Friday March 10th, 2023

8:30am-9:00am     Breakfast: Meet and Greet/ Check-In

9:00am-9:30am     Oral Presentation
Presenter: Davit Ismailian
Organization: DI Sports Psych
Presentation: Lights, Camera, Action!

9:30am-10:00am    Oral Presentation
Presenters: Knabb, J., Pate, R., Sullivan, S., Salley, E., Miller, A. & Boyer, W.
Organization: California Baptist University
Presentation: Walking with God: Pilot testing a combined exercise and Christian meditation program for daily stress

10:00am-10:30am   Oral Presentation
Presenters: Michaelson, C.
Organization: California Baptist University
Presentation: The Impact of a Formal Leadership Development Program on Intercollegiate Student-Athletes Leadership Growth

10:30am-11:00am   Oral Presentation
Organization: California Baptist University
Presentation Title: Coaching Styles and Team Success: Evaluating Coaching Style and Overall Team Success in the NBA and WNBA

11:00am-12:00pm   Round table

12:00pm-1:00pm    Lunch

1:00pm-1:30pm     Oral Presentation
Presenters: Nicole, S. & Pasquariello Wallace, C.
Organization: San Diego State University
Presentation Title: Do You Have What It Takes?: College Student-Athlete Preferences of the Attributes of Sport Psychology Professionals

1:30pm-2:00pm     Oral Presentation
Presenters: Ybarra, C. & Madrigal, L.
Organization: California State University, Long Beach
Presentation Title: How Mental Toughness Helps Athletes in High Stake Situations

2:00pm-3:00pm  Keynote Speaker: Dr. Carrie Hastings, Team Psychologist & CEO
“The Great Irony of Sport Psychology”

Saturday March 11th, 2023

8:30am-9:00am  Breakfast: Meet and Greet/ Check-In

9:00am-10:00am  Keynote Speaker: Chris Stewart, Former MLB Player
“Big League Purpose”

10:00am-11:00am  Elite Athlete Panel
Psychology hurdles and Ethical Challenges of Being a Female Pro-Athlete
Katie McLaughin (USA Swimming), Jasmine Johnson M.S. (Polytechnica Lasi (Lasi, Romania) and Agri Club Kenitra (Kenitra, Morocco), and Lindsay Davis M.S. (USA Figure Skating)

11:00am-11:30am  Oral Presentation
Presenters: Gonzalez, B., Ede, A., Fogaca, J. and Madrigal, L.
Organization: California State University, Long Beach
Presentation Title: An Examination of Self-Compassion, Competitive Anxiety, and Goal Orientation Among Collegiate Soccer Players

11:30am-12:30pm  Lunch

12:30pm-1:00pm  Oral Presentation
Presenters: Chandler, J. & Maurice,
Organization: California Polytechnic State University, San Luis Obispo
Presentation Title: Anti-Fatness Everywhere: Investigating Weight Bias Across a College Campus

1:00pm-2pm  Keynote Speaker John Abdou, Associate Athletic Director of Health, Wellness, and Sport Performance
“A Golden Environment”