our members who have contributed to shaping and sustaining our organization through leadership and committee roles over the 2023-2024 year. AASP would not be the dynamic, supportive, and highly valuable resource that it is without the efforts of our members.

E-Board Representative:
Betsy Shoenfelt, President

Fellow Review
Chair: Jasmin Hutchinson

Alex Cohen
Mary Fry
Kensa Gunter
Michael Sachs
Carrie Scherzer

E-Board Representative:
Brandonn Harris, President-Elect

Dorothy V. Harris Memorial Award
Chair: Sheila Alicea

JoAnne Barbieri Bullard
Andrew Friesen
Bart Lerner
Rob Morris
Chris Wagstaff

Doctoral Dissertation Review

Chair: Candace Hogue

Faye Didymus
Robert Morris
Hayley Perelman
Ksenia Power
Johannes Raabe
Hayley Russell

Master's Thesis Award Review

Chair: Kathleen Mellano

Sheila Alicea
James Bruce
Candace Hogue
Sara Powell
Lindsay Ross-Stewart
Heather Van Mullem

Distinguished Professional Practice Award

Chair: Stilian Chroni

Alan Chu
Richard Keegan
Karen Lo
Glyn Roberts

Outstanding Student Practice Award

Chair: Joanna Morrissey

Joanne Bullard
Faye Didymus
Jana Fogaca
De'Jeune' Green
Robert Morris
Amber Shipherd
Marla Zucker

E-Board Representative:

Bob Harmison, Past President

In Memoriam

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Stephanie Hanrahan
Glyn Roberts
Rob Schinke
John Silva
Robert Weinberg
Jean Williams

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Ashwin Patel, Secretary-Treasurer

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Larry Lomison
Paula Parker
John Andrew Walsh

Foundation

Chair: Justine Vosloo

Sebastian Harenberg
Jessica Jones
Betsy Shoenfelt

E-Board Representative:

**Stephany Coakley, Diversity, Equity, Inclusion,
Belonging & Justice (DEIBJ) Division Head**

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Chair: Derek Zike

Deyanira Enriquez
Skip Flanagan
Mallori Girard
Tamara Harris

Diversity

Chair: Hannah Bennett

Delice Coffey
Bernie Compton
Ahavah Davis
Aaron Goodson
Jasmine Hernandez
Aidan Kraus
Stefanee Maurice
Melanie Poudevigne
Terrence Schofield
Teri Shigeno

International Relations

Chair: Karen Lo

Renee Appaneal
Jean Paul Fuenzalida
Barbora Kijasova
Michael Kong
Rhea Kothari
Cachet Lue
Charlotte Mohn
Janne Roovers
Yanai Sayag
Tammy Sheehy
Shane Thompson

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**Amanda Perkins-Ball,
Membership Services Division Head**

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Scott Barnicle
Carla Carter
Cameren Pryor
Amber Shipherd
Juah Toe
Meredith Wekesser

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Stephanie Cameron
Sloan Johnson
Trisha Nash
Ariane Smith Machin

Nominations/Leadership Development

Chair: Melanie Poudevigne

Jessica Bartley
Hannah Bennett
Sebastian Brueckner
Carolyn Davis
Srjujana Gummula

Special Interest Group (SIG) Coordinators

Mitch Abrams
Eduardo Arambula
Cindy Aron
Michelle Bartlett
Billy Bean
Megan Buning
Carla Carter
Hillary Cauthen
Alan Chu
Jenny Conviser
Craig Cypher
Frances Dallas
Mitchell DeSimone
Zellessia Ejalonibu
Kathy Feinstein
Megan Fox
Danae Frentz
Michael Gerson
Elmer Guardado
Peter Haberl
Iman Hassan
Caitlyn Hauff
John Heil
Tyler Held
Alec Herbert
Erin Herle

London Hill
Jerry Holt
Matt Hood
Jackson Jin
Michele Kerulis
Kirbi Kidd
Ashley Kuchar
Jody Langdon
Nick Lee
Phoebe Manalang
Michelle McAlarnen
John McCarthy
Michael Mignano
Alyse Munoz
Jude Niba
Johathan Packman
Sophia Pellegram
Hayley Perelman
LaKeitha Poole
Selen Razon
Seth Rose
Vaughn Ross Jr.
Lindsay Ross-Stewart
Michael Sachs
Ryan Sappington
Amber Shipherd
Sicity Stephens
Emily Tyler
Tim White

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Angel Brutus, Professional Standards Division Head

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Michelle Bartlett
Angela Breitmeyer
Meghan Halbrook
Bart Lerner
Seth Rose
Shauna Taylor
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Ethics

Chair: Mike Zito

Carla Carter
Sommer Christie
Alan Chu
Michele Kerulis
Seth Rose
Terilyn Shigeno
Leigh Skvarla
Carly Wahl
Jack Watson

Webinars / Virtual Conference

Chairs: Joanna Foss & Abby Keenan

Chelsi Battle
Trey McCalla
Jacob Yorg

E-Board Representative:

**Shameema Yousuf, Publications/Information
Division Head**

Case Studies in Sport and Exercise Psychology

Editor: Richard Thelwell

**Journal for Advancing Sport Psychology
in Research**

Editor-in-Chief: Monna Arvinen-Barrow
Associate Editor: Amanda Visek

Journal of Applied Sport Psychology

Editor: Chris Wagstaff

Journal of Sport Psychology in Action

Editor: Robert Schinke

Newsletter

Editor: Meredith Targonski
Associate Editor: Richard Simpson
Student Editor: Hannah Silva-Breen

E-Board Representative:

**Shannon Baird, Public Relations and Outreach
Division Head**

CMPC Outreach

Chair: Bob Harmison

Jessica Bartley
Zach Brandon
Kristen Dieffenbach
Theresa Giunta
Stephen Gonzalez
Nohelani Lawrence
Michael MacCroy
Eddie O'Connor
Robert Owens
Sieger Roorda

Community Outreach

Chair: Stefanee Maurice

Beth Brown
Megan Byrd
Alex Gamble
Lori Gano-Overway
Aren Ulmer

External Partnerships

Chairs: Alexandra Olton & Andreas Stamatis

Mitchell De Simone
Ryan Ford
Cory Jackson
Simranjit Singh

Web Presence

Chair: Megan Byrd

Sarah Carson Sackett
Alex Cushing
Craig Cypher
Caitlyn Hauff
Jaxson Judkins
Eric Martin
Shir Wasserman
Meredith Wekesser

E-Board Representative:

Rob Owens, Research and Practice Division Head

Graduate Program Accreditation (GPAC)

Chairs: Brendan Carr & Laura Finch

Alan Chu
Marc Cormier
Lori Dithurbide
Sean Fitzpatrick
Jana Focaga

Graduate Program Directors (GPDC)

Chair: Sarah Castillo

Carly Block
Suzanne Pottratz
Jeff Ruser
Jamie Shapiro
Tamara Tasker

Research Development

Chair: Maribeth Jorgensen

Alexander Bianco
Daniel Brown
Urska Dobersek
Arna Erega
Candace Hogue
Deborah Larkin
Carole Oglesby
Andreas Stamatidis

Science to Practice

Chair: Alan Chu

Melissa Aycock
Eric Biener
Matthew Bird
Robert Lynch II
Margaret Nieto
Danielle Pecar
Tage Waite

E-Board Representative:

**Chelsea Wooding, Scientific Program
Division Head**

Conference Planning Committee

Chair: Chelsea Wooding

Hannah Bennett
Dolores Christensen
Bob Harmison
Emily Murphy
Chris Stanley

E-Board Representatives:

**Emily Murphy and Deyanira Enriquez,
Student Representatives**

Student Development

Chairs: Amber Shipherd & Robyn Trocchio

Frances Dallas
Deyanira Enriquez
Kim Ferner
Doyinsola Ogunsami
Emily Murphy
Paula Ortiz
Anna Ward

Student Delegates

Claire Bailey
Daniel Bello
Jaylon Bruner-Vann
Bailey Devin
Thomas Donato
Melissa Garza
Cooper Harris
Corinne Hobbs
Ashley Norman
Meghan Olt
Stefan Savin
Ryan Whitlow
Tahlia Wilson-Nealy
Luca Ziegler

2024 AASP & AASP Foundation Award Winners



Dissertation Award

Recognizes the completion of an outstanding dissertation by an AASP doctoral student member

Meredith Wekesser

University of Illinois Chicago



Inclusion, Diversity, and Excellence in Advocacy and Social Justice (IDEAS) Student Award

Recognizes a student involved in research, service, or applied experiences that focus on diversity, inclusion, social justice, or advocacy in sport and performance psychology

Rachel Shinnick

University of Massachusetts Boston



Distinguished Applied Practitioner

Recognizes a member who demonstrates excellence and longevity in the field of sport psychology, who are established and thriving within the field

Jim Taylor

Private Practice



Kate F. Hays Distinguished Mentor Award

Recognizes outstanding efforts by an AASP member as a mentor/supervisor who has had a significant impact on their mentees in the field

Leslee Fisher

University of Tennessee



Distinguished International Scientist-Practitioner Award

Recognizes an outstanding individual from the international community whose scientific and/or applied work has significantly impacted the field of sport and performance psychology

Stiliani "Ani" Chroni

Inland Norway University of Applied Science



Ken Ravizza Performance Excellence Award

Recognizes an individual who embodies exemplary psychological principles associated with performance excellence as demonstrated through consistent achievement, merit or leadership over the course of their career

Forrest Griffin

UFC Hall of Famer & Vice President, Athlete Development



Distinguished Public Communication, Awareness, and Outreach Award

Recognizes efforts to promote, raise awareness of the field/profession, or engage in outreach efforts to non-sport psychology related professional organizations

AASP and Answered Podcast

(Megan Byrd, Georgia Southern University; Eric Martin, Boise State University; Katy Johnson, Indiana University; and colleagues)



Masters Thesis Award

Acknowledges the completion of an outstanding thesis by an AASP student member

Kaytlyn Johnson

Indiana University



Distinguished Scientist-Practitioner Award

Recognizes a member who demonstrates exceptional quality and innovation in delivering sport and exercise psychology services to the public

John Heil

Psychological Health Roanoke



Outstanding Student Practice Award

Acknowledges outstanding and innovative service delivery in sport and exercise psychology by student member

Meghan Olt

University of Georgia



Dorothy V. Harris Memorial Award

Recognizes an AASP member, in the early stage of his or her professional career, who has made outstanding contributions that are both theoretical and practical

Tsz Lun (Alan) Chu

University of North Carolina at Greensboro



Teaching Excellence Award

Acknowledges an exceptional classroom educator in the field of sport, exercise, and performance psychology

Lindsay Ross-Stewart

Southern Illinois University Edwardsville



Early Career Applied Practitioner Award

Recognizes a sport psychology practitioner who has recently entered into the applied field post-graduation

Aaron Goodson

Duke University

Journal Awards

Journal of Applied Sport Psychology (JASP)



Best Reviewer

Desmond McEwen,
University of British Columbia, Canada

Best Paper

“We Cannot CBT Our Way Out of These Systems”: Exploring How Sport Psychology Practitioners Engage in Cultural Praxis
Kochanek, Jill & Wright, Emily

Journal of Sport Psychology in Action (JSPA)



Best Reviewer

Lori Gano-Overway,
James Madison University, USA

Best Paper

Starting a Conversation about Vulnerability in Elite Sport
Hägglund, Karin.; Wagstaff, Christopher; Kenttä, Göran; Thelwell, Richard

Case Studies in Sport and Exercise Psychology (CSSEP)



Best Reviewer

Ale Quartioli,
University of Wisconsin-La Crosse, USA

Best Paper

“He’s Asked for You. . . .” One-to-One Support With an Elite Academy Soccer Player and Navigating Through the Unforeseen Roles of Sport Psychology Practitioners
Garner, Lauren; McEwan, Haley; Whitehead, Amy

AASP 2024 Conference Student Travel Awards



sponsored by Routledge/Taylor & Francis
\$750 USD award

2024 Conference Student Travel Award Winners:

- Morayo Abbey-Bada,** Duke University
- Linnea Bacon,** University of Nevada, Las Vegas
- Claire Bailey,** University of Kentucky
- Sara Beacham,** California State University Chico
- Gabriel Delage,** Université de Sherbrooke - Canada
- Kelsey Kinnamon,** Florida State University
- Alexander McWilliam,** Bangor University - UK
- Rebecca Steins,** Saint Louis University
- Danielle Teare,** University of North Carolina Greensboro
- Myles Ward,** Tarleton State University

Ken Ravizza Student Conference Travel Award

The top overall scored student member abstract will receive a special \$1,000 USD award (sponsored by the Ravizza Family and provided by the AASP Foundation).

Simon Wright, University of North Texas

The Sport Psychologist Young Researcher Award



sponsored by Human Kinetics
\$1,000 USD award

2024 *The Sport Psychologist* Young Researcher Award Winner:
Macey Arnold, University of North Texas

2024-2025 AASP Research Grants

Macey Arnold and Trent Petrie, University of North Texas;
Kyla Petrie, University of California San Francisco
Pre-Performance Routines, Ideal Psychological States, and Perceived Surgical Outcomes Among Orthopedic Surgeons and Residents \$4,800

Megan Babkes Stellino and Lindsey Visscher, University of Northern Colorado
Parents' Storied Experiences of Managing and Coping with their Child's Ice Hockey Incurred Concussion \$2,500

Tyler Balfour, Marc Cormier, and Ashley Samson, University of Kentucky
The Relationship Between Quiet Eye Duration and Performance Across Skill Levels Among First-Person Shooter Esports Athletes \$4,850

Matthew Bird, University of Lincoln
The Influence of Resilience on Stigma and Attitudes Toward Mental Health Help-Seeking in Athletes \$2,061

Ashley Coker Cranney, West Virginia University
Mixed Methods Investigation of CMPC Trauma-Informed Training and Experience Across the Professional Spectrum \$4,924.80

Lauren Greenspoon and Michael Madson, University of Southern Mississippi
Mental Health and Alcohol Outcomes for Student-Athletes: Exploring the Mediating Role of Drinking Motives \$1,500

Antonio Leija, Candace Hogue, & Chris Lundstrom, University of Minnesota
Relationships Between Mental Toughness, Perceived Stress and Cortisol in Novice Marathoners \$1,320

Grace Louis and Shaine Henert, Northern Illinois University
Assessing Student-Athletes' Perceptions of Mental Health Resources at Mid-Major Level College Athletic Programs \$2,498

Megan O'Brokta and Eric Drollette, University of North Carolina Greensboro
Classifying Sports-Related Concussions and Repetitive Head Impacts Using EEG and Machine Learning in Female Athletes \$4,912

Garrett Pilgrim and Kathleen Mellano, Springfield College
An Examination of Mindfulness Profiles in Recreational Surfing \$300

Samantha Dardaman and Scott Martin, University of North Texas
Fear of Reinjury, Physical Self-Efficacy, and Perceived Self-Body Image of Female Athletes Following Anterior Cruciate Ligament (ACL) Injury \$4,508.25

Hayley Russell, Ellen Becken, Lucie Henrich, & Lauren Hecht, Gustavus Adolphus College
Attentional Focus in Long and Short Distance Track Runners \$1,048

Stephenie Spencer, Lei Wang, and Sydney SeNay, Chatham University
Experiences of Women's College Coaches in Supporting Athlete Activism \$660

Luca Ziegler and Ashley Coker Cranney, West Virginia University
ACTIVE to the Peak: Psychological Flexibility and the Relationship with Flow and Clutch States \$1,755

2024-2025 AASP Collaborative Research Grants

Candace Hogue and Jason Kaul, University of Minnesota, & Ashley Kuchar, Fail Better Training
An Experimental Investigation into the Impact of the RESET Mental Skills Training Program on Youth Athletes' Psychophysiological Stress and Motivational Responses to an Ego-Involving Climate \$5,000

Kelly Thorne, University of Vermont, & Trish Kelshaw, University of New Hampshire
Analysis of Coach's Mental Health Literacy and Referral Efficacy \$1,500

2024-2025 Gualberto Cremades International Research Grant

Yeongjun (YJ) Seo and Erin Reifsteck, University of North Carolina at Greensboro, & Amanda Visek, The George Washington University
The Athletic Identity Measurement Scale Beyond Western Context: A Psychometric Evaluation of Its Factor Structure and Gender Invariance in South Korea \$1,000

If you would like to apply for an AASP Award or Grant, please visit www.appliedsportpsych.org for deadlines and additional information.

IN MEMORIAM

LOIS BUTCHER



Dr. Lois Butcher passed away on August 2, 2024 at the age of 71 after a long battle with cancer. Lois was born on January 4, 1953, in Queens, NY. Beautifully eclectic, she loved life, cooking, higher education, volunteering, traveling, and the arts. Above all, Lois loved her family and especially cherished the holidays and large family gatherings filled with food, laughter, and love.

Dr. B - as she was affectionately known, received her bachelor's degree from Baruch College in New York, then her M.Ed. and PhD. Degrees in sport and exercise psychology from Temple University in Philadelphia in Pennsylvania, where she was the former Director of the Bachelor of Science in Health Professions degree program (of which she was primary author), and Assistant Professor in the Department of Kinesiology from 2010-2021. She was also a performance enhancement consultant with experience ranging from amateur to professional athletes and teams.

Dr. B previously taught at The College of New Jersey and York College of the City of New York, and was most recently an adjunct professor at Rowan University in the College of Education Health and Physical Education Teacher Education Program. She was also the owner/director of Full Out, providing performance consulting for musicians, singers, and dancers. Her background in music and dance expanded her performance

enhancement practice to include a variety of music and dance genres, classical music (orchestra and vocal), rock (band and solo instrumental and vocal), and dancers (ballet, tap, modern, and jazz).

As a sport psychology/performance enhancement consultant, Dr. B worked with coaches and their staffs, as well as athletes of all ages and skill levels, individually and in teams. Clients included Olympic level athletes (ice skating, archery), NCAA Division I and Division III student-athletes (basketball, track, fencing, football), and USGF nationally ranked athletes with work as both a psychological skills trainer and dance coach.

Dr. B was a workshop presenter and speaker at national and international conferences for sport psychology as well as health care and was also part of two grant programs to help obese children in disadvantaged neighborhoods. She was an AASP member and a CMPC for many years. She is survived by her children, Robert Brzezinski and his wife Heather of Flourtown, PA, and Carrie Brzezinski of Flourtown, PA. She was the beloved "Nana" to her adored grandchildren, Robbie, Giuliana, and Fiora. Lois was a loving "mom" to many.

IN MEMORIAM

STEVEN DANISH



On August 24, the fields of applied sport psychology, counseling, and community psychology lost one of its brightest stars with the passing of Dr. Steven Danish. Those of us who knew Steve will remember with great joy his sense of humor, zest for life, and passion for helping others. As a faculty member at The Pennsylvania State University and the Chair of the Psychology Department at Virginia Commonwealth University, Steve mentored hundreds of graduate students who have gone on to excel in numerous helping professions. His frequently quoted statement that “physical and psychological injuries may be what people have, but they are not who we are”, exemplify his belief in the importance of building self-awareness through quality relationships. A prolific writer, Steve collaborated with professionals around the world and his Life-Span Develop Intervention model has guided the work of numerous professionals.

After receiving his doctorate in Counseling Psychology from Michigan State University in 1969, Steve began his storied career as a pioneer in the field of Community Psychology. He developed, implemented and evaluated a number of community-based life skills programs that enhanced positive development for individuals in under resourced settings across the country.

Steve’s passion for sport as an avid golfer and collegiate basketball coach led to his involvement in AASP and APA Division 47 at a time when

these organizations were striving to promote sport psychology as a viable career track. His belief in the importance of sport as a vehicle to assist youth in developing critical life skills led him to create and implement evidenced-based initiatives such as the First Tee’s Life Skills, the NCAA’s Youth Education through Sport (YES), Going for the Goal, and Sport United to Promote Education and Recreation (SUPER). Steve was on the development team that created and implemented the USOPC Career Assistance Program for Athletes (CAPA) and served as a member of Virginia’s Governor’s Commission on Sport and Physical Fitness.

In addition, Steve’s belief that many of the veterans who were returning from active duty and diagnosed with PTSD were actually experiencing an identity crisis, led him to create FREE 4 Vets (Family, Relationships, Education, and Employment). Similar to the research on athletic identity, he believed that a strong and exclusive military identity could leave many veterans vulnerable to mental health issues at the conclusion of their active duty. FREE 4 Vets assisted veterans in developing life skills and supportive communities to assist them in coping with the loss of their military identity.

Steve received his undergraduate degree from Bucknell University and graduate degrees from Springfield College and Michigan State University, where he received Distinguished Alumni Award in 2008. Over his career, he received numerous recognitions, including the Lifetime Achievement Award from the Society of Counseling Psychology. He was an AASP Fellow and a fellow of several APA Divisions and the American Psychological Society. He leaves behind his wife of more than sixty years, Carole, two sons, Kyle and Chris, and four grandchildren.

We have lost a truly remarkable human, who set standards of empathetic understanding, relationship building, and caring that serves as a guide for all of us in the helping professions.

Submitted respectfully,
Albert Petitpas

CMPC CREDIT

The AASP Annual Conference counts for 12 CEUs (3 per day) toward CMPC recertification. In order to claim the credit, turn in your conference registration confirmation email with your recertification materials. You will not receive a separate certificate.

You can earn additional credit by attending the sessions below. In order to claim credit for these, **you will be required to sign in**, and you will receive a certificate via email after the conference.

If you attend the entire conference, including the three sessions below, you can receive a maximum of 15.5 CEUs.

Ethics - 1.25 CEUs

Wednesday, October 23, 3:45 pm - 5:00 pm

Celebrity 4

“It Takes a Village”: Advancing Safe, Healthy and Inclusive Sport

Gretchen Kerr, University of Toronto; Anthony Battaglia, University of Toronto; Joseph Gurgis, Ontario Tech University; Erin Willson, University of Toronto

Diversity - 1.25 CEUs

Thursday, October 24, 2:30 pm - 3:45 pm

Celebrity 4

Movement Towards LGBTQIA+ Belonging in Sport

Aidan Kraus, Boston University; John McCarthy, Boston University; Val Altieri, Jr.; Cody Sanders, The University of Virginia's College at Wise; David Walsh, San Francisco State University

Mentorship/Supervision - 1.0 CEU

Friday, October 25, 1:45 pm - 2:45 pm

Celebrity 4

Integrating Self-Care into Sport Psychology Mentorship and Supervision: Diverse Approaches, Strategies, and Insights

Alessandro Quartiroli, University of Wisconsin - La Crosse (USA)/University of Portsmouth (UK); Tsz Lun (Alan) Chu, University of North Carolina at Greensboro; Jana Fogaca, Long Beach State University

APA CREDIT

APA credits are available to AASP attendees for an additional fee. To obtain APA credits, you must purchase them when you register for the conference. If you registered for APA credit, you received instructions and additional information, including a list of eligible sessions, when you picked up your name badge. APA-eligible sessions are also noted in the conference app.

SPEAKER READY ROOM – GREEN ROOM

All speakers delivering computer-based presentations are required to visit the Speaker Ready Room, in the Green Room, to pre-load their presentations. Please provide your presentation on a USB drive, and if your presentation contains audio or video, make sure to have a copy of the audio or video source file on your USB.

An AV Tech will be able to assist you with putting your files on a laptop and previewing your presentation. Please note that once your presentation is uploaded in the Speaker Ready Room, you will not be permitted to revise the presentation. Please make all your last-minute changes before coming to the Speaker Ready Room. Once uploaded, your presentation will be available on a PC laptop in your session room in a folder on the desktop named with your session date and time.

Speaker Ready Room Hours

Wednesday, October 23	9:00 am - 5:00 pm
Thursday, October 24	7:00 am - 4:00 pm
Friday, October 25	7:00 am - 2:00 pm
Saturday, October 26	7:00 am - 3:00 pm

NURSING LOUNGE – SANTA MONICA 3

A room is available for nursing mothers during conference hours Wednesday - Saturday. Please pick up a key at the AASP registration desk if you would like to use the room.

THE ZEN ROOM: for Quiet Meditation, Reflection, and Prayer – SANTA MONICA 4

The purpose of the ZEN Room is to offer a space for prayer, relaxation, and reflection for all conference attendees. The goal is to provide a quiet sanctuary where you can retreat from the conference and safely respect your personal, spiritual, and/or religious practices. The room is not advocating or endorsing any particular religion or belief system, but instead is there to offer a dedicated, comfortable space for attendees to use throughout the conference as needed.

SPECIAL INTEREST GROUP (SIG) MEETINGS

Attendees are welcome to attend any SIG meeting; pre-registration is not required.

Groups meet from 12:40 PM – 1:25 PM; and 1:30 PM – 2:15 PM on Thursday. Check the schedule below for the time your group meets.

Thursday, October 24

12:40 PM - 1:25 PM

Coaching Science
Celebrity 4

International Olympic Sport Psychology
Celebrity 6

Media in Sport
Celebrity 7

Eating Disorders
Celebrity 8

Psychology of Sport Injury
Melrose 3-4

Positive Youth Development Through Physical Activity
Sunset 6

Pride (LGBTQ+)
Wilshire

1:30 PM - 2:15 PM

Anger & Violence in Sport
Celebrity 4

Esports
Celebrity 6

Performing Arts
Celebrity 7

Performance Psychophysiology & Biofeedback
Celebrity 8

Business Ownership
Melrose 3-4

Teaching Sport & Exercise Psychology
Wilshire

COMMITTEE MEETINGS

Thursday, October 24

12:30 PM - 2:00 PM

Past President's Council & Lunch
Melrose 1-2

Friday, October 25

7:00 AM - 8:00 AM

Graduate Program Directors (GPDC) Committee
Sunset 1

Nominations/Leadership Development Committee
Sunset 2

Science to Practice Committee
Sunset 3

12:30 PM - 1:30 PM

Advocacy Committee
Sunset 1

CMPC Outreach Committee
Sunset 2

Continuing Education Committee
Sunset 3

Ethics Committee
Sunset 4

Research Development Committee
Sunset 5

Student Development Committee
Sunset 6

Webinars / Virtual Conference Committee
Westwood Boardroom

FULL CONFERENCE SCHEDULE

WEDNESDAY, OCTOBER 23

9:00 AM - 12:00 PM

Celebrity 7

CE Workshop: Competition, Conflict and Culture: A Roadmap to Managing Conflict in Sports Using Traditional and Culturally Relevant Techniques

Mary Foston-English, The Next Level, USA
John Brown, The Next Level, USA

Additional Fee; pre-registration required
3.0 CEUs in the area of Diversity

9:00 AM - 12:00 PM

Celebrity 8

CE Workshop: Continuing Education for Sport Psychology Training: How to Maximize the Mentor-Mentee Relationship

Marie Esther Winter, University Campus of Football Business, UK

Additional Fee; pre-registration required
3.0 CEUs in the area of Mentorship/Supervision

9:00 AM - 12:00 PM

Wilshire

CE Workshop: Social Meditation and the Elite Athlete

Peter Haberl, Peter Haberl, LLC, USA

Additional Fee; pre-registration required
3.0 General CEUs

1:00 PM - 2:00 PM

Wilshire

LEC-01: Tactical Populations

LEC-01A: Cognitive Assessment & Combat Diving: Exploring the Utility of the Digit Symbol Substitution Test in an Applied Military Setting

Shannon Baird, KBRwyle/1st Special Forces Group, USA

LEC-01B: "I'm Not an Operator": Navigating the Unknown to Innovate with a Military Population

Cassandra Seguin, Canadian Forces Morale and Welfare Services, Canada; Cassandra Sparks, Canadian Forces Morale and Welfare Services, Canada; Patrick Twomey, Canadian Armed Forces, Canada

LEC-01C: The Process to Partnership: Developing a Consulting Site with Reserve Officer Training Corps

Michelle McAlarnen, Minnesota State University, Mankato, USA; Emily Peterson, Minnesota State University, Mankato, USA

LEC-01D: The Use of the Stroop Color and Word Test to Identify Performer's Cognitive Performance Range and Impact of Training Methodology

John Gassaway, USAF, USA;
Steve DeWiggins, Private Practice & Luke AFB, USA;
Anthony Acevedo, USAF, USA

1:00 PM - 2:00 PM

Celebrity 6

PAN-01: Theories of Performance Excellence in Support of Clinical Practitioners Navigating Performance Culture

Natalie Léger, Synergistic Solutions/The Collective Edge, USA;
Angel Brutus, USOPC, USA;
Aaron Goodson, Duke University, USA;
Brittany Collins, University of Louisville Athletics/Developing Me! Counseling & Consulting, LLC, USA

1:00 PM - 2:00 PM

Celebrity 7

PAN-02: Identifying Relative Energy Deficiency in Sport (REDS) in Athletes and What to Do About It

Hayley Perelman, Private Practice Owner, Hayley Perelman Ph.D., USA;
Christine Selby, Springfield College, USA;
Amanda Karas, Elevate Maintain Evolve, USA;
Rebecca McConville, ReBecca McConville, Sports Nutrition Specialist, USA

1:00 PM - 2:00 PM

Melrose 3-4

PAN-03: Mental Performance Consulting at NCAA Division-III Institutions

Andrew White, Hiram College, USA;
Hayley Russell, Gustavus Adolphus College, USA;
Christi Johnson, Cornell College, USA

1:00 PM - 2:00 PM

Celebrity 5

SYM-01: Teaching Children and Adolescents Psychological Skills: The Challenging and Rewarding Journey Through Books

Kristine Enderle, American Psychological Association, USA;
Beth Brown, Team Aureus, LLC, USA;
Judy Van Raalte, Springfield College & Wuhan Sports University, USA;
Al Petitpas, Springfield College, USA;
Michael Sachs, Temple University, USA

1:00 PM - 2:00 PM

Celebrity 4

WKSP-01: Heart and Soul: Infusing and Integrating Diversity, Equity, Inclusion, and Belonging in a Sport & Performance Psychology Training Program

Mark Aoyagi, University of Denver, USA;
 Iman Hassan, University of Ottawa, Canada;
 Breigh Jones-Coplin, University of Denver, USA;
 Jamie Shapiro, University of Denver, USA

1:00 PM - 2:00 PM

Celebrity 8

WKSP-02: ACEs and Trauma-Informed Care of College Athletes: A Culturally Sensitive Psychoeducational Workshop

Keely Hayden, University of North Texas, USA;
 Cami Barnes, USA;
 Rebekah Sears, University of North Texas, USA;
 Taylor Casey, The Edge: Performance Psychology Consulting, LLC., USA;
 Scott Martin, University of North Texas, USA

2:15 PM - 3:15 PM

Celebrity 6

FEA-01: Five Slides in Five Minutes: Context for Consulting within the Performing Arts Domains
 (presented by the Performing Arts SIG)

Jason Shafer, Colorado Symphony and University of Northern Colorado, USA;
 Anna Bomber, Bomber Performance Consulting, LLC, USA;
 Brad Donohue, University of Nevada Las Vegas, USA;
 Nikola Milinkovic, Private Practice, Latent Knowledge, USA;
 Arianna Shimits, Self Employed, USA;
 Mitch DeSimone, United States Military Academy at West Point, USA

2:15 PM - 3:15 PM

Wilshire

LEC-02: Youth Sport

LEC-02A: "We've Got Your back!"- Links Between Players' Perceptions of Social Support, Psychological Safety, and Holistic Development Outcomes in German Soccer Youth Academies

Svenja Wachsmuth, University of Tübingen, Germany;
 Luca-Lars Hauser, University of Tübingen, Germany;
 Fee C. Gierens, University of Tübingen, Germany;
 Svenja A. Wolf, Florida State University, USA;
 Hans-Dieter Hermann, University of Tübingen, CCC-Network, Germany;
 Oliver Höner, University of Tübingen, Germany

LEC-02B: Managing and Preventing Child Maltreatment in Sport Organizations: A Systematic Literature Review

Sarah Sadler, West Virginia University;
 Hannah Miller, West Virginia University

LEC-02C: A Mixed Methods Evaluation of a Season-long Pressure and Psychological Skills Training Intervention to Develop Mental Toughness in Youth Soccer Players

Ryan Carr, Carr Driven Performance (CDP), IMG Academy, USA;
 Ashley Duguay, Team First Consulting, Canada;
 Matthew Condie, University of Western States, USA;
 Duncan Simpson, IMG Academy, USA

LEC-02D: A Case Study of a Planned Organisational Change Intervention within a Sport School Field Hockey Environment

Reuben Poole, Swansea University, UK

2:15 PM - 3:15 PM

Celebrity 4

PAN-04: The Path to Paris 2024

Karen Cogan, USOPC, USA;
 Jessica Bartley, United States Olympic & Paralympic Committee, USA;
 Sean McCann, USOPC, USA;
 Julia Cawthra, U.S. Olympic and Paralympic Committee, USA

Mid-Late Career Track

2:15 PM - 3:15 PM

Celebrity 5

PAN-05: Motherhood in the Locker Room: Experiences of Four Mothers who Work in Applied Sport Psychology

Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA;
 Lindsey Hamilton, IMG Academy, USA;
 Abby Keenan, Intrepid Performance Consulting, LLC, USA;
 Angel Brutus, USOPC, USA

2:15 PM - 3:15 PM

Celebrity 7

SYM-02: The Confluence of Mental Performance and Clinical Mental Health Programs: What Dual and Integrated Training Means for Educators, Practitioners, and Employers

Sarah Castillo, University of Western States, USA;
 Michelle Rose, University of Western States, USA;
 Ashley Coker-Cranney, West Virginia University, USA

2:15 PM - 3:15 PM

Celebrity 8

WKSP-03: Make it Stick: Make Sure Clients Apply What You Taught

*Melinda Gilbert, Magellan Federal, USA;
Elizabeth Beaubrook, Meliora Performance;
US ARMY, USA*

2:15 PM - 3:15 PM

Melrose 3-4

WKSP-04: Embracing Diversity in Sport Psychology: Navigating Sociocultural Considerations for Effective Practice

*Brittany Williams, IMG Academy, USA;
Jasmine Newsome, University of Georgia, USA*

3:45 PM - 5:00 PM

Celebrity 8

FEA-02: Student Workshop - You are Where You're At: Embracing Your Student Identity in Your Consulting Work

*Savanna Ward, Boston University, USA;
Frances Dallas, Bering Global Solutions, USA;
Kim Ferner, University of North Texas, USA*

3:45 PM - 5:00 PM

Celebrity 5

LEC-03: Mental Health

LEC-03A: Influence of Athletic Identity, Wellbeing, and Perceived Stress on Stigma and Attitudes about Mental Health Help-Seeking in College Athletes and Students

*Robin Vealey, Miami University, USA;
Christine Pacewicz, Miami University, USA;
Lauren Chapman, Miami University, USA*

LEC-03C: Investigating the Impact of Adverse Childhood Experiences Inside and Outside Sport Settings in Elite and Sub-Elite Settings

*Stephanie Fryer, USRowing, USA;
Michelle Rose, University of Western States, USA;
Stephen Gonzalez, Dartmouth College, USA;
Matthew Condie, University of Western States, USA;
Gretchen Kerr, University of Toronto, Canada;
Cameron Kiosoglous, USRowing, USA*

LEC-03D: Necessary and Sufficient Conditions When Helping Athletes with an Alcohol Use Disorder: The Difference Between Treatment and Healing

Doug Jowdy, University of Colorado Hospital, USA

LEC-03E: The Psychosocial Aspects of Rest in Athletes

*Morgan Findley, University of Kentucky, USA;
Ashley Samson, University of Kentucky, USA;
Marc Cormier, University of Kentucky, USA;
David Eccles, Florida State University, USA*

3:45 PM - 5:00 PM

Celebrity 6

PAN-06: "Living the Dream": Navigating Academia's "Say Yes" Mentality

*Hannah Bennett, Augusta University, USA;
Caitlyn Hauff, University of South Alabama, USA;
Sara Powell, California State University, Monterey Bay, USA*

3:45 PM - 5:00 PM

Wilshire

PAN-07: The Personal is Professional: A Panel Discussion with Jewish Sport and Performance Psychology (SPP) Professionals

*Shane Saenz, UC San Diego, Private Practice, USA;
Jamie Shapiro, University of Denver, USA;
Jesse Michel, Deloitte, USA;
Shir Wasserman, Miami University, USA*

3:45 PM - 5:00 PM

Celebrity 4

WKSP-05: "It Takes a Village": Advancing Safe, Healthy and Inclusive Sport

*Gretchen Kerr, University of Toronto, Canada;
Anthony Battaglia, York University, Canada;
Joseph Gurgis, Ontario Tech University, Canada;
Erin Willson, University of Toronto, Canada*

* This session has been approved for 1.25 CEUs in the area of Ethics to partially meet the recertification requirement for Certified Mental Performance Consultants (CMPC). You must sign in at the session in order to receive credit

3:45 PM - 5:00 PM

Celebrity 7

WKSP-06: My Client is Injured - Now What?: Using Experiential Identity Exploration and Other Interventions to Promote Sport Injury Related Growth (SIRG)

*Timothy White, White House Athletics, USA;
Rachel Shinnick, University of Massachusetts Boston, USA;
Alexander Bianco, Indiana State, USA;
María Cabané, Berklee College of Music, USA;
Francesca Principe, University of Toronto, Canada*

3:45 PM - 5:00 PM

Melrose 3-4

WKSP-07: In the Trenches: Applying Sport Psychology to Tactical Populations

*Valerie Alston, R2 Performance Center, USA;
Michelle Lloyd, Magellan Federal, USA;
Fallon Berry, Magellan Federal, USA*

4:30 PM - 5:15 PM

London Club

New Member Meet and Greet

New AASP members and first-time attendees are welcome to attend.

5:30 PM - 7:00 PM

Celebrity 1-3

Opening Keynote Session**Welcome**

Elizabeth Shoenfelt, Western Kentucky University, USA

Conference Overview

Robert Harmison, James Madison University, USA

Awards and Recognition**Dorothy V. Harris Memorial Award**

Tsz Lun (Alan) Chu, University of North Carolina at Greensboro, USA

Distinguished Student Practice Award

Meghan Olt, University of Georgia, USA

Kate F. Hays Distinguished Mentor Award (AASP Foundation)

Leslee Fisher, University of Tennessee, USA

Early Career Applied Practitioner Award (AASP Foundation)

Aaron Goodson, Duke University, USA

Journal Awards**Journal of Applied Sport Psychology (JASP)****Best Reviewer**

Desmond McEwan, University of British Columbia, Canada

Best Paper

“We Cannot CBT Our Way Out of These Systems”:
Exploring How Sport Psychology Practitioners Engage in Cultural Praxis
Kochanek, Jill & Wright, Emily

Journal of Sport Psychology in Action (JSPA)**Best Reviewer**

Lori Gano-Overway, James Madison University, USA

Best Paper

Starting a Conversation about Vulnerability in Elite Sport
Häggglund, Karin; Wagstaff, Christopher; Kenttä, Göran; Thelwell, Richard

Case Studies in Sport and Exercise Psychology (CSSEP)**Best Reviewer**

Ale Quartiroli, University of Wisconsin-La Crosse, USA

Best Paper

“He’s Asked for You. . . .” One-to-One Support With an Elite Academy Soccer Player and Navigating Through the Unforeseen Roles of Sport Psychology Practitioners
Garner, Lauren; McEwan, Haley; Whitehead, Amy

Keynote Presentation**Bridging the Research-to-Practice Gap in Sport and Performance Psychology**

Mustafa Sarkar, Nottingham Trent University, UK

7:00 PM - 9:00 PM

London Club

Opening Reception**THURSDAY, OCTOBER 24**

7:00 AM - 8:00 AM

Mezzanine

CMPC Breakfast

Open only to current CMPCs.

8:15 AM - 9:30 AM

Celebrity 6

FEA-03: Burt Giges Workshop

Christine Selby, Springfield College, USA;
Jonathan Stewart, KBR, USA;
Ryan Whitlow, Houston Astros, USA;
Judy Van Raalte, Springfield College, USA (moderator)
Albert Petitpas, Springfield College, USA (moderator);
Erika Van Dyke, Springfield College, USA (organizer)

8:15 AM - 9:30 AM

Wilshire

LEC-04: Exercise Psychology**LEC-04A: Mobility & Mindfulness: Insights Into an Interdisciplinary Group Training Class**

Noah Sachs, Noah Sachs Performance, USA

LEC-04B: The Effects of Virtual Reality During a Rowing Task: Increasing Dissociative Attention Allocation and Lowering Perceived Exertion

Sarah Junkersfeld, Texas Christian University, USA;
Ashley Ray, Midway Independent School District, USA;
Ryan Graham, University of Southern California, USA;
Rebekah Gay, Texas Christian University, USA;
Robyn Trocchio, Texas Christian University, USA

LEC-04C: Today is Not My Day: Development of a Self-Handicapping Scale for Competitive Amateur Distance Runners

*Diana Curtis, Rockhurst University, USA;
Jasmin Hutchinson, Springfield College, USA;
Elizabeth Mullin, Springfield College, USA;
Kathleen Mellano, Springfield College, USA*

LEC-04D: Developing a Psychological Skills Training Intervention to Promote Exercise Among High-Risk Women Veterans

Sarah Shue, Richard L. Roudebush VA Medical Center, USA

LEC-04E: Active and Efficacious? Exploring the Link Between Physical Activity Levels and Self-Efficacy for Activities of Daily Living in Individuals with Spinal Cord Injuries

Sarah Lindsay, Fresno State, USA; Jenelle Gilbert, California State University, Fresno, USA; Brittany Clason, California State University, Fresno, USA; Wade Gilbert, California State University, Fresno, USA; Justine McAlpine, California State University, Fresno, USA

8:15 AM - 9:30 AM

Melrose 3-4

PAN-08: Pipeline Construction: Considerations and Lessons Learned from Building Training Programs in Collegiate Athletic Departments

Aaron Goodson, Duke University, USA; Shawn Zeplin, Duke University, USA; Stephanie Gdovin, Duke University, USA; Joanna Foss, Auburn University, USA; Michael Urban, Clemson University, USA

8:15 AM - 9:30 AM

Celebrity 5

SYM-03: Demystifying Self-Compassion: Data-Driven Approaches for Conceptualization and Integration Into Mental Performance Consulting

*Tsz Lun (Alan) Chu, University of North Carolina at Greensboro, USA;
Danae Frentz, Frentz Mental Performance, Canada;
Ashley Kuchar, Fail Better Training LLC, USA*

8:15 AM - 9:30 AM

Celebrity 7

WKSP-08: Fostering Trauma-informed Sport Environments: Examining the Role of Power and Control

Majidullah Shaikh, The University of British Columbia - Okanagan, Canada; Aaron Seligson-Goldman, PLAYfree, USA; John McCarthy, Boston University, USA; Val Altieri, Jr., USA; Sierra Cordova, California State University, Los Angeles, USA; Bob Diehl, Private Practice, USA; Tanya Forneris, UBC Okanagan, Canada

8:15 AM - 9:30 AM

Celebrity 8

WKSP-09: Even More Flexible Psychological Flexibility: An Advanced ACT Workshop

Eddie O'Connor, Dr. Eddie O'Connor, PLLC, USA

Mid-Late Career Track

9:00 AM - 7:00 PM

Mezzanine

Poster Viewing

9:45 AM - 11:00 AM

Celebrity 1-3

Keynote Session

Awards and Recognition

Distinguished Scientist-Practitioner Award
John Heil, Psychological Health Roanoke, USA

Distinguished International Scientist-Practitioner Award
Stiliani "Ani" Chroni, Inland Norway University of Applied Science, Norway

Outgoing Executive Board Recognition
*Shannon Baird, KBR/1st Special Forces Group, USA
Stephany Coakley, Temple University, USA
Ashwin Patel, Humber College, Canada
Emily Murphy, University of Kentucky, USA*

Outgoing Certification Council Recognition
Sharleen Hoar, Canadian Sport Institute-Pacific, Canada

Special Certification Council Recognition
*Jonathan Metzler, Magellan Federal, USA, Chair
Leilani Madrigal, Long Beach State University, USA, Vice Chair*

Keynote Presentation

How Diverse Is Diversity? Difference as Cultural Praxis

*Tatiana Ryba, University of Jyväskylä, Finland
R. Kweku Akyirefi Amoasi (Ramel Smith), USOPC, USA*

11:30 AM - 12:30 PM

Wilshire

LEC-05: Research & Assessment

LEC-05A: Sources of Threat During Public Speaking: The Development and Validation of the Public Speaking Threats Questionnaire (PSTQ)

Alexander McWilliam, Bangor University, UK

LEC-05B: Methodology to Identify and Track the Effects of Stressors on Cognitive Performance

Katelyn Fry-Hilderbrand, Southwest Research Institute, USA;

Koen Flores, Southwest Research Institute, USA

LEC-05C: How Are We Assessing Anger in Sports? STAXI-2 Versus the Profile of Mood States

Michelle Bartlett, West Texas A & M University, USA;

Mitch Abrams, Learned Excellence for Athletes, USA;

Gene Farren, West Texas A&M University, USA

LEC-05D: Patient-Reported Outcome Measures (PROMs): Using a Classical Test Theory Framework for Selection, Evaluation, and Application in Research, Clinical, and Applied Practice Settings

Madeline Casanova, University of Idaho, USA;

Alexandra Dluzniewski, University of Idaho, USA;

Russell Baker, University of Idaho, USA

11:30 AM - 12:30 PM

Celebrity 4

PAN-09: Working with High-Performance Minded Coaches: Lessons Learned from the Field

Brian Alexander, UC San Diego, USA;

Peter Haberl, USA;

Andrea Becker, California State University, Sacramento, USA;

Lenny Wiersma, University of California, Berkeley, USA

11:30 AM - 12:30 PM

Celebrity 6

SYM-04: Being Seen: Curating Culturally Responsive Spaces for Black Women in Sport & Exercise

Leeja Carter, Coalition for Food and Health Equity, USA;

Keri Kirk, Georgetown University School of Medicine, USA;

Brittany Collins, University of Louisville Athletics/

Developing Me! Counseling & Consulting, LLC, USA;

Kensa Gunter, Gunter Psychological Services, LLC, USA

Mid-Late Career Track

11:30 AM - 12:30 PM

Celebrity 7

WKSP-10: Development and Implementation of the Learning-Centered Syllabus for Sport Psychology Courses: Creating Courses that You Love to Teach and Students Love to Take

Ashley Samson, University of Kentucky, USA

11:30 AM - 12:30 PM

Celebrity 8

WKSP-11: Rolling the Dice: Winning Strategies for Brief Interventions in Sport Psychology

Duncan Simpson, IMG Academy, USA;

Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA;

Greg Young, St Louis City SC, USA

11:30 AM - 12:30 PM

Melrose 3-4

WKSP-12: From Body to Brain: Integrating Polyvagal Theory into the Mental Performance Landscape

Laura Farres, Mind in Motion Consulting, Canada;

Shelbi Snodgrass, Canada

12:30 PM - 2:00 PM

Melrose 1-2

Past Presidents Council Meeting & Lunch

12:40 PM - 1:25 PM & 1:30 PM - 2:15 PM

Special Interest Group (SIG) Meetings

See page 15 for a complete list of meetings and room locations. SIG meetings are open to all attendees.

12:45 PM - 1:45 PM

Celebrity 5

Graduate Program Director Meeting

This annual in-person meeting is intended for Graduate Program Directors to hear updates from the Graduate Program Directors Committee (GPDC), participate in discussions about current AASP initiatives impacting graduate programs (e.g., Graduate Program Accreditation, CMPC Mentorship, etc.), and bring issues to the floor for consideration in the coming year.

2:30 PM - 3:45 PM

Celebrity 5

FEA-05: Effective Training of Mental Performance Consultants in the Virtual Space using a Standardized Client Protocol, sponsored by University of Western States

2:30 PM - 3:45 PM

Celebrity 7

FEA-06: Five Slides in Five Minutes: Exploring the Complexities of Eating Disorder Risk among Special Populations (presented by the Eating Disorder SIG)

Jenny Conviser, IL Sport & Performance Inst & Northwestern Univ, USA;
Mitchell DeSimone, US Military Academy at West Point & Northeast Human Performance, USA;
Michelle Gregovic, Yoga Instructor ERYT-500 & iRest Meditation Practitioner, USA;
Caitlyn Hauff, Univ of South Alabama, USA;
Amanda Karas, Hofstra Univ, USA;
Cindy Miller Aron, Ascend Consultation in Health Care & Samaritan Health Services, USA;
Hayley Perelman, Private Practice Owner, Hayley Perelman Ph.D. & Northeastern Univ Athletics, USA

2:30 PM - 3:45 PM

Wilshire

FEA-07: Sponsor Session: Magellan

2:30 PM - 3:45 PM

Celebrity 6

LEC06: Elite/Pro Sport

LEC-06A: Golf Pre- and Post-Shot Routines: Implementing a Three-Step Framework

Noah Sachs, Noah Sachs Performance, USA

LEC-06B: Exploring Professional Female Ice Hockey Players' Perceptions of Being Dual Career Athletes

Christiana R. Colizza, McGill University, Canada;
Gordon A. Bloom, McGill University, Canada;
Todd M. Loughead, University of Windsor, Canada

LEC-06C: Football Stories and Coaching Futures: Two Black Former NFL Players Personalized Goals

Jason Jones, Winston-Salem State University, USA;
Scott Brooks, Arizona State University, USA;
Cedric Spain, Morehouse College, USA

LEC-06D: Disrupting the Norm: Investigating the Use of Planned Disruptions among Elite Olympic Weightlifting Coaches

Kelsey Kinnamon, Florida State University, USA;
William Bean, Florida State University, USA

2:30 PM - 3:45 PM

Melrose 3-4

PAN-10: Next Steps for Positive Youth Development Programming: Addressing Social Vulnerability

Majidullah Shaikh, The University of British Columbia - Okanagan, Canada;
Tanya Forneris, UBC Okanagan, Canada;
Meredith Whitley, Adelphi University, USA;
Tarkington Newman, University of Kentucky, USA

2:30 PM - 3:45 PM

Celebrity 4

WKSP-13: Movement Towards LGBTQIA+ Belonging in Sport

Aidan Kraus, Boston University, USA;
John McCarthy, Boston University, USA;
Val Altieri, Jr., USA;
Cody Sanders, The University of Virginia's College at Wise, USA;
David Walsh, San Francisco State University, USA

* This session has been approved for 1.25 CEUs in the area of Diversity to partially meet the recertification requirement for Certified Mental Performance Consultants (CMPC). You must sign in at the session in order to receive credit

2:30 PM - 3:45 PM

Celebrity 8

WKSP-14: Three Activities, Nine Debriefs: Effectively Designing Activity Debriefs to Meet a Variety of Mental Skills Needs

Lindsey Hamilton, IMG Academy, USA;
Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA;
Kerry Guest, Indiana University, USA;
Cassidy Barclay, Southern Illinois University Edwardsville, USA

4:00 PM - 5:30 PM

Celebrity 1-3

Graduate Program & Career Fair

5:00 PM - 6:00 PM

Melrose 1-2

International Jamboree

5:30 PM - 7:00 PM

Mezzanine

Poster Session I

6:00 PM - 7:30 PM

Celebrity 7

Fellows Meeting

6:00 PM - 9:00 PM

Celebrity 8

CE Workshop - Narrative as a Diversity Tool to Explore Intersectional Identities and Empower our Athletes*Rebecca Busanich, St. Catherine University, USA*

Additional Fee; pre-registration required
3.0 CEUs in the area of Diversity

6:00 PM - 9:00 PM

Melrose 3-4

CE Workshop - Playing by the Rules: Utilizing the Mindful Action Plan as an Ethics Guide in Sport Psychology*DJ Moran, Touro University/Pickslyde Consulting, USA*

Additional Fee; pre-registration required
3.0 CEUs in the area of Professional Ethics

6:00 PM - 9:00 PM

Wilshire

CE Workshop - What's Next: Supporting the Within Sport Transitions from Athlete to Coach

Kristen Dieffenbach, Center for Applied Coaching and Sport Sciences at West Virginia University, USA & Stilian 'Ani' Chroni, Inland Norway University of Applied Sciences, Norway

Additional Fee; pre-registration required
3.0 General CEUs

6:30 PM - 8:00 PM

London Club

Student Social**FRIDAY, OCTOBER 25**

7:00 AM - 8:00 AM

Committee Meetings

See page 15 for a complete list of meetings and room assignments.

7:00 AM - 8:00 AM

Celebrity 7

Networking Opportunity, sponsored by the Business Ownership SIG

All are welcome.

8:15 AM - 9:30 AM

Celebrity 5

FEA-08: CMPC Certification: Eligibility Requirements for New Candidates and Recertification Procedures for Current CMPCs*AASP Certification Council*

8:15 AM - 9:30 AM

Celebrity 7

FEA-09: Five Slides in Five Minutes: When the Healer Needs Healing: Seeking Support & Balance (presented by the Business Ownership SIG)

Stephanie Cameron, Pivot Sport Psychology Consulting, LLC | Southern IL University Edwardsville, USA;

Abby Keenan, Intrepid Performance Consulting, LLC, USA;

Carla Carter, The Cognitive Clinic, USA;

Justin Foster, The Excelling Edge LLC, USA;

Lauren Tashman, Align Performance LLC /

Valor Performance Inc., USA;

Carrie Jackson, Carrie Jackson Coaching, LLC, USA

8:15 AM - 9:30 AM

Melrose 3-4

LEC-07: Novel/Unique Approaches**LEC-07A: The Improv Self-Efficacy and Skills Programme (ISESP): A Novel Treatment to Reduce Public Speaking Anxiety***Alexander McWilliam, Bangor University, UK***LEC-07B: Educational Self-Talk Intervention in Game-Board Format: Implications for Participant Enjoyment and Transference of Control***Alexander Latinjak, University of Suffolk, UK;**Vassilis Mathas, University of Thessaly, Greece***LEC-07C: A Technology-assisted MSPE Intervention with Women's Collegiate Volleyball**

Jackson Whitlow, California State University, Chico, USA;

*Aubrey Newland, CSU Chico, USA***LEC-07D: Virtual Reality for Mental Preparedness in Athletes: Harnessing Immersive Technology for Peak Performance***Jordan Schools, LeTourneau University, USA***LEC-07E: The Impact of Biosound® Technology on Mental Recovery in Student-Athletes and Reserve Officers' Training Corps (ROTC)***Kayla Myers, Ball State University, USA;**Jean-Charles Lebeau, Ball State University, USA;**Lindsey Blom, Ball State University, USA*

8:15 AM - 9:30 AM

Wilshire

LEC-08: Injury & Transitions

LEC-08A: Should Sport Psychology Professionals Care About Hidden Disabilities and Conditions?

Christopher Stanley, University of Western States, USA

LEC-08B: An Examination of the Mental Health Symptoms of Former Adolescent Athletes Who Experienced Either Forced or Expected Athletic Retirement

*Lindsay Ahmann, Ski & Snowboard Club Vail, USA;
Jessyca Arthur-Cameselle, Arthur-Cameselle
Psychology and Consulting; Western Washington
University, USA;*

*Linda Keeler, Western Washington University, USA;
Hillary Robey, Western Washington University, USA*

LEC-08C: Athletes' Transition to Life After Sports (ATLAS): A Pilot Study

*Jordyn King, Northern Illinois University, USA; Shaine
Henert, Northern Illinois University, USA*

LEC-08D: US Division 1 College Athletes' Views on Primary and Secondary Support During Injury Rehabilitation

*Lindsey Leatherman, West Virginia University, USA;
Sam Zizzi, West Virginia University, USA*

LEC-08E: Mental Training Intervention for Athletes with Exercise-Induced Laryngeal Obstruction (EILO) aka Vocal Cord Dysfunction (VCD): A Team Approach

Erika Westhoff, EW Performance, USA

8:15 AM - 9:30 AM

Celebrity 6

PAN-11: Professional Children: A Panel on Navigating Elite Youth Athletics as a Mental Performance Consultant

*Robert Looney, Boston University, USA;
Roger Parrino Jr, University of Denver, Graduate
School of Professional Psychology, USA;
Emma Whall, Riser+Tread, USA;
JJ Tarango, Boston University, USA*

8:15 AM - 9:30 AM

Celebrity 4

SYM-05: Developmental Considerations in Female Health, Well-being and Performance

*Shameema Yousuf, University of South Carolina /
Empower2Perform, US/UK/Zimbabwe;
Leslee Fisher, University of Tennessee, USA;
Kensa Gunter, Gunter Psychological Services, LLC, USA;
Amanda Perkins-Ball, Rice University, USA;
Kylee Schools, LeTourneau University, USA*

Mid-Late Career Track

8:15 AM - 9:30 AM

Celebrity 8

WKSP-15: It's Okay to Say the "Y" Word: Developing an Evidence-Based Approach to Working with the Yips

*Jesse Michel, Deloitte, USA;
Megan Byrd, Georgia Southern University, USA;
Brandonn Harris, Georgia Southern University, USA;
Katy Johnson, Indiana University, USA*

9:00 AM - 7:00 PM

Mezzanine

Poster Viewing

9:45 AM - 11:00 AM

Celebrity 1-3

Keynote Session

Awards and Recognition

Distinguished Applied Practitioner Award (AASP Foundation)

Jim Taylor, Private Practice, USA

Distinguished Public Communication, Awareness, and Outreach Award

*AASP and Answered Podcast (Megan Byrd,
Georgia Southern University, USA; Eric Martin,
Boise State University, USA; Katy Johnson,
Indiana University, USA; and colleagues)*

Inclusion, Diversity, and Excellence in Advocacy and Social Justice Student Award

*Rachel Shinnick, University of Massachusetts
Boston, USA*

Student Diversity Conference Travel Grants

*Keith Colder, Tri-City Mental Health Services, USA
Sam Dardaman, University of North Texas, USA
Carlos Dequidt, Willamette University, USA
Gabrielle Lusk, University of North Texas, USA
Tea Medley, North Carolina Central University, USA
Jasmine Newsome, University of Georgia, USA
Lauren Pierre, California State University,
Long Beach, USA
Mikaili Robertson, University of North Texas, USA
Sydney Washington, California State University,
Long Beach, USA*

Conference Student Abstract Awards

*Morayo Abbey-Bada, Duke University, USA
Linnea Bacon, University of Nevada, Las Vegas, USA
Claire Bailey, University of Kentucky, USA
Sara Beacham, California State University Chico, USA
Gabriel Delage, Université de Sherbrooke, Canada
Kelsey Kinnamon, Florida State University, USA
Alexander McWilliam, Bangor University, UK
Rebecca Steins, Saint Louis University, USA
Danielle Teare, University of North Carolina
Greensboro, USA
Myles Ward, Tarleton State University*

Ken Ravizza Student Conference Travel Award*Simon Wright, University of North Texas, USA***Young Researcher Award***Macey Arnold, University of North Texas, USA***Performance Excellence Interview***Forrest Griffin, UFC Hall of Famer & Vice President,
Athlete Development, USA
Moderated by: Robert Owens, Resolute Performance,
USA***Presentation of the Ken Ravizza Performance
Excellence Award**

11:30 AM - 12:30 PM

Melrose 3-4

**FEA-10: Five Slides in Five Minutes: Sport
Psychology as the Random Variable. The Why,
What, How and When of Sport Psychology at
the 2024 Paris Olympic Games (presented by
the International Olympic Sport Psychology
Providers SIG)***Peter Haberl, Peter Haberl, LLC, USA;
Göran Kenttä, The Swedish School of Sport and Health
Science, Sweden;
Anne Marte Pensgaard, Norwegian School of Sport
Sciences & NOC, Norway;
Jimena Gonzalez Menendez, CONADE, Mexico;
Kristen Cooper, USG, USA;
Andrea Becker, California State University, Sacramento,
USA*

11:30 AM - 12:30 PM

Wilshire

LEC-09: Youth Sport 2**LEC-09A: Development of a Youth Athlete
Applied Assessment Tool: The Domains of
Performance Functioning***Miles Cassidy-Rice, AECC University College, UK;
Matthew Condie, University of Western States, USA***LEC-09B: Before the Bell Rings: A Call to
Increase Access to Before-School Free Sport
Programming for ALL Children***Laura Hayden, University of Massachusetts
Boston, USA;
Rachel Shinnick, University of Massachusetts
Boston, USA;
Sophia Pellegrom, University of Massachusetts
Boston, USA;
Berson Eliancy, Boston University, USA;
Joseph Cooper, University of Massachusetts
Boston, USA;
Chris Denning, University of Massachusetts
Boston, USA***LEC-09C: Reliability and Validity Evidence
for The Youth Interpersonal Behaviors
Questionnaire in Sport (Y-IBQ)***Meredith Wekesser, University of Illinois at Chicago, USA;
Karl Erickson, York University, Canada;
Jody Langdon, Georgia Southern University, USA;
Kimberly Kelly, Michigan State University, USA;
Andre Bateman, University of the West Indies,
Mona, Jamaica;
Nicholas Myers, Michigan State University, USA***LEC-09D: Mentors' Cultural Identities and Their
Perspectives on Participating in a Positive Youth
Development Program***Randi Gray, University of Kansas, USA;
Mary Fry, University of Kansas, USA;
Erin Murray, University of Kansas, USA*

11:30 AM - 12:30 PM

Celebrity 4

**PAN-12: "Unlocking Excellence": The Quest for
Exceptional Talent in Mental Performance within
Professional Baseball And A High Performance
Academy"***Sean Swallen, Cleveland Guardians, USA;
Brian Miles, Cleveland Guardians, USA;
Cecilia Craft, Phillies, USA;
Lindsey Hamilton, IMG Academy, USA;
Lindsay Shaw, Cleveland Guardians, USA*

11:30 AM - 12:30 PM

Celebrity 6

**PAN-13: What's Your 1%? Integrated and
Workshop Specialists' Experiences
Doing Mental Performance Work in
Tactical Populations***Katy Tran Turner, USA;
Stephanie Zavilla, Winter Park Competition Center, USA;
Lindsey Deppen, O2X Human Performance, USA;
Kelli Kehoe, O2X Human Performance, USA*

11:30 AM - 12:30 PM

Celebrity 7

**PAN-14: Performing Social Justice in
Applied Sport Psychology: Challenges and
Considerations***Matthew Bejar, San Jose State University, USA;
Terilyn Shigeno, Adler University, USA;
Leslie Larsen, California State University, Sacramento,
USA;
Saemi Lee, California State University, Los Angeles,
USA*

11:30 AM - 12:30 PM

Celebrity 5

WKSP-16: Fewer Missing Pieces: A Person Centered Approach to Psychological Testing with Elite Athletes

Deyanira Enriquez, Flatiron Mental Performance, USA;
Abigail Akpobiyeri, Athletic Intelligence Measures, LLC, USA;

Maria D'Ugo, Indiana University Bloomington, USA;

Jeff Ruser, University of Notre Dame, USA;

Shawn Saylor, Springfield College, USA;

Austin Rafetto, Athletic Intelligence Measures / PGA of America, USA;

Andrew Manocchio, Athletic Intelligence Measures, LLC, USA;

Jim Bowman, Athletic Intelligence Measures, LLC, USA

11:30 AM - 12:30 PM

Celebrity 8

WKSP-17: From Slots to Bots: Leveraging Artificial Intelligence in Sport Psychology Teaching, Research, and Consulting

Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA;

Andrew Friesen, Pennsylvania State University, USA;

Duncan Simpson, IMG Academy, USA

12:30 PM - 1:30 PM

Melrose 1-2

Meet the Professionals Luncheon

Ticket required; event sold out. If you are signed up, information is printed on the back of your nametag.

12:30 PM - 1:30 PM

Committee Meetings

See page 15 for a complete list of meetings and room assignments.

1:45 PM - 2:45 PM

Celebrity 6

FEA-11: Student Panel - The Winning Hand: Sport & Performance Psychology Career Pathways for Master's Degrees

Christian Smith, IMG, USA;

Andrea Fuchs, Detroit Tigers, USA;

Shameema Yousuf, University of South Carolina / Empower2Perform, US/UK/Zimbabwe;

Brett Sandwick, 1st Special Forces Group/ Elite Mentality, USA;

Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA

1:45 PM - 2:45 PM

Celebrity 7

LEC-10: Non-Sport Populations

LEC-10A: Public Speaking Anxiety - A Systematic Review and Meta-Analysis

Alexander McWilliam, Bangor University, UK

LEC-10B: Everything Matters – From the PAST, Through PRESENT, to the FUTURE. Balanced Time Perspective (BTP) as a Robust Framework for Sport Psychology and Performance Enhancement Interventions

Tomasz Kurach, University of Warsaw, Foundation of Positive Sport, Poland;

Maciej Stolarski, University of Warsaw, Poland

LEC-10C: Playing On: Exploring the Mental Stressors, Responses, and Coping Strategies of Elite Pianists

Alena Miskinis, Ball State University, USA

LEC-10D: The Perceptions of Mental Performance Consultants by Vocational Ballet Dancers: A Cross-Cultural Comparison Study

So Hui Lee, University of Edinburgh, UK;

Seong Kwan Cho, Texas A&M International University, USA;

Hun-Hyuk Choi, Kangwon National University, Republic of Korea;

Yong-jin Yoon, Yonsei University Republic of Korea

1:45 PM - 2:45 PM

Melrose 3-4

LEC-11: Well Being

LEC-11A: “Feeling Better Together”: Development and Evaluation of an Intervention to Improve Well-Being in Para-Athletes Using the Social Identity Approach

Stefanie Haberstock, German Sport University Cologne, Germany;

Christian Zepp, German Sport University Cologne, Germany

LEC-11B: Putting Psychological Well-Being Center Stage: A Qualitative Examination of Performance Leaders and Managers within Sport Organizations

Richard Simpson, Leeds Beckett University, UK;

Faye Didymus, Leeds Beckett University, UK;

Toni Williams, Durham University, UK

LEC-11C: What Does Well-being Mean to Coaches, and How Do We Foster It?

Faye Didymus, Leeds Beckett University, UK;

Alexandra Potts, Leeds Beckett University, UK

LEC-11D: The Influence of Psychosocial Strategies on NCAA Athletic Trainers' Stress, Well-being, and Performance

Alexander Bianco, Indiana State, USA;
 Rebecca Zakrajsek, University of Tennessee, USA;
 Johannes Raabe, Raabe Performance Consulting LLC, USA;
 Sharon Couch, Pellissippi State Community College, USA;
 Leslee Fisher, University of Tennessee, USA

1:45 PM - 2:45 PM Celebrity 4

PAN-15: Integrating Self-Care into Sport Psychology Mentorship and Supervision: Diverse Approaches, Strategies, and Insights

Alessandro Quartiroli, University of Wisconsin - La Crosse (USA)/University of Portsmouth (UK);
 Tsz Lun (Alan) Chu, University of North Carolina at Greensboro, USA;
 Jana Fogaca, Long Beach State University, USA

* This session has been approved for 1.0 CEU in the area of Mentorship/Supervision to partially meet the recertification requirement for Certified Mental Performance Consultants (CMPC). You must sign in at the session in order to receive credit

1:45 PM - 2:45 PM Celebrity 5

PAN-16: Guidelines for Return to Sport Post Eating Disorder Care

Amanda Karas, Elevate Maintain Evolve, USA;
 Cindy Aron, Ascend Consultation in Health Care, LLC, USA;
 Michelle Gregovic, self, USA;
 Jenny Conviser, Ascend Consultation in Health Care / Illinois Sport & Performance Institute, USA

1:45 PM - 2:45 PM Wilshire

SYM-06: Maximizing the Hedonic Experience in Exercise and Sport: A Key Consideration for Lifetime Participation

Bonnie Berger, Bowling Green State University, USA;
 Frances Price, Independent Practice, USA;
 Mary MacCracken, The University of Akron, USA;
 Bruce Cohen, Excusercise, LLC, USA;
 Michael Sachs, Temple University, USA

1:45 PM - 2:45 PM Celebrity 8

WKSP-18: Bridging Research and Practice: How to Make Evidence-Informed Decisions in Applied Sport Psychology

Marie Winter, University Campus of Football Business, UK;
 Ian Maynard, University of Essex, UK;
 Paul Freeman, University of Essex, UK;
 Murray Griffin, University of Essex, UK;
 Andrew Soundy, University of Birmingham, UK

3:00 PM - 4:00 PM Celebrity 1-3

Coleman Griffith Lecture

Integration of the Science and Practice of Sport Mental Performance: Revisiting, Rethinking, and Reimagining
 Graig Chow, University of California, Berkeley, USA

Presidential Address

We Are AASP
 Brandon Harris, Georgia Southern University, USA

4:15 PM - 5:15 PM Celebrity 1-3

Business Meeting

5:30 PM - 7:00 PM Mezzanine

Poster Session II

7:00 PM - 8:00 PM Wilshire

Black Students & Professionals Meetup

SATURDAY, OCTOBER 26

8:15 AM - 9:30 AM Celebrity 5

FEA-12: Five Slides in Five Minutes: Ethical Media Interactions

(presented by the Media in Sport SIG)
 Michele Kerulis, Northwestern University, USA;
 Harold Shinitzky, Private Practice, USA;
 Susan Eddington, IMAGES-IMAGES, Inc., USA;
 Joan Steidinger, Steidinger Performance Psychology, USA;
 John Coumbe-Lilley, University of Illinois at Chicago, USA;
 Dan Wilsea, The Family Institute at Northwestern University, USA

8:15 AM - 9:30 AM

Celebrity 7

LEC-12: Mental Health 2

LEC-12A: Caring for the WHOLE Athlete: A Culturally Responsive and Collaborative Approach to Mental Health Within DIII Athletics

Rachel Shinnick, University of Massachusetts Boston, USA;
Laura Hayden, University of Massachusetts Boston, USA

LEC-12B: An Investigation of Body Image and Eating Behaviors in Former NCAA Heptathletes

Claire Bailey, University of Kentucky, USA;
Marc Cormier, University of Kentucky, USA;
Ashley Samson, University of Kentucky, USA;
Christy Greenleaf, University of Wisconsin-Milwaukee, USA

LEC-12C: Coaching the Coaches: Improving Communication Between Collegiate Coaches and Athletes at Risk for the Development of Eating Psychopathology

Jessica Silverman, UConn Health, USA

LEC-12D: Team Culture's Impact on Body Image Dissatisfaction in STUNT Athletes

Claire Bailey, University of Kentucky, USA;
Morgan Findley, University of Kentucky, USA;
Marc Cormier, University of Kentucky, USA

LEC-12E: Ability of Mid-Major Level Universities to Serve Diverse Needs of Student-Athletes when Implementing the NCAA Mental Health Best Practices

Grace Louis, Northern Illinois University, USA;
Shaine Henert, Northern Illinois University, USA

8:15 AM - 9:30 AM

Celebrity 6

PAN-17: Keeping It All In The Family? Exploring the Influence of Social Network Preference Within the Field of Applied Sport Psychology

Dan Abroms, Arete Performance, USA;
Brian Hite, Begin Again Performance Psychology, USA;
Sarah Forsythe, Redefine Performance, USA;
Victoria Bradshaw, California Polytechnic State University, USA

8:15 AM - 9:30 AM

Celebrity 8

PAN-18: The High Stakes of Injury: Multiple Perspectives on Teaching the Psychology of Injury

Alexander Bianco, Indiana State, USA;
Amber Shepherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA;
Erika Van Dyke, Springfield College, USA;
Stefanee Maurice, California Polytechnic State University, USA

8:15 AM - 9:30 AM

Celebrity 4

WKSP-19: Diversifying Your Professional Network Through Cultural Competence: Where Are You, Really? And How Do You Move Forward?

Lauren Tashman, Align Performance LLC / Valor Performance Inc., USA;
Sebastian Brueckner, Private Practice, Germany;
Andrew Friesen, Pennsylvania State University, USA

8:15 AM - 9:30 AM

Wilshire

WKSP-20: A Gentle Introduction to R for the Data Scientist in All of Us

Aaron Baggett, University of Mary Hardin-Baylor, USA

9:15 AM - 9:45 AM

Melrose 1-2

New Member Brunch & Go

For new members and first-time attendees.

9:45 AM - 11:00 AM

Celebrity 1-3

Keynote Session

Awards and Recognition

Masters Thesis Award

Katy Johnson, Indiana University, USA

Doctoral Dissertation Award

Meredith Wekesser, University of Illinois Chicago, USA

Teaching Excellence Award (AASP Foundation)

Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA

Outgoing President Recognition

Elizabeth Shoenfelt, Western Kentucky University, USA

Recognition of Conference Planning Committee

Keynote Presentation

Game Changing: Applying Performance Psychology in Corporate Settings

Robert Castillo, Castle Corp Consulting/SAIC, USA;
Adam Naylor, Deloitte, USA;
Angela Winter, HigherEchelon, USA
Moderated by: Chelsea Wooding, University of Wisconsin-Green Bay, USA

11:30 AM - 12:30 PM

Celebrity 5

LEC-13: Developmental Innovations**LEC-13A: Developing Teamwork Skills in an Underserved Community Through a Youth Soccer Workshop**

Kaylie Kappelmann, Ball State University, USA;
 Charlotte Mohn, Ball State University, USA;
 Kayla Myers, Ball State University, USA;
 Olivia Huffman, Ball State University, USA;
 Jean-Charles Lebeau, Ball State University, USA;
 Lindsey Blom, Ball State University, USA

LEC-13B: Meta-coaching: Shifting the Sport Psychology Professionals' Paradigm to Facilitate Force Multiplication

Fernando Lopez, TechWerks LLC; WRAIR, CMPN, RTO, USA;
 Kourtney Sappenfield, TechWerks LLC, USA;
 Michelle Kirk, TechWerks LLC; WRAR, CMPN, RTO, USA;
 Amanda Adrian, TechWerks LLC; WRAIR, CMPN, RTO, USA;
 John Eric Novosel-Lingat, WRAIR, CMPN, RTO, USA;
 Susannah Knust, WRAIR, CMPN, RTO, USA

LEC-13C: To Innovate, Promote, and Grow the Game of Tennis: A USTA Sponsored Research Study Focused on Young Adult Players

Amanda Visek, The George Washington University, USA;
 Sebastian Vile, The George Washington University, USA;
 Elizabeth Feinstone, The George Washington University, USA;
 Julia Lauk, The George Washington University, USA;
 Brooke Maxwell, The George Washington University, USA;
 Andrew Stranieri, The George Washington University, USA;
 Yichen Jin, The George Washington University, USA

LEC-13D: The Rise of Black Feminist Applied Sport and Exercise Psychology: Moving the Field Forward

Sharon Couch, Pellissippi State Community College, USA

11:30 AM - 12:30 PM

Celebrity 7

LEC-14: Professional Development**LEC-14A: AASP & Answered: Past Presidents' Advice for Students and Early Career Professionals**

Katy Johnson, Indiana University, USA;
 Megan Byrd, Georgia Southern University, USA;
 Brandon Harris, Georgia Southern University, USA;
 Eric Martin, Boise State University, USA;
 Chelsea Wooding, University of Wisconsin-Green Bay, USA

LEC-14B: The #PsychMapping Exercise for Guided Self-Reflection: Benefits for Clients and Practitioners

Alexander Latinjak, University of Suffolk, UK

LEC-14C: Self-Care as Foundational Element of Practitioners' Journey: The Impact of an Applied Workshop on CMPCs

Alessandro Quartiroli, University of Wisconsin - La Crosse (USA)/University of Portsmouth (UK);
 Daniel Martin, Newcastle University

LEC-14D: Simulation-Based Learning: Innovative Training Experiences for Professionals in SPP

Samantha Monda, Robert Morris University, USA

11:30 AM - 12:30 PM

Celebrity 8

PAN-19: Beyond Traditional Settings: Role of Sport Psychology Practitioners in Academic Medical Centers

Chelsey Bowman, Children's National Hospital, USA;
 Craig Cypher, University of Rochester Medical Center, USA;
 John Coumbe-Lilley, University of Illinois at Chicago, USA;
 Jenny Conviser, Ascend Consultation in Health Care / Illinois Sport & Performance Institute, USA

11:30 AM - 12:30 PM

Celebrity 6

SYM-07: The Full House Approach: Integrating Mental Assessments into Applied Sport Psychology Settings

Duncan Simpson, IMG Academy, USA;
 Phillip Post, New Mexico State University, USA;
 Christian Smith, IMG Academy, USA;
 Lindsey Hamilton, IMG Academy, USA

Mid-Late Career Track

11:30 AM - 12:30 PM

Celebrity 4

WKSP-21: AI, Imagery, & Emotions: How Consultants Can Leverage Artificial Intelligence to Enhance Clients' Imagery Skills & Emotion Regulation

Megan Buning, Florida State University, USA;
Justin Stoll, NC State University, USA

11:30 AM - 12:30 PM

Melrose 3-4

WKSP-22: Setting up for Success: An Aspiring or Early Career Professional's Guide to Developing Inclusive Teaching Practices

Frances Dallas, Bering Global Solutions, USA;
Hannah Bennett, Augusta University, USA;
Tsz Lun (Alan) Chu, University of North Carolina at Greensboro, USA;
AJ Fallon-Korb, SUNY Cortland, USA;
Stefanee Maurice, California Polytechnic State University, USA

11:30 AM - 12:30 PM

Wilshire

WKSP-23: Rediscovering the Lost Art of Sportsmanship

Dane Anderson, Refine Performance Psychology, USA

1:45 PM - 2:45 PM

Celebrity 7

PAN-20: Demystifying the Rehabilitation Specialist Perspective of Psychologically Informed Practice: Discussion of Barriers, Benefits, and Opportunities for Collaboration to Improve Care of Injured Athletes

Shelby Baez, University of North Carolina at Chapel Hill, USA;
Francesca Genoese, University of Wyoming, USA;
Caitlin Brinkman, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

1:45 PM - 2:45 PM

Melrose 3-4

PAN-21: Doing Business as a Certified Mental Performance Consultant (CMPC) in the Second Half of the 2020s

John Coumbe-Lilley, University of Illinois at Chicago, USA;
Sarah Forsythe, Redefine Performance, USA;
Russ Flaten, Mindset4Change, LLC, USA;
Steve Shelton, USA

1:45 PM - 2:45 PM

Celebrity 6

SYM-08: What the Sport Mental Health Assessment Tool-1 (SMHAT-1) Has Taught Us

Karen Cogan, USOPC, USA;
Mike Clark, USOPC, USA;
R. Kweku Akyirefi Amoasi (Ramel Smith), USOPC, USA;
Sean McCann, USOPC, USA;
Lexi Swenson, USOPC, USA

1:45 PM - 2:45 PM

Celebrity 4

WKSP-24: Be Here Now: How Two Applied Mental Performance Coaches Conduct Sessions to Help Athletes Keep Their Mind in the Moment

Lindsey Hamilton, IMG Academy, USA;
Brian Miles, Cleveland Guardians, USA

Mid-Late Career Track

1:45 PM - 2:45 PM

Celebrity 5

WKSP-25: Team Flow: Effective Leadership in Facilitating Flow in Your Teams

Mitzi James Kincaid, California State University, Sacramento;
John F Kennedy University;
Azusa Pacific University;
Dominican University;
PerformanceGRIT, USA

1:45 PM - 2:45 PM

Celebrity 8

WKSP-26: Optimizing Firefighter Recovery: Utilizing the Firefighter-Adapted Assessment of Recovery Activities for Athletes in Research and Practice

Carly Wahl, Eastern Illinois University, USA;
Kyle Ebersole, National Strength and Conditioning Association, American College of Sports Medicine, National Athletic Trainers' Association, National Academy of Sports Medicine, USA;
Barbara Meyer, University of Wisconsin-Milwaukee, USA

1:45 PM - 2:45 PM

Wilshire

WKSP-27: Excusercise: Inexcusable Excuses for Not Exercising

Bruce Cohen, Excusercise LLC, USA;
Michael Sachs, Temple University, USA

3:00 PM - 4:15 PM

Celebrity 5

LEC-15: Collegiate Sport

LEC-15A: The Relationship between Professional Titles Used in Sport Psychology and NCAA Consumer's Perceptions of Sport Psychology Services.

Sabrina Madson, University of North Texas, USA;
Alexander Bianco, Indiana State, USA;
Robin Vealey, Miami University, USA;
Rebecca Zakrajsek, University of Tennessee, USA;
Scott Martin, University of North Texas, USA

LEC-15B: Sleep Education Interventions for Collegiate Athletes: Effects on Competitive State and Trait Anxiety in Student Athletes

Sara Beacham, California State University Chico, USA;
Aubrey Newland, CSU Chico, USA

LEC-15C: Self-compassion, Competitive Anxiety, and Gender Differences Among College Athletes

Brian Gonzalez, Long Beach State University, USA;
 Alison Ede, Long Beach State University, USA;
 Leilani Madrigal, Long Beach State University, USA;
 Jana Fogaca, Long Beach State University, USA

LEC-15D: Irish Athlete Transitions into the US Collegiate System

Francis Marsh, Ulster University, UK;
 Lee-Ann Sharp, Ulster University, UK;
 David Woods, Ulster University, UK;
 Kyle Paradis, Ulster University, UK;
 Scott Pierce, Illinois State University, USA

LEC-15E: Making the Mental Matter! Exploring the Importance of Promoting Mental Rest in Student-Athletes

Gabriela Caviedes, Florida State University, USA;
 Robert Eklund, Florida State University, USA;
 Yanyun Yang, Florida State University, USA;
 David Eccles, Florida State University, USA

3:00 PM - 4:15 PM

Wilshire

LEC-16: Coaching

LEC-16A: Olympic Coaching Excellence: A Qualitative Study of Psychosocial Aspects of Olympic Swimming Coaches

Gillian Cook, Liverpool John Moores University, UK;
 David Fletcher, Loughborough University, UK;
 Michael Peyrebrune, Loughborough University, UK

LEC-16B: What Contributes to Noticing? An Exploration of One Coach's Practice

Aubrey Newland, CSU Chico, USA;
 Lori Gano-Overway, James Madison University, USA

LEC-16C: Using the Perspectives of NCAA Coaches to Design Culturally Supportive Environments

Chelsea Davis, Ball State University, USA;
 Lindsey Blom, Ball State University, USA

LEC-16D: Fostering German Gymnastics National Team Coaches' Coaching Behaviors and Leadership Culture: An Intervention Study

Sebastian Brueckner, Private Practice, Germany;
 Maik Tietjens, Muenster University, Germany;
 Ralf Lanwehr, South Westphalia University of Applied Sciences, Germany

LEC-16E: Lessons Learned from the Development of a Coach Education Training on Mental Strategies for Athletic Performance

Kylee Ault-Baker, The Ohio State University, USA;
 Dawn Anderson-Butcher, The Ohio State University, USA;
 Samantha Bates, The Ohio State University, USA;
 Sydney Mack, The Ohio State University, USA

3:00 PM - 4:15 PM

Celebrity 4

PAN-22: A Winning Hand: Four Different Perspectives of Sport, Exercise, and Performance Psychology Academic Positions

Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA;
 Tsz Lun (Alan) Chu, University of North Carolina at Greensboro, USA;
 Chelsea Duncan, James Madison University, USA;
 Erika Van Dyke, Springfield College, USA

3:00 PM - 4:15 PM

Celebrity 6

PAN-23: Theming as a Tool to Develop and Sustain Season-Long Team Culture

Marc Cormier, University of Kentucky, USA;
 Wade Gilbert, California State University, Fresno, USA;
 Darren Holder, Coaching Better, Australia;
 Traci Statler, Philadelphia Phillies, USA

Mid-Late Career Track

3:00 PM - 4:15 PM

Celebrity 7

PAN-24: Lessons Learned from Performers Turned Providers

Tyler Greene, Florida State University, USA;
 Roger Parrino Jr, University of Denver, Graduate School of Professional Psychology, USA

3:00 PM - 4:15 PM

Celebrity 8

WKSP-28: Matching Psychological Interventions to Phases of Injury Rehabilitation

Leah Washington, Bridgewater University, USA;
 John Coumbe-Lilley, University of Illinois at Chicago, USA

3:00 PM - 4:15 PM

Melrose 3-4

WKSP-29: Help! Selling Myself Feels so Awkward! Learn to Overcome Self-Limiting Beliefs for Sales Success

Debbie Gliner, Pivotal Mental Performance Consulting, USA;
 Siana Sylvester, HigherEchelon, Inc. / Mental Flex, Inc., USA;
 Andrew Toce, Deep Breaths Counseling and Sport Psychology, USA

4:15 PM - 5:30 PM

Mezzanine

Closing Happy Hour

POSTER PRESENTATIONS

MEZZANINE

Each poster board is double-sided with one presentation per side. Poster numbers appear on each board, and boards are arranged in numerical order on the Mezzanine. Posters 1-103 will be displayed on Thursday; and Posters 104-208 will be displayed on Friday.

All poster presenters were asked to upload a PDF version for the conference app. PDFs will be available to both in-person and virtual attendees.

POSTER SESSION I

THURSDAY, OCTOBER 24

MEZZANINE

Poster Setup - 7:30 AM - 9:00 AM

Poster Viewing - 9:00 AM - 7:00 PM

Authors Present at Posters - 5:30 PM - 7:00 PM

Poster Tear Down - 7:00 PM - 7:30 PM

Coaching

- 1 Enhancing Athlete Development through Mental Toughness: A Collaborative Approach for Mental Performance and Sport Coaches**
Andreas Stamatis, University of Louisville, USA
- 2 Football and Fatherhood: A Qualitative Study Exploring How Black Football Coaches Experience the Coach-Athlete Relationship**
*Keith McShan, Missouri State University, USA;
Laura Salem, Missouri State University, USA*
- 3 Investigating the Influence of Varied Practice Conditions on the Learning Experience**
*Jaelyn Smith, University of Tennessee, Knoxville, USA;
Andy Shaw, University of Tennessee, Knoxville, USA;
Andrew Strick, University of Tennessee, Knoxville, USA;
Jared Porter, University of Tennessee, Knoxville, USA*
- 4 Perceived Coaching Behaviors and Failure Tolerance in High School Athletics: The Mediating Effects of Motivational Climate, Sport Competence, and Effort**
*Hunhyuk Choi, Kangwon National University, Republic of Korea;
Yong-Jin Yoon, Yonsei University, Republic of Korea;
Seong Kwan Cho, Texas A&M International University, USA*
- 5 The Impact of a Coaching Intervention to Enhance the Motivational Climate Across a School District's Athletic Program**
*Jacob Chamberlin, University of Kansas, USA;
Mary Fry, University of Kansas, USA; Congtian Xu, USA;
Troy Wineinger, University of Kansas, USA;
Candace Hogue, University of Minnesota, USA*

- 6 The Influence of Performance Profiling on the Motivation and Self-Awareness of Sport Coaches**
*Lucy Clarke, University of Lincoln, UK;
Matthew Bird, University of Lincoln, UK*
- 7 The Talent Development Environment and Athletes with Physical Disabilities: A Scoping Review**
*Andrew Corbett, Shepherd Center, USA;
Rebecca Ellis, Georgia State University, USA;
Jonathan Rea, Shepherd Center, USA;
Eduardo Granados, Shepherd Center, USA*
- 8 Validation of the Recovery Experience Questionnaire in a Coaching Population**
*Landon Braun, University of Wisconsin-Milwaukee, USA;
Barbara Meyer, University of Wisconsin-Milwaukee, USA;
Carly Wahl, Eastern Illinois University, USA*

Collegiate Sport

- 9 A Comparison of Neurocognitive Profiles, Vestibular Ocular-Motor Functioning and Collegiate Baseball Batting Performance**
*Cara Guglielmino, George Fox University, USA;
Mia Asuncion, George Fox University, USA;
Scott Burkhart, George Fox University, USA*
- 10 A Multidimensional View in International Student Athletes' Experience: A Critical Review**
*Nikoleta Antoniou Karademitrou, Auburn University, SERC Department, USA;
Nikoleta Antoniou Karademitrou, Auburn University, USA*
- 11 An Examination the Relationship Between Single Event Flow and Mental Toughness**
*Emily Chua, Saint Louis University, USA;
Kellen Blum, Saint Louis University, USA;
Michael Ross, Saint Louis University, USA*
- 12 Athletic Identity, Reason for Retirement, and Reached Athletic Goals Impact Former Athletes' Transition of a Life Without Sports; Flourishing, Satisfaction with Life, Physical Health**
*Camryn Ybarra, LBSU, USA;
Leilani Madrigal, Long Beach State University, USA;
Jana Fogaca, Long Beach State University, USA;
Alison Ede, Long Beach State University, USA*
- 13 Discovering the Truth Behind Football Culture: Mental Health in Collegiate Male Football Athletes**
*Caitlyn Hauff, University of South Alabama, USA;
Paige Fandel, University of South Alabama, USA*
- 14 Division III Student-Athletes' Goal Orientations Linked to their Motivation-Related Responses in Sport and their Well-Being**
*Candace Hogue, University of Minnesota, USA;
Jason Kaul, University of Minnesota, USA*

- 15 Examination of the Impact of Substance Use on Sport Training and Competition in Collegiate Athletes**
Igor Kowal, Commander Counseling & Wellness, USA;
Angelos Tsalafos, University of Nevada, Las Vegas, USA;
Ray Lopez, University of Nevada, Las Vegas (UNLV), USA;
Kim Barchard, University of Nevada, Las Vegas (UNLV), USA;
Shane Kraus, University of Nevada, Las Vegas (UNLV), USA;
Dan Allen, University of Nevada, Las Vegas (UNLV), USA;
Bradley Donohue, University of Nevada, Las Vegas (UNLV)
- 16 Examining the Relationship of Race and Gender Among Collegiate Athletes' Requests for Mental Health and Sport Psychology Services**
Jessica Renteria, University of North Texas, USA;
Mikailli Robertson, University of North Texas, USA;
Trent Petrie, University of North Texas, USA
- 17 Facilitating DI Student-Athlete Help-Seeking: The Roles of Key Stakeholders and Athlete Attitudes, Beliefs, and Knowledge About Mental Health Services**
Nick Magera, University of North Texas, USA;
Briana Wallace, University of North Texas, USA;
Lindsey Slavin, University of North Texas, USA;
Kayleigh Bolton, University of North Texas, USA;
Trent Petrie, University of North Texas, USA
- 18 Identifying Institutional Resources for Student-Athletes Transitioning out of Collegiate Sport: A Survey of NCAA Division III Athletic Department Administrators**
Peyton Greco, University of North Carolina at Greensboro, USA;
Erin Reifsteck, University of North Carolina at Greensboro, USA
- 19 Mindful Sport Performance (MSPE) Intervention with 90 NCAA Division-I Female Athletes**
Jacob Jensen, California State University-Northridge, USA;
Jessica Lewis, California State University, Northridge, USA;
Mark P Otten, California State University, Northridge, USA
- 20 NCAA Division I Student-Athletes' Understanding of and Attitudes Toward Mental Performance Services**
Allison Rudisill, University of Southern Mississippi, USA;
Morgan Eckenrod, University of Southern Mississippi, USA
- 21 Prevalence of Anxiety and Depression among Collegiate Student-Athletes: Race and Gender**
Javon Williams, University of North Texas, USA;
Cachet Lue, University of North Texas, USA;
Trent Petrie, University of North Texas, USA
- 22 Prevalence of Anxiety, Perceived Food Insecurity, and Purging Behaviors in NCAA D1 Student-Athletes**
Sara Burkhart, Long Beach State University, USA;
Catherine Croft, Long Beach State University, USA;
Darra Thomas, Long Beach State University, USA;
Elizabeth Witt, ASI, CSU Long Beach, USA;
Jana Fogaca, Long Beach State University, USA;
Leilani Madrigal, Long Beach State University, USA
- 23 Psychometric Evaluation of the Symptom Checklist-90-Revised in a Collegiate Athlete Sample**
Raymond Lopez, University of Nevada, Las Vegas, USA;
Bradley Donohue, University of Nevada, Las Vegas, USA;
Kimberly Barchard, University of Nevada, Las Vegas, USA;
Kristin Brooks, Stand Tall Consulting, USA;
Linnea Bacon, University of Nevada, Las Vegas, USA;
Malorie Feidner, Maloriejoy Consulting & Coaching, USA
- 24 Relational Efficacy and Social Support in Athletics**
Ronald Russell III, Indiana University, USA;
Christine Habeeb, East Carolina University, USA
- 25 Silent Battles of International Women Student-Athletes: A Phenomenological Study**
Arna Erega, University of Texas at Austin, USA
- 26 The COVID-19 Pandemic and Social Injustices Affected Black Student Athletes**
Briana Wallace, University of North Texas, USA;
Trent Petrie, University of North Texas, USA;
Javon Williams, University of North Texas, USA;
E. Whitney Moore, East Carolina University, USA
- 27 The Effect of Social Media on Body Image and Body Satisfaction in NCAA Athletes**
Jamie McAllister-Deitrick, Coastal Carolina University, USA;
Kayla Korn, Coastal Carolina University, USA;
K. Michelle Singleton, Coastal Carolina University, USA;
Susannah L. Reiner, University of Kentucky, USA
- 28 The Relationship Between Collegiate Basketball Athletes' Personalities and Their Preference for Motivational and Instructional Self-Talk During a Free Throw**
Hyejin Song, Long Beach Men's Basketball Team, USA
- 29 What's the Impact of Goal Types on Attention, Anxiety, and Performance across Two Different Tasks?**
Steven Winingar, Western Kentucky University, USA;
Lauren Heelan, Western Kentucky University, USA;
Emily Roepke, Western Kentucky University, USA
-
- Consulting & Interventions**
-
- 30 "I Use It in Life": Collegiate Women Athletes' Experience and Evaluation of an 8-Week Virtual Mindful Self-Compassion Program**
Danielle Teare, University of North Carolina Greensboro, USA;
Tsz Lun (Alan) Chu, University of North Carolina at Greensboro, USA;
Chanel Bradford, University of Wisconsin- Green Bay, USA

31 A Practical Guide to Using Routine Outcome Monitoring in Sport Psychology Interventions

*Rebecca Steins, Saint Louis University, USA;
Savannah Jefferis-Henriques, Saint Louis University, USA;
Emily Chua, Saint Louis University, USA;
Michael Ross, Saint Louis University, USA*

32 Breathe & Bring the Heat: Optimizing Sports Performance with Mindfulness and Acceptance & Commitment Training

Daniel Moran, Pickslyde Consulting, USA

33 Poster Withdrawn

34 From Books to Fields: A Framework for Navigating Service Delivery

*Ryan Bahadursingh, F3EA, USA;
Jonathan Stewart, KBR, USA*

35 How are we Addressing the Yips? A Scoping Review

*Johanna Glaaser, Florida State University, USA;
Sam Fonder, Florida State University, USA*

36 Implementing Electroencephalogram (EEG) Technology in Mindfulness Training With the Use of a FocusCalm Device: A Case Study

Beaux Myers, Colby College, USA

37 Personal Growth Days: Sport Psychology Mental Skills to Life Skills as a Practical Application at the High School and University Level

*Darrell Phillips, University of Kansas, USA;
Jacob Chamberlin, University of Kansas, USA;
Zeljka Vidic, Western Michigan University, USA;
Javier Burga, Potential & Peformance LLC, USA*

38 The Described Experience of Gratitude Within Professional Athletes: A Generic Qualitative Inquiry

*Mitzi James Kincaid, California State University, Sacramento;
John F Kennedy University;
Azusa Pacific University; Dominican University;
PerformanceGRIT, USA*

39 The NEER Model: A New Framework for Sport and Performance Psychology Consulting

*Ashley Samson, University of Kentucky, USA;
Marc Cormier, University of Kentucky, USA*

Diversity & Culture

40 Barriers to Physical Activity in Children and Adults among Latinas

*Jasmine Reyna, Mount Saint Mary's University-Clinical Psychology Program, USA;
Brad Conn, Compton College/Artest University, USA*

41 Body Satisfaction and Disordered Eating Among Division I Men Student-Athletes: Considerations of Race

*Caleb Wilborn, The University of North Texas, USA;
Carmyn Hayes, The University of North Texas, USA;
Trent Petrie, University of North Texas, USA*

42 Development and Psychometric Examination of the Cultural Domains Menu in a Sample of Collegiate Athletes

*Malorie Feidner, University of Nevada, Las Vegas, USA;
Bradley Donohue, University of Nevada, Las Vegas, USA;
Kristin Brooks, Stand Tall Consulting, USA;
Linnea Bacon, University of Nevada, Las Vegas, USA;
Daniel Allen, University of Nevada, Las Vegas, USA*

43 Identity Formation, Coping, and College Transition of NCAA Greek Student-Athletes

Theoklitos Karipidis, Indiana University, USA

44 Sociocultural Factors Influencing Athletes' Attitudes and Stigma towards Seeking Support for Mental Health: A Mixed-Methods Study

*Linnea Bacon, University of Nevada, Las Vegas, USA;
Robert Morris, University of Stirling, UK*

45 Sociocultural Factors Influencing Self-Criticism and Criticism of Teammates Across Training and Competition Contexts

*Linnea Bacon, University of Nevada, Las Vegas, USA;
Bradley Donohue, University of Nevada, Las Vegas, USA;
Malorie Feidner, University of Nevada, Las Vegas, USA;
Daniel Allen, University of Nevada, Las Vegas, USA*

Elite/Pro Sport

46 A Comprehensive Meta-Analysis of the Mental Toughness Effect on Performance

Dax Crum, Utah State University, USA

47 Development of a Holistic Performance Assessment Framework in Elite English Football Officiating: A Performance Psychology Perspective

Liam Slack, PGMOL, UK

48 Enhancing Performance: A Qualitative Inquiry into the Influence of a Sport Psychology Workshop at an International Basketball Combine

*Samuel Morton, Pursuit Sports Group, USA;
Brad Conn, Compton College/Artest University, USA;
Renard Simmons, USA;
Sera Khaneshan, Pepperdine University, USA*

49 Exploring Nonverbal Behavior Experience Process of Table Tennis Players

*Kyoungjin Yang, Republic of Korea;
Jieun Won, Seoul National University, Republic of Korea;
Sungho Kwon, Seoul National University, Republic of Korea*

50 Neuro-Training for Athletes: Exploring the Feasibility and Effectiveness of Neuroscience-Powered Visualization Training in Professional Soccer Clubs

*Jon Ollora Ezenarro, Real Sociedad (LaLiga), Spain;
Ryan Alexander, Atlanta United FC (MLS), USA;
Konstantin Sonkin, i-BrainTech, Israel*

51 Paradigm Model Analysis of eSports Athletes' Stress Experience

MJ Kim, Hanshin Graduate School of eSports Convergence, Republic of Korea

52 The Effects of Shared Leadership in Team Sport

*Sungho Kwon, Seoul National University, Republic of Korea;
Seungjoo Lee, Seoul National University, Republic of Korea;
Seungho Chang, San José State University, USA*

53 The Relationship of Followership and Perceived Performance: A Verification of the Moderating Effect of Coach's Leadership

*Gilyoung Jang, Seoul National University, Republic of Korea;
Taiwoo Kim, Seoul National University, Republic of Korea;
Sungho Kwon, Seoul National University, Republic of Korea*

Exercise/Health/Fitness

54 "Strava Is to Me as Instagram Is to Teenage Girls": Athletes' Perceptions of Strava Use as Shared on Reddit

*Ellen Becken, Gustavus Adolphus College, USA;
Lucie Henrich, Gustavus Adolphus College, USA;
Kate Carlson, Gustavus Adolphus College, USA;
Hayley Russell, Gustavus Adolphus College, USA;
Charlie Potts, Gustavus Adolphus College, USA*

55 Adolescent Girls' Daily Associations Between Social Support, Stress, and Physical Activity

*Emily Postlethwait, University of North Carolina Greensboro, USA;
Alexa Villarreal, University of North Carolina Greensboro, USA;
Jessica Dollar, University of North Carolina Greensboro, USA;
Jaclyn Maher, University of North Carolina Greensboro, USA*

56 Characteristics of Students Participating in an Exercise is Medicine On Campus® Peer Mentor Program

*Sara Powell, California State University, Monterey Bay, USA;
Lisa Leininger, California State University, Monterey Bay, USA;
Nicole Avila, California State University, Monterey Bay, USA;
Sofia Gombos, California State University, Monterey Bay, USA;
Emilee Sanchez, California State University, Monterey Bay, USA;
Azucena Zamora, California State University, Monterey Bay, USA*

57 Exercise Patterns and Exercise Motivation Among International College Students Attending Universities in the United States

Jeffrey Pauline, Syracuse University, USA

58 I Am Worthy: Culturally Tailored Approaches to Mantras for Black Women Exercisers

*Leeja Carter, Coalition for Food and Health Equity, USA;
Keyana Spivey, Coalition Equity, USA;
Sanjiv Sunderram, Coalition Equity, USA*

59 Pandemic Perspectives: An Update on the Relationship Between Exercise and Anxiety

*Ann Hillary Buenafe, California State University, Northridge, USA;
Ivan Alatorre, California State University, Northridge, USA;
Mark P Otten, California State University, Northridge, USA;
Melanie Machorro, California State University, Northridge, USA*

60 Relationship between Memory Characteristics and Concussion History in Athletes

*Myles Ward, Sport IMPACT Lab Tarleton State University, USA;
Christina Villalon, Tarleton State University, USA*

61 Strength Training's Potential to Build Functionality Appreciation

*Sophia Pellegrom, University of Massachusetts Boston, USA;
Laura Hayden, University of Massachusetts Boston, USA*

Injury/Rehabilitation

62 Application of Theory for Patients Returning from ACLR: An Integrated Approach to Stress and Injury and Attention Control using the Default Mode Network

Morayo Abbey-Bada, Duke University, USA; Elaine Reiche, University of North Carolina at Chapel Hill, USA; Shelby Baez, University of North Carolina at Chapel Hill, USA

63 Enhancing Athlete Well-being: Integrating Neuropsychological Evaluations as a Preventative Measure in High-Contact Sports

Renard Simmons, USA; Brad Conn, Compton College/Artest University, USA

64 High School Football Player Experiences with Multiple Injuries: A Qualitative Biopsychosocial Model Application

*Jesse Steinfeldt, Indiana University, USA;
Natalie Golub, Indiana University, USA*

65 Investigating Psychosocial Barriers to Reporting Injuries Among Female College Athletes: Insights from a Focus Group Interview

*Tae Horiuchi, Takachiho University, Japan;
Hayato Toyoda, University of Yamanashi, Japan;
Yasuhiro Omi, University of Yamanashi, Japan*

66 Psychological Considerations Within Athlete Injury Rehabilitation: Helping Coaches Help Athletes

*Kelley Renner, University of Kentucky, USA;
Marc Cormier, University of Kentucky, USA*

67 The Journey from Trauma to Growth: Insights into Athletes' Experiences of Interpersonal Trauma and Recovery

Gibbem Jung, Chungang University Republic of Korea;
Heeyun Choi, Chungang University, Republic of Korea;
Jungyouon Kim, Chungang University, Republic of Korea;
Junghoon Huh, Chungang University, Republic of Korea;
Hyunyoung Lee, Chungang University, Republic of Korea;
Joonyoung Lee, Jackson State University, USA

68 The Relationship between Psychological Readiness to Return to Sport and Athlete Coping Skills after ACL Reconstruction

Caitlin Brinkman, University of North Carolina at Chapel Hill, USA;
Shelby Baez, University of North Carolina at Chapel Hill, USA;
Francesca Genoese, Michigan State University, USA

69 Use of Biofeedback in the Sport Injury Rehabilitation Process

Isabella Fiorenzo, Saint Louis University, USA;
Michael Ross, Saint Louis University, USA

Mental Health

70 Beyond the Game: Exploring Mental Health and Sport Psychology Services Among Black College Athletes

Joonyoung Lee, Jackson State University, USA;
Brandi Shavers, Jackson State University, USA;
Olivia Calhoun, Jackson State University, USA;
Dongwook Cho, Keimyung University, USA;
James Robinson, Jackson State University, USA;
Ciara Corley, Jackson State University, USA;
Seong Kwan Cho, Texas A&M International University, USA;
Eun Seong Kim, Jackson State University, USA

71 Poster Withdrawn

72 Eating Disorder Symptomatology, Contextual Body Image, and Cultural Body Ideals in the Rock Climbing Community

Hailey Chatterton, USA; Arianna Shimits, Self Employed, USA;
Aaron Weichart, Springfield College, USA;
Hande Turkeri Bozkurt, Hacettepe University, Turkey;
Paul Salitsky, Univ California Davis, USA;
Christine Selby, Springfield College, USA;
Erika Van Dyke, Springfield College, USA

73 Exploring Depression Levels and Sex Differences in Collegiate Athletes: A Focus on Equity

Reid Davis, Michigan State University, USA;
Sam Cartier, Michigan State University, USA;
Alyssa Pollard-McGrandy, Michigan State University, USA;
Destiny Teachnor-Hauk, Michigan State University, USA

74 Irrational Beliefs Among Competitive High School Student Athletes: Are They General or Context-Driven?

Kathleen Everson, North Coast Psychological Services, USA;
Mark Terjesen, St. John's University, USA

75 Mindful Swings: Exploring the Impact of Mindfulness Meditation on Pre-Competitive State Anxiety and Relationships in Collegiate Golf Players

Josh Murillo, California State University, Long Beach (CSULB), USA;
Jillian Mueller-Dombois, California State University, Long Beach, USA

76 People Who Accept Interpersonal Violence in Sports: A Focus on Long-Term Repeated Victimization and Meaning Attribution

Hayato Toyoda, University of Yamanashi, Japan;
Katsuhiko Ishikawa, Naruto University of Education, Japan;
Tae Horiuchi, Takachiho University, Japan;
Yasuhiro Omi, University of Yamanashi, Japan

77 Social Workers: An Underutilized Profession in Sports

Matt Barnes, Southwest Counselling Services, Canada;
Austin Wilson, Wilson Mental Performance Consulting, Canada

78 Throwing Darts: Integrated Care System and Athlete Referral System in a Division II University

J.C. Ausmus, University of Texas Permian Basin, USA

79 Utilizing the Sport Mental Health Assessment Tool 1(SMHAT-1) as a Mental Health Screening Tool in Collegiate Division I Athletes

Megan O'Brokta, University of North Carolina at Greensboro, USA;
Jen Farrell, University of North Carolina Greensboro/ MindBody Endurance, USA

80 What Is the Good Life and How Do We Engineer It? Progress, Propositions, and Prospects for Psychological Well-being in Sport

Faye Didymus, Leeds Beckett University, UK;
Richard Simpson, Leeds Trinity University, UK

Non-Sport Performance Applications

81 Cognitive Factors Associated with Performance Anxiety in Musicians

Thomas Nicholl, The University of Sydney, Australia;
Maree Abbott, The University of Sydney, Australia

Private Practice

82 Bringing Sport Performance Psychology to a Wider Audience: A YouTube Project

Mark P Otten, California State University, Northridge, USA;
Isabel López, University of California, Santa Barbara, USA

Professional Development, Supervision, and Mentoring

- 83 Investigating Differences in the Perceived Stress, Burnout, and Occupational Recovery of CMPCs When Grouped by Weekly Hours Worked**
Anthony Magdaleno, University of Wisconsin-Milwaukee, USA;
Barbara Meyer, University of Wisconsin-Milwaukee, USA
- 84 Multicultural Training in Master's Sport Psychology Programs: Areas for Improvement and Growth**
Simon Wright, University of North Texas, USA;
Macey Arnold, University of North Texas, USA;
Trent Petrie, University of North Texas, USA

Research Design

- 85 "Success Breeds Success" - Uncovering Trends in Scholarly Output: A Replication Study of Publishing Patterns in Sport Psychology Journals**
William Bean, Florida State University, USA
- 86 Analyzing the Impact of Imagery Intervention on D1 Women's Tennis Players' Kinematics**
Pin Chen Lin, New Mexico State University, USA;
Cabel McCandless, New Mexico State University, USA;
Phillip Post, New Mexico State University, USA;
Christopher Aiken, New Mexico State University, USA
- 87 Neurocognitive Evaluation of Emotional Reactions to Verbal Stimuli: A Counterbalancing Manipulation Check**
Enzo Everett, American Musical and Dramatic Academy - AMDA Los Angeles, USA;
Marcelo Bigliassi, Florida International University, USA
- 88 Self-Assessment Measures Help Student Pilots Gain Valuable Insights into Their Mental Performance**
John Gassaway, USAF, USA;
Anthony Acevedo, USAF, USA

Social Justice, Equity, and Inclusion

- 89 Exploration of Coping, Social Support, and Institutional Change Amid Racial Maltreatment: Black Male Collegiate Football Players' Perspectives**
Mikaili Robertson, University of North Texas, USA;
Jessica Renteria, University of North Texas, USA;
John Andrew Walsh, University of Michigan, USA;
Trent Petrie, University of North Texas, USA
- 90 Texas High School Coaches' Attitudes towards Transgender Athletes' Sport Participation: A Qualitative Analysis**
Macey Arnold, University of North Texas, USA;
Kasey Chambers, University of North Texas, USA;
Trent Petrie, University of North Texas, USA

- 91 The Perceptions of Menstrual Cycles and Hormonal Contraception: The Effects on Athletic Performance**
Savannah Jefferis-Henriques, Saint Louis University, USA;
Rebecca Steins, Saint Louis University, USA;
Michael Ross, Saint Louis University, USA

Tactical Populations

- 92 Integrating Self-Determination Theory and Motivational Interviewing to Optimize Special Operator Leadership Practices**
Conrad Woolsey, Optimum Performance & Wellness Associates, USA
- 93 Perceptions of Ill-Fitting Turnout Gear of Female Firefighters: "We Don't Need Men's Gear in a Smaller Size!"**
Samantha Dardaman, University of North Texas, USA;
Kuanting Chen, Texas A&M University, USA;
Meredith McQuerry, Florida State University, USA;
Jennifer Yentes, Texas A&M University, USA;
Scott Martin, University of North Texas, USA

Teaching

- 94 Beyond a Counseling Skills Course: Macro and Micro Skills for Mental Performance Consultation**
Teresa Fletcher, Adler University, USA;
Jack Mullen, Adler University, USA
- 95 Playful Teaching & Engaged Learning: Strategies to Infuse Play into your Sport Psychology Class**
Heather Van Mullem, Lewis-Clark State College, USA;
Linda Sterling, Sterling Sport Mindset, USA
- 96 Students' and Teachers' Perceptions of Caring and Task-Involving Climates in the Classroom**
Marta Guivernau, Kent State University, USA
- 97 The Classroom Shuffle: Engaging Students with Project-Based Learning in the Undergraduate Sport, Exercise, and Performance Psychology Classroom**
Itay Basevitch, Texas A & M University - Kingsville, USA;
Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA;
Cole Payne, Texas A&M University - Kingsville, USA
- 98 Use of a Competitive Drawing Based Task to Apply Communication Principles in the SEP Classroom**
Heather Deaner, California State University, Stanislaus, USA

Youth Sport

99 Assessment of Stress Responses in Ballet Performance: A Case Study of the Nutcracker Series

*Lawrence Judge, Ball State University, USA;
Joe Perkins, Ft. Wayne Medical Group, USA;
Matthew Wells, Ft. Wayne Medical Group, USA;
Brian Hunriksen, Ft. Wayne Medical Group, USA;
Adam Smith, Ball State University, USA;
David Bellar, University of West Florida, USA*

100 It Is Not Always (Only) About Sport – Working with Young Athletes Using the Theory of Positive Sport

*Tomasz Kurach, University of Warsaw, Foundation of Positive Sport, Poland;
Zuzanna Hejduk-Mostowy, Foundation of Positive Sport, Poland;
Pola Weiner, Foundation of Positive Sport, Center for Performance Psychology, Poland;
Dominika Wilczyńska, Faculty of Social and Humanities, WSB Merito University, Poland;
Joanna Znosko, Foundation of Positive Sport, Gdansk University of Physical Education and Sports, Poland*

101 The Dissimilar Effects of Recreational and Competitive Youth Sport Experiences on Long-Term Sport Engagement: The Mediating Role of Enjoyment and the Moderating Role of Parental Involvement

*Sanghoon Kim, Michigan State University;
Sangchul Park, Alma College;
Joon Young Han, Yeungnam University*

102 The Effect of the Youth Soccer Football TARGET Program on Intrinsic Motivation, Self-Esteem, and Peer Relationship in Youth Soccer

*Sangbeom Seok, Chungang University, Republic of Korea;
Junghoon Huh, Chungang University, Republic of Korea;
Jeongdug Sul, Chungang University, Republic of Korea;
Hyungjin Park, Chungang University, Republic of Korea;
Donghyun Yong, Chungang University, Republic of Korea;
Wonbin Ju, Chungang University, Republic of Korea;
Joonyoung Lee, Jackson State University, USA*

103 Poster Withdrawn

POSTER SESSION II FRIDAY, OCTOBER 25 MEZZANINE

Poster Setup - 7:30 AM - 9:00 AM

Poster Viewing - 9:00 AM - 7:00 PM

Authors Present at Posters - 5:30 PM - 7:00 PM

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Coaching

104 A Review of Graduate Applied Sport Psychology Programs in the United States: Examining Coach Curricular Content

Tammy Sheehy, Bridgewater College, USA

105 Exploring the Experience and Response of Coaching Behavior in Sport Contexts

*Sungho Kwon, Seoul National University, Republic of Korea;
Seungjoo Lee, Seoul National University, Republic of Korea;
Seungho Chang, San José State University, USA*

106 Impact of COVID-19 on Strength and Conditioning Coaches Empowerment and Coaching Practice

*Lawrence Judge, Ball State University, USA;
Danielle Sterner, University of Central Florida, USA;
Lena Marcus, University of North Carolina at Charlotte, USA;
Ben Kern, University of Wyoming, USA;
David Bellar, University of West Florida, USA*

107 Mental Strength, Resilience and Grit in Grapplers, Strikers, Physically Active and Sedentary Individuals

Leandro de Lorenzo Lima, Liberty University, USA

108 The Psychology of Rest in Coaches: Implications for Sport Psychology Practitioners

*David Eccles, Florida State University, USA;
Thomas Gretton, University of Wisconsin, Green Bay, USA;
Nate Harris, Florida State University, USA;
Svenja Wolf, Florida State University, USA*

109 Thriving Through Being: An Evidence-Based Professional Development Program for Coaches

*Shelby Miller, University of Tennessee, USA;
Lauren McHenry, McHenry Mental Performance, LLC, USA;
Rebecca Zakrajsek, University of Tennessee, USA*

Collegiate Sport

110 “Now It’s Our Turn”: Exploring Scoring Patterns in Collegiate Baseball and Softball

*Andrew White, Hiram College, USA;
Erica Kirby, Hiram College, USA;
Mason Early, Hiram College, USA*

- 111 An Evaluation of a Collaborative Approach to Implementing Mental Performance Programming at an NCAA Division III institution**
Lindsey Kellar, Illinois Wesleyan University, USA;
Melvin Sangalang, Illinois State University, USA;
Spencer DeForest, Illinois State University, USA;
Brett Haffner, Illinois State University, USA;
Ellie Cain, Illinois State University, USA;
Scott Pierce, Illinois State University, USA
- 112 An Exploration of Collegiate Student Athletes' Mental Health Outcomes: The Role of Mental Health Screenings on Service Utilization**
Kari Herman, University of Wisconsin-Eau Claire, USA;
Kylie Mohr, University of Wisconsin - Eau Claire, USA;
Stacey Jackson, The University of Wisconsin- Eau Claire, USA;
Amy Rantala, Mayo Clinic Health System, USA
- 113 Collegiate Athletes' Interest in Setting Performance Goals Specific to Mental Health Optimization May Be Compromised by Psychiatric Symptomology**
Kristin Brooks, Stand Tall Consulting, USA;
Brad Donohue, UNLV, USA;
Raymond Lopez, UNLV, USA;
Linnea Bacon, UNLV, USA;
Angelos Tsalafos, UNLV, USA;
Malorie Feidner, UNLV, USA
- 114 Effort-Reward Imbalance Among Student-Athletes: Relationships with Exploitation, Well-being, Performance Satisfaction, Stress, and Burnout**
Joseph White, Northwestern University, USA
- 115 Examining the Efficacy of an Alcohol Protective Behavioral Strategies Intervention for College Student Athletes and Greek Life Members**
Lauren Zimmerman, Premier Sport Psychology;
Alison Looby, University of Wyoming
- 116 Exploratory Factor Analyses of the Female and Male Body Checking Questionnaires in Collegiate-Athletes**
Stephen Cirella, University of Rhode Island, USA;
Kathleen Webster, University of Rhode Island, USA;
Mark Hartman, University of Rhode Island, USA;
Lisa Harlow, University of Rhode Island, USA
- 117 From Graduate Student to Collegiate Football Coach: An Ethnographic Case Study**
Keira Towers, KT Performance Consulting, USA;
Tate O'Hara, University of Tennessee, Knoxville, USA;
Scott Barnicle, University of Tennessee, USA
- 118 In Their Own Voices: Factors Effecting Collegiate Hockey Player Use and Perceptions of Mental Skills**
Elia Burbidge, Springfield College, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA;
Stephanie Cameron, Pivot Sport Psychology Consulting, LLC | Southern IL University Edwardsville, USA; Lindsay Miles, Southern Illinois University Edwardsville, USA
- 119 Name, Image, & Likeness: Former NCAA Athletes' Reflections on Collegiate and Post-Collegiate Experiences in the NIL-era**
Deyanira Enriquez, Flatiron Mental Performance, USA;
Katie Pieterse, USA
- 120 Positive and Negative Experiences with Sport Culture in Collegiate Athletes: How Are These Factors Associated with Mental Health Symptomology**
Angelos Tsalafos, University of Nevada, Las Vegas, USA;
Linnea Bacon, University of Nevada, Las Vegas, USA;
Bradley Donohue, University of Nevada, Las Vegas, USA;
Kristin Brooks, Stand Tall Consulting, USA
- 121 Prevalence of Anxiety, Depression, and Utilization of Mental Health Services in NCAA Division I Student-Athletes**
Andrew Rust, Long Beach State University, USA;
Nahal Amiraslani, Long Beach State University, USA;
Jason Phan, Long Beach State University, USA;
Sydney Washington, Long Beach State University, USA;
Lauren Pierre, Long Beach State University, USA;
Jana Fogaca, Long Beach State University, USA;
Leilani Madrigal, Long Beach State University, USA
- 122 Relationship Between Self-Criticism and Criticism of Others While Performing in Sports Training and Competition**
Linnea Bacon, University of Nevada, Las Vegas, USA;
Bradley Donohue, University of Nevada, Las Vegas, USA;
Angelos Tsalafos, University of Nevada, Las Vegas, USA;
Kristin Brooks, Stand Tall Consulting, USA;
Lidia Wossen, University of Nevada, Las Vegas, USA;
Raymond Lopez, University of Nevada, Las Vegas, USA;
Malorie Feidner, University of Nevada, Las Vegas, USA
- 123 Standards of Practice for Program Evaluation of Collegiate Student-Athlete Services**
Samantha Dardaman, University of North Texas, USA;
Scott Martin, University of North Texas, USA;
Robin Henson, University of North Texas, USA
- 124 The Development of the VR Device Program for Korean Tennis Athletes: A Psychological Skills Training Interventions**
Chang-Yong Jang, Andong National University, Republic of Korea;
Juhwan Jang, Hankuk University of Foreign Studies, Republic of Korea;
Seung-Min Baek, Andong National University, Republic of Korea
- 125 The Mindful Athlete Program: A Holistic Approach to Addressing Student-Athlete Mental Health Needs and Enhancing Self-Awareness**
JoAnne Bullard, Rowan University, USA;
SoJung Kim, Rowan University, USA
- 126 The Relationship of Athletic Identity and Sport Motivation on Collegiate eSport Burnout**
William Russell, Missouri Western State University, USA

127 Wrestling Participation at Historically Black Colleges and Universities

Jerry Holt, Florida A&M University, USA

Consulting & Interventions

**128 “I Just Cannot Set the Ball Anymore!”:
An Experience of the Yips in Collegiate Volleyball**

*Hannah Miller, West Virginia University, USA;
Luca Ziegler, West Virginia University, USA;
Ashley Coker-Cranney, West Virginia University, USA*

129 A Season of Self-Reflection: A Neophyte Practitioner’s Growth Through Working With a Youth Ice Hockey Team

Tage Waite, Southern Illinois University Edwardsville, USA

130 Applying Self-compassion in Sport Contexts: A Pressure Training Intervention

*Emily Chua, Saint Louis University, USA;
Michael Ross, Saint Louis University, USA*

131 Biofeedback Use and Acceptance by Mental Performance Consultants

*William Bean, Florida State University, USA;
David Eccles, Florida State University, USA;
Robert Eklund, Florida State University, USA*

132 Development of an Applied Decision-Making Intervention Model for Team Sports

*Itay Basevitch, Texas A & M University - Kingsville, USA;
Amber Shipherd, Texas A&M University - Kingsville /
Next Level Mind Consulting, USA*

133 Examination of Goals, Attention, Anxiety, and Performance

*Steven Winger, Western Kentucky University, USA;
Lauren Heelan, Western Kentucky University, USA;
Savannah Savage, WKU, USA*

134 Heels Down, Eyes Up: The Nuances of Working with Equestrian Athletes

*Emily Magnone, UK Healthcare Orthopedics & Sports
Medicine, USA;
Victoria Orcutt, University of Kentucky, USA;
Ashley Samson, University of Kentucky, USA*

135 How do Canadian National Team Athletes Manage Critical and Global Stressors? Athlete, Coach, and Support Staff Perspectives

*Lori Dithurbide, Dalhousie University, Canada;
Gabriel Delage, Université de Sherbrooke, Canada;
Veronique Boudreault, Université de Sherbrooke, Canada;
Natalie Durand-Bush, University of Ottawa, Canada;
Lucy MacLeod, Dalhousie University, Canada;
Véronique Gauthier, Université du Québec à Trois-Rivière,
Canada*

136 Life and Death in Sport: Consulting through Grief

*Tanner Biver, The Performance Pursuit, LLC., USA;
Teresa Fletcher, Adler University, USA*

137 Rolling the Dice: A Randomized Controlled Trial Investigating the Effect of a Stress Mindset Intervention on Academic Burnout in College Students

*Amber Shipherd, Texas A&M University - Kingsville /
Next Level Mind Consulting, USA;
Itay Basevitch, Texas A & M University - Kingsville, USA;
McKenzie Hahn, Texas A&M University-Kingsville, USA*

138 The Effects of a Sports Nutrition Education Intervention on Dietary Behavior and Nutrition Self-Efficacy

*Kimberly Singleton, Coastal Carolina University, USA;
Jamie McAllister-Deitrick, Coastal Carolina University, USA;
Michael Miller, Western Michigan University, USA;
Chad Kerksick, Lindenwood University, USA*

Diversity & Culture

139 Black Female Collegiate Athletes Sense of Belonging on Predominantly White Teams

*Emily Schwabe, Southern Illinois University Edwardsville, USA;
Lindsay Ross-Stewart, Southern Illinois University
Edwardsville, USA;
Darrian Stapleton, Southern Illinois University Edwardsville, USA;
Cherese Fine, Southern Illinois University Edwardsville, USA*

140 Body Satisfaction and Disordered Eating Among Division I Women Student-Athletes: Considerations of Race

*Carmyn Hayes, The University of North Texas, USA;
Caleb Wilborn, The University of North Texas, USA;
Trent Petrie, University of North Texas, USA*

141 Elite Mormon Athletes: Results from a Phenomenological Study

Kelly Furr, Athlete Mental Wellness, USA

142 Retrospective Reflections on the Role Played by Sport in the Integration of International Students Into Their Host Communities: An Auto-Phenomenological Study

*Majoro Khale, University of Kansas Sport and Exercise
Psychology, USA;
Mary Fry, University of Kansas, USA*

Elite/Pro Sport

143 “The Degree of Success”: Using Ecological Momentary Assessment and Key Stakeholder Perspectives to Examine the Stress and Coping Experiences of Dual-Career UK Badminton Athletes

*Sofie Kent, Leeds Beckett University, UK;
Tracey Devonport, BASES, UK*

144 Building Working Partnerships between Sport Psychology Graduate Programs and Professional Soccer Organizations

Scott Barnicle, University of Tennessee, USA;
Nicole Rogers, University of Tennessee - Knoxville, USA;
Abbie Richeson, University of Tennessee, USA

145 Does Pitching Still Lead to Playoff Success in Major League Baseball? An Update

Brandon Shearer, California Lutheran University, USA;
Mark P Otten, California State University, Northridge, USA

146 Exhilaration in Extreme Sport

Joshua Coon, San Juan College, USA;
Missy Thompson, Fort Lewis College, USA

147 Linking Cohesion, Team Mental Models, Coordination, Collective Efficacy, and Team Performance: Testing an Integrated Framework of Team Dynamics

Edson Filho, Boston University, USA

148 Nonverbal Behavior in Professional Soccer Players

Ingrid Lian, Norwegian School of Sport Sciences, Norway;
Siv Gjesdal, Norwegian School of Sport Sciences, Norway;
Geir Jordet, Norwegian School of Sport Sciences, Norway

149 You Wouldn't Catch Me Doing That: A Qualitative Exploration of Motivations in Extreme Sport Participants

Odette Hornby, University of South Wales, UK;
David Shearer, University of South Wales, UK;
Gareth Roderique-Davies, University of South Wales, UK;
Robert Heirene, University of Sydney, Australia

Exercise/Health/Fitness

150 Active Parenting, Active Teens: Exploring the Relationship Between Parental Engagement and Adolescent Physical Activity and Body Image

Lindsey Forbes, Dr. Forbes & Associates, Canada;
Wendy Ellis, King's University College at Western University, Canada;
Lynda Hutchinson, King's University College at Western University, Canada

151 Adolescent Girls' Physical Activity Intentions and Behavior: The Moderating Role of Positive Affect

Maslyn Behler, University of North Carolina at Greensboro, USA;
Jessica Dollar, University of North Carolina at Greensboro, USA;
Jaclyn Maher, University of North Carolina at Greensboro, USA;
Alexa Villarreal, University of North Carolina at Greensboro, USA

152 Exercise Behaviors in Adult Video Game Players

Haylei Scoggins, Texas Christian University, USA;
Robyn Trocchio, Texas Christian University, USA

153 Exercise Professionals' Responses to an Online Weight Stigma Reduction Intervention

Jana Fogaca, Long Beach State University, USA;
Saemi Lee, California State University, Los Angeles, USA;
Luciana Zuest, Towson University, USA;
Nikole Decker Squires, Northern Arizona University, USA;
Dawn Clifford, Northern Arizona University, USA

154 Impact of Breathing Techniques on the Speed-Accuracy Tradeoff in Fine and Gross Motor Tasks

Brooke McCann, Florida International University, USA;
Ekaterina Oparina, Florida International University, USA;
Jason Kostrna, Florida International University, USA

155 Parental Support Behaviors in Youth Sport Campers: Gender, SES, and Race Differences

Brian Butki, Colorado State University, USA

156 Relationships Between Goal Orientations, Supporting Behaviors, and Smartwatch-Measured Steps Among Native American Female College Students

Taylor Toya, Fort Lewis College, USA;
Riley Todacheene, Fort Lewis College, USA;
Ty Gray, Fort Lewis College, USA;
Melissa Knight-Maloney, Fort Lewis College, USA;
Mark Beattie, Fort Lewis College, USA;
Susumu Iwasaki, Fort Lewis College, USA

157 The Effects of a Four-Week Technology-Delivered Mindfulness Intervention During a Rowing Task

Rebekah Gay, Texas Christian University;
Sarah Junkersfeld, Texas Christian University;
Robyn Trocchio, Texas Christian University

158 The Motivations for the Adherence of Weight Training Past Adolescence in Women: An Exploratory Phenomenological Study

Sophia Pellegrom, University of Massachusetts Boston, USA;
Edson Filho, Boston University, USA

159 The Past, the Present or the Future? Investigating the Influence of Time Perspectives (TP) on Sport Performance

Tomasz Kurach, University of Warsaw, Foundation of Positive Sport, Poland;
Maciej Stolarski, University of Warsaw, Poland;
Dominika Pruszczak, University of Warsaw, Poland

Injury/Rehabilitation

160 "It Is an Out of Body Experience." Exploring Imagery Use for an Injured Athlete Post-surgery: A Case Study

Beaux Myers, Colby College, USA

161 Addressing Psychological Factors Associated with Injury in Female Collegiate Athletes

Sarah Fritsche, The Chicago School of Professional Psychology, USA

162 Cognitive Behavioral Based Physical Therapy to Improve Functional Outcomes in Patients with Chronic Ankle Instability: A Pilot Randomized Control Trial

Jason Grindstaff, Cumberland University, USA;
Abbis Jaffri, Creighton University, USA;
Adam Rosen, University of Nebraska, Omaha, USA

163 Exploring the Influence of Gratitude on Musculoskeletal Injury Recovery: A Latent Growth Modeling Analysis

Alexandra Dluzniewski, University of Idaho, USA;
Madeline Casanova, University of Idaho, USA;
Russell Baker, University of Idaho, USA;
Sarah Ullrich-French, Washington State University, USA;
CJ Brush, University of Idaho, USA

164 Integrated Mental Skills Consulting in the Orthopedic Clinic

Corey Smith, Maine Dartmouth Family Medicine Residency, USA

165 Maximizing Athletic Trainer's Role in Navigating the Psychology of Injury: How Can Sport Psychologists Help?

Rebecca Steins, Saint Louis University, USA;
Savannah Jefferis-Henriques, Saint Louis University, USA;
Michael Ross, Saint Louis University, USA

166 Psychological Impact of Surgery on Injured Elite Female Athletes

John Coumbe-Lilley, University of Illinois at Chicago, USA;
Brielle Gomez, Western Michigan University, USA

167 The Role of Passion on Depression and Psychological Readiness to Play in Athletes Recovering from Acute Injury

Andrea Grasmick, Neurotherapy of Colorado Springs;
Amy O'Hana, University of Western States

Mental Health

168 A Comparison of Collegiate Athletes' Mental Health During and Outside the Sport Season

Malorie Feidner, University of Nevada, Las Vegas, USA;
Bradley Donohue, University of Nevada, Las Vegas, USA;
Linnea Bacon, University of Nevada, Las Vegas, USA;
Eibhlis Moriarity, University of Nevada, Las Vegas, USA;
Daniel Allen, University of Nevada, Las Vegas, USA

169 Associations among Mother-Daughter Maturation Timing, Clothing-Specific Body Image, Social Physique Anxiety (SPA), and Sport Type

Eva Monsma, University of South Carolina, USA;
Jennifer Gay, University of Georgia, USA;
Toni Torres-McGehee, University of South Carolina, USA

170 Body Satisfaction and Disordered Eating in Black Men Collegiate Athletes: The Roles of Resilience, Self-compassion, and Social Support

Dafina Chisolm-Salau, University of North Texas, USA;
Trent Petrie, University of North Texas, USA

171 Death and Nondeath Losses in Sport: Supportive Responses for Collegiate Athletic Personnel

Maribeth Jorgensen, Sam Houston State University, USA;
Paula Parker, Campbell University, USA

172 Development and Initial Psychometric Evaluation of the Mental Health Performance Optimization Rating Scale (MHPORS)

Raymond Lopez, University of Nevada, Las Vegas, USA;
Bradley Donohue, University of Nevada, Las Vegas, USA;
Shane Kraus, University of Nevada, Las Vegas, USA;
Kimberly Barchard, University of Nevada, Las Vegas, USA;
Kaelyn Griffin, University of Nevada, Las Vegas, USA;
Angelos Tsalafof, University of Nevada, Las Vegas, USA;
Lidia Wossen, University of Nevada, Las Vegas, USA;
Kristin Brooks, Stand Tall Consulting, USA;
Linnea Bacon, University of Nevada, Las Vegas, USA;
Malorie Feidner, Maloriejoy Consulting & Coaching, USA

173 Development of the Mindset for Ability Scale (MAS)

Bradley Levin, Touro University, USA;
Frank Gardner, Touro University, USA

174 Empathy in Sports: A Powerful Tool for Enhancing Athlete Performance and Well-being

Matt Barnes, Southwest Counselling Services, Canada;
Austin Wilson, Wilson Mental Performance Consulting, Canada

175 International Student-Athletes' Self-compassion and Psychological Distress: The Moderating Roles of Resilience and Social Support

Cachet Lue, University of North Texas, USA;
Chiachih DC Wang, University of North Texas, USA;
Trent Petrie, University of North Texas, USA;
E. Whitney Moore, East Carolina University, USA

176 It Takes a Team – Enhancing Student-Athlete Health and Well-Being Through an Interprofessional Approach

Rebecca Steins, Saint Louis University, USA;
Anthony Breitbach, Saint Louis University, USA;
Michael Ross, Saint Louis University, USA

178 Performance Optimization Assessment or Psychiatric Symptom Assessment: Which Do Collegiate Athletes Believe Will Help Them Most With Mental Health and Performance Optimization, Based on Their Level of Competitiveness?

Lidia Wossen, University of Nevada, Las Vegas, USA;
Bradley Donohue, University of Nevada, Las Vegas, USA;
Angelos Tsalafof, University of Nevada, Las Vegas, USA;
Linnea Bacon, University of Nevada, Las Vegas, USA;
Raymond Lopez, University of Nevada, Las Vegas, USA

179 Predicting Disordered Eating in Women Athletes: The Prospective Role of Body Satisfaction and Self-Compassion

*Olivia Kit, The University of North Texas, USA;
Trent Petrie, University of North Texas, USA;
E. Whitney Moore, East Carolina University, USA;
Nick Magera, University of North Texas, USA*

180 Prevalence and Perception of Mistreatment in Elite Dance Training

Cara Guglielmino, George Fox University, USA

181 Ripped Realities: A Qualitative Study in Body Building Transformation Challenges

*Jillian Mueller-Dombois, California State University, Long Beach, USA;
Gavin Harrington, California State University, Long Beach, USA;
Josh Murillo, University of California, Riverside, USA;
Destiny Gilliland, California State University, Long Beach, USA*

182 Survey on Japan Institute of Sport Science Psychological Support Practice: A Reflection from the Perspective of First Visits Among Elite Athletes

*Yui Takahashi, Graduate School of Physical Education, Nippon Sport Science University, Japan;
Susumu Iwasaki, Fort Lewis College, USA;
Takeru Onishi, Japan Institute of Sports Sciences, Japan;
Yasuhisa Tachiya, Japan Institute of Sports Sciences, Japan*

183 The Intersection of Mental Performance Consulting and Trauma Work in Sports: Unveiling the Invisible Obstacle to High Performance

*Matt Barnes, Southwest Counselling Services, Canada;
Austin Wilson, Wilson Mental Performance Consulting, Canada*

184 The Relationship Between Criticism and Mental Health in Collegiate Athletes

*Linnea Bacon, University of Nevada, Las Vegas, USA;
Bradley Donohue, University of Nevada, Las Vegas, USA;
Angelos Tsalafos, University of Nevada, Las Vegas, USA;
Raymond Lopez, University of Nevada, Las Vegas, USA;
Kristin Brooks, Stand Tall Consulting, USA;
Malorie Feidner, University of Nevada, Las Vegas, USA;
Daniel Allen, University of Nevada, Las Vegas, USA*

185 The Relationship Between Psychological Distress and Requesting Help

*Julian Yoon, University of North Texas, USA;
Cameron Pryor, University of North Texas, USA;
Trent Petrie, University of North Texas, USA*

186 Using Pre-Performance Routines to Improve the Self-Efficacy of Graduate Student Trainees During Clinical Practice

*Jason Maier, Midwestern University, USA;
Angela Breitmeyer, Midwestern University, USA*

187 Visualizing Victory: The Role of Imagery in Empowering Athletes Battling Obsessive Compulsive Disorder

Sydney Raboin, University of North Dakota, USA

188 Young Adult Team Sports: Social Connectedness and Depressive Symptoms

Ella Trager, New York University, USA

Non-Sport Performance Applications

189 Development of the Dance Imagery Questionnaire for Children (DIQ-C): Exploring the Component Structure

*Irene Muir, Pennsylvania State University Altoona, USA;
Krista Chandler, University of Windsor, Canada*

190 Performing Without Debilitating Anxiety: A Qualitative Analysis from the Perspective of Professional Musicians

*Thomas Nicholl, The University of Sydney, Australia;
Maree Abbott, The University of Sydney, Australia*

Olympic Sport, International, and Global Perspectives

191 A Grounded Theory Analysis of the Multidimensional Factors Behind the Exceptional Performance of South Korean Archers

*Joonyoung Lee, Jackson State University, USA;
Suyoung Hwang, Gachon University, Republic of Korea;
Eun Seong Kim, Jackson State University, USA*

192 International Student Athletes' Coping During the COVID-19 Global Pandemic: A Qualitative Study

*Isabella Franks, University of North Texas, USA;
Trent Petrie, University of North Texas, USA;
E. Whitney Moore, East Carolina University, USA;
Carmyn Hayes, The University of North Texas, USA*

Professional Development, Supervision, and Mentoring

193 Exploring Mental Performance Consultant Role Identity: A Social Identity Approach

*Luca Ziegler, West Virginia University, USA;
Hannah Silva-Breen, West Virginia University, USA;
Kayla Hussey, West Virginia University, USA*

194 Learning Through Interactions with Others: The Value of Communities of Practice for Mentorship and MPC Development

*Diane Culver, University of Ottawa, Canada;
Siobhan Rourke, Canada; Tiago Duarte, University of Ottawa, Canada;
Cassandra Seguin, Canadian Forces Morale and Welfare Services, Canada;
Erin Kraft, SickKids - The Hospital for Sick Children, Toronto, Canada*

195 Prevalence of, Opportunities for, and Graduate Students' Experiences with Supervision Training in Sport Psychology

Savanna Ward, Boston University, USA

Research Design

196 Holistic Enhancements in Athlete Well-Being: Insights from Meta-Analytic Structural Equation Modeling

Seongwoo Seo, Chungang University, Republic of Korea;
Inyoung Cha, Chungang University, Republic of Korea;
Jeongdug Sul, Chungang University, Republic of Korea;
Junghoon Huh, Chungang University, Republic of Korea;
Joonyoung Lee, Jackson State University, USA

197 Refining the Athletic Mind: A New Measure of Meta Cognitive Competence in Sports

Sunghoon An, Chungang University, Republic of Korea;
Jaejin Lim, Chungang University, Republic of Korea;
Yaechan Lee, Chungang University, Republic of Korea;
Junghoon Huh, Chungang University, Republic of Korea;
Joonyoung Lee, Jackson State University, Republic of Korea

Social Justice, Equity, and Inclusion

198 An Intersectional Exploration of Latinx Youth Identity Development through Soccer

Swapandeep Mushiana, Soccer Without Borders, USA;
Danny Ayala Del Rio, Soccer Without Borders, USA

199 NCAA Coaches' Attitudes towards Transgender Athletes' Sport Participation: A Quantitative Analysis

Macey Arnold, University of North Texas, USA;
Kasey Chambers, University of North Texas, USA;
Trent Petrie, University of North Texas, USA

200 The Fight to Inclusivity: The Integration of Psychological Skills Training for Special Olympics Athletes

Anna Bomber, Bomber Performance Consulting, LLC, USA;
Lexi Ahrens, Special Olympics Idaho, USA

Tactical Populations

201 Enhancing Academic Performance in a Tactical Population

Kimberly Rice, Human Performance and Wellness, USA;
Alexis Kent, F3EA, USA

Teaching

202 Managing Instructor Burnout with Sport and Performance Psychology: Course Design Considerations for Kinesiology Faculty

Caitlyn Hauff, University of South Alabama, USA;
Mitchell Woltring, University of South Alabama, USA

203 Saving a Seat for Social Justice: Strategies to Improve Exercise Psychology Course Content

Alison Ede, Long Beach State University, USA;
Nicole Vargas, Long Beach State University, USA

204 Teaching Information Literacy in Sport and Exercise Psychology

Hayley Russell, Gustavus Adolphus College, USA;
Rachel Flynn, Gustavus Adolphus College, USA;
Lauren MacLean, Gustavus Adolphus College, USA;
Lauren Hecht, Gustavus Adolphus College, USA

205 The Relationship between College Students' Perceptions of the STEM Classroom Climate, Their Well Being, and Interpersonal Relationships

Jacob Chamberlin, University of Kansas, USA;
Mary Fry, University of Kansas, USA;
Jacob Majeske, University of Kansas, USA;
Ana Chicas-Mosier, University of Kansas, USA;
Jason Applegate, University of Kansas, USA

Youth Sport

206 An Intervention to Combat the Negative Effects of Perfectionism by Incorporating Elements of Self-Compassion for Youth Gymnasts

Eleanor Cain, Illinois State University, USA;
Eric Martin, Boise State University, USA;
Scott Pierce, Illinois State University, USA

207 Challenge and Threat: The Football Academy Environment

Claire Rossato, University of Greenwich, UK

208 Safe to Play: Understanding the Impact of Social Injustices on Transgender Youth Sport Participation

Mallori Girard, Texas A&M University, USA

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Coaching

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Melissa Thompson, The University of Southern Mississippi, USA;
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