Association for Applied Sport Psychology
Unveils Revamped Certification Program

New Title, Requirements Highlight Competency-Based Credential

Indianapolis (January 9, 2018) – The Association for Applied Sport Psychology (AASP) announced revisions to its competency-based certification program, including a new “Certified Mental Performance Consultant” title.

Certification as a Certified Mental Performance Consultant (CMPC) demonstrates to clients, employers, colleagues, and the public at large that an individual has met the highest standards of professional practice. This includes completion of a combination of educational and work requirements, successfully passing a certification exam and committing to ongoing professional development. The updates were made ahead of the AASP’s national accreditation bid through the National Commission for Certifying Agencies (NCCA).

A CMPC may work with a wide variety of participants in sport and performance. Some examples include youth sport, high school, college, and elite level athletes; athletes with disabilities; recreational athletes; injured athletes; athletic trainers; non-sport performers (dancers, musicians); high-risk occupations (military, firefighters, police); and business professionals. There are CMPCs providing these services in 20 countries around the world.

“The shift to a competency-based certification program will instill confidence in consumers and make it clear that the CMPC mark signifies the highest proficiency in our field,” said AASP President Amy Baltzell. “This is a necessary step to increasing the visibility and professional presence of applied sport psychology services and we are proud to play a role in this evolving and dynamic profession.”

Specific information about the revised certification program can be found on the AASP website under the Certification tab in the Certification Program Candidate Handbook.

About Association for Applied Sport Psychology (www.appliedsportpsych.org)
Founded in 1986, the Association for Applied Sport Psychology (AASP) has been the preferred organization for sport psychology consultants and professionals who work with athletes, coaches, non-sport performers (dancers, musicians), business professionals, and tactical occupations (military, firefighters, police). AASP currently has over 2,400 members in 50 countries worldwide, with backgrounds in a variety of areas including sport science, social work, counseling and clinical psychology. Follow AASP on Facebook, Twitter, LinkedIn and YouTube.

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