wnt mental toolkit

enhance human performance
mission: play it better than we’ve ever played it before

world cup
11: 3-2-0

olympics
11: 2-3-0

w champs
16: 2-2-1!
mental model
puzzle solve
stress rehearse
failure respond
expect what?

helpful?

#@*^!!
notice.
present

normal
my stuff

solve it
training stress

can we?
failure.
argh!
back to work!

expectations
1) difficult
2) parts will go badly

mental toolkit
mental model  puzzle solve  stress rehearse
failure respond  expect what?

we got this!