



## AASP Award Nomination Application

Information

AASP's annual awards recognize the outstanding contributions of student and professional members whose work advances the knowledge base and enhances the delivery of services to consumers.

**Recipients of each award will be officially recognized during the AASP 2020 Annual Conference to be held October 21-24 in Orlando, Florida.**

If you have any questions about how to submit your application after reading the directions below, please contact AASP at 317-205-9225. All nomination materials and letters of recommendation **must be sent to AASP headquarters and received by March 1\*** of the award year.

### Completing the Award Application: Instructions

This award application is a fillable PDF form. Follow through the document and complete the boxes (fillable form elements) in all areas. When you need to save, simply save to your desktop so that you may return to the document.

When you are ready to submit this document, please save it as a PDF on your computer. You **MUST** submit this document, along with any required supporting materials in **ONE** single attachment PDF file\*\* to the AASP office via email at [info@appliedsportpsych.org](mailto:info@appliedsportpsych.org), by March 1\*. **Applications that do not follow guidelines per instructions will not be reviewed.**

*\*If you are submitting an application for the Performance Excellence award, please note that the submission deadline is November 1 for each year prior to the award being given.*

**\*\*If you are filling out for the Doctoral Dissertation award, you should submit two PDFs – one with a blind copy of the abstract only, and the other with your full application plus a non-blind abstract.**

# AASP Award Nomination Application

## Description of Awards

### **Dorothy V. Harris Memorial Award**

The Dorothy V. Harris Memorial Award acknowledges the distinguished contributions of Dot Harris to sport psychology by recognizing the efforts of an AASP scholar/practitioner in the early stage of their scientific and/or professional career. The recipient receives \$200 cash, a waived AASP Annual Conference registration fee in the year of the award, and a plaque awarded during a presentation summarizing the recipient's work.

### **Award Criteria**

The recipient of the award must meet the following criteria:

- Received a doctoral degree no more than 7 years prior to nomination;
- Made significant contributions to AASP through presentations, publications, and/or involvement on committees; and
- Demonstrated a record of scholarship that clearly established the individual as a leading scholar/practitioner when compared to a group of people at similar stages in their academic careers.

The collected works of the individual should exhibit quality contributions that are both theoretical and practical, and that have been subjected to the critical review of established scholars/practitioners in the individual's area of expertise.

Evidence for this national/international distinction might include the innovation of the person's work, the impact the work has on the field of sport psychology, or the importance the work has in an applied setting.

AASP members who believe they are qualified can nominate themselves and are encouraged to do so. In addition, AASP members are encouraged to nominate qualified individuals for this Award.

### **Submission Guidelines**

*(to be attached in one single PDF sent to [info@appliedsportpsych.org](mailto:info@appliedsportpsych.org))*

- Submit a letter of nomination supporting the nominee's national/international distinction might include the innovation of the person's work, the impact the work has on the field of sport psychology, or the importance the work has in an applied setting;
- Include a current curriculum vitae;
- Provide a one-two page summary of the nominee's work emphasizing the basic/applied importance of that work;
- Include reprints of five publications;
- Name an individual who will submit a letter of recommendation concerning the nominee's qualifications for the award;
- Include two (2) letters of recommendation for the nominee.

# **AASP Award Nomination Application**

## Description of Awards

### **Doctoral Dissertation Award**

The Dissertation Award recognizes the completion of an outstanding dissertation by an AASP doctoral student member (dissertation must have been completed between January 1 - December 31, 2019). The recipient receives a \$500 check, a waived AASP Annual Conference registration fee in the year of the award, and a plaque presented during the conference.

AASP invites student members to submit applications for the outstanding doctoral dissertation award. Applicants for the AASP Dissertation Award must meet the following guidelines:

- Completed a dissertation on a topic related to sport, exercise, and/or health psychology between January 1 - December 31
- Membership in AASP the application year and year preceding application

### **Submission Guidelines**

1. Submit one copy of the entire dissertation.
2. Provide one original and one blind (no reference to author or affiliation) copy of a long abstract (up to three single-spaced pages). The abstract should include title, study purpose, method, results, and discussion.
3. Include a letter of support (two pages maximum) from the chair of the dissertation committee and a copy of the signed cover sheet (used by universities and signed by dissertation committee members indicating acceptance and completion of the dissertation work) with the application.

# AASP Award Nomination Application

## Description of Awards

### Distinguished International Scholar

The Distinguished International Scholar (DIS) award recognizes and honors the achievements of outstanding individuals from the international community whose scientific and/or applied work has significantly impacted the field of sport and exercise psychology. This individual will have made significant contributions to the scientific body of knowledge in sport and exercise psychology, as evidenced by a distinguished record of publications and/or by exceptional quality and innovation in delivering sport and exercise psychology services to the public. The recipient of this award will receive free AASP Annual Conference registration, up to four nights hotel accommodation, economy airfare, per diem, and a plaque presented at the conference before their designated presentation time. The recipient will also receive complementary AASP membership for the year following the conference.

### Award Criteria

The recipient of the award must meet four criteria:

1. Made significant contributions to the scientific body of knowledge in sport and exercise psychology, as evidenced by a distinguished record of publications and/or by exceptional quality and innovation in delivering services to the public. This may also include internationally excellent scholars whose primary interest is not sport and exercise psychology but whose work has made a significant impact on this field (e.g., an eminent psychology theoretician or a renowned clinical practitioner).
2. Been recognized for their impact on knowledge development and/or practical application in the field of sport and exercise psychology beyond their home country, as evidenced by international publications, conference proceedings, and worldwide presentations.
3. Has initially been nominated via formal application, consequentially selected by the International Relations Committee and subsequently been approved by the AASP Executive Board.
4. Although the nominated candidate does not need to be an AASP member, she/he has to be nominated by a current member in good standing.

The DIS is an award, not a type of AASP membership. Individuals who are not already AASP members and attain AASP DIS status are not automatically granted voting privileges, but rather are recognized and honored as DIS. Only when they accept membership status following the year that they received the award, will they be able to vote.

### Submission Guidelines

An AASP member must nominate candidates for this award. The International Relations Committee (IRC) will initially review nominations. Subsequently, a shortlist of candidates will be forwarded to the AASP Executive Board for final decision regarding the successful recipient. Please include the following materials in your application:

- A letter of nomination for the candidate from an AASP member describing, in detail, the achievements of the candidate in relation to the award criteria [three (3) pages maximum]. The

AASP member who nominates the candidate cannot also write one of the support letters.

- Two (2) letters of support for the candidate specifically describing the quality of the candidate's work and the impact that his/her work has had on the field of sport and exercise psychology. At least one of these letters has to be written by a professional in the sport and exercise psychology field.
- The candidate's Curriculum Vitae, which must be written in English and limited to a maximum of six (6) pages.

# AASP Award Nomination Application

## Description of Awards

### Distinguished Professional Practice Award

The Distinguished Professional Practice Award recognizes the outstanding delivery of sport and exercise psychology services to the public. The recipient receives a \$300 cash award, a waived AASP Annual Conference registration fee in the year of the award, and a plaque presented at the conference.

#### Award Criteria

Nominees must meet the following four criteria:

1. Sustained involvement in and meaningful contributions to both the science (e.g., published papers and/or professional practice articles that are theoretically relevant, describing novel ways of applying methods used to existing literature) and the practice of systematic sport and/or exercise psychology service delivery;
2. Demonstrated quality and innovation of services that represent an exceptional practitioner-scholar model of professional practice;
3. Significant impact on service recipients that enhances public interest in and appreciation for the field of sport and exercise psychology;
4. Membership in AASP for 3 consecutive years at the time of the nomination.

#### Submission Guidelines

An AASP member must nominate the candidate for this award and serve as the candidate's sponsor. The nomination materials include:

- A letter of nomination describing in specific detail the achievements of the candidate in relation to the three award criteria (3 pages maximum)
- Two (2) letters of support for the candidate specifically describing the quality and impact of the candidate's work. These letters should be written by participants in the group/agency in which the candidate's work has been focused (they should not be professional sport psychology colleagues)
- The candidate's curriculum vitae

# AASP Award Nomination Application

## Description of Awards

### Distinguished Doctoral Student Practice Award

The Distinguished Doctoral Student Practice Award recognizes outstanding service delivery in sport and exercise psychology by a student who demonstrates exceptional quality and innovation in delivering sport and exercise psychology services to the public. The recipient receives a \$500 check, a waived AASP Annual Conference registration fee in the year of the award, and a plaque presented at the conference.

#### Award Criteria

The recipient of the Distinguished Doctoral Student Practice Award must meet three criteria:

1. Must be a student at the time of the deadline for submissions, but does not have to be a student at the time the award is presented.
2. Must be an AASP member at the time of submission and at the time the award is presented.
3. Must have at least 100 direct contact hours with clients. Direct contact is defined by the hours in which face-to-face services were provided to an individual athlete, coach, team, exerciser, or client.

#### Submission Guidelines

An AASP member must nominate the candidate for this award and serve as the candidate's sponsor. Self-nominations are also accepted. Submission materials should include:

1. Two letters of support:
  - a. One letter from the student's AASP supervisor/mentor.
  - b. One letter from an AASP member who is involved in or knowledgeable about the student's service delivery (may be another student or professional).
  - c. Additional letter(s) may be provided from recipients of services.
2. A 3-4 page double-spaced description of the service delivery experience(s). Outline the following in your description (use these as subheadings):
  - a. Provide an approximate number of consulting hours obtained thus far (indicate: 1. total hours, 2. # of direct contact hours; Note: only include hours completed while a student)
  - b. A brief description of AASP involvement (e.g., number of conferences attended, posters/presentations as lead author, posters/presentations as supporting author, any contribution to SIGs or committees, etc.)
  - c. Consulting philosophy
  - d. Description of the nature of the service delivery experience(s) being used for consideration of award (e.g., how did the opportunity come about, what was your role, etc.)
  - e. Description of the intervention/services provided
  - f. Discussion of the outcomes of the intervention/services provided
  - g. Supporting references (peer-reviewed references that support your work and/or discussion of your work)
3. Curriculum vitae
4. Completed fillable PDF award application (**note: all submission materials must be collated into ONE PDF file**)

# AASP Award Nomination Application

## Description of Awards

### Distinguished Master's Student Practice Award

The Distinguished Master's Student Practice Award recognizes outstanding service delivery in sport and exercise psychology by a student who demonstrates exceptional quality and innovation in delivering sport and exercise psychology services to the public. The recipient receives a \$500 check, a waived AASP Annual Conference registration fee in the year of the award, and a plaque presented at the conference.

#### Award Criteria

The recipient of the Distinguished Student Practice Award must meet two criteria:

1. Must be a student enrolled in a Master's program at the time of the deadline for submissions, but does not have to be a student at the time the award is presented.
2. Must be an AASP member at the time of submission and at the time the award is presented.

#### Submission Guidelines

An AASP member must nominate the candidate for this award and serve as the candidate's sponsor. Self-nominations are also accepted, but would still require supervisor/mentor sponsorship. Submission materials should include:

1. A 2-3 page double-spaced description of the service delivery experience(s). Outline the following in your description (use these as subheadings):
  - a. Description of the nature of the service delivery experience(s) being used for consideration of award (e.g., how did the opportunity come about, what was your role, how frequently did you deliver services, was it a group or individual sessions, etc.)
  - b. Description of the intervention/services provided, including if this was a novel intervention
  - c. Discussion of the outcomes of the intervention/services provided
  - d. Supporting references (peer-reviewed references that support your work and/or discussion of your work)
  - e. Identification of how the work specifically related to the fulfillment of the masters' degree requirements
2. A consulting philosophy. Please limit this to a maximum of 2 pages.
3. Curriculum vitae
4. Two letters of support:
  - a. One letter from the student's AASP supervisor/mentor
  - b. One letter from an AASP member who is involved in or knowledgeable about the student's service delivery (may be another student or professional)
5. **Completed fillable PDF award application (**note: all submission materials must be collated into ONE PDF file**)**

# AASP Award Nomination Application

## Description of Awards

### Master's Thesis Award

The Thesis Award recognizes the completion of an outstanding thesis by an AASP student member (thesis must have been completed between January 1 - December 31, 2019). The recipient receives a \$500 check, a waived AASP Annual Conference registration fee in the year of the award, and a plaque awarded during the conference.

### Award Criteria

Applicants must meet the following guidelines:

- Completed a thesis on a topic related to sport, exercise, and/or health psychology between January 1 - December 31
- Membership in AASP for the application year and year preceding application

### Submission Guidelines

1. Submit one copy of the entire thesis with a cover letter that includes contact information (current, permanent and email addresses) for the applicant.
2. Provide one original (with author name and affiliation) and one blind (no reference to author or affiliation) copy of the abstract. The abstract (title and content) is limited to three single-spaced pages and should include the study purpose, method, results, and discussion.
3. Include a letter of support (two pages maximum) from the chairperson of the thesis committee and a copy of the signed cover sheet (used by universities and signed by thesis committee members indication acceptance and completion of the thesis work) with the application.

No member(s) of the AASP Thesis Award Committee will evaluate theses they were involved with. The evaluative criteria equate to what is used to review manuscripts for publication in the *Journal of Applied Sport Psychology*.

# AASP Award Nomination Application

## Description of Awards

### Performance Excellence Award

AASP's Performance Excellence Award recognizes individuals who embody exemplary psychological principles associated with performance excellence as demonstrated through consistent achievement, merit or leadership over the course of their career.

#### Award Criteria

1. Demonstrated a record of performance that clearly distinguishes the individual as exceptional when compared to a group of contemporaries, or
2. Exhibited an exceptional ability to perform at potential when it matters most or under inordinately adverse circumstances, or
3. Demonstrated a record of being able to consistently influence individuals to maximize their potential through the use of psychological principles associated with performance excellence.
4. The applicant has characterized the values and ethical practices that AASP promotes.

#### Nomination Guidelines

An AASP member may nominate a candidate for this award by November 1 of the year prior to the Award being given (i.e. November 1, 2020 for the 2021 award). The nomination should include a description of the nominee's accomplishments and a rationale for why AASP should confer the award.

#### Award Recognition

1. A plaque/award - given to the awardee.
2. A dedicated session will be scheduled where the awardee will present insights into the psychological process that led to nomination for the award.
3. The award is contingent upon an address given to the membership at the conference.
4. Travel costs to the annual conference, conference registration, and a hotel stay of up to 4 nights.

# AASP Award Nomination Application

## Description of Awards

### Student Diversity Award

The Student Diversity Award recognizes and honors the achievements of students involved in research, service or applied experiences that focus on issues of diversity (i.e., race or ethnicity, sexual orientation, social class, disability) that impact sport, exercise and health. The recipient receives a \$500 check, a waived AASP Annual Conference registration fee in the year of the award, and a plaque presented at the conference.

#### The purpose of the Student Diversity Award is to:

- Encourage and promote student research or applied experience related to issues of diversity that impact sport, exercise and health. ([See AASP Position Statement on Human Diversity](#)).

#### Award Criteria

Applicants for the award must meet the following criteria:

- Be a current AASP student member at the time of submission and award.
- Have made important contributions to the field of sport and exercise psychology in the area of diversity including but not limited to research, service, or applied work with clients, organizations or community groups dealing with diversity issues. Applicants need only fulfill one area (i.e., research, service or applied work) to be eligible.

#### Submission requirements

AASP student members who feel qualified may nominate themselves and are encouraged to do so. In addition, AASP professional members are encouraged to nominate qualified individuals.

- A three page essay which addresses:
  - (a) how the student incorporates issues of diversity into her/his research, service and/or applied work
  - (b) the importance of addressing diversity in the field of sport and exercise psychology.
- A letter of recommendation from an AASP professional member familiar with the student's work.
- An updated curriculum vita.

Nominations for the award should be submitted before the March 1 deadline to the Chair of the Diversity Committee. The decision of the Diversity Committee will be submitted to the Executive Board for final approval. Up to two students may receive the diversity award each year.

# AASP Award Nomination Application

## Description of Awards

### **Distinguished Mentor Award**

#### ***Funded by the AASP Foundation***

The Distinguished Mentor Award recognizes the outstanding efforts by an AASP member as a mentor/supervisor who has had a significant impact on their mentee(s) in the field. The recipient receives a \$250 cash award, a waived AASP Annual Conference registration fee in the year of the award, and a plaque presented at the conference.

#### **Award Criteria**

Nominees must meet the following four criteria:

1. Professional member of AASP.
2. Be an Active CMPC®.
3. Have significantly impacted the work and personal development of mentee(s) as illustrated in testimonial letters.
4. Nominees will generally be individuals who have been working/mentoring/supervising in the field for many years, but it is possible that early career professionals could meet the spirit of the award and will certainly be considered.

#### **Submission Guidelines**

An AASP member or group of AASP members who are students or professionals may nominate a mentor for this award. The nomination materials include:

- Detailed information about the mentor and the scope and significance of his/her mentoring of students or professionals within sport and exercise psychology (and potentially beyond).
- Submissions may be no more than two (2) pages single-spaced.
- A maximum of four (4) supplemental letters from mentees may be added in an Appendix.

A five-person subcommittee from the AASP Foundation, including at least one AASP student member, will review the application(s).

# AASP Award Nomination Application

## Description of Awards

### **Distinguished Applied Contribution Award**

#### ***Funded by the AASP Foundation***

The Distinguished Applied Contribution Award recognizes a book, video, webinar, etc. produced in the past year by an AASP member, which made a significant contribution to education and/or practice in an area within the field. The recipient receives a \$250 cash award, a waived AASP Annual Conference registration fee in the year of the award, and a plaque presented at the conference.

#### **Award Criteria**

Nominees must meet the following four criteria:

1. Professional member of AASP.
2. Contributed in the form of a book/video/webinar/other resource to the field in 2019.

#### **Submission Guidelines**

An AASP member may nominate or self-nominate for this award. The nomination materials include:

- Detailed information about the contribution and significance of its effect on education and/or practice within sport and exercise psychology.
- Submissions may be no more than two (2) pages single-spaced.

A five-person subcommittee from the AASP Foundation, including at least one AASP student member, will review the application(s).