CALIFORNIA BAPTIST UNIVERSITY
AASP VIRTUAL
REGIONAL CONFERENCE 2021

March 19th, 2021
9:00AM-4:30PM PST

March 20th, 2021
9:00AM-3:30PM PST

LOCATION: ZOOM LINK WILL BE PROVIDED

CBU
Sport and Performance Psychology
9:00AM-10:25AM WORKSHOP PANEL:
LAUREN HESS M.A., CMPC, MARIO SOTO M.S., & VEOLA VAZQUEZ PhD
Hosted by: Marquis Kidd M.S.
Embracing Your Diversity

10:30AM-10:55AM
ORAL PRESENTER: DR. GYASMINE GEORGE-WILLIAMS
Introducing the Black Athlete Activists Leadership Model: A Framework For Support

11:00AM-11:25AM
ORAL PRESENTER: DEMIANA AGAIBY
What Does It Mean to be a Dancer? Deconstructing the Essence of Dance Identity
Co-author: Dr. Alison Ede

11:30AM-11:55AM
ORAL PRESENTER: MATT LESLIE
A Guided Imagery Script and Pre-Performance Routine for Onsight Climbing Competitions

12:00PM-1:00PM LUNCH BREAK

1:00PM-1:25PM
ORAL PRESENTER: BRIAN ALEXANDER M.A., CMPC
Delivering a Sport Psychology Training Program Via Technology: The WellU Mental Training App
Co-Author: Ami Strutin-Belinoff

1:30PM-1:55PM
ORAL PRESENTERS: ROY SORBEL, JAIMEE STUTZ M.S., ALEXANDRA HOTETZ, & LAIYATU MANYA
The Lived Experience of NCAA Athletes with One or More Concussions
Authors: Jocelyn Schwegler M.S.
Co-Authors: Kamonie Davis, Josh Gernes M.S., Melanie Estrada, & Kerri Anderson M.S.

2:00PM-3:00PM
KEYNOTE SPEAKER: Eric Bean PhD, CMPC

3:00PM-4:30PM SPP NETWORKING SOCIAL
9:00AM-10:25AM WORKSHOP PANEL:
 ARTT BREY, KEISHA HART M.S, ED GARRETT PhD, CMPC & MARIO SOTO M.S.
 Hosted by: Chelsey Neve M.S.
 Starting & Running a Business After Graduation

10:30AM-10:55AM
 ORAL PRESENTER: KATIE (MCKEE) LOVALLO M.A., CMPC
 Mental Skills Training with Youth

11:00AM-11:25AM
 ORAL PRESENTER: ERIC BAKER
 Effect of Virtual Reality Assisted Imagery on Motorneuron Activation & Self-Efficacy in Track & Field Sprinters

11:30AM-11:55PM
 ORAL PRESENTERS: SHANE SAENZ PsyD, CMPC, DANIELLE KOZLOWSKI M.A., JAVAN JEAN-NOEL PsyD, CMPC, PAM WRONA PsyD, TEGAN ADAMS PsyD CMPC, & TYLER RICCI PhD
 Pandemic Parallel Process: The Experience of Supporting Sport Psychology Pre and Post-Doctoral Trainees During Covid-19

12:00PM-1:00PM LUNCH BREAK

1:00PM-1:25PM
 ORAL PRESENTER: JASON VON STIETZ PhD
 Providing Team Building and Mental Skills Training for a Women’s Premiere Soccer League Team

1:30PM-1:55PM
 ORAL PRESENTER: SHELBY WALDRON M.S.
 Learning on the Job: My Experience Working with a College Baseball Team & Implementing Goal Setting Strategies

2:00PM-2:25PM
 ORAL PRESENTER: ALICE HUNTER
 The Mediating Role of Introspective Feedback on Self-Regulation Through Yoga in High-Stress Populations

2:30PM-3:30PM
 KEYNOTE SPEAKER: JEN SCHUMACHER M.S., CMPC