

Association for Applied Sport Psychology
Final Grant Report

*Submission to: AASP Executive
Board Student Representatives*

Itemized Budget

Academic Affairs
Sponsored Projects Administration



Financial Report 2023 AASP Regional Conference Grant- Ball State University

<u>CATEGORY</u>	<u>SPONSOR FUNDS</u>	<u>TOTAL EXPENSES</u>
Sponsor Funds	\$ 500.00	
Speaker Honorarium		\$ 250.00
Speaker Gift (BSU Merchandise)		\$ 78.58
Award Plaque		\$ 24.97
Conference Banner		\$ 53.61
Conference Food		\$ 92.84
TOTALS	<u>\$ 500.00</u>	<u>\$ 500.00</u>

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Conference Attendees

We hosted 180 attendees: 129 students, 37 professionals, and 14 non-paying Ball State Students. Universities/schools included Bowling Green State University, Hope College, Illinois State University, Indiana University Kokomo, Kalamazoo College, Miami University, Michigan State University, Missouri State University, Northern Illinois University, Ohio State University, Olivet College, Purdue University, Ripon College, University of Illinois at Chicago, University of Kansas, University of Kentucky, University of Tennessee, University of Tennessee, Knoxville, University of Windsor, Wayne State University, and West Virginia University.

2023 Midwestern Sport and Exercise Psychology Symposium Summary

By partnering with like-minded individuals, experts in other fields, and those who pushed us to be our best by getting us outside of our comfort zone, the opportunity for growth, discovery, and learning were boundless at the Midwest Sport and Exercise Psychology Symposium hosted February 17th and 18th 2023 at Ball State University. We highlighted the advantage of teaming up with other professionals to extend the realm of SEPP beyond sport, exercise, and performance. Thus, the theme for MSEPS 2023 was “Sport Psychology & _____”. We hosted roundtable speakers from areas including social justice (Dr. Vikky Krane), performing arts (Dr. Chelsea Wooding), journalism (Dr. Adam Kuban), military (Dr. Sarah Shue), counseling (Brian Tremml, M.S., and Allison Blake, M.S.), social work (Dr. Jerry Reynolds), collegiate athletics administration (Haven Fields), professional sport (Brian Miles), and disability (Staci Mannella, M.S.). Activities began on Saturday, February 17th with poster presentations as well as our keynote speaker, Dr. Jen Schumacher and concluded on February 18th with a mindfulness and movement session hosted by our very own Ball State students, roundtable speakers, and oral presentations. Dr. Jen Schumacher inspired us all with her consulting journey which involved West Point cadets, special forces, marathon swimmers, Fortune 100 executives, and other disciplines. This student-led conference provided unique opportunities for networking, critical feedback, enriching discussion, and other learning opportunities. With students from all over the Midwest including but not limited to West Virginia University, University of Kansas, and Michigan State, we enjoyed a successful conference of over 150 attendees. Ball State University’s Sport and Exercise Psychology Program would like to personally thank AASP for the \$500 grant which allowed us to have a wonderful conference. We appreciate you!