2020 Compensation Report for Mental Performance Work

Self-reported data from 626 survey participants

Compliance

Job Details

- **Median Gross Annual Income**: $76,250
- **50% Median Income Via MPC**
- **45% Applied Work Median**
- **3 Median Years in Position**
- **3 Median Years of Experience Required**

Does your current position focus on mental performance consulting?

- **27% Exclusively**
- **25% Moderately**
- **18% Partially**
- **14% Minimally**
- **16% Not at all**

Median Compensation by Work Setting

- **Olympic Committee**: $115,000
- **Academia**: $105,000
- **University Athletics**: $80,000
- **Professional/Semi-Pro**: $80,000
- **Military**: $66,000
- **Private Practice**: $62,500
- **Schools**: $50,000

*Those reporting 50% of their income was derived from applied sources*

Who Holds Credentials

- **82% University Athletics**
- **80% Private Practice**
- **78% Pro/Semi**
- **67% Military**
- **66% Schools**
- **58% Academia**

Time Spent in Applied Work

- **81% Pro/Semi**
- **78% Private Practice**
- **66% University Athletics**
- **50% Schools**
- **46% Military**
- **14% Academia**

Mental Performance Practice

Field of Work

- **29% Academia**
- **19% Military**
- **13% Private Practice**
- **9% University Athletics**
- **8% Schools**
- **5% Other**
- **4% Pro/Semi-Pro**

Area of Work

- **26% Hold Legal Credentials for Clinical or Counseling Work**
- **32% Are Engaged in Clinical or Counseling Work**
- **26% Hold Credentials for Mental Performance Consulting**
- **88% Are Engaged in Mental Performance Consulting**

Produced by The Association for Applied Sport Psychology
**2020 Compensation Report for Mental Performance Work**

**Compensation for CMPCs vs. Non-CMPCs**

- **CMPC Median Income:** $85,000
- **Non CMPC Median Income:** $61,000

- CMPCs earn almost 40% per year more than Non-CMPCs.

<table>
<thead>
<tr>
<th>Field of Work</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>University Counseling</td>
<td>37%</td>
</tr>
<tr>
<td>Academia</td>
<td>35%</td>
</tr>
<tr>
<td>Corporate</td>
<td>33%</td>
</tr>
<tr>
<td>Schools</td>
<td>30%</td>
</tr>
<tr>
<td>Military</td>
<td>28%</td>
</tr>
<tr>
<td>Sport Club</td>
<td>13%</td>
</tr>
<tr>
<td>Community Health</td>
<td>40%</td>
</tr>
<tr>
<td>Medicine</td>
<td>50%</td>
</tr>
<tr>
<td>Private Practice</td>
<td>54%</td>
</tr>
<tr>
<td>Pro/Semi-Pro</td>
<td>58%</td>
</tr>
</tbody>
</table>

**MPCs with CMPC Credentials Across Field of Work**

**Professional Outlook**

- **Is This Your Ideal Job?**
  - Yes: 52%
  - No: 48%

- **Fulfilled Your Initial Career Goal?**
  - Mostly: 40%
  - A Little: 10%
  - Not at All: 5%
  - Entirely: 8%
  - Somewhat: 25%

- **Intend to Leave the Field in the Next Year?**
  - Very Unlikely: 72%
  - Unlikely: 14%
  - Neutral: 8%
  - Likely: 5%
  - Very Likely: 3%

**Demographics**

- **Gender**
  - Male: 47.4%
  - Female: 48.3%
  - Non-Binary: 0.2%
  - Transgender: 0.2%

- **Race**
  - White: 80%
  - Black: 7%
  - Asian: 3%
  - Multi: 4%
  - Hispanic: 6%

- **Experience**
  - Expert (20+ Years): 13%
  - Advanced (16-20 Years): 8%
  - Experienced (5-16 Years): 32%
  - Novice (1-5 Years): 25%
  - Neophyte (<1 Year): 7%
  - Advanced Trainee: 10%
  - Beginning Trainee: 5%

- **Certifications & Credentials**
  - CMPC: 30%
  - No Certifications: 33%
  - Other: 7%
  - CSFA: 3%
  - BPS: 2%
  - USOPC: 1%