

## 2015 AASP Northeast Regional Conference Final Report

To Whom it May Concern:

The 2015 AASP Northeast Regional Conference took place at Springfield College on Friday and Saturday April 10<sup>th</sup> and 11<sup>th</sup>. This report provides some important information regarding the conference.

Number of Attendees: 42

Undergraduate Students: 3

Graduate Students: 25

Professional: 9

Springfield College Alumni: 5

Number of Schools Represented: 9

Number of States Represented: 4 (Connecticut, New York, Massachusetts, Maine)

The conference program included:

- 2 Keynote Presentations
  - Dr. Wally Bzdell - *Stick with the Process: Introducing Mental Toughness Training to Teams*
  - Dr. John Sullivan - *Sport Psychology 2.0: Merging of sport psychology, neuroscience, and exercise science*
- 1 Invited Workshop
  - Burt Giges - *Theory as the Basis of Practice*
- 1 Roundtable
- 1 Professional Panel
- 1 Symposium
- 5 Lecture Sessions consisting of 13 accepted presentations (10 of which were student presentations)

The conference also included a student social, which was well attended by 20 students.

According to a post-conference survey sent out to attendees, things that were most enjoyed at the conference included:

- The low key yet professional atmosphere
- Burt Giges's workshop
- Student perspectives shared throughout
- Collaboration with faculty
- Opportunity to meet people from different institutions
- Different topics, variety of backgrounds for presenters
- Networking, meeting students and professionals in the field
- Keynote speakers
- Friendly/welcoming atmosphere



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- Helpfulness and approachability of presenters, faculty, and conference organizers
- Inclusion of breakfast/lunch

The conference grant of \$500 was used to fully cover the following expenses:

Keynote Hotel	\$146.85
Keynote Gift baskets	\$170.14
Registration Supplies	\$116.72
Printing/Copies	\$24.30

Grant money also went towards partially funding:

Food (Lunch)	\$251.10
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On behalf of the conference planning committee, I want to thank you for providing us with the funding which made it possible to hold this successful and valuable conference.

Thank you.

Sincerely,

Taryn Brandt, Conference Planning Chair