AASP Southwest Regional Student Conference Schedule
Location: Sturm Hall

Friday April 8th, 2016

1:00pm – 2:00pm  Registration/Check-in                             Outside Room 251
2:00pm – 3:00 pm  Applied Workshop

*To MI or not MI? That is the question*
Dr. John Coumbe-Lilley

3:00pm – 4:00pm  Applied Workshop:

*Repurposing Group Activities to Teach Multiple Mental Skills*
Taylor Stutzman, MA, IMG Academy

4:00pm – 4:15pm  Welcoming Remarks

4:15pm – 6:00pm  Keynote Address

Dr. Charlie Brown

7:00pm – 10:00pm Student Social at the Pioneer
2401 S. University Blvd
Denver, CO 80210

Saturday April 9th, 2016

8:30am – 9:00am  Breakfast/Late check-in                             Outside Room 251
9:00am – 10:30 am Keynote Address

Dr. Renee Appaneal

10:40am – 11:00am Student Presentations

*The Experience of Parenting an Elite Youth Athlete*
Zachary Vidic, Barry University

*Exploring the Mental Strengths and Challenges of Performing Artists*
Rahul Ramesh, Jordyn McDonald, Zachary Taber, University of Denver

11:10am – 11:30pm Student Presentations

*Revisiting The Model:*

*Developing Student-Consultant Competency with High Risk Occupations*
Seth Swary, Rahul Ramesh, Kevin O’Connor, MA, University of Denver
Ryan Marshall, MA, CSF2

*Perceptions of How Motorcycle Road Racing Team Relationships Affect Rider Performance*
Joey Fritz, University of Denver
11:40am – 12:00pm  Student Presentations

A Cross-Cultural Study on Determinants of Dropout in Competitive Female Swimmers
Allison Elber, Jimena Gonzalez, Alena Anderson, University of Denver

Mental Toughness and Physical Activity on the Psychological Well-Being of Adolescents
Christine Garrido, Barry University

12:00pm – 1:00pm  Lunch

1:00pm – 2:00pm  Professional Panel I

Topic: Eating Disorders and Addictions in College Athletic Departments
Members: Dr. Latisha Bader, Dr. Jessica Bartley, Dr. Melissa Streno, and Ian J. Palombo, MA

2:10pm – 2:30pm  Student Presentations

Unpacking Your Invisible Knapsack: The Importance of Multicultural Awareness for Sport and Performance Consultants
Sarah Hudak and Ashley Simon, University of Denver

Consulting in Professional Sport: An Interpretive Analysis of Experiences from the Field
Lorna Stergios and Lauren DiCredico, University of Denver

2:40pm – 3:00pm  Student Presentations

The Effect of Imagery Direction on Golf Putting Performance
Tavia Rutherford, University of Denver

A Comparative Discussion of the Contextual Differences in Gymnastics Programs with Recommendations for Coaches and Consultants
Emily Peterman Cabano, University of Denver

3:10pm – 3:30pm  Student Presentations

Consulting in Adaptive Sport: Reflections and Considerations from Applied Experiences of Graduate Students
Lorna Stergios and Maggie Jasper, University of Denver

Theory of Performance Excellence: To The Top of The Performance Excellence Ladder
Danielle Wahl, University of Denver
Theory of Performance Excellence: Evolving Personal Theory of Sport and Performance Psychology
Sarah Beacham, University of Denver
3:40pm – 4:00pm  Student Presentations

*Students’ Perspective: The Integration of Performance Psychology and Clinical Psychology*
Lindsey Colbert, MA, and Kirsten Allen, MA, University of Denver

*Changing How We View Psychological Pressure*
Haily Humphrey, Mads Heglund, and Jay Thooft, University of Denver

4:10pm – 4:30pm  Student Presentations

*The Role of Peer-to-Peer Mentorships in Applied Work at the Graduate Level*
Megan Rinderer, Katie Best, Tara Hegg, Rahul Ramesh, and Alena Anderson, University of Denver

*NeuroSlam: The Cognitive Connection*
Gabi Whitmer and Lauren Ruhl, University of Denver

4:45pm – 5:45pm  Professional Panel II

**Topic:** Future Directions of Sport and Performance Psychology: Training Generation 2020
**Members:** Dr. Renee Appaneal, Dr. Charlie Brown, and Dr. Mark Aoyagi

5:45pm – 6:00pm  Closing Remarks