



33RD ANNUAL CONFERENCE

AASP 2018

Toronto, Canada  October 3 – 6

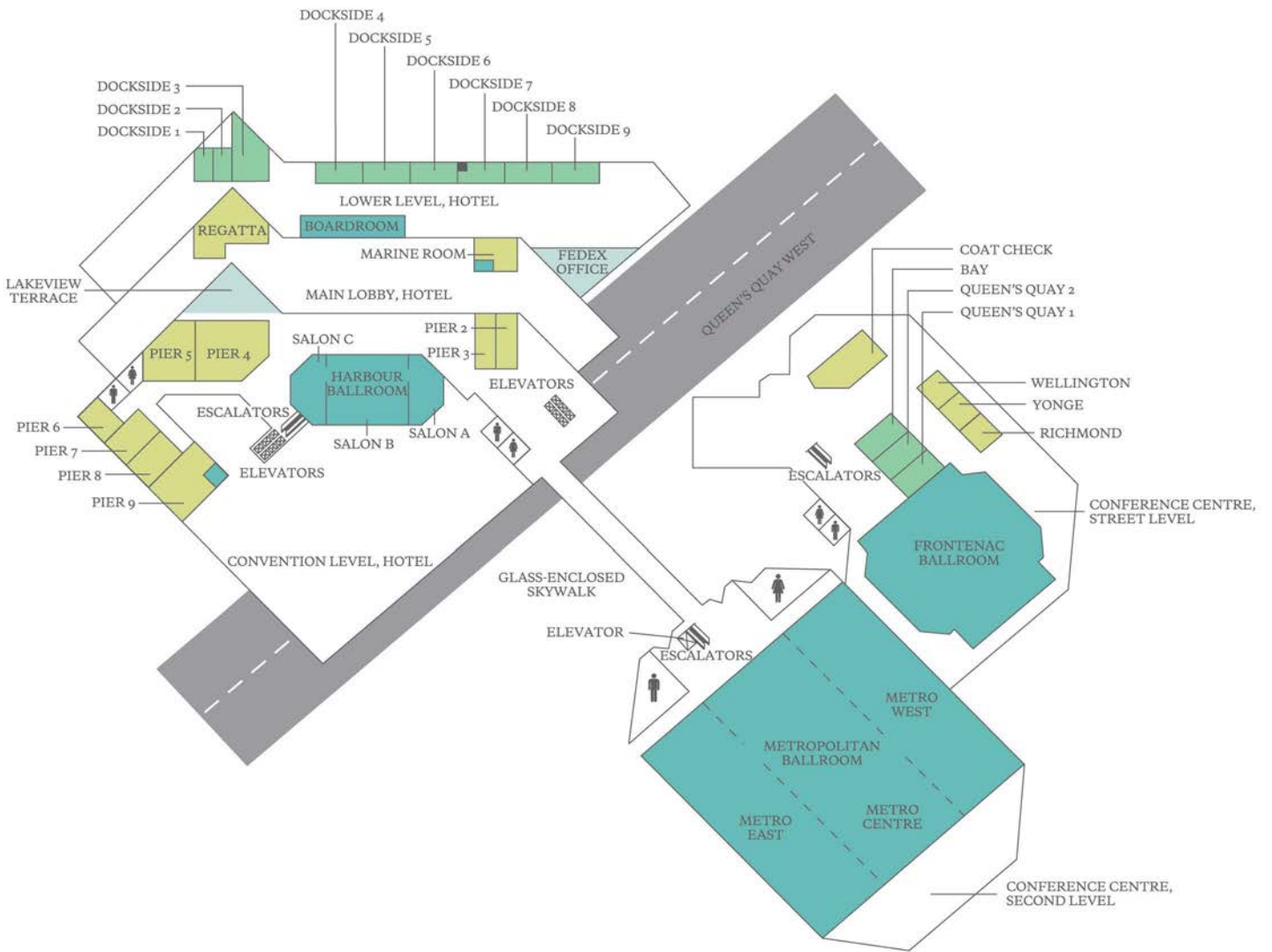
CONFERENCE PROGRAM



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WELCOME!

Welcome to the 33rd Annual Conference of the Association for Applied Sport Psychology.

We are pleased you have chosen this conference to share your knowledge and extend your network of colleagues and friends. Please join us in thanking the Conference Planning Committee and staff:

- Angie Fifer, Scientific Program Chair
- Angus Mugford, Conference Program Chair
- Joanna Foss, Student Representative, Conference Planning Committee
- Brendan Carr, Conference Planning Committee Member
- Ceci Clark, Conference Planning Committee Member
- Kent Lindeman, Executive Director
- Stephanie Garwood, Meeting Manager
- Susanna Beier, Membership & Registration Assistant

In addition, we want to thank the over 200 members who assisted with the review of all submitted conference abstracts. Their hard work enabled us to assemble what promises to be an outstanding program. This year's conference features an exceptional list of invited speakers, as well as lectures, panels, posters, symposia, and workshops that AASP members will be presenting. Thank you for continuing to submit your excellent work to our annual conference.

The AASP Executive Board is very pleased to serve as your host for AASP 2018, and hopes that you enjoy the program and networking activities that are planned. If any of us can be of further assistance, or if you have suggestions for increasing the effectiveness of the AASP organization or educational program, please stop and talk to us this week.

Enjoy the conference!

Sincerely yours,



AASP Executive Board
2017-2018

AASP EXECUTIVE BOARD 2017-2018



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AASP PAST PRESIDENTS

AASP is grateful for the individuals who have helped shape the organization by serving as president.

John Silva , 1985-1987	Linda Petlichkoff , 2002-2003
Ronald Smith , 1987-1988	Damon Burton , 2003-2004
Robert Weinberg , 1988-1989	Martha Ewing , 2004-2005 & 2007-2008
Daniel Gould , 1989-1990	Craig Wrisberg , 2005-2006
Lawrence Brawley , 1990-1991	Vikki Krane , 2006-2007
Michael Sachs , 1991-1992	Burton Giges , 2007-2008
Charles Hardy , 1992-1993	Sean McCann , 2008-2009
Jean Williams , 1993-1994	Glyn Roberts , 2009-2010
Tara Scanlan , 1994-1995	Bonnie Berger , 2010-2011
Penny McCullagh , 1995-1996	Jack Lesyk , 2011-2012
Maureen Weiss , 1996-1997	Jack Watson II , 2012-2013
Leonard Zaichkowsky , 1997-1998	Jonathan Metzler , 2013-2014
Robin Vealey , 1998-1999	Robert Schinke , 2014-2015
Andrew Meyers , 1999-2000	Brent Walker , 2015-2016
Joan Duda , 2000-2001	Angus Mugford , 2016-2017
David Yukelson , 2001-2002	

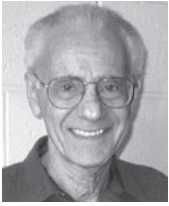
FELLOWS

Congratulations to the eight members named to AASP's 2018 Class of Fellows. A Fellow is an AASP member who has achieved distinction through significant contributions to academic and professional practice knowledge in sport and exercise psychology.

Becky Clark , 2018 Private Practice	Elizabeth Mullin , 2018 Springfield College
Alexander Cohen , 2018 United States Olympic Committee	Margaret Ottley , 2018 West Chester University
Natalie Durand-Bush , 2018 University of Ottawa	Alison Pope-Rhodium , 2018 JFK University
Tadhg MacIntyre , 2018 University of Limerick	Melissa Thompson , 2018 The University of Southern Mississippi

Mark Aoyagi, 2016	Joy Griffin, 2002	Kirsten Peterson, 2013	Jack Watson II, 2012
Amy Baltzell, 2017	Douglas Hankes, 2015	Al Petitpas, 1993	Robert Weinberg, 1987
Heather Barber, 2005	Stephanie Hanrahan, 2010	Linda Petlichkoff, 1995	Diane Whaley, 2013
Bonnie Berger, 1987	Robert Harmison, 2015	Trent Petrie, 2000	Diane Wiese-Bjornstal, 2002
Britton Brewer, 2004	Chris Harwood, 2007	Artur Poczwardowski, 2015	Jean Williams, 1987
Charles Brown, 2010	Kate F. Hays, 2000	Thomas Raedeke, 2015	Craig Wrisberg, 1998
Damon Burton, 2003	John Heil, 1998	Kenneth Ravizza, 1988	David Yukelson, 1987
Sarah Castillo, 2016	Ken Hodge, 2012	Glyn Roberts, 1987	Leonard Zaichkowsky, 1988
Melissa Chase, 2009	Jasmin Hutchinson, 2017	Tatiana Ryba, 2013	Sam Zizzi, 2012
Karen Cogan, 2004	Anthony Kontos, 2017	Michael Sachs, 1987	
Gualberto Cremades, 2015	Bart Lerner, 2016	Tara Scanlan, 1998	
Steven Danish, 1991	Jack Lesyk, 2011	Robert Schinke, 2014	
Kristen Dieffenbach, 2016	Charles Maher, 2017	Elizabeth Shoenfelt, 2016	
Joan Duda, 1988	Jeffrey Martin, 2004	Wesley Sime, 1987	
Vicki Ebbeck, 2004	Scott Martin, 2004	Rob Smith, 1995	
Ed Etzel, 2007	Ian Maynard, 2007	Gloria Solomon, 2001	
Martha Ewing, 2010	Sean McCann, 2009	Natalia Stambulova, 2014	
Leslee Fisher, 2011	Penny McCullagh, 1992	Traci Statler, 2015	
David Fletcher, 2014	Rick McGuire, 2010	Jim Taylor, 2004	
Mary Fry, 2009	Jonathan Metzler, 2013	Gershon Tenenbaum, 2006	
Burton Giges, 2006	Angus Mugford, 2016	Judy Van Raalte, 2002	
Diane Gill, 1987	Maria Newton, 2012	Robin Vealey, 1989	
Scott Goldman, 2016	Eddie O'Connor, 2010	Ralph Vernacchia, 2001	
Daniel Gould, 1987	Carole Oglesby, 1987	Brent Walker, 2015	

2018 AASP Award Winners



Distinguished Professional Practice Award –
Awards an AASP professional member who demonstrates exceptional quality and innovation in delivering sport and exercise psychology services to the public

Burt Giges, Springfield College



Dorothy V. Harris Memorial Award –
Recognizes an AASP member, in the early stage of her or his professional career, who has made outstanding contributions that are both theoretical and practical

Dana Voelker, West Virginia University



Distinguished Doctoral Student Practice Award – Acknowledges outstanding and innovative service delivery in sport and exercise psychology by doctoral student member

Zenzi Huysmans, West Virginia University



Distinguished Master's Student Practice Award – Acknowledges outstanding and innovative service delivery in sport and exercise psychology by master's student member

Mason Blake, University of Denver



Master's Thesis Award – Acknowledges the completion of an outstanding thesis by an AASP student member

Emily Wright, Michigan State University



Dissertation Award – Recognizes the completion of an outstanding dissertation by an AASP doctoral student member

Daniel Brown, University of Portsmouth,
"Human Thriving: A Conceptualization, Understanding, and Application to Sport"



Student Diversity Award – Recognizes and honors the achievements of students involved in research, service or applied experiences that focus on diversity issues

Ryan Sappington, University of Maryland



Performance Excellence Award – Recognizes an individual who embodies exemplary psychological principles associated with performance excellence as demonstrated through consistent achievement, merit or leadership over the course of their career

Eric Lindros, Hockey Hall of Famer

2018 AASP Foundation Award Winners



Distinguished Applied Contribution Award – Recognizes a book/video/webinar/other route in the past year by an AASP member, which made a potentially significant contribution to education and/or practice in an area within our field

Ian Connole, Vision Pursue



Distinguished Mentor Award – Recognizes outstanding efforts by an AASP member as a mentor/supervisor who has had a significant impact on their mentees in the field.

Kate F. Hays, The Performing Edge

AASP 2018 Conference Student Travel Awards



sponsored by
Routledge/Taylor & Francis
\$750 USD award

2018 Conference Student Travel Award Winners:

Erin Albert, University of North Texas

Julia Cawthra, Indiana University

Morgan Eckenrod, University of Tennessee

Karisa Fuerniss, Northern Illinois University

Joe Mannion, Pepperdine University

Thierry Middleton, Laurentian University - Canada

Veli-Matti Perttula, University of Jyväskylä - Finland

Erika Van Dyke, West Virginia University

Early Career Practitioner Award

Jessica Bartley, University of Denver

Sharing Knowledge Award

Hayley Perleman, Illinois Institute of Technology

Student Award for Excellence in Science Practitioner Endeavors

Gillian Cook, Loughborough University

Student/Early Career Professional Award for Science and Practice in Public Health Endeavors

Nicole Gabana, Florida State University

The Sport Psychologist Young Researcher Award



sponsored by Human Kinetics
\$1,000 USD award

Ellen MacPherson,
University of Toronto - Canada

2018 AASP Research Grants

Chih-Chia (JJ) Chen, Mississippi State University, *"The Impact of Focus of Attention on Psychophysiological Index in Golf Putting Skill: The Moderation Role of Different Skill Levels"*
Grant amount: \$2,490

Karynn Glover & Whitney Moore, Wayne State University, *"EPIC WIN for KC: The Impact of Team Leader Training on Campers' Sport Participation Behaviors"*
Grant amount: \$2,970

Candace M. Hogue, Penn State - Harrisburg, *"The Impact of a Mental Skills Training Intervention on Psychophysiological Responses to Performance Stress Elicited by an Ego-Involving Climate"*
Grant amount: \$4,997

Hayley Perelman & Alissa Haedt-Matt, Illinois Institute of Technology; Jessyca Arthur-Cameselle, Western Washington University, *"Decreasing Body Dissatisfaction in Male College Athletes: A Randomized Controlled Trial of the Male Athlete Body Project"*
Grant amount: \$2,468

Johannes Raabe, Penn State Altoona; Tucker Readdy, University of Wyoming; Daniel Leyhr, University of Tübingen, *"A Person-Oriented Investigation of Cross-Contextual Motivation: A Mixed-Methods Study with Collegiate Student-Athletes"* Grant amount: \$3,100

Matthew Viermaa, Utah State University; Stewart Vella, University of Wollongong; M. Blair Evans, Pennsylvania State University *"Helping hands: Exploring the Mental Health Landscape in US Youth Sport"* Grant amount: \$1,975

If you would like to apply for an AASP Award or Grant, please visit the appropriate pages in the Resources tab on our website for deadlines and additional information.

2018 AASP Community Outreach Grant

Erin Haugen, Assessment and Therapy Associates of Grand Forks, PLLC; Alison Kelly, University of North Dakota and Group UP Adventures, *"Embracing Adventure: Girls' Adventure Running Camp Within a Community Non-Profit"*
Grant amount: \$1,352.25

Amber Shipherd, Texas A&M University - Kingsville, *"Mind Over Miles: An Integrative Community Outreach Program to Increasing Physical Activity through Running and Walking in Kingsville, TX"*
Grant amount: \$2561.39

2018 AASP Oglesby-Snyder Grant for Equity and Cultural Diversity

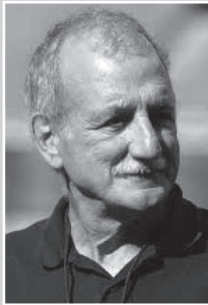
Matthew Bejar, Mount Mercy University, *"The State of Diversity in the Association for Applied Sport Psychology: Gaining Momentum or Still Swimming Upstream?"*
Grant Amount: \$4,986

2018 AASP Foundation Gualberto Cremades International Research Grant

Zenzi Huysmans & Damien Clement, West Virginia University, *"Coaching Life Skills Through Youth Sport: An Application of the TPSR Model in Swaziland"*
Grant amount: \$748.30

IN MEMORIAM

KEN RAVIZZA, PHD



On July 9, 2018, many of us were shocked and saddened to hear about the sudden passing of one of the greatest practitioners and true pioneers in the field of applied sport psychology, Ken Ravizza. One of the enduring qualities about Ken is he had a unique comforting

interpersonal quality that would immediately connect and put people at ease. Didn't matter where you were: conference, athletic venue, he was always the same Ken. We all remember that voice, that greeting that would bellow from the diaphragm "Yuuuuke, how's it going" that would resonate warmth, positivity, and trust. He had that special "it" factor that was welcoming and empowering. No matter what your educational background or level of talent, Ken was generous with his time and interested in what you had to say. One memory that speaks to this issue was almost 30 years ago, a group of applied sport psychologists including Ken met in Utopia, Texas to brainstorm ideas and chart directions for applied interventions. I remember Ken holding court, floating down the Utopia River slowly in an innertube as Ken held court pontificating about the merits of a new model that ultimately became the foundation for one of his signature interventions: "The R's". From that weekend came many laughs, robust camaraderie, and an amazing peer network that can always be counted on to provide strong emotional/social support when needed.

I feel so fortunate to have forged a close personal and professional relationship with Ken the past 40 years; he was the most compassionate, warm, sincere, heartfelt caring person I have ever known. A great listener who understood the importance of context in consulting, Ken was simply the best at bringing out the best in others. I fondly referred to Ken as my "Yoda": wise, insightful, innovative, creative, skilled at making the complex simple (a term he and Chicago Cubs Manager Joe Maddon coined was the word "Simplexity"). Some examples of Ken's "Ravizzaisms" that reflect keeping things simple include: "Breathe"; "Get Comfortable being Uncomfortable"; "The Zone

is Overrated, rather, Compensate and Adjust". He also introduced techniques to heighten self-awareness and increase self-control such as the "R's"; "Routines and Focal Points"; the "Signal Light" metaphor; the miniature toilet in the dugout to symbolize "Flush it", get to the next pitch. Two other reflections that come to mind include the gestalt technique he demonstrated one year at AASP role playing being the "Monkey on your back" to symbolize that person is thinking too much under pressure and in particular, the wrong thoughts; and the story he shared at AASP about going to the store the morning of the College World Series Championship Baseball game, buying a key chain with a small ball on it to symbolize how small the ball is going to look to the hitters if they don't manage the moment properly.

A lifelong teacher and educator at heart, Ken had a special gift of reaching out and connecting with people on a genuine, authentic, interpersonal level. Whether you were a student at a conference or a professional colleague, Ken intrinsically took interest in you as a person and wanted to learn as much as he could about your unique journey/story. He genuinely cared about what you were doing and offered insight and perspective based on his years of experience. In talking with colleagues about what made Ken so special, his authenticity, transparency, even keel temperament, and comfort being himself in any given situation was empowering and transformational. One of the greatest attributes about "Ken being Ken" is he inspired people to find their own path and be comfortable and confident being their true authentic self.

Ken had a very distinguished professional career both as a professor and consultant. A Physical Education major throughout his educational career, Ken received his Bachelor of Science Degree in 1970 from Springfield College, his Masters of Science Degree (1972) and PhD (1974) from USC. Upon graduating from USC, he spent four years as an Assistant Professor at the State University College of New York in Brockport before moving to Cal State Fullerton in 1977 where he became a full professor teaching classes and mentored graduate students for 40 years, developing one of the best hands on applied sport psychology programs in the country. Former graduate student and current AASP



Executive Board member Angie Fifer had this to say about Ken:

“He was an educator always teaching. I served as Ken’s TA for three semesters, and even though it was the same class, I learned something new every day. Ken pushed us to ask thoughtful questions and deepen our knowledge from his years of experience. My favorite was walking with Ken to his classes. He got stopped so many times along the way and took a moment to connect with and remind the student to keep “Working it”. We were always late to class because of just how many students wanted to say hello”.

As a consultant, Ken worked with a variety of intercollegiate athletic departments, professional sport organizations, and Olympic Teams including Cal State Fullerton, UCLA, Nebraska, the Chicago Cubs, Tampa Bay Rays, Los Angeles Angels, New York Jets, USA Volleyball, Baseball, Softball, Field Hockey, Water Polo to name a few. providing individual and team consultations in the areas of motivation and stress management, mental skills training and coping strategies for managing performance effectiveness in sport, as well as working very closely with coaches offering perspective when asked and strategies for enhancing team culture. Ken was one of the most sought-after consultants in our field and his seminal 1987 TSP article about Gaining Entry and Developing Trust is a classic everyone in our field should read, along with Heads Up Baseball 2.0 he wrote in collaboration with long-time friend Tom Hanson. From a mental training perspective, Ken inspired students, athletes, coaches and teams to believe in themselves, take responsibility and ownership for their mental game, and be committed to the process of being the best competitor they can be in the present moment right here, right now.

In writing this memorial to Ken, I couldn’t do it alone, what follows are some reflective comments from AASP colleagues who were close with Ken over the years (affectionately known as the Utopia Group):

Rich Gordon - *Ken was absolutely the best in our field at being innovative with coaches and athletes. He could give just enough without overstating the message. He was a true pioneer in our field. He came in on the ground floor of applied sport psychology. For 40 years, he was my friend and friends with many. His influence will never fade ... when he was with you, he only cared about you, and you felt it!*

Gloria Balague - *The world is a bit darker without Ken. His kindness, his wisdom, his sense of humor and his honesty were an amazing combination. Ken was probably the original mindfulness practitioner (in the 60’s and 70’s Ken was into Yoga, stress management and relaxation activities brought to athletics) the whole concept of BREATHE was part of his daily orientation with athletes and teams (BE HERE, BE PRESENT, FOLLOW YOUR BREATH).*

Rick McGuire - *Maybe the best applied practitioner that ever lived and his training was not even in counseling or psychology (philosophy and physical education), he is using the same stuff he learned in the late 60’s and early 70’s - his persona and foundational beliefs resonates with today’s coaches and athletes. He is an educator at heart, truly a coach’s coach!*

On a personal note, more than three weeks after his death, words cannot truly convey the hurt I continue to feel (and yes Ken, I know I have to feel the pain to truly understand). But beyond the pain and grief, I am so grateful for Ken’s love, friendship, insight, and inspiration that he provided me. Your spirit and teachings will continue to resonate with me and others for years to come.

Respectfully,
Dave Yukelson, PhD, CMPC

CMPC CREDIT

The AASP Annual Conference counts for 12 CEUs (3 per day) toward CMPC recertification. In order to claim the credit, turn in your conference registration confirmation email with your recertification materials. You will not receive a separate certificate.

You can earn additional credit by attending the sessions below. In order to claim credit for these, you will be required to sign in, and you will receive a certificate via email after the conference.

If you attend the entire conference, including the three sessions below, you can receive a maximum of 15.5 CEUs.

Required CE Area: Diversity
1.25 CEUs

FEA-03: Diversity and Inclusion within Canadian Sporting Contexts: Contemporary Perspectives

Thursday, October 4, 8:15 am – 9:30 am, Harbour B

Required CE Area: Mentorship/Supervision
1.0 CEUs

WKSP-09: Supervision of Sport Psychology Trainees for a different Era: New Ethical Concerns, Exploring Bias, and Transition from Online to Real World

Thursday, October 4, 11:30 am – 12:30 pm, Harbour C

Required CE Area: Professional Ethics
1.25 CEUs

SYM-14: Maltreatment in Sport: Implications for the Field of Sport Psychology

Saturday, October 6, 8:15 am – 9:30 am, Pier 4

APA CREDITS

APA credits are available to AASP attendees for an additional fee. To obtain APA credits, you must purchase them when you register for the conference. Please note that APA credits are not available for one- or two-day registration. By attending the entire conference, you are eligible to receive up to 18 credits. Additional APA credits are available for continuing education workshops.

To receive credits, you must sign in at the conference registration desk each day, and turn in your evaluation packet at the end of the meeting. You must fill out an evaluation for each session you attend. Certificates of Attendance with the number of credits you received will be emailed to you after the conference. Credits are awarded by the Professional Sport Psychology Group, which is approved by the American Psychological Association to offer continuing education for psychologists.

SPEAKER READY ROOM

All speakers delivering computer-based presentations are required to visit the Speaker Ready Room, in Pier 7, to pre-load their presentations based on the schedule below. Since there are over 100 presentations that will be delivered to the Speaker Ready Room over the course of the conference, we ask that you please visit at the prescribed times indicated below so we can assist you appropriately.

Please provide your presentation on a USB drive, and if your presentation contains audio or video, make sure to have a copy of the audio or video source file on your USB.

An AV Tech and/or AASP staff member will be able to assist you with putting your files on a laptop and previewing your presentation. Please note that once your presentation is uploaded in the Speaker Ready Room, you will not be permitted to revise the presentation. Please make all your last-minute changes before coming to the Speaker Ready Room. Once uploaded, your presentation will be available on a PC laptop in your session room in a folder on the desktop named with your session date and time.

If Your Presentation Time Is...	Then Your Scheduled Check-In Time Is...
Wednesday, October 3 between 1:00 pm – 5:00 pm	Wednesday, October 3 between 9:00 am – 11:00 am
Thursday, October 4 between 8:00 am – 1:00 pm	Wednesday, October 3 between 1:00 pm – 5:00 pm
Thursday, October 4 between 1:00 pm – 5:00 pm	Thursday, October 4 between 7:00 am – 11:00 am
Friday, October 5 between 8:00 am – 1:00 pm	Thursday, October 4 between 1:00 pm – 5:00 pm
Friday, October 5 between 1:00 pm – 5:00 pm	Friday, October 5 between 7:00 am – 11:00 am
Saturday, October 6 between 8:00 am – 1:00 pm	Friday, October 5 between 1:00 pm – 5:00 pm
Saturday, October 6 between 1:00 pm – 4:00 pm	Saturday, October 6 between 7:00 am – 11:00 am

SPECIAL INTEREST GROUP (SIG) MEETINGS

Thursday, October 4, 1:30 pm – 2:15 pm

Attendees are welcome to attend any SIG meeting; pre-registration is not required.

Achievement Motivation	Pier 9
Anger & Violence in Sport	Harbour B
Business Ownership in Sport Psychology	Pier 5
Clean Sport	Harbour B
Coaching Science	Wellington
College/University Counseling Center	Richmond
Eating Disorders	Pier 8
Exercise Psychology & Wellness	Harbour A
Fencing	Harbour C
Gay, Lesbian, Bisexual, Transgender, and Intersex	Harbour A
International Olympic Sport Psychology	Regatta
Media in Sport	Pier 5
Mental Health	Harbour B
Military Performance	Harbour A
Mindfulness	Regatta
Performance Consulting in Collegiate Sport	Pier 4
Performance Excellence	Pier 2/3
Performance Psychophysiology and Biofeedback	Pier 4
Positive Psychology for Sport and Exercise	Pier 2/3
Positive Youth Development through Physical Activity	Regatta
Psychology of Sport Injury	Queen's Quay
Race & Ethnicity in Sport	Queen's Quay
Soccer	Pier 2/3
Study and Practice of Supervision	Harbour C
Teaching Sport & Exercise Psychology	Harbour C
Women in Sport	Richmond
Youth Sport	Wellington

COMMITTEE & EDITORIAL BOARD MEETINGS

Thursday, October 4

7:00 AM – 8:00 AM

CSSEP Editorial Board Pier 9

11:30 AM - 12:30 PM

Past Presidents Council Marine

TSP Editorial Board Pier 9

12:30 PM - 1:00 PM

SIG Coordinators Pier 4

12:30 PM - 1:30 PM

Graduate Program Committee Wellington

Leadership Development Committee Pier 5

Friday, October 5

7:00 AM - 8:00 AM

Diversity Committee Queen's Quay 1

Ethics Committee Wellington

Finance Committee Pier 8

International Relations Committee Pier 6

Sport Psychology Council Pier 9

11:30 AM - 12:30 PM

JCSP Editorial Board Pier 9

12:00 PM – 1:00 PM

JASP Editorial Board Queen's Quay 1

12:30 PM - 1:30 PM

Community Outreach Committee Wellington

Continuing Education Committee Pier 8

Foundation Committee Pier 6

Newsletter Committee Richmond

Science to Practice Pier 5

Student Development Committee Pier 4

1:00 PM – 1:45 PM

JSPA Editorial Board Queen's Quay 2

FULL CONFERENCE SCHEDULE

WEDNESDAY, OCTOBER 3

9:00 AM – 12:00 PM

Pier 4

CE Workshop: A Diversity Committee Sponsored Panel on Critical and Cultural Sport Psychology Consulting Practices

Rebecca Busanich, St. Catherine University, USA;
Tanya Prewitt-White, University of Illinois-Chicago, USA;
Robert Schinke, Laurentian University, Canada;
Shannon Baird, Performance Center/AFSC, USA

Pre-registration required; additional fee
Approved for 3.0 CMPC CEUs

9:00 AM – 12:00 PM

Pier 5

CE Workshop: Mentorship and Supervision in Applied Sport Psychology Training: Strategies to Promote Student Competence

Sarah Castillo, National University, USA;
Doug Barba, National University, USA;
Traci Statler, Cal State Fullerton, USA;
Kristen Dieffenbach, West Virginia University, USA

Pre-registration required; additional fee
Approved for 3.0 CMPC CEUs

1:00 PM – 2:00 PM

Harbour A

PAN-01: Collaboration, Mentoring and Professional Development for Olympic Sport Psychology Consultants

Karen Cogan, USOC, USA;
Alexander Cohen, United States Olympic Committee, USA;
Carlin Anderson, Premier Sport Psychology, PLLC, USA;
Christopher Bader, University of Colorado-Boulder, USA;
Sara Mitchell, United States Olympic Committee, USA;
Jamie Shapiro, University of Denver, USA

1:00 PM – 2:00 PM

Harbour B

PAN-02: Integrating Sport Psychology into Military Competition Team Training

Justin Foster, The Excelling Edge, USA;
Brett Sandwick, Elite Mentality, USA;
Steven Cohen, Comprehensive Soldier and Family Fitness (CSF2), USA;
Adam Skoranski, DCS, USA;
Brad Baumgardner, AFSC, USA

1:00 PM – 2:00 PM

Harbour C

PAN-03: Technology for Assessing and or Training Perceptual-Cognitive Abilities in Athletes

Leonard Zaichkowsky, Private Practice, USA;
Scott Goldman, University of Michigan, USA;
Melissa Hunfalvay, RightEye, LLC, USA;
Vincent Lodato, National Sports Performance Institute, USA

1:00 PM – 2:00 PM

Pier 2/3

WKSP-01: Coaching the Coaches: An Approach for Sport Psychology Practitioners to Help Coaches Move from Leadership Identification to Leadership Development

Jason Mead, Waubonsie Valley High School, USA;
Scott Pierce, Illinois State University, USA;
Jedediah Blanton, University of Tennessee, USA;
Todd Gilson, Northern Illinois University, USA;
Kylee Ault, University of Tennessee, USA

1:00 PM – 2:00 PM

Pier 4

LEC-01: Consulting & Interventions

LEC-01A: The CARE-Project: Empowering Athletes to Form Better Relationships with Their Coaches

Sophia Jowett, Loughborough University, UK;
Svenja Wachsmuth, Eberhard Karls University, UK;
Chris Harwood, Loughborough University, UK;
Xinmiao Zhong, Loughborough University, UK

LEC-01B: Neurofeedback Training Enhances Ice-Hockey Shooting Performance

Sommer Christie, University of Calgary, Canada;
Maurizio Bertollo, G.d'Annunzio University of Chieti-Pescara, Italy;
Penny Werthner, University of Calgary, Canada

LEC-01C: Anxiety, Attentional Control, and Performance: Quiet Eye Training in Division I Baseball

Meaghan Sullivan, University of Missouri, USA

1:00 PM – 2:00 PM

Pier 5

WKSP-02: Brief Interventions to Manage the Mind Chatter: A Practitioner's Acceptance-based Approach to Managing Doubts in Competition

Mitchell Greene, USA

1:00 PM – 2:00 PM

Regatta

LEC-02: Mental Health**LEC-02A: Mental Health First Aid (MHFA) for the UK Armed Forces**

Diane Crone, University of Gloucestershire, UK;
Mustafa Sarkar, Nottingham Trent University, UK;
Elizabeth Loughren, University of Gloucestershire, UK;
Thomas Curran, University of Bath, UK;
Colin Baker, University of Gloucestershire, UK;
Denise Hill, Swansea University, UK;
Tabitha Dickson, University of Gloucestershire, UK;
Andrew Parker, University of Gloucestershire, UK

LEC-02B: Crossing the Boundary Line: Understanding Identity and Overconformity in Collegiate Volleyball Players

Ashley Coker-Cranney, West Virginia University / MindRight Performance Consulting, LLC, USA;
Jack Watson II, West Virginia University, USA

LEC-02C: A Longitudinal Examination of Mental Health and Well-Being of Individuals Working in Performance Sport

Brendan Copley, University of South Wales, UK;
Paul Sellars, Cardiff Metropolitan University, UK;
Stephen Mellalieu, Cardiff Metropolitan University, UK;
Rich Neil, Cardiff Metropolitan University, UK;
Christopher Wagstaff, University of Portsmouth, UK;
Ross Wade, St. Mary's University, Twickenham, UK

2:15 PM – 3:30 PM

Harbour A

WKSP-03: Uncomfortable Silence: An Open Discussion About Microaggressions in Sport and the Tools Necessary to Address Them

Leeja Carter, Long Island University - Brooklyn, USA;
Carlos Davila, Long Island University-Brooklyn, USA

2:15 PM – 3:30 PM

Harbour B

PAN-04: From the Ponds to the NHL: Consultant Experiences of Working with Hockey Players from Elite Junior to Professional Levels in the United States and Canada

Stephen Gonzalez, The College at Brockport, State University of New York, USA;
Aimee Kimball, KPEX Consulting, USA;
Ashwin Patel, Humber College, Canada;
Adam Naylor, Boston University/Telos SPC, USA;
John Stevenson, Zone Performance Psychology, Canada

2:15 PM – 3:30 PM

Harbour C

SYM-01: Know Before You Go: Assessment in Sport Psych Consulting

Erin Haugen, Assessment and Therapy Associates of Grand Forks, PLLC, USA;
Jim Taylor, Dr. Jim Taylor, USA;
Tim Herzog, Reaching Ahead Counseling and Mental Performance, USA;
Graig Chow, Florida State University, USA;
Brandon Orr, University of Missouri, USA

2:15 PM – 3:30 PM

Pier 2/3

SYM-02: Teaching Personal and Social Responsibility: A Framework That Can Be Used Across a Variety of Sport and Physical Activity Contexts

John McCarthy, Boston University, USA;
Val Altieri, Jr., Boston University, USA;
Meredith Whitley, Adelphi University, USA;
Laura Hayden, University of Massachusetts Boston, USA;
Courtney Hess, University of Massachusetts Boston, USA;
Cristina Fink, High Performance Sports, Philadelphia Union, USA;
Fritz Ettl, Butler University, USA

2:15 PM – 3:30 PM

Pier 4

WKSP-04: Trauma Informed Care: A Framework For Understanding and Addressing Trauma and Its Impact on Athletes

Liz Holthaus, James Madison University, USA;
Christian Hasse, James Madison University, USA;
Anne Stewart, James Madison University, USA

2:15 PM – 3:30 PM

Pier 5

WKSP-05: From Resistance to Resilience: Helping Athletes Make Positive Change

Fred Hanna, Adler University, USA;
Russ Flaten, SAIC, USA

3:45 PM – 5:00 PM

Harbour A

LEC-04: Professional Issues & Ethics

LEC-04A: Ignoring the Elephant in the Room: The “Me Too” Movement of Sexual Abuse in Sport

Jessica Woods, SAIC/ARMY, USA

LEC-04B: “I Never Wanted to Ask, But Congrats on the Bump:” Applied Sport Psychology Practice Whilst Pregnant

Lee-Ann Sharp, University of Ulster, UK

LEC-04C: The Pursuit of Clean Sport

*Lennie Waite, Waite Performance Strategies LLC, USA;
Kelsey Erickson, Leeds Beckett University, UK*

LEC-04D: “The Making of the Secrets”: Understanding Patterns of Disclosure and Non-Disclosure of Abuse and Harassment Among Athletes

Jenny Conviser, Ascend Consultation in Health Care, USA

3:45 PM – 5:00 PM

Harbour B

PAN-05: Smocks and Jocks: Incorporating the Scientist-Practitioner Model in Applied Sport Psychology Research and Practice

Erin Reifsteck, University of North Carolina at Greensboro, USA;

*Mustafa Sarkar, Nottingham Trent University, UK;
Kimberly Fasczewski, Appalachian State University, USA;*

Peter Olusoga, Sheffield Hallam University, UK;

Nick Galli, University of Utah, USA;

Moe Machida-Kosuga, Osaka University of Health and Sport Sciences, Japan;

Diane Gill, UNCG, USA

3:45 PM – 5:00 PM

Harbour C

PAN-06: Serving the Spirit in Applied Sport and Exercise Psychology Settings - Beyond the ‘Performance or Care’ Debate: An Interdisciplinary Panel of Sport Psychology and Sport Chaplain Practitioners

Robert Owens, University of Western States, USA;

Christopher Stanley, Florida State University, USA;

Kensa Gunter, Gunter Psychological Services, LLC, USA;

Leslee Fisher, University of Tennessee, USA;

David Wells, Director of Sports Chaplaincy Canada;

Sarah Bonikowsky-Chaudhery, VHA Rehab Solutions – former Olympian, Canada;

Greg Bailey, Retired Military Chaplain, Canada;

Imam Imran Ally, Police Chaplain, Peel Police, Canada

3:45 PM – 5:00 PM

Pier 2/3

SYM-03: One Case, Four Approaches: Exploring Diverse Styles in Applied Sport Psychology Consulting

Dolores Christensen, University of Oklahoma, USA;

Rachel Walker, University of Delaware, USA;

Adrian Ferrera, University of Washington, USA;

Erica Beachy, Becker College, USA;

Ryan Sappington, University of Maryland at College Park, USA

3:45 PM – 5:00 PM

Pier 4

FEA-01: 5 Slides in 5 Minutes: Engaging Education in Sport & Exercise Psychology

Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting, USA;

Noah Gentner, Humber College, Canada;

Peter Kadushin, Western State Colorado University, USA;

Tanya Prewitt-White, University of Illinois-Chicago, USA;

Sarah Carson Sackett, James Madison University, USA;

Brandonn Harris, Georgia Southern University, USA

3:45 PM – 5:00 PM

Pier 5

WKSP-06: Dialectical Behavior Therapy for Athletes

Miriam Rowan, Amplify Wellness + Performance, USA;

Catherine Drury, The Actors Fund, USA

3:45 PM – 5:00 PM

Regatta

LEC-05: Coaching

LEC-05A: “It Was Not a Matter of Acceptance”: A Qualitative Exploration of Unconditional Positive Regard and its Opposite Constructs in Coach-Athlete Relationships

Lauren McHenry, University of Tennessee, USA;

Jeff Cochran, University of Tennessee, USA;

Rebecca Zakrajsek, University of Tennessee, USA;

Leslee Fisher, University of Tennessee, USA

LEC-05B: A Systematic Review of the Psychosocial Aspects of Olympic Coaching

Gillian Cook, Loughborough University, UK;

David Fletcher, Loughborough University, UK;

Christopher Carroll, University of Sheffield, UK

LEC-05C: Fostering an Autonomy-Supportive Coaching Style: The Development, Implementation, and Evaluation of a Theory-Based Workshop for Elite Youth Soccer Coaches

Johannes Raabe, Penn State Altoona, USA;
Tucker Readdy, University of Wyoming, USA;
Oliver Höner, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany

LEC-05D: Exploring High Performance Coach Experiences of Sport Psychology Consulting for their Own Performance

Tammy Sheehy, West Virginia University, USA;
Sofia Espana Perez, Minnesota State University, USA;
Matthew Gonzalez, West Virginia University, USA;
Sam Zizzi, West Virginia University, USA

4:15 PM – 4:45 PM

Bay

Student Volunteer Training

4:30 PM – 5:15 PM

Queen's Quay 1

New Member Meet & Greet

4:30 PM – 5:15 PM

Queen's Quay 2

International Reception

5:30 PM – 7:00 PM

Metropolitan Centre

Opening Keynote Session

Welcome

Amy Baltzell, Boston University, USA

Conference Overview

Angus Mugford, Toronto Blue Jays, USA

Awards & Recognition

Dorothy V. Harris Memorial Award

Dana Voelker, West Virginia University, USA

Distinguished Applied Contribution

Ian Connoles, Vision Pursue, USA

Gualberto Cremades International Research Grant

Zenzi Huysmans, West Virginia University, USA

Early Career Practitioner Award

Jessica Bartley, University of Denver

KEYNOTE PRESENTATION

Overpromise & Under Deliver: The Story of Organized Sport

John Amaechi OBE, Organisational Psychologist, Chartered Scientist, and New York Times Best-Selling Author, UK

7:00 PM – 9:00 PM

Frontenac

Opening Reception



THURSDAY, OCTOBER 4

7:00 AM – 8:15 AM

Frontenac

CMPC Breakfast

Open only to current CMPCs.

8:15 AM – 9:30 AM

Frontenac

FEA-02: Case Studies for Certified Mental Performance Consultants (CMPC)

Phillip Post, New Mexico State University, USA;
Greg Young, James Madison University, USA

8:15 AM – 9:30 AM

Harbour A

PAN-07: Set Fees with Ease: Exploring the Process

Tim Herzog, Reaching Ahead Counseling and Mental Performance, USA;
Jim Taylor, Dr. Jim Taylor, USA;
Kaimare Laird, The Performance Pursuit, USA

8:15 AM – 9:30 AM

Harbour B

FEA-03: Diversity and Inclusion within Canadian Sporting Contexts: Contemporary Perspectives

Robert Schinke, Laurentian University, Canada;
Janelle Joseph, University of Toronto, Canada;
Caroline Fusco, University of Toronto, Canada

This session is eligible for 1.25 CEUs in the area of Diversity for CMPCs. To claim these credits, be sure to sign in at the session. A certificate will be emailed to you after the conference.

8:15 AM – 9:30 AM

Harbour C

SYM-04: Signature Practices for Performance Excellence: Four Experts and Four Key Practices 2018

Elizabeth Shoenfelt, Western Kentucky University, USA;
Sebastian Brueckner, Muenster University, Germany;
Goran Kentta, The Swedish School of Sport and Health Science, Sweden;
Stiliani “Ani” Chroni, Inland Norway School of Sport Sciences, Norway

8:15 AM – 9:30 AM

Pier 2/3

LEC-06: Youth Sport

LEC-06A: Life Skills Transfer in Sport and Physical Activity Research: A Systematic Review

Élise Marsollier, Département d'éducation physique Université Laval Québec, Canada;
Christiane Trottier, Université Laval, Canada;
Audet Olivier, Département de kinésiologie, Faculté de médecine, Université Laval, Canada;
Marie-Denise Lavoie, Université Laval, Canada;
Stéphanie Gagnon, Département d'éducation physique Université Laval, Canada;
Camille Sabourin, Département d'éducation physique Université Laval, Canada;
Roxane Carrière, Département d'éducation physique Université Laval, Canada;
Marie-Christine Chartier, Département d'éducation physique Université Laval, Canada;
Martin Camiré, University of Ottawa, Canada;
Claude Goulet, Département d'éducation physique Université Laval, Canada

LEC-06B: Challenges and Strategies for Working with Generation Z Athletes

Jennifer Nalepa, Michigan State University, USA;
Daniel Gould, Michigan State University, USA;
Michael Mignano, Michigan State University, USA;
Nicholas Henry, Michigan State University, USA

LEC-06C: Use and Reinforcement of Strategies within a Youth Psychological Skills Training Program

E. Earlynn Lauer, Western Illinois University, USA;
Rebecca Zakrajsek, University of Tennessee, USA;
Larry Lauer, USTA Player Development, USA

LEC-06D: Gaining Entry and Creating a Lasting Positive Youth Sport Experience in an Elite Adolescent Gymnastics Club: First Experiences of a Consultant Working Alongside an Established Professional

Rebecca Lawler, Lawler Sport and Performance Consulting LLC, USA;
James Winges, Titan Sport Performance, USA

8:15 AM – 9:30 AM

Pier 4

WKSP-07: Athlete Intakes and Sports Concussion: From A to Zinger

Joe Mannion, Pepperdine University, USA

8:15 AM – 9:30 AM

Pier 5

SYM-05: Non-Conscious Influences During Exercise: An Examination of Priming Effects

Jasmin Hutchinson, Springfield College, USA;
Adam Feit, Springfield College, USA;
Suzanne Pottratz, East Central University, USA;
Elizabeth Mullin, Springfield College, USA;
Sam Santich, Springfield College, USA;
Zack Zenko, Duke University, USA;
Paul Dalton, Springfield College, USA;
Robert Mendoza, Springfield College, USA;
Kenneth Andoll, Springfield College, USA

8:15 AM – 9:30 am

Regatta

PAN-08: Immersive Teambuilding: From Activities to Action

Shawn Zeplin, Auburn University, USA;
Cody Commander, University of Oklahoma Athletics Dept, USA;
Brett Haskell, University of Nebraska Athletics, USA

9:00 AM – 7:00 PM

Metropolitan East

Poster Viewing

9:30 AM – 4:00 PM

Harbour Foyer

Exhibits Open

9:45 AM – 11:00 AM

Metropolitan Centre

KEYNOTE SESSION**Awards & Recognition****Distinguished Professional Practice Award***Burt Giges, Springfield College, USA***Student Diversity Award***Ryan Sappington, University of Maryland, USA***Student Diversity Conference Travel Grants****Outgoing Board Recognition***Todd Gilson, Kristen Dieffenbach, Joanna Foss***KEYNOTE PRESENTATION****The Culture Shift: Developing a High-Performing Team within a Complex Environment***Mark Shapiro, Toronto Blue Jays President & CEO*

11:30 AM – 12:30 PM

Harbour A

WKSP-08: Making the Most of Our Time: Applied Considerations and Brief Contact Interventions in Time-Limited Sport Contexts*Christopher Stanley, Florida State University, USA;**Nohelani Lawrence, University of Southern California, USA;**Lennie Waite, Waite Performance Strategies LLC, USA;**Stacey Alvarez-Alvarado, Florida State University, USA*

11:30 AM – 12:30 PM

Harbour B

SYM-06: Intersectionality of Sociocultural Identities in the Context of Sport: The Practitioner's Model for Values-Based Perspectives to Enhance Provider-Client Alliance*Angel Brutus, Synergistic Solutions, LLC, USA;**Leeja Carter, Long Island University - Brooklyn, USA;**Hannah Bennett, Augusta University, USA;**Mustafa Sarkar, Nottingham Trent University, UK;**Shameema Yousuf, Empower2Perform, UK*

11:30 AM – 12:30 PM

Harbour C

WKSP-09: Supervision of Sport Psychology Trainees for a Different Era: New Ethical Concerns, Exploring Bias, and Transition from Online to Real World*Michelle Bartlett, West Texas A & M University, USA;**Megan Byrd, John F Kennedy University, USA;**Hillary Cauthen, Texas Optimal Performance & Psychological Services, USA*

This session is eligible for 1.0 CEUs in the area of Mentoring/Supervision for CMPCs. To claim these credits, be sure to sign in at the session. A certificate will be emailed to you after the conference.

11:30 AM – 12:30 PM

Metropolitan Centre

PAN-09: Where Our Feet Were: Professional Reflections of Experiences Before the "Dream Job"*Chelsea Wooding, National University, USA;**Cecilia Clark, Cleveland Indians, USA;**Nohelani Lawrence, University of Southern California, USA;**Angus Mugford, Toronto Blue Jays, USA*

11:30 AM – 12:30 PM

Pier 2/3

LEC-07: Exercise/Health/Fitness**LEC-07A: The Relationship of Exercisers' Goal Orientations, Reasons for Using Physical Activity Trackers, Effort, and Enjoyment***Lauren Easton, University of Kansas, USA;**Mary Fry, University of Kansas, USA;**Susumu Iwasaki, Fort Lewis College, USA;**Andrew Fry, University of Kansas, USA;**Leon Greene, University of Kansas, USA;**Brian Cole, University of Kansas, USA***LEC-07B: A Comparison of Exercise Modality Enjoyment Within a Community Sample of Adults Participating in a Weight Management Program***Sam Zizzi, West Virginia University, USA;**Janaina Lima Fogaca, University of Wisconsin-Green Bay, USA;**Spencer Ingels, West Virginia University, USA;**Adam Hansell, West Virginia University, USA;**Zenzi Huysmans, West Virginia University, USA***LEC-07C: MindfullySTRONG: A Mixed-Methods Evaluation of a 12-Week Integrated Mindfulness and Strength Training Program***Peter Olusoga, Sheffield Hallam University, UK;**Dave Hembrough, Sheffield Hallam University, UK;**Donna Woodhouse, Sheffield Hallam University, UK;**John Darwin, Centre for Mindful Life Enhancement, UK;**Emily Newton, Sheffield Hallam University, UK;**Mike Pupius, Centre for Mindful Life Enhancement, UK*

11:30 AM – 12:30 PM

Pier 4

LEC-08: Female Athletes

LEC-08A: Exploring Coaches' Views of Body Ideal Expectations for Female Athletes in Aesthetic Sports

Katherine Fairhurst, West Virginia University, USA;
Dana Voelker, West Virginia University, USA

LEC-08B: "My Body Loves Me, So I Should Love It Back" – Female Collegiate Athletes' Qualitative Evaluation of the Bodies in Motion Program

Dana Voelker, West Virginia University, USA;
Trent Petrie, University of North Texas, USA

LEC-08C: She Hits Hard: Exploring the Impact of a Female Boxing Program on Body Empowerment

Jenn Jacobs, Northern Illinois University, USA;
Karisa Fuerniss, Northern Illinois University, USA

11:30 AM – 12:30 PM

Pier 5

FEA-04: Getting Published in the Journal of Applied Sport Psychology (JASP), Journal of Sport Psychology in Action (JSPA), and Case Studies in Sport and Exercise Psychology (CSSEP)

Stephen Mellalieu, Cardiff Metropolitan University, UK;
Ian Maynard, University of Essex, UK;
Stewart Cotterill, AECC University College, UK

11:30 AM – 12:30 PM

Regatta

WKSP-10: Developing a Personal Meditation Practice That Enhances Your Mindfulness Teaching Practices for Clients

Adam O'Neil, Pinnacle Performance Psychology, USA;
Jessica Bartley, University of Denver, USA;
Nicole Davis, Compete to Create, USA;
Robert Diehl, Boston University, USA;
Trevor Cote, Boston University, USA

11:30 AM – 12:30 PM

Queens Quay

WKSP-24: Preparing for Transition: Implementing the Student-Athlete Retirement Program (SARP) within a Collegiate Athletic Department

Joanne Perry, UNC Charlotte, USA;
Ashley Hansen, Saint Louis University, USA;
Taylor Montgomery, Saint Louis University, USA;
Michael Ross, Saint Louis University, USA;
Jeffrey Shulze, Saint Louis University, USA

12:30 PM – 1:30 PM

Committee Meetings

See page 9 for complete committee listing with room assignments.

12:30 PM – 2:00 PM

Marine

Past Presidents Luncheon (invitation only)

1:30 PM – 2:15 PM

Special Interest Group (SIG) Meetings

See page 9 for complete list of groups and room assignments.

SIG meetings are open to all attendees.

2:30 PM – 3:45 PM

Queens Quay

LEC-03: Collegiate Sport

LEC-03A: Are Smartphones Making Varsity Athletes Smarter When it Comes to Optimizing Their Learning, Performance, and Well-Being?

Poppy DesClouds, University of Ottawa, Canada;
Natalie Durand-Bush, University of Ottawa, Canada

LEC-03B: Academics vs. Athletics: Examining Differences in Domain-Specific Perfectionism between "Excelling" Student-Athletes and Their Teammates

Zachary McCarver, Ithaca College, USA;
Sebastian Harenberg, Ithaca College, USA;
Justine Vosloo, Ithaca College, USA

LEC-03C: Mindful Sport Performance Enhancement (MSPE) with Collegiate Sports Teams: Assessing the FAME Profile

Timothy Pineau, Marymount University, USA;
Carol Glass, The Catholic University of America, USA;
Keith Kaufman, Keith A. Kaufman, Ph.D., PLLC, USA

LEC-03D: Examining Psychological Stress and Coping Perceptions as Predictors of Athlete Engagement

J.D. DeFreese, University of North Carolina, USA;
Nikki Barczak, University of North Carolina at Chapel Hill, USA;
Johna Register-Mihalik, University of North Carolina at Chapel Hill, USA;
Emily Kroshus, University of Washington, USA

2:30 PM – 3:45 PM

Harbour A

FEA-05: Certification Information for Current CMPCs: Recertification Procedures, Mentoring, and Graduate Curricula

Robin Vealey, Miami University, USA;
Charles Maher, Cleveland Indians, USA;
Elizabeth Shoenfelt, Western Kentucky University, USA;
Brandonn Harris, Georgia Southern University, USA

2:30 PM – 3:45 PM

Harbour B

FEA-06: Student Workshop: Beginning Stages of Starting an Applied Consulting Business

Cindra Kamphoff, Private Practice & Minnesota State University, USA;
Tim Herzog, Reaching Ahead Counseling and Mental Performance, USA

2:30 PM – 3:45 PM

Harbour C

SYM-07: Specialized Mental Health Care Service Provision for Canadian Athletes and Coaches

Natalie Durand-Bush, University of Ottawa, Canada;
Kylie McNeill, University of Ottawa, Canada;
Pierre-Nicolas Lemyre, Norwegian School of Sport Sciences, Norway;
Carla Edwards, McMaster University/ Synergy Sport + Mental Health, Canada;
Krista Van Slingerland, University of Ottawa, Canada

2:30 PM – 3:45 PM

Pier 2/3

WKSP-11: Application of Physiological Monitoring to Guide Sport Psychology Consulting with Elite Tactical Populations

Sam Whalen, IMG Academy, USA;
Seth Haselhuhn, Booz Allen Hamilton, USA

2:30 PM – 3:45 PM

Pier 4

WKSP-12: How to Effectively Intervene with Cyber-Bullying in Youth Team Sports

Charlotte Raue, University of Muenster, Germany;
Sydney Querfurth, WWU Münster, Germany;
Sebastian Brueckner, Muenster University, Germany;
Michael Zito, Morristown Clinical and Sport Psychology, USA

2:30 PM – 3:45 PM

Pier 5

LEC-09: Elite/Pro Sport**LEC-09A: “If-Then” Plans: A Simple Tool for Improving Anticipation Performance in Team Handball Goalkeeping?**

Oliver Höner, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany;
Alexander Schurr, University of Tübingen, Germany;
Florian Schultz, University of Tübingen, Germany

LEC-09B: Sport Psychology Consultants’ Role in Helping Professional Athletes Cope with Experiences of Public Shaming on Social Media

Ellen MacPherson, University of Toronto, Canada;
Gretchen Kerr, University of Toronto, Canada

LEC-09C: An Exploration into the Cognitive Component of Elite High Jumpers’ Pre-Performance Routines

Thomas Gretton, Ball State University, USA;
Ali S. Kanan, Ball State University, USA;
Lindsey Blom, Ball State University, USA

LEC-09D: Supporting Leadership Strategies During Briefing: Evidence from Elite Team Sports

Anne-Claire Macquet, INSEP, France;
Marie Le Menn, Paris-Descartes University, INSEP, France;
Neville Stanton, University of Southampton, UK

2:30 PM – 3:45 PM

Regatta

LEC-10: Collegiate Sport II**LEC-10A: NCAA Division III Coaches’ Support of and Willingness to Use Sport Psychology Services**

Matthew Jones, University of Tennessee, Knoxville, USA;
Rebecca Zakrajsek, University of Tennessee, USA;
Morgan Eckenrod, University of Tennessee, USA;
Scott Martin, University of North Texas, USA

LEC-10B: Investigating Student-Athlete Burnout Through Coach-Athlete Relationships and Gratitude

Jeffrey Ruser, California State University, Fresno, USA;
Jenelle Gilbert, California State University, Fresno, USA;
Wade Gilbert, California State University, Fresno, USA;
Stephanie Moore-Reed, California State University, Fresno, USA

(Continued next page)

2:30 PM – 3:45 PM

Regatta

LEC-10: Collegiate Sport II *(Continued from page 17)*

LEC-10C: Through the Eyes of a Coach: A Qualitative Investigation of NCAA Coaches and their Perspectives on Adversities, Resilient Characteristics, and Strategies to Build Resilience In Athletes

Stephen Gonzalez, The College at Brockport, State University of New York, USA;

Nick Galli, University of Utah, USA

LEC-10D: Gender Differences in NCAA Sport Coaching: An exploration of Passion, Perfectionism, and Leadership Behaviors.

Shelby Anderson, Ithaca College, USA;

Justine Vosloo, Ithaca College, USA;

Sebastian Harenberg, Ithaca College, USA

4:00 PM – 5:30 PM

Metropolitan Centre

Graduate Program & Career Fair

5:30 PM – 7:00 PM

Metropolitan East

Poster Session I

6:00 PM – 7:30 PM

Harbour A

Fellows Meeting

6:00 PM – 9:00 PM

Pier 4

CE Workshop: Managing Decision-Making Dilemmas: Navigating Your Ethical Expeditions

Dolores Christensen, University of Oklahoma, USA;

Erica Beachy, Becker College, USA;

Rachel Walker, University of Delaware, USA

Pre-registration required; additional fee

Approved for 3.0 CMPC CEUs

6:00 PM – 9:00 PM

Pier 5

CE Workshop: Upping Our Game: Enhancing Supervision and Mentoring in Sport Psychology

Jana Fogaca, University of Wisconsin – Green Bay, USA;

Gily Meir, USA;

Lauren Tashman, Align Performance, LLC, USA

Pre-registration required; additional fee

Approved for 3.0 CMPC CEUs

FRIDAY, OCTOBER 5

7:00 AM – 8:00 AM

Committee Meetings

See page 9 for complete committee listing with room assignments.

8:15 AM – 9:30 AM

Harbour A

SYM-08: Getting Your Head Back in the Game: From Evaluation to Psychological Readiness following Sport-related Concussion

Anthony Kontos, University of Pittsburgh/Dept of Orthop, USA;

Jeff Caron, Yale University, USA;

Les Podlog, University of Utah, USA;

Gordon Bloom, McGill University, Canada

8:15 AM – 9:30 AM

Harbour B

SYM-09: Optimizing Organizational Functioning in High-Performance Sport: Research and Practitioner Recommendations from Five National Perspectives

James Rumbold, Sheffield Hallam University, UK;

Mark Eys, Wilfrid Laurier University, Canada;

Frank Abrahamsen, Norwegian School of Sport Sciences, a Specialized University, Norway;

Goran Kentta, The Swedish School of Sport and Health Science, Sweden;

Joanne Butt, Sheffield Hallam University, UK;

Shelby Carr, Sheffield Hallam University, UK;

Peter Olusoga, Sheffield Hallam University, UK;

Mark Surya, Wilfrid Laurier University, Canada;

Karen Cogan, USOC, USA;

Kristen Dieffenbach, WVU - Athletic Coaching Ed, USA

8:15 AM – 9:30 AM

Harbour C

SYM-10: College Student-Athlete Mental Health: From Screening to Prevention to Treatment

Erin Albert, University of North Texas, USA;

Kristina Clevinger, University of North Texas, USA;

Jenna Tomalski, University of North Texas, USA;

Trent Petrie, University of North Texas, USA;

Courtney Albinson, Northwestern University, USA;

Christopher Bader, University of Colorado-Boulder, USA

8:15 AM – 9:30 AM

Pier 2/3

WKSP-13: In the Trenches: Building and Implementing a Mental Skills Training Program for ROTC Cadets

Morgan Eckenrod, University of Tennessee, USA;
Matthew Jones, University of Tennessee, Knoxville, USA;

Danielle DeLisio, University of Tennessee, USA;

Jared Crain, University of Tennessee, USA;

Rebecca Zakrajsek, University of Tennessee, USA

8:15 AM – 9:30 AM

Pier 4

PAN-10: Integrating Applied Sport Psychology into Collegiate Athletics: Lessons Learned and Future Directions

Brian Zuleger, Adams State University, USA;

Scotta Morton, University of Missouri, USA;

Jeff Coleman, West Point, USA;

*Vanessa Shannon, University of Louisville Athletics/
 Norton Sports Health, USA;*

Katherine McLean, University of Notre Dame, USA;

Nathaniel Zinsser, United States Military, USA Academy

8:15 AM – 9:30 AM

Pier 5

WKSP-14: Psychological Skills Training in Youth Soccer: A Station-Based Approach

Teresa Fletcher, Adler University, USA;

Felix Yu, Adler University, USA;

Carol Melso, Adler University, USA;

Alan Masline, Adler University, USA;

Alex Wulbecker, Adler University, USA;

Jarrod Juskiewicz, Adler University, USA

8:15 AM – 9:30 AM

Regatta

WKSP-15: Coaching Athletes From Their Seat to Their Feet: Implications of Constraints-Based Coaching for Mental Performance Consultants

Zach Brandon, IMG Academy, USA;

Christian Smith, IMG Academy, USA;

Lindsey Hamilton, IMG Academy, USA

9:00 AM – 7:00 PM

Metropolitan East

Poster Viewing

9:00 AM – 3:00 PM

Harbour Foyer

Exhibits Open

9:45 AM – 11:00 am

Metropolitan Centre

KEYNOTE SESSION**Awards & Recognition****Distinguished Doctoral Student Practice**

Zenzi Huysmans, West Virginia University, USA

Distinguished Master's Student Practice Award

Mason Blake, University of Denver

Distinguished Mentor Award

Kate F. Hays, The Performing Edge

Conference Student Travel Awards & Young Researcher Award**Sharing Knowledge Award**

Hayley Perleman, Illinois Institute of Technology

KEYNOTE PRESENTATION**Interview with Eric Lindros, Hockey Hall of Famer**

*Moderated by Katy Tran Turner, Buffalo Sabres/
 Buffalo Bills, USA*

Presentation of Performance Excellence Award

11:30 AM – 12:30 PM

Harbour A

PAN-11: What Grad School Couldn't Teach Me – Making the Transition from Student to an Early Career Professional

Mark Aoyagi, University of Denver, USA;

Jessica Bartley, University of Denver, USA;

Nicholas Bartley, IMG Academy - USASOC, USA;

*Nohelani Lawrence, University of Southern
 California, USA;*

Shawn Zeplin, Auburn University, USA

11:30 AM – 12:30 PM

Harbour B

WKSP-16: Let's Talk About Suicide: Knowing the Signs, Risk Factors, and Best Practices for Addressing Athlete Well-Being

Angel Brutus, Synergistic Solutions, LLC, USA;

Rachelle Scott, Research Foundation CUNY, USA;

Mitchell Abrams, Learned Excellence for Athletes, USA

11:30 AM – 12:30 PM

Harbour C

WKSP-17: Incorporating Game-Based Student Response Systems – Like Kahoot, Socrative and Quizlet – to Enhance Sport and Exercise Psychology Learning in the Classroom

Ashwin Patel, Humber College, Canada;

Greg Young, James Madison University, USA;

Noah Gentner, Humber College, Canada

11:30 AM – 12:30 PM

Metropolitan Centre

FEA-07: Developing Personal and Team Resilience in Elite Sport: Research to Practice

Mustafa Sarkar, Nottingham Trent University, UK;
Peter Haberl, USOC, USA;
Duncan Simpson, IMG Academy, USA;
Cindra Kamphoff, Private Practice & Minnesota State University, USA;
Göran Kentta, The Swedish School of Sport and Health Science, Sweden

11:30 AM – 12:30 PM

Pier 2/3

SYM-11: Sociocultural Aspects of Sport Injury and Recovery

Diane Wiese-Bjornstal, University of Minnesota, USA;
Francesca Principe, University of Minnesota, USA;
Kristin Wood, University of Minnesota, Minneapolis, USA

11:30 AM – 12:30 PM

Pier 4

PAN-12: Addressing Stigma in Sport for the College Athlete: A Multicultural Lens

Michele Mahr, California State University-Sacramento, USA;
Lindsey Greviskes, University of Wisconsin-Whitewater, USA;
Alina Cisneros, Piece of Mind: Peak Performance Consulting Sport, USA

11:30 AM – 12:30 PM

Pier 5

LEC-11: Youth Sport II

LEC-11A: Positive Peace Indicators in Liberia Youth: Effectiveness of Sport for Development Programming

Lindsey Blom, Ball State University;
Mariah Sullivan, Ball State University;
Anna Farello, Ball State University;
Jorge Ballesteros, Arizona State University

LEC-11B: Making Evidence-Informed Decisions to Promote Life Skills Development: The Case of Golf Canada

Sara Kramers, University of Ottawa, Canada;
Adam Hunter, Golf Canada, Canada;
Corliss Bean, the University of British Columbia, Canada;
Martin Camiré, University of Ottawa, Canada

LEC-11C: Implications and Application from a Systematic Review of Global Sport and Non-Sport Youth Development Programs

Lindsey Blom, Ball State University, USA;
Meredith Whitley, Adelphi University, USA;
William Massey, Oregon State University, USA;
Martin Camiré, University of Ottawa, Canada;
Megan Chawansky, University of Kentucky, USA;
Shawn Forde, University of British Columbia, Canada;
Mish Boutet, University of Ottawa, Canada;
Amanda Borbee, Adelphi University, USA;
Simon Darnell, University of Toronto, Canada

11:30 AM – 12:30 PM

Regatta

SYM-12: Insights from Case Study Examples on Successful Stimulation of Knowledge Implementation: Helping Canadian High Performance Athletes Through Evidence-Based Research

Sharleen Hoar, Canadian Sport Institute-Pacific, Canada;
Bradley Young, University of Ottawa, Canada;
Joe Baker, York University, Canada;
Mike Frogley, Wheelchair Basketball Canada;
Rafael Tedesqui, University of Ottawa, Canada;
Lindsay McCardle, University of Ottawa, Canada

12:30 PM – 1:30 PM

Marine

Meet the Professionals Luncheon

Ticket required; event sold out.

12:30 PM – 1:30 PM

Committee Meetings

See page 9 for complete committee listing with room assignments.

1:45 PM – 2:45 PM

Harbour A

SYM-13: Enhancing Practitioner Effectiveness: Strategies for Developing, Implementing, and Evaluating Sport Psychology Interventions

Graig Chow, Florida State University, USA;
Duncan Simpson, IMG Academy, USA;
Eric Bean, HigherEchelon, INC, USA

1:45 PM – 2:45 PM

Harbour B

WKSP-18: Don't Throw Gas on the Fire: Emotional Control for Coaches

John McCarthy, Boston University, USA;
Val Altieri, Jr., Boston University, USA;
Robert DiBernardo, Boston University, USA;
Robert Diehl, Boston University, USA;
Fritz Ettl, Butler University, USA;
Frank Perry, Boston University, USA

1:45 PM – 2:45 PM

Harbour C

FEA-08: Becoming a Certified Mental Performance Consultant (CMPC): Information for Students and New Applicants

Vicki Tomlinson, John F. Kennedy University, USA;
Jack J. Lesyk, Ohio Center for Sport Psychology, USA;
Robert Harmison, James Madison University, USA;
Nick Galli, University of Utah, USA;
Damien Clement, West Virginia University, USA

1:45 PM – 2:45 PM

Pier 2/3

LEC-12: Elite/Pro Sport II**LEC-12A: Making the Podium: Examining the Factors Behind Olympic Resilience**

Ashley Simon, University of Denver, USA;
Cory Helfer, University of Denver, USA;
Scott Anderson, Springfield College, USA;
Jamie Shapiro, University of Denver, USA;
Peter Haberl, USOC, USA

LEC-12B: Psychological Resilience in Olympic Medal Winning Coaches: A Longitudinal Qualitative Study

Nathan Hilton, Nottingham Trent University, UK;
Mustafa Sarkar, Nottingham Trent University, UK

LEC-12C: Perceived Outcomes of a Biofeedback and Neurofeedback Training Intervention for Optimal Performance: Learning to Enhance Self-Awareness and Self-Regulation with Olympic Athletes

Margaret Dupee, Good To Great, Canada;
Tanya Forneris, University of British Columbia, Canada;
Penny Werthner, University of Calgary, Canada

1:45 PM – 2:45 PM

Pier 4

PAN-13: Inclusivity for LGBTQ+ Athletes: The Importance and Impact of Direct Equity Initiatives in Sport Contexts

Caroline Fusco, University of Toronto, Canada;
Ali Greey, University of Toronto, Canada;
Meghan Halbrook, Randolph College, USA;
Leslie Larsen, California State University-Sacramento, USA;
Christopher Stanley, Florida State University, USA

1:45 PM – 2:45 PM

Pier 5

LEC-13: Special Populations**LEC-13A: Developing Cognitive and Motor Creativity in Children Through an Exercise Program Using Nonlinear Pedagogy Principles**

Veronique Richard, National School of Circus/Cirque du Soleil, Canada;
Jean-Charles Lebeau, Ball State University, USA;
Fabian Becker, Florida State University, USA;
Nataniel Boiangin, Florida State University Ice Hockey, USA;
Gershon Tenenbaum, Florida State University, USA

LEC-13B: Performance Psychology in a Film Setting – The Grounded Theory of Effective Film Production Collaboration (EFPC Model)

Ola Krukowska-Burke, Bucks New University, UK;
Ewa Serwotka, Fundacja Sportu Pozytywnego, Poland;
Aleksandra Zienowicz-Wielebska, Fundacja Sportu Pozytywnego, Poland;
Pola Weiner, Fundacja Sportu Pozytywnego, Poland

LEC-13C: The ART – Applied, Relevant & Timely – of Integrated Mental Skills Training (MST) within a Special Operations Forces (SOF) Unit with Promising Outcomes

Nicholas Bartley, IMG Academy - USASOC, USA;
Jay Dawes, University of Colorado Colorado Springs, USA;
Paul Goldberg, USASOC, USA;
David Bricker, USASOC, USA;
Kelsey Werth, USASOC, USA;
Logan Brodine, USASOC, USA;
Tony Federico, USASOC, USA;
Casey Clark, USASOC, USA;
Robert Rodriguez, USASOC, USA

1:45 PM – 2:45 PM

Regatta

WKSP-19: Sport Psychology and Personal Finance: Mixing Oil and Water

Todd Gilson, Northern Illinois University, USA

3:00 PM – 4:00 PM

Metropolitan Centre

COLEMAN GRIFFITH LECTURE**Taking the Pulse and Looking to the Future**

Penny Werthner, University of Calgary, Canada

PRESIDENTIAL ADDRESS**“Ravizza-isms” and AASP: From Iconic Mottos to Organizational Insights**

Traci Statler, Cal State Fullerton, USA

4:15 PM – 5:15 PM

Metropolitan Centre

Business Meeting

5:30 PM – 7:00 PM

Metropolitan East

Poster Session II

5:30 PM – 7:30 PM

Pier 4

**Canadian Sport Psychology Association –
Annual General Meeting 2018**

SATURDAY, OCTOBER 6

8:15 AM – 9:30 AM

Harbour A

WKSP-20: Utilizing a Standardized Intervention Protocol for the Implementation of the Revised Performance Profile Technique

*Elmer Castillo, Florida State University, USA;
Matteo Luzzi, Florida State University, USA;
Matthew Bird, Florida State University, USA;
Graig Chow, Florida State University, USA*

8:15 AM – 9:30 AM

Harbour B

FEA-09: Canadian Panel on Current Trends and Hot Topics in Mental Health and Performance in High Performance Sport

*Natalie Durand-Bush, Univeristy of Ottawa, Canada;
Shaunna Taylor, University of British Columbia, Canada;
Sommer Christie, University of Calgary, Canada;
Frank van den Berg, Canadian Sport Institute
Calgary, Canada*

8:15 AM – 9:30 AM

Harbour C

WKSP-21: Still Learning Together: A Case Study Workshop for Non-Certified Students and Professionals

*Chelsea Wooding, National University, USA;
Ashley Coker-Cranney, West Virginia University /
MindRight Performance Consulting, LLC, USA;
Eddie O'Connor, Mary Free Bed Sports
Rehabilitation, USA;
Ashley Samson, California State University,
Northridge, USA*

8:15 AM – 9:30 AM

Pier 2/3

WKSP-22: The Athlete Gratitude Group (TAGG): A Positive Psychology Intervention for Athletes and Teams

Nicole Gabana, Florida State University, USA

8:15 AM – 9:30 AM

Pier 4

SYM-14: Maltreatment in Sport: Implications for the Field of Sport Psychology

*Gretchen Kerr, University of Toronto, Canada;
Ashley Stirling, University of Toronto, Canada;
Erin Willson, University of Toronto, Canada;
Alexia Tam, University of Toronto, Canada*

This session is eligible for 1.25 CEUs in the area of Professional Ethics for CMPCs. To claim these credits, be sure to sign in at the session. A certificate will be emailed to you after the conference.

8:15 AM – 9:30 AM

Pier 5

LEC-14: Diversity & Culture

LEC-14A: Coming To Voice: Intersections of Identity for U.S. African American Female Former Olympic Sprinters

*Sharon Couch-Fikes, University of Tennessee,
Knoxville, USA;
Leslee Fisher, University of Tennessee, USA;
Lauren McHenry, University of Tennessee, USA;
Matthew Moore, University of Tennessee, USA*

LEC-14B: Navigating Times of Harmony and Discord: The Ever-changing Role Played by the Families of Elite Immigrant Athletes

*Thierry Middleton, Laurentian University, Canada;
Robert Schinke, Laurentian University, Canada;
Odirin P. Oghene, Laurentian University, Canada;
Diana Coholic, Laurentian University, Canada;
Kerry McGannon, Laurentian University, Canada*

LEC-14C: Hip-Hop Dance Therapy: Implementation of a Strength-Based Program for At-Risk Youth

*Allison Elber, University of Massachusetts Boston,
USA;
Courtney Hess, University of Massachusetts Boston,
USA;
Laura Hayden, University of Massachusetts Boston,
USA;
Ian Levy, University of Massachusetts Boston, USA*

LEC-14D: The Kaepernick Effect: Navigating The Intersection of Culture, Gender Role, and Athletic Identity

*Carolyn Davis, Fortitude Premier Psychological
Services: Sport and Performance Consulting,
USA*

8:15 AM – 9:30 AM

Regatta

LEC-15: Injury/Rehabilitation**LEC-15A: Examining the Extent to Which Constructs from the Integrated Behavioral Model Are Associated with College Student-athlete Intentions to Report Symptoms of a Concussion***Jeffrey Milroy, University of North Carolina at Greensboro, USA;**David Wyrick, University of North Carolina at Greensboro, USA;**Kelly Rulison, University of North Carolina at Greensboro, USA;**Brandon Mendenhall, University of North Carolina at Greensboro, USA;**Erin Reifsteck, University of North Carolina at Greensboro, USA;**Lindsey Sanders, University of North Carolina at Greensboro, USA;**Samantha Kelly, University of North Carolina at Greensboro, USA***LEC-15B: Sex Differences in Concussion Knowledge and Reporting Behaviors Among Collegiate Athletes***Jamie McAllister-Deitrick, Coastal Carolina University, USA;**Erica Beidler, Duquesne University, USA;**Jessica Wallace, Youngstown State University, USA;**Morgan Anderson, Michigan State University, USA***LEC-15C: The Effects of Psycho-social Factors on Patient Recovery and Functional Outcome Following Anterior Cruciate Ligament Surgery***Tomos Williams, Cardiff Metropolitan University, UK;**Lynne Evans, Cardiff Met University, UK;**Angus Robertson, Cardiff Sports Orthopaedics, UK;**Lew Hardy, Bangor University, UK;**Stuart Roy, Cardiff Sports Orthopaedics, UK;**Daniel Lewis, Cardiff Sports Orthopaedics, UK;**Freya Glendinning, Bangor University, UK***LEC-15D: The Co-developmental Dynamic of Sport and School Burnout among Student-Athletes: The Role of Achievement Goals***Matilda Sorkkila, University of Jyväskylä, Finland;**Kaisa Aunola, University of Jyväskylä, Finland;**Katariina Salmela-Aro, University of Jyväskylä, Finland;**Asko Tolvanen, University of Jyväskylä, Finland;**Tatiana Ryba, University of Jyväskylä, Department of Psychology, Finland*

9:30 AM – 11:30 PM

Harbour Foyer

Exhibits Open

9:45 AM – 11:00 AM

Metropolitan Centre

KEYNOTE SESSION**Awards & Recognition****Master's Thesis Award***Emily Wright, Michigan State University, USA***Doctoral Dissertation Award***Daniel Brown, University of Portsmouth, UK***Student Award for Excellence in Science Practitioner Endeavors***Gillian Cook, Loughborough University***Student/Early Career Professional Award for Science and Practice in Public Health Endeavors***Nicole Gabana, Florida State University***Outgoing President Recognition***Amy Baltzell, Boston University, USA***Recognition of Conference Planning Committee****KEYNOTE PANEL****Lessons Learned during the PyeongChang Olympics: An International Practitioner Perspective***Alexander Cohen, United States Olympic Committee, USA**Carolina Lundqvist, The Swedish Olympic Committee, Linköping University, Sweden**Karen MacNeill, MacNeill Performance Consulting, Canada**Jean François Ménard, Kambio Performance, Canada**Moderator: Lindsay Thornton, United States Olympic Committee, USA*

11:30 AM – 12:30 PM

Harbour A

FEA-10: Student Workshop: Using Mindfulness to Enhance Sport Performance*Sarah Castillo, National University, USA;**David da Silva, IMG Academy, USA*

11:30 AM – 12:30 PM

Harbour B

WKSP-23: What We REALLY Tell Our Clients: Approaches and Methods that We Don't Learn in Textbooks*Jean François Ménard, Kambio Performance Inc., Canada*

11:30 AM – 12:30 PM

Harbour C

SYM-15: Application of a Novel Mental Skills Curriculum in Surgery: A Review of its Effectiveness and Lessons Learned

Nicholas Anton, Department of Surgery, Indiana University School of Medicine, USA;
Eric Bean, HigherEchelon, INC, USA;
Dimitrios Stefanidis, Department of Surgery, Indiana University School of Medicine, USA

11:30 AM – 12:30 PM

Metropolitan Centre

PAN-14: Sport Psychology Services at the Paralympic Games in Pyeongchang, South Korea

Jamie Shapiro, University of Denver, USA;
Yongchul Chung, Sogang University, South Korea;
Kristine Dun, Australian Institute of Sport, Australia;
Christian Heiss, Performance Entwicklung, Germany;
Sara Mitchell, United States Olympic Committee, USA

11:30 AM – 12:30 PM

Pier 4

WKSP-25: Linking Fun to Physical Literacy and the 3Ps: A Logic Model Approach to Transforming Youth Sport Climates

Amanda Visek, The George Washington University, USA;
Heather Mannix, George Washington University, USA;
Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA

11:30 AM – 12:30 PM

Pier 5

LEC-16: Research Design

LEC-16A: Shortening the Research-to-Practice Gap in Sport Psychology Research: A Representative Design Approach

Frank Ely, California State University, East Bay, USA;
Jenny O, California State University, East Bay, USA;
Odyssey Tapia, California State University, East Bay, USA;
Jennifer Huffman, California State University, East Bay, USA

LEC-16B: Coping with Organizational Change in Sport: A Phenomenological Study of High-Performance Coaches

Shelby Carr, Sheffield Hallam University, UK;
James Rumbold, Sheffield Hallam University, UK;
Joanne Butt, Sheffield Hallam University, UK;
Peter Olusoga, Sheffield Hallam University, UK

LEC-16C: Conducting Research on Mindfulness and Sport in a University Setting: Lessons Learned

Carol Glass, The Catholic University of America, USA;
Timothy Pineau, Marymount University, USA;
Keith Kaufman, Keith A. Kaufman, Ph.D., PLLC, USA;
Thomas Minkler, Catholic University of America, USA

1:45 PM – 2:45 PM

Harbour A

WKSP-26: Market Like a Pro: Level Up Your Consulting Practice Within the Next Year

Carrie Cheadle, www.carriecheadle.com, USA;
Cindra Kamphoff, Private Practice & Minnesota State University, USA

1:45 PM – 2:45 PM

Harbour B

PAN-15: Metacognition as an Internal Mechanism of Athletes' Growth Following Adversities: Four Case Studies

Malgorzata Siekanska, The University of Physical Education in Krakow, Poland;
Artur Poczwardowski, University of Denver, USA;
Richard Gordin, Utah State University, USA;
Jan Blecharz, Department of Psychology, Faculty of Physical Education and Sport, University of Physical Education in Cracow, Poland;
Leanne Kack, Florida State University, USA

1:45 PM – 2:45 PM

Harbour C

WKSP-27: Training Police for Deadly Force Encounters: A Role for Sport Psychology

John Heil, Psychological Health Roanoke, USA

1:45 PM – 2:45 PM

Metropolitan Centre

FEA-11: 5 Slides in 5 Minutes: Team Building

Ashwin Patel, Humber University, Canada;
Tracy Carrington, Mind Game Performance, LLC, USA;
Jennifer Arnold, United States Military Academy, USA;
Nick Bartley, IMG (A)cademy – USASOC, USA

1:45 PM – 2:45 PM

Pier 2/3

PAN-16: Transitioning to a Meaningful Life

Judy Goss, Mental Performance Consultant, Canada;
Rolf Wagschal, Canadian Sport Institute Ontario, Canada;
Martha McCabe, Head to Head, Canada;
Adrienne Leslie-Toogood, CSCM, Canada;
Chantal Van Landeghem, University of Georgia, Georgia

1:45 PM – 2:45 PM

Pier 4

FEA-12: Taking the CMPC Exam: Preparation + Strategy = Success

Traci Statler, Cal State Fullerton, USA

1:45 PM – 2:45 PM

Pier 5

SYM-16: Into the Great Wide Open: Employment Experiences of Early Career Sport and Exercise Psychology Professionals

Sean Fitzpatrick, Marian University, USA;
Chelsea Wooding, National University, USA;
Samantha Monda, Robert Morris University/KPEX Consulting, USA;
Perri Ford, Bell Lap Mental Performance Coaching, Canada

3:00 PM – 4:15 PM

Harbour A

PAN-18: Interdisciplinary Model for Sport Performance Optimization

Brett Woods, University of Nebraska Athletics, USA;
Brett Haskell, University of Nebraska Athletics, USA;
Todd Stull, International Society for Sport Psychiatry, USA;
Chris Bach, American College of Sports Medicine, USA

3:00 PM – 4:15 PM

Harbour B

WKSP-28: It Starts With The Coach: Evidence-Based Strategies for Improving Coach-Athlete Relationships and Communication in Training and Competition Environments

Lucy la Cour, University of Missouri, USA;
Brandon Orr, University of Missouri, USA

3:00 PM – 4:15 PM

Harbour C

LEC-17: Professional Development, Supervision, and Mentoring

LEC-17A: Applied Sport Psychology Supervision: A Survey of Students and Professionals

Alessandro Quartiroli, University of Wisconsin - La Crosse, USA;
Sae-Mi Lee, California State University, Chico, USA;
Jack Watson II, West Virginia University, USA;
Brandonn Harris, Georgia Southern University, USA;
Ed Etzel, West Virginia University, USA;
Robert Schinke, Laurentian University, Canada

LEC-17B: Navigating the Swampy Lowlands of the Supervision of Neophyte Practitioners: Collaborative Approaches to the Supervisory Process

Brendan Copley, University of South Wales, UK;
Rich Neil, Cardiff Metropolitan University, UK;
Sheldon Hanton, Cardiff Metropolitan University, UK

LEC-17C: All the World's a Stage: A Neophyte Sport Psychology Consultant as Performer

Sarah Hudak, City Year, USA;
Brian Gearity, University of Denver, USA

LEC-17D: Current and Future Trends in the Development of Competent Sport Psychology Professionals

Janaina Lima Fogaca, University of Wisconsin-Green Bay, USA;
Sam Zizzi, West Virginia University, USA;
Jack Watson II, West Virginia University, USA

3:00 PM – 4:15 PM

Metropolitan Centre

PAN-17: Mental Health and Professional Athletes: Perspectives, Programs, and Practices

Charles Maher, Cleveland Indians, USA;
Chris Carr, St. Vincent Sports Performance, USA;
Scott Goldman, University of Michigan, USA;
Kensa Gunter, Gunter Psychological Services, LLC, USA;
Dwight Hollier, National Football League, USA;
Wendy Borlabi, Chicago Bulls, USA

3:00 PM – 4:15 PM

Pier 2/3

WKSP-29: Inclusive Language Strategies for Working with Transgender Athletes

Elizabeth Mullin, Springfield College, USA;
Ryan Socolow, Springfield College, USA

3:00 PM – 4:15 PM

Pier 4

PAN-19: A Grounded Theory Approach to Applied Sport Psychology Consultation: The Case Conceptualization of a National Collegiate Athletics Association Women's Division I Volleyball Team

Ken Ildefonso, University of Wisconsin-Milwaukee, USA;
Joana Bielefeld, University of Wisconsin-Milwaukee, USA;
Jeremy Gorgas, University of Wisconsin-Milwaukee, USA;
Monna Arvinen-Barrow, University of Wisconsin - Milwaukee, USA;
Barbara Meyer, University of Wisconsin-Milwaukee, USA

3:00 PM – 4:15 PM

Pier 5

WKSP-30: Teaching Positive Psychology Topics in Sport Psychology Classes

Lisa Miller, American Military University, USA

7:00 PM – 9:00 PM

The Rec Room

Closing Reception

All attendees are invited to The Rec Room, located at 255 Bremner Blvd., near the Rogers Centre. Enjoy food, fun, and games with your AASP friends and colleagues.

WEDNESDAY, OCTOBER 3, 2018

TIME	FRONTENAC	METROPOLITAN CENTRE	HARBOUR A	HARBOUR B
1:00 pm - 2:00 pm			PAN-01: Collaboration, Mentoring and Professional Development for Olympic Sport Psychology Consultants (Cogan, Cohen, Anderson, Bader, Mitchell, Shapiro)	PAN-02: Integrating Sport Psychology into Military Competition Team Training (Foster, Sandwick, Cohen, Skoranski, Baumgardner)
2:15 pm - 3:30 pm			WKSP-03: Uncomfortable Silence: An Open Discussion About Microaggressions in Sport and the Tools Necessary to Address Them (Carter, Davila)	PAN-04: From the Ponds to the NHL: Consultant Experiences of Working with Hockey Players from Elite Junior to Professional Levels in the United States and Canada (Gonzalez, Kimball, Patel, Naylor, Stevenson)
3:45 pm - 5:00 pm			LEC-04: Professional Issues & Ethics 04A: Woods 04B: Sharp 04C: Waite 04D: Conviser	PAN-05: Smocks and Jocks: Incorporating the Scientist-Practitioner Model in Applied Sport Psychology Research and Practice (Reifsteck, Sarkar, Fasczewski, Olusoga, Galli, Machida-Kosuga, Gill)
5:30 pm - 7:00 pm		OPENING KEYNOTE: Overpromise & Under Deliver: The Story of Organized Sport (Amaechi)		
7:00 pm - 9:00 pm	Opening Reception			

THURSDAY, OCTOBER 4, 2018

TIME	METROPOLITAN EAST	METROPOLITAN CENTRE	FRONTENAC	HARBOUR A	HARBOUR B
7:00 am - 8:00 am	Poster Setup (until 9 am)		CMPC Breakfast		
9:00 am - 7:00 pm	Poster Viewing				
8:15 am - 9:30 am			FEA-02: Case Studies for Certified Mental Performance Consultants (Post, Young)	PAN-07: Set Fees with Ease: Exploring the Process (Herzog, Taylor, Laird)	FEA-03: Diversity and Inclusion within Canadian Sporting Contexts: Contemporary Perspectives (Schinke, Joseph, Fusco)
9:45 am - 11:00 am		KEYNOTE SESSION: The Culture Shift: Developing a High-Performing Team within a Complex Environment (Shapiro)	QUEEN'S QUAY		
11:30 am - 12:30 pm		PAN-09: Where Our Feet Were: Professional Reflections of Experiences Before the "Dream Job" (Wooding, Clark, Lawrence, Mugford)	WKSP-24: Preparing for Transition: Implementing the Student-Athlete Retirement Program (SARP) within a Collegiate Athletic Department (Perry, Hansen, Montgomery, Ross, Shulze)	WKSP-08: Making the Most of Our Time: Applied Considerations and Brief Contact Interventions in Time-Limited Sport Contexts (Stanley, Lawrence, Waite, Alvarez-Alvarado)	SYM-06: Intersectionality of Sociocultural Identities in the Context of Sport: The Practitioner's Model for Values-Based Perspectives to Enhance Provider-Client Alliance (Brutus, Carter, Bennett, Sarkar, Yousuf)
12:30 pm - 1:30 pm					
1:30 pm - 2:15 pm					
2:30 pm - 3:45 pm			LEC-03: Collegiate Sport 03A: DesClouds 03B: McCarver 03C: Pineau 03D: DeFreese	FEA-05: Certification Information for Current CMPCs: Recertification Procedures, Mentoring, and Graduate Curricula (Vealey, Maher, Shoenfelt, Harris)	FEA-06: Student Workshop: Beginning Stages of Starting an Applied Consulting Business (Kamphoff, Herzog)
4:00 pm - 5:30 pm		Graduate Program & Career Fair			
5:30 pm - 7:00 pm	Authors Present at Posters				
6:00 pm - 9:00 pm				Fellows Meeting (6:00 pm - 7:30 pm)	
7:00 pm - 8:00 pm	Poster Tear Down				

HARBOUR C	PIER 2/3	PIER 4	PIER 5	REGATTA
PAN-03: Technology for Assessing and or Training Perceptual-Cognitive Abilities in Athletes (Zaichkowsky, Goldman, Hunfalvay, Lodato)	WKSP-01: Coaching the Coaches: An Approach for Sport Psychology Practitioners to Help Coaches Move from Leadership Identification to Leadership Development (Mean, Pierce, Blanton, Gilson, Ault)	LEC-01: Consulting & Interventions 01A: Jowett 01B: Christie 01C: Sullivan	WKSP-02: Brief Interventions to Manage the Mind Chatter: A Practitioner's Acceptance-based Approach to Managing Doubts in Competition (Greene)	LEC-02: Mental Health 02A: Crone 02B: Coker-Cranney 02C: Cropley
SYM-01: Know Before You Go: Assessment in Sport Psych Consulting (Haugen, Taylor, Herzog, Chow, Orr)	SYM-02: Teaching Personal and Social Responsibility: A Framework That Can Be Used Across a Variety of Sport and Physical Activity Contexts (McCarthy, Altieri, Jr., Whitley, Hayden, Hess, Fink, Ettl)	WKSP-04: Trauma Informed Care: A Framework For Understanding and Addressing Trauma and Its Impact on Athletes (Holthaus, Hasse, Stewart)	WKSP-05: From Resistance to Resilience: Helping Athletes Make Positive Change (Hanna, Flaten)	
PAN-06: Serving the Spirit in Applied Sport and Exercise Psychology Settings - Beyond the 'Performance or Care' Debate: An Interdisciplinary Panel of Sport Psychology and Sport Chaplain Practitioners (Owens, Stanley, Gunter, Fisher, Wells, Bonikowsky-Chaudhery, Bailey, Ally)	SYM-03: One Case, Four Approaches: Exploring Diverse Styles in Applied Sport Psychology Consulting (Christensen, Walker, Ferrera, Beachy, Sappington)	FEA-01: 5 Slides in 5 Minutes: Engaging Education in Sport & Exercise Psychology (Shipherd, Gentner, Kadushin, Prewitt-White, Carson Sackett, Harris)	WKSP-06: Dialectical Behavior Therapy for Athletes (Rowan, Drury)	LEC-05: Coaching 05A: McHenry 05B: Cook 05C: Raabe 05D: Sheehy

HARBOUR C	PIER 2/3	PIER 4	PIER 5	REGATTA
SYM-04: Signature Practices for Performance Excellence: Four Experts and Four Key Practices 2018 (Shoenfelt, Brueckner, Kentta, Chroni)	LEC-06: Youth Sport 06A: Marsollier 06B: Nalepa 06C: Lauer 06D: Lawler	WKSP-07: Athlete Intakes and Sports Concussion: From A to Zinger (Mannion)	SYM-05: Non-Conscious Influences During Exercise: An Examination of Priming Effects (Hutchinson, Feit, Pottratz, Mullin, Santich, Zenko, Dalton, Mendoza, Andoll)	PAN-08: Immersive Teambuilding: From Activities to Action (Zeplin, Commander, Haskell)
WKSP-09: Supervision of Sport Psychology Trainees for a Different Era: New Ethical Concerns, Exploring Bias, and Transition from Online to Real World (Bartlett, Byrd, Cauthen)	LEC-07: Exercise/Health/Fitness 07A: Easton 07B: Zizzi 07C: Olusoga	LEC-08: Female Athletes 08A: Fairhurst 08B: Voelker 08C: Jacobs	FEA-04: Getting Published in the <i>Journal of Applied Sport Psychology (JASP)</i> , <i>Journal of Sport Psychology in Action (JSPA)</i> , and Case Studies in <i>Sport and Exercise Psychology (CSSEP)</i> (Mellalieu, Maynard, Cotterill)	WKSP-10: Developing a Personal Meditation Practice That Enhances Your Mindfulness Teaching Practices for Clients (Oneil, Bartley, Davis, Diehl, Cote)

Committee Meetings - See page 9 for full list.

Special Interest Group (SIG) Meetings - See page 9 for full list.

SYM-07: Specialized Mental Health Care Service Provision for Canadian Athletes and Coaches (Durand-Bush, McNeill, Lemyre, Edwards, Van Slingerland)	WKSP-11: Application of Physiological Monitoring to Guide Sport Psychology Consulting with Elite Tactical Populations (Whalen, Haselhuhn)	WKSP-12: How to Effectively Intervene with Cyber-Bullying in Youth Team Sports (Raue, Quefurth, Brueckner, Zito)	LEC-09: Elite/Pro Sport 09A: Honer 09B: MacPherson 09C: Gretton 09D: Macquet	LEC-10: Collegiate Sport II 10A: Jones 10B: Ruser 10C: Gonzalez 10D: Anderson

FRIDAY, OCTOBER 5, 2018

TIME	METROPOLITAN EAST	METROPOLITAN CENTRE	HARBOUR A	HARBOUR B
7:00 am - 8:00 am	Poster Setup (until 9 am)			
9:00 am - 7:00 pm	Poster Viewing			
8:15 am - 9:30 am			SYM-08: Getting Your Head Back in the Game: From Evaluation to Psychological Readiness following Sport-related Concussion (Kontos, Caron, Podlog, Bloom)	SYM-09: Optimizing Organizational Functioning in High-Performance Sport: Research and Practitioner Recommendations from Five National Perspectives (Rumbold, Eys, Abrahamsen, Kentta, Butt, Carr, Olusoga, Surya, Cogan, Dieffenbach)
9:45 am - 11:00 am		KEYNOTE SESSION: Interview with Eric Lindros & Performance Excellence Presentation		
11:30 am - 12:30 pm		FEA-07: Developing Personal and Team Resilience in Elite Sport: Research to Practice (Sarkar, Haberl, Simpson, Kamphoff, Kentta)	PAN-11: What Grad School Couldn't Teach Me – Making the Transition from Student to an Early Career Professional (Aoyagi, J. Bartley, N. Bartley, Lawrence, Zeplin)	WKSP-16: Let's Talk About Suicide: Knowing the Signs, Risk Factors, and Best Practices for Addressing Athlete Well-Being (Brutus, Scott, Abrams)
12:30 pm - 1:30 pm				
1:45 pm - 2:45 pm			SYM-13: Enhancing Practitioner Effectiveness: Strategies for Developing, Implementing, and Evaluating Sport Psychology Interventions (Chow, Simpson, Bean)	WKSP-18: Don't Throw Gas on the Fire: Emotional Control for Coaches (McCarthy, Altieri, Jr., DiBernardo, Diehl, Ettl, Perry)
3:00 pm - 3:30 pm		COLEMAN GRIFFITH LECTURE: Taking the Pulse and Looking to the Future (Werthner)		
3:30 pm - 4:00 pm		PRESIDENTIAL ADDRESS: "Ravizzaisms" and AASP: From Iconic Mottos to Organizational Insights (Statler)		
4:15 pm - 5:15 pm		Business Meeting		
5:30 pm - 7:00 pm	Authors Present at Posters			
7:00 pm - 7:30 pm	Poster Tear Down			

SATURDAY, OCTOBER 6, 2018

TIME	METROPOLITAN CENTRE	HARBOUR A	HARBOUR B
8:15 am - 9:30 am		WKSP-20: Utilizing a Standardized Intervention Protocol for the Implementation of the Revised Performance Profile Technique (Castillo, Luzzi, Bird, Chow)	FEA-09: Canadian Panel on Current Trends and Hot Topics in Mental Health and Performance in High Performance Sport (Durand-Bush, Taylor, Christie, van den Berg)
9:45 am - 11:00 am	KEYNOTE PANEL: Lessons Learned during the PyeongChang Olympics: An International Practitioner Perspective (Cohen, Lundqvist, MacNeill, Menard)		
11:30 pm - 12:30 pm	PAN-14: Sport Psychology Services at the Paralympic Games in Pyeongchang, South Korea (Shapiro, Chung, Dun, Heiss, Mitchell)	FEA-10: Student Workshop: Using Mindfulness to Enhance Sport Performance (Castillo, da Silva)	WKSP-23: What We REALLY Tell Our Clients: Approaches and Methods that We Don't Learn in Textbooks (Menard)
1:45 pm - 2:45 pm	FEA-11: 5 Slides in 5 Minutes: Team Building (Patel, Carrington, Arnold, Bartley)	WKSP-26: Market Like a Pro: Level Up Your Consulting Practice Within the Next Year (Cheadle, Kamphoff)	PAN-15: Metacognition as an Internal Mechanism of Athletes' Growth Following Adversities: Four Case Studies (Siekanska, Poczwardowski, Gordin, Blecharz, Kack)
3:00 pm - 4:15 pm	PAN-17: Mental Health and Professional Athletes: Perspectives, Programs, and Practices (Maher, Carr, Goldman, Gunter, Hollier, Borlabi)	PAN-18: Interdisciplinary Model for Sport Performance Optimization (Woods, Haskell, Stull, Bach)	WKSP-28: It Starts With The Coach: Evidence-Based Strategies for Improving Coach-Athlete Relationships and Communication in Training and Competition Environments (la Cour, Orr)
7:00 pm - 9:00 pm	Closing Reception at The Rec Room, 255 Bremner Blvd.		

HARBOUR C	PIER 2/3	PIER 4	PIER 5	REGATTA
Committee Meetings - See page 9 for full list.				
SYM-10: College Student-Athlete Mental Health: From Screening to Prevention to Treatment (Albert, Clevinger, Tomalski, Petrie, Albinson, Bader)	WKSP-13: In the Trenches: Building and Implementing a Mental Skills Training Program for ROTC Cadets (Eckenrod, Jones, DeLisio, Crain, Zakrajsek)	PAN-10: Integrating Applied Sport Psychology into Collegiate Athletics: Lessons Learned and Future Directions (Zuleger, Morton, Coleman, Shannon, McLean, Zinsser)	WKSP-14: Psychological Skills Training in Youth Soccer: A Station-Based Approach (Fletcher, Yu, Melso, Masline, Wulbecker, Juskiewicz)	WKSP-15: Coaching Athletes From Their Seat to Their Feet: Implications of Constraints-Based Coaching for Mental Performance Consultants (Brandon, Smith, Hamilton)
WKSP-17: Incorporating Game-Based Student Response Systems – Like Kahoot, Socrative and Quizlet – to Enhance Sport and Exercise Psychology Learning in the Classroom (Patel, Young, Gentner)	SYM-11: Sociocultural Aspects of Sport Injury and Recovery (Wiese-Bjornstal, Principe, Wood)	PAN-12: Addressing Stigma in Sport for the College Athlete: A Multicultural Lens (Mahr, Greviskes, Cisneros)	LEC-11: Youth Sport II 11A: Blom 11B: Kramers 11C: Blom	SYM-12: Insights from Case Study Examples on Successful Stimulation of Knowledge Implementation: Helping Canadian High Performance Athletes Through Evidence-Based Research (Hoar, Young, Baker, Frogley, Tedesqui, McCardle)
Committee Meetings - See page 9 for full list.				
FEA-08: Becoming a Certified Mental Performance Consultant (CMPC): Information for Students and New Applicants (Tomlinson, Lesyk, Harmison, Galli, Clement)	LEC-12: Elite/Pro Sport II 12A: Simon 12B: Hilton 12C: Dupee	PAN-13: Inclusivity for LGBTQ+ Athletes: The Importance and Impact of Direct Equity Initiatives in Sport Contexts (Fusco, Greey, Halbrook, Larsen, Stanley)	LEC-13: Special Populations 13A: Richard 13B: Krukowska-Burke 13C: Bartley	WKSP-19: Sport Psychology and Personal Finance: Mixing Oil and Water (Gilson)

HARBOUR C	PIER 2/3	PIER 4	PIER 5	REGATTA
WKSP-21: Still Learning Together: A Case Study Workshop for Non-Certified Students and Professionals (Wooding, Coker-Cranney, O'Connor, Samson)	WKSP-22: The Athlete Gratitude Group (TAGG): A Positive Psychology Intervention for Athletes and Teams (Gabana)	SYM-14: Maltreatment in Sport: Implications for the Field of Sport Psychology (Kerr, Stirling, Wilson, Tam)	LEC-14: Diversity & Culture 14A: Couch-Fikes 14B: Middleton 14C: Elber 14D: Davis	LEC-15: Injury/Rehabilitation 15A: Sorkkila 15B: McAllister-Deitrick 15C: Williams 15D: Milroy
SYM-15: Application of a Novel Mental Skills Curriculum in Surgery: A Review of its Effectiveness and Lessons Learned (Anton, Bean, Stefanidis)	PAN-16: Transitioning to a Meaningful Life (Goss, Wagschal, McCabe, Leslie-Toogood, Van Landeghem)	WKSP-25: Linking Fun to Physical Literacy and the 3Ps: A Logic Model Approach to Transforming Youth Sport Climates (Visek, Mannix, Arvinen-Barrow)	LEC-16: Research Design 16A: Ely 16B: Carr 16C: Glass	
WKSP-27: Training Police for Deadly Force Encounters: A Role for Sport Psychology (Heil)	PAN-19: A Grounded Theory Approach to Applied Sport Psychology Consultation: The Case Conceptualization of a National Collegiate Athletics Association Women's Division I Volleyball Team (Ildefonso, Bielefeld, Gorgas, Arvinen-Barrow, Meyer)	FEA-12: Taking the CMPC Exam: Preparation + Strategy = Success (Statler)	SYM-16: Into the Great Wide Open: Employment Experiences of Early Career Sport and Exercise Psychology Professionals (Fitzpatrick, Wooding, Monda, Ford)	
LEC-17: Professional Development, Supervision, and Mentoring 17A: Quartiroli 17B: Cropley 17C: Hudak 17D: Fogaca	WKSP-29: Inclusive Language Strategies for Working with Transgender Athletes (Mullin, Socolow)		WKSP-30: Teaching Positive Psychology Topics in Sport Psychology Classes (Miller)	

POSTER PRESENTATIONS

Each poster board is double-sided with one presentation per side. Poster numbers appear on each board, and boards are arranged in numerical order in Metropolitan East.

POSTER SESSION I

THURSDAY, OCTOBER 4

METROPOLITAN EAST

Poster Setup: 7:00 AM – 9:00 AM

Poster Viewing: 9:00 AM – 7:00 PM

Authors Present: 5:30 PM – 7:00 PM

Poster Tear Down: 7:00 PM – 7:30 PM

Coaching

- 1 How Coaches Influence Athletic Performance: The Impact of Feedback Strategies on Athletic Performance, Athlete Satisfaction, and Proactive Sport Behavior**
Zachary Mastrich, Virginia Polytechnic Institute and State University, USA; Trevin Glasgow, Virginia Polytechnic Institute and State University, USA; E. Scott Geller, Virginia Polytechnic Institute and State University, USA
- 2 Identifying How Mental Toughness Is Developed and Fostered on Athletic Teams: Perspectives from High School Coaches**
Leilani Madrigal, Long Beach State University, USA; Madison Hunt, Long Beach State University, USA; Courtney Novak, Long Beach State University, USA; Kiana Nua, Long Beach State University, USA; Casee Wieber, Long Beach State University, USA; Tiffanye Vargas, California State University, Long Beach, USA
- 3 Influence of Perceived Support on Male and Female High School Head Coaches' Coaching Efficacy**
Taylor Casey, University of North Texas, USA; Christina Villalon, University of North Texas, USA; Scott Martin, University of North Texas, USA
- 4 Post-Masters' Studies in Positive Sport Psychology as a Way of Advancing Positive Sport**
Ewa Serwotka, Fundacja Sportu Pozytywnego, Poland; Aleksandra Pogorzelska, Foundation of Positive Sport, Poland; Artur Poczwardowski, University of Denver, USA; Natalia Pawelska, Foundation of Positive Sport, Poland
- 5 Prediction of Tennis Serve Direction: Expert Tennis Players' Visual Attention and Microsaccades**
Masanori Takahashi, Nihon University, Japan; Hirohisa Isogai, Professor, Japan; Fumio Mizuochi, Professor, Japan; Takehiro Iwatsuki, University of Nevada, Las Vegas, USA; Judy Van Raalte, Springfield College, USA

- 6 Psychological Well-Being among Sports Coaches**
Alexandra Potts, Leeds Beckett University, UK; Faye Didymus, Leeds Beckett University, UK; Mariana Kaiseler, Leeds Beckett University, UK

- 7 Sport Psychological Injury Management**
Kathrin Staufenbiel, University of Cologne, Germany; Christian Heiss, Performance Entwicklung, Germany

- 8 The Impact of Leadership Training on the Display of Athlete Leadership Behaviors**
Katherine Hirsch, University of Windsor, Canada; Todd Loughhead, University of Windsor, Canada

- 9 "You Don't Have Problems with the Coach, Unless...": Dual Career Athletes' Perceptions of (Dis)empowering Motivational Climate**
Milla Saarinen, University of Jyväskylä, Finland; Tatiana Ryba, University of Jyväskylä, Department of Psychology, Finland; Noora Ronkainen, Liverpool University of John Moores, UK; Harri Rintala, University of Jyväskylä, Finland; Kaisa Aunola, University of Jyväskylä, Finland

Collegiate Sport

- 10 Differences in Ways of Coping Between College Athletes and Non-Athletes**
Zachary Soulliard, Saint Louis University, USA; Janet Oberle, Saint Louis University, USA; Joanne Perry, UNC Charlotte, USA; Michael Ross, Saint Louis University, USA; Mark Pousson, Saint Louis University, USA; Ashley Hansen, Saint Louis University, USA; Taylor Montgomery, Saint Louis University, USA
- 11 Educational and Training Needs of Coaches to Improve Alcohol Literacy**
Stinne Soendergaard, Florida State University, USA; Graig Chow, Florida State University, USA; Matthew Bird, Florida State University, USA
- 12 Examining the Experiences of Stress in NCAA Male and Female Coaches: "I'm Not Going to Fail and that Drives Me Every Day"**
Kathryn Ambrose, Synergy Performance, USA
- 13 Exploring the Process of Career Decisiveness in College Student-Athletes by Using Motivational Systems Theory: A Cross-Lagged Panel Analysis**
Chung-Ju Huang, University of Taipei, Taiwan; Tzu-Lin Wong, National Taipei University of Education, Taiwan
- 14 Gap Analysis of Division I Coaches and Athletes' Preference on Time Demand Concepts: Implications for Sport Psychology Practice**
Jay Santos, University of Florida, USA; Michael Sagas, University of Florida, USA
- 15 Grit and Competitive Trait Anxiety Profiles of College Athletes**
Matthew Symonds, Northwest Missouri State University, USA; Timothy Wall, Northwest Missouri State University, USA; Tyler Tapps, Northwest Missouri State University, USA

16 Intrinsic Motivation of Collegiate and Club Rugby Athletes

David Laughlin, Grand Valley State University, USA;
Christian Hoban, Grand Valley State University, USA;
Arya Alami, California State University, Stanislaus, USA;
Stephanie Armstrong, Grand Valley State University, USA;
Hannah Mead, Grand Valley State University, USA

17 Life After Collegiate Sport: From Athlete to Exerciser

Madeline Barlow, Temple University, USA;
Michael Sachs, Temple University, USA;
Stacy Warner, East Carolina University, USA

18 Linking Grit with Well-Being in UK Student-Athletes: The Mediating Roles of Engagement and Emotional Exhaustion

James Rumbold, Sheffield Hallam University, UK;
Peter Olusoga, Sheffield Hallam University, UK;
Joanne Butt, Sheffield Hallam University, UK

19 Meta-Perceptions, Clothing-Based Body Image Dissatisfaction and Social Physique Anxiety among Male and Female Collegiate Athletes

Eva Monsma, University of South Carolina, Mental Training Inc., USA;
Toni Torres-McGehee, University of South Carolina, USA;
Samantha Weber, University of South Carolina, USA

20 Perceived Influence of Self-Talk and Imagery Techniques on Emotion Regulation of Children Athletes in Nigeria

Olufemi Adegbesan, University of Ibadan, Nigeria;
Babajide Ige, University of Ibadan, Nigeria; Mohammed Sanusi, Nigeria Football Federation, Nigeria; Mary Pindr, University of Maiduguri, Nigeria; Sunday Odior, National Institute of Sport, Lagos, Nigeria; John Vurho, University of Maiduguri, Nigeria; Steve Hamafyelto, University of Maiduguri, Nigeria; Nashon Likki, University of Maiduguri, Nigeria

21 Self-Esteem between High and Low Performers among NCAA Division II Student-Athletes

Urska Dobersek, University of Southern Indiana, USA;
Abbey Huffine, University of Southern Indiana, USA;
Mindy Mayol, University of Indianapolis, USA;
Kenneth Everett, University of Indianapolis, USA

22 The Role of Facilitative Interpretation of Anxiety in a Golf Putting Task

Jeffrey Shulze, USA; Ashley Hansen, Saint Louis University, USA; Taylor Montgomery, Saint Louis University, USA; Michael Ross, Saint Louis University, USA; Mark Otten, California State University, Northridge, USA; Ashley Samson, California State University, Northridge, USA; Gary Katz, California State University, Northridge, USA

23 The Utilization of Self-Talk in Successful NCAA Division II Distance Runners

Zachary Holloway, Adams State University, USA

24 Understanding Sources of Social Support in Collegiate Athletes

Mariah Sullivan, Ball State University, USA;
Anna Farello, Ball State University, USA;
Lindsey Blom, Ball State University, USA;
Matt Moore, Ball State University, USA

Consulting & Interventions

25 Applying the Visual Occlusion Paradigm to Improve Tactical Decision-Making in High School Quarterbacks

Matt Powless, Indiana University, USA; Jesse Steinfeldt, Indiana University, USA; Shelbi Fisher, Indiana University, USA; Patrick McFadden, Indiana University, USA; Kyle Kennedy, Indiana University, USA

26 Assessment and the Use of Questionnaires in Sport Psychology Consulting: A Comparison of Attitudes and Practices from 2002 to 2017

Robin Vealey, Miami University, USA;
Carly Block, Miami University, USA;
Robin Cooley, Miami University, USA;
Emma Nilsson, Miami University, USA

27 Brain Wave Activity Differences in Task Complexity and Perspective During Imagery

Phillip Post, New Mexico State University, USA;
Duncan Simpson, IMG Academy, USA;
Robert Vangen, Barry University, USA

28 Control? Control? Who has the Control? The VMCCR Model of the Consultant-Client Relationship in Sport and Performance Psychology

Whit Ryan, University of Denver, USA;
Artur Poczwadowski, University of Denver, USA

29 Craving Flow? Mindfulness, Flow, and Tanha

Mark Aoyagi, University of Denver, USA

30 Developing and Assessing the Impact of a Mental Training Intervention Targeting Athletes' Perfectionistic Concerns in Sport

Michael Lizmore, University of Alberta, Canada;
John G. H. Dunn, University of Alberta, Canada;
Erin R. Brennan, University of Alberta, Canada

31 Development of a Checklist of Mental Skills and Behavior Characteristics in Climbing

Miguel Santolaya, CPAD-UAM, Spain;
Victor Rubio, Universidad Autonoma Madrid, Spain;
Roberto Ruiz-Barquin, Universidad Autonoma Madrid, Spain

32 Effects of a Mental Warmup on the Workout Readiness and Stress of College Students

Judy Van Raalte, Springfield College, USA; Britton Brewer, Springfield College, USA; Christyan Gudjenov, Springfield College, USA; Mary Keeler, Springfield College, USA; Julie Reiner, Springfield College, USA; Alexis Stiefel, Springfield College, USA; Allen Cornelius, Fielding Graduate University, USA

33 Incorporating Yoga into a D1 Athletics Sport Psychology Program

Ashley Samson, California State University, Northridge, USA

34 Mindful Coaching: Learning Mindfulness to Implement with Athletes and Teams

Thomas Minkler, Catholic University of America, USA

35 Peer Support Teams for Athletic Therapists/Trainers

Frances Flint, York University, Canada

36 “Should I Be Able to Do That?” A Mindfulness Intervention Case Study in Adapted Sport

Margaret Smith, University of Alabama, USA

37 The Effects of Instructional Self-Talk on Quiet Eye Duration and Golf Putting Performance

*Yonatan Sarig, Florida State University, USA;
Montze Ruiz, University of Jyväskylä, Finland;
Antonis Hatzigeorgiadis, University of Thessaly, Greece;
Gershon Tenenbaum, Florida State University, USA*

38 The Effects of PETTLEP Imagery on Barbell Bench Press Performance

*Morgan Eckenrod, University of Tennessee, USA;
Robin Vealey, Miami University, USA; Rose Marie Ward, Miami University, USA; Robert Weinberg, Miami University, USA*

39 The Global Approach of Psychological Training and Counseling (GAPTAC): A New Evidence-Based Sport Psychology Framework for Optimal Performance

Serge Lacoste, Self-employed, USA

40 The Use of Reflective Practice with Under 16s Field Hockey Players

*Francesca Gwynne, Southampton Solent University, UK;
Matt Johnson, Southampton Solent University, UK*

41 Using Exposure and Response Prevention (ERP) Interventions to Enhance Athletic Performance: Three Case-Examples

*Bjorn Bergstrom, Pacific University, USA;
Anastasia Jones, Pacific University, USA;
Tamara Tasker, Pacific University, USA*

42 Well-Being Therapy: An Approach to Increase Athlete Well-Being and Performance

*David Schary, Winthrop University, USA;
Brian Souza, Framingham State University, USA*

43 What Psychological Skills to Include in a PST Program for Athletes with a Disability

*Kieran Hawksley, University of Windsor, Canada;
Krista Chandler, University of Windsor, Canada;
Todd Loughhead, University of Windsor, Canada*

Diversity & Culture

44 Muslim, a Christian, and a Jew Walk into a Mental Training Session: Best Practices for Athlete Well-Being

*Megan Granquist, University of La Verne, USA;
Zandra Wagoner, University of La Verne, USA;
Rayna Harrison, University of La Verne, USA*

45 Moving the Chains: Athletes Using their Platform to Create Social Change

*Stephany Coakley, Maximum Mental Training Associates (MMTA), USA; Andrew Mac Intosh, RISE, USA;
Eric Martin, Boise State University, USA*

46 Rethinking Diversity and Inclusion in the AASP Membership: Results from the 2017 Demographic Survey

*Amanda Perkins-Ball, Rice University, USA;
Robert Owens, University of Western States, USA;
Leeja Carter, Long Island University - Brooklyn, USA;
Elizabeth Lange, William Peace University, USA*

47 The Precarious Balance of Addressing Microaggressions in Sport

Alexander Yu, University of California, Davis, USA

Elite/Pro Sport

48 2018 FEI World Equestrian Games: A Canadian Perspective on Mental Skills Training in High Performance Equine Sports

Chantale Lussier, Elysian Insight, Canada

49 Applying the Social Identity Theoretical Approach to Sport Psychology Support of the Scotland Rowing Team

Vista Beasley, Georgia Southern University, USA

50 Bull Durham in Real Life: Graduate Student Reflections from Working in Minor League Baseball

Robert Hilliard, West Virginia University, USA

51 Exploring the Intersection of Organizational Structure and Social Support in Olympic Sport

*Zoe Poucher, University of Toronto, Canada;
Katherine Tamminen, University of Toronto, Canada*

52 Finding a Balance: How Canadian Olympic and Paralympic Athletes Prepared for Life During and After PyeongChang

*Nicole Dubuc-Charbonneau, Laurentian University, Canada;
Rolf Wagschal, Canadian Sport Institute Ontario, Canada*

53 Major League Baseball Pitchers' Performance against Previous Teams

Andrew Friesen, Barry University, USA

54 Provision of Sport Psychology Services in Professional Baseball

*Han-Ni Peng, National Taiwan Sport University, Taiwan;
Likang Chi, National Taiwan Normal University, Taiwan;
Chia-Hui Liu, Chia Nan University of Pharmacy and Science, Taiwan; Yao- Chung Huang, National Taipei University of Technology, Taiwan; Chiung-Huang Li, Ming Chuan University, Taiwan*

55 Sport Psychology Consultation for the 2017 University Olympiad Games (Universiade) Gold Medal Soccer Team

*Yoichi Kozuma, Tokai University, Japan;
Junichi Miyazaki, Japan*

56 POSTER WITHDRAWN

57 **The Utility of Cognitive Assessment in the National Football League**

Scott Goldman, University of Michigan, USA;
Alex Auerbach, University of North Texas, USA;
James Bowman, Great Neck Public Schools, USA;
R. Thomas Boone, University of Massachusetts, Dartmouth, USA

58 **Tweet Wisely: Examining the Relationship between Twitter Usage and the Performance of Athletes Competing at the PyeongChang Olympic Games**

Nicole Forrester, Ryerson University, Canada

Exercise/Health/Fitness

59 **A School-Based Intervention Program in Promoting Moderate-to-Vigorous Physical Activity**

Khai Leng Chua, National Institute of Education, Nanyang Technological University, Singapore; Masato Kawabata, Nanyang Technological University, Singapore; Nikos Chatzisarantis, Curtin University of Technology, Australia

60 **An Examination of the Sources of Self-Efficacy in Novice and Elite Runners throughout Training: A Mixed Methods Study**

Amber Shipherd, Texas A&M University - Kingsville / Next Level Mind Consulting; Kelly Renner, Franklin University; Ashley Samson, California State University, Northridge; Chelsea Duncan, Eastern Illinois University

61 **Effects of Acute Exercise on Attention and Discrimination Ability in Children with Learning Disabilities**

Chienchih Chou, University of Taipei, Taiwan

62 **'Hitting the Wall' and Cognitive Strategies Used During the Marathon: Analysis of Polish Marathon Runners**

Dariusz Parzelski, SWPS University of Social Sciences and Humanities, Poland; Natalia Pawelska, SWPS University of Social Sciences and Humanities, Poland

63 **Imagery Use in Individuals with Chronic Obstructive Pulmonary Disease (COPD) for the Promotion of Physical Activity**

Maria-christina Kosteli, Edge Hill University, UK; Peymane Adab, University of Birmingham, UK; Nicola Heneghan, University of Birmingham, UK; Jennifer Cumming, University of Birmingham, UK; Sarah Williams, University of Birmingham, UK; Carolyn Roskell, University of Birmingham, UK

64 **Improve Exercise-Related Effects: Join a Boot Camp Program!**

Selen Razon, West Chester University of PA, USA; Katie M. Cooper, West Chester University, USA; Paul K. Stickles, West Chester University, USA; Jared James, West Chester University, USA; Anna K. Schade, West Chester University, USA; Alexis N. Trumbetti, West Chester University, USA;

Antonia L. Battaglino, West Chester University, USA;
Jamie L. Blöse, West Chester University, USA;
Umit Tokac, University of Missouri, USA;
Melissa A. Reed, West Chester University, USA;
Melissa A. Whidden, West Chester University, USA

65 **Influence of Sex, Race and Generation on College Students' Exercise Motivation Levels: A Generation Z Analysis**

Megan Wittenberg, Georgia Southern University, USA; Daniel Czech, Georgia Southern University, USA; Bridget Melton, Georgia Southern University, USA; David Biber, Virginia Commonwealth University, USA

66 **Motivational Climate, Enjoyment, and Intent to Continue in Group Exercise**

Erika Van Dyke, West Virginia University, USA; Katherine Fairhurst, West Virginia University, USA

67 **Personality and Exercise as Predictors of Perceived Stress**

Rena Courtney, Gallaudet University, USA; Patrick Brice, Gallaudet University, USA; Bruce H. Friedman, Virginia Tech, USA

68 **Personality and Mindset of the Marathon Maniac**

Kristin Mauldin, California Baptist University, USA; Keisha Hart, California Baptist University, USA; Berenice Cleyet-Merle, Student Research Assistant, USA

69 **Predicting Fitness in Young Adults: The Role of Perceived Competence, Motor Skill Proficiency, Physical Activity, and Gender**

Sarah Carson Sackett, James Madison University, USA; Elizabeth Edwards, James Madison University, USA

70 **Successful Active Aging: An Investigation of the Factors Supporting Active Living through Retirement**

Alessandro Quartiroli, University of Wisconsin - La Crosse, USA; Kaileen Hendle, UW - La Crosse, USA; Emily Niquette, UW - La Crosse, USA; Ramstad Lisa, UW - La Crosse, USA; Erica Srinivasan, UW - La Crosse, USA

71 **The Effects of Participation in a Six-Week Exercise Program on Senior Citizens' Well-Being: Quantitative and Qualitative Analyses**

Takahiro Sato, Western New Mexico University, USA; Susumu Iwasaki, Fort Lewis College, USA; Sachiko Gomi, Western New Mexico University, USA

Injury/Rehabilitation

72 **Comparing Adolescents with Non-Sport and Sport-Related Concussions on Symptomatology and Cognitive Performance after Injury**

John Lace, Saint Louis University, USA; Andrew McGrath, Saint Louis University, USA; Jill Dorflinger, AMITA Health, USA; Michael Ross, Saint Louis University, USA; Jeffrey Gfeller, Saint Louis University, USA

73 Heart Rate Variability as an Outcome Measure for Stress Inoculation Training: A Case Study

Taylor Montgomery, Saint Louis University, USA; Michael Ross, Saint Louis University, USA; Ashley Hansen, Saint Louis University, USA; Joanne Perry, UNC Charlotte, USA

74 “My Injury, Our Stress”: The Role of Dyadic Coping within an Elite Coach-Athlete Relationship when Managing Chronic Athletic Injury

Helen Staff, Leeds Beckett University, UK; Faye Didymus, Leeds Beckett University, UK; Susan Backhouse, Leeds Beckett University, UK

75 Prevalence of Sport-Related Traumatic Brain Injuries in the Criminal Justice System

Olivia Wyatt, University of Denver, USA; Amber Graf, University of Denver, USA; Kim Gorgens, University of Denver, USA

76 Projective Assessment of Psychological Readiness to Return to Sport after Concussion

Britton Brewer, Springfield College, USA; Anthony Kontos, University of Pittsburgh/Dept of Orthop, USA; Valerie Reeves, University of Pittsburgh, USA; Nara Kim, Korea University, Korea; Judy Van Raalte, Springfield College, USA

77 Psychological Predictors of Sport Injury: The Role of Self-Compassion

Damien Clement, West Virginia University, USA; Zenzi Huysmans, West Virginia University, USA

78 Skills Training, Resources and Education for Trainers Coaching Handbook (STRETCH)

Madison Martins, Midwestern University, USA; Angela Breitmeyer, Midwestern University, USA

79 The Role of Sport Injury-Related Growth in Pain Reporting Among Student-Athletes

Taylor Montgomery, Saint Louis University, USA; Michael Ross, Saint Louis University, USA; Jeremiah Weinstock, Saint Louis University, USA; Jeffrey Gfeller, Saint Louis University, USA; Terri Weaver, Saint Louis University, USA; Joanne Perry, UNC Charlotte, USA; Ashley Hansen, Saint Louis University, USA

Mental Health

80 An Interpretative Phenomenological Analysis of 2013 Boston Marathoners’ Experience of Running a Subsequent Boston Marathon

Allison Grace, San Jose State University, USA; Ted Butryn, San Jose State University, USA

81 Do More Creative People Adapt Better? An Investigation into the Association Between Creativity and Adaptation

Veronique Richard, National School of Circus/Cirque du Soleil, Canada; Jean-Charles Lebeau, Ball State University, USA; Fabian Becker, Florida State University, USA; Richard Inglis, Florida State University, USA; Gershon Tenenbaum, Florida State University, USA

82 Examining the Wellness and Stress Perceptions among Division I Collegiate Student-Athletes and Non-Athletes

Bryan Crutcher, Utah Valley University, USA; Tracey Covassin, Michigan State University, USA; Daniel Gould, Michigan State University, USA; Sally Nogle, Michigan State University, USA; Alytia Levendosky, Michigan State University, USA

83 Mental Health Screening and Follow-Ups Among NCAA Division I Student-Athletes

Tess Palmateer, University of North Texas, USA; James Rushton, University of North Texas, USA; Trent Petrie, University of North Texas, USA

84 The Contributions of Psychological Skills and Mindfulness to NCAA Student-Athlete Well-Being

Brian Foster, Lock Haven University, USA; Graig Chow, Florida State University, USA

85 The MOODment Program: An Exercise-Based Mental Health Intervention for Post-Secondary Students

Lindsey Forbes, Private Practice, Canada; Erin Shumlach, Western University, Canada; Sarah Ouellette, Western University, Canada

86 Under the Face Mask: Racial Ethnic Minority Student-Athletes and Mental Health Use

Jorge Ballesteros, Arizona State University, USA; Alicia Tran, Arizona State University, USA

87 University Sport Retirement and Athlete Mental Health: A Narrative Analysis

Rachel Jewett, Ryerson University, Canada; Gretchen Kerr, University of Toronto, Canada; Katherine Tamminen, University of Toronto, Canada

Non-Sport Performance Applications

88 An Application of Resilience and Performance Psychology on a Military Arctic Survival Course in Alaska

Jack Parker, AFSC, USA; William Ryan, AFSC, USA

89 Collegiate Dancers’ Perceptions of the Coach-Created Motivational Climate, Perfectionism, and Team Cohesion

Frances Cacho, California State University Fullerton, USA; Andrea Becker, California State University, Sacramento, USA; Kathleen Wilson, California State University, Fullerton, USA; Risto Marttinen, California State University, Fullerton, USA; Chelsea Wooding, National University, USA; Laura Evans, California State University, Fullerton, USA

90 Exploring the Impact of a Brief Mental Skills Training Program on Dancers’ Coping Skills and Injuries

Leigh Skvarla, Chatham University, USA; Damien Clement, West Virginia University, USA

91 The Relationship between Motivational Climate and Self-efficacy and Enjoyment in High-Performing Musicians

Todd Wilkinson, University of Wisconsin - River Falls, USA; Hai Nguyen, Carleton College, USA

Private Practice

92 Navigating The Process of Incorporating Technology Into Private Practice

Devin Markle, Sports Academy, USA

Professional Development, Supervision, and Mentoring

93 A Case for Evidence Informed and Evidence Based Sport Psychology - Recommendations for Training, Research, and Practice

Alex Yarnell, Ithaca College, USA; Justine Vosloo, Ithaca College, USA; Sebastian Harenberg, Ithaca College, USA

94 An Academic to Professional Transition in Sport Psychology: Working with Soldiers, Their Families and US Army Special Operations Forces

Sydney Masters, People, Technology and Processes, LLC, USA; Lia Gorden, Ithaca College, USA; Justine Vosloo, Ithaca College, USA; Sebastian Harenberg, Ithaca College, USA

Professional Issues & Ethics

95 The Future of Continuing Education in Sport and Exercise Psychology: A Delphi Study

Alessandro Quartiroli, University of Wisconsin - La Crosse, USA; Christopher Wagstaff, University of Portsmouth, UK; Kemmel Cassandra, UW - La Crosse, USA; Herms Maggie, UW - La Crosse, USA

96 Wittgenstein, Language-Games, and Conceptual Confusions in Sport Psychology

Tim Pitt, English Institute of Sport, UK; Owen Thomas, Cardiff Metropolitan University, UK; Sheldon Hanton, Cardiff Metropolitan University, UK; Pete Lindsay, Mindflick, UK; Mark Bawden, Mindflick, UK

Research Design

97 A Novel Measure for Assessment of Recovery in Athletes: An Exploratory Factor Analysis (EFA)

Courtney Hess, University of Massachusetts - Boston, USA; Stacy Gnacinski, Drake University, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA

98 Development and Preliminary Validation of a New Recovery Measure: Coach Input

Mellanie Nai, University of Wisconsin - Milwaukee, USA; Stacy Gnacinski, Drake University, USA; Carly Wahl, University of Wisconsin Milwaukee, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA

99 Evaluating Item Performance in a Novel Measure of Perceived Recovery: Applications of Item Response Theory

Stacy Gnacinski, Drake University, USA; Barbara Meyer, University of Wisconsin-Milwaukee, USA

100 Keep Calm and Play On: The Effects Mindfulness and Goal Orientation on Sport Performance

Alex Auerbach, University of North Texas, USA; Trent Petrie, University of North Texas, USA; Troy Moles, Premier Sport Psychology, USA

101 The Effects of Team Win: Loss Ratio on Individual Motivation and Performance

Stephanie Bailey, Dept. Psychology & SUNY Neuroscience Research, USA

Tactical Populations

102 A Case Study of Habit Formation on Attention and Prioritization of Mental Skills Among Military Intelligence Students

Russ Flaten, SAIC, USA; Jessica Woods, SAIC/ARMY, USA

103 Knowing Your Partner Is as Important as Knowing Yourself: Developing Awareness and Regulation Strategies for Yourself and Your Teammate

Brad Baumgardner, AFSC, USA; Brett Sandwick, Elite Mentality, USA

104 Sociogenic Influences of Authentic Leadership on Psychological Resilience in United States Army Soldiers

John Gaddy, Armed Forces Services Corporation, USA; Stephen Gonzalez, The College at Brockport, State University of New York, USA

Teaching

105 Bring It On: Exciting Activities for Teaching Sport Psychology Face-to-Face and Online

Mark Stanbrough, Emporia State University, USA

106 Coubertin's Corner - Increasing Group Functioning in the Classroom: Four Perspectives from the Field

Eric Martin, Boise State University, USA; Megan Byrd, John F Kennedy University, USA; Alison Ede, California State University, Long Beach, USA; Stefanee Maurice, California Polytechnic State University, USA

107 @sportpsychclass: The Use of Instagram as a Teaching Strategy with an Online Introductory Sport Psychology Class

Lindsay Berg, West Virginia University, USA; Carra Johnson, West Virginia University, USA

108 Teaching Sport and Exercise Psychology for the First Time: Reflections and Lessons Learned

Jessica Ford, University of Wisconsin-Milwaukee, USA

109 The Final Countdown: Teaching Fun, Active Learning, and Engaging Final Assessments for the Sport Psychology Classroom

Emily Heller, Waubensee Community College, USA; Christina Johnson, Cornell College, USA

Youth Sport

110 A Report of Male High School Athletes' Daily Mindfulness, Goal Orientations, and Mindful Engagement on Their Team

Susumu Iwasaki, Fort Lewis College, USA; Mary Fry, University of Kansas, USA

111 Athletic and Student Identity Development during the First Two Years of High-School in Student-Athletes

Joonas Heinonen, University of Jyväskylä, Finland; Kaisa Aunola, University of Jyväskylä, Finland; Tatiana Ryba, University of Jyväskylä, Finland

112 Coaches' Perceptions of their Athletes' Mental Toughness in Specific Situations and Positions

Courtney Novak, California State University Long Beach, USA; Madison Hunt, Long Beach State University, USA; Kiana Nua, California State University Long Beach, USA; Casee Wieber, California State University Long Beach, USA; Tiffanye Vargas, California State University, Long Beach, USA; Leilani Madrigal, Long Beach State University, USA

113 Countering the Trajectories Towards New Forms of Violence in Youth: Enhancing Protective Factors through Sports

Dean Ravizza, Salisbury University, USA

114 Exploring Proneness to Shame in Female Youth Volleyball Athletes

Mario Fontana, The College at Brockport, USA

115 Exploring Tennis Parents' Self-Perception of Competence, Empowering Feedback, and Conceptualization of Parenting Expertise

Olivier Schmid, University of Bern, Switzerland; Jürg Schmid, University of Bern, Switzerland

116 From Gloves to Life: Fostering Positive Body Image through a Girls Boxing Program

Karisa Fuerniss, Northern Illinois University, USA; Jenn Jacobs, Northern Illinois University, USA

117 Relationships between Coaching Climates and Athletes' Burnout in School and Sports

Sonja Into, Master's Student, Finland; Veli-Matti Perttula, Master's Student, Finland; Kaisa Aunola, Professor, Finland; Tatiana Ryba, University of Jyväskylä, Finland

118 Self-talk of Junior Elite Tennis Players and their Parents in Competition

Véronique Boudreault, Laval University, Canada; Christiane Trottier, Université Laval, Canada; Martin. D. Provencher, Université Laval, Canada

119 Sharing the Dinner Table with Your Opponent: Sibling Rivalry in Sport

Keyana Spivey, Long Island University- Brooklyn, USA

120 Strategies to Improve Self-Efficacy in High School Athletes

Madison Hunt, Long Beach State University, USA; Matthew Dove, Long Beach State University, USA; Sungjun Park, Long Beach State University, USA; Autumn Fox, Long Beach State University, USA; Madeline Hayford, Chevron, USA; Sara Reed, Long Beach State University, USA; Nicole Blumer, Long Beach State University, USA; Tiffanye Vargas, California State University, Long Beach, USA; Leilani Madrigal, Long Beach State University, USA

121 The Coach-Parent Relationship in Competitive Figure Skating: An Interpretive Description

Jessie Wall, Student, Canada; Kesha Pradhan, Student, Canada; Leah Baugh, Student, Canada; Mark Beauchamp, Professor, Canada; Sheila Marshall, Professor, Canada; Richard Young, Professor, Canada

122 The Road to Success: Utilizing NFL Players' Attributions to Success to Support Youth Development

Tara Hegg, USA ; Jessica Bartley, University of Denver, USA

123 Using Evidence-Based Psychological Diagnostics for Talent Development: An Application Example in an Elite German Youth Soccer Academy

Oliver Höner, University of Tübingen, Institute of Sports Science, Department Sport Psychology and Research Methods, Germany; Thorsten Leber, VfB Stuttgart / University of Tübingen, Germany; Philip Feichtinger, University of Tübingen, Germany

POSTER SESSION II

FRIDAY, OCTOBER 5

METROPOLITAN EAST

Poster Setup: 7:00 AM – 9:00 AM

Poster Viewing: 9:00 AM – 7:00 PM

Authors Present: 5:30 PM – 7:00 PM

Poster Tear Down: 7:00 PM – 7:30 PM

Coaching

124 A Systematic Observation of the In-Game Behaviors of a Highly Successful Collegiate Volleyball Coach During a National Championship Season

Andrea Becker, California State University, Sacramento, USA

125 Acquisition of Knowledge Among Youth Disability Sport Coaches

*Pierre Lepage, McGill University, Canada;
Gordon Bloom, McGill University, Canada*

126 “Coach as Youth Worker”: A Pilot Study Examining Intern Coaches’ Experiences in a Novel Competency-Based Training

Fritz Ettl, Butler University, USA; John McCarthy, Boston University, USA; Val Altieri, Jr., Boston University, USA

127 Coaching Above the Physical: Developing the Holistic Athlete by Intentionally Coaching Mental Skills and Character

*William Stinson, Emporia State University, USA;
Mark Stanbrough, Emporia State University, USA*

128 Exploring the Roles of Commitment, Resilience, and Grit in Coach Burnout

*Peter Olusoga, Sheffield Hallam University, UK;
Korey Hallett-Blanch, Sheffield Hallam University, UK;
Jack Herold, Sheffield Hallam University, UK;
Dom Smith, Sheffield Hallam University, UK;
James Rumbold, Sheffield Hallam University, UK*

129 High School Coaches’ Support of Sport Psychology Consultants and Willingness to Seek Their Assistance

*Christina Villalon, University of North Texas, USA;
Taylor Casey, University of North Texas, USA;
Rebecca Zakrajsek, University of Tennessee, USA;
Scott Martin, University of North Texas, USA*

130 Reflections in the Pool: The Lack of Suicide Education for Athletic Coaches

Sebastian Harvey, USA; Clayton Kuklick, University of Denver, USA; Brian Gearity, University of Denver, USA

131 Social Change 101: Positive Sport as a Socially Responsible Alternative to ‘Traditional’ Sport

*Aleksandra Pogorzelska, Foundation of Positive Sport, Poland;
Artur Poczwardowski, University of Denver, USA;
Tomasz Kurach, Foundation of Positive Sport, Poland*

132 The Relationship between Athletes’ Perceptions of their Coach’s Communication Regarding Concussion Care Seeking and Athletes’ Intentions to Report Concussion Symptoms

Jeffrey Milroy, University of North Carolina at Greensboro, USA; Erin Reifsteck, University of North Carolina at Greensboro, USA; David Wyrick, University of North Carolina at Greensboro, USA

Collegiate Sport

133 An Analysis of Value Driven Committed Action in Division 1 Collegiate Track and Field Athletes

*Michael Clark, University of Wisconsin-Milwaukee, USA;
Brandon Orr, University of Missouri, USA*

134 Challenges and Opportunities in Conducting Multidisciplinary Applied Research on Expertise Development within an Intercollegiate Team Sport

*Kristin Wood, University Of Minnesota, Minneapolis, USA;
Diane Wiese-Bjornstal, University of Minnesota, USA;
Francesca Principe, University of Minnesota, USA;
Joseph Kronzer, University of Minnesota, Twin Cities, USA*

135 Easing the Transition: A Proposed Process Group for Senior Collegiate Student-Athletes

Julia Cawthra, Indiana University, USA

136 Effects of Motivation and Time Demands on Academic Performance of Filipino Student Athletes

*Jay Santos, University of Florida, USA;
Jan Vincent Abella, Central Luzon State University, Philippines*

137 Examining the Effects of Baseline Fitness and Recovery Intervention on Male Collegiate Soccer Players’ Perceptions of Performance Readiness

Stacy Gnacinski, Drake University, USA; Nathanael Seaberg, Drake University, USA; Megan Brady, Drake University, USA

138 Exploration of Adjustment During the Retirement Transition from Collegiate Athletics

*Olivia Knizek, Arizona State University, USA;
Nicole Roberts, Arizona State University, USA;
Lindsey Mean, Arizona State University, USA*

139 Integrating Techniques to Enhance Coach and Athlete Buy-In of Mental Skills Training within NCAA Athletics

*Danielle Wong, CSU Long Beach, USA;
Alexandra M. Rodriguez, CSU Long Beach, USA;
Jake Lee, CSU Long Beach, USA; Dari Watkins, CSU Long Beach, USA; Emily Cooper, CSU Long Beach, USA;
Amanda Clark, CSU Long Beach, USA; Courtney Novak, California State University Long Beach, USA; Tiffanye Vargas, California State University, Long Beach, USA; Leilani Madrigal, Long Beach State University, USA*

140 “Live to Run, Run to Live”: High-Level Athletes’ Perceptions of Running Identity

Matthew Bejar, Mount Mercy University, USA; Leslee Fisher, University of Tennessee, USA; Emily Johnson, USA

141 Mindfulness in Collegiate Athletics: A Case Study

Christina Bastian, University of Denver, USA; Brian Gearity, University of Denver, USA; Jessica Bartley, University of Denver, USA; Ann Leibovitz, University of Denver, USA; Matthew Shaw, University of Denver, USA

142 Pathways from Mindfulness to Flow and Peak Sport Performance

Thomas Minkler, Catholic University of America, USA; Carol Glass, The Catholic University of America, USA; Erin Wallace, The Catholic University of America, USA; John Flynn, The Catholic University of America, USA

143 Powerful Memorials and Perpetuated Memory: A Team’s Experience of Coping with the Death of a Head Coach

Matthew Gonzalez, West Virginia University, USA; Tamar Semerjian, San Jose State University, USA; Ted Butryn, San Jose State University, USA; Matthew Masucci, San Jose State University, USA

144 Preparing Student-Athletes for Graduation: NCAA Div. I Athletes’ Experiences of Athletic Retirement and Career Planning and Management

Stephanie Dinius, Boston University School of Education, USA

145 Put Me In, Coach! Differences Between Coach and Athlete Perceptions of Sport Performance

John Flynn, The Catholic University of America, USA; Erin Wallace, The Catholic University of America, USA; Thomas Minkler, Catholic University of America, USA; Carol Glass, The Catholic University of America, USA

146 Sport Psychology Services and Sleep Quality in Collegiate Athletics: The Role of Athletic Trainers?

Eva Monsma, University of South Carolina, USA; John Rice, University of South Carolina, USA; Nader Tannir, University of South Carolina, USA; Rachel Burns, University of South Carolina, USA; Toni Torres-McGehee, University of South Carolina, USA; Robert Neff, Mental Training Inc., USA

147 Success Through Athletics: A Program to Assist Collegiate Student-Athletes Transition

Lauren Golla, Hurley Medical Center, USA; John Mehm, University of Hartford, Director of Graduate Institute of Professional Psychology, USA

148 The Influence of Coach Leadership Behavior and Authenticity on Burnout Among Collegiate Athletes

William Ryan, AFSC, USA; Brandon Harris, Georgia Southern University, USA; Jody Langdon, Georgia Southern University, USA

149 The Intersection of Sport Psychology and Physiology: The Use of Heart Rate Monitors with Effort and Weight Management Practices

Vista Beasley, Georgia Southern University, USA

Consulting & Interventions

150 Developing a Holistic Athlete: A Consultant’s Reflections on Implementing PETTLEP Imagery

Tavia Rutherford, University of Sioux Falls, USA; Jamie Shapiro, University of Denver, USA

151 Development, Implementation, and Evaluation of an Athlete-Informed Mental Skills Training Program for Elite Youth Tennis Players

Lea-Cathrin Dohme, McGill University, Canada; Gordon Bloom, McGill University, Canada; Susan Backhouse, Leeds Beckett University, UK; David Piggott, Leeds Beckett University, UK

152 Exposure Therapy: Could Facing Your Fears Enhance Performance?

Anastasia Jones, Pacific University, USA; Bjorn Bergstrom, Pacific University, USA; Tamara Tasker, Pacific University, USA

153 Imagery, Mental Toughness and Anxiety in Individual and Team Sports

Marcin Krawczynski, Atheneum University in Gdansk, Poland; Dagmara Budnik-Przybylska, University of Gdańsk, Poland; Jacek Przybylski, University of Gdańsk, Poland; Dariusz Nowicki, Counseling and Training Agency Korio in Olsztyn, Poland

154 Implementing a Brief Mindfulness-Based Program: Two Consultants’ Experience

Kirra Little, Third Way Center, USA; Jonathan Haynes, CSF2, USA; Jessica Bartley, University of Denver, USA

155 Improv Theatre and Team Sports: Techniques for Mental Skills Training and Cohesion

Hannah Conner, Adler University, USA

156 Investigation of Conflict Resolution and Mindfulness Training with Youth Sport Referees

Zeljka Vidic, Western Michigan University, USA; Mark St. Martin, Western Michigan University, USA; Kate Hlbbard-Gibbons, Western Michigan University, USA; Richard Oxhandler, Western Michigan University, USA

157 Let’s Meditate: Effects of a Mindfulness Training on Arousal Control

Selen Razon, West Chester University of PA, USA; Kathleen Pickard, West Chester University, USA; Donald A. McCown, West Chester University, USA; Melissa A. Reed, West Chester University, USA

158 Performance Satisfaction among Collegiate Athletes Utilizing the Mindfulness-Acceptance-Commitment (MAC) Approach to Sport Performance

Ashley Hansen, Saint Louis University, USA; Michael Ross, Saint Louis University, USA; Taylor Montgomery, Saint Louis University, USA; Joanne Perry, UNC Charlotte, USA; Zachary Merz, Saint Louis University, USA; Jeffrey Shulze, USA

159 Relationship between Affects, Heart Rate, and Performance: A Horseback Riding Protocol

Jessica Jelinek, West Chester University, USA;
Selen Razon, West Chester University of PA, USA;
Jeffrey Harris, West Chester University, USA;
Craig Stevens, West Chester University, USA

160 Sport Psychology Consultants in High School Sport: Do They Promote Life Skills Development?

Stéphanie Gagnon, Université Laval, Canada;
Christiane Trottier, Université Laval, Canada

161 Sport Psychology in a Virtual World: Considerations for Practitioners Working in Esports

Cory Cottrell, Georgia Southern University, USA;
Nicholas McMillen, Georgia Southern University, USA;
Brandonn Harris, Georgia Southern University, USA

162 Team Based Problem-Solving: The Use of Consultancy Teams in Sport Psychology

Tim Pitt, English Institute of Sport, UK;
Owen Thomas, Cardiff Metropolitan University, UK;
Sheldon Hanton, Cardiff Metropolitan University, UK;
Pete Lindsay, Mindflick, UK; Mark Bawden, Mindflick, UK

163 The Impact of Neurofeedback on Darts Performance

Kristine Dun, Australian Institute of Sport, Australia;
Derek Panchuk, Australian Institute of Sport, Australia;
Daniel Greenwood, Australian Institute of Sport, Australia

164 Tips for Helping Collegiate Club Sport Athletes Balance Student-Athlete Demands

Makenna Henry, California State University, Long Beach, USA;
Britney Huddleson, California State University, Long Beach, USA;
Michelle Beach, Super Soccer Stars, USA;
Kia Nua, California State University, Long Beach, USA;
Casey Chow, California State University, Long Beach, USA;
Juan Sigala, California State University, Long Beach, USA;
Tiffanye Vargas, California State University, Long Beach, USA;
Leilani Madrigal, California State University, Long Beach, USA

Diversity & Culture

165 “An Odd Process”: Classification and Athlete Self-Concepts in Paralympic Sport

Margaret Smith, University of Alabama, USA

166 Collegiate Student-Athlete Perceptions about Race, Diversity & Social Justice

Andrew Mac Intosh, RISE, USA;
Eric Martin, Boise State University, USA

167 Examining the Relationship between Gratitude, Spiritual and Religious Identification among Collegiate Athletes

Nicole Gabana, Florida State University, USA;
Aaron D'Addario, USA;
Matteo Luzzeri, Florida State University, USA;
Stinne Soendergaard, Florida State University, USA;
Y. Joel Wong, Indiana University Bloomington, USA

168 From a Power Culture to an Empowered Culture: Mental Skills Training for Gymnastics Communities

Julie Hayden, Empower to Perform, USA

Elite/Pro Sport

169 A Psychological Preparation Program for the Five-Time Gold Medal Winning Japanese Soccer Teams at the Universiade Games from 1995 to 2017

Junichi Miyazaki, Japan;
Yoichi Kozuma, Tokai University, Japan

170 A Review of Mental Toughness in the Sport Setting: Proposal of a New Model Integrating Self-Control, Self-Efficacy, Goals and Stressors

Christiana Bédard-Thom, Université Laval, Canada;
Frédéric Guay, Université Laval, Canada;
Christiane Trottier, Université Laval, Canada

171 Benefits of Using the Kihap for Developing Grit in Olympic Taekwondo Senior and Youth Athletes

Patricia Wightman Wortelboer, CENARD: Argentine National Training Center for Elite Athletes, Argentina;
Luciana Angiolillo, Universidad de La Plata, Argentina

172 Evaluating the Effectiveness of a Life Skills Program with Elite Athletes

Adam Miles, University of Otago, New Zealand;
Ken Hodge, University of Otago, New Zealand

173 Evaluation of Trait Personality Among Amateur Athletes to Predict Future Success in Professional Baseball

Vincent Lodato, National Sports Performance Institute, USA;
Conrad Woolsey, University of Western States, USA;
George MacDonald, University of South Florida, USA;
Daniel Weigand, University of Western States, USA

174 POSTER WITHDRAWN

175 In Brotherhood We Trust: A Social Media Case Study

Jessica Kirby, University of Northern Colorado, USA;
Joshua Garland, Santa Fe Institute, USA;
Megan Babkes Stellino, University of Northern Colorado, USA;
Robert Brustad, University of Northern Colorado, USA

176 Organizational Culture Interventions in Elite Sport: Science to Practice

Christopher Wagstaff, University of Portsmouth, UK;
Suzannah Burton-Wylie, University of Portsmouth, UK

177 Psychological Competitive Abilities of Japanese Rio de Janeiro Summer Olympic Athletes

Yasuhisa Tachiya, Japan Institute of Sports Sciences, Japan;
Kiso Murakami, Tokyo University of Science, Japan

178 The Relationships among Competitive Trait Anxiety, Stress and Jinx Dependence: Multi-Group Analysis across Individual and Team-Sports Athletes

*Sungho Kwon, Seoul National University, Korea;
Yongse Kim, Seoul National University, Korea;
Changryang Um, Seoul National University, Korea*

179 The Utilization of Sport Psychology Consultants in the National Hockey League

*Bruce Klonsky, The State University of New York at Fredonia, USA;
Alan Kornspan, University of Akron, USA;
Joseph Carbone, West Virginia University, USA;
Jordan Marsh, The State University of New York, USA*

Exercise/Health/Fitness

180 Autonomy Support for Senior Citizens' Motivation for Exercise Engagement

*Takahiro Sato, Western New Mexico University, USA;
Takehiro Iwatsuki, University of Nevada, Las Vegas, USA;
Adrian Barbosa-Luna, Universidad Autonoma de Nuevo Leon, Mexico*

181 Competitive Collegiate Runners and Social Problem Solving Thinking: Run Difficulty, Flow, and Changes in Feeling States

*Sharon Hamilton, Edinboro University, USA;
Emma Olson, Edinboro University of Pennsylvania, USA;
Theresa Guariello, Edinboro University of Pennsylvania, USA;
Kimberly Mosher, Edinboro University of Pennsylvania, USA*

182 Competitiveness in Active Fantasy Sports

*Jermaine Bean, Rosalind Franklin University of Medicine and Science, USA;
Kristin Schneider, Rosalind Franklin University of Medicine and Science, USA;
Arlen Moller, Illinois Institute of Technology, USA*

183 “Do as I Do”, or “Do as I Say”? Associations Between Parenting Style and Child Physical Activity and Sedentary Behaviors

*Natasha Bell, University of Minnesota, USA;
Jerica Berge, University of Minnesota, USA*

184 E.P.I.K. Programming for Female Adolescents with Cerebral Palsy

*Chelsie Smyth, Midwestern University, Glendale, USA;
Angela Breitmeyer, Midwestern University, USA*

185 Examination of a Recess and Peer-Leadership Intervention on Executive Function and Physical Activity in Elementary School Students: A Randomized Controlled Trial

*Megan Babkes Stellino, University of Northern Colorado, USA;
Jessica Ford, University of Wisconsin-Milwaukee, USA;
Jeremy Gorgas, USA;
Lyndsie Koon, University of Illinois Champaign-Urbana, USA;
William Massey, Oregon State University, USA*

186 Exploration of a Self-Help Group Setting to Promote Physical Activity in Individuals Diagnosed with Multiple Sclerosis

*Kimberly Fasczewski, Appalachian State University, USA;
Katie Campbell, Appalachian State University, USA;
Blair Anderes, Appalachian State University, USA;
Hannah Cook, Appalachian State University, USA*

187 Mirror Mirror on the Wall: Who is the Fittest of All? Individual Differences in Exercise Mode Preferences

*Hila Sharon David, Florida State University, USA;
Gershon Tenenbaum, Florida State University, USA*

Injury/Rehabilitation

188 Adapted Physical Activity and the Creation of Community and Well-Being

*Shannon White, University of Kentucky, USA;
Raegan Geldart, University of Kentucky, USA;
Kaitlyn Conway, University of Kentucky, USA*

189 Comparing Aggression, Impulsiveness, and Violent Criminal Behavior in Concussed and Non-Concussed Athletes

*Jason Haddix, Western Washington University, USA;
Linda Keeler, Western Washington University, USA;
Jessyca Arthur-Cameselle, Western Washington University, USA;
Michael Fraas, Western Washington University, USA*

190 Fair Play in Youth Football: Reducing Injury Rates Through Improved Sportsmanship Behavior

*Andrew White, Hiram College, USA;
Diane Wiese-Bjornstal, University of Minnesota, USA*

191 “I Noticed I Changed as a Person:” An Elite Distance Runner’s Response to Injury

*William Way, West Virginia University, USA;
Ashley Coker-Cranney, West Virginia University / MindRight Performance Consulting, LLC, USA*

192 Mind Over Matter: Is Mindfulness Beneficial for Athletes Recovering from Injury?

*Garrett Thomas, Massachusetts General Hospital, USA;
Lauren Fisher, Massachusetts General Hospital, USA;
Hannah Reese, Bowdoin College, USA*

193 Multifactor Concussion Assessment: Convergence and Sensitivity to Injury

*Olivia Wyatt, University of Denver, USA;
Bradley Davidson, University of Denver, USA;
Kim Gorgens, University of Denver, USA*

194 Psixport: A Mobile App for Assessing Psychological Dimensions Related to the Sport Injury Rehabilitation

*Victor Rubio, Universidad Autonoma Madrid, Spain;
Luis Gonzalez-Barato, CPAD-UAM, Spain*

Mental Health

195 Examining Psychosocial Correlates of Disordered Eating among Male Collegiate Athletes

*Dalton Mack, University of North Texas, USA;
Trent Petrie, University of North Texas, USA*

196 Impact and Duration of Exercise, Humor, and Exercise and Humor Combined on Psychological Well-Being

Camille Rex, University of Mary Hardin-Baylor, USA

197 Positive Body Image Between Student Athletes and Non-Athletes

*Zachary Soulliard, Saint Louis University, USA;
Alicia Kauffman, Saint Louis University, USA;
Hannah Fitterman-Harris, Saint Louis University, USA;
Joanne Perry, UNC Charlotte, USA;
Michael Ross, Saint Louis University, USA*

198 Psychosocial Predictors of Disordered Eating: Female Athletes From College Sport to Retirement

*Alexandra Thompson, University of North Texas, USA;
Trent Petrie, University of North Texas, USA;
Carlin Anderson, Premier Sport Psychology, PLLC, USA*

199 The Relationship of Appearance Pressures, Exercise Behaviors, and Reasons for Exercise on the Psychological Well-Being of Retired Female Athletes

*Matt Mikesell, University of North Texas, USA;
Trent Petrie, University of North Texas, USA*

200 The Relationship of Sport Type to Disordered Eating Correlates among Collegiate Male Athletes

*Kaleb Cusack, University of North Texas, USA;
Trent Petrie, University of North Texas, USA*

201 Well-Being for Student Athletes – A Short Vacation in the Middle of the Day!

Darrell Phillips, University of Kansas, USA

Non-Sport Performance Applications

202 All in My Head...Or My Body? A Comparison of Psychological Skills Training and the Alexander Technique in Managing Audition Anxiety in Theatre Students

*Elizabeth Pacioles, Marshall University, USA;
Holly Cyphert, Marshall University, USA;
Nicole Perrone, Marshall University, USA*

203 For the Win: How Self-Talk can Influence Video Game Performance

*Hailey Allegro, Mount Royal University, Canada;
Carrie Scherzer, Mount Royal University, Canada*

204 Making Sport Psychology Practical and Profitable Inside the Boardroom

*Ed Garrett, California Baptist University, USA;
Kristin Mauldin, California Baptist University, USA*

205 Outdoor Sports, Exercise and Self-Control: Examining Predictors for Pro-Environmental Behavior in the Sports Area

*Lisa Oswald, University of Kassel, Center for Environmental Systems Research, Germany;
Andreas Ernst, Center for Environmental Systems Research, University of Kassel, Germany*

Professional Development, Supervision, and Mentoring

206 Attitudes of Sport Psychology Professionals Working with Athletes with Hidden Disabilities

*Robyn Braun, University of Texas of the Permian Basin, USA;
Shelby Greene, University of Texas of the Permian Basin, USA;
Bonnie Braun, University of South Florida St. Petersburg, USA*

207 Entry or Exit: An Investigation into the Perceptions and Antecedents of Employment Interview Skills

*Chris Harwood, Loughborough University, UK;
Toby Woolway, Loughborough University, UK*

208 Further Education in Applied Sport Psychology in Germany

*Christian Heiss, Performance Entwicklung, Germany;
Christopher Willis, Mental Excellence, Austria;
Bernd Strauss, University of Muenster, Germany*

Professional Issues & Ethics

209 Focus on Ethics: Boundaries in Sport Psychology Settings

Ivana Vinnick, USA; Sandra Lee, Seton Hall University, USA

210 Sport Psychologists' Professional Quality of Life: The Development of a Model and Measure

*Alessandro Quartiroli, University of Wisconsin - La Crosse, USA;
Christopher Wagstaff, University of Portsmouth, UK;
Ed Etzel, West Virginia University, USA*

Research Design

211 Advancement of the Mental Toughness Questionnaire-48: Examining Alternative Measurement Models

*Masato Kawabata, Nanyang Technological University, Singapore;
Tristan Coulter, Queensland University of Technology, Australia;
Toby Pavey, Queensland University of Technology, Australia*

212 Considering the Practical Utility of Theory

Vicki Tomlinson, John F. Kennedy University, USA

213 Development and Preliminary Validation of a New Measure of Stress and Recovery

*Carly Wahl, University of Wisconsin Milwaukee, USA;
Stacy Gnacinski, Drake University, USA;
Mellanie Nai, University of Wisconsin - Milwaukee, USA;
Barbara Meyer, University of Wisconsin-Milwaukee, USA*

214 Effects of Cooperative Games on Sport Enjoyment in Physical Education

Eliane Stephanie Engels, Leuphana University Lüneburg, Germany; Philipp Alexander Freund, Leuphana University Lüneburg, Germany

215 Spirituality and Coping: Athletes Recovering from Concussion

Amanda Burri, Saint Paul Counselling and Psychotherapy Centre, Canada; Chantale Lussier, Elysian Insight, Canada

216 Validity of the 10-item Connor-Davidson Resilience Scale for Predicting Performance Following Failure in Competitive Weightlifting

*Katherine Pagano, University of Utah, USA
Nick Galli, University of Utah, USA;
Mark Otten, California State Northridge, USA;
Stephen Gonzalez, SUNY Brockport, USA;
Jason Miller, Oklahoma City University, USA*

Tactical Populations

217 A Qualitative Examination of Sources of Stress in International Referees of Soccer, Basketball, and Handball

*Kiso Murakami, Tokyo University of Science, Japan;
Yasuhisa Tachiya, Japan Institute of Sports Sciences, Japan*

218 Civilian to Soldier Mindset Shift: Consulting with 1,000 U.S. Army Trainees During 10-week Basic Combat Training

*Dylan Katz, Digital Consulting Services, USA;
Treva Anderson, R2, USA;
David Williams, CSF2, USA*

219 Exploring the Impact of Career Transition on Athletes and Military Personnel: A Mixed Methods Study

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*Katherine Tamminen, University of Toronto, Canada;
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Ali Kanan, Ball State University, USA;
Matt Moore, Ball State University, USA;
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*Maita Furusa, Swansea University, UK;
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