

Day 1

## April 25

## On-site Registration 4:00 - 4:45 (Happy Hour)

Sara King, Oregon State University 4:45 pm - 5:00 pm

"Autonomy-Supportive Coaching Predicts Fewer Depressive Symptoms: An

Examination of Young Athletes in College"

Caitlin Kirk, University of Portland 5:00 pm - 5:15 pm "Barriers and Facilitators to Mental Health Service Utilization by Student-Athletes"

Claire Baker, Western Washington University

"The Effects of a Small-Group Social Support Intervention on Injured Collegiate Athletes' Stress-Related Growth"

**Keynote Speaker: Dr. Fernando Frias, Oregon State University (Athletics)** "Win(d) of Change: Applied Sport Psychology in the Modern Landscape of Collegiate Athletics"

6:45 pm - 7:00 pm Closing

5:15 pm - 5:30 pm

5:45 pm - 6:45 pm

8:00 am - 9:00 am

11:15 am - 11:45 am

12:30 pm - 1:45 pm

1:45 pm - 2:45 pm

7:00 pm - 9:00 pm Student and Faculty Social Crow's Nest (https://g.co/kgs/n8sq8Yk)

Day 2

## April 26

## On-site Registration 8:00 am - 12:00 pm

Breakfast, Coffee, and Networking

9:00 am - 9:15 am	Nazli Ozkoca, Oregon State University "Sport-Based Mental Health Programs for Youth in the United States: A Rapid Review"

9:15 am - 9:30 am "Exploring Immigrant Youth Experience in U.S. High School Sports: A Narrative Study"

Reegan von Wildenradt, Oregon State University

Michael Bennett, Oregon State University 9:30 am - 9:45 am "Comparison of In-Person vs Online Training Effectiveness for BEPA 2.0"

Jim Arnold, Oregon State University 9:45 am - 10:00 am "The Role of Achievement Goal Congruence on Athlete Mental Health: A Dissertation

Proposal Presentation"

**Break** 

**Keynote Speaker: Dr. Julie McCleery, Univeristy of Washington** 10:15 am - 11:15 am "Stepping Stones: A Reflection on Research to Practice Work in the Youth Sports

Ecosystem."

Thomas Keay, Boise State University 11:45 am - 12:00 pm "Exploration of Barriers and Challenges for Incoming Student-Athletes to Strength and

Conditioning Training"

Keynote Speaker: Dr. Jessyca Arthur-Cameselle, Western Washington University

Aletha Lassiter, Washington State University 12:00 am - 12:15 pm "Relationship Between Mindfulness, Pain, and Exercise Performance"

**Lunch and Group Activity** 

Charissa Kirby, Western Washington University 12:15 pm - 12:30 pm "The Effects of Superstitions on Competitive State Anxiety and Sport Performance

Under Pressure"

"Lessons from a Winding Path in Sport & Performance Psychology."

Dane Anderson, Refine Performance Psychology 3:00 pm - 3:15 pm

"Rediscovering the Lost Art of Sportsmanship"

Heather Van Mullem, Lewis-Clark State College 3:15 pm - 3:30 pm "You, Me & AI: Using Generative AI as a Teaching Tool in Undergraduate Sport Psychology Classes"

"Exploring the Paradox of Body Shame in Women Who Strength Train: An Interpretative Phenomenological Analysis"

Maya Trajkovski & Dr. Erica Woekel, Oregon State University

3:30 pm - 3:45 pm