

Thursday, October 24

Coaching

Enhancing Athlete Development through Mental Toughness: A Collaborative Approach for Mental Performance and Sport Coaches

Andreas Stamatidis, University of Louisville

Football and Fatherhood: A Qualitative Study Exploring How Black Football Coaches Experience the Coach-Athlete Relationship

Keith McShan, Missouri State University; Laura Salem, Missouri State University

Investigating the Influence of Varied Practice Conditions on the Learning Experience

Jaelyn Smith, University of Tennessee, Knoxville; Andy Shaw, University of Tennessee, Knoxville; Andrew Strick, University of Tennessee, Knoxville; Jared Porter, University of Tennessee, Knoxville

Perceived Coaching Behaviors and Failure Tolerance in High School Athletics: The Mediating Effects of Motivational Climate, Sport Competence, and Effort

Hunhyuk Choi, Kangwon National University; Yong-Jin Yoon, Yonsei University; Seong Kwan Cho, Texas A&M International University

The Impact of a Coaching Intervention to Enhance the Motivational Climate Across a School District's Athletic Program

Jacob Chamberlin, University of Kansas; Mary Fry, University of Kansas; Congtian Xu, ; Troy Wineinger, University of Kansas; Candace Hogue, University of Minnesota

The Influence of Performance Profiling on the Motivation and Self-Awareness of Sport Coaches

Lucy Clarke, University of Lincoln; Matthew Bird, University of Lincoln

The Talent Development Environment and Athletes with Physical Disabilities: A Scoping Review

Andrew Corbett, Shepherd Center; Rebecca Ellis, Georgia State University; Jonathan Rea, Shepherd Center; Eduardo Granados, Shepherd Center

Validation of the Recovery Experience Questionnaire in a Coaching Population

Landon Braun, University of Wisconsin-Milwaukee; Barbara Meyer, University of Wisconsin-Milwaukee; Carly Wahl, Eastern Illinois University

Collegiate Sport

A Comparison of Neurocognitive Profiles, Vestibular Ocular-Motor Functioning and Collegiate Baseball Batting Performance

Cara Guglielmino, George Fox University; Mia Asuncion, George Fox University; Scott Burkhart, George Fox University

A Multidimensional View in International Student Athletes' Experience: A Critical Review

Nikoleta Antoniou Karademitrou, Auburn University, SERC Department; Nikoleta Antoniou Karademitrou, Auburn University

An Examination the Relationship Between Single Event Flow and Mental Toughness

Emily Chua, Saint Louis University, Department of Psychology; Kellen Blum, Saint Louis University; Michael Ross, Saint Louis University

Athletic Identity, Reason for Retirement, and Reached Athletic Goals Impact Former Athletes' Transition of a Life Without Sports; Flourishing, Satisfaction with Life, Physical Health

Camryn Ybarra, LBSU; Leilani Madrigal, Long Beach State University; Jana Fogaca, Long Beach State University; Alison Ede, Long Beach State University

Discovering the Truth Behind Football Culture: Mental Health in Collegiate Male Football Athletes

Caitlyn Hauff, University of South Alabama; Paige Fandel, University of South Alabama

Division III Student-Athletes' Goal Orientations Linked to their Motivation-Related Responses in Sport and their Well-Being

Candace Hogue, University of Minnesota; Jason Kaul, University of Minnesota

Examination of the Impact of Substance Use on Sport Training and Competition in Collegiate Athletes

Igor Kowal, AASP; Angelos Tsalafos, University of Nevada, Las Vegas; Ray Lopez, AASP; Dr. Kim Barchard, University of Nevada, Las Vegas (UNLV); Dr. Shane Kraus, University of Nevada, Las Vegas (UNLV); Dan Allen, University of Nevada, Las Vegas (UNLV); Dr. Bradley Donohue, AASP

Examining the Relationship of Race and Gender Among Collegiate Athletes' Requests for Mental Health and Sport Psychology Services

Jessica Renteria, University of North Texas; Mikaili Robertson, University of North Texas; Trent Petrie, University of North Texas

Facilitating DI Student-Athlete Help-Seeking: The Roles of Key Stakeholders and Athlete Attitudes, Beliefs, and Knowledge About Mental Health Services

Nick Magera, University of North Texas; Briana Wallace, University of North Texas; Lindsey Slavin, University of North Texas; Kayleigh Bolton, University of North Texas; Trent Petrie, University of North Texas

Identifying Institutional Resources for Student-Athletes Transitioning out of Collegiate Sport: A Survey of NCAA Division III Athletic Department Administrators

Peyton Greco, University of North Carolina at Greensboro; Erin Reifsteck, University of North Carolina at Greensboro

Mindful Sport Performance (MSPE) Intervention with 90 NCAA Division-I Female Athletes

Jacob Jensen, California State University-Northridge; Jessica Lewis, California State University, Northridge; Mark P Otten, California State University, Northridge

NCAA Division I Student-Athletes' Understanding of and Attitudes Toward Mental Performance Services

Allison Rudisill, University of Southern Mississippi; Morgan Eckenrod, University of Southern Mississippi

Prevalence of Anxiety and Depression among Collegiate Student-Athletes: Race and Gender

Javon Williams, University of North Texas; Cachet Lue, University of North Texas; Trent Petrie, University of North Texas

Prevalence of Anxiety, Perceived Food Insecurity, and Purging Behaviors in NCAA D1 Student-Athletes

Sara Burkhart, Long Beach State University; Catherine Croft, Long Beach State University; Darra Thomas, Long Beach State University; Elizabeth Witt, ASI, CSU Long Beach; Jana Fogaca, Long Beach State University; Leilani Madrigal, Long Beach State University

Psychometric Evaluation of the Symptom Checklist-90-Revised in a Collegiate Athlete Sample

Raymond Lopez, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Kimberly Barchard, University of Nevada, Las Vegas; Kristin Brooks, Stand Tall Consulting; Linnea Bacon, University of Nevada, Las Vegas; Malorie Feidner, Maloriejoy Consulting & Coaching

Relational Efficacy and Social Support in Athletics

Ronald Russell III, Indiana University; Christine Habeeb, East Carolina University

Silent Battles of International Women Student-Athletes: A Phenomenological Study

Arna Erega, University of Texas at Austin

The COVID-19 Pandemic and Social Injustices Affected Black Student Athletes

Briana Wallace, University of North Texas; Trent Petrie, University of North Texas; Javon Williams, University of North Texas; E. Whitney Moore, East Carolina University

The Effect of Social Media on Body Image and Body Satisfaction in NCAA Athletes

Jamie McAllister-Deitrick, Coastal Carolina University; Kayla Korn, Coastal Carolina University; K. Michelle Singleton, Coastal Carolina University; Susannah L. Reiner, University of Kentucky

The Relationship Between Collegiate Basketball Athletes' Personalities and Their Preference for Motivational and Instructional Self-Talk During a Free Throw

Hyejin Song, Long Beach Men's Basketball Team

What's the Impact of Goal Types on Attention, Anxiety, and Performance across Two Different Tasks?

Steven Wininger, Western Kentucky University; Lauren Heelan, Western Kentucky University; Emily Roepke, Western Kentucky University

Consulting & Interventions

"I Use It in Life": Collegiate Women Athletes' Experience and Evaluation of an 8-Week Virtual Mindful Self-Compassion Program

Danielle Teare, University of North Carolina Greensboro; Tsz Lun (Alan) Chu, University of North Carolina at Greensboro; Chanel Bradford, University of Wisconsin- Green Bay

A Practical Guide to Using Routine Outcome Monitoring in Sport Psychology Interventions

Rebecca Steins, Saint Louis University; Savannah Jefferis-Henriques, Saint Louis University; Emily Chua, Saint Louis University, Department of Psychology; Michael Ross, Saint Louis University

Breathe & Bring the Heat: Optimizing Sports Performance with Mindfulness and Acceptance & Commitment Training

Daniel Moran, Pickslyde Consulting

Digital Dos and Don'ts: Lessons Learned in Online Mental Skills Training for Youth Athletes

Noah Sachs, Noah Sachs Performance

From Books to Fields: A Framework for Navigating Service Delivery

Ryan Bahadursingh, F3EA; Jonathan Stewart, KBR

How are we Addressing the Yips? A Scoping Review

Johanna Glaaser, Florida State University; Sam Fonder, Florida State University

Implementing Electroencephalogram (EEG) Technology in Mindfulness Training With the Use of a FocusCalm Device: A Case Study

Beaux Myers, Colby College

Personal Growth Days: Sport Psychology Mental Skills to Life Skills as a Practical Application at the High School and University Level

Darrell Phillips, University of Kansas; Jacob Chamberlin, University of Kansas; Zeljka Vidic, Western Michigan University; Javier Burga, Potential & Peformance LLC

The Described Experience of Gratitude Within Professional Athletes: A Generic Qualitative Inquiry

Mitzi James Kincaid, California State University, Sacramento; John F Kennedy University; Azusa Pacific University; Dominican University; PerformanceGRIT

The NEER Model: A New Framework for Sport and Performance Psychology Consulting

Ashley Samson, University of Kentucky; Marc Cormier, University of Kentucky

Diversity & Culture

Barriers to Physical Activity in Children and Adults among Latinas

Jasmine Reyna, Mount Saint Mary's University-Clinical Psychology Program ; Brad Conn, Compton College/Artest University

Body Satisfaction and Disordered Eating Among Division I Men Student- Athletes: Considerations of Race

Caleb Wilborn, The University of North Texas; Carmyn Hayes, The University of North Texas; Trent Petrie, University of North Texas

Development and Psychometric Examination of the Cultural Domains Menu in a Sample of Collegiate Athletes

Malorie Feidner, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Kristin Brooks, Stand Tall Consulting; Linnea Bacon, University of Nevada, Las Vegas; Daniel Allen, University of Nevada, Las Vegas

Identity Formation, Coping, and College Transition of NCAA Greek Student-Athletes

Theoklitos Karipidis, Indiana University

Sociocultural Factors Influencing Athletes' Attitudes and Stigma towards Seeking Support for Mental Health: A Mixed-Methods Study

Linnea Bacon, University of Nevada, Las Vegas; Robert Morris, University of Stirling

Sociocultural Factors Influencing Self-Criticism and Criticism of Teammates Across Training and Competition Contexts

Linnea Bacon, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Malorie Feidner, University of Nevada, Las Vegas; Daniel Allen, University of Nevada, Las Vegas

Elite/Pro Sport

A Comprehensive Meta-Analysis of the Mental Toughness Effect on Performance

Dax Crum, Utah State University

Development of a Holistic Performance Assessment Framework in Elite English Football Officiating: A Performance Psychology Perspective

Liam Slack, PGMOL

Enhancing Performance: A Qualitative Inquiry into the Influence of a Sport Psychology Workshop at an International Basketball Combine

Samuel Morton, Pursuit Sports Group; Brad Conn, Compton College/Artest University; Renard Simmons, ; Sera Khaneshan, Pepperdine University

Exploring Nonverbal Behavior Experience Process of Table Tennis Players

Kyoungjin Yang, ; Jieun Won, Seoul National University; Sungho Kwon, Seoul National University

Neuro-Training for Athletes: Exploring the Feasibility and Effectiveness of Neuroscience-Powered Visualization Training in Professional Soccer Clubs

Jon Ollora Ezenarro, Head of Emotion and Performance Unit at Real Sociedad (LaLiga) ; Ryan Alexander, Director of Sports Science at Atlanta United FC (MLS); Konstantin Sonkin, i-BrainTech

Paradigm Model Analysis of eSports Athletes' Stress Experience

MJ KIM,

The Effects of Shared Leadership in Team Sport

Sungho Kwon, Seoul National University; Seungjoo Lee, Seoul National University; Seungho Chang, San José State University

The Relationship of Followership and Perceived Performance: A Verification of the Moderating Effect of Coach's Leadership

Gilyoung Jang, Seoul National University; Taiwoo Kim, Seoul National University; Sungho Kwon, Seoul National University

Exercise/Health/Fitness

“Strava Is to Me as Instagram Is to Teenage Girls”: Athletes’ Perceptions of Strava Use as Shared on Reddit

Ellen Becken, Gustavus Adolphus College; Lucie Henrich, Gustavus Adolphus College; Kate Carlson, Gustavus Adolphus College; Hayley Russell, Gustavus Adolphus College; Charlie Potts, Gustavus Adolphus College

Adolescent Girls’ Daily Associations Between Social Support, Stress, and Physical Activity

Emily Postlethwait, University of North Carolina Greensboro; Alexa Villarreal, University of North Carolina Greensboro; Jessica Dollar, University of North Carolina Greensboro; Jaclyn Maher, University of North Carolina Greensboro

Characteristics of Students Participating in an Exercise is Medicine On Campus® Peer Mentor Program

Sara Powell, California State University, Monterey Bay; Lisa Leiningner, California State University, Monterey Bay; Nicole Avila, California State University, Monterey Bay; Sofia Gombos, California State University, Monterey Bay; Emilee Sanchez, California State University, Monterey Bay; Azucena Zamora, California State University, Monterey Bay

Exercise Patterns and Exercise Motivation Among International College Students Attending Universities in the United States

Jeffrey Pauline, Syracuse University

I Am Worthy: Culturally Tailored Approaches to Mantras for Black Women Exercisers

Leeja Carter, Coalition for Food and Health Equity; Keyana Spivey, Coalition Equity; Sanjiv Sunderram, Coalition Equity

Pandemic Perspectives: An Update on the Relationship Between Exercise and Anxiety

Ann Hillary Buenafe, California State University, Northridge; Ivan Alatorre, California State University, Northridge; Mark P Otten, California State University, Northridge; Melanie Machorro, California State University, Northridge

Relationship between Memory Characteristics and Concussion History in Athletes

Myles Ward, Sport IMPACT Lab Tarleton State University; Myles Ward, Tarleton State University Sport IMPACT Lab; Christina Villalon, Tarleton State University

Strength Training’s Potential to Build Functionality Appreciation

Sophia Pellegroni, University of Massachusetts Boston; Laura Hayden, University of Massachusetts Boston

Injury/Rehabilitation

Application of Theory for Patients Returning from ACLR: An Integrated Approach to Stress and Injury and Attention Control using the Default Mode Network

Morayo Abbey-Bada, Duke University; Elaine Reiche, University of North Carolina at Chapel Hill; Shelby Baez, University of North Carolina at Chapel Hill

Enhancing Athlete Well-being: Integrating Neuropsychological Evaluations as a Preventative Measure in High-Contact Sports

Renard Simmons, ; Brad Conn, Compton College/Artest University

High School Football Player Experiences with Multiple Injuries: A Qualitative Biopsychosocial Model Application

Jesse Steinfeldt, Indiana University; Natalie Golub, Indiana University

Investigating Psychosocial Barriers to Reporting Injuries Among Female College Athletes: Insights from a Focus Group Interview

Tae Horiuchi, Takachiho University; Hayato Toyoda, University of Yamanashi; Yasuhiro Omi, University of Yamanashi

Psychological Considerations Within Athlete Injury Rehabilitation: Helping Coaches Help Athletes

Kelley Renner, University of Kentucky; Marc Cormier, University of Kentucky

The Journey from Trauma to Growth: Insights into Athletes' Experiences of Interpersonal Trauma and Recovery

Gibbem Jung, Chungang University; Heeyun Choi, Chungang University; Jungyoun Kim, Chungang University; Junghoon Huh, Chungang University; Hyunyoung Lee, Chungang University; Joonyoung Lee, Jackson State University

The Relationship between Psychological Readiness to Return to Sport and Athlete Coping Skills after ACL Reconstruction

Caitlin Brinkman, University of North Carolina at Chapel Hill, Chapel Hill, NC; Shelby Baez, University of North Carolina at Chapel Hill; Francesca Genoese, Michigan State University

Use of Biofeedback in the Sport Injury Rehabilitation Process

Isabella Fiorenzo, Saint Louis University; Michael Ross, Saint Louis University

Mental Health

Beyond the Game: Exploring Mental Health and Sport Psychology Services Among Black College Athletes

Joonyoung Lee, Jackson State University; Brandi Shavers, Jackson State University; Olivia Calhoun, Jackson State University; Dongwook Cho, Keimyung University; James Robinson, Jackson State University; Ciara Corley, Jackson State University; Seong Kwan Cho, Texas A&M International University; Eun Seong Kim, Jackson State University

Bridging the Gap Between Athletic Training and Mental Health Care with Athletes through a Mixed-Methods Inquiry

Adrienne Tauses, University of Montana, Counselor Education and Supervision (PhD program)

Eating Disorder Symptomatology, Contextual Body Image, and Cultural Body Ideals in the Rock Climbing Community

Hailey Chatterton, ; Arianna Shimits, self employed; Aaron Weichart, Springfield College; Hande Turkeri Bozkurt, Hacettepe University; Paul Salitsky, Univ California Davis; Christine Selby, Springfield College; Erika Van Dyke, Springfield College

Exploring Depression Levels and Sex Differences in Collegiate Athletes: A Focus on Equity

Reid Davis, Michigan State University; Sam Cartier, Michigan State University; Alyssa Pollard-McGrandy, Michigan State University; Destiny Teachnor-Hauk, Michigan State University

Irrational Beliefs Among Competitive High School Student Athletes: Are They General or Context-Driven?

Kathleen Everson, North Coast Psychological Services; Mark Terjesen, St. John's Univeristy

Mindful Swings: Exploring the Impact of Mindfulness Meditation on Pre-Competitive State Anxiety and Relationships in Collegiate Golf Players

Josh Murillo, California State University, Long Beach (CSULB); Jillian Mueller-Dombois, California State University, Long Beach

People Who Accept Interpersonal Violence in Sports: A Focus on Long-Term Repeated Victimization and Meaning Attribution

Hayato Toyoda, University of Yamanashi; Katsuhiko Ishikawa, Naruto University of Education; Tae Horiuchi, Takachiho University; Yasuhiro Omi, University of Yamanashi

Social Workers: An Underutilized Profession in Sports

Matt Barnes, Southwest Counselling Services; Austin Wilson, Wilson Mental Performance Consulting

Throwing Darts: Integrated Care System and Athlete Referral System in a Division II University

J.C. Ausmus, University of Texas Permian Basin

Utilizing the Sport Mental Health Assessment Tool 1(SMHAT-1) as a Mental Health Screening Tool in Collegiate Division I Athletes

Megan O'Brokta, University of North Carolina at Greensboro; Jen Farrell, University of North Carolina Greensboro/MindBody Endurance

What Is the Good Life and How Do We Engineer It? Progress, Propositions, and Prospects for Psychological Well-being in Sport

Faye Didymus, Leeds Beckett University; Richard Simpson, Leeds Trinity University

Non-Sport Performance Applications

Cognitive Factors Associated with Performance Anxiety in Musicians

Thomas Nicholl, The University of Sydney; Maree Abbott, The University of Sydney

Private Practice

Bringing Sport Performance Psychology to a Wider Audience: A YouTube Project

Mark P Otten, California State University, Northridge; Isabel López, University of California, Santa Barbara

Professional Development, Supervision, and Mentoring

Investigating Differences in the Perceived Stress, Burnout, and Occupational Recovery of CMPCs When Grouped by Weekly Hours Worked

Anthony Magdaleno, University of Wisconsin-Milwaukee; Barbara Meyer, University of Wisconsin-Milwaukee

Multicultural Training in Master's Sport Psychology Programs: Areas for Improvement and Growth

Simon Wright, University of North Texas; Macey Arnold, University of North Texas; Trent Petrie, University of North Texas

Research Design

"Success Breeds Success" - Uncovering Trends in Scholarly Output: A Replication Study of Publishing Patterns in Sport Psychology Journals

William Bean, Florida State University

Analyzing the Impact of Imagery Intervention on D1 Women's Tennis Players' Kinematics

PIN CHEN LIN, New Mexico State University; Cabel McCandless, New Mexico State University; Phillip Post, New Mexico State University; Christopher Aiken, New Mexico State University

Neurocognitive Evaluation of Emotional Reactions to Verbal Stimuli: A Counterbalancing Manipulation Check

Enzo Everett, American Musical and Dramatic Academy - AMDA Los Angeles; Marcelo Bigliassi, Florida International University

Self-Assessment Measures Help Student Pilots Gain Valuable Insights into Their Mental Performance

John Gassaway, USAF; Anthony Acevedo, USAF

Social Justice, Equity, and Inclusion

Exploration of Coping, Social Support, and Institutional Change Amid Racial Maltreatment: Black Male Collegiate Football Players' Perspectives

Mikaili Robertson, University of North Texas; Jessica Renteria, University of North Texas; John Andrew Walsh, University of Michigan; Trent Petrie, University of North Texas

Texas High School Coaches' Attitudes towards Transgender Athletes' Sport Participation: A Qualitative Analysis

Macey Arnold, University of North Texas; Kasey Chambers, University of North Texas; Trent Petrie, University of North Texas

The Perceptions of Menstrual Cycles and Hormonal Contraception: The Effects on Athletic Performance

Savannah Jefferis-Henriques, Saint Louis University; Rebecca Steins, Saint Louis University; Michael Ross, Saint Louis University

Tactical Populations

Integrating Self-Determination Theory and Motivational Interviewing to Optimize Special Operator Leadership Practices

Conrad Woolsey, Optimum Performance & Wellness Associates

Perceptions of Ill-Fitting Turnout Gear of Female Firefighters: “We Don’t Need Men’s Gear in a Smaller Size!”

Samantha Dardaman, University of North Texas; Kuanting Chen, Texas A&M University; Meredith McQuerry, Florida State University; Jennifer Yentes, Texas A&M University; Scott Martin, University of North Texas

Teaching

Beyond a Counseling Skills Course: Macro and Micro Skills for Mental Performance Consultation

Teresa Fletcher, Adler University; Jack Mullen, Adler University

Playful Teaching & Engaged Learning: Strategies to Infuse Play into your Sport Psychology Class

Heather Van Mullem, Lewis-Clark State College; Linda Sterling, Sterling Sport Mindset

Students’ and Teachers’ Perceptions of Caring and Task-Involving Climates in the Classroom

Marta Guivernau, Kent State University

The Classroom Shuffle: Engaging Students with Project-Based Learning in the Undergraduate Sport, Exercise, and Performance Psychology Classroom

Itay Basevitch, Texas A & M University - Kingsville; Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting; Cole Payne, Texas A&M University - Kingsville

Use of a Competitive Drawing Based Task to Apply Communication Principles in the SEP Classroom

Heather Deaner, California State University, Stanislaus

Youth Sport

Assessment of Stress Responses in Ballet Performance: A Case Study of the Nutcracker Series

Lawrence Judge, Ball State University; Joe Perkins, Ft. Wayne Medical Group; Matthew Wells, Ft. Wayne Medical Group; Brian Hunriksen, Ft. Wayne Medical Group; Adam Smith, Ball State University; David Bellar, University of West Florida

It Is Not Always (Only) About Sport – Working with Youn Athletes Using the Theory of Positive Sport

Tomasz Kurach, University of Warsaw, Foundation of Positive Sport

The Dissimilar Effects of Recreational and Competitive Youth Sport Experiences on Long-Term Sport Engagement: The Mediating Role of Enjoyment and the Moderating Role of Parental Involvement

Sanghoon Kim, Michigan State University; Sangchul Park, Alma College; Joon Young Han, Yeungnam University

The Effect of the Youth Soccer Football TARGET Program on Intrinsic Motivation, Self-Esteem, and Peer Relationship in Youth Soccer

Sangbeom Seok, Chungang University; Junghoon Huh, Chungang University; Jeongdug Sul, Chungang University; Hyungjin Park, Chungang University; Donghyun Yong, Chungang University; Wonbin Ju, Chungang University; Joonyoung Lee, Jackson State University

Utilizing Self Determination Theory to Differentiate Perfectionism and Excellencism in College Athletes

Kathy Feinstein, KAF Counseling & Consulting, Inc; Sean Hall, Florida Gulf Coast University; Cyrus Williams, Regent University; Lisa Compton, Regent University

Friday, October 25

Coaching

A Review of Graduate Applied Sport Psychology Programs in the United States: Examining Coach Curricular Content

Tammy Sheehy, Bridgewater College

Exploring the Experience and Response of Coaching Behavior in Sport Contexts

Sungho Kwon, Seoul National University; Seungjoo Lee, Seoul National University; Seungho Chang, San José State University

Impact of COVID-19 on Strength and Conditioning Coaches Empowerment and Coaching Practice

Lawrence Judge, Ball State University; Danielle Sterner, University of Central Florida; Lena Marcus, University of North Carolina at Charlotte; Ben Kern, University of Wyoming; David Bellar, University of West Florida

Mental Strength, Resilience and Grit in Grapplers, Strikers, Physically Active and Sedentary Individuals

Leandro de Lorenzo Lima,

The Psychology of Rest in Coaches: Implications for Sport Psychology Practitioners

David Eccles, Florida State University; Thomas Gretton, University of Wisconsin, Green Bay; Nate Harris, Florida State University; Svenja Wolf, Florida State University

Thriving Through Being: An Evidence-Based Professional Development Program for Coaches

Shelby Miller, University of Tennessee; Lauren McHenry, McHenry Mental Performance, LLC; Rebecca Zakrajsek, University of Tennessee

Collegiate Sport

"Now It's Our Turn": Exploring Scoring Patterns in Collegiate Baseball and Softball

Andrew White, Hiram College; Erica Kirby, Hiram College; Mason Early, Hiram College

An Evaluation of a Collaborative Approach to Implementing Mental Performance Programming at an NCAA Division III institution

Lindsey Kellar, Illinois Wesleyan University; Melvin Sangalang, Illinois State University; Spencer DeForest, Illinois State University; Brett Haffner, Illinois State University; Ellie Cain, Illinois State University; Scott Pierce, Illinois State University

An Exploration of Collegiate Student Athletes' Mental Health Outcomes: The Role of Mental Health Screenings on Service Utilization

Kari Herman, University of Wisconsin-Eau Claire; Kylie Mohr, University of Wisconsin - Eau Claire; Stacey Jackson, The University of Wisconsin- Eau Claire; Amy Rantala, Mayo Clinic Health System

Collegiate Athletes' Interest in Setting Performance Goals Specific to Mental Health Optimization May Be Compromised by Psychiatric Symptomology

Kristin Brooks, Stand Tall Consulting; Brad Donohue, UNLV ; Raymond Lopez, UNLV; Linnea Bacon, UNLV; Angelos Tsalafof, UNLV; Malorie Feidner, UNLV

Effort-Reward Imbalance Among Student-Athletes: Relationships with Exploitation, Well-being, Performance Satisfaction, Stress, and Burnout

Joseph White, Northwestern University

Examining the Efficacy of an Alcohol Protective Behavioral Strategies Intervention for College Student Athletes and Greek Life Members

Lauren Zimmerman, Premier Sport Psychology; Alison Looby, University of Wyoming

Exploratory Factor Analyses of the Female and Male Body Checking Questionnaires in Collegiate-Athletes

Stephen Cirella, University of Rhode Island; Kathleen Webster, Department of Psychology at the University of Rhode Island; Mark Hartman, Department of Kinesiology at the University of Rhode Island ; Lisa Harlow, Department of Psychology at the University of Rhode Island

From Graduate Student to Collegiate Football Coach: An Ethnographic Case Study

Keira Towers, KT Performance Consulting; Tate O'Hara, University of Tennessee, Knoxville; Scott Barnicle, University of Tennessee

In Their Own Voices: Factors Effecting Collegiate Hockey Player Use and Perceptions of Mental Skills

Elia Burbidge, Springfield College; Lindsay Ross-Stewart, Southern Illinois University Edwardsville; Stephanie Huskey, Pivot Sport Psychology Consulting, LLC | Southern IL University Edwardsville; Lindsay Miles, Southern Illinois University Edwardsville

Name, Image, & Likeness: Former NCAA Athletes' Reflections on Collegiate and Post-Collegiate Experiences in the NIL-era

Deyanira Enriquez, Flatiron Mental Performance; Katie Pieterse,

Positive and Negative Experiences with Sport Culture in Collegiate Athletes: How Are These Factors Associated with Mental Health Symptomology

Angelos Tsalafof, University of Nevada, Las Vegas; Linnea Bacon, AASP ; Dr. Bradley Donohue, AASP; Kristin Brooks, AASP

Prevalence of Anxiety, Depression, and Utilization of Mental Health Services in NCAA Division I Student-Athletes

Andrew Rust, Long Beach State University; Nahal Amiraslani, Long Beach State University; Jason Phan, Long Beach State University; Sydney Washington, Long Beach State University; Lauren Pierre, Long Beach State University; Jana Fogaca, Long Beach State University; Leilani Madrigal, Long Beach State University

Relationship Between Self-Criticism and Criticism of Others While Performing in Sports Training and Competition

Linnea Bacon, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Angelos Tsalafof, University of Nevada, Las Vegas; Kristin Brooks, Stand Tall Consulting; Lidia Wossen, University of Nevada, Las Vegas; Raymond Lopez, University of Nevada, Las Vegas; Malorie Feidner, University of Nevada, Las Vegas

Standards of Practice for Program Evaluation of Collegiate Student-Athlete Services

Samantha Dardaman, University of North Texas; Scott Martin, University of North Texas; Robin Henson, University of North Texas

The Development of the VR Device Program for Korean Tennis Athletes: A Psychological Skills Training Interventions

Chang-Yong Jang, Andong National University; Juhwan Jang, Hankuk University of Foreign Studies; Seung-Min Baek, Andong National University

The Mindful Athlete Program: A Holistic Approach to Addressing Student-Athlete Mental Health Needs and Enhancing Self-Awareness

JoAnne Bullard, Rowan University; SoJung Kim, Rowan University

The Relationship of Athletic Identity and Sport Motivation on Collegiate eSport Burnout

William Russell, Missouri Western State University

Wrestling Participation at Historically Black Colleges and Universities

Jerry Holt, Florida A&M University

Consulting & Interventions

"I Just Cannot Set the Ball Anymore!": An Experience of the Yips in Collegiate Volleyball

Hannah Miller, West Virginia University; Luca Ziegler, West Virginia University; Ashley Coker-Cranney, West Virginia University

A Season of Self-Reflection: A Neophyte Practitioner's Growth Through Working With a Youth Ice Hockey Team

Tage Waite, Southern Illinois University Edwardsville

Applying Self-compassion in Sport Contexts: A Pressure Training Intervention

Emily Chua, Saint Louis University, Department of Psychology; Michael Ross, Saint Louis University

Biofeedback Use and Acceptance by Mental Performance Consultants

William Bean, Florida State University; David Eccles, Florida State University; Robert Eklund, Florida State University

Development of an Applied Decision-Making Intervention Model for Team Sports

Itay Basevitch, Texas A & M University - Kingsville; Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting

Examination of Goals, Attention, Anxiety, and Performance

Steven Winingar, Western Kentucky University; Lauren Heelan, Western Kentucky University; Savannah Savage, WKU

Heels Down, Eyes Up: The Nuances of Working with Equestrian Athletes

Emily Magnone, UK Healthcare Orthopedics & Sports Medicine; Victoria Orcutt, University of Kentucky; Ashley Samson, University of Kentucky

How do Canadian National Team Athletes Manage Critical and Global Stressors? Athlete, Coach, and Support Staff Perspectives

Lori Dithurbide, Dalhousie University; Gabriel Delage, Université de Sherbrooke; Veronique Boudreault, Université de Sherbrooke; Natalie Durand-Bush, University of Ottawa; Lucy MacLeod, Dalhousie University; Véronique Gauthier, Université du Québec à Trois-Rivière

Life and Death in Sport: Consulting through Grief

Tanner Biwer, The Performance Pursuit, LLC.; Teresa Fletcher, Adler University

Rolling the Dice: A Randomized Controlled Trial Investigating the Effect of a Stress Mindset Intervention on Academic Burnout in College Students

Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting; Itay Basevitch, Texas A & M University - Kingsville; McKenzie Hahn, Texas A&M University-Kingsville

The Effects of a Sports Nutrition Education Intervention on Dietary Behavior and Nutrition Self-Efficacy

Kimberly Singleton, Coastal Carolina University; Jamie McAllister-Deitrick, Coastal Carolina University; Michael Miller, Western Michigan University; Chad Kerksick, Lindenwood University

Diversity & Culture

Black Female Collegiate Athletes Sense of Belonging on Predominantly White Teams

Emily Schwabe, Southern Illinois University Edwardsville; Lindsay Ross-Stewart, Southern Illinois University Edwardsville; Darrian Stapleton, Southern Illinois University Edwardsville; Cherese Fine, Southern Illinois University Edwardsville

Body Satisfaction and Disordered Eating Among Division I Women Student-Athletes: Considerations of Race

Carmyn Hayes, The University of North Texas; Caleb Wilborn, The University of North Texas; Trent Petrie, University of North Texas

Elite Mormon Athletes: Results from a Phenomenological Study

Kelly Furr, Athlete Mental Wellness

Retrospective Reflections on the Role Played by Sport in the Integration of International Students Into Their Host Communities: An Auto-Phenomenological Study

Majoro Khale, University of Kansas Sport and Exercise Psychology; Mary Fry, University of Kansas

Elite/Pro Sport

“The Degree of Success”: Using Ecological Momentary Assessment and Key Stakeholder Perspectives to Examine the Stress and Coping Experiences of Dual-Career UK Badminton Athletes

Sofie Kent, ; Tracey Devonport, BASES

Building Working Partnerships between Sport Psychology Graduate Programs and Professional Soccer Organizations

Scott Barnicle, University of Tennessee; Nicole Rogers, University of Tennessee - Knoxville; Abbie Richeson, University of Tennessee

Does Pitching Still Lead to Playoff Success in Major League Baseball? An Update

Brandon Shearer, California Lutheran University; Mark P Otten, California State University, Northridge

Exhilaration in Extreme Sport

Joshua Coon, San Juan College; Missy Thompson, Fort Lewis College

Linking Cohesion, Team Mental Models, Coordination, Collective Efficacy, and Team Performance: Testing an Integrated Framework of Team Dynamics

Edson Filho, Boston University

Nonverbal Behavior in Professional Soccer Players

Ingrid Lian, Norwegian School of Sport Sciences; Siv Gjesdal, Norwegian School of Sport Sciences; Geir Jordet, Norwegian School of Sport Sciences

You Wouldn't Catch Me Doing That: A Qualitative Exploration of Motivations in Extreme Sport Participants

Odette Hornby, University of South Wales; David Shearer, University of South Wales ; Gareth Roderique-Davies, University of South Wales; Robert Heirene, University of Sydney

Exercise/Health/Fitness

Active Parenting, Active Teens: Exploring the Relationship Between Parental Engagement and Adolescent Physical Activity and Body Image

Lindsey Forbes, Dr. Forbes & Associates; Wendy Ellis, Associate Professor, King's University College at Western University; Lynda Hutchinson, King's University College at Western University

Adolescent Girls' Physical Activity Intentions and Behavior: The Moderating Role of Positive Affect

Maslyn Behler, University of North Carolina at Greensboro; Jessica Dollar, University of North Carolina at Greensboro; Jaclyn Maher, University of North Carolina at Greensboro; Alexa Villarreal, University of North Carolina at Greensboro

Exercise Behaviors in Adult Video Game Players

Haylei Scoggins, Texas Christian University; Robyn Trocchio, Texas Christian University

Exercise Professionals' Responses to an Online Weight Stigma Reduction Intervention

Jana Fogaca, Long Beach State University; Saemi Lee, California State University, Los Angeles; Luciana Zuest, Towson University; Nikole Decker Squires, Northern Arizona University; Dawn Clifford, Northern Arizona University

Impact of Breathing Techniques on the Speed-Accuracy Tradeoff in Fine and Gross Motor Tasks

Brooke McCann, Florida International University; Ekaterina Oparina, Florida International University; Jason Kostrna, Florida International University

Parental Support Behaviors in Youth Sport Campers: Gender, SES, and Race Differences

Brian Butki, Colorado State University

Relationships Between Goal Orientations, Supporting Behaviors, and Smartwatch-Measured Steps Among Native American Female College Students

Taylor Toya, Fort Lewis College; Riley Todacheene, Fort Lewis College; Ty Gray, Fort Lewis College; Melissa Knight-Maloney, Fort Lewis College; Mark Beattie, Fort Lewis College; Susumu Iwasaki, Fort Lewis College

The Effects of a Four-Week Technology-Delivered Mindfulness Intervention During a Rowing Task

Rebekah Gay, Texas Christian University; Sarah Junkersfeld, Texas Christian University; Robyn Trocchio, Texas Christian University

The Motivations for the Adherence of Weight Training Past Adolescence in Women: An Exploratory Phenomenological Study

Sophia Pellegrom, University of Massachusetts Boston; Edson Filho, Boston University

The Past, the Present or the Future? Investigating the Influence of Time Perspectives (TP) on Sport Performance

Tomasz Kurach, University of Warsaw, Foundation of Positive Sport; Maciej Stolarski, University of Warsaw; Dominika Pruszczak, University of Warsaw

Injury/Rehabilitation

“It Is an Out of Body Experience.” Exploring Imagery Use for an Injured Athlete Post-surgery: A Case Study

Beaux Myers, Colby College

Addressing Psychological Factors Associated with Injury in Female Collegiate Athletes

Sarah Fritsche, The Chicago School of Professional Psychology; Sarah Fritsche, The Chicago School of Professional Psychology

Cognitive Behavioral Based Physical Therapy to Improve Functional Outcomes in Patients with Chronic Ankle Instability: A Pilot Randomized Control Trial

Jason Grindstaff, Cumberland University; Abbis Jaffri, Creighton University; Adam Rosen, University of Nebraska, Omaha

Exploring the Influence of Gratitude on Musculoskeletal Injury Recovery: A Latent Growth Modeling Analysis

Alexandra Dluzniewski, University of Idaho; Madeline Casanova, University of Idaho; Russell Baker, University of Idaho; Sarah Ullrich-French, Washington State University; CJ Brush, University of Idaho

Integrated Mental Skills Consulting in the Orthopedic Clinic

Corey Smith, Maine Dartmouth Family Medicine Residency

Maximizing Athletic Trainer’s Role in Navigating the Psychology of Injury: How Can Sport Psychologists Help?

Rebecca Steins, Saint Louis University; Savannah Jefferis-Henriques, Saint Louis University; Michael Ross, Saint Louis University

Psychological Impact of Surgery on Injured Elite Female Athletes

John Coumbe-Lilley, University of Illinois at Chicago; Brielle Gomez, Western Michigan University

The Role of Passion on Depression and Psychological Readiness to Play in Athletes Recovering from Acute Injury

Andrea Grasmick, Neurotherapy of Colorado Springs; Amy O'Hana, University of Western States

Mental Health

A Comparison of Collegiate Athletes’ Mental Health During and Outside the Sport Season

Malorie Feidner, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Linnea Bacon, University of Nevada, Las Vegas; Eibhlis Moriarity, University of Nevada, Las Vegas; Daniel Allen, University of Nevada, Las Vegas

Associations among Mother-Daughter Maturational Timing, Clothing-Specific Body Image, Social Physique Anxiety (SPA), and Sport Type

Eva Monsma, University of South Carolina; Jennifer Gay, University of Georgia; Toni Torres-McGehee, University of South Carolina

Body Satisfaction and Disordered Eating in Black Men Collegiate Athletes: The Roles of Resilience, Self-compassion, and Social Support

Dafina Chisolm-Salau, University of North Texas; Trent Petrie, University of North Texas

Death and Nondeath Losses in Sport: Supportive Responses for Collegiate Athletic Personnel

Maribeth Jorgensen, Sam Houston State University; Paula Parker, Campbell University, Exercise Science

Development and Initial Psychometric Evaluation of the Mental Health Performance Optimization Rating Scale (MHPORS)

Raymond Lopez, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Shane Kraus, University of Nevada, Las Vegas; Kimberly Barchard, University of Nevada, Las Vegas; Kaelyn Griffin, University of Nevada, Las Vegas; Angelos Tsalafos, University of Nevada, Las Vegas; Lidia Wossen, University of Nevada, Las Vegas; Kristin Brooks, Stand Tall Consulting; Linnea Bacon, University of Nevada, Las Vegas; Malorie Feidner, Maloriejoy Consulting & Coaching

Development of the Mindset for Ability Scale (MAS)

Bradley Levin, Touro University; Frank Gardner, Touro University

Empathy in Sports: A Powerful Tool for Enhancing Athlete Performance and Well-being

Matt Barnes, Southwest Counselling Services; Austin Wilson, Wilson Mental Performance Consulting

International Student-Athletes' Self-compassion and Psychological Distress: The Moderating Roles of Resilience and Social Support

Cachet Lue, University of North Texas; Chiachih DC Wang, University of North Texas; Trent Petrie, University of North Texas; E. Whitney Moore, East Carolina University

It Takes a Team – Enhancing Student-Athlete Health and Well-Being Through an Interprofessional Approach

Rebecca Steins, Saint Louis University; Anthony Breitbart, Saint Louis University; Michael Ross, Saint Louis University

Muscle Math: Examining the Associations Among Actual-Ideal Weight Discrepancy, Body Dissatisfaction, and the Drive for Muscularity Among Jamaican Male Weight Lifters

Chelsi Ricketts, Michigan State University; Caryl James, The University of the West Indies, Mona, Jamaica; André G. Bateman, The University of the West Indies, Mona; Abigail Harrison, The University of the West Indies, Mona, Jamaica; Marvin G. Powell, George Mason University; Emilio J. Compte, Adolfo Ibáñez University, Santiago, Chile

Performance Optimization Assessment or Psychiatric Symptom Assessment: Which Do Collegiate Athletes Believe Will Help Them Most With Mental Health and Performance Optimization, Based on Their Level of Competitiveness?

Lidia Wossen, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Angelos Tsalafos, University of Nevada, Las Vegas; Linnea Bacon, University of Nevada, Las Vegas; Raymond Lopez, University of Nevada, Las Vegas

Predicting Disordered Eating in Women Athletes: The Prospective Role of Body Satisfaction and Self-Compassion

Olivia Kit, The University of North Texas; Trent Petrie, University of North Texas; E. Whitney Moore, East Carolina University; Nick Magera, University of North Texas

Prevalence and Perception of Mistreatment in Elite Dance Training

Cara Guglielmino, George Fox University

Ripped Realities: A Qualitative Study in Body Building Transformation Challenges

Jillian Mueller-Dombois, California State University, Long Beach; Gavin Harrington, California State University, Long Beach; Josh Murillo, University of California, Riverside; Destiny Gilliland, California State University, Long Beach

Survey on Japan Institute of Sport Science Psychological Support Practice: A Reflection from the Perspective of First Visits Among Elite Athletes

Yui Takahashi, Graduate School of Physical Education, Nippon Sport Science University; Susumu Iwasaki, Fort Lewis College; Takeru Onishi, Japan Institute of Sports Sciences; Yasuhisa Tachiya, Japan Institute of Sports Sciences

The Intersection of Mental Performance Consulting and Trauma Work in Sports: Unveiling the Invisible Obstacle to High Performance

Matt Barnes, Southwest Counselling Services; Austin Wilson, Wilson Mental Performance Consulting

The Relationship Between Criticism and Mental Health in Collegiate Athletes

Linnea Bacon, University of Nevada, Las Vegas; Bradley Donohue, University of Nevada, Las Vegas; Angelos Tsalafos, University of Nevada, Las Vegas; Raymond Lopez, University of Nevada, Las Vegas; Kristin Brooks, Stand Tall Consulting; Malorie Feidner, University of Nevada, Las Vegas; Daniel Allen, University of Nevada, Las Vegas

The Relationship Between Psychological Distress and Requesting Help

Julian Yoon, University of North Texas; Cameren Pryor, University of North Texas; Trent Petrie, University of North Texas

Using Pre-Performance Routines to Improve the Self-Efficacy of Graduate Student Trainees During Clinical Practice

Jason Maier, Midwestern University; Angela Breitmeyer, Midwestern University

Visualizing Victory: The Role of Imagery in Empowering Athletes Battling Obsessive Compulsive Disorder

Sydney Raboin, University of North Dakota

Young Adult Team Sports: Social Connectedness and Depressive Symptoms

Ella Trager, New York University

Non-Sport Performance Applications

Development of the Dance Imagery Questionnaire for Children (DIQ-C): Exploring the Component Structure

Irene Muir, Pennsylvania State University Altoona; Krista Chandler, University of Windsor

Performing Without Debilitating Anxiety: A Qualitative Analysis from the Perspective of Professional Musicians

Thomas Nicholl, The University of Sydney; Maree Abbott, The University of Sydney

Olympic Sport, International, and Global Perspectives

A Grounded Theory Analysis of the Multidimensional Factors Behind the Exceptional Performance of South Korean Archers

Joonyoung Lee, Jackson State University; Suyoung Hwang, Gachon University; Eun Seong Kim, Jackson State University

International Student Athletes' Coping During the COVID-19 Global Pandemic: A Qualitative Study

Isabella Franks, University of North Texas; Trent Petrie, University of North Texas; E. Whitney Moore, East Carolina University; Carmyn Hayes, The University of North Texas

Professional Development, Supervision, and Mentoring

Exploring Mental Performance Consultant Role Identity: A Social Identity Approach

Luca Ziegler, West Virginia University; Hannah Silva-Breen, West Virginia University; Kayla Hussey, West Virginia University

Learning Through Interactions with Others: The Value of Communities of Practice for Mentorship and MPC Development

Diane Culver, University of Ottawa; Siobhan Rourke, ; Tiago Duarte, Part-time professor, University of Ottawa; Cassandra Seguin, Canadian Forces Morale and Welfare Services; Erin Kraft, SickKids - The Hospital for Sick Children, Toronto

Prevalence of, Opportunities for, and Graduate Students' Experiences with Supervision Training in Sport Psychology
Savanna Ward, Boston University

Research Design

Holistic Enhancements in Athlete Well-Being: Insights from Meta-Analytic Structural Equation Modeling
Seongwoo Seo, Chungang University; Inyoung Cha, Chungang University; Jeongdug Sul, Chungang University; Junghoon Huh, Chungang University; Joonyoung Lee, Jackson State University

Refining the Athletic Mind: A New Measure of Meta Cognitive Competence in Sports
Sunghoon An, Chungang University; Jaejin Lim, Chungang University; Yaechan Lee, Chungang University; Junghoon Huh, Chungang University; Joonyoung Lee, Jackson State University

Social Justice, Equity, and Inclusion

An Intersectional Exploration of Latinx Youth Identity Development through Soccer
Swapandeeep Mushiana, Soccer Without Borders; Danny Ayala Del Rio, Soccer Without Borders

NCAA Coaches' Attitudes towards Transgender Athletes' Sport Participation: A Quantitative Analysis
Macey Arnold, University of North Texas; Kasey Chambers, University of North Texas; Trent Petrie, University of North Texas

The Fight to Inclusivity: The Integration of Psychological Skills Training for Special Olympics Athletes
Anna Bomber, Bomber Performance Consulting, LLC; Lexi Ahrens, Special Olympics Idaho

Tactical Populations

Enhancing Academic Performance in a Tactical Population
Kimberly Rice, Human Performance and Wellness; Alexis Kent, F3EA

Teaching

Managing Instructor Burnout with Sport and Performance Psychology: Course Design Considerations for Kinesiology Faculty
Caitlyn Hauff, University of South Alabama; Mitchell Woltring, University of South Alabama

Saving a Seat for Social Justice: Strategies to Improve Exercise Psychology Course Content
Alison Ede, Long Beach State University; Nicole Vargas, Long Beach State University

Teaching Information Literacy in Sport and Exercise Psychology
Hayley Russell, Gustavus Adolphus College; Rachel Flynn, Gustavus Adolphus College; Lauren MacLean, Gustavus Adolphus College; Lauren Hecht, Gustavus Adolphus College

The Relationship between College Students' Perceptions of the STEM Classroom Climate, Their Well Being, and Interpersonal Relationships
Jacob Chamberlin, University of Kansas; Mary Fry, University of Kansas; Jacob Majeske, University of Kansas; Ana Chicas-Mosier, University of Kansas; Jason Applegate, University of Kansas

Youth Sport

An Intervention to Combat the Negative Effects of Perfectionism by Incorporating Elements of Self-Compassion for Youth Gymnasts

Eleanor Cain, Illinois State University; Eric Martin, Boise State University; Scott Pierce, Illinois State University

Challenge and Threat: The Football Academy Environment

Claire Rossato, University of Greenwich

Safe to Play: Understanding the Impact of Social Injustices on Transgender Youth Sport Participation

Mallori Girard, Texas A&M University

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Coaching

Creating Community: Launching the Mississippi Women's Coaching Academy

Melissa Thompson, The University of Southern Mississippi; Laurie Neelis, The University of Southern Mississippi

Profiles of National Collegiate Athletic Association Coaches' Basic Psychological Need Fulfilment and Associated Coping

Ari Sapinsley, West Virginia University; Daniel Leyhr, Eberhard Karls University of Tübingen; Tucker Readdy, Bering Global Solutions; Johannes Raabe, Raabe Performance Consulting LLC

Collegiate Sport

Athlete Mindset Performance Training: Empowering Athletes With Coping Skills For Performance

Lorenda Beuker, Keiser University; Daniel Kuchinka, Keiser University

Self-Handicapping, Personality, and Stress in College Club Hockey Players

David Tobar, Bowling Green State University; Rachel Dembek, Bowling Green State University

Student-Athlete Perceptions of Barriers to Campus Mental Health Resources

Amanda Aguilar, The University of Alabama in Huntsville; Jeremy Elliott, The University of Alabama in Huntsville ; David Kyle , The University of Alabama in Huntsville ; Jennifer Cole, The University of Alabama in Huntsville

Consulting & Interventions

Implementing Psychological Skills Training: A Piece of Cake or Too Difficult to Swallow?

Elizabeth Pacioles, Marshall University; Nick Russo, Marshall University

Exercise/Health/Fitness

FITnurse: A Mindful Physical Activity Intervention for Nursing Students

Maile Sapp, University of Maine; Rebecca Schwartz-Mette, University of Buffalo ; Kayla Parsons, University of Maine; Kelley Strout, University of Maine; Jade McNamara, University of Maine

Mental Health

Current Mental Health Treatment and Mindfulness Associated with Reduced Generalized Anxiety Symptoms in Student-Athletes

Teona Velehorschi, University of Toledo; Wesley Bullock, University of Toledo

Meat Consumption and Positive Psychological Constructs: A Systematic Review and Meta-Analysis

Urška Dobersek, University of Southern Indiana; Mary Bender, University of Southern Indiana; Alexandria Etienne, University of Southern Indiana; Gabriela Fernandez Gil, University of Southern Indiana

Non-Sport Performance Applications

Managing Music Performance Anxiety Through Change and Acceptance: A Protocol

Naoko Sakata, University of Ottawa; Natalie Durand-Bush, University of Ottawa; Gilles Comeau, University of Ottawa; Christine Guptill, University of Ottawa

Teaching

Posterizing the Final: Using a Conference-Style Assessment in Sport Psychology Classes

Elizabeth Pacioles, Marshall University; Nick Russo, Marshall University