

AASP Foundation Community Outreach/Research Seed Grant Application Information

A. Purpose

The Association for Applied Sport Psychology (AASP) Foundation offers "seed grants" for community outreach/research projects. Grants may be for up to \$500, recognizing that the total funds available in one year are \$4,000 (\$1,000 each quarter). The primary function of these community outreach/research seed grants is to provide limited support to AASP members (especially early career professionals/pre-tenured faculty or students) for their community outreach/research endeavors. In general, proposals must:

1. Integrate research and practice;
2. Be clearly articulated;
3. Ideally show potential for further community outreach/research work, leading to additional funding; and
4. Contribute to the knowledge base in exercise and sport psychology.

B. Eligibility

- Any person who is a current member of AASP is eligible.
- If students cannot meet this requirement, they may co-author the proposal with a member (typically their advisor) who does meet the requirement. However, it must be clear that it is the student's - not the advisor's - project. If the advisor needs to be first author for a university's purposes even though it's the student's work, please note it's the student's project on the application.
- The primary recipient of an AASP Foundation community outreach/research seed grant may only receive such seed grant funding once every 2 years.
- Applicants may not apply for an AASP Foundation community outreach/research seed grant and an AASP grant (Community Outreach, Research, etc.) for the same project at the same time.

C. Application Procedure

- Applications will be reviewed four times a year: beginning January 1, April 1, July 1, and October 1.
- Applications may be received at any time, although grants are due no later than midnight the day before each grant cycle to be considered within that review period.
- The grant application should be emailed to the AASP Foundation Community Outreach/Research Seed Grant Committee Chairperson at AASPFSeedgrant@appliedsportpsych.org.
- Please use the PDF fillable form to complete the application.
- Proposals must include the following components
 - A. Researcher/Practitioner information (one page maximum)
 - B. Proposal (one page or less – must use 12-point font and 1-inch margins, single spacing is acceptable) – include title but do not include name(s)/affiliations(s) of submitters
 - C. Budget and budget justification
 - D. Submission checklist

AASP Foundation Community Outreach/Research Seed Grant Application Information

(continued)

- Failure to include all components listed above, or proposals that do not conform to length specifications, will not be reviewed.

D. Budget

- Budgets must be for a maximum of \$500.
- Awards will be paid to your department or organization/company, if one exists, and can cover costs such as equipment, hourly assistance, materials, and supplies.
- Budgets cannot include indirect costs, salaries for the researcher(s)/practitioner(s), or travel to present the results.
- Grants are awarded as soon as the review process is completed each quarter.
- Proposals which are not approved will be returned to the researcher(s)/practitioner(s) with feedback and may be resubmitted if desired.
- Failure to complete the project may require reimbursement.

E. Obligations

- A final report on the project (maximum of one page in length) is required once the project has been completed, to be sent to the AASP Foundation Community Outreach/Research Seed Grant Committee Chairperson at AASPFSeedgrant@appliedsportpsych.org
- It is encouraged that an abstract of the completed work be submitted for consideration at the first eligible AASP conference that follows the completion of the grant.
- Any publication(s) resulting from the grant should acknowledge the funding from AASP.

Completing the Grant Application

This grant application is created as a fillable pdf form. Follow through the document and complete the blue boxes (fillable form elements) in all of the areas. When you need to save the document, simply save to your desktop so that you may return to the document.

When you are ready to submit this document to the AASP Research and Practice Division Head, please save as a PDF on your computer. **Submit the complete application as ONE PDF file into a single attachment**, to be sent to the AASPF Community Outreach/Research Seed Grant Committee Chairperson at AASPFSeedgrant@appliedsportpsych.org

AASP Foundation Community Outreach/Research Seed Grant

Application: Investigator Information

| | |
|--|--|
| Principal Investigator Name | AASP Membership Status <div style="text-align: center;"> Yes No </div> |
| Position and Institution Position Doctoral Student Institution | Mailing Address Street Address Line 1 Street Address Line 2 City, State/Province, Zip Country |
| E-mail Address | |
| Telephone | |

| | |
|--|---|
| Co-Investigator Name | AASP Membership Status <div style="text-align: center;"> Yes No </div> |
| Position and Institution Position Institution | E-Mail Address |

| | |
|--|---|
| Co-Investigator Name | AASP Membership Status <div style="text-align: center;"> Yes No </div> |
| Position and Institution Position Institution | E-Mail Address |

| | |
|--|---|
| Co-Investigator Name | AASP Membership Status <div style="text-align: center;"> Yes No </div> |
| Position and Institution Position Institution | E-Mail Address |

AASP Foundation Community Outreach/Research Seed Grant
Application: Proposal (one page limit)

Title of Project

Timeline for Completion

Proposal

AASP Foundation Community Outreach/Research Seed Grant

Application: Budget

Personnel

| Position/Title | Hours/Wk | Hourly Wage | Total |
|----------------|----------|-------------|-------|
| | | | |
| | | | |
| | | | |
| Sub Total | | | |

Equipment

| Item | Total |
|-----------|-------|
| | |
| | |
| | |
| Sub Total | |

Supplies

| Item | Total |
|-----------|-------|
| | |
| | |
| | |
| Sub Total | |

Other

| Item | Total |
|-----------|-------|
| | |
| | |
| | |
| Sub Total | |

Total Funding Requested

Please indicate other grants that are pending or funded related to the research project.

| Grants | Total |
|-----------|-------|
| | |
| | |
| | |
| Sub Total | |

Please indicate the total amount that is absolutely necessary to complete the research project.

| | |
|-------|--|
| Total | |
|-------|--|

AASP Foundation Community Outreach/Research Seed Grant
Application: Budget Justification

AASP Foundation Community Outreach/Research Seed Grant

Application: Submission Checklist (to be completed by PI)

Principal Investigator (PI) Status and Eligibility

Yes No

Is this project a student's project?

Is the PI a student or an early professional (pre-tenure)?

Does the PI meet the membership requirement (current AASP membership)?

Note: If a student is the PI and does not meet the membership requirement, she/he/they may co-author the proposal with an AASP member who does meet the requirement.

Has the PI received AASP Research Grant funding in the past 2 years?

Obligations if Proposal is Funded or Partially Funded

Yes No

Applicant(s) accepts responsibility for submitting a final budget report and summary of progress to the AASP Foundation Community Outreach/Research Seed Grant Committee Chairperson at the end of the project.

Note: Unspent balances will revert to AASP unless a written request for extension is submitted 6 weeks prior to grant expiration and is approved by the Research Grant Committee.

Applicant(s) accepts responsibility for acknowledging the funding from AASP in any publications or presentations resulting from this grant.

Grant title:



AASP Foundation Research Seed Grant Review Rubric

* A score of 0 on any of the categories leads to “provisional funding” where the grantee needs to edit and resubmit the proposal to meet the minimum expectations of the particular category.

| | 0 pt.* | 1pt. | 2pts. | Rating |
|---|---|---|--|--------|
| 1.Goals and Outcomes | Goals and outcomes are <i>missing</i> . | Goals and outcomes are included, but they are <i>unclear</i> and there is a <i>weak</i> link between them. | Goals and outcomes are <i>clearly</i> stated, and they are <i>strongly</i> linked. | |
| 2. Project Timeline | Timeline is <i>missing</i> . | Timeline is <i>not clear</i> . | Timeline is <i>clear</i> . | |
| 3. Measures | Measures are <i>missing</i> . | Measures are included, but they are <i>poorly</i> described and/or <i>weakly</i> matched to project goals and outcomes. | Measures are <i>clearly</i> stated, and they match project goals and outcomes. | |
| 4. Integration of Research and Practice | Project demonstrates <i>no</i> integration of research and practice. | Project description demonstrates <i>some</i> integration of research and practice. | Project description demonstrates <i>strong</i> integration of research and practice. | |
| 5. Contribution to Knowledge Base | The project demonstrates <i>no</i> contribution to knowledge base in exercise and sport psychology. | The project demonstrates <i>some</i> contribution to knowledge base in exercise and sport psychology. | The project demonstrates <i>substantial</i> contribution to knowledge base in exercise and sport psychology. | |
| 6. Potential for Further Work and Funding | The project shows <i>no</i> potential for further work and funding. | The project shows <i>some</i> potential for further work and funding. | The project shows <i>considerable</i> potential for further work and funding. | |
| 7. Style | The project is <i>not</i> clearly articulated. | The project is <i>somewhat</i> clearly articulated. | The project is <i>clearly</i> articulated. | |
| 8. Budget | Budget is <i>missing</i> . | Budget is not <i>clearly detailed</i> . | Budget is <i>clearly detailed</i> . | |

OVERALL SCORE: _____ out of 16.

Any additional comments regarding the proposal’s **overall merits:**