2020 COMPENSATION REPORT FOR MENTAL PERFORMANCE WORK

Self reported data from 626 survey participants
Video summary found at https://bit.ly/3w82E2Y

COMPENSATION

**JOB DETAILS**

- **$76,250** Median gross annual income
- **50%** Median income via MPC
- **45%** Applied work median
- **3** Median years in position
- **3** Median years of experience required

**Does your current position focus on mental performance consulting?**

- **27%** Exclusively
- **25%** Moderately
- **18%** Partially
- **14%** Minimally
- **16%** Not at all

**Median compensation by work setting**

- **Olympic Committee** $115,000
- **Academia** $105,000
- **University Athletics** $80,000
- **Professional/Semi-Pro** $80,000
- **Military** $66,000
- **Private Practice** $62,500
- **Schools** $50,000

*Those reporting 50% of their income was derived from applied sources*

**Who holds credentials?**

- **82%** University Athletics
- **80%** Private Practice
- **78%** Pro/Semi
- **67%** Military
- **66%** Schools
- **58%** Academia
- **14%** Academia

**Time spent in applied work**

- **81%** Pro/Semi
- **78%** Private Practice
- **66%** University Athletics
- **50%** Schools
- **46%** Military
- **14%** Academia

MENTAL PERFORMANCE PRACTICE

**Field of work**

- **29%** Academia
- **19%** Military
- **13%** Private Practice
- **9%** University Athletics
- **8%** Schools
- **5%** Other
- **4%** Pro/Semi-Pro

**Area of work**

- **26%** Hold legal credentials for clinical or counseling work
- **32%** Are engaged in clinical or counseling work
- **63%** Hold credentials for mental performance consulting
- **88%** Are engaged in mental performance consulting

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Compensation for CMPCs vs. Non-CMPCs

$85,000
CMPC Median Income

$61,000
Non CMPC Median Income

MPCs with CMPC credentials across field of work

- **PRO/SEMI-PRO**: 58%
- **PRIVATE PRACTICE**: 54%
- **MEDICINE**: 50%
- **UNIVERSITY ATHLETICS**: 44%
- **OLYMPIC COMMITTEE**: 44%
- **COMMUNITY HEALTH**: 40%
- **NATIONAL BODY**: 40%
- **UNIVERSITY COUNSELING**: 37%
- **ACADEMIA**: 35%
- **CORPORATE**: 33%
- **SCHOOLS**: 30%
- **MILITARY**: 28%
- **SPORT CLUB**: 13%

Professional Outlook

- **Is this your ideal job?**
  - Yes: 52%
  - No: 48%

- **Fulfilled your initial career goal?**
  - Entirely: 40%
  - Somewhat: 25%
  - Not at all: 5%

- **Intend to leave the field in the next year?**
  - Very unlikely: 72%
  - Unlikely: 14%
  - Neutral: 8%
  - Likely: 3%
  - Very likely: 1%

Demographics

- **Gender**
  - Female: 48.3%
  - Male: 47.4%
  - Transgender: 0.2%
  - Non-binary: 0.2%

- **Race**
  - White: 80%
  - Black: 7%
  - Asian: 3%
  - Multi: 4%
  - Hispanic: 6%

- **Experience**
  - Expert (20+ years): 13%
  - Advanced (16-20 years): 8%
  - Experienced (5-16 years): 32%
  - Novice (1-5 years): 25%
  - Neophyte (<1 year): 7%
  - Advanced Trainee: 10%
  - Beginning Trainee: 5%

Certifications & Credentials

- Licensed Psychologist: 21%
- Other: 7%
- CSPA: 3%
- BPS: 2%
- USOPC: 1%
- No Certifications: 33%

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