



## 2019 AASP Southwest Regional Conference Final Report

The 2019 AASP Southwest Regional Conference was located at the University of Denver on Friday April 5, 2019 through Saturday April 6, 2019. This report will provide some information regarding the conference.

Total Number of Attendees:	85
Undergraduate Students:	2
Graduate Students:	60
Professionals:	18
DU Alumni:	5

### Schools Represented:

- Adams State University
- Colgate University
- Duke University
- Fort Lewis College
- University of Denver

The keynote speakers for the conference were Dr. Scott Goldman, Dr. Nicki Moore, and Dr. Bill Moore with an alumni spotlight presentation that featured Dr. Shawn Zeplin. In addition, there was an ethics panel that featured Dr. Karen Cogan, Dr. Jessica Bartley, and Dr. Jamie Shapiro. Dr. Scott Goldman currently serves as the Director of Performance Psychology for the Miami Dolphins and the Detroit Lions. Dr. Goldman is also the President-Elect of the Association of Applied Sport Psychology. Dr. Nicki Moore is currently the Director of Athletics at Colgate and was previously the Assistant Director at the University of Oklahoma as well as the University of North Carolina. Dr. Bill Moore is currently a Performance Psychologist at BeMore Consulting and works with athletes, performing artists and business professionals. The alumni spotlight presentation featured Dr. Shawn Zeplin, who graduated from the Sport and Performance Psychology master's program at the University of Denver. He also received his Psy.D from the University of Denver and currently serves as Duke's Director of Behavioral Health. The other presentation was a professional panel that featured Dr. Karen Cogan, who is a Senior Sport Psychologist for the United States Olympic Committee, and two University of Denver faculty, who also contract with the United States Olympic Committee, Dr. Jessica Bartley and Dr. Jamie Shapiro. There were also four additional professional presentations and eight graduate student presentations.

The winners of the Colleen Griffith AASP Regional Conference Graduate Student Presentation Award are: Wesley Christensen, Steven Smith & Rory Waldman- *5 for 5: Interplay between theoretical orientation and consulting style*. There were no presentations by undergraduate students.

All students were invited to the student social to build new relationships with other students and future colleagues. The University of Denver faculty took the professional speakers out to dinner to express gratitude for taking the time to share their knowledge and experience. Lunch was provided to conference attendees for the purpose of connecting with other AASP members to further conversations about presentations and building connections. A highlight from the conference this year was being approved for 7 AASP Continuing Education credits in General Sport Psychology, Diversity, and Ethics. In addition, the conference was approved for 7 credits from the American Psychological Association.

We were able to charge the students a registration fee of \$40 for the conference and professionals were charged \$75. Overall, the funding awarded from AASP as well as registration fees were able to cover costs for expenses with the keynotes speakers, the expenses related to the student social, the networking lunch, and the dinner with the professionals, the fees for the venue and the associated media costs, and the continuing education applications.

The conference program included:

### **3 Keynote Presentations**

Dr. Nicki Moore

- **AASP CMPC General Sport Psychology Continuing Education**
- **APA Continuing Education**

Dr. Scott Goldman

- **AASP CMPC General Sport Psychology Continuing Education**
- **APA Continuing Education**

Dr. Bill Moore

- **AASP CMPC General Sport Psychology Continuing Education**
- **APA Continuing Education**

### **2 Professional Presentations**

Dr. Karen Cogan, Dr. Jessica Bartley, Dr. Jamie Shapiro

- *Panel: Ethical issues providing sport and performance psychology services with Olympic athletes on the road*
- **AASP CMPC Ethics Continuing Education**
- **APA Continuing Education**

Dr. Shawn Zeplin

- *Alumni Spotlight: The more things change, the more they stay the same*
- **AASP CMPC Diversity Continuing Education**
- **APA Continuing Education**

### **4 Additional Professional Presentations**

### **8 Graduate Student Presentations**

### **3 Social events**

- Conference speaker dinner
- Student Social
- Professional-Student Lunch