2015 AASP Northeast Regional Conference Final Report

To Whom it May Concern:

The 2015 AASP Northeast Regional Conference took place at Springfield College on Friday and Saturday April 10th and 11th. This report provides some important information regarding the conference.

Number of Attendees: 42
  Undergraduate Students: 3
  Graduate Students: 25
  Professional: 9
  Springfield College Alumni: 5

Number of Schools Represented: 9
Number of States Represented: 4 (Connecticut, New York, Massachusetts, Maine)

The conference program included:
  • 2 Keynote Presentations
    o Dr. Wally Bzdell - *Stick with the Process: Introducing Mental Toughness Training to Teams*
    o Dr. John Sullivan - *Sport Psychology 2.0: Merging of sport psychology, neuroscience, and exercise science*
  • 1 Invited Workshop
    o Burt Giges - *Theory as the Basis of Practice*
  • 1 Roundtable
  • 1 Professional Panel
  • 1 Symposium
  • 5 Lecture Sessions consisting of 13 accepted presentations (10 of which were student presentations)

The conference also included a student social, which was well attended by 20 students.

According to a post-conference survey sent out to attendees, things that were most enjoyed at the conference included:
  • The low key yet professional atmosphere
  • Burt Giges’s workshop
  • Student perspectives shared throughout
  • Collaboration with faculty
  • Opportunity to meet people from different institutions
  • Different topics, variety of backgrounds for presenters
  • Networking, meeting students and professionals in the field
  • Keynote speakers
  • Friendly/welcoming atmosphere
• Helpfulness and approachability of presenters, faculty, and conference organizers
• Inclusion of breakfast/lunch

The conference grant of $500 was used to fully cover the following expenses:

<table>
<thead>
<tr>
<th>Expense</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Keynote Hotel</td>
<td>$146.85</td>
</tr>
<tr>
<td>Keynote Gift baskets</td>
<td>$170.14</td>
</tr>
<tr>
<td>Registration Supplies</td>
<td>$116.72</td>
</tr>
<tr>
<td>Printing/Copies</td>
<td>$24.30</td>
</tr>
</tbody>
</table>

Grant money also went towards partially funding:

<table>
<thead>
<tr>
<th>Expense</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Food (Lunch)</td>
<td>$251.10</td>
</tr>
</tbody>
</table>

On behalf of the conference planning committee, I want to thank you for providing us with the funding which made it possible to hold this successful and valuable conference.

Thank you.

Sincerely,
Taryn Brandt, Conference Planning Chair