



Mid-Career Institute for Women in Sport Held Virtually September 4-5, 2025

Call for Applications Deadline May 15, 2025

The Association for Applied Sport Psychology (AASP) is pleased to announce the return of the Mid-Career Institute for Women in Sport (MIWS). This Institute precedes the AASP Annual Conference, offering attendees a supportive professional development opportunity to discuss the unique challenges mid-career women face while navigating and advancing in the field. Through expert talks, panel discussions, and group conversations facilitated by trailblazing women leaders and business experts in sport, attendees will experience a supportive and informative event addressing the often overlooked and not frequently discussed professional and personal experiences that impact women during this stage in their career.

FAQs for the 2025 Mid-Career Institute for Women in Sport

1. Who is eligible to apply for the Institute?

The 2025 institute is open to mid-career women who work within the field of sport, performance, and exercise psychology, kinesiology, psychology, or a related field. Applicants should be 7 years post-doctoral education or highest degree attained with a minimum of 7-10 years working full-time in their profession. Applicants must be current members of AASP.

2. What are the dates and locations of the Mid-Career Institute for Women?

The 2025 Institute will consist of both a virtual and in-person experience. The Institute will be a 2-day virtual event preceding the AASP Annual Conference. Specifically, the Institute will be held virtually from 11:00 am - 2:00 pm (EST) on Thursday, September 4 and Friday, September 5. There will also be an (optional) in-person experience on Wednesday, October 15 prior to the start of the AASP Conference in Montréal.

3. What are the requirements of the attendees?

Attendees will receive brief readings and reflective writing assignments prior to the event, which they will need to complete prior to attending the Institute. The materials will help prime attendees to the Institute and allow for deeper, more meaningful conversations.

Mid-Career Institute for Women in Sport

Applicant Information

Name:

Preferred Name (optional):

Email:

Current Affiliation:

Position Title:

What year did you graduate with your PhD/highest degree attained?

Years of AASP Membership:

Any AASP Service Involvement?

Race/ethnicity:

Please rate your interest in each topic on a scale from 1 to 5:

(1 = Not Interested, 5 = Very Interested)

Topic	
Building Your Personal Brand in Sports	
Navigating Gender Dynamics and Bias in the Industry	
Leadership and Communication Skills	
Career Pathways in Sports	
Work-Life Balance and Mental Wellness	

Applications are due by May 15, 2025 by midnight (PST).

Please submit all application materials in a SINGLE PDF to AASP Mid-Career Institute for Women in Sport Planning Committee at jaquindajackson@gmail.com.

Application Materials include:

- 1) Institute Application
- 2) CV
- 3) One-page Statement of Interest on “Why attending the Mid-Career Institute for Women in Sport will be beneficial to you!”