

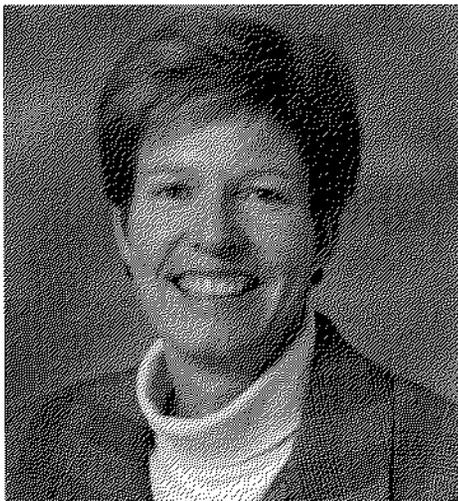
# Winter 2001 Newsletter



ASSOCIATION FOR THE ADVANCEMENT OF  
APPLIED SPORT PSYCHOLOGY

2001 Election Issue

Vol. 16, 1



**Joan Duda - President**

## PRESIDENT'S ADDRESS

### *Flying in Formation*

As has often been the case during the 15-year history of this Organization, AAASP has a lot on the plate right now. In my address in Nashville ... when discussing how we might meet this year's numerous objectives and keep AAASP proactively moving toward the future ... I used the image of birds flying in formation to highlight what is necessary for our goals to become reality. Let's take

those loudly honking, long distance-covering, and effervescent Canadian geese as our illustration. We know how geese fly ... they form a V with the apex pointing to where they want to go. So, first of all, they have decided (OK ... I know birds are *not* so cognitive ... just using some creative license here!) collectively about where they want to travel to and how they want to get there. In essence, destination priorities have been set. Now perhaps not all the geese in the group initially agreed about the long-term and short-term goals, but a consensus had been reached (via team goal setting?) ... and they're off ... flying! (*Dramatic music playing in the background.*)

### *Delimiting our Destinations*

With all the things that AAASP wants to accomplish in these next couple of years, we can, and should, strive for some progress across the board. However, we need to be more pointed in identifying our end goals and means to getting there in a given year. How do we know what our priorities and possibilities are? Well, financial considerations come into play. To keep with my bird metaphor, there are not an endless number of eggs in the AAASP budget/basket.

Continued on page 20

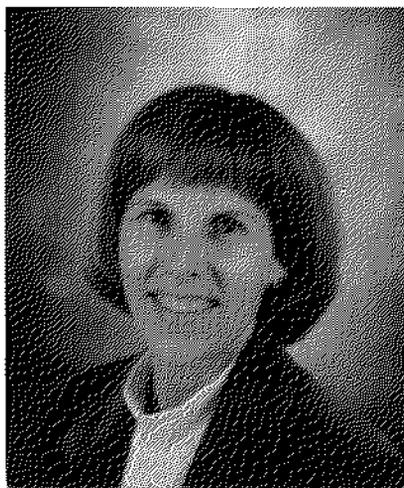
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# TABLE OF CONTENTS

PRESIDENTIAL ADDRESS: BY JOAN DUDA	PAGE 1
CANDIDATES	
PRESIDENT ELECT	
BRENDA BEDEMEIER	PAGE 3
LINDA PETLICHKOFF	PAGE 3
PROFESSIONAL STANDARDS DIVISION HEAD	
JAMES BAUMAN	PAGE 4
SUE ZIEGLER	PAGE 4
PUBLICATION/INFORMATION DIVISION HEAD	
LAURA FINCH	PAGE 5
DOUG HANKE	PAGE 5
STUDENT REPRESENTATIVE	
MICHELLE COLMAN	PAGE 6
STEVE PORTENGA	PAGE 6
VOICES FROM THE FIELD: BY LAVON WILLIAMS	PAGE 17
THE AAASP PAST PRESIDENTS	
HIGHLIGHTING RON SMITH AND ROBERT WEINBERG	
THE STUDENT SECTION:	PAGE 22
BY ROB FAZIO	
BOOK REVIEW: NICOLE M. BLACK, MA.	PAGE 25
"SPORT PSYCHOLOGY LIBRARY: TENNIS"	
BY JUDY VAN RAALTE AND CARRIE SILVER BERNSTEIN	
SIG INFORMATION	PAGE 27
AAASP ELECTION BALLOT	PAGE 28
SUMMARY OF COMMITTEE MEMBERSHIP AND CURRENT INITIATIVES	PAGE 29
AAASP COMMITTEES 2000 - 2001	PAGE 34

# President-Elect

**Brenda Bedemeier**

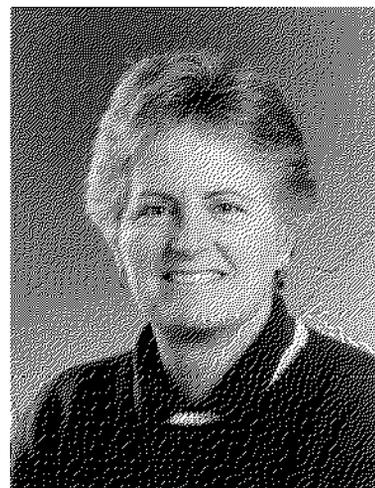


## Biography

Dr. Brenda Light Bredemeier earned a B.A. in psychology and a B.S. in physical education at the University of Minnesota, an M.S. at Smith College, and a Ph.D. from Temple University in physical education, with an emphasis focus in sport psychology. After 20 years at the University of California at Berkeley, her journey took an unexpected turn when she “graduated” from Cal. to help establish Notre Dame’s Center for Sport, Character & Culture. As Co-Director of the Center, she draws from her experiences as an athlete, a coach, a dean, and a sport psychology professor, researcher, and consultant. Her work at the Center involves administration and fund-raising, teaching and consulting, and research and interventions with individuals, teams, departments, leagues, and organizations.

Dr. Bredemeier was a charter member of AAASP, and served on the founding executive committee. She has been named an AAASP fellow and is a certified consultant. She has served as social psychology section head and as a member of the committee that confers fellow status.

**Linda Petlichkoff**



## Biography

Linda Petlichkoff is a professor in the Department of Kinesiology and serves as the Director of the Center for Physical Activity and Sport at Boise State University (Idaho). She received her Ph.D. from the University of Illinois at Champaign-Urbana in 1987 after teaching secondary mathematics and coaching for 10 years. Dr. Petlichkoff’s research interests focus on both theoretical and applied issues related to participation in, and withdrawal from, sport, competitive anxiety, achievement motivation, and perceived competence. She is a Certified Consultant and Fellow in AAASP, a member of APA – Division 47, and on the USOC Sport Psychology Registry. Dr. Petlichkoff is also a Fellow in Research Consortium of AAHPERD. Linda served as the Publications Director for AAASP from 1992 to 1995, and is a current member of the Certification Review Committee.

Dr. Petlichkoff is active as a community consultant in the Boise area and has worked with various teams on campus. She has made over 200 presentations to youth sport organizations at the local, regional, and national levels on various applied

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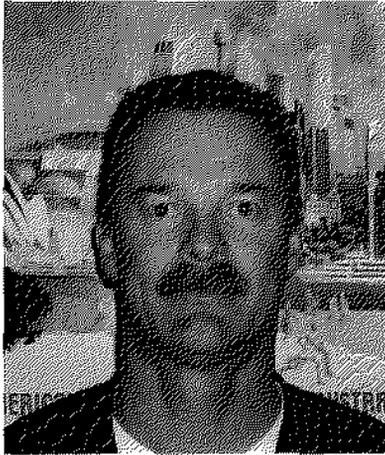
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Continued on page 8

# Professional Standards Division Head

**James Bauman**



## **Biography**

Dr. James Bauman received a Ph.D. in Counseling Psychology from Washington State University in 1995. Dr. Bauman is a licensed psychologist in Washington State, as well as member of the United States Olympic Committee Sport Psychology Register.

In 1999, Dr. Bauman was appointed to the full-time position of sport psychologist at the ARCO Olympic Training Center in Chula Vista, CA. This appointment was to create, develop, and implement a full-service sport psychology performance enhancement program for Olympic athletes. Since that time, Dr. Bauman has provided ongoing consultation for 12 different Olympic teams, dozens of Olympic and International coaches, and several individual Olympic and Para-Olympic athletes and teams who competed in the Sydney Olympic Games. Dr. Bauman has also worked with athletes who competed in the Barcelona, Lillehammer, Atlanta, and Nagano Olympic Games. Separate from his work at the Olympic Training Center, Dr. Bauman currently works with the US Ski

**Sue Ziegler**



## **Biography**

Dr. Susan Ziegler is a Professor of Health, Physical Education, Recreation and Dance at Cleveland State University. She received her B.S. Degree from Slippery Rock State College, an M.S. degree from Pennsylvania State University, and her Ed.D. from West Virginia University. She has been at Cleveland State University since 1972. Dr. Ziegler has served in numerous roles including; faculty, swim coach, graduate program coordinator, Faculty Athletic Representative for NCAA, Associate Dean of the Graduate College, and Associate Provost for Planning, Assessment, and Analysis for the University. Her areas of teaching and research expertise are in applied sport psychology. She has worked with athletes of varying ages and from a variety of sports. These include national and international competitors, professional, and Olympic athletes in sports as varied as rhythmic gymnastics and motorcycle racing. In addition, she has worked with individual athletes and teams in basketball, softball, baseball, tennis, volleyball, swimming, fencing, wrestling, and golf. Her special interests are in stress management and in the development of mental skills training (i.e., attentional focus, con-

*Continued on page 9*

*Continued on page 10*

# **Publications/Information Division Head**

**Laura Finch**



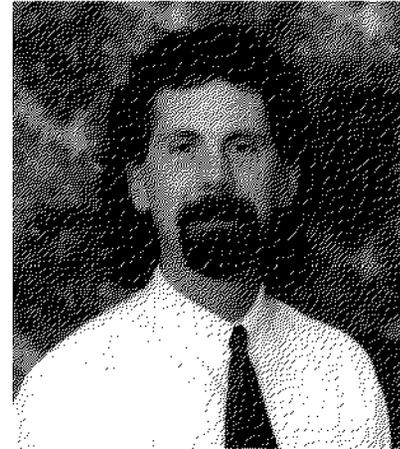
## **Biography**

Laura Finch, Ph.D., is an associate professor in the Department of Physical Education at Western Illinois University. She teaches classes in sport psychology at both the undergraduate and graduate levels as well as courses in sport sociology and research methods. She also directs the graduate specialization in sport psychology at WIU, where she was recently named the Teacher of the Year in her college.

Laura earned her Ph.D. from the University of North Carolina at Greensboro with a specialization in sport and exercise psychology and a cognate in counseling psychology; her master's degree was earned at the University of North Carolina at Chapel Hill. Her interest in sport psychology stems from her adventures as a three-sport athlete at Denison University and her experiences as a physical education instructor, summer coach, and high school official.

Laura is a charter member of AAASP, chaired its Continuing Education Committee for two years, and served as the Student Representative on the

**Doug Hanke**



## **Biography**

Doug Hanke, Ph.D., is a licensed psychologist and the Director of Training at Auburn University's Student Counseling Services. In addition, he is on the graduate faculty of Auburn University's Health and Human Performance Department. Doug earned a B.S. in Human Movement Studies at Auburn University in 1985 and his M.S. in Kinesiology (sport psychology emphasis) from the University of North Texas in 1989. He earned his Ph.D. in Counseling Psychology from the University of North Texas and completed his clinical internship at the University of Tennessee in 1995.

Doug is a charter (student) member of AAASP. For the past 3 years, he has been editor for the APA Division 47's *Exercise and Sport Psychology Newsletter (ESPNews)*. Doug also consults regularly with a variety of athletes and teams. He continues to pretend he is an athlete and at this writing is currently training for the 2001 Austin Motorola Marathon.

Continued on page 15

AAASP Newsletter Winter 2001 - Vol. 16, No. 1

Continued on page 12

5

# Student Representative

**Michelle Colman**



## Biography

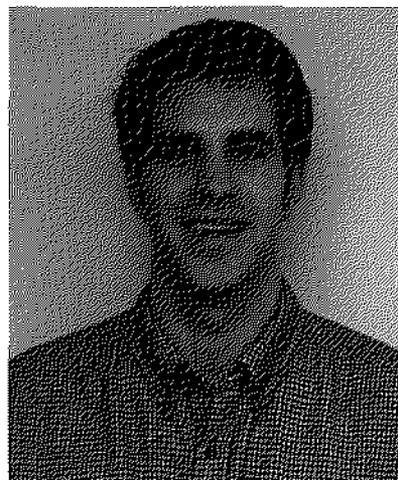
Michelle Colman received her Bachelor of Physical Education in 1994, and B.A. in Psychology in 1995 from McMaster University, where she was a varsity athlete and a member of Athletes Helping Athletes, a mentoring program for student-athletes.

In 1996, Michelle earned a M.A. in Human Kinetics with an emphasis on applied sport psychology at the University of Ottawa, under the supervision of Dr. Terry Orlick. While at the University of Ottawa, Michelle gained applied sport psychology experience in sport, health-care, and education settings. Additionally, she had the wonderful opportunity of completing an internship at the Australian Institute of Sport, where she worked with developmental to national level athletes.

During Michelle's three-year hiatus from formal educational pursuits, she continued to gain consulting experience by working with varsity teams at McMaster University, and also with individual youth athletes. In addition to consulting, Michelle was also a member of McMaster University's Task Force for Student Athlete Wellness, where she assisted in the development of student-athlete resources.

Continued on page 13

**Steve Portenga**



## Biography

Steve is currently a doctoral student in the educational and counseling psychology department at the University of Missouri. He received his B.S. in computer engineering from the University of Michigan in 1993. He worked as an alpine ski coach in Vail, CO for four years before returning to school at the University of Utah, where he earned his M.S. in exercise and sport science.

In Utah, Steve was a consultant with university and local athletes. He was a teaching assistant for sport psychology, sport sociology, and motor learning courses, as well as an instructor for a healthy life-styles course. He also helped to create an injury support and education group for the athletic department.

Steve is currently working with the University of Missouri's Gymnastics team, and is in the process of establishing an injury support and education group for the Missouri athletic department. In addition, he is developing a model for sport psychology service delivery at a local high school.

Steve was the driving force behind the writing of the *Southwest Student Regional Conference*

Continued on page 14

Bredemeier - Continued from page 3

Dr. Bredemeier has authored/co-authored over 60 articles and book chapters, most focusing on moral development and behavior with emphases on motivation, aggression, gender, and sexuality. In 1995, she co-authored the book, *Character Development and Physical Activity*, with David Shields. She has offered keynote addresses, honorary lectures, refereed presentations on over 125 occasions, and has offered major addresses outside the U.S. on 15 occasions.

Dr. Bredemeier currently serves as Section Editor for Moral Development and Behavior for the *International Journal of Sport Psychology*, and has served on the editorial boards of *JASP*, *Quest*, and the executive board of the North American Society for the Sociology of Sport. She has been a consultant with the National Intercollegiate Athletic Association (NCAA), the Women's Sports Foundation (WSF), and Peter Yarrow's *Don't Laugh at Me* Campaign. The Research Consortium of the American Alliance of Health, Physical Education, Recreation and Dance, and the International Society conferred fellow status on Dr. Bredemeier for Research on Aggression. She is the recipient of a Distinguished Achievement Award conferred by the National Association for Sport and Physical Education, and the Outstanding Alumni Award (for highest achievement in 20 years) conferred by Temple University.

### VISION STATEMENT

I am truly honored to be nominated for president of an organization that I care so deeply about, and I appreciate this opportunity to share with you a few reflections on the development of AAASP. These are not neutral reflections, but instead arise out of my life journey, a journey blessed with an amazing array of relationships and experiences that include those stemming from my long-standing involvement with AAASP.

My commitment to AAASP spans the entire life of our organization. I remain grateful that I had the privilege to serve on AAASP's founding executive board. As I reflect on the past, present, and future of AAASP, I am struck by an irony. Some of the issues that challenged and inspired us at the birth of this organization are the same issues that challenge and inspire us 16 years later! This is not to say that we failed to address them adequately in the past. Quite the contrary. I remain impressed with the many ways AAASP has grown in size, structure, and vision thanks to the dedicated members who have been willing to listen to one another, offer good ideas, share leadership responsibilities, and work hard.

I believe these issues are still with us, sometimes in new forms, because they are generative issues; they reflect deep questions that arise from our key values and goals as an organization. Thus, they tie us to a tradition and yet point us toward transformation. I will highlight three areas that I think are particularly important. And since we are formed as much by the questions we ask as by the answers we give, I would like to share my vision and hope for AAASP in the form of a few questions that I believe can continue to offer direction for our journey.

### Professional identity and development

How can we balance our values of inclusiveness and fairness, education and training, and professional standards and reputation as we develop policies regarding such programs as continuing education, accreditation, and certification? How can our new *JASP* publisher contribute to our efforts to transmit knowledge, enhance practice, and further establish our field? How can we use the capabilities of modern technology to better serve our members and the public? How can we purposefully merge good science and professional practice

Continued on page 8

## **REPRESENTATIVES FOR ELECTION**

Bredemeier - Continued from page 7

to benefit sport psychology and those we wish to serve? How can we encourage excellence?

### **Diversity**

How can we increase cultural diversity among our members and within formal leadership roles? How can our cultural diversity and our diversity in professional status, education, training, and service enrich AAASP and our individual members? How can we foster a spirit and policy of inclusiveness? How can our organizational structure enhance communication and cohesion among our members, and benefit our research and practice in shared areas of interest?

### **Service**

How can we raise our public profile, not merely for our own sakes, but also so that we can promote and protect the public good? How can AAASP influence public policy and be an advocate for social change to enhance opportunities for healthy exercise and sport experiences for all?

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Petlichkoff - Continued from page 3

sport psychology topics. Dr. Petlichkoff actively engages in educating athletes, parents, and coaches on issues related to the application of sport psychology to sport and physical activity settings with a number of school districts in the area.

Currently, Dr. Petlichkoff is on the Editorial Board for *JASP* and *TSP*; Coaching Principles National Faculty for the American Sport Education Program (ASEP); a member of the Gatorade Sport Science Institute's Board of Advisors for Science and Education (BASE) – North America; and, a member of the USA Gymnastics Athletic Wellness

Program – National Health Care and Sport Science Referral Network. She is also a co-author of the Life Skills curriculum for The First Tee, and a contributing author of the NFF/NFL Coaching Accreditation Program.

### **POSITION STATEMENT**

It is indeed an honor to be nominated for President of AAASP. I joined AAASP as a student member in 1986 and attended the first AAASP conference held at Jekyll Island. There was a great deal of excitement, as well as some apprehension, about the newly formed organization. What could it offer? Was there enough interest? Was it only concerned with performance enhancement? Fifteen years later, AAASP has evolved into the largest applied sport psychology organization and provides a forum to discuss issues related to the theory and practice of sport psychology.

The leadership of AAASP has tackled important issues related to academic training in applied sport psychology, "what" we should call ourselves, and whether sport psychology consultants should be licensed and/or certified. Although these issues have challenged AAASP as an organization, its leadership found solutions that were in the best interest of its members. With the recent reorganization, AAASP altered the way we do the business of AAASP – the "nuts and bolts" of the organization. But, AAASP still faces challenges!

AAASP needs to examine the certification process and determine how to promote inclusion rather than exclusion. Many members believe the intent of becoming an AAASP Certified Consultant is to work with elite athletes on performance enhancement issues. However, becoming a certified consultant is really about the profession of sport psychology. Whether you are working with elite or professional sports, youth sports, coach and parent education, or exercise participants – you are consulting.

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Continued on page 9

## **REPRESENTATIVES FOR ELECTION**

### **Petlichkoff - Continued from page 8**

To promote inclusion, AAASP needs to consider: (a) reinstating some aspect of the grandparenting clause forwarded in the initial certification process; (b) establishing areas of consulting expertise (e.g., youth sports, elite athletes, etc.) or revisiting the USOC guidelines for research, educational, and clinical/counseling emphases; (c) offering CEU in sport and exercise science subdisciplines at conference sites, and distance education to fulfill missing requirements in sport and exercise science; (e) offering CEU opportunities for individuals to acquire skills related to professional practice issues (e.g., ethics, counseling skills and/or techniques); and, (f) developing some mechanisms to include members certified through BASES and/or other international sport psychology organizations.

By increasing the number of Certified Consultants in AAASP, we will create the critical mass necessary to make certification work for the profession of applied sport psychology. This raises another issue – increasing the number of Fellows in AAASP. Fellows are responsible for all matters related to certification. AAASP members need to encourage or nominate colleagues who meet the criteria for Fellow status to submit their applications to the appropriate committee (see deadlines in this *Newsletter*). Each of us has a responsibility to support standards that recognize competencies for inclusion as a Certified Consultant of AAASP.

If elected, I will work with the AAASP membership to refine issues related to certification. Applied sport psychology is no longer about “we” and “them” but rather “us” – AAASP and other organizational members who seek to advance the professional practice of applied sport psychology. The “nuts and bolts” are there! Now, we need the right glue to make the certification process stick!

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### **Bauman - Continued from page 4**

Jumping Team in their preparation for the Salt Lake City Olympic Games.

Prior to 1999, Dr. Bauman was the full-time sport psychologist at Washington State University for six years. He has more than nine years of experience working with men and women’s NCAA Division 1A sports. His specialties include individual and group counseling, trauma responses, life-skill programs, career transitions, and coaching effectiveness training. Dr. Bauman’s primary expertise and emphasis is in performance enhancement with athletes and entertainers. Athletically, he has worked with more than 45 different sports in nearly all national and international competitive levels.

Additionally, Dr. Bauman has experience working with the US Men’s and Women’s Ski Team Development Programs, professional athletes, international Olympic athletes, Para-Olympic athletes, elite gymnastic clubs, Junior Hockey in the Canadian Hockey League, and professional performers in competitive dance, stage, and theatre. Dr. Bauman is a member of the American Psychological Association, the American College of Sports Medicine, the Association for the Advancement of Applied Sport Psychology, and the US Ski and Snowboard Association. Dr. Bauman’s professional work also includes sport psychology publications, radio and television appearances, conducting clinics at universities, presenting sport psychology-related workshops at local, national, and international conferences, and teaching graduate course work in sport psychology on the Internet.

Academically, with an undergraduate degree in pre-physical therapy, a master degree in education, and a doctorate in psychology, his educational background provides a diverse and relevant base to provide an equally diverse set of sport, educational, and psychological services.

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Continued on page 10

## **REPRESENTATIVES FOR ELECTION**

Bauman - Continued from page 9

### **PERSONAL STATEMENT**

Personal statements are meant to provide the electorate with a glimpse of a candidate's personal and professional abilities, interests, and "fit" for an available organizational position or responsibility. In that spirit, my statement will be brief and genuinely personal.

Regarding my "background check" ... My doctorate is in Counseling Psychology from Washington State University (WSU). I am a licensed psychologist in Washington State. I was the full-time sport psychologist at WSU for six years. I have been in private sport-related consulting for eight years. I am currently the full-time sport psychologist at the US Olympic Training Center in San Diego, California. I have worked with athletes, coaches, support staff, and organizations from the youth level through the professional and Olympic levels of sport. I regularly work and consult with other sport psychologists and sport consultants. As a licensed psychologist and reasonable human being, I have a clear professional and personal understanding of, and the need for, ethical standards, professional training, professional limits, regard for diversity, as well as the consequences for not practicing within these professional standards, and a basic human awareness.

I'm not sure when the "right time" comes for one to be active in a professional organization. I can say that, to date, my history with AAASP could be characterized as having "one foot in and one foot out" of the organization for the past eight years. Much of my limited involvement has been due to my immersion in the applied world of sport psychology, and partly because of a personal value and professional need to develop a solid foundation in applied sport psychology. With that said, I will continue to be immersed in daily sport psy-

chology work ... that is my passion. But, just as actors/actresses with a flare for directing evolve from only acting in productions to directing productions, I have also concluded that it is time for a similar addition to my career. And, lastly, even though this profession is making forward movement, the blend of psychology, science, research, education, consulting, and new opportunities will have to move beyond where we have been to really find a reputable and professional place at the athletic and business "dinner tables." I am ready and excited to join that effort.

Finally, from my viewpoint of the applied world, I believe that I have been one of the fortunate few where my career course has provided the opportunity to be involved in the exclusive practice of applied sport psychology over the past ten years. This experience has provided me with a steady diet of adventure that has included challenges, surprises, and a wealth of information. As a result, I believe that there is no substitute for being professionally well rounded and uniquely prepared for the situations that we face in this business. Establishing the proposed position of heading the Division of Professional Standards as an active and involved role in developing these components is a challenge that I am willing, able, and excited to undertake.

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Ziegler - Continued from page 4

centration, motivation, goal setting, self-confidence, and imagery). She has worked with coaches and athletes from the United States, Canada, Puerto Rico, Brazil, and the former countries of East Germany and the Soviet Union.

Dr. Ziegler is an AAASP Certified Consultant and was selected as a national fellow by AAASP in 1995 in recognition of her contributions to the field

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Continued on page 11

## **REPRESENTATIVES FOR ELECTION**

### **Ziegler - Continued from page 10**

of applied sport psychology. She has served on the Certification Committee and is the current Chairperson of the Certified Consultants Committee. Dr. Ziegler has published numerous book chapters and articles in refereed journals, and has served on the editorial boards for several professional journals, including *The Sport Psychologist* and the *Journal of Applied Sport Psychology*.

### **POSITION STATEMENT**

It is an exciting time for our AAASP organization. The new governance structure provides an innovative framework from which to operate to serve better the needs of the membership. The purpose of the Professional Standards Division is to "establish and uphold professional standard for the competent and ethical practice of sport psychology." The Division would focus on issues involving certification, ethics, graduate training, and diversity.

There are many critical issues for the Professional Standards Division to address. Under the new administrative structure, the Division Head would be a member of the Executive Board. This is a critical change in policy. In the past, initiatives proposed by the various sub committees, such as the Certified Consultants and Certification Committee, have had a difficult time gaining recognition and support with the Executive Board. Having the Division Head at the table as a strong advocate for initiatives within the Division will be beneficial to reaching our goals.

Therefore, my challenge and commitment as Division Head for Professional Standards would be to better plan and coordinate new initiatives important to initial and continuing AAASP members.

Among my priorities would be:

- \* Review by the Certification Committee of the current standards for certification and develop a proposal for change in both criteria and process.
- \* Complete survey of the Certified Consultants to establish a data base for consultants including areas of specialization, age groups served, sports, regional location, interest/experience in supervision, contacts with sport organization, and to determine consultants needs and interest.
- \* Determine how to better link the sport psychology needs of our constituents across North America with the certified consultants within AAASP.
- \* Encourage the Certified Consultants Committee to offer advanced pre-conference and conference workshops for the certified consultants.
- \* Develop a more focused diversity agenda for the organization.
- \* Identify creative ways to assist AAASP members in completing graduate training component necessary for certification (i.e., pre-conference concentrated mini-courses in exercise science).
- \* Continue to keep ethical standards high on the agenda of the organization and offer sessions on ethics as a standard feature of AAASP conferences.
- \* Establish a better outreach communication mechanism across Certified Consultants (i.e., establish an electronic dialogue among members to surface ideas, concerns, networking possibilities, and to discuss important issues in Professional Standards).

In conclusion, it would be an honor to serve as Division Head for the Professional Standards area. I would welcome input from the membership on training needs, current sport trends, identifying and responding to consumer needs, and on

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Continued on page 12

## **REPRESENTATIVES FOR ELECTION**

### Ziegler - Continued from page 11

issues of ethics and diversity. I would work with the leaders in my Division to develop a comprehensive plan that addresses these areas and I would strive to improve communications with members, facilitate coordination of activities within the Division, and vigorously represent the Division on the Executive Board.

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### Hanke - Continued from page 5

#### **POSITION STATEMENT**

Thank goodness for learned optimism and psychological hardiness. This is the third time I have been asked to run for an elected office in a sport psychology organization. Let the record show that I have an unblemished record ... I haven't been elected yet! The good news is that the individuals who have won the elections were excellent folks, and I have no doubt this will hold true in this election as well. One thing not lacking in exercise and sport psychology is people with passion about their work and play. It is an honor to be associated with the people who make up this profession.

The organizational realignment of AAASP and the creation of the Publications/Information Division (P/ID) offer a wonderful opportunity to get more accomplished in AAASP. What will be expected from the individual who heads this division? This is a good question since there is not a past model to follow for this new position. My best guess is that the new P/ID head would benefit from having good delegation skills, openness to communication and dialogue, and a willingness to learn. Not surprisingly, I am going to tell you that I have these (somewhat nebulous) qualities and have had to demonstrate them as the newsletter editor of Division 47's *ESPNews* for the past 3 years. Although not as unique as in the past, I be-

lieve my graduate training background in both kinesiology and psychology is still a relevant quality I would bring to this position. I've examined (and lived) the important issues in exercise and sport psychology through the lens of these academic fields, and believe I can bring a balanced approach to the table. I strongly believe that continued collaboration and involvement between AAASP and APA Division 47 is critical to strengthening our field. As P/ID head, I would be active in facilitating this relationship.

"Hold on to the bone, and all the dogs will follow." I have always liked that traditional Irish proverb and believe it readily applies to the field of exercise and sport psychology. We in AAASP know we have something that is valuable and important. We know that applied exercise and sport psychology (in all its many facets) is based on strong scientific knowledge and ethical practices and can be delivered by skilled practitioners. We are not, however, effectively getting this information to the powers-that-be, the consumers of sport psychology, or those newly entering the field. This is not a new issue. There has been progress, however, there are still too many instances of agencies (gate-keepers) who do not utilize available sport psychology resources, too many questions about who should be doing what, and graduate students unaware of the realities of the job market. As P/ID head and an AAASP executive committee member, I would be invested in trying to make certification as an AAASP consultant more meaningful and believe this would significantly impact much of what we do. We have to let the other dogs know who has the bone, and then we can give it away.

As a charter student member in 1986, I have watched AAASP become what it is today. It would be a privilege to be a part of its continued growth and development as the P/ID head and an executive committee member.

### Colman - Continued from page 6

Currently, Michelle is in the Kinesiology doctoral program at the University of Western Ontario, under the direction of Dr. Bert Carron. Michelle's research interests involve group dynamics, generally, and research questions associated with group norms, team-building, and cohesion, specifically. Michelle continues to pursue consulting experience by working with varsity athletic teams. Furthermore, she is currently serving as the president of the Kinesiology Graduate Board at the University of Western Ontario, which has provided her with the opportunity to gain insight into administrative policies and procedures.

Finally, Michelle is currently serving as an AAASP regional representative and a student member of the Graduate Training Committee, and is involved in the Performance Excellence Movement that was initiated by Rob Fazio.

### **POSITION STATEMENT**

I am thrilled to be a candidate for the position of student representative. It would be an honor to have the opportunity to continue the tradition of providing outstanding student leadership. There are definitely big shoes to be filled as our current and past student representatives have developed tremendous initiatives, which offer students opportunities for personal and professional growth. If elected, my priorities will be to focus on continued growth and evolution of the existing programs. I believe that ongoing success requires consistency in our pursuits – it is not time to reinvent the wheel! However, I will strive to remain flexible in order to address the current and/or future needs of the student membership.

I believe, by keeping true to these principles, student members will continue to provide significant contributions essential for AAASP's success!

The following are two underlying principles, which I believe are critical in ensuring continued progress and contribution of all student members. As such, they will guide me in my role as the student representative, if elected.

### **Increasing Student Involvement**

Facilitating the active involvement of students is crucial for the prosperity of our association. As we all know, a healthy organization thrives on member participation.

An excellent way to increase the opportunities for student involvement was proposed by Michelle Magyar during the AAASP 2000 conference in Nashville. Michelle proposed a new student executive committee that reflected the realignment proposal for the executive board. This committee will be an informational source for the student representative and will create a stronger voice for addressing students' issues and concerns (e.g. graduate training, accreditation, marketability). I believe this is a great approach to increase student participation, as well as an essential resource for the student representative.

I know a hot topic in the past has been the responsibilities of the regional representatives. I support the implementation of established responsibilities, as I believe this will clarify expectations and inspire committed student members to become involved. Additionally, I will strive to develop a communication plan that will support improved dissemination of information and focus on networking strategies within our regions – in hopes of increasing student participation!

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Continued on page 14

## **REPRESENTATIVES FOR ELECTION**

Colman - Continued from page 13

### **Building Bridges**

The second principle represents the need to develop international connections within our organization. From my own experience, I have come to realize there are so many opportunities available if we look beyond our borders. I believe we can all benefit from the diversity of our association by trying to capitalize on our international expertise. Who knows, it could lead to exciting career opportunities, various consulting prospects, or the development of research partnerships.

Currently there are programs which address these issues, such as; the Program Fair, the Outreach Program, and the Performance Excellence Movement. I will continue to strengthen these programs and build upon them by offering an international focus. Furthermore, I will strive to continue building bridges within our student membership, as well as with our professional members, by promoting internship and mentoring opportunities, and facilitating the development of student-focused Special Interest Groups.

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Portenga - Continued from page 6

*1999: Position Statement of Student Concerns* distributed at the Banff conference. For the past year, he has been working with other students to create a presentation for students to use in educating the public about sport psychology. At the Nashville conference, he organized a presentation on a training model for applied sport psychology programs. He has been a member of AAASP for 4 years, serving as a regional representative and on the AAASP Organizational Outreach Committee.

### **POSITION STATEMENT**

My father once told me, "If you are not a part of the solution, you are part of the problem." He will be shocked when he reads this to find out I actually listened to him – once or twice. What I took away from my father's words was the idea that if you feel strong enough towards an issue to complain about it, then you should make it your responsibility to help correct it. I have tried to take this approach since my first AAASP conference, and it is one I encourage students (and professionals) to adopt. Since joining AAASP, it seems that students are increasingly willing to play a role in the future of the organization. I see this as a very encouraging trend; one I would like to facilitate.

As student representative, I plan to focus on two major issues: diversity and outreach. I believe more effort can be put forth to promote and recruit racial and ethnic minority students into our field. I also think students can help find creative, inexpensive, and cohesive ways to increase awareness of our profession.

I believe in the formation of a Student Executive Council (SEC) – which has been discussed among the regional reps over the previous year – as a vehicle to help address these issues. The proposed vision for SEC is to model it after the restructured Executive Board. In talking to many students over recent years, I have learned of, and been impressed by, several student initiatives. Yet, most ideas and attempts go unnoticed, or in some instances are duplicated, because we have not effectively communicated these projects or our efforts. The SEC would provide an avenue for more students to become involved as effective and efficient AAASP members.

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Continued on page 15

## REPRESENTATIVES FOR ELECTION

### Portenga - Continued from page 14

How do I see the SEC adding to the field of sport psychology? First, such a council would allow more students to become directly involved in shaping our field. The sharing of responsibilities could aid us in accomplishing more by utilizing individual students' strengths. I would like to see the SEC address specific issues, such as diversity, by establishing ongoing working groups. The SEC could develop a newsletter, ideally posted on the Web or sent via e-mail, to keep students informed.

I also feel strongly about the progress we have made on a general sport psychology presentation. The outreach committee has talked about adopting the presentation Angie Hartman, Alan Arbehman, and I created this past year. We created this presentation for students to use when talking to parents, coaches, etc. It is our hope that such a presentation will generate a consistent message to the public and encourage more students to talk to public groups about sport psychology. Our next step is the development of a short video about sport psychology for the same purpose. We are in an opportune position, as students, to engage in a grass roots type of educational promotion. Creating the presentation was the first step. Now we need to organize our efforts to deliver the presentation. I see the regional representatives as the driving forces to coordinate local presentations to various community groups.

I believe that students have the ability and responsibility to do more than concern ourselves with just "student" issues. We can and should influence the scope and growth of our field.

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### Finch - Continued from page 5

Executive Board. She is currently a member of its Intervention/Performance Enhancement Committee. She is also a member of APA and Division 47, where she is a member of its Executive Committee and represents the Division on the APA Council of Representatives. Laura also belongs to AAHPERD, and recently completed a term as Chair of its Sport Psychology Academy.

Laura's research interests include examining the coping strategies of athletes and their relationship to sport performance as well as understanding and developing mental toughness in athletes. Her work has been published in the *Research Quarterly for Exercise and Sport*, *Journal of Sport and Exercise Psychology*, *The Sport Psychologist*, and several books, and has been presented at numerous conferences and workshops. She reviews for many journals in sport psychology and recently received a grant from the USOC and US Swimming to examine the concept of optimal push by parents and coaches in elite swimmers.

As a sport psychology consultant, Laura provides sport psychology services to athletes and coaches at the youth, college, national, and professional levels. She is an AAASP Certified Consultant, a member of the USOC Sport Psychology Registry, and served as the sport psychology consultant for the United States Racquetball Team.

### POSITION STATEMENT

When I first started graduate school, it was hard to imagine where my new interest in sport psychology would take me. At the beginning of my first semester, my advisors were encouraging my fellow students and I to attend this "confer-

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Continued on page 16

## REPRESENTATIVES FOR ELECTION

Finch - Continued from page 15

ence” and join this “brand new” sport psychology organization. While the faculty was espousing the virtues of filling the research-to-practice gap by attending this conference, my fellow students and I were all rallying around the cries of “It’ll be great. We can drive so it’ll be cheaper!” (Sorry, Doc!). And so, I attended the first AAASP Conference at Jekyll Island in 1986. Some of you will remember how we all went to every session together; there were no overlapping programs then! I was a first year master’s student and was easily swept into the excitement of our new organization and still relatively new profession. Little did I realize that, 15 years later, I would be the one encouraging sport psychology students to go to conferences, AAASP’s membership base would have increased exponentially, our profession would still be facing growing pains, or that I would be nominated for a position as the first Head for the newly realigned Publications/Information Division.

As you know, AAASP’s new realignment has created some restructuring of the Executive Board. The purpose of the Publications/Information Division is to administer all AAASP publications and other information sources that disseminate knowledge about AAASP and sport psychology to members and the public. The administration of the three publications of AAASP (*Journal of Applied Sport Psychology*, *AAASP Newsletter*, and the *Directory of Graduate Programs in Applied Sport Psychology*) is housed in this division, as is AAASP’s Web site, [aaasponline.org](http://aaasponline.org).

AAASP has invested tremendously in both dollars and hours to put a technological face on its information dissemination. Our www site is our most public face and it is critical that the Division Head for Publications and Information be familiar and comfortable with current technology. I teach several components of my university classes on-

line as well as run list-servers for each of them. I have the technological experience to be immediately helpful in this position as we continue to provide a service to our members as well as educate the public through our Web site.

Information dissemination to our members also occurs through our *AAASP Newsletter*. We have a newsletter of which we can be proud. The strong legacy of previous *Newsletter* editors has moved the *AAASP Newsletter* beyond the norm. It contains more than the “standard” minutes of past meetings and folksy greetings from our officers that is common in some newsletters. The use of features such as “Point-Counter Point,” member profiles, book and video reviews, as well as a strong student section make it a valuable resource for our members. Continued use of technology can only enhance our newsletter’s value for our members. AAASP’s other publications include the *Journal of Applied Sport Psychology* as well as the *Directory of Graduate Programs*. As a www site administrator, manuscript reviewer and researcher, as well as a director of a master’s degree program in sport psychology, I have the experience to effectively coordinate these publications.

However, the Division Head for Publications/Information does more than just coordinate information and publications. This person also serves as a representative of our members’ interests on the Executive Board. My diverse involvement in a variety of sport psychology organizations has prepared me well for this position. My biography contains more details about these experiences. I’ve been an active member of AAASP since its inception and I am actively involved in APA Division 47, as well as the Sport Psychology Academy of AAHPERD.

My interdisciplinary training in sport and exercise psychology also prepares me well for this position. I was a double major in both psychology and physical education as an undergraduate stu-

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Continued on page 17

## REPRESENTATIVES FOR ELECTION

Finch - Continued from page 16

dent. Both of my graduate degrees are in sport psychology from exercise science departments; however, I also have a doctoral cognate in counseling psychology. This multi-disciplinary training allows me to be familiar with issues facing AAASP members from both of sport psychology's parent disciplines.

AAASP already has an excellent system of information dissemination in place, and as the saying goes (with apologies to my English professors), "If it ain't broke, don't fix it." Therefore, the challenge of the newly elected Division Head for Publications/Information will be to coordinate the already well-oiled machines that are in place with continued technological advancements to further streamline information to our members and the public. My commitment to a variety of sport psy-

chology organizations in directing the studies of sport psychology graduate students, and in using technology, will help me to provide AAASP and its members with effective leadership as Head of the Publications/Information Division.

Issues as diverse as certification and proficiency, ethics, student training, protection of the consumers of sport psychology, and the education of the public at large are all impacting sport psychology. I have the professional experience, interdisciplinary training, passion, and enthusiasm to effectively represent the needs of sport psychology students and professionals on the Executive Board. I appreciate the opportunity to serve AAASP and encourage you all to contribute to the management of your organization by voting in this election.

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### Voices from the Field: The AAASP Past Presidents Highlighting Ron Smith and Robert Weinberg

Organized by Lavon Williams, Associate Editor  
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*Voices from the Field* is a column designed to highlight the contributions and perspectives of AAASP members. In this issue, we continue our journey, which began in the last issue of the *Newsletter*, to extend our "institutional memory" as we hear from two former AAASP presidents who share their experiences as leaders of AAASP. The participating presidents were provided with six questions regarding their AAASP presidency including: (1) When did you serve as AAASP president? (2) What were your visions/goals as AAASP president? (3) What primary issues did AAASP face during your year of presidency? (4) What do you consider AAASP's greatest challenges during your year of office? (5) What do you consider AAASP's greatest achievements/advances/accomplishments while you were in office? And (6) What do you see as the legacy of your AAASP presidency?

In this segment two former presidents Ron Smith (1987-1988), professor at the University of Washington, and Robert Weinberg (1989-1990), professor at the University of Miami at Ohio, share with us their reflections of their experiences as AAASP president.

*Ronald Smith*

I was the second President of AAASP, succeeding John Silva at the 1987 Newport Beach convention. I served through 1987-88. As a member of the group that met at Nags Head in the fall of 1985 to found AAASP, I shared with the other founders a vision of creating a multi-disciplinary organization devoted to the development and promotion of sport psychology. As one of two psy-

Continued on page 18

chologists on the founding committee (Dan Kirschenbaum being the other), I greatly valued my collegial relationships with people trained in the sport sciences and believed that an organization that brought together professionals from both disciplines would truly advance the field. I also shared with other members of the founding group a desire to have an organization that would attract researchers and practitioners who could learn from one another and, hopefully, work together to advance the field. Finally, I wanted an organization that would further the professional development of the students who would form the coming generation of sport psychologists. By the time I became president, all of these visions were clearly coming to fruition, thanks in no small part to John Silva's dynamic leadership.

AAASP was faced with many goals, issues, and challenges. First, moving the organization to a sound financial status was a major goal, and Secretary-Treasurer Jean Williams's contributions to achieving this goal cannot be overstated. Second, a division of opinion existed regarding the *Journal of Applied Sport Psychology*. Some feared that it could become a financial drain on the organization. Others believed that it would enhance the status of the organization and serve as an important publication outlet. Third, and on a more professional front, the most daunting project we tackled was the development of the AAASP certification program. A multi-disciplinary committee that included our current president, Andy Meyers, worked for the better part of a year to develop the criteria (not overly difficult), review procedures (more challenging), and decide what title would be conferred through certification (very difficult). Amongst the psychologists and sport science people on the committee, there were those who believed that we should use the title, "Certified Sport Psychologist." Others urged caution in this regard, lest our neophyte organization runs afoul of legal challenges from psychology organizations and state-licensing boards that have specific criteria for use of this legally defined term. We received some valuable guidance from the American Psy-

chological Association and finally settled on the title, "Certified Sport Consultant." Our long-term goal for certification was to achieve a higher level of quality control within the field, and to promote the AAASP certification process among athletic organizations so that it would be a criterion for being hired as a consultant, much as certification is required for athletic trainers. I believe that we have made only limited progress in achieving the latter goal.

AAASP has made a strong contribution to the development and current status of sport psychology. The organization has enjoyed rapid growth and has attracted the top people in our field as members. It has contributed to the professional development of countless sport psychology students, many of who are now prominent figures in the field. AAASP's success was so impressive, and what it was doing so credible, that it stimulated the development of a Division of Exercise and Sport Psychology within APA. All of us take great pride in the quality of our annual meeting.

The title of my presidential address was, "Applied Sport Psychology in an Age of Accountability." I urged the adoption of a scientist-practitioner working model and a commitment to application based on sound theoretical and empirical foundations, and on the systematic evaluation of what we do. In the years since AAASP was founded, our members have been leaders in both science and application, and in the integration of these two domains. I take great pride in what our organization has accomplished, and I am confident that the best is yet to come.

*Bob Weinberg*

As a Past-President of AAASP, I was asked to reflect upon my year as president (although it's really a three-year term on the Executive Board including President-Elect and Past-President.) To aid in this task, I went back and reread my AAASP presidential address (*JASP*, 1989). A quote from this paper I think will help provide a context to my

Williams - Continued from page 18

reflections. Specifically, in my paper I quoted the first line in Charles Dickens' famous book, *A Tale of Two Cities* (didn't we all read this in high school – at least us old-timers) that says, "It was the best of times, it was the worst of times." Although this might have been slightly overstating the case, it did reflect what was happening in our field and within AAASP at the time. Specifically, on the one hand there was a lot of uncertainty and confusion, which are often the characteristics of an evolving field. Conversely, there were lots of opportunities for professionals to help shape the field of applied sport psychology. I was the third president (1988-89), and thus I was in office during some of the formative years of AAASP as we struggled to build upon, and solidify, an identity and a focus that was put forth a few years earlier when AAASP was formed. AAASP was originally formed to help us focus with some of the evolving professional issues in our field due to the emergence of sport psychology delivery services to athletes in applied settings. These important issues and areas included such things as certification, ethical standards, demonstrating the effectiveness of our psychological interventions, promoting the interface of psychology and sport psychology academic programs, as well as the development of a research-to-practice orientation.

During my tenure as president, however, probably the most pressing issue was that of certification, because this was one of the cornerstone's of the conceptualization of AAASP, since NASPSPA had decided that it was a scholarly organization focusing on research and thus not interested in dealing with professional issues. It was felt that the certification process would not only help promote quality control by certifying individuals who have the training and experience necessary to deliver psychological services in an ethical and competent manner, but would also help us take the initiative in defining and identifying the specific training experiences, and competencies, that a certified professional in our field needs to provide quality psychological services. If my memory serves me

correct (which recently it often does not), I believe, in San Antonio, the AAASP Fellows voted approval of the initial certification criteria and guidelines in 1990. I have always felt that moving AAASP toward approval of a certification process was probably the most significant contribution/accomplishment of my AAASP presidency, although all the first few presidents and Certification Committee Chair, Dan Kirschenbaum, and his committee also share in this significant accomplishment.

A couple of other challenges that I felt were especially important during my tenure as president were the sport science/psychology interface and researcher-practitioner boundaries. (In fact, I believe these have continued to be issues that AAASP has dealt with over the course of the last 10 years). Regarding the sport science/psychology interface, years ago sport psychologists from the sport science/physical education programs, versus the psychology programs, led virtually separate lives with minimal interactions on academic or professional levels. I was interested in promoting more interactions and joint programs between psychology and sport science programs, and it was hoped that the certification process would help facilitate this cooperation and interface. Although strides have been made in recent years, I think this still remains an important issue today as seen by the formation of an ad hoc Graduate Training Committee to explore options to improve the training of our sport and exercise psychology students. I was also interested in bringing together researchers and practitioners, and to remove the somewhat arbitrary distinction between research and practice. Once again, although strides have been made, I feel that this is a continuing issue AAASP has had over the years.

In closing, I would just like to say that I feel very fortunate to have been an integral part of AAASP throughout its early years. Although some people expect AAASP to solve all our professional problems, I think if you really look at what this fledgling organization has accomplished in a brief 15 years, you will be amazed at its impact on the field. I encourage all of us to be part of its future.

An important means to identifying key destinations, and flying effectively toward these targets, is that the channels of communication within AAASP stay open and active throughout the year, not only at our yearly conference. With our new structure, we should have more regular interactions between Committees/the JASP Editorial Board and the E-Board. Sharing each group's objectives with the others, we hopefully will see more interplay between the various committees as they work on their yearly projects. Further, as much as possible, we *all* need to keep informed of what's happening within the organization and provide continual input into the system. Please read through each *Newsletter* and regularly check out [aaasponline.org](http://aaasponline.org) ... then provide your feedback to respective Committee Chairs, Editors, and E-Board members regarding what you think are key destinations (and accompanying travel plans) for AAASP. Yes ... let us know too when your feathers are ruffled!

### *Flying in the Front*

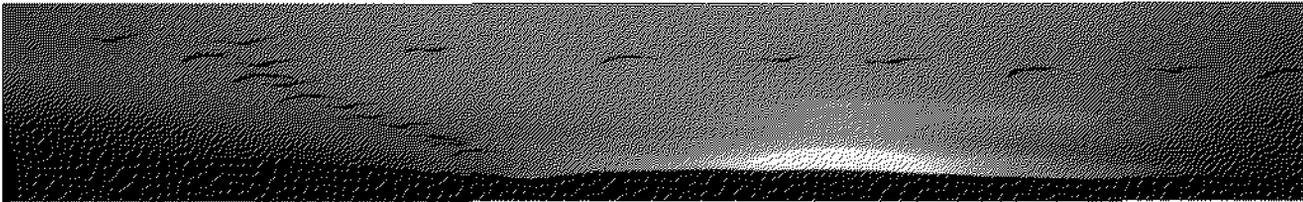
There is another important principle that we glean thinking about birds flying in formation. Specifically, against strong winds and occasional turbulent weather, they have found the most efficient and effective way to get from one place to another. The apex cuts through the sky and, most importantly, the geese don't count on one or a couple of birds always taking the lead. In moving toward their destination(s), they alternate. Sometimes one or two birds are at front, breaking the air resistance, so the group can fly further ... other times, those in the ranks move up and take on a leadership role.

Although I think this has always been how AAASP operates, a number of more formal steps have been taken recently to ensure and maximize this sharing of the workload. The move to a division structure aligned with our missions was one giant step. Further, this past December, AAASP

has contracted Centennial Conferences (the wonderful folks who have been helping out with our conferences in recent years) to provide a home office for the Organization. Initial mailings, phone calls, and e-mails inquiring about AAASP, how to find a Certified Consultant, the field of sport psychology, etc., will filter through this office. If those in the Home Office cannot answer a query or deal with a concern, an appropriate E-Board Member or Committee Chair will be contacted. Thus, these latter individuals can take care of other AAASP business while the Home Office takes the lead in addressing many of the issues that come up almost on a daily basis "along the route." I think this move to a permanent staff for AAASP will help "keep the flow" as we forge ahead.

In accomplishing the numerous goals that lay before us, our various Committee Chairs (and their respective Committee members) often, and necessarily, move up to the apex of the AAASP configuration. Let me give you an idea of some of the formation flying that is happening at the present time.

For example, the Ethics Committee – Ed Etzel, Chair – is currently tackling two important and complicated issues: namely, the generation of guidelines regarding ethical standards for the provision of sport psychology services on the Internet, and the proposing of a procedure for how AAASP might address ethical concerns. Damon Burton and his Committee, as was highlighted in the *Fall 2000 Newsletter*, are hard at work examining the current Certification process with an eye toward proposing specific modifications in how individuals can meet the criteria for being an AAASP Certified Consultant. Sue Ziegler's group, in trying to promote our current and soon-to-be Certified Consultants, has developed a questionnaire, which will provide more objective information about what these individuals are doing and how AAASP might further assist our Certified Consultants (CCs: please fill this questionnaire out and return!).



Duda - Continued from page 20

John Silva, Chair of the Graduate Training Committee, reported to us in Nashville about their initial investigation into graduate program certification in fields outside of sport psychology. The GTC is examining how we best can promote higher and more consistent graduate training standards in applied sport psychology. This year, this group has been asked to broaden the conversation and obtain feedback from the Past Presidents' Council and pertinent institutions and organizations (e.g., the NCAA, APA Division 47, NAPEHE) regarding the feasibility and possible repercussions of any attempts by AAASP to establish, and possibly maintain, such standards.

Ruth Hall and the members of the Diversity Committee are putting together a two year plan regarding specific ways diversity issues can be acknowledged and promoted in AAASP products (e.g., *JASP*, the *Newsletter*, [aaasponline.org](http://aaasponline.org)) and be a regular feature of our yearly conference. The Development Committee, under the leadership of Diane Finley, is aiming to put the pieces into place for an internal fund raising structure for the Organization.

Judy Van Raalte and Dan Gould are chairing two committees that are concerned with how we can effectively monitor, extend, develop, and approve links to, and further capitalize on, our award-winning Web site. Greg Dale holds the reins with respect to the Organizational Outreach Committee. Among other projects, they are developing a quality presentation that can be employed by professional and student members to describe and promote AAASP and sport psychology.

Our Continuing Education Committee – Leslee Fisher, Chair – is continuing their stellar

efforts in ensuring a first-rate CE program once again for our upcoming conference in Orlando. Glyn Roberts and his International Relations Committee are seeking nominations for our next Distinguished International Scholar; they are formulating concrete ways by which AAASP can broaden its networking with other countries and organizations around the world.

Last but not least, the Social Psychology – Jeff Martin, Chair, Health Psychology – Aynsley Smith, Chair, Performance Enhancement/Intervention – Scott Martin, Chair, and the Focus Area Committees are up and running ... I mean flying. Now that we have moved beyond the tripartite section structure, these groups have more freedom to develop projects that integrate across the three areas and extend AAASP's fundamental ties and commitment to SP, HP, and PE/I beyond what is included in our annual conference program.

There is a "new bird" flying this year, i.e., the Social Issues and Social Policy Committee – Chaired by Carole Oglesby. I like to think of this group as a soaring eagle that can take the spirit of AAASP to places where we haven't touched down before ... I will highlight some of what is on their inaugural flight plan in the next *Newsletter*!

Finally, we have a variety of new groups that are joining our flock ... the SIGs. We will start to list the new SIGs on [aaasponline.org](http://aaasponline.org) – please check this out and get involved if there is something listed that puts pizzazz in your plumes. If not, and you have another special interest area within the field, start getting your "ducks in order" and join the formation.

*Let's take to Flight!!*

# The Student Section

## THE FUTURE PROFESSIONAL, AKA, STUDENT SECTION

*The Will to Win is Important, but the Will to Prepare is Vital*

**Joe Paterno**

This is due, that is due, do this, do that! Do any of you feel like poodles jumping through academic hoops? Believe me, I understand how valuable our time is and that is precisely why I am so proud of our dedicated students. The Future Professionals, or students, of AAASP are busy at work, developing and implementing a series of AAASP student initiatives. We are committed to making our organization a better one, and we're starting with ourselves. In order to excel as practitioners and researchers in this field, we need to develop our own skills before we consult with teams and individuals.

Below is a brief description of each of the student initiatives. I am extremely pleased and excited with the support and leadership of many of my fellow students. As I have mentioned before, one of the most important lessons I have learned is that Al Petitpas likes his coffee with one creamer and one sweet and low, I mean the value of collaboration. Therefore, I am happy to introduce to you our first **JOINT** student initiative between AAASP and APA students – **THE PERFORMANCE EXCELLENCE MOVEMENT** (please see the description below). Please contact any of the student leaders, or me – [lifeskill8@yahoo.com](mailto:lifeskill8@yahoo.com), if you have any interest in helping us excel in anyone of these areas.

### 1) The Performance Excellence Movement

This initiative is for professionals and students who are interested in broadening the role of sport psychology consultants. We all know the importance of collaboration on the road to success. Therefore, Michelle Colman (Reg. Rep. and Student Leader), Doug Hirschorn (current APA div. 47 Student Rep.), and I have created a student ini-

tiative for both AAASP and APA students and professionals. The Performance Excellence Movement is an exciting contribution to the field of sport psychology that will allow us to become more aware of how we can broaden our role as sport psychology consultants.

#### BRIEF BACKGROUND:

- ✧ Psychologist Martin Seligman has recently made major strides to reinforce the importance of positive psychology.
- ✧ The January 2000 issue of the *American Psychologist* is dedicated to happiness, excellence, and optimal human functioning.
- ✧ The "positive psychology" movement, which is highly endorsed by the APA, mirrors one of the main focuses of sport psychology, Performance Excellence.

#### RATIONALE:

- ✧ As students and the future of sport psychology, we need to make efforts now to enhance our graduate training and broaden our role.
- ✧ We are fortunate and should take advantage of the fact that we are already doing what the field of psychology, as a whole, is moving toward.
- ✧ Our professionals have already worked with many individuals and groups outside of sport. Here are some examples of areas where sport psychology consultants have promoted excellence:
  - ⇒ The Workplace – CEO's – Customer Service Departments
  - ⇒ The Arts – Musicians, Dancers, Actors, Singers
  - ⇒ Astronauts
  - ⇒ Inner City Youth
  - ⇒ Surgeons – Medical Students
  - ⇒ Lawyers, Public Speakers

Continued on page 23

#### GOALS :

- ⇒ To increase students' awareness of, and participation in, diverse experiences
- ⇒ To develop a network of students and professionals that have experience in Performance Excellence Consulting
- ⇒ To prepare us for our future careers in, and outside of, sport
- ⇒ To create a *Performance Excellence Newsletter*
- ⇒ To create a Performance Excellence SIG

#### WHY GET INVOLVED :

- ⇒ Be a part of a joint initiative between AAASP and APA
- ⇒ Take action and do something to further your career
- ⇒ Become part of a network of active students
- ⇒ Many people dream of success, while others wake up and take part in AAASP student initiatives

#### HOW TO GET INVOLVED :

We can use your expertise, and knowledge. If you have applied sport psychology techniques outside of sport, or know someone that has, please contact Student Leader – **Michelle Colman** – [mmcolman@julian.uwo.ca](mailto:mmcolman@julian.uwo.ca), or the APA – Div. 47 Student Rep. – **Doug Hirschhorn** – [dhirschh@wvu.edu](mailto:dhirschh@wvu.edu), or me, **Rob Fazio** – [lifeskill8@yahoo.com](mailto:lifeskill8@yahoo.com).

#### 2) *The Second Annual Program Fair: The Next Step in our New Tradition*

The Annual Program Fair seems to have found a niche within the AAASP Conference. Our Fair's second appearance was equally, if not more successful, than its first appearance in Banff, Canada. Once again, we had over 30 programs proudly display their sport psychology curriculum and philosophies. The Program Fair was pleasantly crowded as students shopped for programs. Student leader **Josh Avondoglio** – [jb8von@aol.com](mailto:jb8von@aol.com),

and me, **Rob** – [lifeskill8@yahoo.com](mailto:lifeskill8@yahoo.com), will organize the Third Annual Program Fair. Please do not hesitate to contact us with any comments, questions, or concerns.

**Registration for the Fair will be \$30 per program and will be accepted no later than September 21<sup>st</sup>, 2001. Please send a check payable to AAASP to:**

**Josh Avondoglio  
3550 Shirlwood Ave.  
Memphis, TN, 3812.**

#### 3) *PPUMP – Proactive Peer and Undergraduate Mentoring Program*

Over the years, I have noticed there is a strong need for students to have resources other than professionals. Sometimes, it is a lot easier to communicate with a fellow student. Often, a student will have more time to talk with you and give you their honest perspective. This is a resource being developed by the students for the students. It is open to all students. **PPUMP** will be designed to help students that are just getting into the field, or are already involved and want to excel. It is an opportunity for students to learn more about the field of sport psychology on a different level. Since we come from a variety of backgrounds, and have a variety of interests, we have a great deal to offer other students, both old and new.

The idea is to take some of the heat off of our faculty members and share our expertise with each other. The students of AAASP will work together to develop a strong network of students who are capable in a number of areas (e.g. research skills, life skills, or performance enhancement techniques). In addition to the *Annual Program Fair*, **PPUMP** is designed to help students make informed decisions about potential graduate programs as well as learn about applied working opportunities. Eventually, the following will be accessible via our Web

site:

- \* A brief student bio that could be accessed by prospective students
- \* Description of the sport psychology program at their current school
- \* What department the program fall under (ESS, Psych, Counseling, etc.)
- \* Requirements (credit hours, prerequisites, etc.)
- \* Faculty research interests
- \* Personal Strengths within Sport Psychology (i.e. research, practice, networking, etc.)

Student leader **Karen Collins** - **kecolli2@uncg.edu**, from UNC-Greensboro, will be spear-heading this initiative.

#### 4) Networking and Social Skills

"It's not what you know, it's who you know." I wish I had a graduate credit for every time I heard that phrase. OK, so we all get the point, an individual's chances of succeeding are greatly enhanced when she or he knows people. But, how do you network? Currently, I am developing resources that will be very practical and professional. My hope is that together, we can help each other develop relationships within, and outside, the field of sport psychology. If you are interested in learning more about this initiative, please contact **Rob** at **lifskill8@yahoo.com**.

Patricia Miller, from the University of Ontario, and I have been collaborating on an idea to increase students networking skills at conferences. We are in the process of developing lunch meetings between professionals and students. We are well aware of the need for students to learn from the leaders in our field, and feel this is one way for us to do just that.

#### 5) The Student Practitioner Award

Many of our programs are dedicated to the Scientist-Practitioner model, and therefore students

are currently rewarded through the dissertation and thesis awards. Both of these awards are focused on rewarding students for their research. While this is a great achievement and is needed within AAASP, students that are gaining applied experiences in sport psychology should be rewarded and recognized. My hope is through the creation of a Student Practitioner Award so those students who are focusing on the application of exercise and sport psychology can be recognized. Marc Strickland and I are in the process of developing the criteria for this award. The award has not yet been approved, but our goal is to make this award a yearly part of AAASP.

Well, there we have it, and a whole lot of it! The students are definitely dedicated to making AAASP grow as an organization. As we move into the future, I encourage anyone reading this to collaborate as much as possible in addition to finding out how you can help AAASP. We are in a great position to excel and the professionals within our organization encourage us to do just that. Good luck to all as we continue to leap through academic hoops in order to reach our goals and fulfill our dreams. Remember, in the world of AAASP just as in the world you live in, *You Only Get What You Give*, and right now, the students are giving a lot!

#### Upcoming Regional Conferences

Since not all conferences are set, please keep in touch with your Regional Representatives in order to find out specifics.

- 1) **Southeast - West Virginia University - March 2-3, 2001**
- 2) **Temple University - March 23-24, 2001**
- 3) **Southwest - Arizona School of Professional Psychology March 30-31, 2001**
- 4) **Eastern Canada - Eastern Canada Sport and Exercise Psychology Symposium March 30 - April 1, 2001 at the University of Western Ontario, London, ON**
- 5) **18<sup>th</sup> Conference on Counseling Athletes - Springfield College - June 14-17, 2001**

Van Raalte, J.L., & Silver-Bernstein, C. (1999). *Sport psychology library: Tennis*. Morgantown, WV: Fitness Information Technologies.

By: Nicole M. Black, MA  
Doctoral Candidate, University of Minnesota  
United States Tennis Professional Association (USPTA-P2)  
black053@tc.umn.edu

Fitness Information Technologies has added another volume to its sport psychology library. In this volume, Judy Van Raalte and Carrie Silver-Bernstein detail the psychological elements of tennis, as well as offer practical strategies, on-and-off the court to overcome psychological barriers to performance. Both authors' variety of coaching and competitive experiences in tennis coalesces into a useful product, and Shane Murphy adds editorial touches.

*Tennis* is appropriate for a variety of athletes and practitioners. It will be most appropriate and useful for tennis professionals, coaches, juniors and club players with little previous knowledge, experience, or application of the psychological elements of tennis. This volume may also be helpful for the sport psychology practitioner who faces consultation with a tennis player or tennis team, and lacks knowledge in the sport of tennis. Sport psychology practitioners, however, should not expect to find in depth theoretical application, discussion, or terminology common to the discipline, for this book is written for those outside of academia. This volume may not be as helpful, appropriate, or applicable to highly competitive players (NTRP rating 4.5 and above), or elite level teaching professionals and college coaches with prior knowledge and application of sport psychology performance enhancement techniques.

This volume may be utilized in a variety of capacities. Written for the individual athlete, the

information is tailored to be easily applicable from the perspective of the individual club or tournament player, but concepts and drills can also be applied to clinics, teams, and/or groups. Students planning on coaching tennis and who are pursuing a coaching minor or certification may also find the information helpful. *Tennis* could be used in a coaching curriculum along side other instructional materials. Coaches who aspire to implement sport psychology techniques with teams or individual athletes, but are limited by insufficient knowledge of sport psychology, could utilize and/or refer their athletes to this volume.

Van Raalte and Silver-Bernstein blend practical application of sport psychology techniques with on court drills, exercises, and strategies, which is a major strength and unique contribution of this volume. Such activities are denoted throughout each chapter and offset in gray boxes, making the exercises easy and quick to reference. The authors' knowledge of tennis definitely enhances the volume as it blends theory with practice.

The book is organized in six sections. Section I summarize different styles of play in tennis (that is; base-liner or serve & volley) and provides solutions and tips for mentally and strategically overcoming each style of play. For instance, a common complaint and mental roadblock cited by club players and juniors is a disdain for playing "the retriever" (also called the pusher). The retriever is

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Continued on page 26

not powerful (thus “pushes” the ball over the net), consistent, mentally steady, and usually waits for his or her opponent to make the error, so they get frustrated mentally or tire physically. A sport psychology professional needs to possess specific knowledge of this nature in order to enhance understanding of tennis players and more effectively devise intervention strategies.

Section II highlights some of the common pressures and anxiety producing situations in tennis, including easy shots, big points, and crucial matches. Of all the sections, I found this one most informative, specific and practical. Chapter five and six, detailing “Big Points” and “Big Matches,” provided numerous practical strategies, such as how to focus, use self talk and visualization, scout opponents, practice match simulations, use the warm-up to your advantage, and play the big match.

Section III discusses the many factors that are out of a player’s control but often interfere with optimal performance. These two chapters outline the many environmental and human challenges athletes may face in tennis. However, the authors’ fall short in addressing a wider and more specific variety of performance enhancement techniques - attention control, cognitive strategies, breathing techniques, and self talk - that can help tennis players deal with factors out of their control. In fact, in a paragraph regarding bad line calls, the authors direct players to question their opponent’s line call by saying “Are you sure?” which they claim “puts your opponent on notice that you are concerned about the line calls and that you thought the ball was in” (p.64). I found this interesting in light of THE CODE of tennis etiquette that clearly states questioning opponents’ line calls is unsportsmanlike and should be avoided. Secondly, from a sport psychology perspective, I find this strategy ironic and ineffective as questioning calls directs attention and mental and emotional energy externally is out of one’s control. The very practice they warn against. Thirdly, for beginning players, coaches,

and practitioners not familiar with tennis rules and etiquette, suggesting such a strategy provides a disservice. While this was a small portion of the book, I feel it important to mention, for psychological and emotional problems resulting from poor line calls is one of the issues which most frequently arises in tennis. However, this was the only inconsistency I found in the book.

Section IV discusses the “Delights and Dreads of Doubles.” Chapter nine suggests general strategies for developing team chemistry between doubles partners, such as; communication, knowing strengths and weaknesses, and developing a competitive plan together. This chapter had a helpful, short questionnaire that doubles partners can administer each other, or coaches can give to their players, to facilitate developing communication and chemistry. The subsequent chapters cover how to handle situations in which one partner is struggling mentally and competing poorly. Again, I felt the authors could of elaborated by providing more detailed strategies instead of general lists of suggestions.

Section V details what to do when your strokes and mental game fall apart. Tennis players often complain, on a given day, that a certain stroke “doesn’t feel right,” which can quickly lead to a total mental breakdown and subsequent loss of confidence. Chapter 12 gives tips for recovering physical elements of the stroke by suggesting players watch the ball, follow through the entire stroke, and keep their feet moving. Tennis teaching professionals, as well as advanced coaches and players, will find this instructional information basic, but it does touch on key corrective techniques that can be helpful in regaining feel and control of strokes. An accompanying explanation detailing why these corrective strategies may be helpful from a psychological perspective could have been included. For instance, explanation of how negative interpretation of arousal can nega-

tively influence motor control (the feet stop moving, strokes feel off, errors increase) and attention focus (not watching the ball, contact point is off, player is too cognitive and internal) would have added to the instructional element.

In Chapter 13, suggestions are made pertaining to regaining mental control. Suggestions included staying patient, relaxing, using positive self-talk, just letting it happen, visualizing, and relying on routines. However, specific information or strategies on how to carry out and implement such suggestions were absent. Strategies regarding how to build or regain confidence, common interventions in tennis, were also absent. The last section deals with the nuts and bolts of how to get started playing tennis, including proper equipment, how to get in shape, and avoiding injury.

Overall, *Tennis* provides a general base of sport specific knowledge and psychological applications appropriate for beginning or inexperienced players, coaches, and sport psychology practitioners. More specific mention and implementation of performance enhancement techniques could have been included in many of the chapters. This not only would have aided application, but provided a common language and facilitated education of those not familiar with sport psychology and what sport psychology specifically entails.

As mentioned previously, the book is geared toward, and written from, the perspective of the individual tournament or club tennis player. Given this focus, there were a few omissions that I feel would have strengthened the applicability of the volume. A chapter on the mental aspects of tournament matches; what to expect, the environment, the pressure, arousal and anxiety, and how to deal with these elements as beginner or inexperienced player would have been helpful. In light of the fact that most tennis players compete and participate on teams, whether it is high school, club, or

college, I found omission of the benefits and challenges of team dynamics odd. One of the biggest challenges in tennis, for players and coaches alike, is overcoming the individual nature of the game to play successfully as a team.

Overall, *Tennis* is a good contribution to the sport psychology literature in that it combines practical knowledge of the game with basic performance enhancement techniques.

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## **SIG Formation**

The AAASP Executive Board would like to encourage members to submit proposals for the establishment of new SIGs. The process for establishing a SIG includes submitting a written proposal to the AAASP Executive Board. The proposal should include a description of the SIG topic focus, identification of a SIG coordinator (including contact information) and the signatures of at least 10 current AAASP members interested in forming the SIG. Please forward SIG proposals to Vicki Ebbeck, as the new AAASP Science and Education Division Head (formerly the AAASP Social Psychology Chairperson), who will oversee this area. Potential new SIGs will be presented for consideration at the next AAASP Executive Board meeting (late Spring, 2001).

SIG Proposals can be sent to:

**Dr. Vicki Ebbeck**  
**Dept. of EXSS**  
**Langton Hall**  
**Oregon State University**  
**Corvallis, OR 97331**

**Work Telephone number:**

**541-737-6800**

**Fax number:**

**541-737-2788**

**E-mail address:**

**vicki.ebbeck@orst.edu**

*Please: 1) place your name on the envelope flap ,  
2) write "ballot" on the front of the envelope,  
and  
3) mail to:*

*Dr. Cynthia Pemberton  
Publications/Information  
Division Head  
College of Health and  
Human Services  
901 S. National Ave.  
Springfield, MO 65804*

*(An alternative to mailing this ballot is to  
vote at the annual AAASP meeting  
in Orlando, FL.)*

*President-Elect*

*Brenda Bredemeier*

*Linda Petlichkoff*

*Professional Standards Division Head*

*Jim Bauman*

*Sue Ziegler*

*Publications/Information Division Head*

*Laura Finch*

*Doug Hanke*

*Student Representative*

*Michelle Colman*

*Steve Portenga*

## **Summer Newsletter Deadline**

**May 11, 2001**

The deadline for submitting information to be included in the Summer Newsletter is May 11, 2001. Features, photos, and articles should be sent to:

**Cynthia Pemberton  
AAASP Publications/Information Division Head  
College of Health and Human Services  
901 S. National Ave.  
Springfield, MO 65804**

**or send via e-mail to Technical Editor:  
Tom Richardson  
tfr482s@smsu.edu**

(Documents transmitted via e-mail are preferred in Microsoft Word).

# SUMMARY OF COMMITTEE MEMBERSHIP AND CURRENT COMMITTEE INITIATIVES

## *COMMITTEES REPORTING TO THE PRESIDENT (JOAN DUDA)*

### **Membership Retention Committee**

- Eric LaMott (Chair) \* To survey recent professional and student members of AAASP that joined the organization for 1-2 years over the last 5 years, but have terminated their membership, as to the reasons why they were first attracted to AAASP and why they have not renewed.
- Vance Tammen
- Justine Reel
- Russ Kagan  
(St. Rep.)

### **Social Issues and Social Policy Committee**

- Carole Oglesby (Chair) \* This committee will center on outreach in terms of what AAASP can offer and impact regarding (1) efforts to advance sport, exercise, and society in and of themselves, and (2) AAASP's larger responsibility for humanity and the protection and promotion of the public good.
- Brenda Bredemeier
- Marty Ewing
- Dave Russell
- Billy Streaan
- Craig Wrisberg
- Carolyn Youren  
(St. Rep.)

### **USOC Liaison**

- Dan Gould
- \* To provide strategies for strengthening the current links between the AAASP Certification process and the USOC Sport Psychology Registry.
  - \* To interact with the USOC Sport Psychology Staff so that we are more aware of their needs regarding identifying current Certified Consultants and having currently active consultants with NGBs become Certified.
  - \* To convey the concerns of current AAASP Members and the Certification Committee regarding the Registry to the USOC Sport Psychology Staff.
  - \* To identify other possible ways that AAASP and the USOC can cooperate to help each organization meet its mission(s) and promote the field of sport psychology.

### **APA Division 47 Liaison**

- Diane Gill
- \* To facilitate AAASP's awareness of, and potential input into, Division 47's development of a Proficiency Designation in Sport Psychology.
  - \* To identify other areas where AAASP and Division 47 might join forces and/or engage in collaborative projects that allow each organization to meet its mission(s) and promote the field of sport and exercise psychology.

Continued on page 30

**APA Division 38 Liaison**

- Frank Perna
- \* To identify areas where AAASP and Division 38 might join forces and/or engage in collaborative projects that allow each organization to meet its mission(s) and promote the fields of health psychology and sport/exercise psychology.
  - \* To represent AAASP at the Division 38 Meetings at APA each year.

**BASES Liaison**

- Dan Weigand
- \* To interact with the sport psychology arm of BASES and the AAASP Certification Committee with the aim of developing a proposal for how BASES-certified consultants could be considered for AAASP Certification.
  - \* To outline how a Ph.D. graduating from a tutorial doctoral program (as is currently the model in the UK) can demonstrate the knowledge-based and experiential criteria for AAASP Certification.

***COMMITTEES REPORTING TO THE PROFESSIONAL STANDARDS DIVISION HEAD  
(TRENT PETRIE)***

**Ethics Committee**

- Ed Etzel (Chair)  
Jack Watson  
Sandra Foster  
Kirsten Peterson  
Debbie Kefiuk  
(St. Rep.)
- \* Propose guidelines regarding ethical standards for the provision of sport psychology services on the Internet.
  - \* Complete survey of AAASP member ethical beliefs and behaviors and present the findings at the conference.
  - \* Propose a procedure for addressing ethical concerns in the field per se and/or observed among AAASP Members.
  - \* Develop an ethics-related CE workshop that might/can meet the criteria for Certified Consultants, etc.

**Certification Committee**

- Damon Burton (Chair)  
Heather Barber  
Emily Clasper  
Linda Petlichkoff  
Wes Sime
- \* Interact with BASES Liaison regarding their development of a proposal to allow BASES certified consultants to be eligible for AAASP certification.
  - \* Interact with USOC Liaison regarding the linkage between AAASP Certification and listing on the USOC Registry.
  - \* As requested by the fellows, ascertain, via a survey, why some current CCs are not renewing their membership with AAASP/renewing their Certification status.

**Certification Committee - Continued**

- \* Continue to interact with, and make recommendations to, the E-Board regarding possible changes in the Certification process/criteria for consideration at the conference.
- \* Provide current list of Certified Consultants (and continue to update) who are willing to provide supervision at a distance for those AAASP members hoping to apply for Certification status.

**Graduate Training Committee**

- |   |   |
|---|---|
| John Silva (Chair)<br>David Conroy<br>Allan Cornelius<br>Alan Kornspan<br>Chris Lantz<br>Bart Lerner<br>Sean McCann<br>Robert McGowan<br>Shane Murphy<br>Justine Reel<br>Michael Sachs<br>Jim Taylor<br>Robert Weinberg | <ul style="list-style-type: none"><li>* With the aim of broadening the scope of career possibilities for individuals coming out of applied sport psychology graduate programs and moving toward greater assurance of quality of the same and compatibility with the Certification criteria; propose guidelines for graduate training in <i>Applied Sport Psychology</i>.</li><li>* Solicit feedback from the Past Presidents' Council (which is comprised of individuals who are familiar with the field and active in universities as graduate advisors, graduate directors, department heads, etc.) regarding the appropriateness and feasibility of these guidelines and the concept of evaluation of applied sport psychology programs.</li><li>* Solicit feedback regarding the guidelines and concept of program evaluation from institutions (e.g., NCAA, USOC, APA Division 47) that are consumers, as well as providers, of sport psychology services.</li><li>* Solicit feedback regarding the guidelines and concept of program evaluation from relevant academic organizations focused on graduate education (e.g., NAPEHE, APA Division 47).</li></ul> |
|---|---|

**Certified Consultants Committee**

- |   |   |
|---|---|
| Sue Ziegler (Chair)<br>Judy Goss<br>Mary Ann Kane<br>Tova Rubin<br>Craig Wrisberg | <ul style="list-style-type: none"><li>* Administer recently developed a questionnaire to current Certified Consultants and present findings/recommendations in a report to the E-Board for the Spring Board Meeting.</li><li>* Identify and pursue ways of marketing AAASP Certified Consultants.</li></ul> |
|---|---|

**Diversity Committee**

- Ruth Hall (Chair) \* Develop/organize a symposium focused on diversity issues for the conference.  
Emily Claspell  
Joy Griffin  
Margaret Ottley \* Prepare a proposal for E-Board (Spring Meeting) regarding specific ways diversity issues can be acknowledged/promoted in AAASP products (e.g., *JASP*, the *Newsletter*, Continuing Education, [aaasponline.org](http://aaasponline.org)).  
Marcia Wilson
- \* Interact with the Organizational Outreach Committee with respect to their current project of developing an introduction to AAASP/Sport Psychology slide presentation to ensure that this product recognizes and reinforces diversity in our field.

***COMMITTEES REPORTING TO THE PUBLICATIONS/INFORMATION DIVISION CHAIR  
(CINDY PEMBERTON)***

**JASP Editorial Board**

Bob Weinberg [weinber@muohio.edu](mailto:weinber@muohio.edu) (Editor)

**Graduate Directory**

Mike Sachs and Kevin Burke (Editors)  
FIT, Andy Ostrow (Publisher)

**Web site Oversight Committee**

Judy Van Raalte (Chair) \* Develop policy manual for Web maintenance.  
Jim Whelan  
Nathan Perry  
(St. Rep.)

**AAASP Web Links Committee**

Dan Gould (Chair)

***COMMITTEES REPORTING TO THE PROFESSIONAL DEVELOPMENT DIVISION CHAIR  
(FRANK PERNA)***

**Development Committee**

- Diane Finley (Chair) \* Solidify mission statement.  
Debra Ballinger  
Sean McCann \* Organize a pre-conference workshop related to grantsmanship for the conference.  
John Noble  
Eileen Udry  
Josh Avondoglio \* Interact with Secretary-Treasurer and President and Past-President regarding legal and financial issues pertinent to internal fund-raising (e.g., Secretary-  
(St. Rep.)

### **Development Committee - Continued**

- \* Treasurer being bonded, development of separate encumbered account for this purpose, and pursue a professional audit by an accounting firm.
- \* Putting information related to grants, fund-raising on aaasponline.org, and ensuring that this information is regularly updated.

### **Organizational Outreach Committee**

- |   |  |
|---|--|
| Greg Dale (Chair)<br>Bob Harmison<br>Scott Martin<br>Steve Portenga<br>Jim Taylor | <ul style="list-style-type: none"><li>* Develop a professional quality video for presenters to use in describing and promoting AAASP and sport psychology.</li><li>* Contact various NGBs at all levels (perhaps with assistance of USOC Liaison with respect to USOC NGBs) to determine interest in having someone from AAASP present information about the organization and sport psychology at national conferences.</li><li>* Develop a slide presentation describing AAASP and the field of sport psychology that can be used by regional student reps to enhance interest in the organization and sport psychology as a career choice.</li></ul> |
|---|--|

### **International Relations Committee**

- |   |  |
|---|--|
| Glyn Roberts (Chair)<br>Darren Treasure<br>Misook Kim | <ul style="list-style-type: none"><li>* Encourage nominations for/propose candidates for the Distinguished International Scholar Award.</li><li>* Broaden AAASP's networking with other countries and organizations around the world (e.g., investigate the possibility that other sport psychology organizations might be interested in holding their meetings jointly with AAASP's annual conference.</li><li>* Organize a symposium focused on sport psychology from an international perspective (e.g., Sport Psychology: An Asian Perspective).</li><li>* Encourage involvement in AAASP/attendance at AAASP Conferences among professionals and students from outside the U.S. and Canada.</li></ul> |
|---|--|

### ***REPORTING TO THE SCIENCE AND EDUCATION DIVISION HEAD (VICKI EBBECK)***

### **Social Psychology Committee**

- |   |   |
|---|---|
| Jeff Martin (Chair)<br>Mary Walling Fry<br>Lavon Williams<br>Tony Amorose | <ul style="list-style-type: none"><li>* Assist in abstract review and development of social psychology facet of the conference program.</li><li>* Propose projects that promote research and practice from a social psychological perspective in AAASP.</li></ul> |
|---|---|

### **Health Psychology Committee**

- Aynsley Smith (Chair) \* Assist in abstract review and development of health psychology facet of the conference program.  
Emily Claspell  
Ed Etzel  
Burt Giges \* Propose projects that promote research and practice concerning health psychology in AAASP.  
Sam Zizzi

### **Performance Enhancement/Intervention Committee**

- Greg Dale \* Assist in abstract review and development of performance enhancement/intervention facet of the conference program.  
Laura Finch  
Beth Howlett  
Scott Martin \* Propose projects that promote research and practice concerning performance enhancement/intervention in AAASP.  
Tommie Lee White

### **Continuing Education Committee**

- Leslee Fisher (Chair) \* Review and summarize CE pre-conference workshop proposals.  
Dawn Stephens  
Debbie Rhea \* Revise workshop evaluation form.  
Marty Ewing \* Work with Chair of Certification Committee on linking CE credit to recertification criteria.  
Mike Sachs  
Emily Roper (St. Rep.) \* Develop a document stating who is eligible to conduct CE workshops that will be reviewed by E-Board at the Spring Board meeting.  
\* Interact with President and Past-President regarding the logistics of offering pre-conference CE courses (revolving around Certification criteria).

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## ***AAASP COMMITTEES 2000-2001***

### **Certification**

Damon Burton (Chair)  
Heather Barber  
Emily Clasper  
Linda Petlichkoff  
Wes Sime

### **Continuing Education**

Leslee Fisher (Chair)  
Marty Ewing  
Debra Rhea  
Dawn Stephens  
Michael Sachs  
Emily Roper  
(St. Rep.)

### **Graduate Training**

John Silva (Chair) David Conroy  
Allen Cornelius Alan Kornspan  
Chris Lantz Bart Lerner  
Sean McCann Bob McGowan  
Shane Murphy Justin Reel  
Michael Sachs Jim Taylor  
Bob Weinberg

### **USOC Liaison**

Dan Gould

### **APA Division**

#### **47 Liaison**

Diane Gill

### **APA Division**

#### **38 Liaison**

Frank Perna

### **BASES**

#### **Liaison**

Dan Weigart

# AAASP COMMITTEES 2000-2001

## International Relations

Glyn Roberts (Chair)  
Darren Treasure  
Misook Kim

## Development

Diane Finley (Chair)  
Debra Ballinger  
Sean McCann  
John Noble  
Eileen Udry  
Josh Avondolio  
(St. Rep.)

## Ethics

Ed Etzel (Chair)  
Jack Watson  
Sandra Foster  
Kirsten Peterson  
Debbie Kefiuk  
(St. Rep.)

## Diversity

Ruth Hall  
(Chair)  
Emily Claspell  
Joy Griffin  
Margaret Ottley  
Marcia Wilson

## Past-President's Council

John Silva	Ronald Smith
Robert Weinberg	Daniel Gould
Lawrence Brawley	Michael Sachs
Charles Hardy	Jean Williams
Tara Scanlan	Penny McCullagh
Maureen Weiss	Len Zaichkowsky
Robin Vealey	

## Certified Consultants

Susan Ziegler (Chair)  
Judy Gross  
Mary Ann Kane  
Tova Rubins  
Craig Wrisberg

## Organization Outreach

Greg Dale (Chair)  
Bob Harmison  
Scot Martin  
Steve Portenga  
Jim Taylor

## Health Psychology

Aynsley Smith (Chair)  
Emily Claspell  
Ed Etzel  
Burt Giges  
Sam Zizzi

## Social Psychology

Jeff Martin (Chair)  
Mary Walling Fry  
Lavon Williams  
Tony Amorose

## Performance Enhancement/ Intervention

Scott Martin (Chair)  
Greg Dale  
Laura Finch  
Beth Howlett  
Scott Martin  
Tommie Lee White

## Membership Retention

Eric LaMott (Chair)  
Vance Tammen  
Justin Reel  
Russ Kagan  
(St. Rep.)

## Social Issues and Social Policy

Carol Ogelsby (Chair)  
Brenda Bredemeier  
Marty Ewing  
Dave Russell  
Billy Strean  
Craig Wrisberg  
Carolyn Youren  
(St. Rep.)

## Web Oversight

Judy Van Raalte (Chair)  
Jim Whelan  
Nathan Perry  
(St. Rep.)

## AAASP Web Links

Dan Gould (Chair)

**AAASP Executive Board**  
(Realignment - refer to previous pages).

<b>Professional Standards Division</b>	<b>Publications/ Information Division</b>	<b>Professional Development Division</b>	<b>Science and Education Division</b>
Ethics	JASP	Development	Focus Area Committees
Certification	Newsletter	Organizational Outreach	Special Interest Groups
Graduate Training	AAASPOnline.org	International Relations	Continuing Education
Certified Consultants	Directory of Graduate Programs	Membership	Grants
Diversity		Awards	

## 2001 Conference Preview

Orlando, Florida  
October 3 - 7, 2001

Do you want to open the (real) new millennium wearing a pair of mouse ears? Or how about running from a terrifying Tyrannosaurus Rex? Rubbing the snout of a killer whale? Now that we've covered every that Len Zaichkowsky did at the Banff Conference last year, we can do those things next year in Orlando!

Of course, I know that AAASP members only come to our annual conference to attend the scientific sessions. But, I'm told that Orlando is home to six of the nine largest theme parks in the world. And over 90 unforgettable attractions that give visitors every temptation to avoid any and all scheduled work. Here's a challenge for each and every competitive AAASP member. The local Convention and Visitors Bureau folks told me it would take someone 41 days to see all of the entertainment offerings in Orlando. You only have five warm fall Florida days to get it all done and keep up with the field of sport psychology! Go for the Gold!

Our hotel, the recently renovated Radisson Universal, is right across the street from the Universal Studios. The buzz-word in Orlando is that Universal is on an almost constant expansion plan and is intending to give Disney a real run for its money. Both Disney and Universal now have rocking adult entertainment complexes. (By that, I mean entertaining for those over 21, not what just went through the minds of most of you.) Reasonably priced shuttle bus lines service all the attractions and entertainment areas. Orlando also boasts a real city, one of the fastest growing in the U.S. apparently, with a thriving downtown, 3800 restaurants and all the cultural amenities. My favorite is the Don Garlits Drag Racing Museum. Check out [www.Go2orlando.com](http://www.Go2orlando.com) for more on Orlando.

Get the picture? AAASP will put on a great conference. Orlando will supply summertime weather and all the fun you could want. Bring the family, definitely bring the kids, and make sure you have a towel for Shamu's show? See you on October 3!!!

## ATTENTION Address Changes

If you move and need to change your address for receipt for your AAASP publications, please go on-line and make the changes to your address. We will no longer be making address changes for members. It is your responsibility to maintain a correct mailing address.

Thank You.

[www.aaasponline.org](http://www.aaasponline.org)

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### *To order AAASP Abstracts...*

1998, 1999, and 2000 abstracts are available @ \$12.00 ea., plus \$3.00 shipping and handling within North America or \$6.00 per item if outside North America.

### *To order AAASP Newsletters...*

Copies of the past two years Newsletters are also available for \$6.00 per issue, which includes shipping within the U.S. For destinations outside of the U.S., please add \$4.00.

Make checks payable to AAASP, in U.S. funds, and mail to:

Dr. Karen Cogan  
AAASP Secretary-Treasurer  
Box 310968  
University of North Texas  
Denton, TX 76203

## PROMOTE THE APPLICATION OF SPORT PSYCHOLOGY

BROCHURES AVAILABLE THROUGH THE  
PUBLICATIONS OFFICE

Dr. Cindy Pemberton  
AAASP Publications Director  
College of Health and Human Services  
901 S. National Ave.  
Springfield, MO 65804

AAASP member price: 25 for \$25.00  
Nonmember price: 25 for \$35.00

Information included within  
this brochure:

- What is sport psychology?
- Why do people contact a sport psychology professional?
- What services can a sport psychology professional provide?
- What roles may sport psychology professionals assume?
- Who is considered a "qualified" sport psychology consultant?
- How can a person find a qualified sport psychology professional?

## **AAASP ON-LINE WEB MAP**

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- What's New, Join, Renew Your Membership, Find a Consultant, Intervention/Performance Enhancement, Social Psychology, Health Psychology

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- Answers to frequently asked questions about sport psychology

**Member Services:** [www.aaasponline.org/member.asp](http://www.aaasponline.org/member.asp)

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- JASP, Newsletter, Constitution, Directory of Graduate Programs

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