LAND ACKNOWLEDGEMENT

AASP recognizes that Fort Worth, site of our 2022 Annual Conference, inhabits spaces that are the ancestral home stewarded by the Kickapoo, Jumanos, Wichita, Comanche, and Tawakoni Tribal Nations. We acknowledge that Indigenous peoples are part of our nation’s past, present, and future and recognize that they have a particular place as heroes and heroines in the sport and military historical milestones of the United States of America.
Welcome to the 37th Annual Conference of the Association for Applied Sport Psychology.

We are excited to be back together in person, and pleased you have chosen this conference to share your knowledge and extend your network of colleagues and friends. Please join us in thanking the Conference Planning Committee and staff:

- Stephen Gonzalez, Scientific Program Chair
- Kensa Gunter, Conference Program Chair
- Amanda Perkins-Ball, Diversity Committee Representative
- Dolores Christensen, Conference Planning Committee Member
- Christopher Stanley, Conference Planning Committee Member
- Kerry Guest, Student Representative, Conference Planning Committee
- Kent Lindeman, Executive Director
- Stephanie Garwood, Meeting Manager
- Emily Schoenbaechler, Certification & Communications Manager
- Emily Stark, Membership & Registration Assistant

In addition, we want to thank the over 200 members who assisted with the review of all submitted conference abstracts. Their hard work enabled us to assemble what promises to be an outstanding program. This year's conference features an exceptional list of invited speakers, as well as lectures, panels, posters, symposia, and workshops that AASP members will be presenting. Thank you for continuing to submit your excellent work to our annual conference.

The AASP Executive Board is very pleased to serve as your host for AASP 2022, and hopes that you enjoy the program and networking activities that are planned. If any of us can be of further assistance, or if you have suggestions for increasing the effectiveness of the AASP organization or educational program, please stop and talk to us this week.

Enjoy the conference!

Sincerely yours,

AASP Executive Board
2021-2022
AASP PAST PRESIDENTS

AASP is grateful for the individuals who have helped shape the organization by serving as president.

John Silva, 1985-1987
Ronald Smith, 1987-1988
Robert Weinberg, 1988-1989
Lawrence Brawley, 1990-1991
Charles Hardy, 1992-1993
Jean Williams, 1993-1994
Tara Scanlan, 1994-1995
Penny McCullagh, 1995-1996
Maureen Weiss, 1996-1997
Leonard Zaichkowsky, 1997-1998
Robin Vealey, 1998-1999
Andrew Meyers, 1999-2000
Joan Duda, 2000-2001
David Yukelson, 2001-2002
Linda Petitchkoff, 2002-2003
Damon Burton, 2003-2004
Craig Wisberg, 2005-2006
Vikki Krane, 2006-2007
Burton Giges, 2007-2008
Sean McCann, 2008-2009
Glyn Roberts, 2009-2010

Bonnie Berger, 2010-2011
Jack Lesyk, 2011-2012
Jack Watson II, 2012-2013
Jonathan Metzler, 2013-2014
Brent Walker, 2015-2016
Angus Mugford, 2016-2017
Amy Baltzell, 2017-2018
Traci Statler, 2018-2019
Natalie Durand-Bush, 2019-2020
Kensa Gunter, 2020-2021

FELLOWS

A Fellow is an AASP member who has achieved distinction through significant contributions to academic and professional practice knowledge in sport and exercise psychology.

Congratulations to the seven members named to AASP’s 2022 Class of Fellows.

Graig Chow, University of California, Berkeley
Brandonn Harris, Georgia Southern University
Linda Keeler, Western Washington University
Nohelani Lawrence, New York Football Giants
Carrie Scherzer, Mount Royal University
Chris Wagstaff, University of Portsmouth
Meredith Whitley, Adelphi University

Active Fellows:
Renee Appaneal (2021)
Mark Aoyagi (2016)
Amy Baltzell (2017)
Monna Arvinen-Barrow (2020)
Heather Barber (2005)
Bonnie Berger (1987)
Lindsey Blom (2019)
Gordon Bloom (2021)
Charlie Brown (2010)
Damon Burton (2003)
Sarah Castillo (2016)
Melissa Chase (2009)
Becky Clark (2018)
Damien Clement (2020)
Karen Cogan (2004)
Alex Cohen (2018)
Steven Danish (1991)
Kristen Dieffenbach (2016)
Joan Duda (1988)
Natalie Durand-Bush (2018)
Vicki Ebbeck (2004)
Ed Etzel (2007)
Marty Ewing (2010)
Leslee Fisher (2011)
David Fletcher (2014)
Frances Flint (2009)
Mary Fry (2009)
Nick Galli (2021)
Lori Gano-Overway (2019)
Burt Giges (2006)
Joy Griffin (2002)
Diane Gill (1987)
Todd Gilson (2019)
Scott Goldman (2016)
Daniel Gould (1987)
Kensa Gunter (2020)
Doug Hankes (2015)
Stephanie Hanrahan (2010)
Charles Hardy (1987)
Bob Harmison (2015)
Chris Harwood (2007)
Tim Herzog (2020)
Ken Hodge (2012)
Jasmyn Hutchinson (2017)
Cindra Kamphoff (2021)
Michele Kerulis (2021)
Bruce Klonsky (2021)
Anthony Kontos (2017)
Bart Lerner (2016)
Jack Lesyk (2011)
Charlie Maher (2017)
Jeff Martin (2004)
Scott Martin (2004)
Ian Maynard (2007)
Sean McCann (2009)
Penny McCullagh (1992)
Rick McGuire (2010)
Jon Metzler (2013)
Taryn Morgan (2021)
Angus Mugford (2016)
Elizabeth Mullin (2018)
Maria Newton (2012)
Ed O’Connor (2010)
Carole Oglesby (1987)
Margaret Ottley (2018)
Al Petitpas (1993)
Kirsten Peterson (2013)
Linda Petitchkoff (1995)
Trent Petrie (2000)
Artur Poczwardowski (2015)
Alison Pope-Rhodus (2018)
Alessandro Quaritelli (2021)
Glyn Roberts (1987)
Robert Schinke (1987)
Tara Scanlan (1987)
Rob Schinke (2014)
Jamie Shapiro (2021)

Elizabeth Shoenfelt (2016)
John Silva (1987)
Wesley Sime (1987)
Duncan Simpson (2021)
Natalia Stambulova (2014)
Traci Statler (2015)
Joan Steidinger (2021)
Gershon Tennenbaum (2006)
Melissa Thompson (2018)
Judy Van Raalte (2002)
Tiffanye Vargas (2019)
Robin Vealey (1989)
Ralph Vernacchia (2001)
Amanda Visek (2020)
Brent Walker (2015)
Jack Watson (2012)
Robert Weinberg (1987)
Diane Whaley (2013)
Diane Wiese-Bjornstad (2002)
Jean Williams (1987)
David Yukelson (1987)
Leonard Zaichkowsky (1988)
Michael Zito (2020)
Sam Zizzi (2012)
2022 AASP Award Winners

Dissertation Award
Recognizes the completion of an outstanding dissertation by an AASP doctoral student member
Ryan Sappington
University of Maryland, College Park

Distinguished International Professional Award
Recognizes an outstanding individual from the international community whose scientific and/or applied work has significantly impacted the field of sport and performance psychology
Stephanie Hanrahan
The University of Queensland, Australia

Distinguished Professional Practice Award
Recognizes a member who demonstrates exceptional quality and innovation in delivering sport and exercise psychology services to the public
Göran Kenttä
The Swedish School of Sport and Health Science

Distinguished Public Communication, Awareness, and Outreach Award
Recognizes efforts to promote, raise awareness of the field/profession, or engage in outreach efforts to non-sport psychology related professional organizations
Peter Olusoga
Sheffield Hallam University, UK & Inland Norway University of Applied Sciences

Distinguished Student Practice Award
Acknowledges outstanding and innovative service delivery in sport and exercise psychology by student member
Kristen Cooper
University of Denver

Dorothy V. Harris Memorial Award
Recognizes an AASP member, in the early stage of his or her professional career, who has made outstanding contributions that are both theoretical and practical
Johannes Raabe
West Virginia University

Early Career Applied Practitioner Award
Recognizes a sport psychology practitioner who has recently entered into the applied field post-graduation.
Alex Auerbach
Toronto Raptors

Inclusion, Diversity, and Excellence in Advocacy and Social Justice (IDEAS) Student Award
Recognizes a student involved in research, service, or applied experiences that focus on diversity, inclusion, social justice, or advocacy in sport and performance psychology
Rena Curvey
University of Kentucky

Kate F. Hays Distinguished Mentor Award
Recognizes outstanding efforts by an AASP member as a mentor/supervisor who has had a significant impact on their mentees in the field
Robin Vealey
Miami University

Ken Ravizza Performance Excellence Award
Recognizes an individual who embodies exemplary psychological principles associated with performance excellence as demonstrated through consistent achievement, merit or leadership over the course of their career
Tatyana McFadden
20-time Paralympic Medalist

AASP 2022 Conference Student Travel Awards
sponsored by Routledge/Taylor & Francis
$750 USD award

2022 Conference Student Travel Award Winners:
Kaleb Cusack, University of North Texas
Danae Frentz, University of Alberta - Canada
Megan Hut, West Virginia University
Anthony Magaleno, University of Wisconsin-Milwaukee
Kayla Myers, Ball State University
Seth Rose, University of Idaho
Jeff Ruser, Indiana University
Cassandra Seguin, Canadian Forces Morale and Welfare Services
Richard Simpson, Leeds Beckett University - UK
Marie Winter, University of Essex - UK

Student/Early Career Professional Science-Practitioner Award
Recognizes student or early career professional who has demonstrated excellence in both the science of applied sport psychology as well as the practice of applied sport psychology
Hayley Perelman
Boston University

Teaching Excellence Award
Acknowledges an exceptional classroom educator in the field of sport, exercise, and performance psychology
Mark Cormier
University of Kentucky
The Sport Psychologist Young Researcher Award

**sponsored by Human Kinetics**

$1,000 USD award

*2022 The Sport Psychologist Young Researcher Award Winner:*

**Carly Block**, Florida State University

### 2022-2023 AASP Research Grants

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
<th>Title</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Macey Arnold, Kasey Chambers, &amp; Trent Petrie, University of North Texas</td>
<td><strong>High School and Collegiate Coaches’ Attitudes, Perceptions, and Experiences Related to LGBT Athletes and Their Sport Participation</strong></td>
<td>$2,000.00</td>
<td></td>
</tr>
<tr>
<td>Anthony Magdaleno &amp; Barbara Meyer, University of Wisconsin-Milwaukee</td>
<td><strong>Examining the Effect of Services Provided and Years of Experience on the Stress, Burnout, and Occupational Recovery of CMPCs</strong></td>
<td>$2,200.00</td>
<td></td>
</tr>
<tr>
<td>Alexandra Potts &amp; Faye Didymus, Leeds Beckett University</td>
<td><strong>Ecological Momentary Assessment of Elite Sports Coaches’ Psychological Well-Being</strong></td>
<td>$4,000.00</td>
<td></td>
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<tr>
<td>Johannes Raabe &amp; Kim Tolentino, West Virginia University</td>
<td><strong>NCAA Coaches’ Beliefs About Mental Health Service Utilization: A Mixed-Methods Investigation</strong></td>
<td>$3,000.00</td>
<td></td>
</tr>
<tr>
<td>Mustafa Sarkar, Emily Dargue, Julie Johnston, &amp; Sarah Mallinson-Howard, Nottingham Trent University</td>
<td><strong>The Effects of Perfectionistic Climate on Perfectionism, Resilience, Fear of failure, and Psychological Well-Being in Youth Athletes</strong></td>
<td>$4,200.00</td>
<td></td>
</tr>
<tr>
<td>Robyn Trocchio, Texas Christian University</td>
<td><strong>The Effects of Virtual Reality During a Rowing Exercise Task</strong></td>
<td>$2,155.00</td>
<td></td>
</tr>
</tbody>
</table>

If you would like to apply for an AASP Award or Grant, please visit [www.appliedsportpsych.org](http://www.appliedsportpsych.org) for deadlines and additional information.

### 2022-2023 AASP Collaborative Research Grants

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
<th>Title</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Megan Byrd, Brandonn Harris &amp; Kaylyn Johnson, Georgia Southern University; Chelsea Butters Wooding, North Park University; Eric Martin, Boise State University</td>
<td><strong>AASP and Answered: Reflections from AASP’s Past-Presidents</strong></td>
<td>$2,500.00</td>
<td></td>
</tr>
<tr>
<td>Saemi Lee, California State University, Los Angeles; Luciana Zuest, Towson University; Jana Fogaca, Long Beach State University; Dawn Clifford, Northern Arizona University</td>
<td><strong>Weight Inclusive Thinking for Fitness Spaces (WIT FITS): The Effects an Online Intervention on Exercise Professionals’ Anti-Fat Attitudes</strong></td>
<td>$2,500.00</td>
<td></td>
</tr>
</tbody>
</table>

### 2022-2023 AASP Community Outreach Grants

<table>
<thead>
<tr>
<th>Name</th>
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<th>Title</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jacob Ames &amp; Jasmin Hutchinson, Springfield College</td>
<td><strong>Springfield College Scores/GOALS AASP Community Outreach Grant</strong></td>
<td>$1,000.00</td>
<td></td>
</tr>
<tr>
<td>Katherine Griffes &amp; Kelsey Terrell, SUNY Oneonta</td>
<td><strong>Girls Get a Move on: Promoting Life Skills Through Sport and Physical Activity in Pre-Adolescent Girls</strong></td>
<td>$1,500.00</td>
<td></td>
</tr>
<tr>
<td>Jason Kostrna &amp; Sabrina Gomez, Florida International University</td>
<td><strong>Teaching Sportsmanship in an Underprivileged Miami Soccer Club</strong></td>
<td>$1,250.00</td>
<td></td>
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<tr>
<td>Melissa Thompson &amp; Laurie Neelis, University of Southern Mississippi</td>
<td><strong>Mississippi Women’s Coaching Academy</strong></td>
<td>$1,250.00</td>
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### 2022-2023 AASP Foundation Gualberto Cremades International Research Grants

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
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<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diala Elkhazen and Jana Fogaca, California State University Long Beach</td>
<td><strong>Passion in Sports and the Quality of Coach-Athlete Relationship Among Lebanese and American Athletes and Coaches: A Cross Cultural Study</strong></td>
<td>$500.00</td>
<td></td>
</tr>
<tr>
<td>Vedika Jogani and Justine Vosloo, Ithaca College</td>
<td><strong>Effect of Culture on Athletes Global Self Esteem Who Participate in Sport Dissimilar to Their Identified Gender: A Cross Cultural Study</strong></td>
<td>$500.00</td>
<td></td>
</tr>
</tbody>
</table>
IN MEMORIAM

DR. KEITH HENSCHEN

Dr. Keith Henschen, one of the most notable trailblazers in our field and a true professional giant in numerous respects, passed away on Friday, October 22, 2021. It is so difficult to say good-bye to an impactful professor, a mentor, and a colleague, but even more, to one who was a dear friend. For certain, it is impossible to completely describe what Keith meant to the field of applied sport psychology and to so many people around the world.

It is common knowledge among sport psychology practitioners that one of the most reliable measures of a consultant’s success is getting invited back by a team or organization to continue the services as new challenges arise. Keith was invited back more than 30 times by the Utah Jazz, the USA Track and Field National Governing Body, the Brigham Young University Athletic Department, and more than 40 times by the University of Utah Athletic Department. Additionally, he also served USA Women’s Gymnastics, the US Aerials Ski Team, the US Speed Skating Team and the US Men’s Alpine Ski Team and attended two summer and three winter Olympic Games where he supported those teams. Uniformly, those he worked with, his clients and his collaborators use phrases such as “highest personal qualities, character, professionalism, ethics, service excellence, and long-lasting impact” when describing Keith Henschen.

For those who did not have the honor of knowing him, Keith was a professor of psychosocial aspects of sports in the Department of Exercise and Sport Science at the University of Utah for 39 years (1971-2010). His academic body of work, primarily in the areas of performance psychology, psychological skills and mental training, and sport psychology for special populations consists of over 200 articles, 40 book chapters, and 13 edited books and monographs. Keith was an often sought out speaker, with over 500 presentations delivered around the world. His service to the field was far reaching serving as President of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD) in the late 1990s and as President of the International Society of Sport Psychology (ISSP) from 2001-2005.

His devotion to his graduate students was relentless, mentoring 53 doctoral and 23 master’s level professionals who today continue contributing to the field of applied sport and performance psychology in North America and internationally. Keith was widely recognized as one of the most accomplished leaders in the field in both scholarship and practice. He was an ISSP Fellow and the recipient of the ISSP Distinguished International Sport Psychologist Award in 2017, recipient of the AASP Distinguished Professional Practice Award in 2013 and was the AASP Coleman Griffith Lecturer in 2014. One clear example of his innovative contribution to the field (especially, when situated historically) dealt with expanding sport psychology services from purely performance enhancement focused to more holistic personal development (e.g., life skills, well-being, personal growth) – a concept now thought of as a “gold standard” of effective practice, but an innovative and cutting-edge idea in previous decades of practice.

We acknowledge our privilege and true honor in being able to provide this memorandum for Keith, as we know numerous individuals would graciously take this opportunity to pay a tribute as well. As much as we made every effort to represent all those whose professional and personal lives were touched by him, we know we have fallen short of this aspiration. We hope that a moment of silence in which you reflect on all Dr. Keith Henschen meant to you will be filled with your own personal heartfelt good-byes.

Submitted respectfully,
Artur Poczwardowski, Traci Statler, and Rich Gordin

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Submitted respectfully,
Artur Poczwardowski, Traci Statler, and Rich Gordin
IN MEMORIAM

DR. BURTON GIGES

Dr. Burton (Burt) Giges passed away on March 7, 2022 at the age of 97.

Burt was a renowned expert on sport psychology consulting and self-awareness, keynote presenter at professional meetings, author of the book My Work in Sport Psychology, and star of sport psychology consulting videos. He used his expertise as a practitioner and scholar to help athletes, students, and colleagues of all levels to pursue their goals and strive to reach their potential.

Burt attended City College of New York and was a member of the fencing team. He then attended New York University College of Medicine and graduated first in his class. Throughout his lifetime, Burt had three distinguished careers. First, he worked as a medical researcher. Next, he focused on mental health, studying psychiatry at the Albert Einstein College of Medicine and becoming Chief Resident and a faculty member. He also served as the director of community mental health services in Westchester, New York and was a distinguished Life Fellow of the American Psychiatric Association. Burt began his third career - in sport psychology - when he was in his 60s. Incorporating a strong theoretical foundation that included psychodynamic, humanistic, existential, cognitive-behavioral, and gestalt approaches into his work, he helped athlete-clients identify and address psychological barriers to goal attainment, with particular attention to the harmful effects of self-critical thoughts. Burt also began attending sport psychology conferences, meeting colleagues, and leading self-awareness workshops, which led to his being appointed Clinical Professor of Psychology at Springfield College, serving as AASP President in 2007-2008, and receiving AASP's Distinguished Professional Practice Award in 2018.

Throughout his life, Burt proved himself to be an outstanding teacher, excellent advisor, in-demand professional speaker, and influential practitioner. Burt’s workshop presentations were a highlight of many conferences. In his workshops, Burt would typically invite a volunteer to the stage and would hold a live consulting session. During the session, he would periodically pause, turn to the audience, discuss his thought process, provide several possible directions for the session, and then explain the approach he was choosing to take. Burt would then return to the client to continue their conversation. His ability to share the “art” of sport psychology consulting is something that has been so appreciated that the “Burt Giges Workshop” (featuring other presenters in the interactive format in which Burt excelled) has continued to be a regular feature at AASP’s Annual Conference.

During the SARS-CoV-2 pandemic, Burt stayed engaged with students and colleagues. He taught by Zoom and held a Springfield College ID that was current through the last year of his life. When a colleague mentioned their impending retirement, Burt, age 97, said that he might retire in May 2022, too. Although Burt did not make it to his retirement, he spent his working life enjoying special relationships with his wife Ilka (who joined him at some of his teaching and conference gigs), his daughters Elinor and Julie, and their families. Burt had an unwavering belief in individual value and human potential. He will be sorely missed.

Submitted by Judy Van Raalte, Britt Brewer, and Al Petitpas

IN MEMORIAM

AASP acknowledges the passing of the following members:

Robert Brustad
Bruce Klonsky
Stephen Walker
CMPC CREDIT

The AASP Annual Conference counts for 12 CEUs (3 per day) toward CMPC recertification. In order to claim the credit, turn in your conference registration confirmation email with your recertification materials. You will not receive a separate certificate.

You can earn additional credit by attending the sessions below. In order to claim credit for these, you will be required to sign in, and you will receive a certificate via email after the conference.

If you attend the entire conference, including the three sessions below, you can receive a maximum of 15.25 CEUs.

Ethics Credit - 1.25
Wednesday, October 26, 2:15 - 3:30 pm, Room 204
Navigating Risks and Responsibilities: Case Studies in Sport Psychology
Karen Cogan, USOPC;
Jenny Conviser, Ascend Consultation in Health Care;
Kensa Gunter, Gunter Psychological Services, LLC;
Christopher Bader, University of Arkansas

Diversity Credit - 1.0
Thursday, October 27, 11:30 am - 12:30 pm, Room 204
Diversity Lecture - Transgender & Nonbinary Inclusion in Sport: Allyship & Action
Chris Mosier, Triathlete & Transgender Advocate

Mentorship/Supervision Credit - 1.0
Saturday, October 29, 11:30 am - 12:30 pm, Room 202A
It Takes a Village: A Guide for Implementing Effective Peer Mentorship in Applied Sport Psychology Training Programs
Savanna Ward, Florida State University;
Frances Cacho, Florida State University;
Carly Block, Florida State University;
Graig Chow, University of California, Berkeley;
Nataniel Boiangin, Barry University

APA CREDITS

APA credits are available to AASP attendees for an additional fee. To obtain APA credits, you must purchase them when you register for the conference. If you registered for APA credit, you received instructions and additional information, including a list of eligible sessions, when you picked up your name badge.

SPEAKER READY ROOM

All speakers delivering computer-based presentations are required to visit the Speaker Ready Room, in Room 201C, to pre-load their presentations based on the schedule below. Since there are over 100 presentations that will be delivered to the Speaker Ready Room over the course of the conference, we ask that you please visit at the prescribed times indicated below so we can assist you appropriately.

Please provide your presentation on a USB drive, and if your presentation contains audio or video, make sure to have a copy of the audio or video source file on your USB.

An AV Tech will be able to assist you with putting your files on a laptop and previewing your presentation. Please note that once your presentation is uploaded in the Speaker Ready Room, you will not be permitted to revise the presentation. Please make all your last-minute changes before coming to the Speaker Ready Room. Once uploaded, your presentation will be available on a PC laptop in your session room in a folder on the desktop named with your session date and time.

<table>
<thead>
<tr>
<th>If Your Presentation Time Is...</th>
<th>Then Your Scheduled Check-In Time Is...</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, October 26 between 1:00 pm – 5:00 pm</td>
<td>Wednesday, October 26 between 9:00 am – 11:00 am</td>
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<tr>
<td>Thursday, October 27 between 8:00 am – 1:00 pm</td>
<td>Thursday, October 27 between 1:00 pm – 5:00 pm</td>
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<tr>
<td>Thursday, October 27 between 1:00 pm – 5:00 pm</td>
<td>Thursday, October 27 between 7:00 am – 11:00 am</td>
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<tr>
<td>Friday, October 28 between 8:00 am – 1:00 pm</td>
<td>Thursday, October 27 between 1:00 pm – 5:00 pm</td>
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<tr>
<td>Friday, October 28 between 1:00 pm – 5:00 pm</td>
<td>Friday, October 28 between 7:00 am – 11:00 am</td>
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<tr>
<td>Saturday, October 29 between 8:00 am – 1:00 pm</td>
<td>Friday, October 28 between 1:00 pm – 5:00 pm</td>
</tr>
<tr>
<td>Saturday, October 29 between 1:00 pm – 4:00 pm</td>
<td>Saturday, October 29 between 7:00 am – 11:00 am</td>
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</table>
SPECIAL INTEREST GROUP (SIG) MEETINGS

Attendees are welcome to attend any SIG meeting; pre-registration is not required.

Groups meet from 12:40 PM - 1:25 PM; and 1:30 PM - 2:15 PM. Check the schedule below for the time your group meets.

Thursday, October 27

12:40 PM - 1:25 PM
Anger & Violence in Sport
Room 201A

Business Ownership
Room 202A

Mindfulness
Room 202 CD

Pride (LGBTQ+)
Room 203A

Study & Practice of Supervision
Room 204

Sports Injury
Room 203BC

1:30 PM - 2:15 PM
Eating Disorders
Room 201A

Exercise Psychology & Wellness
Room 202A

Tactical Populations
Room 202CD

Teaching Sport & Exercise Psychology
Room 203BC

Youth Sport
Room 203A

COMMITTEE & EDITORIAL BOARD MEETINGS

Thursday, October 27

12:30 PM - 2:00 PM
Past Presidents Council & Lunch
Room 200, Convention Center

12:30 PM - 1:30 PM
Hospitality Committee
Sundance 4, Omni

12:30 PM - 1:30 PM
Newsletter Committee
Sundance 1, Omni

12:30 PM - 1:30 PM
Student Development Committee
Sundance 2, Omni

12:30 PM - 1:30 PM
Webinars and Virtual Conference Committee
Sundance 3, Omni

Friday, October 28

7:00 AM - 8:00 AM
Graduate Program Accreditation Committee
Sundance 2, Omni

12:30 PM - 1:30 PM
Certification Review Committee
Room 202CD, Convention Center

12:30 PM - 1:30 PM
Continuing Education Committee
Room 202A, Convention Center

12:30 PM - 1:30 PM
Dorothy V. Harris Memorial Award Committee
Room 201A, Convention Center

12:30 PM - 1:30 PM
Ethics Committee
Room 203A, Convention Center

12:30 PM - 1:30 PM
JASP Editorial Board
Sundance 4, Omni

1:00 PM - 1:45 PM
Sport Psychology Council
Sundance 5, Omni
## FULL CONFERENCE SCHEDULE

### WEDNESDAY, OCTOBER 26

<table>
<thead>
<tr>
<th>Time</th>
<th>Room</th>
<th>Event</th>
<th>Speaker</th>
<th>Institution</th>
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<tbody>
<tr>
<td>9:00 AM – 12:00 PM</td>
<td>Room 201A</td>
<td><strong>CE Workshop: Making Difficult Decisions:</strong> Enhancing Competencies in Psychopathology for a Long and Successful Career</td>
<td>Christine Selby, Springfield College, USA; Mitch Abrams, Learned Excellence for Athletes, USA; Hillary Cauthen, Texas Optimal Performance &amp; Psychological Services, USA</td>
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<td>Pre-registration required; additional fee</td>
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<tr>
<td>1:00 PM - 2:00 PM</td>
<td>Room 202CD</td>
<td><strong>PAN-01: Level Up: A Push for Holistic Practices in eSports</strong></td>
<td>Changhyun Ko, Team Liquid, USA; Eric LeNorgant, Team Liquid, USA; Claudio Godoi, Brazilian Association of Electronic Sports Psychology, Brazil</td>
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<td>1:00 PM - 2:00 PM</td>
<td>Room 204</td>
<td><strong>SYM-01: A Resilience Program for First Year Collegiate Athletes: An Overview of Program Design, Implementation, Evaluation, and Implications</strong></td>
<td>Eric Martin, Boise State University, USA; Scott Pierce, Illinois State University, USA; Samantha Kurkjian, Illinois State University, USA; Kelly Rossetto, Boise State University, USA; Liam O’Neil, Utah State University, USA</td>
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<td>1:00 PM - 2:00 PM</td>
<td>Room 202A</td>
<td><strong>WKSP-01: The Utility of Personality Assessment in High-Performance Career Fields</strong></td>
<td>Lennie Waite, University of St. Thomas, Houston, USA; Wayne Chappelle, United States Air Force, USA; Tyler McDaniel, NeuroStat Analytical Solutions, USA</td>
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<td>1:00 PM - 2:00 PM</td>
<td>Room 203A</td>
<td><strong>WKSP-02: Narrative Resources Leading to Positive Sport &amp; Exercise Experiences and Lifelong Exercise Adherence</strong></td>
<td>Rebecca Busanich, St. Catherine University, USA</td>
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<td>1:00 PM - 2:00 PM</td>
<td>Room 201A</td>
<td><strong>WKSP-03: The Complexity of Treating Eating Disorders and Perfectionism in Athletes</strong></td>
<td>Andrea Barbian, Life’s Journey Counseling Services, USA</td>
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<td>1:00 PM - 2:00 PM</td>
<td>Room 203BC</td>
<td><strong>WKSP-04: For Them, By Them: Creating A Community of Practice for Coaches - The Role of the Sport Psychology Professional</strong></td>
<td>Greg Young, IMG Academy, USA; Duncan Simpson, IMG Academy, USA; Christian Smith, IMG Academy, USA</td>
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<td>2:15 PM - 3:30 PM</td>
<td>Room 203BC</td>
<td><strong>FEA-01: Wrestling with Ethics: Navigating Personal Values and Professional Responsibility</strong></td>
<td>Lindsay Ross-Stewart, Strive Sports Academy, USA; Lindsey Hamilton, IMG Academy, USA; John E. Coumbe-Lilley, University of Illinois Chicago, USA; Kerry Guest, Indiana University, USA</td>
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<td>2:15 PM - 3:30 PM</td>
<td>Room 201A</td>
<td><strong>LEC-01: Injury/Rehabilitation</strong></td>
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<td><strong>LEC-01A: ‘Pushing through the Pain Cave’: Lived Experiences of Pain Tolerance in Male Ultra-Marathon Runners</strong></td>
<td>Lloyd Emeka, St Mary’s University, UK</td>
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<td><strong>LEC-01B: Exploration of Dancers’ Post-Injury Psychological Experiences</strong></td>
<td>Marisa Fernandez, Western Washington University, USA; Linda Keeler, Western Washington University, USA; Jessyca Arthur-Cameselle, Western Washington University, USA; Pam Kuntz, Western Washington University, USA</td>
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<td><strong>LEC-01C: College Athletes’ Experiences with a Lower Body Re-Injury: A Phenomenological Investigation</strong></td>
<td>Samantha Holder, USA; Megan Byrd, Georgia Southern University, USA; Tylar Walker, Georgia Southern University, USA; Brandonn Harris, Georgia Southern University, USA; Steve Patterson, Georgia Southern University, USA</td>
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<td><strong>LEC-01D: Combining Psychoeducation with Psychoemotional Processing to Facilitate Psychological Recovery Following Injury</strong></td>
<td>Timothy White, White House Athletics, USA</td>
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2:15 PM - 3:30 PM  Room 202A

LEC-02: Mental Health

LEC-02A: Licensed Sport Psychology Professionals’ Roles and Experiences Working within NCAA DI Athletic Departments
Morgan Eckenrod, University of Southern Mississippi, USA;
Terilyn Shigeno, Adler University, USA;
Rebecca Zakrajsek, University of Tennessee, USA;
Matthew Jones, Southern Illinois University Edwardsville, USA;
Piotr Piatecki, Boston University Wheelock College of Education and Human Development, USA

LEC-02B: Protective Factors and Support Needs for Mental Health Among Young Elite Lean Sports Athletes
Carolina Lundqvist, Linköping University & The Swedish Olympic Committee, Sweden;
Emelie Eklöv, Linköping University, Sweden;
Sofia Zand, Linköping University, Sweden;
David Schary, Winthrop University, USA

LEC-02C: Examining Practitioners’ Perspectives on Access to Professional Psychological Help Services for Division I Male Athletes
Nicole Vana, USA;
Megan Byrd, Georgia Southern University, USA;
Brandon Harris, Georgia Southern University, USA;
Pamela Wells, Georgia Southern University, USA

LEC-02D: Promoting Student-Athlete Mental Health: It All Starts with Asking the Right Questions
Neil Rajdev, Northwell Health, USA;
Janna Gordon-Elliot, New York-Presbyterian Hospital/ Weill Cornell Medicine, USA;
Russell Camhi, Northwell Health, USA

2:15 PM - 3:30 PM  Room 202CD

PAN-02: Mentorship Mechanics: The Cogs of the Mentee Training Wheel
Julie Hayden-Blackburn, John F. Kennedy School of Psychology at National University, USA;
Michael Gerson, JFKU/ Mission 6 Zero, USA;
Victoria Tomlinson, JFK School of Psychology at NU, USA;
Abby Keenan, Intrepid Performance Consulting, USA;
Sara Erdner, Adams State University, USA;
Lauren Tashman, Align Performance LLC / Valor Performance Inc., USA;
Beny Collins, Realized Performance Consulting LLC, USA

2:15 PM - 3:30 PM  Room 203A

WKSP-05: Navigating Risks and Responsibilities: Case Studies in Sport Psychology
Karen Cogan, USOPC, USA;
Jenny Conviser, Ascend Consultation in Health Care, USA;
Kensa Gunter, Gunter Psychological Services, LLC, USA;
Christopher Bader, University of Arkansas, USA

2:15 PM - 3:30 PM  Room 204

WKSP-06: Addressing Perfectionism in Athletes
Dane Anderson, Options for Southern Oregon, USA

3:45 PM - 5:00 PM  Room 203A

LEC-03: Coaching 1

LEC-03A: Exploring Coaches’ Perceptions of the Role of Trauma in Sport Success
Liz Sanborn, Notre Dame, USA;
Robert Harmison, James Madison University, USA;
Parker Leap, James Madison University, USA

LEC-03B: Coaching in the ‘Alternate Universe’ of Elite Figure Skating: A Developmental Perspective of Need-Supportive Behavior in the Coach-Athlete Dyad
Diane Benish, West Virginia University, USA;
Tucker Readdy, University of Wyoming, USA;
Matthew Bejar, Mount Mercy University, USA;
Johannes Raabe, West Virginia University, USA

LEC-03C: Stress and Coping Experiences of Professional Soccer Managers During the COVID-19 Pandemic
Sofie Kent, UK;
Tracey Devonport, University of Wolverhampton, UK;
Rachel Arnold, University of Bath, UK;
Faye Didymus, Leeds Beckett University, UK

LEC-03D: An Exploratory Study to Understand Inappropriate Behaviors in Elite Sport
Suzanna Burton-Wylie, University of Portsmouth, UK;
Chris Wagstaff, University of Portsmouth, UK;
Daniel Brown, University of Portsmouth, UK;
Simon Crampton, English Institute of Sport, UK
Awards & Recognition

Dorothy V. Harris Memorial Award
Johannes Raabe, West Virginia University, USA

Distinguished Student Practice Award
Kirsten Cooper, University of Denver, USA

Kate F. Hays Distinguished Mentor Award
Robin Vealey, Miami University, USA

Student/Early Career Professional Science-Practitioner Award
Hayley Perelman, Boston University, USA

KEYNOTE PRESENTATION

Tatyana McFadden, 20-time Paralympic Medalist, USA

PRESENTATION OF PERFORMANCE EXCELLENCE AWARD

7:00 PM - 9:00 PM
Fort Worth Convention Center
Events Plaza (Outdoors)

OPENING RECEPTION

THURSDAY, OCTOBER 27

7:00 AM - 8:15 AM
Omni Hotel - Texas Ballroom

CMPC Breakfast
Open only to current CMPCs.

8:15 AM - 9:30 AM
Room 204

FEA-02: Student Workshop - Do We Have to Talk About It?: Broaching Diversity, Equity, & Inclusion in Sport Psychology
Aaron Goodson, Duke University Athletics, USA; Hannah Bennett, Augusta University, USA; Michael Urban, IMG Academy, USA; Kerry Guest, Indiana University, USA; Moderator: Urska Dobersek, University of Southern Indiana, USA
8:15 AM - 9:30 AM  
**Room 203A**

**PAN-05: Community Outreach During a Global Pandemic?? Lessons Learned and Challenges Overcome**
Ashley Samson, California State University, Northridge, USA; Stefane Maurice, California Polytechnic State University, USA; Mary Fry, University of Kansas, USA; Alexander Gamble, Rutgers, USA

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8:15 AM - 9:30 AM  
**Room 203BC**

**PAN-06: Expert Approaches to Sport Psychology: Theory to Practice at the Olympic and Paralympic Games**
Mark Aoyagi, University of Denver, USA; Artur Poczwardowski, University of Denver, USA; Anne Marte Pensgaard, Norwegian School of Sport Sciences & NOC, Norway; Margaret Ottley, West Chester University, USA; Alexander Cohen, United States Olympic & Paralympic Committee, USA

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8:15 AM - 9:30 AM  
**Room 202A**

**WKSP-10: My Imagination Hates Me: Utilizing the ACT Matrix to Improve the Psychological Flexibility of Children and Adolescents and Maximize Their Achievement in Sports and Other Performance Endeavors**
David Udelf, Becker, Udelf, and Associates, USA

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8:15 AM - 9:30 AM  
**Room 201A**

**WKSP-11: ‘From the Olympics to the Office and the OR’: Applying Sport Psychology Principles to Business and Medical Settings**
Sebastian Brueckner, Valor Performance Inc., Germany; Amy Lwin, Valor Performance Inc., USA; Robert Owens, Valor Performance, USA; Lauren Tashman, Align Performance LLC / Valor Performance Inc., USA

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8:15 AM - 9:30 AM  
**Room 202CD**

**WKSP-12: Sport Psychology in the Media - An Ethical Guide**
Michele Kerulis, Northwestern University, USA; Harold Shinitzky, Private Practice, USA; Susan Eddington, President-Elect, APA Div 46 Media Psychology, USA

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9:00 AM - 7:00 PM  
**Ballroom C**

**Poster Viewing**

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9:30 AM - 4:00 PM  
**Foyer**

**Exhibits Open**

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9:45 AM - 11:00 AM  
**Ballroom B**

**KEYNOTE SESSION**

**Awards & Recognition**

**Distinguished Professional Practice Award**
Göran Kenttä, Swedish School of Sport and Health Science, Sweden

**Distinguished International Professional Award**
Stephanie Hanrahan, The University of Queensland, Australia

**Early Career Applied Practitioner Award**
Alex Auerbach, Toronto Raptors, Canada

**Outgoing Board Recognition**
Sarah Castillo, University of Western States, USA; Ale Quartiroli, University of Wisconsin - La Crosse, USA; Kerry Guest, Indiana University, USA

**Outgoing Certification Council Recognition**
Brandonn Harris, Georgia Southern University, USA; Nick Galli, University of Utah, USA; Victoria Tomlinson, JFK School of Psychology at NU, USA; Jack J. Lesyk, Ohio Center for Sport Psychology, USA

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9:00 AM - 7:00 PM  
**Ballroom C**

**Poster Viewing**
<table>
<thead>
<tr>
<th>Time</th>
<th>Room</th>
<th>Session Title</th>
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| 11:30 AM - 12:30 PM | Room 201A  | FEA-03: International Symposium - Multicultural Sport Psychology Practice in Globally Diverse Performance Environments  
Shameema Yousuf, Empower2Perform, UK;  
Stephanie Hanrahan, The University of Queensland, Australia;  
Margaret Ottley, West Chester University, USA;  
Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA |
| 11:30 AM - 12:30 PM | Room 202CD | LEC-04: Consulting & Interventions  
LEC-04A: Using Virtual Reality Technology in Preparing Olympic Athletes for the Tokyo Games  
Karen Cogan, USOPC, USA  
LEC-04B: Imagery Experiences of Athletes with Aphantasia, Normal Imagery Ability, and Hyperphantasia  
Robert Lynch II, University of Wisconsin Green Bay, USA;  
Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA  
LEC-04C: Revisiting and Expanding the 4 Ws of Mental Imagery in Sport: Where, When, Why, What, Plus How  
Suzanne Vogler, West Virginia University, USA;  
Irene Muir, University of Windsor, Canada;  
Jarad Lewellen, West Virginia University, USA;  
Erika Van Dyke, Springfield College, USA;  
Peter Giacobbi, West Virginia University, USA;  
Craig Hall, University of Western Ontario, Canada;  
Robert Weinberg, Miami University, USA;  
Krista Chandler, University of Windsor, Canada  
LEC-04D: Evaluation of Traditional and PETTLEP Imagery Interventions for Collegiate Golfers: A Case Study-Mixed Methods Design  
Beaux Myers, University of Wisconsin - Green Bay, USA;  
Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA |
| 11:30 AM - 12:30 PM | Room 203A  | LEC-05: Collegiate Athletics 1  
LEC-05A: Regret in Sport: Learning from the Reflections of Former Collegiate Student-Athletes  
Chelsea Wooding, North Park University, USA;  
Raymond Prior, RFP Sport & Performance Consulting, USA  
LEC-05B: Experiences of Perfectionistic Competitive Collegiate Dancers  
Frances Cacho, Florida State University, USA;  
Genna Ellinwood, USA  
LEC-05C: ‘Something That Can Help Me Be a Better Human’: A Qualitative Exploration of Athletic Trainers’ Personal Use of Sport Psychology Services  
Alexander Blanco, University of Tennessee, USA;  
Sharon Couch, University of Tennessee, USA;  
Rebecca Zakrajsek, University of Tennessee, USA;  
Leslee Fisher, University of Tennessee, USA;  
Sonya Hayes, University of Tennessee, USA;  
Johannes Raabe, West Virginia University, USA |
| 11:30 AM - 12:30 PM | Room 203BC | PAN-07: Not Just a “Female Problem:” Male Athletes Experience Eating Disorders, Too  
Hayley Perelman, Boston University, USA;  
Mitchell DeSimone, Ascend Performance and Development, USA;  
Caitlyn Hauff, University of South Alabama, USA;  
Cindy Aron, Ascend Consultation in Health Care, LLC, USA;  
Amanda Karas, Chargepoint, USA;  
Jenny Conviser, Ascend Consultation in Health Care, USA |
| 11:30 AM - 12:30 PM | Room 204   | WKSP-13: Enjoying the Ride: Navigating the Job Search Process in Sport and Exercise Psychology  
Michelle Bartlett, West Texas A & M University, USA;  
Sean Fitzpatrick, St. Catherine University, USA;  
Jamie Shapiro, University of Denver, USA;  
Pete Kadushin, Chicago Blackhawks, USA |
**Committee Meetings**
See page 9 for a complete list of meetings and room assignments. Committee meetings take place at the Omni Fort Worth.

**Past Presidents Luncheon (invitation only)**

**Special Interest Group (SIG) Meetings**
See page 9 for a complete list of meetings and room assignments.

**FEA-05: 5 Slides in 5 Minutes - Best Practices in Performance Consulting**
Sebastian Brueckner, Private Practice, Germany; Abby Keenan, Intrepid Performance Consulting, LLC, USA; LaKeitha Poole, Small Talk Counseling & Consulting / Louisiana State University, USA; Danny Ourian, Hoops Minded & Holy Names University, USA; Nicole D. Charles-Linen, Private Practice, USA; Traci Statler, Philadelphia Phillies, USA

**FEA-06: Sponsor Session - University of Western States**
One on One admissions sessions (stop in – no appointment needed) – Learn about University of Western States Sport and Performance Psychology and Clinical Mental Health Counseling programs and have your personalized questions answered. Program directors, faculty, and current students will be available throughout the session.

**FEA-07: Sponsor Session - Magellan**

**PAN-08: Diversity, Competency, and Trust in eSports: Building 1 team from 5 Michael Jordans**
Eric LeNorgant, Team Liquid, USA; Chang-Hyun Ko, Team Liquid, USA; Claudio Godoi, Brazilian Association of Electronic Sports Psychology, Brazil

**SYM-02: The LiiNK Project: A School Recess Intervention Promoting Healthy, Whole Child Development**
Deborah Rhea, Texas Christian University, USA; David Farbo, Texas Christian University, USA; Kate Webb, Texas Christian University, USA; Daryl Campbell-Pierre, Texas Christian University, USA

**WKSP-14: Developing a Protocol for Return to Sport: Mental Health Edition**
Taryn Brandt, United States Olympic & Paralympic Committee, USA; Jessica Bartley, University of Denver, USA

**International Jamboree**
The International Jamboree is a social event sponsored by the International Relations Committee, the Diversity Committee, and the Advocacy Committee that will include food, ice breakers, and opportunities to network! It is a gathering of all the diversity-focused special interest groups (SIGs) and committees. This social event is open to all members who want to learn more about the Association’s diversity, inclusion, international, and advocacy efforts.

**CE Workshop: A Trauma-Informed Approach to Performance - A Necessary Competency for All Sport Psychology Professionals**
Meredith Whiteley, Adelphi University, USA; William Massey, Oregon State University, USA; Megan Bartlett, The Center for Healing & Justice through Sport, USA

Pre-registration required; additional fee
FRIDAY, OCTOBER 28

7:00 AM - 8:00 AM

Committee Meetings
See page 9 for a complete list of meetings and room assignments. Committee meetings take place at the Omni Fort Worth.

8:15 AM - 9:30 AM

Room 202CD

FEA-08: CMPC Certification: Eligibility Requirements for New Candidates and Recertification Procedures for Current CMPCs
Jon Metzler, Magellan Federal, USA;
Leilani Madrigal, Long Beach State University, USA;
Vicki Tomlinson, JFK School of Psychology at NU, USA;
Jack J. Lesyk, Ohio Center for Sport Psychology, USA;
Brandon Harris, Georgia Southern University, USA;
Véronique Boudreault, Université de Sherbrooke, Canada;
Nick Galli, University of Utah, USA;
Judy Goss, Private Practice, USA;
Robert Owens, Valor Performance, USA;
Linda Petlichkoff, LP Performance LLC, USA;
Greg Walker, USA Volleyball, USA;
Sarah Castillo, University of Western States, USA;
Sharleen Hoar, Canadian Sport Institute-Pacific, Canada

Pre-registration required; additional fee

8:15 AM - 9:30 AM

Room 201A

CE Workshop: Mindfulness at the Olympic Games - What Do Olympic Athletes Most Desire from Sport Psychology?
Peter Haberl, US Olympic & Paralympic Committee, USA

Pre-registration required; additional fee

6:00 PM - 9:00 PM

Room 202A

CE Workshop: Mental Health Gatekeeper Training for Mental Performance Consultants
Erin Haugen, Haugen Performance Consulting, PLLC, & University of North Dakota, USA;
Angel Brutus, US Olympic & Paralympic Committee, USA;
Kathryn Lang, Haugen Performance Consulting, PLLC, & University of North Dakota, USA

Pre-registration required; additional fee

6:00 PM - 9:00 PM

Room 203A

CE Workshop: Real Solutions to Sexual Violence in Sport
Mitch Abrams, Learned Excellence for Athletes, USA

Pre-registration required; additional fee

6:00 PM - 9:00 PM

Room 202CD

CE Workshop: 5 Slides in 5 Minutes - Emerging Topics
Carmyn Hayes, University of North Texas, USA;
Macey Arnold, University of North Texas, USA;
Stacy Gnacinski, Drake University, USA;
Erin Silvertooth, Private Practice, USA;
Moderator: Chris Stanley, Florida State University, USA

Pre-registration required; additional fee

7:00 PM - 8:30 PM

Room 200

Student Social

8:15 AM - 9:30 AM

Room 202B

LEC-06: Exercise/Health/Fitness

LEC-06A: 20 Years Later - Former AAS Users Describe Their Mental Health Post AAS Use
Mario Vassallo, Wayne State University, USA;
Tracy Olrich, Central Michigan University, USA;
Jeffrey Martin, Wayne State University, USA
**LEC-06B: 20 Years Later - Former AAS Users Describe Their Physical Implications/Injuries They Experienced Post AAS Use**  
Mario Vassallo, Wayne State University, USA; Tracy Olrich, Central Michigan University, USA; Jeffrey Martin, Wayne State University, USA

**LEC-06C: Into Fitness Together With Mindfulness (IFIT-M): A Fitness Based Mindfulness Program for Individuals with Autism Spectrum Disorder**  
Jacob Jensen, California State University-Northridge, USA; Brittney Aquino, California State University-Northridge, USA

**LEC-07: Collegiate Athletics 2**

**LEC-07A: The Benefits and Outcomes of MSPE Training for both Sport and Daily Life: An In-depth Qualitative Study with a College Rugby Team**  
Megan Hut, West Virginia University, USA; Thomas Minkler, West Virginia University, USA; Carol Glass, The Catholic University of America, USA; Hannah Thomas, Montclair State University, USA; Caroline Weppner, USA; Claire Flannery, The Catholic University of America, USA

**LEC-07B: The Relationship of Social Support, Self-Compassion, and Resilience to Psychological Distress in NCAA Female Athletes During COVID-19**  
Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA; Trent Petrie, University of North Texas, USA; Matthew Mikesell, Premier Sport Psychology, USA; E. Whitney Moore, Wayne State University, USA

**LEC-07C: Exploring the Impacts of Social Media Use on Highly Visible Student-Athletes Well-Being in the NIL-era**  
Jeff Ruser, Indiana University, USA; Jesse Steinfeldt, Indiana University, USA; Eli Friedman, Indiana University, USA

**LEC-07D: Is Self Compassion the Antidote for Perfectionism? Understanding the Impact of a Self Compassion Intervention on Perfectionistic Athletes**  
Carly Block, Florida State University, USA; Frances Cacho, Florida State University, USA; Jennifer Forse, University of Pittsburgh, USA; Graig Chow, University of California, Berkeley, USA

**LEC-07E: Resilience and Enhancement in Sport, Exercise, & Training (RESET): The Impact on Student-Athlete Coping, Well-Being, and Perceived Performance**  
Ashley Kuchar, The University of Texas at Austin, USA; Kristin Neff, The University of Texas at Austin, USA; Amber Mosewich, University of Alberta, Canada

**PAN-09: Beating Burnout: Student-Centered Pedagogy for Reducing Instructor Workload and Stress**  
Amber Shipherd, Texas A&M University-Kingsville/Next Level Mind Consulting, USA; John Coumbe-Lilley, University of Illinois at Chicago, USA; Chelsea Duncan, James Madison University, USA; Hannah Bennett, Augusta University, USA; Frances Cacho, Florida State University, USA; McKenzie Hahn, Texas A&M University-Kingsville, USA

**PAN-10: A Games Like No Other: A Glimpse into Mental Health Services at the Beijing Olympic and Paralympic Games**  
Taryn Brandt, United States Olympic & Paralympic Committee, USA; Emily Clark, United States Olympic & Paralympic Committee, USA; Julia Cawthra, U.S. Olympic and Paralympic Committee, USA; Angel Brutus, USOPC, USA; Jessica Bartley, University of Denver, USA

**Poster Viewing**

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<tbody>
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<td>9:00 AM - 7:00 PM</td>
<td>Ballroom C</td>
<td>Poster Viewing</td>
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<tr>
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<td>Foyer</td>
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9:45 AM - 11:00 AM  Ballroom B

KEYNOTE SESSION

Awards & Recognition

Inclusion, Diversity, and Excellence in Advocacy and Social Justice Student Award
Rena Curvev, University of Kentucky, USA

Distinguished Public Communication, Awareness, and Outreach Award
Peter Olusoga, Sheffield Hallam University, UK & Inland Norway University of Applied Sciences, Norway

Student Diversity Conference Travel Grants

Conference Student Travel Awards

Young Researcher Award
Carly Block, Florida State University, USA

Keynote Presentation

Interview with John Isner
Top 25 World Ranking for the past 12 years Winner of 16 career ATP Tournaments and longest match in tennis history

11:30 AM - 12:30 PM  Room 204

FEA-10: The Burt Giger Workshop: Effective Brief Interventions When Time Is Limited
Eric Martin, Boise State University, USA; Aaron Goodson, Duke Athletics, USA; Chelsea Wooding, North Park University, USA; Aidan Kraus, Boston University, USA; Emily Murphy, University of Kentucky, USA;

Organizers: Dolores Christensen, University of Oklahoma Athletics Department, USA and Erika Van Dyke, Springfield College, USA

11:30 AM - 12:30 PM Room 203BC

FEA-11: Integrated Sport Psychology Services: Perspectives from MLB
Shana Alexander, San Francisco Giants, USA; Drew Robinson, former San Francisco Giants player, USA; Doug Chadwick, Colorado Rockies, USA; Frances Cardenas, Philadelphia Phillies, USA

Moderator: Sarah Castillo, University of Western States, USA
11:30 AM - 12:30 PM  
**Room 202B**

**LEC-09: Current Issues**

**LEC-09A: The Application of Performance Psychology and Behavioral Modification to Address Mental Health Needs within the Medical Field**
Ed Garrett, California Baptist University, USA; Alexandra Clark, Loma Linda University

**LEC-09B: Understanding Interpersonal Psychological Well-Being in High-Performance Sport**
Richard Simpson, Leeds Beckett University, UK; Faye Didymus, Leeds Beckett University, UK; Toni Williams, Durham University

**LEC-09C: Screening for Trauma and PTSD before Mindfulness-Based Interventions with Athletes: Applied, Clinical and Research Implications**
Thomas Minkler, West Virginia University, USA; Sam Zizzi, West Virginia University, USA; Zenzi Huysmans, Whole Brain Solutions, USA

**LEC-09D: ‘What Are Y’all Going to Do When You Get Pregnant and Lose Your Jobs?’: One Tale of an Emotionally Abusive Coach and Consultants’ Reactions to Him**
Victoria Bradshaw, University of Tennessee, USA; Savannah Miller, UT Knoxville, USA; Shane Thomson, University of Tennessee, USA; Leslee Fisher, University of Tennessee, USA

11:30 AM - 12:30 PM  
**Room 202CD**

**PAN-11: Two Worlds, One Beat - Intersectional Experiences of Two U.K. Sport Psychology Professionals Unitiing to Lead Cultural Change in U.K. Sport and Sport Psychology**
Shameema Yousuf, Empower2Perform / Valor Performance, UK; Peter Olusoga, Sheffield Hallam University, UK; Alessandro Quartiroli, University of Wisconsin - La Crosse (USA)/University of Portsmouth (UK)

11:30 AM - 12:30 PM  
**Room 203A**

**WKSP-15: The Mindfulness Menu: Incorporating Palatable Sessions of Mindfulness into Sport**
Michael Gerson, JFKU/ Mission 6 Zero, USA; Steve O’Neill, Cognishift LLC, USA

11:30 AM - 12:30 PM  
**Room 201A**

**WKSP-16: The Downfall of Expectations and the Rise of Intention in Professional and Elite Athletes**
Jessica Garza, Ultier, USA; Amelia Tanner, Ultier, USA; Shandi Movsky, Ultier, USA

12:30 PM - 1:30 PM  
**Room 200**

**Meet the Professionals Lunch**
Ticket required; event sold out.

12:30 PM - 1:30 PM  

**Committee Meetings**
See page 9 for a complete list of meetings and room assignments.

1:30 PM - 2:45 PM  
**Omni - Sundance 3**

**Graduate Program Director Meeting**
This meeting is intended for Program Directors of graduate programs to hear updates around Program Accreditation, the purpose of the new Graduate Program Directors Committee (GPDC) and to discuss CMPC supervision. There will also be time for open discussion and idea sharing.

1:45 PM - 2:45 PM  
**Room 202CD**

**FEA-12: Student Workshop - When the Student Becomes the Teacher: Approaches to Developing Mentoring Skills**
Duncan Simpson, IMG Academy, USA; Abby Keenan, Intrepid Performance Consulting, USA; Savannah Ward, Boston University, USA; Traci Statler, Philadelphia Phillies, USA; Lauren Tashman, Alight Performance/Valor Performance, USA; Taryn Morgan, IMG Academy, USA; Marc Cormier, University of Kentucky, USA; Moderator: Urska Dobersek, University of Southern Indiana, USA
LEC-10: Professional Issues & Ethics

LEC-10A: Identifying Predictors of the Health and Performance of Certified Mental Performance Consultants
Anthony Magdaleno, University of Wisconsin-Milwaukee, USA;
Barbara Meyer, University of Wisconsin-Milwaukee, USA

LEC-10B: Developing Evidence-Informed Decision Making Skills of Sport and Exercise Psychology Trainees: Supervisor and Supervisee Perspectives
Marie Winter, University of Essex, UK;
Ian Maynard, University of Essex, UK;
Paul Freeman, University of Essex, UK;
Murray Griffin, University of Essex, UK

LEC-10C: Balancing Role Transition for the Applied Sport Psychology Practitioner
Andrew Friesen, Pennsylvania State University, USA;
Tom Patrick, Royal Australian Air Force, Australia

LEC-10D: Ethical and Professional Concerns and Recommendations for the Use of Social Media by Sport and Performance Psychology Practitioners and Researchers
Alexandra Gilbert, John F. Kennedy University, USA;
Gily Meir, University of Western States, USA

LEC-11A: The Development of Psychological Skills Training Program for Future Health Care Professionals
Julia Azure, St. Catherine University, USA;
Sean Fitzpatrick, St. Catherine University, USA;
Rebecca Busanich, St. Catherine University, USA

LEC-11B: Professional Male Rugby Union Players’ Perceived Psychological Recovery and Physical Regeneration during the Northern Hemisphere Off-Season
Stephen Mellalieu, Cardiff Metropolitan University, UK;
Paul Sellsars, Cardiff Metropolitan University, UK;
Rachel Arnold, University of Bath, UK;
Sean Williams, University of Bath, UK;
Mickael Campo, Université Bourgogne Franche Comté, France;
Deirdre Lyons, Rugby Players Ireland, Ireland

LEC-11C: Effective Delivery of Pressure Training: Perspectives of Athletes and Sport Psychologists
William Low, University of Essex, UK;
Joanne Butt, Liverpool John Moores University, UK;
Paul Freeman, University of Essex, UK;
Mike Stoker, English Institute of Sport, UK;
Ian Maynard, University of Essex, UK

LEC-11D: The Impact of an Online Sport Psychology Intervention for Middle-Distance Runners: Should Self-Regulation or Mindfulness be Prioritized?
Jonathan Lasnier, University of Ottawa, Canada;
Natalie Durand-Bush, University of Ottawa, Canada

SYM-03: Systemic Mental Health Literacy: Using Mental Health First Aid® in Sport
Angel Brutus, USOPC, USA;
Erin Haugen, Assessment and Therapy Associates of Grand Forks, PLLC, USA;
Kathryn Lang, Assessment and Therapy Associates of Grand Forks, PLLC, USA

WKSP-17: From Hippie to High-Performance: The Evolution of the Ultimate Frisbee Athlete
Amanda Myhrberg, A Game Sport & Performance Consulting, USA;
Will Drumright, INFocus Sports Training, USA

WKSP-18: Personal Disclosure, Not Always the Enemy: The Versatile Applications of Personal-Disclosure Mutual-Sharing Approaches
Robert Lynch II, University of Wisconsin Green Bay, USA;
Janne Roovers, University Wisconsin-Green Bay, USA;
Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA

WKSP-19: Want to Play Dungeons & Dragons? Using Tabletop Role-Playing Games to Increase Team Cohesion and Problem-Solving Skills
Fernando Lopez, Magellan Federal, USA
<table>
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<th>Time</th>
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| 8:15 AM - 9:30 AM | Room 203A | **SYM-04: Embodying the Scientist-Practitioner Model: Experiences of Graduate Students at Various Stages of their Development**  
    Annie McConnon, Boston University, USA;  
    Rebecca Klapper, Boston University, USA;  
    Dhruv Raman, Doc Wayne Youth Services, USA;  
    Piotr Piasecki, Boston University Wheelock College of Education and Human Development, USA;  
    Edson Filho, Boston University, USA |
| 8:15 AM - 9:30 AM | Room 202A | **WKSP-20: Recognition, Prevention, and Treatment of Disordered Eating and Body Dissatisfaction in Athletes**  
    Cami Barnes, University of North Texas, USA;  
    Keely Hayden, University of North Texas, USA;  
    Taylor Casey, USA;  
    Kathryn Reitman, University of North Texas, USA;  
    Scott Martin, University of North Texas, USA |
| 9:45 AM - 11:00 AM | Ballroom B | **KEYNOTE SESSION**  
    **Awards & Recognition**  
    **Master's Thesis Award**  
    Jessica Jones, Ithaca College, USA  
    **Doctoral Dissertation Award**  
    Ryan Sappington, University of Maryland, College Park, USA  
    **Teaching Excellence Award**  
    Marc Cormier, University of Kentucky, USA  
    **Outgoing President Recognition**  
    Lindsey Blom, Ball State University, USA  
    **Recognition of Conference Planning Committee**  
    **Keynote Presentation**  
    Megan Bartlett, The Center for Healing and Justice through Sport, USA |
| 3:00 PM - 4:00 PM | Ballroom B | **Coleman Griffith Lecture**  
    **Ain't I a Legend: A Story for SanKofa and the Comfort Zone**  
    Margaret Ottley, West Chester University, USA  
    **Presidential Address**  
    Bob Harmison, James Madison University, USA |
| 4:15 PM - 5:15 PM | Ballroom B | **Business Meeting** |
| 5:30 PM - 7:00 PM | Ballroom C | **Poster Session II** |
| 8:15 AM - 9:30 AM | Room 201A | **FEA-13: How to Publish in AASP Journals**  
    Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA  
    Charles Maher, Cleveland Guardians Baseball Organization, USA  
    Chris Wagstaff, University of Portsmouth, UK  
    Rebecca Zakrajsek, University of Tennessee, USA |
| 8:15 AM - 9:30 AM | Room 204 | **PAN-12: A Comparison of the Psychological Functioning of the Olympic Athlete and the Special Warfare Operator**  
    Lennie Waite, University of St. Thomas, Houston, USA;  
    Wayne Chappelle, United States Air Force, USA;  
    Anne Shadle, NY Jets, USA;  
    Tyler McDaniel, NeuroStat Analytical Solutions, USA |
| 8:15 AM - 9:30 AM | Room 202CD | **PAN-13: The Failures That Guided Us: Sharing Vulnerabilities in Ascending to the Elite Level**  
    Trey McCalla, Apogee High Performance, USA;  
    Angus Mugford, Toronto Blue Jays, USA;  
    Lindsey Hamilton, IMG Academy, USA;  
    Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA;  
    Tanya Bialostozky Azses, W1N the Moment / NY Mets, USA;  
    Mustafa Sarkar, Nottingham Trent University, UK;  
    JF Menard, Kambio Performance, Canada |
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    Mustafa Sarkar, Nottingham Trent University, UK;  
    JF Menard, Kambio Performance, Canada |
11:30 AM - 12:30 PM  Room 202CD

FEA-14: 5 Slides in 5 Minutes - Collegiate Sport
Jan Veinot, University of South Carolina Athletics, USA;
LaTisha Bader, Women’s Recovery Center, USA;
Mike Clark, University of Arizona Athletics, USA;
Dayna Charbonneaux, Texas Tech Athletics, USA;
Monique Marsh-Bell, Baylor University Athletics, USA

11:30 AM - 12:30 PM  Room 203A

PAN-14: Critical Conversation: Navigating the Leap from Graduate School to Early Career Professional?
Hannah Bennett, Augusta University, USA;
Megan Byrd, Georgia Southern University, USA;
Meghan Halbrook, Randolph College, USA;
Tammy Sheehy, Bridgewater College, USA

11:30 AM - 12:30 PM  Room 201A

WKSP-21: How to Integrate Headspace Mindfulness Resources into Academic and Performance Environments for High School Athletes
Andrew Augustus, West Virginia University, USA;
Sam Zizzi, West Virginia University, USA;
Sam Maniar, Center for Peak Performance, LLC, USA;
Katherine Reedy, SPIRE Institute and Academy, USA

11:30 AM - 12:30 PM  Room 202A

WKSP-22: Mental Rehab for Injured Athletes
Carrie Jackson, Carrie Jackson Coaching, LLC, USA

11:30 AM - 12:30 PM  Room 204

Savanna Ward, Florida State University, USA;
Frances Cacho, Florida State University, USA;
Carly Block, Florida State University, USA;
Graig Chow, University of California, Berkeley, USA;
Nataniel Boiangin, Barry University, USA

1:45 PM - 2:45 PM  Room 204

LEC-12: Tactical Populations
LEC-12A: Facilitating Service Members’ Transition Out of the Military: A Self-Determination Theory Perspective
Johannes Raabe, West Virginia University, USA;
Morgan Eckenrod, University of Southern Mississippi, USA;
Emily Cooper, West Virginia University, USA;
Jared Crain, Salesforce Military, USA

LEC-12B: Yes, We Can Sleep Better: Moving from Research to Practice to Improve Sleep in the Military
Cassandra Seguin, Canadian Forces Morale and Welfare Services, Canada;
Erin Beatty, Canadian Forces Morale and Welfare Services, Canada

LEC-12C: It’s the Network: Using Social Network Analysis to Examine Squad Communications during an Army Battle Drill
Michael King, Quantum Improvements Consulting, USA;
Eric Sikorski, Quantum Improvements Consulting, USA;
Greg Goodwin, United States Army Combat Capabilities Development Command, USA

1:45 PM - 2:45 PM  Room 201A

PAN-15: Early Career Experiences: Discussing the Importance of Cultural Competency in the Field of Sport Psychology
Duygu Gurleyik, Ozyegin University, Turkey;
Eric Martin, Boise State University, USA;
Dolores Christensen, University of Oklahoma Athletics Department, USA;
Steven Cohen, Magellan Federal, USA;
Celia Naivar-Sen, Ozyegin University, Turkey

1:45 PM - 2:45 PM  Room 202A

WKSP-24: Developing an Ethical Action Plan
Erin Haugen, Assessment and Therapy Associates of Grand Forks, PLLC, USA;
Kathryn Lang, Assessment and Therapy Associates of Grand Forks, PLLC, USA
1:45 PM - 2:45 PM  Room 202CD

**WKSP-25: Applying Neuroscience to Enhance Mental Health and Sports Performance**
Alex Diaz, Sports Mental Edge, USA; Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA

3:00 PM - 4:15 PM  Room 203A

**LEC-13: Collegiate Sport**

**LEC-13A: Understanding How Collegiate Athletes Manage Their Thoughts and Emotions During Peak Athletic Performance**
Joseph Stanley Jr, COMMIT-TO-ACTION, LLC, USA

**LEC-13B: FAM (Female Athlete Mentorship): a 1:1 Mentorship Program that Connects Collegiate Student Athletes to the Next Generation of Strong Girls**
Lani Silversides, SG United Foundation, USA; Ashley Kuchar, The University of Texas at Austin, USA; Mary Gonring, Mental Bizness LLC, USA; Skyler Espinoza, SG United Foundation, USA

Tsz Lun (Alan) Chu, University of Wisconsin-Green Bay, USA; Beaux Myers, University of Wisconsin - Green Bay, USA; Alec Treacy, UW-Green Bay, USA

3:00 PM - 4:15 PM  Room 204

**LEC-14: Coaching 2**

**LEC-14A: A Guide for Practitioners About How Athletes, Coaches, and Other Performers Can Obtain the Mental Rest They Need**
David Eccles, Florida State University, USA; Gabriela Caviedes, USA; Thomas Gretton, Florida State University, USA; Nate Harris, Florida State University, USA

**LEC-14B: ‘You Work Too Much!’: Examining Group Differences in Workaholism Among NCAA Division I Coaches**
Kim Tolentino, West Virginia University, USA; Tucker Readdy, University of Wyoming, USA; Johannes Raabe, West Virginia University, USA

**LEC-14C: Supporting Student-Athlete Mental Health: NCAA Division I Coaches’ Experiences, Perceived Role, and Barriers**
Kelsey Kinnamon, Florida State University, USA; Brandonn Harris, Georgia Southern University, USA; Megan Byrd, Georgia Southern University, USA; Pamela Wells, Georgia Southern University, USA

**LEC-14D: Navigating Coach Performance: Experiences of Mental Performance Consultants**
Tammy Sheehy, Bridgewater College, USA; Leah Washington, Bridgewater College, USA

**LEC-14E: Coaches as Orchestrators: Insights into the Coaching and Interpersonal Processes of a Division II Women’s Basketball Team**
Aubrey Newland, CSU Chico, USA; Lori Gano-Overway, James Madison University, USA

3:00 PM - 4:15 PM  Room 201A

**PAN-16: The Clinical Sport Psychologist: The (x) Scientist-Practitioner Model of Integrating Sport Psychology in Clinical Doctoral Education and Training Program**
Jordan Collins, Saint Louis University, USA; Rebecca Steins, Saint Louis University, USA; Isabella Fiorenzo, Saint Louis University, USA; Joanne Perry, Novant Health Orthopedics and Sports Medicine, USA; Michael Ross, Saint Louis University, USA

3:00 PM - 4:15 PM  Room 202A

**WKSP-26: The Road Less Traveled in Sport: Conflict Management with EMBRACE (Equity, Mediation, Belonging, Racism & Accountability Conversations in Educational Institutions)**
Mary Foston-English, Stanford University & Private Practice, USA

3:00 PM - 4:15 PM  Room 202CD

**WKSP-27: Meeting (or Missing) the Moment: Cultural Shifts & Mental Health Stigma among Sport Psychology Practitioners**
Joe Mannion, Pepperdine University, USA

4:15 PM - 5:30 PM  Ballroom A

**Closing Happy Hour**
### WEDNESDAY, OCTOBER 26, 2022

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<td>1:00 pm - 2:00 pm</td>
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<td>WKSP-03: The Complexity of Treating Eating Disorders and Perfectionism in Athletes</td>
<td>WKSP-01: QThe Utility of Personality Assessment in High-Performance Career Fields</td>
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<td>New Member Meet &amp; Greet</td>
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<td>5:30 pm - 7:00 pm</td>
<td>Ballroom B - OPENING KEYNOTE:</td>
<td>Tatyana McFadden</td>
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### THURSDAY, OCTOBER 27, 2022

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<td>7:00 am - 8:00 am</td>
<td>Ballroom C - Poster Setup</td>
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<td>8:15 am - 9:30 am</td>
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<td>WKSP-11: From the Olympics to the Office and the OR: Applying Sport Psychology Principles to Business and Medical Settings</td>
<td>WKSP-10: My Imagination Hates Me: Utilizing the ACT Matrix to Improve the Psychological Flexibility of Children and Adolescents and Maximize Their Achievement in Sports and Other Performance Endeavors</td>
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<td>9:00 am - 7:00 pm</td>
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<td>11:30 am - 12:30 pm</td>
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<td>12:30 pm - 2:15 pm</td>
<td>Past Presidents Lunch</td>
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<td>2:30 pm - 3:45 pm</td>
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<td>4:00 pm - 5:30 pm</td>
<td>Ballroom A - Graduate Program &amp; Career Fair</td>
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<td>5:30 pm - 7:00 pm</td>
<td>Ballroom C - Authors Present at Posters</td>
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<td>6:00 pm - 9:00 pm</td>
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<td><strong>PAN-03</strong>: Examining and Mitigating Sexual Misconduct in Sport: Brave Dialogue to Encourage Change</td>
<td><strong>LEC-03</strong>: Coaching 1</td>
<td><strong>PAN-04</strong>: Supporting the Mental Health of Canada’s High-Performance Athletes: A National Approach</td>
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<tr>
<td><strong>WKSP-10</strong>: Student Workshop - Navigating the Job Search Process in Graduate Program &amp; Career Fair</td>
<td><strong>WKSP-11</strong>: International Jamboree</td>
<td><strong>WKSP-03</strong>: Student Social</td>
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<td><strong>WKSP-08</strong>: New Member Meet &amp; Greet</td>
<td><strong>WKSP-09</strong>: Making &amp; Measuring Performance in the Office and the OR: An Introduction to Medical Settings</td>
<td><strong>WKSP-07</strong>: The Complexity of Perfectionism in Athletes</td>
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<td><strong>WKSP-12</strong>: Sport Psychology in the Media - An Ethical Guide</td>
<td><strong>PAN-05</strong>: Community Outreach During a Global Pandemic: Lessons Learned and Challenges Overcome</td>
<td><strong>PAN-06</strong>: Expert Approaches to Sport Psychology: Theory to Practice at the Olympic and Paralympic Games</td>
<td><strong>FEA-02</strong>: Student Workshop - Do We Have to Talk About It?: Broaching Diversity, Equity, &amp; Inclusion in Sport Psychology</td>
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<td><strong>FEA-03</strong>: International Symposium</td>
<td><strong>LEC-05</strong>: Collegiate Athletics 1</td>
<td><strong>FEA-04</strong>: Diversity Lecture: Transgender &amp; Nonbinary Inclusion in Sport: Allyship &amp; Action</td>
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<td><strong>LEC-04</strong>: Consulting &amp; Interventions</td>
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<td><strong>SYM-02</strong>: The LiNK Project: A School Recess Intervention Promoting Healthy, Whole Child Development</td>
<td><strong>FEA-07</strong>: Sponsor Session - Magellan</td>
<td><strong>WKSP-14</strong>: Developing a Protocol for Return to Sport: Mental Health Edition</td>
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<td><strong>FEA-01</strong>: Wrestling with Ethics: Navigating Personal Values and Professional Responsibility</td>
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<td><strong>FEA-05</strong>: 5 Slides in 5 Minutes - Best Practices in Performance Consultin</td>
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**Special Interest Group (SIG) Meetings** - See page 7 for full list.

**SYM-02**: The LiNK Project: A School Recess Intervention Promoting Healthy, Whole Child Development

**FEA-07**: Sponsor Session - Magellan

**WKSP-14**: Developing a Protocol for Return to Sport: Mental Health Edition

**FEA-05**: 5 Slides in 5 Minutes - Best Practices in Performance Consultin

**CE Workshop**: Real Solutions to Sexual Violence in Sport

**CE Workshop**: Mindfulness at the Olympic Games - What Do Olympic Athletes Most Desire from Sport Psychology?

**Fellows Meeting**

(6:00 pm - 7:30 pm)
### FRIDAY, OCTOBER 28, 2022

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<tr>
<td>8:15 am - 9:30 am</td>
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<td>FEA-09: 5 Slides in 5 Minutes - Emerging Topics</td>
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<td>9:00 am - 7:00 pm</td>
<td>Ballroom C - Poster Viewing</td>
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<td>9:45 am - 11:00 am</td>
<td>Ballroom B - KEYNOTE SESSION: (John Isner)</td>
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<td>11:30 am - 12:30 pm</td>
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<td>WKSP-16: The Downfall of Expectations and the Rise of Intention in Professional and Elite Athletes</td>
<td>LEC-08: Youth &amp; High School Sport</td>
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<td>Meet the Professional Lunch (pre-registration required)</td>
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<td>3:00 pm - 3:30 pm</td>
<td>Ballroom B - COLEMAN GRIFFITH LECTURE: (Margaret Ottley)</td>
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<td>3:30 pm - 4:00 pm</td>
<td>Ballroom B - PRESIDENTIAL ADDRESS (Bob Harmison)</td>
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<td>4:15 pm - 5:15 pm</td>
<td>Ballroom B - Business Meeting</td>
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<td>5:30 pm - 7:00 pm</td>
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### SATURDAY, OCTOBER 29, 2022

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<tr>
<th>TIME</th>
<th>BALLROOMS</th>
<th>ROOM 200</th>
<th>ROOM 201A</th>
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<tbody>
<tr>
<td>8:15 am - 9:30 am</td>
<td></td>
<td>FEA-13: How to Publish in AASP Journals</td>
<td>WKSP-20: Recognition, Prevention, and Treatment of Disordered Eating and Body Dissatisfaction in Athletes</td>
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<td>9:45 am - 11:00 am</td>
<td>Ballroom B - KEYNOTE SESSION: (Megan Bartlett)</td>
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<td>11:30 am - 12:30 pm</td>
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<td>WKSP-21: How to Integrate Headspace Mindfulness Resources into Academic and Performance Environments for High School Athletes</td>
<td>WKSP-23: It Takes a Village: A Guide for Implementing Effective Peer Mentorship in Applied Sport Psychology Training Programs</td>
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<td>1:45 pm - 2:45 pm</td>
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<td>PAN-15: Early Career Experiences: Discussing the Importance of Cultural Competency in the Field of Sport Psychology</td>
<td>WKSP-24: Developing an Ethical Action Plan</td>
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<tr>
<td>3:00 pm - 4:15 pm</td>
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<td>PAN-16: The Clinical Sport Psychologist: The (x) Scientist-Practitioner Model of Integrating Sport Psychology in Clinical Doctoral Education and Training Program</td>
<td>WKSP-26: The Road Less Traveled in Sport: Conflict Management with EMBRACE (Equity, Mediation, Belonging, Racism &amp; Accountability Conversations in Educational Institutions)</td>
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<tr>
<td>4:30 pm - 5:45 pm</td>
<td>Ballroom A - Closing Happy Hour</td>
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<td>FEA-08: CMPC Certification: Eligibility Requirements for New Candidates and Recertification Procedures for Current CMPCs</td>
<td>PAN-09: Beating Burnout: Student-Centered Pedagogy for Reducing Instructor Workload and Stress</td>
<td>PAN-10: A Games Like No Other: A Glimpse into Mental Health Services at the Beijing Olympic and Paralympic Games</td>
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POSTER PRESENTATIONS

BALLROOM C

Each poster board is double-sided with one presentation per side. Poster numbers appear on each board, and boards are arranged in numerical order in Ballroom C.

This year, all posters will be available for viewing from Thursday morning until Friday evening.

THURSDAY, OCTOBER 27

Poster Setup (All Posters) - 7:30 AM - 9:00 AM
Poster Viewing - 9:00 AM - 7:00 PM
Authors Present at ODD Numbered Posters - 5:30 PM - 7:00 PM

FRIDAY, OCTOBER 28

Poster Viewing - 9:00 AM - 7:00 PM
Authors Present at EVEN Numbered Posters - 5:30 PM - 7:00 PM
Poster Teardown (All Posters) - 7:00 PM - 7:30 PM

Coaching

1 'When the Fire is Burning Brightly and Is Struggling to Get Going' Coaches Perceptions of the Motivational Processes in Elite Athletes
Matthew Cullen, UK; Joan Duda, University of Birmingham, UK; Paul Appleton, Manchester Metropolitan University, UK

2 A Qualitative Investigation into the Impact of the Perceived Motivational Climate on Male College Students’ Motivations and Experiences While Learning a New Physical Activity-Based Skill
Kyla Wise, Penn State Harrisburg, USA; Elizabeth Kenney, Penn State Harrisburg, USA; Candace Hogue, Penn State University, Harrisburg, USA

4 Coach as MPC? High School Athlete Perspectives on Learning Mental Toughness Skills from Their Coach
Jenelle Gilbert, California State University, Fresno, USA; Brielle Migur, California State University, Fresno, USA; Ashley Dwelle, California State University, Fresno, USA

5 Coaching Styles and Collegiate Athletes’ Motivation and Burnout
Kaylyn Herron, University of Wisconsin - Green Bay, USA; Kallie Reckner, University of Wisconsin - Green Bay, USA; Joanna Morrissey, University of Wisconsin - Green Bay, USA

7 Ego-Involving Climate Triggers Inflammatory Response in College Age Students Learning a New Physical Activity-Based Skill, While Learning in a Caring, Task-Involving Climate Elicits Adaptive Responses
Candace Hogue, Penn State University, Harrisburg, USA

9 Emotional Regulation among High School Basketball Coaches
Danny Ourian, Holy Names University, USA

10 Examining How Elite Ice Hockey General Managers Build and Sustain Cultures of Excellence
Gordon Bloom, McGill University, Canada; Aaron Armstrong, McGill University, Canada; Jordan Lefebvre, University of Queensland, Canada; Lee Schaefer, University of Saskatchewan, Canada

11 Exploring the Nature and Features of the Coach-Team Relationship
Samuel Booth, Peak Sport Psychology, USA

12 The Relationship Between Athlete Perceptions of Coach Leadership Behaviors and Athlete Grit
Landon Braun, University of Wisconsin-Milwaukee, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA; Savana Robinson, Southern Illinois University Edwardsville, USA

13 The Role of Coach Education in Coaching Philosophy Development and Implementation
Kim Ferner, University of North Texas, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA; Drew Dueck, Southern Illinois University Edwardsville, USA

14 Understanding Coaching Behaviors for the Development of Youth Players’ Self-Regulatory Abilities
Takuya Hayakawa, Japan Institute of Sport Sciences, Japan; Dunn-Rakes Karee, The University of Tennessee, Knoxville, USA

16 Understanding the Positive and Negative Sides of Coaching through Collaborative Inquiry: One Flourishing Coach’s Journey
Jami Robbins, Methodist University, USA; Daan Polders, University of Mount Olive, USA

Collegiate Sport

17 Anxiety and Academic Functioning in Collegiate Student-Athletes
Jasmine Morigney, Eastern Michigan University, USA; Rusty McIntyre, Eastern Michigan University, USA

18 College Student Athletes and Psychological Well-Being in Retirement
Karolina Shander, The Chrysalis Center, USA; Trent Petrie, University of North Texas, USA; E. Whitney Moore, Wayne State University, USA
2022 Conference • Poster Presentations

19 Collegiate Student-Athlete Development through Strong Girls U, a Youth Sports and Mental Skills Community Service Program
   Lani Silversides, SG United Foundation, USA; Ashley Kuchar, The University of Texas at Austin, USA; Skyley Espinoza, SG United Foundation, USA

20 Differences Among Relaxation and Imagery Strategies in NCAA Division I Athletes
   Elizabeth Warfield, Texas Christian University, USA; Philip Esposito, Texas Christian University, USA; Robyn Trocchio, Texas Christian University, USA

21 Effects of Virtual Reality and Extrinsic Feedback on Collegiate Rowers’ Performance and Psychological States
   Ashlyn Fesperman, Boston University, USA; Natalie Robb, Boston University, USA; Edson Filho, Boston University, USA

22 Endorsing Negative Sport Performance and the Impact on Health
   Carmyn Hayes, USA; Dafina Chisolm-Salau, University of North Texas, USA; Cachet Lue, University of Minnesota, USA; Cameren Pryor, University of North Texas, USA; Trent Petrie, University of North Texas, USA

24 Exploring Athlete’s Experiences of Unconditional Positive Self-Regard
   Shelby Miller, USA; Rebecca Zakrjasek, The University of Tennessee, USA; Jeff Cochran, The University of Tennessee, USA; Sonda LoRe, The University of Tennessee, USA

25 Exploring the Experiences of Collegiate Athletes in the COVID-19 Era
   Justin Hebert, California State University Chico, USA; Aubrey Newland, CSU Chico, USA

26 Is Psychological Strain Related to Athletes’ Age?
   Charlotte Payne, Saint Louis University, USA; Emily Wiegers, Saint Louis University, USA

28 Mental Health Concerns and Service Utilization among Division I Collegiate Athletes
   Caroline Weppner, USA; Brittany Boyer, University of Texas, USA; Ashley Harmon, University of Texas at Austin, USA; Kylie Lahey, University of Texas at Austin, USA; Chris Brownson, University of Texas at Austin, USA

30 Perceptions of Former Collegiate Athletes on Career Transition Programs in the NCAA
   Cameren Pryor, University of North Texas, USA; Matthew Scott, Southern Illinois University Edwardsville, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA

31 Perceptions of Leadership Style and Likelihood to Disclose Concussion Symptoms: Coaches and Athletes’ Perspectives
   Elia Burbidge, Southern Illinois University Edwardsville, USA; Lindsay Ross-Stewart, Southern Illinois University Edwardsville, USA; Savana Robinson, Southern Illinois University Edwardsville, USA

32 Preliminary Exploration of Collegiate Baseball Players’ Experiences of Perfectionism and Statistics
   Kaytyn Johnson, Georgia Southern University, USA; Matt Anderson, Georgia Southern University, USA; Adonis Baker, Georgia Southern University, USA; Megan Byrd, Georgia Southern University, USA

33 Psychological Hardiness and Subjective Wellness in Division I College Lacrosse
   Paula Parker, Campbell University, Exercise Science, USA; Jennifer Bunn, Sam Houston State University, USA; Jody Langdon, Georgia Southern University, USA; Abigail Cooley, Campbell University, USA

34 Qualitative Analysis of the Career Transition Experiences of Intercollegiate Athletes with High Athletic Identity: A Comparison of Athletes with High or Low Religiosity
   Zachary Willis, Magellan Federal, USA; Jessyca Arthur-Cameselle, Western Washington University, USA; Linda Keeler, Western Washington University, USA; Hillary Robey, Western Washington University, USA

35 Self-Compassion, Mindfulness, and Symptoms of Emotional Difficulties Predict Student-Athlete Coping Strategies Following the Sudden End to Their Season Due to COVID-19
   Caroline Weppner, USA; Carol Glass, The Catholic University of America, USA; James Doorley, Massachusetts General Hospital, USA; Hannah Thomas, Montclair State University, USA; Megan Hut, West Virginia University, USA

36 Sharpening the Mental Edge in Ice-Hockey: Impact of a Season-Long Psychological Skills Training and Mindfulness Intervention on Athletic Coping Skills, Resilience, Stress and Mindfulness
   Zejlika Vidic, Western Michigan University, USA

37 Simple Steps toward Physical and Mental Wellbeing: Why Coaches and Athletes Don't Engage in Yoga or Healthy Eating?
   Jamie Robbins, Methodist University, USA; Jemorieana Golombeski, Methodist University, USA; Kendal Cahill, Methodist University, USA; Madeline Hernandez, Methodist University, USA; Heather Tsapp, Methodist University, USA

38 Social Support and Motivation with Students vs. Athlete during the COVID-19 Pandemic
   Jillian Byron, USA

39 Stigma, Attitudes, and Intentions to Seek Mental Health Care in Division I Athletes: A Mediation Model
   Nicholas Magera, University of North Texas, USA; Kelzie Beebe, University of North Texas, USA; Carmyn Hayes, USA; Justin Harker, University of North Texas, USA; Heather Kiefer, University of North Texas - Center for Sport Psychology, USA; Trent Petrie, University of North Texas, USA
40 Taking the Strain Off the Brain! Relationships Between Sport Demands, Mental Rest, Depressive Symptoms, and Well-Being in Student-Athletes
Gabriela Caviedes, Florida State University, USA; David Eccles, Florida State University, USA

41 The Impacts of COVID-19 on Depression and Anxiety in NCAA Athletes: A Longitudinal Investigation
Ashley Samson, California State University, Northridge, USA; Rachel Menze, California State University, Northridge, USA

43 The Influence of Scholarship Status on Motivation Type and Grit Levels in Division I Athletes
Carsten Schmidt, Boise State University, USA; Eric Martin, Boise State University, USA

45 Trust the Process: Development of a Coach-Education Training Program and Wellness Protocol at a Division III Institution
Nina Deer, Cornell College, USA; Christina Johnson, Cornell College, USA

Consulting & Interventions

46 'It's Absolutely Essential': SEPP Practitioners' Perspectives on Training, Use and Importance of Debriefing in Applied Work
Stefanee Maurice, California Polytechnic State University, USA; Megan Byrd, Georgia Southern University, USA; Holt Crawford, California Polytechnic State University, USA; Joye He, California Polytechnic State University, USA; Kaytlyn Johnson, Georgia Southern University, USA; Caroleen Charalambous, Head Games Consulting, LLC, USA

47 8-week Mindfulness Intervention on Anxiety and Putting Performance in Collegiate Golfers
Seong Kwan Cho, Texas A&M International University, USA; Sanghyun Kwon, Yonsei University, Republic of Korea; Yong-In Yoon, Yonsei University, Republic of Korea; Woong Kwon, Jeju National University, Republic of Korea; Kyung-Shin Park, Texas A&M International University, USA

48 A Multi-Method Randomized Study of Mindfulness Training with College Rugby Players: Does Intervention Scheduling Make a Difference?
Megan Hut, West Virginia University, USA; Thomas Minkler, West Virginia University, USA; Carol Glass, The Catholic University of America, USA; Hannah Thomas, Montclair State University, USA; Caroline Weppner, USA; Claire Flannery, The Catholic University of America, USA

49 A Psychological Support Guideline Developed by Japan Institute of Sport Sciences
Yasuha Tachiya, Japan Institute of Sports Sciences, Japan; Takuya Hayakawa, Japan Institute of Sport Sciences, Japan; Yoko Chiba, Miyagi Gakuin Women's University, Japan; Kaori Eda, Japan Institute of Sport Sciences, Japan; Kisho Jippo, Japan Institute of Sport Sciences, Japan; Tomyuki Asano, Japan Institute of Sport Sciences, Japan; Chisato Kunibayashi, Japan Institute of Sport Sciences, Japan; Takuya Endo, Japan Sport Council, Japan; Hanae Yachi, Japan Institute of Sport Sciences, Japan; Shigeo Abe, Japan Institute of Sport Sciences, Japan; Joyo Sasaki, Tokyo Seiaku University, Japan; Kunimune Fukui, Nihon Fukushi University, Japan; Kyosuke Enomoto, Japan Institute of Sport Sciences, Japan; Kyosuke Enomoto, Japan Institute of Sport Sciences, Japan; Kunimune Fukui, Nihon Fukushi University, Japan

50 Assessing Mental Skill Development in a Camp Context: Working as Partners with Sport Camp Providers
Kylee Ault, Michigan State University, USA; Sarah Saxton, Michigan State University, USA; Daniel Gould, Michigan State University, USA

51 Biosound Technology: A Multimodal Tool for Mental Performance Consulting
Kaya Myers, Ball State University, USA; Lindsey Blom, Ball State University, USA; Jean-Charles Lebeau, Ball State University, USA; Kyla Myers, Ball State University, USA; Olivia Huffman, Ball State University, USA; Charlotte Mohn, Ball State University, USA

52 Coping with Adversity, but Not Mental Toughness or Athlete Psychological Strain, Is Associated with COVID-19 Related Anxiety in a Mixed Athlete Sample
Alexander Eisenstein, Saint Louis University, USA; Rebecca Steins, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

53 Development and Validation of the Well-Being in Sport Questionnaire (WBSQ)
Seth Rose, University of Idaho, USA; Damon Burton, University of Idaho (Retired), USA

54 Enduring Stress: A Quantitative Analysis on Coping Profiles and Sport Well-Being in Amateur Endurance Athletes
Seth Rose, University of Idaho, USA; Damon Burton, University of Idaho (Retired), USA; Vanessa Kercher, Indiana University - Bloomington, USA; Emma Grindley, University of Idaho, USA; Clarissa Richardson, Illinois College, USA

55 Experiences and Lessons Learned from a Year of eSports Mental Performance Consulting
Karan Bhatia, Ball State University, USA; Gabriel Hall, Ball State University, USA; Lindsey Blom, Ball State University, USA; Jean-Charles Lebeau, Ball State University, USA

56 Exploring Connections between Mindfulness and Thriving in Adolescent Athletes
Andrew Augustus, West Virginia University, USA; Sam Zizzi, West Virginia University, USA

57 Perceptions of Mental Skills Training at the NCAA Division-III Level
Andrew White, Hiram College, USA; Mason Cebulla, Hiram College, USA

58 Performance Psychology and the Performing Arts: A Summary of Provider Experiences in a Pre-Professional Ballet Conservatory
Christian Harris, University of Denver, USA; Arianna Shimits, University of Denver, USA; William Reid, Center for Performance Excellence, USA
59 Predicting Prosocial and Antisocial Behaviors in Sports and Life of Young Adults
Amanda Leibovitz, Epic Wellness & Performance PLLC, USA; Keely Hayden, University of North Texas, USA; Cami Barnes, University of North Texas, USA; Taylor Casey, USA; Scott Martin, University of North Texas, USA

60 Profiling Sport Psychology Services with a Circus Performer: Utilization of an Assessment Battery
Isabella Fiorenzo, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

61 Recent Trends in the Employment of Sport Psychology Consultants in Professional Basketball Leagues
Bruce Klonsky, The State University of New York at Fredonia, USA; Alan Kornspan, Cleveland State University, USA; Joseph Carbone, Magellan Federal, USA; Leah Jackson, Dollar General, USA; Kelly Vincent, SUNY Oneonta, USA

62 Relationship between Adverse Childhood Experiences, Social Behaviors, Self-Efficacy, and Resiliency of Young Adults
Keely Hayden, University of North Texas, USA; Cami Barnes, University of North Texas, USA; Taylor Casey, USA; Amanda Leibovitz, Epic Wellness & Performance PLLC, USA; Scott Martin, University of North Texas, USA

63 Routine Outcome Monitoring of Sport Psychology Consultation Services for Underrepresented Athletes
Kimberly Lowell, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

64 The Effect of a Stress Mindset Intervention on Burnout Symptoms in College Student-Athletes: A Randomized Controlled Trial
Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA; McKenzie Hahn, Texas A&M University-Kingsville, USA; Sophia Ramirez, Texas A&M University - Kingsville, USA; Creighton Avery, Texas A&M University - Kingsville, USA

65 The Effects of Virtual Reality on Anxiety and Performance in Female Soccer Players
Kaitlyn Harrison, Texas Christian University, USA; Emily Potts, Texas Christian University, USA; Adam King, Texas Christian University, USA; Robyn Trocchio, Texas Christian University, USA

66 The Quiet Brain: A Meta-Analytical Review on the Linkage between T7-Fz Coherence and Superior Performance in Sports
Dhruv Raman, Doc Wayne Youth Services, USA; Edson Filho, Boston University, USA

67 Visual Representation of the Geographical Distribution of CMPCs in North America
Jerry Holt, Florida A&M University, USA

Diversity & Culture

68 Examining the Effects of Perceived Coach-Athlete Race and Gender Matching on Black Female Collegiate Basketball Players
Jessica Jones, Seton Hall University, USA; Pamela Foley, Seton Hall University, USA

69 Minding the Gap: An Assessment of Challenges of International Collegiate-Level Student-Athletes in the U.S.
Michelle Gregovic, Self, USA; Mila Aquino, University of St. Thomas - Athletics Department, USA; Lennie Waite, University of St. Thomas, Houston, USA

70 The Impact of Culture on an Athlete’s Substance Use
LaTisha Bader, Denver Womens Recovery, USA

71 Who Were the Women Who Led the Way?
Joan Steidinger, Steidinger Performance Psychology, USA; Ashley Samson, California State University, Northridge, USA; Mary Foston-English, Stanford University & Private Practice, USA

Elite/Pro Sport

72 A Qualitative Exploration of the Motivational Climate in Elite Sport: Understanding the Implications of Social Agents on Athlete Motivation
Matthew Cullen, UK; Joan Duda, University of Birmingham, UK; Paul Appleton, Manchester Metropolitan University, UK

73 A Qualitative Exploration of the Psychological Demands of Professional Motorsport Racing
Kathleen Mellon, Springfield College, USA; Christopher Hill, California State San Bernardino, USA; David Ferguson, Michigan State University, USA

74 Contributions of Sport Psychology Consultation: The Road to the World Championships for a Female Youth Irish Dancer
Jordan Collins, Saint Louis University, USA; Tanesha Johnson, Saint Louis University, USA; Michael Ross, Saint Louis University, USA

75 Exploration of Attentional Focus Strategies among Elite Track and Field Athletes during Practice and Competition
Tatiana Zhuravleva, New Mexico State University, USA; Jack Sampson, New Mexico State University, USA; Kevin Becker, Texas Woman’s University, USA; Christopher Aiken, New Mexico State University, USA

76 Exploring Pre-Performance Routines among Elite Track and Field Throwers
Jack Sampson, New Mexico State University, USA; Tatiana Zhuravleva, New Mexico State University, USA; Kevin Becker, Texas Woman’s University, USA; Christopher Aiken, New Mexico State University, USA
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